Triathlon at the Olympic Games
All times BRST
Thursday, Aug. 18
11 a.m. – Men

Saturday, Aug. 20
11 a.m. – Women

Triathlon at the Paralympic Games
All times BRST
Saturday, Sept. 10
10 a.m. – PT4 Men
10:03 a.m. – PT2 Men
11:20 a.m. – PT1 Men

Sunday, Sept. 11
10 a.m. – PT4 Women
10:03 a.m. – PT2 Women
11:20 a.m. – PT5 B1 Women
11:23:48 a.m. – PT5 B2/B3 Women*
*ITU rules call for a 3:48 staggered start between B1 (total visual impairment) and B2/B3 (partial visual impairment)

Broadcast Schedule
The triathlon events will be broadcast live on the NBC Sports app and nbcolympics.com. Tentatively, the men’s Olympic triathlon on Aug. 18 will be shown live on USA Network, while the women’s Olympic triathlon on Aug. 20 will be shown live on NBC.

Additional broadcast information will be shared at usatriathlon.org/rio2016.

Complete Games Triathlon Schedules
2016 Olympic Games Triathlon Schedule
2016 Paralympic Games Triathlon Schedule

Follow USA Triathlon Online
Website: usatriathlon.org
Twitter: @usatriathlon
Instagram: @usatriathlon
Facebook: facebook.com/usatriathlon
USA Triathlon Communications Contacts
Lindsay Wyskowski, Communications Manager
Cell (operational in Rio): 719-426-0909
Rio cell: +55 21-96616-5795
Email: lindsayw@usatriathlon.org
Olympic Games contact in Rio
Available via U.S. cell and email during the Paralympic Games

Chuck Menke, Chief Marketing Officer
Cell (operational in Rio): 719-472-4552
Email: chuck.menke@usatriathlon.org
Olympic Games contact in Rio

Cassandra Johnson, Content Coordinator
Rio cell: +55 21-96867-9352
Email: cassandra.johnson@usatriathlon.org
Paralympic Games contact in Rio

USA Triathlon Communications Manager Lindsay Wyskowski and Chief Marketing Officer Chuck Menke will accompany the 2016 U.S. Olympic Triathlon Team to Rio de Janeiro. All information and interview requests related to USA Triathlon, its athletes or staff should be directed to them.

Lindsay Wyskowski will also be available via phone and email to assist with requests related to the 2016 U.S. Paralympic Triathlon Team. USA Triathlon Content Coordinator Cassandra Johnson will be on-site during the Paralympic Games and can assist with requests in Rio.

Press Releases
USA Triathlon posts press releases, event previews, recaps and results on its official website, usatriathlon.org. To be added to USA Triathlon’s email distribution list, contact Lindsay Wyskowski at lindsayw@usatriathlon.org.

USA Triathlon’s Online Olympic and Paralympic Games Hub
Media should bookmark usatriathlon.org/rio2016 for coverage of the 2016 U.S. Olympic and Paralympic Triathlon Teams, including athlete bios, press releases, feature stories, photo galleries, videos and more. New content will be uploaded daily throughout the Games.

Pre-competition Press Conferences (Olympic Games)
Members of the 2016 U.S. Olympic Triathlon Team will be available in Rio at a pre-competition press conference at the Games Main Press Center (MPC). This will likely be the only time team members are available to media (especially non-rights-holding media) prior to competition in Rio.

The men’s U.S. Olympic Triathlon Team pre-competition press conference will be at 12:30 p.m. BRST on Monday, Aug. 15.

The women’s U.S. Olympic Triathlon Team pre-competition press conference will be at 12:30 p.m. BRST on Wednesday, Aug. 17.

Note: Press conferences are subject to change.
MEDIA INFORMATION

IN THIS GUIDE

TRIATHLON IN THE GAMES .......... 5
Olympic Triathlon Map ................ 6
Paralympic Triathlon Map .......... 7
Course Preview ....................... 8
By the Numbers ...................... 9
Triathlon: A Viewer’s Guide ........ 10

HISTORY OF TRIATHLON IN THE GAMES .......... 12
London 2012 ......................... 13
Beijing 2008 ......................... 14
Athens 2004 ......................... 15
Sydney 2000 ......................... 16
How Did Paratriathlon Earn Its Place? ... 17
How U.S. Triathletes Qualified for Rio .... 18
U.S. Olympic Triathlon Team Selection ... 19
U.S. Paralympic Triathlon Team Selection .. 21

ATHLETE BIOGRAPHIES .......... 24
Team Roster & Pronunciation .......... 25
Gwen Jorgensen ....................... 26
Sarah True ............................ 27
Katie Zaferes ......................... 28
Greg Billington ...................... 29
Ben Kanute ............................ 30
Joe Maloy ............................ 31
Kriige Schabort ....................... 32
Hailey Danisewicz .................... 33
Allysa Seely ......................... 34
Melissa Stockwell .................... 35
Mark Barr ............................ 36
Patricia Collins ....................... 37
Grace Norman ....................... 38
Chris Hammer ....................... 39
Patricia Walsh ....................... 40
Elizabeth Baker ..................... 41
Games Support Staff .................. 42

ABOUT USA TRIATHLON .......... 45
About USA Triathlon ................ 46
History of Triathlon and USA Triathlon ... 47
USA Triathlon National Team Program ... 49
College Recruitment Program .......... 50
Triathlon as an NCAA Sport .......... 51
NBC Gold Map ....................... 52
USA Triathlon Foundation ............ 53
USA Triathlon Board of Directors .... 54
Leadership Biographies ............. 55
USA Triathlon Staff .................. 57
USA Triathlon Partners ............... 58
Triathlon Glossary .................. 59

CREDITS
The 2016 USA Triathlon Olympic and Paralympic Games Media Guide was produced and edited by USA Triathlon Communications Manager Lindsay Wyskowski, with editorial assistance from Cassandra Johnson, Jayme McGuire, Chuck Menke and Katie Popowski from the USA Triathlon Marketing and Communications staff. Design by Kelsey Couts, USA Triathlon Creative Services Manager.

TRIATHLON IN THE GAMES
The Olympic and Paralympic Games triathlon events are centered at one of Rio’s most famous and most popular places: Copacabana Beach. Competitors had the opportunity to try out the proposed courses during the Olympic and Paralympic test events on Aug. 1-2, 2015. The course and venue are compact, giving spectators the chance to catch as much of the action as possible.

**OLYMPIC GAMES COURSE**

*Swim – 1.5 kilometers (1 lap).* The swim will be held at Copacabana Beach. Athletes will run into the water from the beach and swim one out-and-back lap.

*Bike – 40 kilometers (8 laps).* The bike course starts right in front of Copacabana Beach and from Av. Atlântica, athletes will turn on to Rua Professor Gastão Bahiana.

*Run – 10 kilometers (4 laps).* Athletes will run along Av. Atlântica in front of Copacabana Beach for a total of four out-and-back laps.

**PARALYMPIC GAMES COURSE**

*Swim – 750 meters (1 lap).* The swim will be held at Copacabana Beach. The swim begins with an in-water start.

*Bike – 22 kilometers (4 laps).* Athletes will complete four laps along Copacabana Beach on Av. Atlântica. Unlike the Olympic Games triathlon, drafting is not allowed in the Paralympic Games.

*Run – 5 kilometers (2 laps).* The run is relatively flat along Av. Atlântica in front of Copacabana Beach.

**WHAT TO WATCH FOR**

If the sea is rough, athletes will need to manage the swells in order to stay with the front pack on the swim. One of the challenges for both Olympic and Paralympic athletes may be managing environmental conditions — though it is the winter season in Rio, temperatures can still get quite warm and there is not much shade on the run course. The Olympic Games bike course is notorious for its climbs, primarily into Lagoa.
2: The U.S. became the only nation to sweep the ITU World Triathlon Series podium twice in one season (2015) in London and Gold Coast

110: 55 men and 55 women will compete in triathlon at the Rio Olympic Games

5: Nations that have fielded a full six-person Olympic triathlon team: U.S., Spain, Australia, Great Britain, Russia

12: Gwen Jorgensen’s consecutive wins in the ITU World Triathlon Series between May 2014 and April 2016

2010: The year paratriathlon was approved as part of the Paralympic Games program

60: Triathlon field size in the Paralympic Games debut

53.33: Percent of ITU World Triathlon Series medals won by Gwen Jorgensen, Katie Zaferes and Sarah True in 2015 (16 of 30 total medals)

6: Joe Maloy’s best career WTS finish in Gold Coast on April 9, and the best finish by a U.S. male in 2016

2004: The year Susan Williams claimed bronze in Athens — the only U.S. Olympic triathlon medal to date

10: Seconds between Sarah True and London 2012 bronze medalist Erin Densham of Australia, where True finished fourth

3: Number of U.S. women who have placed fourth and missed the podium in the four Olympic triathlons: Joanna Zeiger (2000), Laura Bennett (2008), Sarah True (2012)

18 & 53: Ages of Grace Norman and Krige Schabort on Sept. 10-11, the youngest and oldest athletes on the U.S. Paralympic Triathlon Team

15: Top U.S. men’s finish at the 2015 Rio de Janeiro ITU World Qualification Event by Greg Billington

6: Number of times Katie Zaferes stood on the podium at ITU World Triathlon Series races during 2015; she was also 6th at the 2015 Rio ITU World Qualification Event and 2016 ITU World Triathlon Yokohama

4: U.S. Women PT2 podium sweeps at ITU Paratriathlon World Championships (’15, ’13, ’12, ’11)

3: Number of sport classes per gender in the Paralympic Games debut

7: Best finish by an American man at the Olympic Games (Hunter Kemper, 2008)

5: Total number of USA Triathlon Elite National Championship titles won by members of the 2016 U.S. Olympic Triathlon Team (Jorgensen ’15, ’14, ’13; Kanute: ’15; Maloy: ’14)

5: The number of Paralympic Games Krige Schabort has competed in prior to this year, all in track events

33:57: The 10k run split from Gwen Jorgensen at the 2015 Rio ITU World Qualification Event

4: Minutes to walk from the U.S. Olympic Triathlon Team’s hotel to the race start
There are thousands of triathlons staged worldwide every year. One of the unique things about the sport is that all races differ. In each, talent in the form of speed, strength and endurance plays vital roles, but strategy becomes an all-important factor with so many variables in play.

Once the initial gun sounds, the clock is continuously ticking — no timeouts, no delay. In the 1.5-kilometer (0.9-mile) swim of an Olympic-distance race, the best swimmers usually take the front quickly, trying to avoid flailing arms and legs. A weaker swimmer will try to stay on the toes of a stronger swimmer; this drafting saves energy and allows a weaker swimmer to stay with a faster swimmer.

Since the clock never stops, triathletes not only have to be fast swimmers, bikers and runners, but also quick-change artists. Upon exiting the water, swimmers will remove their swim caps and goggles and run to their bicycles racked in the transition area. They will then put on their helmets and mount their bicycles upon exiting the transition. Most will already have their cycling shoes attached to their pedals and put their shoes on as they start riding.

When legal, drafting is very crucial during the 40k (24.8-mile) bike. Drafting another cyclist on the bike portion saves energy and allows weaker cyclists to keep up with faster cyclists. Many times breakaway groups will form, usually weaker runners who are trying to develop an advantage going onto the run course. The stronger runners are usually content to sit in the pack and allow for the race to be won or lost in the final leg. An Olympic-format triathlon is draft-legal, that is, cycling directly behind another competitor is allowed. But most amateur racing and most other race formats are held in draft-illegal or non-drafting format.

The bike-to-run transition (T2) is as fast as the swim-to-bike transition (T1). Cyclists will dismount, leaving cycling shoes attached to their pedals and remove their helmets. After sliding into running shoes, which are usually modified with elastic laces or lace-locks to maximize time, the runners begin the 10k (6.2-mile) run. Many times, runners will be seen carrying hats, sponges and water bottles out of the transition area. During the run, similar to breakaway attempts in cycling, athletes will often surge. The surge is an attempt to create distance between competitors.

