Sport Founder Joe Sobek heads the AARA Hall of Fame
EGAN INOUE
He keeps his competition sweating, that's why he clearly needs the best Anti-Fog application on the court.
• Built-in vents to keep you cool and comfortable.

DAN O'BREMSKI
Like him, Leader eyeguards are light, strong, shatterproof and resistant under pressure.
• Meets NEW A.S.T.M. Standards.

MARTY HOGAN
Anti-Scratch lenses are lenses that last. Leader eyeguards, like Hogan, last.
• Optical quality lenses.
• Prescription compatible.

So for comfort and style, choose the Leader name for eye protection - the best already do!
See your Leader dealer today!
When Spalding teams up with top-ranked pro Mike Ray to design a new racquetball racket, you expect big things. And you get them. Like the new Goliath™ - the largest racket in Spalding's line-up with a full 113sq. in. of hitting surface.

Designed to take the abuse of the pros, the Goliath™ is as durable as it is powerful. With a cross section that tapers on both the sides and front for ultimate stiffness and durability. And backed by a 2-year frame warranty.

The Goliath™. It's one mean giant!
FROM THE EDITOR

By Linda Mojer

Okay, so it doesn’t make sense. The cover price for six issues of RACQUETBALL Magazine is $24.00. But for $15.00 a year, you can become a competitive license member and receive the magazine for “free.” Since membership benefits are already valued well in excess of the annual fee, your subscription is basically complimentary when you join the AARA as a tournament competitor.

But in this issue, you’ll find a “subscription only” offer, specially discounted to cost the same $15.00 per year. For the non-competitive player or casual fan, an outright subscription provides just what interested readers are looking for — the best in racquetball coverage, delivered to their door, every other month.

So, does an increase in membership fees seem likely? As a competitor, are you getting good value in your license benefits (including the magazine)? As a recreational player, does the magazine alone suit your needs? How can we better serve all aspects of the racquetball community — including industry, professionals, weekend warriors, and weekday enthusiasts? I think the answers to these exciting questions, and more, would make an interesting “Reader Forum,” don’t you?

On a related subject: What burning questions would you like to ask members of the U.S. National Team? We’d like to experiment with an instructional “Q&A” section based on questions from our readers and answers from the team. If you have a question for a team member, write to “Team Q&A” in care of the magazine and we’ll do the rest.
FEATURES

Joe Sobek is ... One Proud Papa
by Tom Slear ...................... 12

Time Capsule: 1973-1977
by Rebecca Maxedon .............. 14

Nostalgia, by John Mooney ...... 16

Pro Tour Highlights
Gonzalez takes Pittsburgh
Ray wins in Las Vegas
by Jack Newman .................. 22
Gould wins two in a row
by Lauren Sheprow .............. 32

DEPARTMENTS

Reader Forum ..................... 4
Industry News .................... 7
FIT News .......................... 9
PRO file .......................... 22
National Rankings ............... 70
Sanctioned Event Calendar ..... 36

INSTRUCTIONAL

Ektelon's Katz & Evon ............ 38
PARI Tip: Shot Selection ........ 45
America's Most Wanted .......... 47
PARI News ....................... 50
What's the Call .................. 51
SAQ Training ..................... 52

COLUMNS & NEWSBRIEFS

Insight .......................... 54
AARA Newsbriefs ................ 55
RB: Global ....................... 58
Tournament Circuit .............. 62
RB: People ....................... 67

ON THE COVER

Members of the AARA's Hall of Fame
are recognized with cover treatment,
in honor of the 25th Anniversary of
the Sport. Artist: Chris Modarelli.

1. Joe Sobek, 2. Bill Schmidtke, 3. Charlie Garfinkel,
4. Ike Gumer, 5. Bud Muehleisen, 6. Cindy Baxter,
Remen, 11. Peggy Steding, 12. Charlie Brumfield,
SAQ TIME
Last week RACQUETBALL Magazine came and I was interested in the article by Scott Phelps, the U.S. national team speed coach. I was hosting a big clinic for our three clubs featuring Sharon Welty, and I remembered his marble drill and thought ... what a great warm-up before introducing Sharon.

I ran right out and got marbles, then chose three good sports and didn’t tell them what they were going to do--just instructed them as they went along. Despite all the laughter, I think it really proved the point of getting on the balls of your feet! One fellow was over six feet, another gal about five feet tall and stocky. She scooted right along, but not the men!

Please tell Scott we really enjoyed his suggestions — but that my students say they don’t trust me anymore ...

Eleanor Quackenbush Salem, Oregon

TOURNAMENT COSTS
I was recently looking at a tournament entry form. Prize money for first place in Men’s Open was two hundred dollars. I also noticed that accommodations would cost sixty-nine dollars a night. Entry fee for the first event was thirty dollars.

I was a math major in college, so let me see if I have this figured out correctly.

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<tr>
<td>Hotel (69 x 2)</td>
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<td>Entry fee</td>
<td>$ 30.00</td>
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<tr>
<td>Miscellaneous</td>
<td>$ 30.00</td>
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<td>Total expenses</td>
<td>$198.00</td>
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So as you can see, I would have played racquetball for the entire weekend, and assuming I had won, I would end up with a net of $2.00. I did not add hotel tax above, which would eat up a bit more of that net gain.

I am a B & 45+ player, so when I enter a tournament, I want to see good open players. If I were an open player, I would not spend $198.00 to win $200.00. My time and energy is worth more than that. Let’s all bite the bullet and increase first place prize money to at least $500.00. Let’s keep racquetball alive and well. I’ll keep playing racquetball so I can try to improve my game, but if I ever become an open player, I would not enter a tournament unless the prize money was worth my time and effort, and $200.00 does not make it, assuming I win my division.

I recently overheard an Open player talking at a tournament. He said, “I don’t play racquetball for the money. I do it for the fun, but the more money I make, the more fun I have.”

I’m not being critical, I just want to make a point so maybe improvements can be made to keep the game popular and growing.

Armando A. Mayorga Sonoma, California

WHY SANDBAG?
One reason that sandbagging occurs is because of the way tournaments are run. Incentives, in the form of trophies, are given to those players who find someone that they can beat. But if every player had a numerical rating, improving this rating would become a goal in itself.

My model for this is in the sport of chess. A player gains rating points by winning and loses points by losing. The amount of points changing hands is determined by the difference in ratings. There is little incentive for playing someone ranked much lower, thus discouraging sandbagging.

The system has worked nationally (and internationally) for many years. It encourages competition in tournaments.

Pairings are made and trophies are awarded at cut-off points based on player ratings. Ratings are funded by a small fee (fifty cents) added to the entry fee. Complete lists for active players are published annually in the national magazine. This encourages competition to improve one’s rating.

As we develop a rating system, we should keep player motivation at the top of our list. Shame on those A players that compete for C trophies.

Armando A. Mayorga Sonoma, California

RACQUETBALL WEST
We are very glad to inform you for the first time. Please, how are you? We hope that you are all very well, as we are. We got your address from Olympic address book. We come from Ghana, West Africa. We are two boys of 17 years of age.

We are also students in secondary school Form L. We like letter writing also as our hobbies. We want to have pen pal friends from your country. If you can’t list pen pal friends for us, you may send our names and addresses into some of the schools in your area for those who want to have a pen pal friend from West Africa of you may give our addresses to some of those who want to have a friend.

Thank you in advance for your
The Name of the Game is Winning.
The Name of the Racquet is Strobe.

In a sport where success is defined by tournament victories, the Strobe Graphite RTS has proven itself the unrivaled champion. The top four players on the 1992 Men's Pro Tour, including National Champion Drew Kachtik played Strobe. As did the 1992 Women's National Champion Jackie Paraiso-Gibson. Get your hands on a Strobe. And start your own winning tradition.
listening to us from beginning to the ending. We hope that you will do so for us immediately. These are our addresses:
George Oppong
P.O. Box 2
Mkawie Toase Ashanti
Ghana, West Africa

Obed O. Banahene
P.O. Box 34
Toase Ashanti
Ghana, West Africa

Please try to separate them for us when you are replying. Thank you very much.

Your Sincerely,
George & Obed

NEWCOMER
My name is Dereck Whittenburg and I'm excited about my new sport of racquetball. I enjoyed your article on Willie Davenport last week. I played competitive basketball in college and love racquetball now. I just want to say thanks for a great sport!

Dereck Whittenburg
Assistant Basketball Coach
University of Colorado
Boulder, Colorado

Never in one match has a player complained about the other player's racquet — except years ago when someone would walk on the court with a wooden racquet. It's ridiculous to cite that a handle on a racquet is 1/2" longer (not the head) than another, especially when some racquets have more square inches and overall are larger than the "illegal" frame. Such a trivial issue.

The classes and clinics I conduct on the rules and refereeing of the game have gotten too complicated and strayed too far away from the basic game. I think the

Rules Forum
I'm only one player among thousands. I refereed over 2,000 matches from amateur to pro.

Your Sincerely,
Derek Davenport
Assistant Basketball Coach
University of Colorado
Boulder, Colorado

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Rules Forum
I'm only one player among thousands. I refereed over 2,000 matches from amateur to pro.
rules should concentrate on safety only as far as changes and amendments. Too many egos! I truly don’t think a game or match has been won because his or her racquet is 113 square inches or 1/2" longer. Let’s focus on more important aspects of the game.

Bill Schramn
Villa Park, Illinois

I appreciate Otto Dietrich’s clear explanations for the proposed rule changes each year, but I have to cope with some confusion on the proposed change #2, i.e., the proposed penalty for serving when the receiver is not ready. This sort of minor problem is common in tournament play in my experience, and is usually met with a polite rebuke from the referee (e.g. “no serve, please check your receiver”). This sorts players out of their practice habits of “not-checking,” and usually does the trick. I was not aware that any consequence could be applied within the rules, especially the possibility of a technical. I voted no because I oppose any consequence for this minor concern, even one being a fault serve.

Thanks for the forum for member’s views...I know it makes me feel like a part of the process.

James Woolcock
Davison, Michigan

On the proposed rule change: Use the one-serve rule as used in the pros. Speeds up the game and makes you think. Also, don’t make a screen serve a fault - would counter-balance the one-serve idea.

Vance Lerner
Highland, California

Three More Claim Free Racquets From Ektelon

David Shogren is finally retiring his old “Magnum” racquetball racquet — which should put an end to the ribbing he’s taken for using the ancient Ektelon frame. Shogren of Burnsville, Minnesota is the fourth winner of a free racquetball racquet in Ektelon’s Eminence Sweepstakes. ** Police Academy hopeful Patrick Knox led a mild-mannered life, highlighted with morning jogs and racquetball at the Y. Today, the advanced racquetball player from Oklahoma is the fifth winner, and is looking for trouble as he wields his new Eminence. ** Ten years ago, Cortland, New York resident Angelo M. DiPietro traded smoking for a healthier habit of playing racquetball. Today, he’s the sixth and latest winner of a free Eminence Graphite RTS oversize racquet.

To enter the Eminence Sweepstakes drawing, simply write “Eminence Sweepstakes” on a 3x5 card complete with your name, address (no P.O. boxes), city, state, zip and phone number, and send it to Ektelon, 8929 Aero Drive, San Diego, CA 92123. An Eminence Sweepstakes drawing is held at Ektelon’s San Diego headquarters on the last day of each month through June, 1993.

