## 2022 U.S. GRAND PRIX FINAL & TEAM TRIALS - SPARRING - Schedule of Events

<table>
<thead>
<tr>
<th>Date</th>
<th>WEIGH-IN / CHECK-IN</th>
<th>SPARRING WEIGH-IN</th>
<th>SPARRING COMPETITION TIME SCHEDULE</th>
<th>SPARRING COMPETITION</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>INFORMATION:</strong></td>
<td>This column lists the times that Weigh-in &amp; Check-in is open. If all information is correct on Sparring Athlete's virtual credential, there is NO need to check-in at registration. Athletes proceed directly to weigh-in.</td>
<td>This column lists all SPARRING Divisions that need to Weigh-In by date. No check-in at registration is necessary unless a change must be made</td>
<td>This column lists the competition date &amp; time schedule</td>
<td>This column lists the SPARRING Divisions that are competing by date.</td>
</tr>
<tr>
<td>THURS, SEPT 15</td>
<td>4:00pm-6:00pm: Check-in &amp; Weigh-In Open</td>
<td>GRASSROOTS CADET SPARRING 12-14 Black Female</td>
<td>Doors Open at 7:30 a.m. Athletes MUST be in holding no later than 8 a.m. Competition begins at 8:30 a.m.</td>
<td>SENIOR WORLD CHAMPIONSHIP TEAM TRIAL</td>
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<td>CADET, JUNIOR, SENIOR, ULTRA COLOR BELTS AND DRAGON, TIGER, YOUTH ALL BELTS TEAM TRIAL - WEIGH-IN</td>
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<td>There are no SPARRING divisions weighing in today.</td>
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<tr>
<td>FRI, SEPT 16</td>
<td>10:00am - 12:00pm Check-in &amp; Weigh-In -OR- 3:00pm - 5:00pm: Check-in &amp; Weigh-In</td>
<td>JUNIOR SPARRING 12-14 Color Belts Female</td>
<td>Doors Open at 7:30 a.m. Athletes MUST be in holding no later than 8 a.m. Competition begins at 8:30 a.m.</td>
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<tr>
<td>SAT, SEPT 17</td>
<td>10:00am - 12:00pm Check-in &amp; Weigh-In -OR- 3:00pm - 5:00pm: Check-in &amp; Weigh-In</td>
<td>ULTRA SPARRING 15-17 All Belts Male</td>
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<tr>
<td>SUN, SEPT 18</td>
<td>There are no SPARRING divisions weighing in today.</td>
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</table>

**Note:**
- Sparring divisions and divisions competing by date are listed.
- Doors open at 7:30 a.m., athletes must be in the holding no later than 8 a.m., and competition begins at 8:30 a.m.
- There are no check-in times for this day.
- The day has no competition.

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**Date:**
- **THURS, SEPT 15**
- **FRI, SEPT 16**
- **SAT, SEPT 17**
- **SUN, SEPT 18**

**Times:**
- **4:00pm-6:00pm:** Check-in & Weigh-In Open
- **10:00am - 12:00pm:** Check-in & Weigh-In
- **3:00pm - 5:00pm:** Check-in & Weigh-In

**Divisions:**
- **GRASSROOTS CADET SPARRING 12-14 Black Female**
- **JUNIOR SPARRING 12-14 Black Male**
- **TIGER SPARRING 8-9 All Belts Female**
- **DRAGON SPARRING 6-7 All Belts Female**
- **YOUTH SPARRING 10-11 All Belts Female**
- **WORLD CLASS JUNIOR SPARRING 15-17 Black Female**
- **ULTRA SPARRING 33 and Over All Belts Female**
- **TIGER SPARRING 8-9 All Belts Male**
- **DRAGON SPARRING 6-7 All Belts Male**
- **YOUTH SPARRING 10-11 All Belts Male**
- **WORLD CLASS JUNIOR SPARRING 15-17 Black Male**
- **ULTRA SPARRING 33 and Over All Belts Male**
- **CADET SPARRING 12-14 Color Belts Female**
- **JV SENIOR SPARRING 12-14 Color Belts Male**
- **WORLD CLASS SENIOR SPARRING 12-14 Black Female**
- **WORLD CLASS SENIOR SPARRING 12-14 Black Male**
- **ULTRA SPARRING 33 and Over All Belts Female**
- **ULTRA SPARRING 33 and Over All Belts Male**
- **JUNIOR SPARRING 12-14 Color Belts Male**
- **JUNIOR SPARRING 12-14 Color Belts Female**
- **WORLD CLASS SENIOR SPARRING 12-14 Black Female**
- **WORLD CLASS SENIOR SPARRING 12-14 Black Male**
- **ULTRA SPARRING 33 and Over All Belts Female**
- **ULTRA SPARRING 33 and Over All Belts Male**
- **JUNIOR SPARRING 12-14 Color Belts Male**
- **JUNIOR SPARRING 12-14 Color Belts Female**
- **WORLD CLASS SENIOR SPARRING 12-14 Black Female**
- **WORLD CLASS SENIOR SPARRING 12-14 Black Male**

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**Locations:**
- **GRASSROOTS CADET SPARRING:**
- **JUNIOR SPARRING:**
- **TIGER SPARRING:**
- **DRAGON SPARRING:**
- **YOUTH SPARRING:**
- **WORLD CLASS JUNIOR SPARRING:**
- **ULTRA SPARRING:**
- **CADET SPARRING:**
- **JV SENIOR SPARRING:**
- **WORLD CLASS SENIOR SPARRING:**
- **ULTRA SPARRING:**
- **JUNIOR SPARRING:**
- **WORLD CLASS SENIOR SPARRING:**

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**Contact Information:**
- For any questions or concerns, please contact the office at [office@sparringsports.org](mailto:office@sparringsports.org)
- Phone: 123-456-7890
- Address: 123 Main Street, Anytown, USA 12345

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**Additional Notes:**
- All athletes must wear appropriate protective gear as specified by their respective divisions.
- Athletes are responsible for their own transportation and accommodation during the event.
- No outside food or beverages are allowed in the competition area.
- All spectators must follow the official guidelines and regulations.
- All electronic devices (except for official timers and scorekeepers) are prohibited in the competition area.
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**2022 U.S. GRAND PRIX FINAL & TEAM TRIALS - POOMSAE - Schedule of Events**

**CANDIDATE, JUNIOR, SENIOR, ULTRA COLOUR BELTS**

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**POOMSAE COMPETITION**

- **DATE:**
  - SUN, SEPT 18
  - No Poomsae Check In

**COMPETITION TIMES**

- **SAT, SEPT 17**
  - Check-In: 10:00 a.m. - 12:00 p.m.
  - Competition begins at 12:00 p.m.

- **SUN, SEPT 18**
  - Check-In: 10:00 a.m. - 12:00 p.m.
  - Competition begins at 12:00 p.m.

**CANDIDATES, JUNIORS, SENIORS, ULTRA COLOR BELTS**

- **DATE:**
  - SAT, SEPT 17
  - No Poomsae Check In

**COMPETITION TIMES**

- **SAT, SEPT 17**
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**COMPETITION TIMES**

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