The following are hints for viewing the race from the traditional best points on the course:

**The Swim Start**
The first staging area in a triathlon is the swim start, the area in which athletes congregate and prepare for the start of the race. In most large triathlons, the swim start is a popular photographer’s spot. Athletes churning through the water to get to the front of the pack is often a powerful image.
The Transition Area
The transition area is the hub of race activity, an area of controlled chaos. Transition features an event’s bike racks and is the staging area where triathletes transfer from one segment of the event to the next. The seconds won or lost in transition can amount to the difference in the outcome of the race.

The Finish Line
After the transition area, the finish line is the best place for spectator viewing as it is the most important part of the race. In most major triathlons, the media tent used for distributing notes, quotes, results and the mixed zone for meeting athletes for post-race interviews is adjacent to the finish line.

Photographers note: Many races offer media vehicles, but once you are on the vehicle it may not stop until the race is over. Other recommended viewing areas are the swim start, swim finish, transition area and finish line. Photographers may wish to wade into shallow water to shoot the swim start. It can often be difficult to determine the best place from which to photograph the transition, though it’s usually near the entrance or exit. Find out in advance where the entrance and exit will be and set up outside the fencing. Often the swim entrance and the run exit are the best places for quality photographs, because the athletes are moving slower and are upright (many times cyclists are bent over adjusting their shoes). Please be careful near the transition area. Stay outside of the fencing and out of the flow of traffic.

Medical note: The medical tent or building is usually located near the finish line and is always closed to media. As with all sports, the safety of the athletes is paramount — please respect the wishes of all medical personnel attending to athletes.
HISTORY OF TRIATHLON IN THE GAMES
Aug. 4 & 7, 2012, 1.5k swim, 43k bike, 10k run

2012 U.S. Olympic Triathlon Team
Laura Bennett  Boulder, Colo.  17th
Sarah Groff  Hanover, N.H.  4th
Gwen Jorgensen  Milwaukee, Wis.  38th
Manuel Huerta  Miami, Fla.  51st
Hunter Kemper  Colorado Springs, Colo.  14th

2012 Olympic Medalists
Women
1. Nicola Spirig (SUI)
2. Lisa Norden (SWE)
3. Erin Densham (AUS)

Men
1. Alistair Brownlee (GBR)
2. Javier Gomez (ESP)
3. Jonathan Brownlee (GBR)

American Sarah (Groff) True surged into medal contention on the final lap of the run and led the United States with a fourth-place finish on Aug. 4 at the 2012 Olympic Games women’s triathlon at London’s Hyde Park.

True recorded a time of exactly 2 hours on the 1,500-meter swim, 43-kilometer bike, 10-kilometer run course. She was 12 seconds off the pace of gold medalist Nicola Spirig of Switzerland and silver medalist Lisa Norden of Sweden, who both finished in 1:59:48. Spirig was declared the winner in a photo finish, while Australia’s Erin Densham took bronze in 1:59:50.

“My goal going into this race was just to be there with 1,000 meters to go. I was. You know, I’ve got to be proud of that. Fourth is the ‘worst’ position to be in but, at the end of the day, I’m an Olympian. I get to showcase this awesome sport to millions of people. I’m really proud to be on this team. Obviously it would have been better to come home with a medal, but I’m proud of the process and proud of our team,” True said.

Laura Bennett was 17th in 2:02:17, while Gwen Jorgensen was 38th in 2:06:34 after suffering a flat tire on the bike.

With True’s fourth-place effort, the U.S. joins Australia as the only nations with a top-four women’s finisher in each Olympic Games triathlon since the sport made its debut in 2000.

“If you don’t have a kick, you don’t have a kick. I didn’t have it. There’s nothing you can do at that point,” True said about the finish. “I guess you hope that somebody blows up or falls or something, but at the end of the day I did what I could. I put it all out there.”

With a Team USA-best 14th-place effort in the London 2012 men’s triathlon on Aug. 7, Hunter Kemper earned the distinction of ranking as the top American men’s finisher in all four Olympic Games since triathlon made its debut in 2000 in Sydney.

Kemper covered the course in 1:48:46 to lead the two-man U.S. squad. Manuel Huerta was 51st in 1:53:39.

The 14th-place finish was the third-best Olympic Games showing of Kemper’s decorated career. He was seventh in 2008 in Beijing, ninth in 2004 in Athens and 17th in 2000 in Sydney.

“There are not many athletes that have done four Olympic Games,” Kemper said. “It’s something that’s special to me and something that I’ll hold dear and take a lot of pride of in that.”

LONDON 2012
Aug. 18-19, 2008, 1.5k swim, 40k bike, 10k run

2008 U.S. Olympic Triathlon Team
Laura Bennett   Boulder, Colo.   4th
Julie Ertel    Irvine, Calif.   19th
Sarah Haskins   Colorado Springs, Colo.   11th
Hunter Kemper   Colorado Springs, Colo.   7th
Matt Reed    Boulder, Colo.   32nd
Jarrod Shoemaker  Maynard, Mass.   18th

2008 Olympic Medalists

Women
1. Emma Snowsill (AUS)
2. Vanessa Fernandes (POR)
3. Emma Moffatt (AUS)

Men
1. Jan Frodeno (GER)
2. Simon Whitfield (CAN)
3. Bevan Docherty (NZL)

If it weren't for a bit of cramping on the run, U.S. triathlete Laura Bennett would have found her place on the Olympic Games medal stand.

“Tired pleased with fourth. I started cramping on the third lap and lost touch with third place, so that’s a little disappointing, but I feel I tried to pull out what I could today and I’m really happy with fourth,” Bennett said.

Triathlon fans witnessed the much-anticipated head-to-head matchup between three-time world champion Australian Emma Snowsill and Portuguese sensation Vanessa Fernandes. Snowsill pulled away on the run to grab gold in 1 hour, 58 minutes, 27 seconds. Fernandes won the silver in 1:59:34, with Australian Emma Moffat finishing third in 1:59:55.

Bennett’s result in 2:00:21 led the three-person American team, with Sarah Haskins finishing 11th in 2:01:22 and Julie Ertel finishing 19th in 2:02:39.

Improving on his ninth-place finish from Athens, Hunter Kemper led the U.S. with a seventh-place finish in 1:49:48. Jarrod Shoemaker placed 18th with a time of 1:50:46, while Matt Reed was 32nd in 1:52:30.

“The was a great day for me. I felt like I was soaring on wings like an eagle. The Lord carried me through. He blessed me so much today,” Kemper said. “I laid it all out there today. I came off the bike in great position. I started the run well. It was a hot one, but I did all I could. That’s all I had.”

The gold went to Jan Frodeno of Germany, who posted a 1:48:53 and sprinted to overtake silver medalist Simon Whitfield of Canada down the final stretch. Bevan Docherty of New Zealand won the bronze medal, putting two repeat medalists (Whitfield, gold, 2000, and Docherty, silver, 2004) on the podium.
Aug. 25-26, 2004, 1.5k swim, 40k bike, 10k run

2004 U.S. Olympic Triathlon Team

Barb Lindquist  Alta, Wyo.   9th
Sheila Taormina  Livonia, Mich.  23rd
Susan Williams  Littleton, Colo.  3rd/Bronze
Hunter Kemper  Colorado Springs, Colo.  9th
Victor Plata  San Luis Obispo, Calif.  27th
Andy Potts  Princeton, N.J.  22nd

2004 Olympic Medalists

Women
1. Kate Allen (AUT)
2. Loretta Harrop (AUS)
3. Susan Williams (USA)

Men
1. Hamish Carter (NZL)
2. Bevan Docherty (NZL)
3. Sven Riederer (SUI)

U.S. elite triathlete Susan Williams overcame high temperatures and a crash on the bike to win the bronze medal in the women's triathlon at the 2004 Olympic Games in the Athens municipality of Vouliagmeni.

Williams, once considered a long shot to make the 2004 Olympic team, finished third to Austria's Kate Allen and Australia's Loretta Harrop. Allen won in 2 hours, 4 minutes, 43 seconds, thanks to a 10k run of 33:48, which she used to pass leader Harrop in the final meters of the race. Harrop finished in 2:04:50 and Williams' time was 2:05:08.

Williams' medal was the first ever won by the United States in the Olympic triathlon.

“IT was the race of my life. I’m thrilled. I was the dark horse to even make the team and to wind up with a medal is a tremendous honor,” Williams said.

Barb Lindquist was third out of the water and rode with Williams on the bike after Williams crashed into the padded barriers on a sharp turn. She fell back on the run and finished ninth.

Sheila Taormina, the reigning world champion, was in second place coming out of the swim and shared the lead with Harrop on the bike, but slowed on the run due to hamstring cramps. Taormina dropped back and rode the last lap of the bike with Williams and Lindquist. As they headed into transition, Taormina told her teammates to “go win some medals.” Taormina, a three-time Olympian, finished 23rd.

U.S. elite triathlete Hunter Kemper had the fastest 10k run split of the day in 31:52 en route to a ninth-place finish and his teammate Andy Potts had the fastest 1.5k swim in 17:49 in the men’s Olympic triathlon.

New Zealand’s Hamish Carter and Bevan Docherty won the gold and silver medals, respectively. Switzerland’s Sven Riederer was third.

“I was proud of what I could do today,” said Kemper, who moved up more than 10 places with his run. “The bike ride didn’t go well for me. I felt OK out of the water, but just never could get going on the bike. The run for me was real solid. I gave all I had.”

After his swift swim, Potts was also a victim of the killer bike course, which at its worst had a grade of around 18 percent.

Victor Plata, the third member of the U.S. team, had a good swim and rode in the pack with Kemper and Potts for a lap before falling back and finishing 27th.
Sept. 16-17, 2000, 1.5k swim, 40k bike, 10k run

2000 U.S. Olympic Triathlon Team
Jennifer Gutierrez  San Antonio, Texas  13th
Sheila Taormina  Livonia, Mich.  6th
Joanna Zeiger  San Diego, Calif.  4th
Ryan Bolton  Gillette, Wyo.  25th
Hunter Kemper  Colorado Springs, Colo.  17th
Nick Radkewich  Hudson, Ohio  40th

2000 Olympic Medalists
Women
1. Brigitte McMahon (SUI)
2. Michellie Jones (AUS)
3. Magali Di Marco (SUI)

Men
1. Simon Whitfield (CAN)
2. Stephan Vuckovic (GER)
3. Jan Rehula (CZE)

U.S. triathletes Joanna Zeiger, Sheila Taormina and Jennifer Gutierrez didn’t win any medals, but did themselves and their country proud as they finished fourth, sixth and 13th respectively, in the inaugural women’s Olympic triathlon race.

Brigitte McMahon of Switzerland won the race in 2 hours, 40 seconds. The Swiss surprise stole the glory many thought would be reserved for Australia’s Michellie Jones, who placed second in 2:00:42. Switzerland’s Magali Messmer took the bronze (2:01:08).

Zeiger was thrilled with her finish (2:01:25) and felt she, Taormina and Gutierrez had proven something to the world.

“At worlds earlier this year, when I got seventh there, after 5k I just kept getting faster and faster and I was flying at the end. I could feel it,” Kemper said. “Today it was like, man, the legs just weren’t there.”

The event drew huge crowds and fans were lined 15 deep in places along the course. At times, as many as nine television helicopters hovered over the course, along with a blimp. Chelsea Clinton was among those who enjoyed the action at triathlon’s Olympic debut.

The U.S. men’s triathlon team was shut out of the top 10 in the event’s Olympic debut in Sydney. Hunter Kemper led the U.S. team with his 17th-place finish. Simon Whitfield of Canada used a tremendous run to win the race in 1:48:24 seconds. Stephan Vuckovic of Germany finished second (1:48:37) as he exhorted the crowd to cheer him on, and Jan Rehula of the Czech Republic was third (1:48:46).

Kemper, who left the water in 18th and stayed there through the bike, admitted he didn’t run as well as he would have liked.

“At worlds earlier this year, when I got seventh there, after 5k I just kept getting faster and faster and I was flying at the end. I could feel it,” Kemper said. “Today it was like, man, the legs just weren’t there.”

U.S. triathlete Ryan Bolton finished 25th and teammate Nick Radkewich placed 40th.