25th Anniversary Ball Featured at Nationals

While some of the athletes at national singles in Houston may choose the Penn glove, all will be playing with the Penn ball, the official ball for the championship. To celebrate the 25th anniversary, Penn imprinted balls and the lid of its new clear containers with its own commemorative silver anniversary logo. Look for it at the Downtown YMCA in May!

HEAD Sports Anatomin Named Official Shoe of Men’s Pro Tour

HEAD Sports Inc. recently announced a multi-year agreement in which Anatomin indoor court shoes will become the official shoe of the men’s International Racquetball Tour (IRT). The IRT showcases the best racquetball players worldwide, who compete for more than $200,000 in prize money annually.

For more information about HEAD Anatomin footwear for racquetball, or to locate the nearest dealer, call HEAD Sports at 800/875-HEAD.
NEW LINE OF COURT SHOES INCLUDES VIDEOTAPE
The flagship of Ektelon’s new footwear line is the Quadra, with a suggested retail price of $89.95, one of four indoor court shoes presented at the Super Show in Atlanta. A low-cut style is popular for squash and other indoor court sports, and retail priced at a suggested $54.95. The Indoor Court 3/4 and the Stylus round out Ektelon’s 1993-1994 line, with suggested prices of $64.95 and $39.95 respectively.

An added value is Ektelon’s “Playing Smart” instructional racquetball video, included free to consumers with the purchase of any pair of Ektelon shoes, plus $4.95 shipping and handling.

MERRIAM-WEBSTER’S COLLEGIATE® DICTIONARY LANGUAGE OF SPORTS
Windsurfing, blood doping, racewalking and racquetball. They’re part of your everyday vocabulary, but they haven’t always been a part of the language. In fact, up until now, you couldn’t even find them in most dictionaries. But some of the words that you bandy about without a second thought are becoming chic-speak out in the mainstream.

In the last few months, the language experts at Merriam-Webster have been making their final determinations about which new words and meanings from the world of sports have made it to the point that ordinary civilians are hearing and reading them and need to find them in the dictionary. The editors have been paying special attention to sports terms, and settled on:

Racquetball (1968): a game similar to handball that is played on a 4-walled court with a short-handled racket and a larger ball.

For further information contact Merriam-Webster Inc., 47 Federal Street, P.O. Box 281, Springfield, Massachusetts 01102, 413/734-3134.

PENN DONATES OVER 325,000 BALLS IN 1992
In keeping with their commitment of community involvement, Dick Roberson, director of advertising and sport promotions, recently reported, “I am proud to announce that in
1992, Penn donated over 325,000 racquetballs to various racquetball programs worldwide.

Among the events receiving racquetballs this past year were AARA State Programs, AARA/Recreational Racquetball and AARA State Circuits.

INSTITUTE FOR SPORTS VISION IMPROVES GAME

Don Teig of Ridgefield, Connecticut is an optometrist who believes in "eye exercise" to improve athletic abilities in all areas of sport. Fourteen years ago he turned his practice into the Sports Vision Institutes of America.

Operated by Teig, co-director Alan Berman, a third optometrist and several staffers, the institute uses everything from standard tests to the latest in high-tech equipment. Its patient roster includes 11 major league baseball teams, four NBA teams, two teams each from the NHL and NFL, as well as individual athletes.

Last year Shaun Ratchford, the institute's sports-vision trainer worked with Scott Lipareli, 25, a pro racquetball player who had been struggling to track 180 mph serves. Lipareli's ranking jumped from 43rd to 20th in a year.

For further information regarding the Sports Vision Institutes of America contact Dr. Donald Teig or Dr. Alan Berman at 203/438-5855.

TIGER'S MILK BRAND LAUNCHES ‘TIGER SPORT’ ENERGY BAR

Weider Food Companies announced the addition of its new energy bar product line to its popular Tiger's Milk brand. Known as Tiger Sport, the energy bar offers performance benefits as well as great taste in Real Vanilla Blast, Real Chocolate Blast, and Real Coffee Rush - at a retail price of $1.29 each.

Weider Food Companies will complete distribution of the new Tiger Sport bar into the health food segment, including all GNC stores, by the end of March. Distribution to sporting goods stores will be completed by mid-summer. For more information, call Mary Thompson at 801/531-0973.

NORDICTRACK'S FITNESS BIKE & ALL-SEASON INDOOR EXERCISER

NordicTrack has transformed bicycling into an all-season indoor and outdoor exercise with a new line of fitness bikes that are easily converted from an outdoor bike to a highly effective stationary bike by placing it on a sturdy steel stand. Unlike a racing or mountain bike, the Fitness Bike provides better body posture, comfort and user-friendly shifting and braking system.

Two 9-speed models are available, offering either a standard frame or a (unisex) easy-on frame. Both bikes come in a dark metallic blue high-tensile steel frame. The NordicTrack Fitness Bike is priced at $369.95 and the steel bike stand is available for $79.95. For more information, call toll free 1-800/858-BIKE, ext. 2Y2J2.

BALANCE NUTRITION BAR IMPROVES ENERGY AND CONCENTRATION

Have you ever been having a great match when suddenly you fall apart midway thought the second game, a victim of loss of concentration and focus? If so, a new meal replacement bar called Balance may be just the weapon you need.

Based on research at M.I.T. and Boston University Medical Center, Balance has a unique carbohydrate to protein ration of 1.3 to 1. By helping keep insulin levels lower, Balance enables the body to access energy stored as body fat, thereby sparing glucose for the brain. Athletes can train harder, recover faster, cut unwanted body fat, and enjoy better concentration due to steadier blood sugar.

Balance is available in three flavors - Honey Peanut, Chocolate, and Toasted Crunch. Balance bars are sold in boxes of 14 bars at a price of $35 per box. Nutritional guidelines and meal planning guides are available with your first order. For further information, call Bio-Foods at 800/678-4246.
WORK OUT ON THE NEW VERSACLIMBER!
Heart Rate, Inc., the originator of climbing exercise machines for health clubs, hospitals and sports training facilities, introduces a new model VersaClimber for the home or office. This total body climbing exercise machine is driven by the arms and legs of the person climbing.

The natural ladder climbing motion is smooth, rhythmic and gentle on the body. The VersaClimber is versatile and adaptable for all fitness levels of the family. Users with lower back and leg injuries can also attain a high intensity, safe and efficient workout. For more information about VersaClimber, please call 1-800/237-2271.

NEW NALGENE SPORTS BOTTLE AVAILABLE
A new line of durable, leak-proof Sports Bottles is now available in 16-oz. (pint) and 32-oz. (quart) sizes. The new bottles feature a through-the-closure drinking straw with a leakproof spout cap. A unique porous vent in the closure allows air into the bottle for easy drinking but will not permit water to leak out, even when the bottle is tipped over.

ACUPRESSURE WARMUP
Lifelong sports, aerobics and strength training have entered America’s consciousness as both recreation and disease prevention. While certain sports have particular problems, the advice all experts offer is similar: learn good technique, maintain good physical fitness, eat properly to reduce body fat, and warm up properly. Yet, while technique, fitness, and nutrition have become better understood, warming up remains a mystery.

Fortunately, there is another solution to the problem of athletic preparation - the acupressure warmup. “Found” in the ancient oriental systems of acupuncture and acupressure, acupressure warmup and its near cousin, massage, were born from the same ancient roots.

Surprising or not, acupressure warmup addresses every aspect of the warm up problem. What happens is simple. Pressure at acupoints stimulates greater microcirculatory activity in the body’s tissues. Greater circulation produces a more efficient movement of blood through the capillaries. As the blood flow increases, the temperature of the muscles is raised. As the muscles reach higher temperatures they become more flexible.

In short, our bodies relax and become more flexible because acupressure naturally softens and lengthens muscles. However acupressure warmup works, the important point is that it does. For further information or to order “The Acupressure Warm-Up” contact Paradigm Publications, 44 Linden Street, Brookline, MA 02146, 800/387-3946.
Phoenix, Arizona

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ONE PROUD PAPA

By Tom Slear
He's 75 now, and not in the best of health. His doctors have told him to wait until this summer before returning to the game he invented. Conversations about those days in the early 1950s, when he designed a racquet, engineered a suitable ball, and massaged the rules of handball and squash, generates only a moderate degree of enthusiasm.

What really excites him now is feedback. He'll go to watch a racquetball tournament near his home in Greenwich, Connecticut, and invariably someone will approach him gingerly.

"Excuse me, but ... ah ... are you Joe Sobek?"

"Yes, I am."

"Well, I just want to tell you how much racquetball has given me, both in exercise and enjoyment. It's been great and ... well ... thanks."

Sobek, true to his self-effacing manner, simply nods and offers an appreciative smile. Yet he never grows tired of hearing about the merits of his athletic offspring. He's been involved with racquet sports ever since the 1920s, when he walked to public tennis courts in Port Chester, New York, just across the Connecticut state line. Now he's the father of one of the only two racquet sports with mainstream staying power.

And he's one very proud papa.

"Hey, that's Joe Sobek over there. Hey, Joe, great job. Without racquetball, I'd be 50 pounds overweight and heading for a heart attack. Thanks."

Sobek nods and smiles. Inside he's beaming, all the more so because he never had a greedy thought, or at least one that he can remember. Not one. If he reached into his pants pocket and pulled out the loose change, he would surpass the sum total of his earnings for the game he created and nurtured through the 1950s and most of the 1960s. All those volunteer hours he spent with engineers at rubber companies devising a suitable ball; all those late nights packaging racquets, balls and rulebooks before mailing them to interested parties throughout the country.

Make money? Hell, he lost plenty and never gave a thought to making any of it back. When Chicago handball financier Bob Kendler moved in to take racquetball big-time in the late 1960s, Sobek graciously and willingly stepped aside.

"Kendler had both the money and a proven record in handball," Sobek explains. "I was old enough to know what happened with squash-tennis. It was a good sport, but it never had a chance because of opposing organizations. I'm just proud that something I started has become a multi-million dollar sport played around the world. And remember, this sport is still so young. It was started just a short time ago when compared to other sports."

In fact, racquetball was born that day in 1950 when Sobek began working for a rubber manufacturing company in Bridgeport, Connecticut. He lasted only a year and a half before he returned to his first love — tennis — working as a club pro. In the meantime, he tried his best to endure a sedentary office job.

"For me suddenly not to exercise regularly — sitting on my fanny all day and watching my waistline spread — was very hard to take, he says, following the story line he has told reporters repeatedly over the last 20 years. "You get to a point where you just have to do something."

It's understandable that racquetball lore maintains that Sobek, the tennis pro, sawed off a tennis racquet and thereby began a national pastime. Hardly. The spark of inspiration came from paddleball. He envisioned the wooden racquet with strings, smacking a lively ball in something the size of a handball court. With that thought, the depths of a Connecticut winter in those pre-indoor tennis court days didn't seem so bad.
Relive 25 years of racquetball history with this commemorative SILVER ANNIVERSARY video.

We'll take you back to the early days of racquetball when the sport was called PADDLE RACKETS.

You'll learn of champions. Names like MUEHLEISEN... SCHMIDTKE... STEINDING... WRIGHT... and MCKAY.

And you'll meet four legends of the sport.

MARTY HOGAN. The undisputed 'king of racquetball'. He changed the sport with his devastating power game. We'll take you to his beautiful sixty acre ranch and you'll see the personal side of the man they call the 'Babe Ruth of Racquetball'.

CHARLIE BRUMFIELD. This dominating player of the early 70's was the first true celebrity of the sport. Still considered the smartest player ever to play the game, you'll learn how his fear of failure made him a winner.

MIKE YELLEN. He ruled the pro tour in the mid-80's with an unprecedented five straight national championships. Find out how this control style player is able to defeat the power players of his time.

LYNN ADAMS. The most dominate female player ever. Her successes and courageous story will help you understand why this six-time national champion is considered the consummate player, and a champion's champion.

We'll talk with CHUCK LEVE, one of the prominent people in the development of the sport and with LUKE ST. ONGE, the driving force behind the AARA.

Find out the current status of the men's and women's PRO TOUR and meet todays rising young stars.

Whatever your level of play...from an advanced veteran, to a striving beginner...this is a 'must have' video.

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1-800-528-8244
Make money?
Hell, he lost plenty and never gave a thought to making any of it back.

The rest of the story has been told ad infinitum: Sobek designed a racquet (based, for the most part, on the racquet used in platform tennis) that engineers at the Magnan Racquet Manufacturing Company in Massachusetts adjusted slightly before agreeing to a production run of 25 at a cost to Sobek of $125. An acceptable ball design was considerably more elusive. His house filled with samples he tried and discarded. Eventually he found a friendly audience at the Seamless Rubber Company in New Haven. Earlier, Sobek had helped Seamless consummate a business deal with Pratt & Whitney, the aircraft engine giant. A grateful Seamless repaid the favor by absorbing the cost of a half dozen sample runs until Sobek had a ball with the right mixture of power and finesse.

Armed with an eclectic set of playing rules, Sobek founded the Paddle Rackets Association and took his invention on the road. In another irony of Sobek/racquetball history, he never played in a single tournament. YMCA’s, which housed most of the handball courts, maintained an immutable rule that forbade participation by pro athletes of any type. Sobek, who had been a club tennis pro off and on since he had graduated from high school in 1937, was relegated to the sidelines during the early years of paddle rackets, when, as he says, “no one could have come near me.”

But like a parent who accepts the independence of his maturing child, Sobek was ready to let go of racquetball even before Kendler came on the scene. Tennis was in his blood, as it had been from his earliest days. He won the Connecticut state high school championship and was already enrolled in Yale when he accepted his first club pro job and dropped out of college.

“You have to remember that was during the Depression and I had a chance to make what seemed like a lot of money, an unbelievable amount of money,” he says. “Besides, nothing succeeds like success. It was very pleasant being around tennis, where I was encouraged and received a lot of attention because of my wins.”

Sobek’s future seemed set, that is until World War II adjusted his plans, along with those of the rest of his generation. He enlisted in the Marine Corps in 1943 and endured a mind-numbing dose of heavy combat as an automatic rifleman with the First Marine Division on Okinawa. Sobek recalls that infantry platoons were routinely wiped out after only a few days on the front lines. In his unit, casualties approached 25 percent. Miraculously, he walked away with wounds no more serious than shrapnel in his rear end.

“It wasn’t from running away,” he’s quick to point out. A moment later the laughter
In what has become a classic photograph, a young Sobek poses with his first “strung paddle racket.” Photo: courtesy Joe Sobek.

he was back in the tennis fold, working as the pro at the Greenwich Country Club.

Since then, his only sabbatical from tennis was that time with the rubber manufacturing company working in the customer service department. In 1953, he returned to the Greenwich Country Club. He moved on to the Westchester Country Club in Rye, New York in 1963, staying there for 10 years before taking the pro’s job at the Fairview County Club in Greenwich. In 1985, he entered what he describes as “blissful retirement.”

Now he and his second wife, Nancy, whom he married in 1963, spend a good portion of the year traveling around the country in a mobile home to visit her four children and his son and grandson by his first marriage. Triple bypass surgery in 1990 still limits his exercise to a two-mile daily walk with Nancy.

“As active as I was, I didn’t think I would ever have a problem with clogged arteries,” he says, obviously pained by his inactivity. “But make no mistake, there are no regrets. My wife Nancy has brought me more happiness than I could ever imagine. We have wonderful children. It’s been great.”

“Hey, Joe, Joe Sobek, right?”

“Yes, that’s right.”

“It’s a great sport, Joe. What a workout. Thanks.”

Sobek smiles. It has been a great life.
1973
A pivotal year, 1973 marked an administrative schism which later laid the groundwork for what is now the AARA. Robert Kendler, president and organizer of the International Racquetball Association, resigned over a disagreement with board members. He then formed a rival organization and called it the National Racquetball Club, which catered to the professional racquetball athlete. At the national championships in St. Louis, Dewitt Shy took over as IRA president and Myron Roderick was named executive director.

Charlie Brumfield was hailed “the best racquetball player in the world,” in coverage of the national singles. He retained his national singles title by defeating Steve Keeley 21-8, 13-21, 21-12. Keeley went into the match with what all thought to be an advantage, having beaten Brumfield once in paddleball and twice in racquetball over the two preceding years. But it wasn’t to be during the April tournament.

Brumfield then teamed up with lefty, Steve Serot and claimed the national doubles title as well, defeating the team of Jerry Hilecher and Ken Wong 21-1, 21-15.

A double-winner was also crowned in the women’s open singles and doubles. Peggy Steding burst onto the scene in St. Louis by defeating defending champion Jan Pasternak to claim the women’s singles title 21-19, 21-14. She then teamed up with Milwaukee’s Ann Gorski to capture the doubles crown, beating the team of Joan Zuckerman and Sheila Siegel 21-15, 21-8.

The year also marked the first time the IRA established new age divisions for juniors, masters and golden masters.

Larry Lederman, a Milwaukee, Wisconsin long-time racquetball promoter, organizer of the first national championship tournament, and the first national commissioner on the IRA board of directors, became the first inductee into the Hall of Fame.

1974
One year later, the IRA continued to streamline its operation and, for the first time, required membership for those who wished to compete in sanctioned events. It was estimated that there were three million amateur players in the U.S.

The sixth International Racquetball Championships were held at Brown’s Handball & Racquetball Club in San Diego attracting 206 competitors in the six singles division, 72 in open singles, and eight women’s doubles teams.

Charlie Brumfield attempted to win three in a row, but went down in defeat to Bill Schmidtke, who went on to take home the championship trophy. Schmidtke, the 32-year-old veteran from Minneapolis, shot down the best racquetball players in the world during a spectacular weekend. He battled it out with Steve Serot to win the final match 21-16, 8-21, 21-13.

Peggy Steding repeated in the women’s open division, again defeating Jan Pasternak 21-8, 21-6. Peggy, at this time, had only been playing racquetball for a little over three years! Steding also repeated her doubles victory when she and partner Ann Gorski took home the title for the second year in a
row, defeating Kathy Williams and Jan Campbell 21-15, 21-16.

Joe Sobek and Bud Muehleisen were inducted into the Hall of Fame.

In October Steve Strandemo and partner David Charlson defeated the team of Charlie Brumfield and Craig McCoy 21-13, 21-7 in the first national doubles competition. The doubles championships in Cleveland marked the first time national singles and doubles events had been separated.

1975
As racquetball started booming, the 1975 IRA national championships touted 320 competitors in a triumphant return to St. Louis. In the "Pro Singles" division Charlie Brumfield defeated Steve Serot 13-21, 21-4, 21-2. In open singles play Wayne Bowes, a last minute entry from Canada, beat Trey Sayes 21-8, 21-3.

Peggy Steding took an amazing third straight title in women's singles, beating Shannon Wright 21-11, 17-21, 21-9. She couldn't, however, repeat the past doubles wins. Peggy and partner Jan Pasternak were overtaken in the finals to the team of Janell Marriott and Jennifer Harding by 21-16, 18-21, 21-11.

Tom McKie was named IRA executive director and the headquarters were based in Memphis, Tennessee. An official IRA patch was issued and after five years on the board of directors, Bud Muehleisen, Ken Porco and Bill Sellars left the board.

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The Supreme Court IV in Hayward, California was the site of the 1975 IRA doubles championships. The #2 seeded team of Craig McCoy and Charlie Brumfield swept past all comers with only one tough game, to capture their first IRA doubles title. McCoy and Brumfield defeated the team of Dave Charlson and Steve Strandemo 21-20, 21-11.

1976
Bob Kendler, still competing with the IRA, formed a second rival organization, this one aimed at amateur athletes, the United States Racquetball Association (USRA). William Tanner took the reigns of the IRA, which now boasted 10,000 plus members, and in yet another move, moved its headquarters to Dallas, Texas. The IRA began experimenting with 15 point games ... now the rule.

The 8th Annual National Championships were held in Chattanooga, Tennessee at the Harris Racquet Center. Jerry Hilecher routed Steve Strandemo in two games of 21-11 for the "Pro Singles" title. For the first time a "Women's Pro Singles" championship was offered, where Shannon Wright defeated Peggy Steding with scores of 21-13, 21-11.

In men's open singles, Joe Wirkus faced Mike Luciw in the match that would decide the IRA's new champion. Wirkus stopped Luciw's bid in two hard, fast, and decisive games, 21-8, 21-5.

In women's open play, Sarah Green defeated Carol Frenck, and for the first time a women's senior division saw action with Carmen Pond taking the title.

In women's doubles the team of Kathy Williams and Sue Carow emerged as the unexpected champions with a win over defending champions Jennifer Harding and Jannell Marriott by scores of 16-21, 21-15, 21-18.

The IRA Doubles championships were held in Houston, Texas with the team of Charlie Brumfield and Steve Serot beating newcomers in the "Pro" division Marty Hogan and Richie Wagner 21-9, 21-12. Open winners were Bob Kraut and Gene Gibbs.

A new magazine was to be published by the still-feuding Kendler, titled NATIONAL RACQUETBALL. It would last into the '80s.

1977 -- Racquetball Becomes the National Fitness Rage
It became official in this year — that racquetball was definitely on the move — both literally and figuratively. Tom McKie resigned as IRA executive director and the headquarters once again returned to Memphis. Mike Zeitman served as interim executive director, while IRA membership continued to grow at an unprecedented rate.

A record number of 430 entries were submitted for the IRA national singles at the Southfield Racquetime Center in Southfield, Michigan. This tournament resulted in a changing of the guard in more than just IRA headquarters and leadership. A completely new lineup of champions...
was crowned — with startling and encouraging alterations in every division.

Even the final round of the men’s open saw new players. Jerry Zuckerman defeated opponent Eric Campbell 21-8, 10-21, 15-12 in the first 15-point tiebreaker played in national competition.

In women’s open, another new face emerged as Karin Walton soundly defeated Jan Campbell 21-7 and 21-10 to capture the crown.

Hall of Famer Jim Austin added a national men’s seniors title to his long list of achievements, defeating Joe Gibbs 21-10, 21-13. Yes, the Joe Gibbs, now the well known coach of the Washington Redskins!

The women’s doubles team of Tennesen-Dillon easily handled their opponents, Hoff-McCarthy to capture that title.