For more on the Olympians and their past Games experiences, visit usatriathlon.org to read “Our Olympians: Where are they Now?”
The International Paralympic Committee (IPC) announced on Dec. 11, 2010, that the sport of paratriathlon would officially make its debut at the 2016 Paralympic Games in Rio de Janeiro. The announcement came following a vote by the IPC Governing Board in Guangzhou, China, prior to the Opening Ceremony of the 2010 Asian Para Games.

Paratriathlon was one of two sports selected from a group of seven nominated sports, including badminton, canoe, golf, powerchair football, taekwondo and intellectual disability (ID) basketball. With the IPC’s announcement to add paratriathlon, as well as paracanoe, the program for the Rio Paralympic Games includes 22 sports.

Triathlon is one of few sports in which physically challenged athletes compete alongside able-bodied individuals, lining up for races ranging from sprint-distance triathlons to IRONMAN events.

The 2010 Paratriathlon for Paralympics campaign drew support from more than 6,000 Facebook fans as well as top elite athletes in the sport, including U.S. Olympian Sarah Haskins, ITU World Champions Alistair Brownlee (GBR), Emma Moffatt (AUS) and Javier Gomez (ESP), and IRONMAN World Champions Chrissie Wellington (GBR), Craig Alexander (AUS), Mirinda Carfrae (AUS) and Chris McCormack (AUS).

“Paratriathlon is an exciting and dynamic sport, which can be practiced by anybody regardless of disabilities and age,” Haskins said in 2010. “I believe the sport has the power to inspire youth with disabilities and I’m hoping to see these young athletes compete in the future editions of the Paralympic Games.”

Paratriathlon has evolved since the 2010 announcement, shifting from six sport classes to five: PT1/wheelchair, PT2/severe impairment, PT3/moderate impairment, PT4/mild impairment and PT5/visual impairment.

USA Triathlon and the International Triathlon Union have long histories of supporting paratriathlon. The first Paratriathlon World Championships were held in Cleveland, Ohio, in 1996, and the first USA Paratriathlon Nationals titles were awarded in 1998. USA Triathlon created its paratriathlon committee in 2004, and the committee assisted with the effort to include paratriathlon in the Paralympic Games.

The Paralympic Games, held two weeks after the Olympic Games, have grown from a small gathering of British World War II veterans in 1948 to one of the biggest events in sports. A total of 4,237 athletes from 164 countries competed at the London 2012 Paralympic Games. The London Games brought 2.7 million spectators and a cumulated TV audience of 3.8 billion.
Qualifying for the triathlon teams in the Olympic and Paralympic Games is a months-long process. The Olympic Games qualification period ran for two years, from May 2014 to May 2016, while the Paralympic Games qualification period was active from June 2015 through June 2016. U.S. Olympic and Paralympic hopefuls competed at a number of events during the qualification process in order to earn valuable points that would help secure individual and country quota spots for Rio 2016.

The Olympic and Paralympic Games test events, held Aug. 1-2, 2015, at Rio de Janeiro’s Copacabana Beach, were critical stops on the path to Rio for U.S. athletes. Additionally, a number of other events, most notably the CAMTRI Paratriathlon American Championships in Sarasota, Florida, and the ITU World Triathlon Series stop in Yokohama, Japan, helped confirm the remaining members of the Games squads for the U.S.

**ITU Qualification Criteria for the Olympic Games**

Triathlon in the Olympic Games features a total field of 55 men and 55 women. A maximum of three athletes per gender per National Federation (NF) will be allowed. Only eight NFs will be allowed three athletes per gender and all others will be allowed a maximum of two.

ITU criteria (athletes must meet one of the following):
- Winning a quota place for their National Olympic Committee (NOC) at the ITU Continental Olympic Qualification Events
- Winning a quota place for their NOC at the 2015 ITU World Olympic Qualification Event
- Being among the top 140 in the ITU Olympic Qualification List
- Being among the top 140 in the 2015 ITU World Triathlon Series Ranking
- Being among the top 140 in the ITU Points List

National Federation spots will be awarded to:
- The winning country of each of the five continental qualifying events (Pan American Games for the U.S.)
- Countries represented by podium finishers at the World Olympic Qualification Event in Rio on Aug. 1-2
- The countries for the highest-ranked athletes on the ITU Olympic Qualification List (39 per gender); athletes who have already qualified through one of the above events will not be considered
- Five spots may also be awarded to National Federations based on the ITU Points List for events held between May 20, 2014, and May 15, 2016

**ITU Qualification Criteria for the Paralympic Games**

At the Paralympic Games, three medal events will be held per gender (6 total) for a combined maximum field of 60 athletes:

Men’s medal events: PT1/wheelchair, PT2/severe impairment, PT4/mild impairment

Women’s medal events: PT2/severe impairment, PT4/mild impairment, PT5/visual impairment

Qualification slots were allocated to each National Paralympic Committee (NPC) through the ITU World Championships and the ITU Paralympic Qualification List – maximum of two qualification slots per medal event (12 total per NPC).

Top-ranked athletes in each medal event at the 2015 ITU World Championships earned a spot for their NPC. The top six ranked athletes on the ITU Paralympic Qualification list also earned a spot for the NPC.

Seventeen qualification spots were determined by the Bipartite Commission (allocated directly to athletes, not to NPCs).
The selection period for the 2016 U.S. Olympic Triathlon Team began in Rio de Janeiro on Aug. 2, 2015, with the ITU World Olympic Qualification Event. U.S. elite triathletes competing in Rio needed to finish in the top eight overall to automatically qualify for an Olympic Games spot, and a maximum of two athletes per gender could qualify. If two spots were not earned in Rio (no top-eight finishes), one automatic qualifying spot would be available at the ITU World Triathlon Grand Final in Chicago on Sept. 18-19, 2015, granted the athlete finished in the top eight.

The third selection event was ITU World Triathlon Yokohama on May 14, 2016. An athlete had to finish on the podium in Yokohama to automatically qualify. If spots still remained after the three selection events, athletes were selected by the Elite Athlete Selection Committee and/or an Objective Ranking System. The Elite Athlete Selection Committee determined that no discretionary pick was warranted for the U.S. Olympic Triathlon Team, and remaining spots were awarded based on the Objective Ranking System. The system was based on an athlete's two best scores from five select races: the 2015 ITU World Olympic Qualification Event in Rio, 2015 ITU World Triathlon Stockholm, 2015 ITU World Triathlon Edmonton, 2015 ITU World Triathlon Grand Final Chicago and 2016 ITU World Triathlon Yokohama.


2012 Olympians Gwen Jorgensen and Sarah True punched their tickets for the 2016 Olympic Games at the 2015 ITU World Olympic Qualification Event, held at Copacabana Beach.

Jorgensen clocked in at 1 hour, 58 minutes, 46 seconds on the standard 1,500-meter swim, 40-kilometer bike, 10-kilometer run course, which is the same as women's triathlon event is contested on Aug. 20 during the Olympic Games. Great Britain's Non Stanford finished second in 1:59:05, while her compatriot Vicky Holland finished third in 1:59:27. True finished fourth in 1:59:46.

As the top two Americans within the top eight, Jorgensen and True met the qualification standards outlined by USA Triathlon in early 2015. Katie Zaferes (Hampstead, Md.) finished sixth and was the third American finisher of the day.

With their qualified status, Jorgensen and True became the sixth and seventh members of the 2016 U.S. Olympic Team.

Greg Billington was the top U.S. finisher in the men's race, taking 15th and earning valuable points toward his standing in the Objective Ranking System.

2015 Rio ITU World Olympic Qualification Event
1,500m swim, 40k bike, 10k run

U.S. Women
1. Gwen Jorgensen (St. Paul, Minn.), 1:58:46
4. Sarah True (Hanover, N.H.), 1:59:46
6. Katie Zaferes (Hampstead, Md.), 2:00:26
17. Erin Jones (Hood River, Ore.), 2:02:18
26. Lindsey Jerdonek (Brecksville, Ohio), 2:03:35
31. Chelsea Burns (Seattle, Wash.), 2:04:33
52. Kaitlin Donner (Satellite Beach, Fla.), 2:09:06
53. Renée Tomlin (Ocean City, N.J.), 2:09:46

U.S. Men
15. Greg Billington (Colorado Springs, Colo.), 1:50:26
27. Tommy Zaferes (Soquel, Calif.), 1:51:27
41. Hunter Kemper (Colorado Springs, Colo.), 1:52:16
58. Ben Kanute (Geneva, Ill.), 1:56:14
60. Kevin McDowell (Geneva, Ill.), 1:57:18
Chicago — Sept. 18-19, 2015
Since two women qualified for the U.S. Olympic Triathlon Team in Rio, there was no opportunity for a U.S. woman to qualify in Chicago. Though one spot was available for a U.S. man to qualify per the selection criteria, no men finished in the top eight at this event; thus, no U.S. athletes qualified for the team in Chicago.

Yokohama — May 14, 2016
No athletes automatically qualified for the U.S. Olympic Triathlon Team in Yokohama, but performances in the event led to athletes clinching their team spots through the Objective Rankings System.

Joe Maloy led the way for the U.S. men in Yokohama, finishing 11th and confirming his nomination to the men’s U.S. Olympic Triathlon Team as the top-ranked man in the USA Triathlon Objective Rankings System. His other top result came in Rio where he finished 16th, giving him a total score of 797.568.

Ben Kanute posted a season-best 17th place to earn his Olympic qualification. He led the field coming out of the water and though he lost some ground on the run, he finished high enough to improve his score in the Objective Rankings System and move into the third position, qualifying for the team. His total score was 484.971, with his top two results coming in Chicago (where he finished as the top American in 20th) and Yokohama.

Greg Billington led the Objective Rankings System entering the race with 578.400 points from his finishes in Rio and 2015 ITU World Triathlon Stockholm. Though he did not finish in Yokohama, he had enough points to retain a top-two position in the rankings and qualify.

Katie Zaferes also fulfilled the qualification criteria outlined in USA Triathlon’s Olympic Games Athlete Selection Procedures as the top-ranked woman in the organization’s Objective Rankings System. In 2015, Zaferes scored 1563.333 points at the top of the rankings with a sixth-place finish on Aug. 2 in Rio, as well as a second-place finish at ITU World Triathlon Stockholm. She also was sixth in Yokohama, finishing as the second American behind fellow 2016 U.S. Olympic qualifier Gwen Jorgensen.

2016 ITU World Triathlon Yokohama
1,500m swim, 40k bike, 10k run
U.S. Men
17. Ben Kanute (Geneva, Ill.), 1:47:52
35. Eric Lagerstrom (Portland, Ore.), 1:49:06
36. Kevin McDowell (Geneva, Ill.), 1:49:08
45. Jarrod Shoemaker (Clermont, Fla.), 1:51:13
DNF Greg Billington (Spokane, Wash.)

U.S. Women
1. Gwen Jorgensen (St. Paul, Minn.), 1:56:02
6. Katie Zaferes (Hampstead, Md.), 1:57:35
14. Summer Cook (Thornton, Colo.), 1:58:31
26. Renée Tomlin (Ocean City, N.J.), 1:59:49
29. Lindsey Jerdonek (Brecksville, Ohio), 2:00:04
45. Erin Jones (Hood River, Ore.), 2:02:54

Rankings
To view the completed Objective Ranking System standings, click here.

For the complete ITU rankings, including the ITU World Triathlon Series standings, ITU Points List and Olympic Qualification List, visit triathlon.org/rankings.
Individual spots for the U.S. Paralympic Triathlon Team could be earned at three events, with priority given first to the Rio de Janeiro ITU World Paratriathlon Event; then the 2016 CAMTRI Paratriathlon Championships on March 12-13; and finally, the ITU Paratriathlon World Championships on Sept. 18, 2015.

At each of the three identified events, a qualifying athlete had to be the top U.S. finisher, provided the finish was within the top one-third of race starters in the respective sport class and also within five percent of the sport class winner’s time.

**Rio de Janeiro — Aug. 1, 2015**

Six U.S. paratriathletes met the qualification standards to provisionally secure the first spots on the 2016 U.S. Paralympic Triathlon Team on Aug. 1 at Copacabana Beach.