The IRA doubles were a bit delayed, but they also produced new champions. Out of a field of 150 teams at the Los Alamitos Racquet Club in Los Alamitos, California, Steve Trent and Stan Wright emerged victorious in amateur competition along with the pro teams of Brumfield/Serot and Karin Walton/Shannon Wright.

The Seamco 444 was selected as the official ball of the IRA and huge changes in both the organization and the sport were on the horizon.

Next time...into the ’80s!

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**NOSTALGIA**

**By John Mooney**

**Making Memories**

Over 150 old-timers were invited to take part in a celebration held at the Mission Valley Health Club as part of the AARA 25th Anniversary — which kicked off with a bang at the International Racquet Sports Association Convention in San Diego on March 23. Historical displays of association items, a racquetball doubles exhibition by Rich Wagner and Jerry Hilecher against Craig McCoy and Davey Bledscoe and an evening reception held at poolside were all sponsored by Ektelon, Penn Racquet Sports, Pro Kennex and Racquetball Video Magazine.

The exhibition brought back memories of some of the best racquetball played in past years. The AARA display showed the progression of racquetball magazines over our first 25 years. The racquet display ranged from Joe Sobek’s first signature racquet through the state-of-the-art Ektelon Eminence and the Pro Kennex Asymmetric SO.

**Did you Know?**

In 1969 association membership was only $2.00 and a total of 511 members had joined by the end of that year. In the middle 70s racquetball was hyped as the fastest growing indoor sport in the world, and membership fees went up to a whopping $3.00. The number of racquetball players surged to a high of over 11 million, and the private court clubs went from practically none in the late 60s to over 3000 by 1977. In 1981 the AARA membership fee doubled to $6.00 per year, then jumped to $10.00 in 1986.

The growth of racquetball tapered off in the 80s and the latest survey indicates that a slow steady growth has been present since 1989 and approximately 9 million players are still active in racquetball. At $15.00 per year today, AARA memberships total just under 40,000.

**Old-Timers**

An invitational old timers division at National Singles in Houston will feature players who competed at the national level prior to 1979. Entrants will be handicapped according to the oldest shirt worn, the oldest warm-up ball and the oldest racquet used. I’ll keep you posted on the results.
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GONZALEZ WINS SHOP 'n SAVE PRO-AM

By Jack Newman

The Racquet Club of Pittsburgh hosted the Fourth Annual Shop n' Save Pro-Am in mid-February, where the beautiful facility drew some of the tour's largest crowds. In fact, enthusiastic fans from all over the northeast sold out the stands to watch the top pros play.

The tenth stop on the Transcoastal International Racquetball Tour proved to be exciting, with many of the top seeds having a tough time as early as the round of 32's.

Although all the top seeds advanced, #1 seeded Andy Roberts was pushed to the five-game limit by qualifier Rob McKinney. Andy won the first two games by identical 11-9 scores, but Rob refused to quit, taking the next two games 12-10 and 11-9. In the fifth game Andy took over by hitting strong serves and showing newfound emotion, while Rob looked tired from all the diving in the previous games. Roberts took an 11-1 win in the tiebreaker, while the other seeds moved into the round of 16 a bit easier.
Round of 16
While most matches in the round were routine victories, two went to five game tiebreakers. The first was between #7 Bret Harnett and #10 Dave Johnson, who always have great matches because they each possess such great athletic ability. Harnett started out strong, winning the first game 11-4. The second proved to be the turning point, with Harnett leading 8-5 and Johnson rallying on a series of backhand splats to win 11-9. Johnson continued his roll in the third, serving well to win 11-1. Harnett came back to even things up with an 11-8 win in game four. The tiebreaker was tight when, with Johnson leading 5-3, Harnett said that Johnson's shot grazed him on the way to the front wall and wanted a replay. The ref didn't see the ball change direction and ruled a point for Johnson. Bret left the court to argue his appeal but line judges upheld the decision. Obviously furious, Bret went back into the court and slammed the glass door — which shattered along with his chances for a win. When play resumed on a side court, Johnson finished him off 11-5. Harnett was later fined by tour commissioner Hank Marcus.

Remaining round of 16 matches were fairly routine. Roberts smashed Sable in three straight, while Ruben Gonzalez won three close games with Woody Clouse. Texan Drew Kachtik crushed Pittsburgh's Dan Obremski in three straight. Tim Doyle did the same to Mike Guidry, as did Cliff Swain over Jason Krikorian. Mike Ray needed four games to beat Canadian Mike Ceresia.

Quarterfinals
In the quarterfinals, things seemed to get a bit easier for Roberts and Ray who advanced with straight game wins. Roberts continued his mastery over Yellen, defeating him for the sixth consecutive time 11-3, 11-5, 11-1. Ray did the same as he defeated Doyle 11-5, 11-9, 11-6.

The other two quarterfinal matches were much closer. Ruben Gonzalez and Drew Kachtik stepped on the court for their five game match knowing that the winner would move into the #4 ranking spot. All five games were nip-and-tuck with both players diving and neither giving an inch. Gonzalez led 9-3 in game one, only to lose 11-9. Drew returned the gift in game two by blowing a similar lead and losing 12-10. Kachtik came back to win game three 11-9 but Gonzalez took advantage of his crowd support to fight back and win the the next two games, and the match.

The other close quarterfinal had Dave Johnson upsetting Cliff Swain in four games. Johnson seems to be able to handle Cliff's serves as well as anyone on the circuit -- a major reason for his defeat of Swain in Pittsburgh.

Semi-finals
The Saturday evening semi-final match-ups were Johnson vs. Ray and Gonzalez vs.
**ADVANCING IN PITTSBURGH**

**Round of 16**
- Andy Roberts ....... def. Dave Sable (6,5,1)
- Mike Yellen ........... def. Jack Newman ((2),1,(6),2,4)
- Ruben Gonzalez ...... def. Woody Clouse (3,10,9)
- Drew Kachtik ........... def. Dan Obremski (2,4,1)
- Mike Ray ................ def. Mike Ceresia (2,9),5,5)
- Tim Doyle ............... def. Mike Guidry (6,3,5)
- Dave Johnson ............ def. Bret Harnett ((4),9,1,(8),5)
- Cliff Swain ............... def. Jason Krikorian (6,8,3)

**Quarters**
- Andy Roberts .......... def. Mike Yellen (3,5,1)
- Ruben Gonzalez ...... def. Drew Kachtik (9),10,(9),7,8)
- Mike Ray ................ def. Tim Doyle (5,9,6)
- Dave Johnson ............ def. Cliff Swain (4,5),3,9)

**Semis**
- Ruben Gonzalez ...... def. Andy Roberts (8,8),2,7
- Dave Johnson ............ def. Mike Ray ((4),9,9,0,8)

**Finals**

Ruben Gonzalez def. Dave Johnson 
(4,3),8,8

Roberts, Ray and Johnson were meeting for only the third time in their careers, with a 2-0 record in Johnson's favor. Ray got off to a good start with an 11-4 victory in game one, but Johnson came back in game two showing unusually good concentration to win 11-9. Ray, who always plays well on the slower courts in Pittsburgh, won the third 11-9 to go up one game. Johnson was on fire in game four and awarded an 11-0 doughnut to Ray, who never got into the service box. This gave Johnson the confidence to win the close fifth game 11-8, and move to his first final of the season.

In their semi-final, Gonzalez was aiming for his second Pittsburgh final, while Roberts was hoping for his first. The crowd was strongly behind Ruben as he dove like a 20-year-old to win rallies on his way to a four game victory over Roberts with scores of 11-8, 11-8, 2-11, 11-7.

**Finals**

The tremendous depth of the pro-tour was proven by the match-up of #10 Johnson and #5 Gonzalez in the final. Ruben was going for his second win of the year and second in the last three years in Pittsburgh. Appearing in his third career final, Johnson was seeking his first career victory. Both players looked flat early on, as they had expended a lot of energy on the way to the finals, but Gonzalez won two close games 11-8, 11-8 to get off to a good start. Johnson then rallied as he had all week and dominated game three with an 11-2 victory, but Ruben was just too determined as he refueled and won game four and the tournament 11-7.

**Wheelchair Fundraiser**

This tournament also had the best players in the world in wheelchair racquetball. Thousands of dollars were raised during a Saturday night banquet in which players donated racquets and camps for wheelchair racquetball.

**LAS VEGAS HOSTS RICHCRAFT NATIONALS**

By Jack Newman

Las Vegas, famous for its glittering lights and gambling, turned out to be famous for something else in the wide world of racquetball — front wall glass. If you can believe it (or even picture it), the exhibition court at the Sporting House in Las Vegas is top-to-bottom front wall glass. This proved to be the downfall of many of the game's top players, in a tournament marked with the most upsets and surprises this season.

**Round of 32**

The 32's had many interesting matches right off the bat, beginning at 10:30 Thursday morning. First Dan Obremski defaulted to Guy Humphrey. Next up, Dan Fowler broke through to win his first career pro match with a win over Woody Clouse in a tough four game struggle. Fowler won the first two games, 11-5, 13-11 and had a chance to win three straight, only Clouse came back and won game three 13-11. Fowler then closed out the match with a tough 11-9 win to advance to the 16's.
The next match created a huge upset as Tony Jelso defeated Ruben Gonzalez in a close five game match. Gonzalez, who had just won the previous tournament, looked flat and Jelso saw an opening. The two exchanged games with Jelso winning the first 11-4, then Gonzalez the second 11-5. Gonzalez, figuring he was back in control, let down and Jelso took the third 11-4. Ruben had to work to win game four 11-8 and even it up at two apiece. Game five was a nailbiter, but Gonzalez wasn't sharp enough and Jelso took advantage winning the fifth 11-9.

Egan Inoue began his comeback against Jack Newman, easily winning game one 11-3. Newman returned fire with an 11-8 win in the second, but Egan brought his big serve with him to win the third 11-6. In the fourth, Egan's strong serve gave him a 5-0 lead, but Newman out scored Egan 22-3 to win the match 11-0 in the fifth game.

Round of 16

Tony Jelso looked good on the front wall glass court, using his power and quickness to dispatch Dan Fowler in straight games for his first round of 16 win. Drew Kachtik moved on with a four game victory over Guy Humphrey, while Mike Ray did the same in four over Mike Ceresia. On his home court, Bret Harnett won three straight over Jack Newman, as did Cliff Swain over Vince Kelley.

The more exciting late evening matches were Aaron Katz vs. #1 Andy Roberts on the front wall glass and #8 Mike Yellen vs. #9 Dave Johnson on the side court. Johnson and Yellen began what looked like a routine match with Johnson winning the first two games 11-5, 11-8, but Yellen hung in there forcing Johnson into mistakes and winning.