Krige Schabort (PT1, Rome, Ga.), Mark Barr (PT2, Houston, Texas), Hailey Danisewicz (PT2, Chicago, Ill.), Chris Hammer (PT4, Salt Lake City, Utah), Grace Norman (PT4, Jamestown, Ohio) and Patricia Walsh (Austin, Texas) all finished as the top American in their respective sport classes, while also meeting the requirement to be within the top one-third of race starters in each sport class and within 5 percent of the winner’s time.

---

**2015 Rio de Janeiro ITU World Paratriathlon Event**

**750m swim, 20k bike, 5k run**

**U.S. Finishers**

* - Provisional qualifiers for the 2016 U.S. Paralympic Triathlon Team

**PT1 Men**

2. Krige Schabort (Rome, Ga.), 59:57*

**PT2 Men**

2. Mark Barr (Houston, Texas), 1:10:41*


**PT2 Women**

1. Hailey Danisewicz (Chicago, Ill.), 1:24:37*

2. Melissa Stockwell (Chicago, Ill.), 1:26:25

3. Allysia Seely (Glendale, Ariz.), 1:28:25

**PT4 Men**

4. Chris Hammer (Salt Lake City, Utah), 1:00:56*

12. Jamie Brown (Carlsbad, Calif.), 1:08:11

**PT4 Women**

2. Grace Norman (Jamestown, Ohio), 1:09:45*

**PT5 Women**

3. Patricia Walsh (Austin, Texas), 1:11:44*

6. Amy Dixon (Greenwich, Conn.), 1:21:05
Chicago — Sept. 18, 2015
Though no athletes individually qualified for spots on the team at the 2015 ITU Paratriathlon World Championships, Allysa Seely won the women’s PT2 world title, which confirmed a country quota spot for the U.S. This quota spot allowed Hailey Danisewicz, the provisional qualifier in Rio, to confirm her spot as the first person to ever be named to a U.S. Paralympic Triathlon Team.

Sarasota — March 14, 2016
Six athletes provisionally qualified at the Sarasota CAMTRI Paratriathlon American Championships.

Geoffrey Kennedy (PT1, Rio Grande, Puerto Rico), Brian Norberg (PT2, Chicago, Ill.), Allysa Seely (PT2, Glendale, Ariz.), Jamie Brown (PT4, Carlsbad, Calif.), Ruth-Ann Reeves (PT4, Hattiesburg, Miss.) and Elizabeth Baker (PT5, Signal Mountain, Tenn.) all met the qualification standards set forth by USA Triathlon to provisionally earn spots in their respective sport classes.

Sarasota CAMTRI Paratriathlon American Championships
750m swim, 20k bike, 5k run
U.S. Finishers
* - Provisional qualifiers for the 2016 U.S. Paralympic Triathlon Team

PT1 Men
1. Krige Schabort (Rome, Ga.), 56:20*
3. Geoffrey Kennedy (Rio Grande, Puerto Rico), 1:08:16*

PT2 Men
1. Mark Barr (Houston, Texas), 1:07:56*
2. Brian Norberg (Chicago, Ill.), 1:13:28*

PT2 Women
1. Allysa Seely (Glendale, Ariz.), 1:17:29*
2. Melissa Stockwell (Chicago, Ill.), 1:18:37
3. Sarah Reinertsen (San Juan Capistrano, Calif.), 1:20:44
4. Hailey Danisewicz (Chicago, Ill.), 1:21:06*

PT4 Men
1. Chris Hammer (Salt Lake City, Utah), 55:53*
4. Jamie Brown (Carlsbad, Calif.), 1:00:27*

PT4 Women
1. Grace Norman (Jamestown, Ohio), 1:06:39*
3. Ruth-Ann Reeves (Hattiesburg, Miss.), 1:12:47*

PT5 Women
1. Elizabeth Baker (Signal Mountain, Tenn.), 1:05:49*
2. Amy Dixon (Greenwich, Conn.), 1:06:27
4. Patricia Walsh (Austin, Texas), 1:17:34*
Bipartite Invitations
On July 8, 2016, the ITU Bipartite Selection Panel awarded invitations to 17 athletes from 11 National Federations to compete in the Paralympic Games debut. For the U.S., world champions and U.S. Army veterans Melissa Stockwell and Patricia Collins received invitations and round out the 10-member U.S. Paralympic Triathlon Team.

The panel reviewed applications with excellence of performance as the primary factor, and the invitations were extended to individual athletes, not to National Federations.

Seven men and seven women in each sport class earned country quota spots through the rankings process, and the 17 athletes invited by the Bipartite Panel round out the field.

Rankings
For complete ITU rankings by sport class, visit triathlon.org/paratriathlon/rankings.
ATHLETE BIOGRAPHIES
TEAM ROSTER

2016 U.S. OLYMPIC TRIATHLON TEAM

GWEN JORGENSEN  St. Paul, Minnesota
SARAH TRUE  Hanover, New Hampshire
KATIE ZAFERES  Hampstead, Maryland
GREG BILLINGTON  Spokane, Washington
BEN KANUTE  Geneva, Illinois
JOE MALOY  Wildwood Crest, New Jersey

HOW DO I PRONOUNCE...

JORGENSEN: Pronounced JÔRG-en-sen, not YORG-en-sen
ZAFERES: Pronounced zah-FEAR-es
KANUTE: Pronounced KAH-newt
MALOY: Pronounced MAH-loy
KRIGE: Pronounced KREE-gah
DANISEWICZ: Pronounced Dan-E-sev-ich

Hear the athletes pronounce their names in our video pronunciation guide at usatriathlon.org/pronunciation.

2016 U.S. PARALYMPIC TRIATHLON TEAM

KRIGE SCHABORT  Rome, Georgia
HAILEY DANISEWICZ  Chicago, Illinois
ALLYSA SEELEY  Glendale, Arizona
MELISSA STOCKWELL  Chicago, Illinois
MARK BARR  Houston, Texas
PATRICIA COLLINS  Alexandria, Virginia
GRACE NORMAN  Jamestown, Ohio
CHRISS HAMMER  Salt Lake City, Utah
PATRICIA WALSH  Austin, Texas
ELIZABETH BAKER  Signal Mountain, Tennessee
Can Gwen Jorgensen be beat? That’s the question that’ll be on the lips of everyone watching the race in Rio. So far, the willowy, 5’10” superstar has proven over (and over, and over) that she’s all but unstoppable once she unleashes her lethal run. Following a London Olympic race marred by bad luck (she sustained a flat tire on the bike and finished 38th), the CPA has been calculating redemption — and is open about her ambitions for 2016. “Ever since I crossed the finish line in London,” she said, “I’ve been working for gold in Rio.”

Career Highlights
- Two-time ITU World Champion (2015, 2014)
- 17-time winner of ITU World Triathlon Series races, making her the most winningest woman in the event’s history
- 22 career World Triathlon Series medalist (17 gold, 3 silver, 2 bronze)
- Four career ITU World Cup titles
- First U.S. woman in history to win a World Triathlon Series event (San Diego, 2013)

View complete bio at usatriathlon.org/gwen.
After a fourth-place Olympic debut in London, Sarah True has had a stellar build up to the Games and is primed to podium. But as the most seasoned athlete of the team, she has acquired a pragmatic approach to Rio. “Whether or not I have a successful race, the journey to the Olympics is always worthy of celebration,” she said. “In order to get to the start line, we demand so much of not just ourselves, but also of the people around us. I’m looking forward to acknowledging the years of sacrifice from everyone around me who has been there to support my pursuit.” Among those supporters includes her husband, pro runner Ben True, who missed his bid to for his first Olympic berth in the 5,000m and 10,000m events on the track. “The idea of sharing the Olympic experience with Ben has helped motivate me for the past few years,” True said.

Career Highlights
• 2012 Olympian; finished fourth
• Two-time ITU World Triathlon Stockholm Champion (2015, 2014)
• Three-time ITU World Championships medalist (silver: 2014; bronze: 2015, 2011)
• Seven-time ITU World Triathlon Series medalist (2 gold, 2 silver, 3 bronze)
• First U.S. woman to finish on an ITU World Championships podium after the World Triathlon Series was established in 2009 and to finish on the podium of an ITU World Triathlon Series race (bronze in Kitzbuehel in 2011)

View complete bio at usatriathlon.org/sarah.
The witty Katie Zaferes — she writes all of her race recaps in rhyme — is aiming for a poetic ending to her Olympic debut. “I’m driven to represent the USA in the way I know I can on race day,” said the Syracuse grad. Still, she admits she’s anxious about logistics and navigating the crowds in Rio, but knows she can turn to her husband, fellow pro triathlete Tommy, for some levity among the chaos. “He’s an expert in listening to me and calming me down,” she said. “He relates to the stress.” Also helping Zaferes find her Zen? Plenty of napping and relaxing while listening to her pre-race playlist. “I play it loud so I can tune out the nerves that may creep into my mind,” she says of the eclectic mix of music varying from techno to Trick Daddy, including one especially telling tune. Said Zaferes, “My go-to is ‘All I do is Win.’”

Career Highlights
• 2016 ITU World Triathlon Hamburg Champion
• Five-time runner-up in 2015 ITU World Triathlon Series events (Abu Dhabi, Auckland, Cape Town, London, Stockholm)
• 3rd, 2015 ITU World Triathlon Gold Coast
• 3rd, 2015 USA Triathlon Elite National Championships
• 2014 New Plymouth ITU World Cup Champion
• 2013 Tiszaujvaros and Palamos ITU World Cup Champion

View complete bio at usatriathlon.org/katie.
While it’s yet to be determined if Greg Billington is the fastest in the field, he just may be the lightest on his feet: The Poway, California-based triathlete took dance classes as a kid and has been studying up on Brazilian Samba moves. “I’m checking out YouTube dancing tutorials. One can never be too prepared,” he joked. Billington — a multi-time national champion who’s been racing against the world’s best since before he got his driver’s license — has been honing much more than just his fancy footwork lately. With recent top-10 world cup finishes, he’s looking to race into a top spot in Rio. “I only have medals on my mind,” he said. “All I see is the path I’ve taken and the podium that lies just beyond the finish line.”

Career Highlights
• Top American finisher (15th) at the 2015 Rio de Janeiro ITU World Olympic Qualification
• 10th at 2016 ITU World Triathlon Gold Coast (best career WTS finish to date)
• 2014 Hong Kong ASTC Triathlon Asian Cup Champion
• 2013 Dallas ITU Pan American Cup Champion
• Two-time USA Triathlon Under-23 National Champion (2012, 2011)
• 2nd, 2012 USA Triathlon Elite National Championships
• 2007 USA Triathlon Junior Elite National Champion
• 2006 ITU Junior Aquathlon World Champion

View complete bio at usatriathlon.org/grg.
As one of the youngest athletes in the field, Ben Kanute grew up idolizing some of the Olympians he’ll square off against in Rio. But that doesn’t mean he’s intimidated by his older — and more experienced — competition. “I try to see myself as an equal with everyone because if you put them up on another level, it makes it hard to compete against them,” the University of Arizona grad explained. “As a professional, there are no age groups.” What he lacks in years the Tucson-based triathlete makes up in gutsy and aggressive racing — he’s known to make daring breakaway moves on the bike to build a cushion on the run. So it’ll come as no surprise if Kanute jumps into the lead in Rio early on. “The course suits me very well. It’s challenging, but I look forward to taking advantage of my strength on the bike,” he said. “And doing it while wearing the stars and stripes suit will be incredible.”

Career Highlights
• 2015 USA Triathlon Elite National Champion
• 2nd, 2014 ITU World Triathlon Tongyeong
• 2016 Clermont CAMTRI Sprint Triathlon American Cup Champion
• 9th, 2015 ITU World Triathlon Auckland
• 2013 USA Triathlon Collegiate National Champion
• 2013 USA Triathlon Draft-Legal Collegiate Champion
• Two-time USA Triathlon Junior Elite National Champion (2010, 2008)

View complete bio at usatriathlon.org/ben.
JOE MALOY

VITAL STATS:
Birthdate: Dec. 20, 1985
Age on race day: 30
Childhood hometown: Wildwood Crest, New Jersey
Current residence: Poway, California
College: Boston College
Parents: Joe and Mary Maloy
Siblings: John
Nickname: Jersey Joe

Google “Joe Maloy” and “Welcome to Miami” and you’ll find yourself linking to a video featuring a blonde, tan triathlete in a Team USA kit rapping about dominating a race the tune of Will Smith’s hit. “It’s terribly awesome,” admitted Maloy, who shot the video after placing third at the South Beach Triathlon in 2013. Terrible or not, the clip shows a goofier side of the former Jersey Shore lifeguard. But once he’s in a race? Maloy means business. “My nickname growing up was Freak because of how I go about my workout routine and competitions,” he said. “I’m a nice, laid-back guy, but you see another side of me when I’m competing.” The tactic works: Maloy, who swam at Boston College and now trains with Billington under coach Paulo Sousa, is the top-ranked American and plans to hold nothing back in Rio. “I’ve been working my whole life for this,” Maloy said.

Career Highlights
• 2014 USA Triathlon National Champion
• 2nd, 2013 USA Triathlon National Championships
• 3rd, 2014 Cozumel ITU World Cup
• 6th, 2016 ITU World Triathlon Gold Coast
• 11th, 2016 ITU World Triathlon Yokohama
• 7th, 2015 Cozumel ITU Triathlon World Cup

View complete bio at usatriathlon.org/joe.

FUN FACTS
• Was a summer lifeguard from 2003-2008 with his hometown beach patrol
• Can be forgetful and absent-minded, and once had to sprint to the starting line of a race (that he eventually won) because he left the timing chip in his transition bag
• Sustained a bike crash in his first attempt at a triathlon
• Trains with The Triathlon Squad near San Diego with Olympic teammate Greg Billington
• Says his must-have wardrobe items for special occasions are a nice suit, fun sunglasses and a pair of socks that could be a conversation starter

FOLLOW ONLINE
joetriathlon
@joetriathlon
@joemaloy
joetriathlon.com
Krige Schabort has been there and done that. The Rio Paralympics will mark his sixth Games, representing two different countries and competing in two different sports. Schabort started his athletic career off as a South African Paralympian in 1992 where he won the bronze medal in the marathon. He continued his marathon success in 1996, 2000 where he finished second, 2004 and 2012. But this go round is the most special. “It is the first Paralympic triathlon, and I race for the world’s best team,” he said. “I am so thankful.”

With everything Schabort’s gone through in his life, one thing has kept him going through it all: “Never give up. Never fear the risk to succeed or the disappointment of defeat.”

Career Highlights
- 2014 ITU Paratriathlon World Champion
- Five-time Paralympian in the marathon, and two-time medalist (1992, bronze; 2000, silver)
- Silver medalist at the 2015 and 2016 ITU Paratriathlon World Championships and the 2015 Rio de Janeiro ITU World Paratriathlon Event
- Winner of the 2016 Sarasota CAMTRI Paratriathlon American Championships and the 2015 Yokohama ITU World Paratriathlon Event

View complete bio at usatriathlon.org/krige.
Hailey Danisewicz was nervous before her first triathlon. Understandably. She had been good at sports before contracting bone cancer as a 12-year-old. By the time doctors cut off her left leg above the knee two years later, she had written off sports, afraid to try them again – and fail. Until, as a psychology major at Northwestern University, she applied for an internship at the Chicago-based Great Lakes Adaptive Sports Association in 2011 and the boss, triathlete Keri Serota, agreed to hire her on one condition: Danisewicz must attempt a triathlon. The 19-year-old Danisewicz – who had been an athlete but never a swimmer, runner or cyclist – accepted the challenge.

She got the internship, but it was that first triathlon that forever changed her life. “I loved the feeling of crossing the finish line,” she said. “I went from being a cancer survivor and amputee to being a triathlete.”

Career Highlights
- 2013 ITU Paratriathlon World Champion
- Winner of the 2015 Rio de Janeiro ITU World Paratriathlon Event
- Two-time CAMTRI American Champion

View complete bio at usatriathlon.org/hailey.
Ever since Allysa Seely was young, her grandma Sharleen encouraged her to chase her dreams. Seely made a promise to herself and her grandma to accomplish what she sets out to do no matter how daunting of a task it may be. “It is not about the medals, it is about the miles,” she said. “The journey I have embarked on, at the end of the day, is not about winning. It is the journey, the friends, the learning, the training, being my best and most importantly the love of sport.” But that doesn’t mean at the end of the day she’s not striving for the top of the podium. Starting at 5 o’clock every morning, Seely packs in as much as she can to make every day count, including three workouts, injury prevention, stretching, yoga, mindfulness work and more. It might not always be easy. But in the end, it’s always worth it. “Life is a work in progress,” Seely said. “Love what you do, work hard at everything you do and be proud of your accomplishments.”

Career Highlights
- 2016 Yokohama ITU World Paratriathlon Event and 2015 Edmonton ITU World Paratriathlon Event Champion
- 2016 Sarasota CAMTRI American Champion
- Silver medalist, 2015 Besançon ITU World Paratriathlon Event and Detroit ITU World Paratriathlon Event
- Bronze medalist, 2015 Rio de Janeiro and London ITU World Paratriathlon Events

View complete bio at usatriathlon.org/allysa.
MELISSA STOCKWELL

FUN FACTS
• Has a service dog named Jake that she considers a member of her family
• Co-founded the Dare2tri Paratriathlon Club in 2011
• Tapes a picture of her husband and her son to her bike to remind her why she races
• Always eats gummy worms the night before a big race, and then eats a bagel with peanut butter every race morning

On April 13, 2004, Melissa Stockwell lost her left leg to a roadside bomb in Iraq, and her life was forever changed. But not in the way she may have expected. Stockwell often says she has done more in her life with one leg than she ever would have imagined with two. Stockwell has found support in the form of her Chicago-based paratriathlon club, Dare2tri, and now, her biggest support comes from her husband, Brian, and their son, Dallas. Dallas inspires Stockwell, in part because she “[wants] him to see his mom dream big so he has big dreams of his own someday.” Her life is busier now, balancing training and motherhood, but she thrives on the challenge and pushes herself to be better every day. Stockwell, the first American woman to lose a limb in active combat, will line up on Sept. 11 to compete in paratriathlon’s debut, and it means more to her than most. “I feel that by racing for myself and my country I can honor those that gave the ultimate sacrifice,” she said.

Career Highlights
• Three time ITU Paratriathlon World Champion (2010, 2011, 2012)
• Five time ITU Paratriathlon Worlds medalist (3 gold, 1 silver, 1 bronze)
• Three time USA Paratriathlon National Champion
• 2008 U.S. Paralympic Swim Team member

VITAL STATS
Sport class: PT2/severe impairment
Birthdate: Jan. 31, 1980
Age on race day: 36
Childhood hometown: Eden Prairie, Minnesota
Current residence: Chicago, Illinois
College: University of Colorado
Husband: Brian Tolsma
Children: Dallas
Parents: Dave and Marlene Hoffman
Nickname: Mel or “M”

View complete bio at usatriathlon.org/melissa.
Mark Barr has been a swimmer all his life. As a swimmer at the Athens 2004 Paralympic Games, he collected two fourth-place finishes. Barr, who lost his leg to bone cancer in his teens, also raced in Beijing in 2008. Triathlon was the next logical step. While he’s had his fair share of accomplishments in the sport, he has a busy life outside of triathlon as well. As a registered nurse in the trauma surgical ICU, Barr spends three days a week working 12-hours straight on top of a swim, bike, run or strength session. Then his “days off” are utilized to squeeze in more training with all three disciplines for up to five hours. Many people would struggle with one part of Barr’s lifestyle let alone the combination of being an RN as well as an elite paratriathlete. “The best way to get better is to set goals for yourself and then figure out how to accomplish your goals,” he said.

Career Highlights
- Two-time CAMTRI Paratriathlon American Champion
- 2015 Yokahama ITU World Paratriathlon Event Champion
- Bronze medalist, 2013 ITU Paratriathlon World Championships
- 4th, 2015 and 2014 ITU Paratriathlon World Championships

View complete bio at usatriathlon.org/mark.
FUN FACTS
• Has over 100 parachute jumps from an airplane, including two after she lost her leg
• Enjoys playing touch rugby, street lacrosse and nerf gun wars with her son and the boys in her neighborhood
• Favorite movie is “Miracle,” saying it’s the most motivating movie she’s ever seen
• Doesn’t have a TV but has shown up at friends’ homes unannounced to watch “Big Bang Theory”
• Says Sarajevo is the most impactful place she has been in the world

Career Highlights
• 2012 ITU Paratriathlon World Champion
• 2013 ITU Paratriathlon World Championships silver medalist
• 2015 Edmonton ITU World Paratriathlon Event Champion
• Bronze medalist, 2015 Yokohama and Buffalo City ITU World Paratriathlon Events

View complete bio at usatriathlon.org/patty.
When Grace Norman isn’t racing or being a typical teenager, she’s training her pigs. Show pigs that she presents at the county fair to be exact. But free time is limited these days as the 18-year-old spends most of her time swimming, biking or running in her pursuit of a medal at the Paralympic Games. Norman, who was diagnosed with congenital constriction band syndrome of the left leg at birth, grew up around triathlon. Her dad began racing, and, like many young kids, she wanted to be just like him. Later, after discovering paratriathlon was being added to the Paralympic program, she decided to pursue the sport. Her success has skyrocketed since. The pursuit for Paralympic gold may not have begun too long ago, but like anything Norman does in her life — from training pigs to racing triathlons — to give anything less than her best is to sacrifice a gift. “There is no sense in training hard and competing if you don’t love it,” Norman said. “If your heart and passion are in the sport, then you will enjoy the training and be able to make the most out of every opportunity.”

Career Highlights
• 2016 ITU World Paratriathlon World Champion
• 2016 Sarasota CAMTRI Paratriathlon American Champion
• 2015 USA Paratriathlon National Champion
• Silver medalist, 2015 ITU Paratriathlon World Championships, Detroit ITU World Paratriathlon Event and Rio de Janeiro ITU World Paratriathlon Event

View complete bio at usatriathlon.org/grace.
Coming from a running background, a typical week for Chris Hammer consisted of 70-plus miles. While Hammer wanted to take a break from being a runner, he didn’t want to give up being an athlete. “I was always intrigued by the idea of doing a triathlon because I like challenges, but with no swim experience and no formal road biking experience, I don’t think I seriously believed triathlon was going to be something that I could excel at,” he said. As a runner at the London 2012 Paralympic Games, Hammer now has experience on his side and is poised to continue his success in Brazil despite any hardships that come along the way. “Accept the challenges so that you may feel the exhilaration of victory,” Hammer said. “The only way to really experience what life has to offer is to take chances and put yourself out there — out of your comfort zone where there is risk of failure.”

Career Highlights
- 2016 Sarasota CAMTRI Paratriathlon American Champion
- 2015 Detroit ITU World Paratriathlon Event Champion
- Two-time USA Paratriathlon National Champion (2014, 2013)
- 2nd, 2015 Edmonton ITU World Paratriathlon Event and Monterrey CAMTRI Triathlon American Championships
- 2012 Paralympian, track and field

View complete bio at usatriathlon.org/chris.
three disciplines plus yoga, strength and conditioning and Pilates. The intense training an elite athlete goes through can become overwhelming at times. Walsh combats this with volunteerism. When she’s not training, she’s spending her time as a Court Appointed Special Advocate for children in the court system of Travis County, Texas. While the training and other aspects of life may be difficult, the success is rewarding. And Walsh has experienced that with three gold medals at world paratriathlon events and a number of other podium finishes over the last two years. But there’s always room for improvement. “If you feel like a big fish, reevaluate the size of your pond,” Walsh said. “The only way to improve is to consistently level up and challenge yourself.”