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...Marty Hogan
ADVANCING IN LAS VEGAS

Round of 16
Aaron Katz ...... def. Andy Roberts (10,(9),5,(9),5)
Dave Johnson .. def. Mike Yellen (5,8,(9),(10),6)
Drew Kachtik .. def. Guy Humphrey (6,8,(11),1)
Tony Jelso ...... def. Dan Fowler (4,7,9)
Mike Ray ....... def. Mike Ceresia ((8),8,6,14)
Tim Doyle ....... def. Mike Guidry (9,9,(3),9)
Bret Harnett .... def. Jack Newman (5,5,3)
Cliff Swain ...... def. Vince Kelley (2,0,4)

Quarterfinals
Aaron Katz ...... def. Dave Johnson ((5),10,(6),7,7)
Drew Kachtik .. def. Tony Jelso (1,(5),5,(8),10)
Mike Ray ....... def. Tim Doyle (8,5,8,5)
Cliff Swain ...... def. Bret Harnett (5,2,7,9)

Semi-finals
Aaron Katz ...... def. Drew Kachtik (5,8,(5),11)
Mike Ray ....... def. Cliff Swain (9,5,2,(2),7)

Finals
Mike Ray def. Aaron Katz ((7),6,7,5)

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games three and four 11-0 and 12-10 to push the match to the limit. Johnson came out strong in game five and never let Yellen in the game as he won 11-6.

The Roberts-Katz match was very physical, with numerous hinders and avoidables called. Aaron used the front wall glass to his advantage, hitting tough angles and overheads into it. This seemed to frustrate Andy as he lost some balls in the glass. Katz won game one 12-10, Roberts game two 11-9, Katz game three 11-5, and Roberts game four 11-9, to set up the exciting tiebreaker. Katz got off to a good start, hitting cracks on his serve and making diving gets. Roberts tried to protect his #1 ranking and fought back with drive serves, but Katz was not to be denied as he claimed his first career win over Roberts, 11-5.

Quarterfinals
In the first match-up of the day, Drew Kachtik opened with an 11-1 win in the first game against an obviously nervous Tony Jelso. But Jelso soon settled down and looked comfortable, winning game two 11-5. A split of games three and four set up a tiebreaker that went down to the wire. With Drew holding a 10-8 lead, Jelso came back with a perfect ace serve to tie the game 10-10 and force the super-tiebreaker. Jelso’s next serve after the ace went long for a side-out. This shook Jelso and Drew scored the two points he needed to win 12-10.

Ray and Doyle were up next for their fourth meeting of the year, with a 3-0 match record in Ray’s favor. Doyle, trying to turn the tide, ran off a 7-1 lead in game one, but Ray fought back using his patented overhead to win 11-8. Doyle was able to pull out game two 11-5, but Ray extended his mastery over Doyle, closing out the match 11-8, 11-5, and marking the eighth straight tournament that Doyle has not gotten past the quarterfinals.

In the lefty shootout between hometowner Bret Harnett and a hot Cliff Swain, Harnett got off to a good start with an 11-5 win in game one. Swain came back to win the next three games 11-2, 11-7, 11-9 and dispatch last year’s defending champ.
Could Aaron Katz repeat his performance and defeat Dave Johnson? The answer was yes! Katz gutted out a long five game win over Johnson 11-7 in the fifth to move into his first career semifinal.

**Semi-finals**

One semi-final was set to be a Texas shootout between Katz and Kachtik — the other a battle for #1 between Ray and Swain. The first of these two great matches was the battle of the lefties, Ray vs. Swain, which went five games. Each player seemed to have momentum and then lose it. Ray won game one 11-9, Swain game two 11-5. Then each player split blowouts 11-2 to move the match to the fifth game. Ray got off to an early lead and held off a late Swain rally to win 11-7, move into the finals, plus move back to the #1 position.

Between the Texans, Katz usually beats Kachtik in local tournaments. So could he do it in the first semi-final match of his career? Absolutely. Katz continued his dominance over Kachtik with wins in the first two games of 11-5, 11-8. Never one to go down early, Drew came back to win game three 11-5. The fourth game was a backyard brawl with each player battling for momentum until Katz finally prevailed at 13-11 to move to his first pro final.

**Finals**

The excitement of being in his first final was short-lived for #17 Aaron Katz, who jumped out looking for a victory after winning game one 11-7. That was his last hurrah. Newly positioned at #1, Mike Ray began to smell victory and quickly put an end to the miracle run by Katz. Ray controlled the next three games 11-6, 11-7, 11-5 to take home the first place check.
HAND.

Think of it as a Sherman Tank for your hand, only with better ventilation.

---

TOUR UPDATE

by Hank Marcus

**TRANSCOASTAL TOURNAMENT OF CHAMPIONS**

Players continue to vie for the final spots in the exclusive season ending TransCoastal Tournament of Champions scheduled for June at the beautiful Multnomah Athletic Club. The top eight players on the IRT tour qualify for the event, and it looks like only one spot is up for grabs with four players trying to finish the season strong. Dave Johnson is barely holding onto his current #8 position over Jack Newman, while a late season rush has put Mike Guidry and two-time champion Dan Obremski into the running.

**MINNEAPOLIS DATE SET**

The season finale to the VCI Challenge Cup Series has been set for June 23-27 at the Northwest Racquet, Swim & Health Club just outside Minneapolis/St. Paul. The popular Burnsville facility hosted the 1989 AARA National Doubles and the 1990 AARA Junior Olympics and is one of the top spectator facilities in the country.
Of course, this is just a friendly game. Ready. Aim. Fire.

**CLOUSE DOMINATES BI RAK IT**
Woody Clouse had to struggle to fight off the competition in the Bi-Rak-It tournament held in conjunction with the Richcraft Nationals in Las Vegas. Clouse went up against Jason Mannino in the semifinal and against Michael Bronfeld in the final. Bi-Rak-It is designated as the tour's official cross-training sport, and events are held at each IRT stop.

**AARA SCOREBOARD ENHANCES EVENTS**
Racquetball fans enjoyed a special treat at the Atlanta and Pittsburgh stops, with the use of the AARA's racquetball scoreboard by Chronomix. The electronic scoreboard has added a nice touch for the sell-out crowds in both cities and a tremendous improvement to both television broadcasts. Thanks go to the AARA for their ongoing support of the pro tour.

**FIBROMYALGIA**
IRT continues to receive calls and letters requesting further information on this chronic disorder.

IRT has taken on FMS in order to get the word out and help support research. If you have questions or concerns regarding FMS, you may write to Fibromyalgia, P.O. Box 500, Salem, Oregon 97308, for additional information.

**TOUR SCHEDULE**
June 2-6
Portland, Oregon
Multnomah Athletic Club

June 23-27 (new date)
VCI Challenge Series Finale
Minneapolis, Minnesota
Northwest Swim, Racquet & Health Club: Burnsville
IRT RANKINGS
1. Cliff Swain, MA
2. Mike Ray, SC
3. Andy Roberts, TN
4. Drew Kachtik, TX
5. Ruben Gonzalez, NY
6. Bret Harnett, NV
7. Tim Doyle, OR
8. Dave Johnson, CA
9. Jack Newman, IL
10. Mike Guidry, TX

include results from Montreal, Baltimore and Atlanta:

1. Mike Ray
2. Andy Roberts
3. Cliff Swain
4. Drew Kachtik
5. Mike Yellen
6. Ruben Gonzalez
7. Bret Harnett
8. Tim Doyle
9. Dan Obremski
10. Dan Fowler

HEAD ANATOM
BONUS
The following finishes from all TransCoastal IRT events in 1993 involve those pros wearing the Head Anatom shoe, the official shoe of the IRT Tour:

1. Mike Ray
2. Bret Harnett
3. Dave Johnson
4. Dan Obremski
5. Dan Fowler
6. Woody Clouse
7. Jason Krikorian
8. Scott Liparelli

PENN GLOVE BONUS
The following finishes from the IRT tour events in 1993 involve those players wearing the Penn Glove, the official glove of the IRT Tour:

1. Cliff Swain
2. Dave Johnson
3. Woody Clouse
4. Mike Ceresia (Can)
5. Dan Fowler
6. Scott Reiff
7. Jason Krikorian
8. Roger Harriperas (Can)

VCI CHALLENGE CUP SERIES RANKING & BONUS POOL
A $10,000 bonus pool distributed to the top players in the events sponsored by VW Credit, Inc. The series consists of five events within the IRT Tour. Rankings below

BI-RAK-IT STANDINGS
The following reflects finishes from Bi-Rak-It tournaments held as part of each IRT Tour stop. These events include pros and amateurs playing Bi Rak It, the official cross training sport of the IRT Tour:

1. Cliff Swain
2. Dave Johnson
3. Woody Clouse
4. Mike Ceresia (Can)
5. Dan Fowler
6. Scott Reiff
7. Jason Krikorian
8. Roger Harriperas (Can)
9. Jack Newman, IL
10. Mike Guidry, TX
Ruben Gonzalez
Hometown: Staten Island, New York
Current IRT Ranking: 5
Racquet: Ektelon Toron

Ruben made the transition from national tournament level handball to racquetball in the late 1970's as the game exploded in popularity. A veteran of the tough streets of Spanish Harlem, and a born survivor, Ruben found that the mental toughness necessary to win on the men's pro tour came naturally to him. His tremendous drive and likeable nature have made him a favorite of fans all along the tour. His popularity aids him in his quest to help urban youth escape the streets, crime and drugs. At 40, Ruben has long passed the usual retirement age for a racquetball pro — or any sports professional. He credits his longevity to consistent, intense training, and a positive outlook.

One of only four players to win a pro stop this season, Ruben strings his own racquets and often experiments with different string tensions. He still uses his favorite Toron racquets with the original leather grips. When asked why he uses a racquet no longer in production he replies, "The newer models are great, but I've had success with this one. Even older Ektelon frames still stand up to other companies' newest high tech frames." Ruben's goal is to regain the number one spot and he has no plans for retirement anytime soon.

Jack Newman
Hometown: Hoffman Estates, Illinois
Current IRT Ranking: 9
Racquet: Ektelon Eminence

Jack has been one of the most consistent players on the IRT for some time. Entering the pro field was a natural move after a tenure with the U.S. National Team, plus national singles and intercollegiate title wins in the early 1980's. Often responsible for big upsets, Jack was a regular tour quarterfinalist until he won his first pro stop in 1991.

Coming from a strong racquetball environment out of Chicago's Woodfield Racquet Club, Jack has honed his skills against fellow Chicagoans Dave Negrete and Tim Sweeney. Credited with one of the most strategic styles on the tour, Jack is highly regarded for his intellectual grasp of the game. Teaming with fellow pros Andy Roberts and Ruben Gonzalez, Jack has been the driving force behind the highly successful "America's Most Wanted" Racquetball Camp series. He is also a featured instructional writer.

Jack's quest for the elusive number one spot is only outshined by his hunger to better understand the game's subtleties and his drive to constantly improve.
The second official stop on the Women's Pro Racquetball Tour proved less than predictable — on both sides of the draw. When women pros stormed into Atlanta in early March, anxious for another event, they did so with a purpose.

Seeing a potential opening after Michelle Gould’s loss to Marci Drexler in the finals in Philadelphia a little more than a month before, everyone was looking for their break. Even hometown favorite Caryn McKinney had plans for a comeback.

McKinney hadn’t played a tournament since the ’91-92 WPRA nationals in Baltimore. Nursing an injured achilles tendon for more than a year, Caryn had all but hung up her racquet. But in her own backyard, Caryn gave the crowd what they were looking for.

The round of 16 proved to be the toughest of the early rounds for McKinney. Against last year’s number one player, Jackie Parasio-Gibson, the two went head to head throughout. Caryn was moving well and hitting her shots with skillful calculation. Jackie answered with a little finesse and a lot of power. In fact, it looked like she was the sure bet after winning the first two 11-9, 11-8. But Caryn came back to win game three 11-6 and game four 11-9. With the advantage of momentum, it was Caryn who finally pulled ahead at the end to win the tiebreaker 11-7.

In the next round against explosive left-hander Robin Levine of Northern California, experience proved to be key as Caryn took control and took a surprisingly easily straight game win, 11-2, 11-5 and 11-10.

That victory set up another unpredictable contest between the #2 seed Marci Drexler and McKinney. Fresh from her victory in Philly, Drexler was ready to repeat her advance into the finals. But McKinney was prepared. Each player ran true to form, however, and it was Marci’s flamboyance versus Caryn’s precision. Like all three of McKinney’s other opponents, Drexler was taken by surprise as she saw her chance at the finals slip away in three close games of 11-8, 11-10 and 11-9.

There were a few surprises on the top half of the draw. Sporting a Florida tan and slimmer than ever, Cindy Doyle upset #8 seeded Marcy Lynch in straight games of 11-7, 11-6 and 11-10. But in the quarterfinal, Doyle ran into Michelle Gould, and lost in short fashion, 3, 2 and 5. In the proceeding round of 16, Gould had defeated Baltimore’s Lynne Coburn in their second meeting in as many tournaments, with similar quickness, 2, 7 and 2.

Other upsets included Molly O’Brien’s three game win over Toni Bevelock. Molly’s controlled style of play was too much for Toni, who was nursing the same sprained ankle which caused her to miss the tournament in Philadelphia. In the next round, Molly was easily eliminated by a determined Malia Bailey. In her previous match, Bailey had gotten a scare from Florida’s Kersten Hallander. After losing the first two games 6 and 10, Malia decided to get tough and quickly squashed Kersten’s hopes for an upset by winning the last three games 3, 3 and 3.

This set up an exciting semifinal match between Michelle Gould and Malia Bailey. The tide had turned and it was Malia who had plans for an upset over the top seed. After exchanging wins in the first four games, Michelle secured the first serve of the tiebreaker by scoring more total points 5, (5), 3, (7). That proved to be all the momentum she needed to take the tiebreaker 11-2.

Caryn’s outstanding play all weekend and Michelle’s sheer power had everyone betting on a grueling four or five game match. But true to form, Michelle was not letting anyone keep her from victory. She came on strong in the first, winning 11-2. Caryn was
Gould’s last two challengers, Caryn McKinney (left) and Lynne Coburn (right).

knocking on the door in the second, but couldn’t push the score past 7, then lost the third, 11-3.

That solidified Michelle Gould’s #1 WPRA ranking and her number one standing in the Penn Professional Series.

UPSETS IN SYRACUSE

Want to get to the quarterfinals or higher in women’s professional racquetball event? Host a tournament in your own club and gain a home court advantage. By the look of recent WPRA events, it’s a sure thing!

Witness Ellen Crawford — a tour rookie last year who consistently advanced into the round of 16. Breaking through the clutter in Syracuse, Crawford took an intense five game win against #2 seeded Marci Drexler. After losing 11-3 in the first, Ellen admonished herself to maintain her cool and exploit Marci’s weakness by playing a consistent, medium-paced game. It worked. Ellen won the second 11-6, but faltered again in the third when Marci started making her patented overhead backhand pinches with styled perfection. But Drexler couldn’t keep it up and Ellen capitalized on her mistakes taking the fourth and fifth games 11-10 and 11-8 in front of proud parents Marion and Ron.

That marathon set Ellen up to face #8 seeded Lynne Coburn in the quarterfinals. With Drexler eliminated, Lynne was excited about the prospect of getting past Crawford. But Ellen had ideas of her own. She came out strong and took an early lead in the first and beat the flabbergasted Coburn 11-6. Lynne fought back, took control with her patented crack serves and won the second easily 11-3. But Ellen stayed cool, reminiscent of her match the day before, and took game three 11-7.

Down two games to one, Lynne had to regroup and did, taking control of the next two games with her devastating serve and shoot style. She controlled the remainder of the match, leaving Ellen at 4 and 3 in the final two games.

Lynne looked forward to her match against Jackie Paraiso-Gibson, recalling her international victory over Jackie at the Tournament of the Americas in Honduras last year. The day before their rematch, Paraiso-Gibson had played two tough matches against Cheryl Gudinas and Toni Bevelock, and had some trouble at the end with Toni. But Jackie called on her almost telepathic anticipation and solid rekills — plus, she gets to everything!

Both Jackie and Lynne saw in each other an excellent opportunity for a free ticket into the finals. Jackie, who had been there several times before and knew what it meant to win, was the obvious favorite. But it was Lynne who pulled out the victory by the skin of her teeth 8-11, 11-8, 3-11, 11-10 and 11-8.

The top half of the draw saw the most accurate seeding to date this year, with top seeds all advancing to the quarterfinals. Malia Bailey, seeded #4, was looking for another shot at Michelle Gould after her loss in Atlanta. Robin Levine, #7, was looking to break into the top four. Kaye Kuhfeld wanted her shot at the semis, but had to get past Bailey first. And Michelle Gould was ready to stop them all.

After trouncing Molly O’Brien in a surprisingly quick three games, Robin Levine felt she was ready for Michelle. It looked like it was to be a great match, too, with Robin’s great diving retrieves and rekills and Michelle’s incredible reach and accurate shooting from anywhere on the court. But Michelle foiled the crowd’s hope for a tiebreaker by winning in three, 6, 7 and 4.
WPRA TOP TEN
1. Michelle Gould, ID
2. Marci Drexler, CA
3. Malia Bailey, VA
4. Jackie Paraiso Gibson, CA
5. Robin Levine, CA
6. Lynne Coburn, MD
7. Toni Bevelock, CA
8. Caryn McKinney, GA
9. Kaye Kuhfeld, IN
10. Molly O'Brien, PA

PENN PRO SERIES STANDINGS
1. Michelle Gould
2. Malia Bailey
3. Marci Drexler
4. Lynne Coburn
5. Jackie Paraiso Gibson
6. Kaye Kuhfeld
7. Molly O'Brien
8. Robin Levine
9. Jackie Paraiso Gibson, CA
10. Robin Levine, CA

Bailey had trouble with Cindy Doyle on her way to meeting Kaye Kuhfeld in the quarters. Cindy forced the match to four games but Malia got the better of her 11-3, 11-5, 11-9, setting up the rematch with nemesis Kaye Kuhfeld. Kaye had defeated veteran Janell Marriott of Connecticut quite soundly the morning before and felt prepared to emerge victorious against Malia. But Malia was too tough for Kaye and controlled the match, winning in four.

Malia was ready for Michelle on Saturday night and, although she is such a great player to watch and emulate, Michelle is always favored to win and the crowd likes to see the underdog give her trouble. Malia was the underdog this day, and her ability to pick up kill shots and rekill them was unbelievable. She mixed up her serves and shot and killed the ball at every opportunity — except at those two vital game points in the second and fourth that allowed Michelle to secure this victory just under the wire.

So, the finals were to feature another fresh face against the dominant presence of Michelle Gould. Lynne Coburn's first appearance in the finals of a WPRA event secures her spot as one of the most improved players on the tour over the past three years. She has steadily improved and her four and five game matches throughout this tournament proved it.

Getting there proved to be more fun than being there for Lynne, who took a beating from Michelle. There were to be no tiebreakers on Sunday, Michelle saw to that. Soundly defeating Lynne in three games, Michelle proved that her knee is back in working form and that she remains the strongest player in women's professional racquetball today.
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918/488-3683

Winter Meltdown
The Alaska Club
Anchorage, AK
907/337-9550

Junior Regionals
Sunset Athletic Club
Portland, OR
503/645-9550

May 21
California State Seniors Open Tournament House
Riverside, CA
714/682-7511

First Annual P.O.A.T. Classic
Shula's Athletic Club
Miami Lakes, FL
305/821-1150

Onomatopoeia
Lakeland YMCA
Lakeland, FL
813/644-3528

Pacific Northwest Open
McVeigh Gym
Ft. Lewis, WA
206/473-2266

Park Point Open
Parkpoint Club
Santa Rosa, CA
707/578-1640

Summer Sizzler
 Clubsport Pleasanton
Pleasanton, CA
510/463-2822

Western Mainline Open
Western Mainline YMCA
Exton, PA
215/363-8505

May 27
Summer Siesta
Ultimate Courts
El Paso, TX
915/833-1259

JUNE

June 4
Chuck Prince's 12th Annual South Florida Racquet & Health Club
Ft. Lauderdale, FL
305/987-6410

Coors Light Pig Roast Open Congress Park Athletic Club
Dayton, OH
614/548-4188

Maverick Summer
Maverick Athletic Club
Arlington, TX
817/275-3348

Quality Sunroof Open
Courtesy Sports Bayhill Athletic Club
Milpitas, CA
415/968-7970

Summer Sizzler
La Jolla YMCA
La Jolla, CA
619/453-3483

June 10
Spring Racquetball Finale
The Alaska Club
Anchorage, AK
907/337-9550

June 11
Ektelon Series #12 Summer Blast
Yogi Berra's Hall of Fame Racquetball
Fairfield, NJ
201/444-0859

Metrofit Open
Metrofit Pelham Manor, NY
918/488-3693

Quad West Summer Sizzler
Quadrangle Athletic Club
Clearwater, FL
813/535-4901

Summer Open
Racquetball World
Canoga Park, CA
818/884-5034

Texas Triple Threat Shoot Out
Landmark Club
Dallas, TX
214/392-1501

12th Ann. Gold Country Open
Auburn Court House
Auburn, CA
916/885-1964

June 12
Junior Regional - San Francisco What A Racquet Athletic Club
Coma, CA
415/239-1444

June 18
All-Military Racquetball Championships Downtown Athletic Club
Norfolk VA
814/625-2222

Bellevue Open
East Side Athletic Club
Bellevue, WA
206/473-2266

Star of the North State Games
Hwy. 100 Racquet, Swim & Hlt. Club
St. Louis Park, MN
612/377-5779
JULY

July 9
Coors Light Summer Doubles
Continental Athletic Club
Columbus, OH
614/548-4188

July Jam
Courthouse Racquet Club
Florence, AL
205/764-0034

Moore Lake Summer Fest ProAm
Moore Lake Racquet, Swim & Health Club
St. Louis Park, MN
612/377-5779

Redwood Empire Open, Rancho Arroyo Racquet Club, Petaluma, CA
707/745-1461

TX Triple Threat Bedford Athletic Club Open
Bedford, TX
817/581-8282

JULY

July 10
WRA Junior Championships
Bellingham Athletic Club
Bellingham, WA
206/455-1616

July 16
Washington State Games, Washington State University
Pullman, WA
206/367-4400

MAY 26-31
Ektelon U.S. National Singles Championships
Houston, Texas

JUNE 23-25
International Masters Invitational
Vancouver, CANADA

JUNE 26-30
Ektelon U.S. Junior Olympic Championships
Baltimore, Maryland

JULY 24-27
U.S. Olympic Festival
San Antonio, Texas

JULY 23-27
World Games
The Hague, Netherlands

AUGUST 04-07
U.S. National Golden Masters Doubles
Minneapolis, Minnesota

SEPTEMBER 07-11
IRF World Senior Championships
Albuquerque, New Mexico

OCTOBER 20-24
Ektelon U.S. National Doubles
Denver, Colorado

DECEMBER 18-22
IRF World Junior Championships
Jacksonville, Florida

The U.S. Olympic Committee Travel Desk and United Airlines join the AARA in offering the lowest airfares to national events. United offers you 5% off any published United fare, regardless of cost. To take advantage of the program, make your reservations by calling 1-800-521-4041 (daily between 8:00 am and 8:00 pm est) and use the special AARA conference account number 529WW.
Summertime — for a lucky few, it's a time for relaxation, fun in the sun—and racquetball camp! In honor of the lazy, hazy days to come (even for those of us who have to work for a living), here are instruction hints offered by two acknowledged racquetball mentors. Aaron Katz and Chris Evon are recognized throughout the U.S. for their teaching expertise with both juniors and adults.