Career Highlights
• 2015 Detroit ITU World Paratriathlon Event Champion
• 2014 Chicago ITU World Paratriathlon Event Champion
• Five-time USA Paratriathlon National Champion
• Two-time CAMTRI American Champion
• Two-time ITU Paratriathlon World Championships bronze medalist
• 3rd, 2015 Rio de Janeiro ITU World Paratriathlon Event

View complete bio at usatriathlon.org/patricia.
From the beginning, Elizabeth Baker wanted to be an IRONMAN. “The challenge of doing all three disciplines at the same time got me involved in triathlon,” she said. That was the simple part. What’s a typical day like for Baker? Chaos. From helping her two children get ready for school and working from home, doing physical therapy chart reviews, to squeezing in two hours of training before the kids get home and it’s off to one sporting event or another. But, like the motto she likes to live by, Baker believed she could, so she did. With a handful of medals from paratriathlon races the past few years, including gold at the Penrith ITU World Paratriathlon Event this year, Baker is poised for success in Rio. While her life may be hectic most of the time, she hasn’t let that slow her down. “Don’t ever let your fears or anxieties keep you from pursuing anything in life,” she said.

Career Highlights
• 2016 Penrith ITU World Paratriathlon Event Champion
• 2016 Sarasota CAMTRI Paratriathlon American Champion
• 2nd, 2016 Yokohama ITU World Paratriathlon Event
• 2015 Detroit ITU World Paratriathlon Event and USA Paratriathlon National Championships

View complete bio at usatriathlon.org/elizabeth.
GAMES SUPPORT STAFF

2016 USA TRIATHLON OLYMPIC GAMES
TEAM STAFF
Andy Schmitz
Team Leader, USA Triathlon High Performance General Manager
Courtney Kulick
Team Manager, USA Triathlon National Team Manager
Lindsay Wyskowski
Press Attaché, USA Triathlon Communications Manager
Chuck Menke
NBC Liaison, USA Triathlon Chief Marketing Officer
Bobby McGee
Women’s Lead
Jarrod Evans
Men’s Lead
Victor Carapelho
Physio
Alex Price
Physio
Tim “Sherpa” Mualchin
Mechanic
Andy Gerken, M.D.
Team Physician
Lindsay Hyman
Sport Physiologist
Adam McClusky
Team Chef
2016 U.S. OLYMPIC TRIATHLON TEAM PERSONAL COACHES
Jamie Turner (Gwen Jorgensen)
Joel Filliol (Katie Zaferes)
Corey Hart, Timothy Broe, Matthew Rose (Sarah True)
Ryan Bolton, Adam Zucco (Ben Kanute)
Paulo Sousa (Joe Maloy, Greg Billington)
2016 USA TRIATHLON PARALYMPIC GAMES
TEAM STAFF
Amanda Duke Boulet
Team Leader, USA Triathlon Paratriathlon Program
Senior Manager
Cassandra Johnson
Press Attaché, USA Triathlon Content Coordinator
Mark Sortino
Head Coach
Christine Palmquist
Assistant Coach
Wesley Johnson
Assistant Coach
James Balentine
Mechanic
Andy Gerken, M.D.
Team Physician
Elizabeth Broad
Sport Physiologist
Sara Mitchell
Sports Dietitian
2016 USA TRIATHLON PARALYMPIC GAMES ATHLETE SUPPORT
PT5 Guides
Jessica Jones Meyers
Guide for Patricia Walsh
Jillian Petersen
Guide for Elizabeth Baker
PT1 Handlers
Caron Schabort and Mark Griffin

Athlete Support
PT5 Guides
Jessica Jones Meyers
Guide for Patricia Walsh
Jillian Petersen
Guide for Elizabeth Baker
PT1 Handlers
Caron Schabort and Mark Griffin
ANDY SCHMITZ
USA TRIATHLON HIGH PERFORMANCE GENERAL MANAGER AND 2016 OLYMPIC GAMES TEAM LEADER

A veteran of many international multisport events, Andy Schmitz has directed USA Triathlon’s High Performance Department for the last six years, overseeing USA Triathlon’s Olympic and Paralympic pipeline. Schmitz travels the globe to assist Olympians, Olympic and Paralympic hopefuls, National Team members and rising stars in reaching their full potential at the highest level of the sport, including the ITU World Triathlon Series, Pan American Games and more.

Schmitz was a member of the U.S. coaching staff for the 2008 Beijing Olympic Games and was the team leader and women’s coach for the 2012 London Olympic Games. Schmitz also has served as the team leader for the U.S. at numerous ITU World Triathlon Series Grand Final events, leading a team of athletes and staff to four ITU World Championship titles at the elite level in the past two seasons.

In his role as High Performance General Manager at USA Triathlon, Schmitz directs the operations and administrative side of the High Performance staff. Schmitz guides strategic planning, including race-related resourcing and staffing, and develops and manages the department’s annual budget. He directs USA Triathlon’s talent identification and athlete development programs and manages relationships with the U.S. Olympic Committee, the ITU and the U.S. Anti-Doping Agency.

Prior to joining USA Triathlon as Sport Performance Manager in 2005, Schmitz was an assistant cross country and track coach at Ohio Wesleyan University. He holds a master’s degree in sport & exercise studies from Ohio State and a bachelor’s from Baldwin-Wallace College in business administration and sport management. He was a three-sport athlete and was named an Academic All-American in cross country at Baldwin-Wallace. In 2004, he founded the Ohio State Triathlon Club and served as the president and head coach for its first two seasons. Additionally, Schmitz served as the head coach for the University of California Triathlon Club from 2007-09, leading the squad team to the combined team championship in 2008 and runner-up finishes in 2007 and 2009.

COURTNEY KULICK
USA TRIATHLON NATIONAL TEAM MANAGER AND 2016 OLYMPIC GAMES TEAM MANAGER

Courtney Kulick joined the USA Triathlon High Performance team in February 2013. She arranges all logistics for the USA Triathlon National Team, from the ITU World Triathlon Series to World Cups to Continental Cups held around the globe. Kulick ensures athletes’ needs are met both on and off the field of play, including travel and lodging, uniforms and more.

Kulick previously was employed at USA Fencing as the International Programs Manager and at USA Weightlifting as the Event and Operations Manager. She also was an intern at USA Badminton in 2009. Kulick has a master’s degree in sport and recreation administration from Temple University and a bachelor’s from Penn State University in sport journalism.
AMANDA DUKE BOULET  
USA TRIATHLON PARATRIATHLON PROGRAM SR. MANAGER AND 2016 PARALYMPIC GAMES TEAM LEADER

Amanda Duke Boulet has been instrumental in the growth of paratriathlon in the U.S. over the past six years. Duke Boulet oversees the Paratriathlon High Performance pipeline for Rio 2016 and future Paralympic Games. A USA Triathlon employee since 2008, Duke Boulet has served as a Team USA/National Events Coordinator, National Events Manager, and most recently, the Paratriathlon Program Senior Manager. She is regularly a team leader for U.S. paratriathletes at ITU World Paratriathlon Events and ITU World Championships, and she also organizes grassroots and military programming to help grow the sport. Duke is a USA Triathlon Level 2 Certified Race Director and a Level I Certified Coach.

Before her tenure at USA Triathlon began, Duke Boulet worked at the University of Alabama as an event marketer and planner. She holds a master’s in kinesiology with emphasis in sport management from Alabama and a bachelor’s in exercise physiology with an emphasis in sport management from Adams State University.

LINDSAY WYSKOWSKI  
USA TRIATHLON COMMUNICATIONS MANAGER AND 2016 OLYMPIC GAMES PRESS ATTACHÉ

Lindsay Wyskowski has served as the USA Triathlon Communications Manager since July 2013. In her role, she drives all media and public relations efforts for USA Triathlon, as well as the organization’s athletes and programming. Wyskowski manages press operations at USA Triathlon’s four owned National Championship events, and also directed press operations at the 2014 ITU World Triathlon Chicago and the 2015 ITU World Triathlon Grand Final Chicago. She acts as the press officer for the USA Triathlon and USA Paratriathlon National Teams, as well as USA Triathlon’s amateur Team USA program, at select international events, including ITU World Championships.

Wyskowski has worked for USA Triathlon since 2008, first as a Membership Coordinator, then as Content Coordinator, before becoming the Communications Manager. She has a master’s in public relations and marketing from the University of Denver and a bachelor’s in sport management from Central Michigan University.
ABOUT USA TRIATHLON
USA Triathlon is proud to serve as the National Governing Body for triathlon, as well as duathlon, aquathlon, aquabike, winter triathlon, off-road triathlon and paratriathlon in the United States. Founded in 1982, USA Triathlon sanctions more than 4,300 races and connects with nearly 500,000 members each year, making it the largest multisport organization in the world. In addition to its work with athletes, coaches and race directors on the grassroots level, USA Triathlon provides leadership and support to elite athletes competing at international events, including International Triathlon Union (ITU) World Championships, Pan American Games and the Olympic and Paralympic Games. USA Triathlon is a proud member of the ITU and the United States Olympic Committee (USOC).

Mission:
To grow and inspire the triathlon community

Vision:
To provide the resources required for all in the triathlon community to reach their full potential

Core Values:
• We value our members and other constituents
• We value safety, fairness, motivation and achievement in competition
• We value fitness and health through exercise, the spirit of competitiveness and the pursuit of excellence — the multisport lifestyle
HISTORY OF TRIATHLON AND USA TRIATHLON

Early triathlons were held as offbeat training exercises for runners. The first triathlon was held in California at San Diego’s Mission Bay on Sept. 25, 1974. Organized by members of the San Diego Track Club, the events were held on summer evenings and were intended as no more than light-hearted breaks in the normal grind of training for marathons and 10ks.

Not long after competing in that first triathlon at Mission Bay, John and Judy Collins took the triathlon concept to Hawaii and used it to combine three of Oahu’s endurance events — the Waikiki Rough Water Swim, the Around-Oahu Bike Ride and the Honolulu Marathon — into one race: the Ironman. Only 12 men completed the first race held in January 1978. In 1979, 13 men and one woman crossed the finish line. But a *Sports Illustrated* article by Barry McDermott in May 1979 increased the 1980 field into the hundreds and brought ABC’s “Wide World of Sports” to Hawaii for the first of an unbroken string of annual network broadcasts.

In 1982, the last year no qualifying was needed to compete at the IRONMAN in Hawaii, the dramatic footage of Julie Moss crawling on her hands and knees to a second-place finish, triggered an explosion of interest. The same year also witnessed the birth of Triathlon Magazine, the sport’s first national publication; the founding of the U.S. Triathlon Association (later named USA Triathlon), triathlon’s National Governing Body; and the U.S. Triathlon Series, the first national racing series.

In 1983, an insurance and risk-management coverage agreement was signed and USTA turned much of its attention to sanctioning events nationwide. In August 1983, the name of the organization was changed to Triathlon Federation USA. The organization quickly picked up a colloquial name by members and athletes nationwide — Tri Fed. During 1984, Tri Fed sanctioned more than 1,000 events.

In June 1985, the first National Board of Governors meeting was held in Springfield, Illinois, to chart the direction of the young sport. Clear goals and objectives were set forth in several areas: creating a uniform set of competitive rules, enforcing those rules, continuing to increase the number of sanctioned events, improving the federation’s credibility as a voice for the sport, providing a clearinghouse for members’ questions on training and technical information, promoting event safety and sponsoring championships. At the end of 1986, membership had grown to 5,589 annual members.

In 1988, Tri Fed planned a move to its current home of Colorado Springs, Colorado, a move that was consistent with the long-term Olympic goal of the sport and the federation, as the USOC is based in Colorado Springs.

The decade that saw phenomenal growth in triathlon, the 1980s, ended with a step toward the future. In 1989, 25 nations were represented at the founding congress of the International Triathlon Union on April 1 in Avignon, France. The focus of the International Triathlon Union (ITU) was to gain acceptance by the International Olympic Committee and have triathlon accepted on the Olympic program. The first step in that process would be to create a triathlon world championship. The race took place four months later in Avignon with Mark Allen of the United States and Erin Baker of New Zealand winning the inaugural world championship titles.

In 1991, the IOC recognized the ITU as the sole governing body for the sport of triathlon, and in

Cont. on page 48
September 1994, triathlon was named to the Olympic program as a medal sport at the 2000 Olympic Games in Sydney, Australia.

Triathlon Federation USA changed its name to the present USA Triathlon in February 1996, a move that further identified the federation with other USOC-recognized National Governing Bodies. USA Triathlon supports national teams on several different levels and many developmental programs for athletes, coaches, race directors and officials.