For more than eight years, Aaron Katz has been a top racquetball professional and instructor. He conducts over 25 racquetball camps and clinics annually, in addition to teaching nearly 700 private lessons. Katz has taught at the Olympic Training Center in Colorado Springs and coached numerous junior champions as well as national calibre players between 8 and 65 years of age. A member of Team Ektelon for four years, Katz is the director of racquet sports at the Landmark Club, in Dallas and is also a third-year law student.

For racquetball players of all levels, where to position yourself on the court is often unclear. But while the astonishing retrieving ability of the pros is due in part to quickness and athletic ability, outstanding court position and anticipation also play a large role in retrieving success. Where to stand for a particular shot, when to start moving and when to watch your opponent are all topics that we’ll be discussing in this article.

There should be two primary goals in working to improve your court position. The first is to force your opponent to hit the most difficult shot from his particular position on the court. The second is to be in the best possible position for a re-kill opportunity. Here’s the best way to accomplish these goals in various situations on the court:

Court Position
One of the most common errors in court positioning is to play too far forward. If your opponent is contacting the ball from behind you (which for your sake, you had better hope they are), the farthest forward you should be is at the very front of the center zone box (see diagram #1).

The only time you should drift in front of that line is if your opponent obviously telegraphs that the shot is going to be a pinch. Unless a straight-in shot “rolls out,” you should have an opportunity to retrieve it if you are in the correct court position — standing behind the five-foot line. As a rule of thumb, you should try to stay in the front half of the box if your opponent is contacting the ball waist-high or below (see picture #1).
Should your opponent contact the ball above the waist, you would then move to the back half of the center zone. In this case, you would be anticipating a defensive shot (i.e. ceiling ball). This rotation within the center zone is referred to as “the floating center zone.”

Anticipation: myth, magic or reality?
One of the most mis-used words in racquetball is “anticipation.” Very often it is mistakenly substituted for the more correct term “guessing.” The line between guessing and anticipating is often a thin one. There are two ways to anticipate your opponent’s shot:

1) Watch where the ball is in relation to your opponent’s hitting zone.
Watching the ball as it enters your opponent’s hitting zone is the best way to determine where the next shot is going. The key is to delay your movement. The most common tendency is for players to be moving or “leaning,” which results in being at the receiving end of a passing shot.

To prevent this, you want to make sure you are “broken down” with knees bent, legs at least shoulder width apart, and your body angled towards your opponent. Other frequent errors include standing too straight up which results in a bobbing movement with the first step, and facing forward as you look over your shoulder, causing you to shift back on your heels (see picture #2).

As soon as you have “broken down,” you will be ready to react once the ball enters your opponent’s hitting zone. Now you should be moving with the ball, rather than “guessing” and having to change directions. By delaying your movement, you accomplish two key positioning advantages: you reduce the possibilities of a passing shot, forcing your opponent to hit the lower percentage kill shots; and your balance should be better, allowing for more re-kills.

Don’t overate your competitors! There is a tendency to play what I call the “glory racquetball” position — inside the five-foot line — in hopes of making those one or two great gets at the expense of being passed endlessly throughout the course of the match.

2) Be aware of tendencies your opponent may have.
Watch and take note of your opponent’s style of play, and court positioning. This will be
When your opponent is in the front court, do not compound an already precarious situation by charging too far forward.

Hang back a little deeper when your opponent is in the front court, and force them to kill the ball. You will also be in a position to retrieve the left-up pass off the back wall.

Especially important later in matches, or against someone you have played before.

More defensive court position situations (or, making the best of a bad situation)

When your opponent is in the front court, it is important that you don’t compound an already precarious situation by charging too far forward (picture #3), but rather hang back a little deeper and force them to kill the ball (picture #4). Remember that if you force your opponent’s target zone lower on the front wall, there is always a chance for the skip. But by dictating a passing shot, your opponent will rarely skip the ball, and you will often be too far forward to retrieve the left-up pass off the back wall.

When your opponent is in deep center, you have two options:

1) If you’re a right-handed player, playing another right-hander, choose the left side of the court (diagram #2), forcing them to hit to your forehand while at the same time you remain in their blind spot. This gives you a chance to adjust your depth without your opponent becoming aware.

2) Many pros choose to jump over the point of contact to avoid giving up the center of the court. The risk here is twofold: you could get an avoidable hinder called on yourself if you mis-time your jump, and you are forfeiting a great deal of balance when you land.

To avoid predictability, it is important that you employ the “10% surprise rule” — 10% of the time you go against the percentages, and just overplay one particular shot to keep your opponent guessing. Additionally, although your court position “game plan” will vary from opponent to opponent, the fundamentals discussed here should provide a foundation for tailoring your game plan towards a specific opponent — to win.

Continued...
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Lynn Adams
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Ruben Gonzalez
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Lyme Coburn
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Tim Owe
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Diagram 1
If your opponent is contacting the ball from behind you, the farthest forward you should be is at the very front of the center zone box.

Diagram 2
When your opponent is in deep center, one option is to choose the left side of the court (if you are both right-handed), forcing your opponent to hit to your forehand.

Court Positioning Summary:

1. Play a deep floating zone. The forward should be the five-foot line, and only this far when your opponent has an offensive shot.
2. “Break down” prior to your opponent’s contact with the ball.
3. Hold your set position until a split second before contact.
4. Focus mentally on the left-up balls, rather than trying to retrieve the unretrievable.
5. When on the defense, force your opponent to hit the most difficult shot (usually a pinch or kill).
6. Mentally focus on moving until the second bounce. You will be amazed by how many balls you can get to if you keep your feet moving until the ball is dead.

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FORMULATING A GAME PLAN

By Chris Evon

Chris Evon, a Team Ektelon member for six years, is a top player ranked #11 on the women’s pro tour. Not only dedicated to playing and teaching racquetball, Chris also promotes the sport and served as president of the WPRA for four years, until returning to her work toward a master’s degree in sports psychology.

If one of your objectives of playing racquetball includes winning or at least playing your best against your opponents, it’s important to develop the skills needed to objectively evaluate both your own and your opponent’s strengths and weaknesses. Having a specific game plan will help to increase your confidence and will also help you to stay focused throughout the match.

Serves
The backbone of an effective game plan is having a good idea of which serves will create a weak return from your opponent, and how you can use your serves to keep your opponent off balance. You do this with precision and variety. If you have had the opportunity to watch your opponent play, or you have played them previously, you want to make note of their strengths and weaknesses. In rare circumstances, especially if your service game is extremely strong, you may choose to attack someone’s strengths early. However, as a general rule, your service strategy should revolve around your opponent’s weaknesses.

If possible, note the areas in which your opponent has had the most difficulty executing a good return. For example, are they weak up high to the backhand? Do they have trouble with low hard shots to the forehand? Is it difficult for them to return serves that come at them at an angle? Once you can answer some general questions, you can start to organize your serves into major and minor categories. Your major serves are those you believe you will create a weak return. Minor serves can play to their strengths, but if combined well with major serves, they can surprise your opponent, keep them off balance, and force a mistake.

Court positioning and movement
Many players will make your job of winning a point easier by the way they position themselves on the court. All you have to do is notice and execute. The first important situation to be aware of is where your opponent relocates after serving. This will help you in determining a game plan for your return of serve. Watch for any obvious mistakes. Do they serve and move out of the zone without ever coming to a controlled stop? If so, this may indicate that as you are ready to hit, the server’s weight is back on their heels — and a kill or pinch might be your best shot.

Do they serve and stay close to the service zone? In this situation, your odds of winning the rally increase if you can execute a good pass, or if you can move them into back court with a ceiling ball.

A general rule of thumb for return of serve is to move your opponent out of center court. However, by being aware of their positioning and movement, you can be more specific as to what shots will give you the best advantage.

It is also important to be aware of where your opponent stands during the rallies. Many players make the mistake of standing well in front of the five-foot line, and are rewarded for this
PLAYER NOTES

Name: ________________________________
Right Handed: ___ Left Handed: ___
Major Serves: _______________________
Minor Serves: _______________________
Court Positioning:
  After Serve _______________________
  During Rallies _____________________
Shot Tendencies: _______________________
Additional Comments: _______________________

by an opponent who tries to kill or pinch the ball in front of them. They pick up all but the perfect shots, and also manage to frustrate their opponent, forcing more errors.

Do not reward your opponent for making a mistake! If they stand too far forward, force them into back court with the correct shots, or hit the ball right at them. If they stand too far back, choose shots that will make them move forward.

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Keeping notes

It’s a good idea to get into the habit of writing notes on every person you play. Then, when it’s time to formulate your game plan, you will have some valuable information to help you begin. Below is a sample card I use to keep information on other players. You can copy it, and use it to your advantage.

Being prepared for your matches both physically and mentally takes some time, but the payoff is great. You will be more relaxed, more confident, and have more fun playing and competing!

Using the Player Notecard

To recap — there are four categories that can help you organize your thoughts:
1. Serves
2. Returns of serve
3. Court positioning
4. Shot tendencies

It also helps to add any other information that you might think is useful, such as their fitness level, their temperament, their aggressiveness, etc.
PARI TIP: SHOT SELECTION

By Fran Davis
Assistant Coach, U.S. National Team

In the last issue we discussed the Return of Serve, the most important area of the game next to the serve itself. The purpose of a return of serve strategy is to enable you to gain control of center court and force your opponent to shoot from deep in the court where error percentages are much higher. The most effective returns to accomplish this goal are the ceiling or the pass shot. Your choice between these two is determined by how well or how poorly the serve is executed. If the server hits a good deep serve or one for which you cannot establish a powerbase, go to the ceiling. If the server hits you a bad serve that sets you up off the sidewall or backwall, shoot the pass, not the kill. In review remember these three factors for a good high percentage return of serve:

1. Position - Be down and ready approximately three feet from the backwall.
2. Footwork - use the crossover step.
3. Shot Selection - depends on:
   a) How the server relocates out of the box
   b) How well was the serve hit
   c) Your position and ability level
   d) Height, speed and angle of the ball
   e) Percentages - be aware the percentages of shooting the ball from deep in the court drops from 30% to 15-20%. Don’t be foolish and go bottom board.

Now that we reviewed the return of serve and briefly touched on shot selection for the return, let’s expand upon this topic of shot selection during a rally as well.

Shot selection is defined as “taking the right shot at the right time.” This area is one of the most critical parts of your game because it can win or lose you a match. Many of us get into the heat of the battle and we don’t think, we just bang away. We are often guilty of hitting the “shot we like” or “feel comfortable with” rather than the “appropriate shot” that will win you the point.