The first Olympic Games triathlons were held Sept. 16-17, 2000, in Sydney, Australia. Switzerland’s Brigitte McMahon won the women’s race and Canada’s Simon Whitfield won the men’s race. The United States won its first Olympic triathlon medal on August 25, 2004, when Susan Williams of Littleton, Colorado, placed third in the women’s event in Athens, Greece.

After eclipsing the 100,000-member mark in 2007, USA Triathlon continued its rapid growth in 2009 with more than 130,000 annual members and more than 3,100 Sanctioned Events. Those totals reached 175,000 members and more than 4,300 Sanctioned Events in 2013. Also, the Sporting Goods Manufacturers Association estimated that 2.3 million unique individuals completed a triathlon in the United States in 2010.
The USA Triathlon National Team Program identifies and supports talented athletes at all stages of their development. Athletes who have proven potential to compete begin development as juniors (ages 16-19) and can move up through the athlete development pipeline with a stream of continual support and education from USA Triathlon.

USA Triathlon’s Olympic Pipeline — Funded Teams

National Team
The primary objective of the USA Triathlon National Team Program is to earn consistent podium performances on the international stage at the highest competitive level. It is a three-tiered system that provides administrative, performance and financial support to assist athletes in achieving optimal results for themselves and the team at the Olympic Games, Pan American Games and ITU World Triathlon Series. The USA Paratriathlon National Team Program shows a similar level of support for athletes competing in the Paralympic Games and ITU Paratriathlon World Championships. National Teams are composed of those athletes with proven performance capability at the most competitive international level and is not intended to serve as a development pathway.

Elite Athlete Development Program
The Elite Athlete Development Program provides a support mechanism for developmental elite athletes currently racing as junior elites (16-19 years old), collegiate elites, under-23 athletes (18-23 years old) and others meeting the eligibility criteria prior to qualifying for National Team Program status within the USA Triathlon High Performance pipeline and funded support structure. USA Triathlon aims to assist athletes in their advancement through each level of ITU events, including Continental Cups, World Cups and the World Triathlon Series, and entry to the National Team Program. This criteria also addresses support previously offered under the Elite Triathlon Academy model specifically for collegiate elite athletes 25 years old and younger.

2016 National Team Program Qualification Criteria

2016 Paratriathlon National Team Program Qualification Criteria
USA Triathlon’s Collegiate Recruitment Program was launched in 2009 to actively recruit NCAA swimmers and runners to the sport of triathlon. Through established coaching and mentoring channels, USA Triathlon provides athletes with the skills needed to become elite triathletes and finish on the podium at ITU World Triathlon Series events and the Olympic Games. The program is led by Barb Lindquist, 2004 U.S. Olympian, Stanford swimming alum and USA Triathlon Collegiate Recruitment Program Manager.

Of the top five U.S. women currently ranked in the world’s top 20 in triathlon as of July 20, four were encouraged to make the most of their running and swimming backgrounds through the Collegiate Recruitment Program (CRP). These women are running faster 5ks and 10ks than they did in college, with a varied training schedule to incorporate swimming and cycling. These athletes include U.S. Olympic Triathlon Team member Gwen Jorgensen, who attended the University of Wisconsin-Madison and swam and ran for the Badgers.

“Jorgensen is not the only success story from the CRP. Katie Zaferes came to the sport in 2013 competing for Syracuse University and excelling in steeplechase and longer distances. Zaferes, another 2016 U.S. Olympic qualifier, was part of the CRP Resident Program, which allowed her and others to be totally immersed in triathlon.

“I received pretty much every resource possible from the CRP program: financial support, coaching support and different resources in that I was given all the necessary tools from a bike to helmets. We were provided housing as well as access to pool and fitness facilities,” Zaferes said.

CRP is a developmental program that supports athletes on potential, not results. The program is currently seeking men and women who may reach the highest level of the sport. USA Triathlon is looking for males running in the range of 14:10 for the 5k or 3:49 for the 1500m and females at 16:25 and 4:25.

For more information on the Collegiate Recruitment Program and the qualification standards for swimmers and runners, visit usatriathlon.org/crp.
USA Triathlon has long supported a robust collegiate club program, with more than 120 collegiate clubs competing at the annual USA Triathlon Collegiate Club National Championships each spring. However, the dream of competing as a varsity college triathlete was one step closer to reality in January 2014 thanks to overwhelming support from the NCAA Division I Legislative Council and Division II and Division III schools at the NCAA Convention. More than 90 percent of the votes were in favor of allowing triathlon to be recognized as an NCAA Emerging Sport for Women, the first step in the process to becoming a full-fledged NCAA Championship sport in the future.

In 2014, USA Triathlon announced a grant program of $2.6 million to allow schools at the Division I, II and III levels to create teams and support the growth of the sport for collegiate women. The funding will be used to cover the cost of equipment, training facilities, team uniforms and coaching, and sets the sport on the path to sustainability as a future varsity sport at schools across the country.

Learn more about triathlon in the NCAA at usatriathlon.org/ncaa.

### CURRENT NCAA PROGRAMS (AS OF JULY 2016)

<table>
<thead>
<tr>
<th>Division</th>
<th>Institution*</th>
<th>Location</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>Division I</td>
<td>Arizona State University*</td>
<td>Tempe, Arizona; thesundevils.com</td>
<td></td>
</tr>
<tr>
<td></td>
<td>East Tennessee State University*</td>
<td>Johnson City, Tennessee; etsubucs.com</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Belmont Abbey College*</td>
<td>Belmont, North Carolina; abbeyathletics.com</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Black Hills State University*</td>
<td>Spearfish, South Dakota; bhsuathletics.com</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Daemen College*</td>
<td>Amherst, New York; daemen.wildcats.edu</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Drury University*</td>
<td>Springfield, Missouri; drurypanthers.com</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Queens University of Charlotte*</td>
<td>Charlotte, North Carolina; queensathletics.com</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Southern Wesleyan University*</td>
<td>Central, South Carolina; swuathletics.com</td>
<td></td>
</tr>
<tr>
<td></td>
<td>University of West Alabama*</td>
<td>Livingston, Alabama; uwaathletics.com</td>
<td></td>
</tr>
<tr>
<td>Division II</td>
<td>Centenary College of Louisiana*</td>
<td>Shreveport, Louisiana; gocentenary.com</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Concordia University of Wisconsin*</td>
<td>Mequon, Wisconsin; cuwfalcons.com</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Marymount University</td>
<td>Arlington, Virginia; marymountsaints.com</td>
<td></td>
</tr>
<tr>
<td></td>
<td>North Central College*</td>
<td>Naperville, Illinois; northcentralcardinals.com</td>
<td></td>
</tr>
</tbody>
</table>

*Indicates that the institution is a USA Triathlon Women’s Triathlon Emerging Sport Grant recipient.
USA Triathlon launched the 2016 Olympic and Paralympic Games Gold Maps in collaboration with NBC to encourage fans to learn more about the sport and get their start in swim, bike and run.

In each Gold Map prospective athletes can learn how to get started in the multisport community, follow triathlon, find a USA Triathlon Certified Coach or a local club, grow youth and junior participation, support the sport and much more. There's a discipline and distance for everyone, and these resources will help potential athletes find success in the sport and fuel the multisport lifestyle.
The USA Triathlon Foundation was officially launched in 2014 as the charitable fundraising arm of USA Triathlon to support youth participation in the sport, paratriathlon as a grassroots and Paralympic discipline and the development of elite athletes through the USA Triathlon National Team pipeline on the road to the Olympic Games.

Under the leadership of its Trustees and Committee members, the Foundation serves as a means to create a healthier America through triathlon, and seeks to open up new pathways to the sport through the generosity of donors. USA Triathlon Foundation operates with the belief that every child should have the chance to participate, every paratriathlete should have the opportunity to compete, and every aspiring elite athlete should be able to chase his or her Olympic dream.

Donations to the USA Triathlon Foundation ensure America’s youth are introduced to the benefits and fun of a multisport lifestyle, athletes with disabilities receive the training, support and gear to be able to participate and excel, and the best aspiring athletes have a pathway to the Olympic Games. In 2015, USA Triathlon Foundation awarded more than $102,000 in grant funding to 14 organizations in the U.S. who support programs and development of these athletes.

Visit usatriathlonfoundation.org to learn more and donate today.
USA Triathlon is governed by the Board of Directors, which has general charge of the business affairs and activities of the organization and defines the policies to be followed in carrying out the purposes of the organization as set down in the bylaws. All members of the Board are current annual USA Triathlon members.

Barry Siff
President
Rocky Mountain, Pacific Northwest and Midwest Regions
Tucson, Ariz.

Mike Wien
Vice President
Southeast Region
Marietta, Ga.

Staci Brode
Secretary
South Midwest Region
Dallas, Texas

Kevin Haas
Treasurer
Southwest Region
Berkeley, Calif.

Ben Collins
Elite/Pro Athlete Representative
Chicago, Ill.

Kat Donatello
Northeast Region
Eliot, Maine

Chuck Graziano
Mid-Atlantic
Ramsey, N.J.

Susan Haag
Florida Region
Jacksonville, Fla.

David Kuendig
Mideast Region
Knoxville, Tenn.

Jacqueline McCook
Independent Director
Bend, Ore.

Joel Rosinbum
Elite/Pro Athlete Representative
Austin, Texas

Steven Sexton
Elite/Pro Athlete Representative
Pilot Hill, Calif.

Learn more at usatriathlon.org/bod.
Barry Siff has been an integral part of the multisport scene since 1986 as an athlete, race organizer, writer and executive leader. He has been active with USA Triathlon since 2009 and currently serves as President of the National Governing Body. In 2014 and 2015, Siff was elected to the Executive Boards for both the International Triathlon Union (ITU) and the American Triathlon Confederation (CAMTRI). In addition, he is a USA Triathlon Level 2 Certified Race Director, as well as a Level I Certified Coach.

As an athlete, Siff completed his first marathon in 1981 before turning to triathlon five years later while living in Omaha, Nebraska. He has finished more than 60 marathons and 10 IRONMAN triathlons. Siff was also a full-time adventure racer from 1998-2003, having completed numerous events in over 20 countries. He is currently involved with USA Triathlon’s International Relations and Strategic Planning Committees and previously served as Chair of USA Triathlon’s Race Director Committee. He also served on the National Coaching Committee and the USA Triathlon Hall of Fame Committee, an event he emceed for the past seven years.

A former ConAgra Senior Vice President, Siff co-founded the Boulder, Colorado, based MountainQuest Adventures in 1998, specializing in adventure and multisport races. This company morphed into 5430 Sports in 2004, and Siff and his wife Jodee produced eight events with more than 7,000 athletes before selling the events to the World Triathlon Corporation (IRONMAN brand) in 2009. In 2013, Siff and Jodee resurrected 5430 Sports, producing four events in 2014. Siff continues to assist, consult and speak in the world of endurance events and leadership. The Siffs and their dog, Jackpot, reside in Tucson, Arizona.

Rob Urbach was named Chief Executive Officer of USA Triathlon in February 2011 and quickly made an indelible mark while advancing both the organization and the sport.

Under Urbach’s guidance, USA Triathlon has reached all-time highs in membership, youth participation, Sanctioned Events, Certified Coaches and official clubs, as well as many key revenue centers, including corporate sponsorship and fundraising. His leadership was instrumental in the development of the inaugural ITU World Triathlon San Diego race and ITU World Triathlon Chicago, the host of the 2015 Grand Final and World Championships.

One of the most accomplished executives in the sports industry, Urbach possesses more than 25 years of proven leadership experience. Urbach joined USA Triathlon from Cortview Capital Markets where he was a managing director providing mergers and acquisition, advisory and corporate financial services to sports industry clients. Urbach also served as executive vice president for Octagon and led operations for one of the top global sports management and marketing firms.

Before joining Octagon in 2005, Urbach was executive vice president of the SFX Sports Group, a division of Clear Channel Communications. He held sole responsibility for the marketing division and led all acquisition/business development initiatives. He developed and produced internationally televised sporting events and provided sports marketing and corporate consulting services. Urbach began his career working for legendary sports agent David Falk. Urbach is an MBA recipient from The Wharton School of the University of Pennsylvania and a graduate of Centre College in Danville, Kentucky, where he was an All-American tennis player. He has won numerous age-group triathlons and finished the IRONMAN World Championship in Hawaii, first in 1982 and then again – 30 years later – in 2012.
TIM YOUNT
USA TRIATHLON CHIEF OPERATING OFFICER

Tim Yount was named the first Chief Operating Officer in the history of USA Triathlon on Feb. 9, 2011, where he was promoted from his previous position as Senior Vice President of Sport Development.

USA Triathlon’s longest-tenured employee, Yount has managed nearly every major program within the organization since joining the National Office staff in 1989. Along with serving as COO and Senior VP of Sport Development, Yount’s run with USA Triathlon has seen him serve the National Governing Body as Championship and Team USA Coordinator, Assistant Executive Director and twice serving as acting CEO.

Yount has managed, or helped to manage, the U.S. delegation at more than 50 International Triathlon Union (ITU) World Championships and served as Team Leader of the U.S. Olympic Team for triathlon’s debut at the Sydney 2000 Olympic Games.

Additionally, he was integral in the development of core USA Triathlon programs, such as the Junior Program, Elite Program, Drug Testing Program, Club Program and Coaching Certification. He also played a key role in the creation of USA Triathlon’s 10 Regions, various merchandising and retailer programs, as well as the Paratriathlon and Clydesdale/Athena divisions at National Championship events and oversaw the push for the sport of triathlon being recognized as an NCAA Emerging Sport for Women.

Yount was instrumental in founding the USA Triathlon Hall of Fame and developing the Athletes of the Year Awards. He also created and managed the first iteration of USA Triathlon’s Official Rankings, and co-managed national championship events from 1998-2004.

Yount, a Kansas State graduate, resides in Monument, Colorado, with his wife, Sarah, and son, Samuel.

CHUCK MENKE
USA TRIATHLON CHIEF MARKETING OFFICER

Chuck Menke’s professional background includes more than 20 years of high-level sports marketing and communications experience, including the U.S. Olympic Movement, the National Hockey League and NCAA Division I Athletics.

During his time at USA Triathlon, first as Marketing and Communications Director and then promoted to CMO in February 2014, Menke has more than doubled the organization’s sponsorship revenue. Overall marketing cash revenue also increased more than 50 percent since end-of-year 2009. Menke has led efforts to broaden the partner portfolio while signing non-endemic sponsors, and he oversaw communications for the London 2012 Olympic Games, a re-launch of usatriathlon.org, and several national television agreements.

Menke is responsible for all strategic marketing efforts, including corporate sponsorship, licensing and advertising. He directs all branding, event marketing, and membership acquisition and retention. An organizational spokesperson, Menke also guides public relations initiatives, USA Triathlon Magazine, social media and creative services.

Prior to USA Triathlon he spent three years at Quinnipiac University, where he was instrumental in opening the TD Bank Sports Center, and he was Director of Broadcasting & Communications with the St. Louis Blues, beginning in August 2004. He oversaw strategic communications during the 2004-05 NHL Lockout, the NHL re-launch in 2005-06 and a subsequent team sale.

While at USA Hockey from 1995-2004, Menke served as Director of Media & Public Relations. His team staff appointments included the 2002 Olympic Winter Games, the 2004 World Cup of Hockey and numerous IIHF World Championships.

A Pennsylvania native, Menke graduated from the University of Missouri’s School of Journalism and has written for national media outlets. Chuck, his wife, Julie, and son, Luke, reside in Monument, Colorado.
# USA Triathlon Staff

## Chief Executive Officer
ROB URBACH

## Chief Operating Officer
TIM YOUNT

## Chief Marketing Officer
CHUCK MENKE

## National Office

<table>
<thead>
<tr>
<th>Position</th>
<th>Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sr. Governance Affairs &amp; HR Manager</td>
<td>SHARON CARNS</td>
</tr>
<tr>
<td>Sr. Finance Manager</td>
<td>DEBY WILLIAMS</td>
</tr>
<tr>
<td>Office Liaison</td>
<td>SUSAN KOVARIK</td>
</tr>
<tr>
<td>Executive Assistant</td>
<td>SANDRA COOK</td>
</tr>
<tr>
<td>Finance Coordinator</td>
<td>REBECCA GREENWALT</td>
</tr>
<tr>
<td>Finance Coordinator</td>
<td>ERIN SHANNON</td>
</tr>
</tbody>
</table>

## Event Services

<table>
<thead>
<tr>
<th>Position</th>
<th>Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>Event Services Director</td>
<td>KATHY MATEJKHA</td>
</tr>
<tr>
<td>Commissioner of Officials</td>
<td>CHARLIE CRAWFORD</td>
</tr>
<tr>
<td>Event Services Manager</td>
<td>TERRI WALTERS</td>
</tr>
<tr>
<td>Event Services/Regions Support Coordinator</td>
<td>CHAD CUNNINGHAM</td>
</tr>
<tr>
<td>Event Services Coordinator</td>
<td>TODD BREWER</td>
</tr>
<tr>
<td>Event Services Coordinator</td>
<td>TIM CORNELIUS</td>
</tr>
<tr>
<td>Event Services Coordinator</td>
<td>CAROLINE ROBINSON</td>
</tr>
</tbody>
</table>

## Marketing & Communications

<table>
<thead>
<tr>
<th>Position</th>
<th>Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>Magazine &amp; Digital Media Sr. Manager</td>
<td>JAYME MCGUIRE</td>
</tr>
<tr>
<td>Marketing Sr. Manager</td>
<td>MATTHEW STONE</td>
</tr>
</tbody>
</table>

## Communications Manager
LINDSAY WYSKOWSKI

## Website Manager
KATIE POPOWSKI

## Creative Services Manager
KELSEY COUTS

## Content Coordinator
CASSANDRA JOHNSON

## Marketing Coordinator
KELSEY GERBER

## Acquisition & Retention Coordinator
STEPHANIE BIRD

## Membership/Operations

<table>
<thead>
<tr>
<th>Position</th>
<th>Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>Membership Services Sr. Manager</td>
<td>KARATHOMPSON</td>
</tr>
<tr>
<td>Membership Services Manager</td>
<td>SAMANTHA MEHNER</td>
</tr>
<tr>
<td>Membership Services Coordinator</td>
<td>MEGAN RITCH</td>
</tr>
<tr>
<td>Membership Services Coordinator</td>
<td>AVA JONES</td>
</tr>
<tr>
<td>Membership Services Coordinator</td>
<td>ABBIE KOHLMAN</td>
</tr>
</tbody>
</table>

## National Events

<table>
<thead>
<tr>
<th>Position</th>
<th>Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>National Events Director</td>
<td>BRIAN D’AMICO</td>
</tr>
<tr>
<td>National Events Manager</td>
<td>MATT REGER</td>
</tr>
<tr>
<td>National Events Coordinator</td>
<td>KELSEY DOLPHIN</td>
</tr>
<tr>
<td>NCAA/Collegiate Coordinator</td>
<td>JESSICA LUSCINSKI</td>
</tr>
</tbody>
</table>

## Sport Development

<table>
<thead>
<tr>
<th>Position</th>
<th>Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>Coach Development Sr. Manager</td>
<td>LINDA CLEVELAND</td>
</tr>
<tr>
<td>Coaching Specialty Manager</td>
<td>ELLIS DAVIS</td>
</tr>
<tr>
<td>Multisport Program Manager</td>
<td>MEGAN WEAGLEY</td>
</tr>
<tr>
<td>Education Program Coordinator</td>
<td>HOPE GRAHAM</td>
</tr>
<tr>
<td>Sport Development Coordinator</td>
<td>JENNY RYAN</td>
</tr>
<tr>
<td>Team USA &amp; Research Coordinator</td>
<td>LAUREN RIOS</td>
</tr>
<tr>
<td>Coaching Certification Coordinator</td>
<td>KAITLIN MANNS</td>
</tr>
</tbody>
</table>

## High Performance

<table>
<thead>
<tr>
<th>Position</th>
<th>Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>High Performance General Manager</td>
<td>ANDY SCHMITZ</td>
</tr>
<tr>
<td>Paratriathlon Program Sr. Manager</td>
<td>AMANDA DUKE BOULET</td>
</tr>
<tr>
<td>Junior/U23 Program Manager</td>
<td>STEVE KELLEY</td>
</tr>
<tr>
<td>Collegiate Recruitment Program Manager</td>
<td>BARB LINDQUIST</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Position</th>
<th>Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>National Team Program Manager</td>
<td>COURTNEY KULICK</td>
</tr>
<tr>
<td>Performance Advisor</td>
<td>BOBBY MCGEE</td>
</tr>
<tr>
<td>National Development Coach</td>
<td>JARROD EVANS</td>
</tr>
<tr>
<td>High Performance Program Coordinator</td>
<td>JESSICA WELK</td>
</tr>
</tbody>
</table>

## High Performance General Manager
ANDY SCHMITZ

## Paratriathlon Program Sr. Manager
AMANDA DUKE BOULET

## Junior/U23 Program Manager
STEVE KELLEY

## Collegiate Recruitment Program Manager
BARB LINDQUIST

---

**Rio 2016 Media Guide | USA Triathlon | About USA Triathlon**
1.5K SWIM – 0.9 miles, the distance of the swimming portion of an Olympic-distance triathlon.

40K BIKE – 24.8 miles, the distance of the cycling portion of an Olympic-distance triathlon.

10K RUN – 6.2 miles, the distance of the running portion of an Olympic-distance triathlon.

AGE GROUP – Amateur multisport athletes are called age-groupers. They compete against each other in age groups of five-year increments. Age-groupers never compete in draft-legal races and cannot accept monetary prizes of more than $5,000.

AQUABIKE – A multisport event consisting of a swim and a bike.

AQUATHLON – A multisport event consisting of a swim and a run.

BREAKAWAY – Similar to a surge in running, when one or more athletes increase their speed significantly in an attempt to create distance between themselves and the rest of the competitors.

DRAFT LEGAL – In draft-legal events, athletes may cycle directly behind another competitor, allowing them to work together against the wind. Many elite events, including the Olympic Games, are draft legal, creating large packs of athletes and very close, exciting finishes.

DUATHLON – A multisport event similar to triathlon, usually in a run-bike-run format. The common world championship distance is a 10k run, followed by a 40k bike and a 5k run.

ELITE – Another word for “pro.” Multisport athletes must qualify to become “elite” or “pro.” Once they do, usually they can compete for prize money over $5,000. Only elite or pro triathletes can try to qualify for the Olympic Team and compete in draft-legal events.

ITU – International Triathlon Union. The international federation for the sport of triathlon. USA Triathlon is a member of ITU.

NON-DRAFTING – Almost all amateur age-group events are non-drafting, meaning athletes must maintain a staggered position on the bike relative to the cyclist directly ahead to avoid any advantage gained from drafting. Non-drafting triathlon is a true test of an athlete against the course and the clock.

OFF-ROAD TRIATHLON – A triathlon consisting of a swim, followed by a mountain bike ride and a trail run. Also referred to as “cross triathlon.”

OLYMPIC FORMAT – The style of the triathlon that will be contested in the Olympic Games and all international games. It usually consists of a multi-lap course in all three disciplines and a draft-legal format during the swimming and cycling portions. This style of racing is generally recognized by athletes grouped together during all three disciplines. Generally the finishing times are much closer in Olympic-format triathlon.

PACK RIDING – While cycling, two or more participants work together to improve performance, efficiency or position by teamwork or other joint conduct.

PARATRIATHLON – Triathlon for physically challenged athletes who compete in six different categories. Paratriathlon was added to the program for the 2016 Paralympic Games in 2010.

PRO – See “elite.”

SURGE – Similar to a breakaway in cycling, when one or more athletes increase their speed significantly in an attempt to create distance between themselves and the rest of the competitors.

TRANSITION AREA – The hub of the triathlon course, the place in which the athletes transform from swimmer to cyclist to runner. Races can be won or lost in the time it takes for athletes to change from one discipline to another.

TRIATHLON – A sport combining any three different athletic disciplines in continuum, such as swimming, cycling and running.

T1 – The swim-to-bike transition.

T2 – The bike-to-run transition.