I have come up with a simple formula that works to make you understand this area more clearly:

\[ A + B + C + D = E \]

A = you / your court position and ability level
B = ball / height, speed and angle
C = opponent’s position (most important)
D = score / score of the game / match
E = Shot Selection / which shot to take?

Add up all of these areas and that will give you the proper shot selection each and every time.

Besides the above formula to help you with shot selection here are a few other key tips:

1) Hit where your opponent is not:
   a) If your opponent is on the left side of the court, hit to the right side, or if your opponent is on the right side, hit to the left side (unless you plan to jam them) (see diagram 1)
   b) If your opponent is in front court hit deep — a pass or ceiling — not a kill or pinch (see diagram 2)
   c) If your opponent is back hit up front — a pinch or a kill — not a pass or a ceiling (see diagram 3)
A Winning Formula from a Winning Team

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<td>Colma, CA (San Francisco Area)</td>
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SPECIAL PRICING FOR PAST CAMP MEMBERS
2) Try to keep your body between the ball and your opponent (see diagram 4)

3) Make your opponent run the furthest distance to get to the ball. Make them hit on the run.

Shot selection is more important than you think it is, so don’t take it lightly. Hitting the right shot at the right time will win you more points, more quickly and with less energy. Instead of winning a two-hour 11-10 tiebreaker, with smarter shot selection you can win the match in one hour, in two straight. When you hit a winner ask yourself, “If I left the ball up could my opponent have gotten to it?” If the answer is yes, the you didn’t take the right shot because you hit it right back to them (unless you jammed them).

Remember, hit away from your opponent and make them run. Be more selective in your shots because you will see “playing smarter is better than playing harder.” Give it a try. It works. Good Luck!

---

**AMERICA’S MOST WANTED: THE LOST ART OF THE PASSING SHOT!**

*By Jack Newman*

In the last issue I gave you a basic road map to success in your shot selection. We discussed the three hitting zones in relation to the different heights of the ball, and determined that the most difficult zone is the one where the shot will be contacted at a height above the thigh, but below the chest — or zone #2.

The amateur player needs to understand just how important zone #2 shots are during a racquetball match, since approximately 75% of all shots hit in the rally are contacted in that area. Most players don’t hit their best shot in this hitting area, so the title of this article identifies the shot that needs to be hit in zone #2 — the passing shot.

Players need to understand that passing shots are just the right tools to get you in proper position to go for your killshot later in the rally. The passing shot, when used properly, will move your opponent into back court, allowing you to control the center of the court. This is exactly the situation where the passing shot should be used, to move your opponent out of center court so you can take that position. There are three basic passing shots which we recommend.

The cross court pass or V-pass (diagram 1) is the easiest to hit and most used passing shot. The natural swing pattern tends to pull the ball to the opposite side of the court, so that is why the cross court pass is the most
The least used passing shot is the angle pass (see diagram 3). This ball is aimed to hit the front wall, angle to hit the side wall at mid-court, then angle towards the back wall. This shot forces your opponent to spin to hit the next shot. It is tough to hit this shot and keep it off the back wall. Since this shot is hard to describe in writing, refer to the diagrams of each shot.

In closing, you need to remember not to force killshots from zone #2 since this will lead to unforced errors. Use your passing shots to get yourself in better position to hit killshots. If you follow our road map to the hitting zones you will immediately see an improvement in your game. For further improvement in your game, come see the top pro’s at “America’s Most Wanted.” For information about camps in your area call 800/ROLLOUT, or see the ad on the following page.
Doug Ganim

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<td>Canoga Park, CA</td>
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<td>July 10 - 11</td>
<td>Billings, MT</td>
<td>Aug. 14 - 15</td>
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<td>July 17 - 18</td>
<td>Columbus, OH</td>
<td>Aug. 21 - 22</td>
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<td>The Club at Woodbridge</td>
<td>908-634-5000</td>
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<td>July 24 - 25</td>
<td>Lombard, IL</td>
<td>Aug. 28 - 29</td>
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PARI NEWS

By Connie Martin
PARI Commissioner

New Clinicians Named
With a record number of clinics scheduled for the spring and summer, we've needed to add new clinicians to the staff. Besides myself, Fran Davis and Dave George, who have been with the program since it began five years ago, we have added Mary Lyons of Jacksonville, Florida, Jim Winterton of Syracuse, New York, and Gary Mazaroff of Albuquerque, New Mexico.

Mary Lyons has been teaching for 12 years, is a current U.S. Racquetball Team member and president of the Florida Racquetball Association. She is also a former national 30+ singles champion, and presently holds dual national doubles titles in both women's open and 30+.

Jim Winterton has served as Head Coach of the undefeated U.S. Racquetball Team for the past three years. He has also instructed at the Elite Training Camps for eight years, has coached numerous national junior champions, and has 23 years of coaching and teaching experience to his credit.

Gary Mazaroff has also been involved with the U.S. Racquetball Team as both a team member and a coach. He has three World Championship gold medals under his belt and is the current president of the New Mexico Racquetball Association.

We are glad to have each of these outstanding instructors join the PARI staff, and enable us to better serve more areas of the United States.

SPRING-SUMMER SCHEDULE
The PARI Instructional Program recognizes instructors in their profession. After taking the three hour exam, your results certify you as either a Professional (90-100%), Advanced Instructor (80-89%), or PARI Member. The two-day course includes 12 hours of clinic, five rule books, a 165 page manual and one year of annual dues.

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For a clinic brochure and application, please call Wanda Krasovetz at 800/234-5396 to be put on the mailing list. The fee is $198 for the clinic and exam or $168 for the clinic only. The exam rates you among the best in the business, or gives you an idea of the areas you need to improve upon to reach the ultimate goal, that of a top ranked PARI teaching professional.
WHAT'S THE CALL?
By Otto Dietrich
AARA National Rules Commissioner

Q: During some tournament matches, there are no line judges to help the referee. If the referee's view is obstructed and a difficult call has to be made, is there any appeal process for the players? Bill Carpenter, Nassau, New York

A: The simple answer is no — there can be no appeal if there are no line judges. Now, here's the rest of the story. In theory, a referee is never obstructed and must make a call on every shot or get. When a referee makes "no call," the automatic assumption is that the referee has called the shot or get "good." A referee should never admit to being unsure — but must always make a call. However, there obviously will be times when a referee is unsure of the call.

In such instances — after making a call and detecting a level of unsureness on the part of both players/teams — I may suggest that they replay the rally as if it ended in a hinder. This suggestion derives from Rule 3.5(b) which allows both players in singles and three of four in doubles, to overrule a referee's call. But if they can't agree to replay or reverse the call, then the original call stands! Furthermore, if you think that the referee misinterpreted a rule, you have the right to ask for a rule interpretation by being shown the rule in the rulebook or talking with the tournament director or his designated representative.

Q: Can a screen serve be called on two consecutive serves attempts? Robert Hurt, Crowley, Texas

A: A screen serve is one type of fault serve. No matter when it is hit — even on the second serve attempt — it's a fault serve. So, if the second serve is called a "screen," then the server loses the serve immediately because he has hit two fault serves which constitutes an "out" as described in Rule 4.11(a). Also, the screen serve is the only type of fault serve that cannot be appealed.

THE FINAL SHOT: The 1993 Official Rulebook is now on the streets. Pick one up at the next AARA sanctioned tournament you attend. For those of you going to the National Singles Championships in Houston, we will be conducting rules/referee clinics twice a day, Wednesday through Saturday. Perhaps I'll see you at one!
**CLASSIFIED**

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The Denver Athletic Club seeks experienced professional to supervise active and growing racquetball/handball program on Club’s eight-court complex. Job offers full benefits and salary commensurate with experience. Send resume in strict confidence to: Mr. Ed Harrold, Athletic Director, Denver Athletic Club, 1325 Glenarm Place, Denver, Colorado 80204.

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**QUICK FEET: HOW DO YOU GET THEM?**

*By Scott M. Phelps*

**U.S. National Racquetball Team Speed Coach**

We have all noticed that the best racquetball players are extremely fast on their feet. These players seem to be able to get to anything on the court. How did they get such quick feet? Were they born naturally quick or is it a skill they work at? I believe quickness can be the result of both.

At birth we are all given a certain genetic potential according to the ratio of fast twitch and slow twitch muscle fibers in our bodies. How these fibers are developed and used over time determines what happens with our athletic abilities. People who are more active in their youth have a greater chance of developing a more ballistic firing pattern within the neuromuscular system, therefore creating faster or quicker athletes. Those who practice doing slower motions or who are less active do not develop a fast firing pattern for the muscles. Does this mean that if you did not develop a fast pattern early that you cannot get faster now? No! The potential is still there! Remember your potential was given to you at birth and you just need to be taught how to develop or teach the fast twitch muscle fibers to fire faster.

Teaching the muscles to fire faster was once considered an impossibility. We now know that this is not the case. In fact, it is simply a matter of referring back to our neuromuscular firing system. In order to get quicker feet we MUST work on firing the neuromuscular system faster. Therefore, our training should include drills and exercises that take our firing system to its utter maximum speed. This can be done in a variety of different ways. The key to remember is that we must force our feet to move faster. Consequently, just going out and trying to move faster will not work. You will need some training devices to help you. Things such as stairs, a 12” box, racquetballs, or Speed City, Inc. QuickFoot Ladder are simple devices that can make a world of difference.

Doing simple jumping on and off of stairs or a box is excellent for forcing the feet to move faster. The key is to keep your foot movements very light and quick. Perform these jumps both laterally and straight ahead, in 3 sets of 10. In addition, do both two foot jumps and single leg hops to make sure to develop both feet equally. Another great speed-enhancing exercise is playing dodgeball with racquetballs. Put the
athlete against a wall and throw racquetballs waist level from a distance of about 15’, forcing them to move side to side to avoid the balls. This is lots of fun and forces very quick movements.

Overall, I have found that the best tool for foot speed is the Speed City QuickFoot Ladder. The ladder is designed to force the feet to move faster. It has 20 rungs spaced 18" apart. Because the rungs are spaced closer together than the average stride length, it naturally forces the feet to move faster in order to stay within the allotted space. There are well over 30 to 40 different drills that I use to train athletes with the ladder. These drills vary from linear, lateral, crossover moves, and change of direction. The ladder forces the athlete to stay on the front part of the foot thus reinforcing good foot mechanics. Another advantage is that the ladder is good for athletes of all ages and skill levels. It will add fun and variety to your workouts.

Remember, speed training is quality work. Drills should be performed at maximum speed, when you are fully rested. Quickness training does not need to be time consuming or expensive. With just a few essential tools and a little bit of warm-up time, you can improve your game by reaching balls that would have been impossible before!

For more information about ordering the QuickFoot Ladder, or other Speed City products, please call 800/255-9930.
INtel
By Luke St. Onge

In San Diego recently, I was fortunate in being a part of one of the most significant developments in our young sport. In a landmark move, the AARA Club Recreational Program has been integrated into every IRSA club that boasts racquetball facilities, thanks to the leadership and foresight of the International Racquet Sport’s Association’s executive director John McCarthy. With 1400 IRSA racquetball clubs and a conservative estimate of 750,000 players in their system, the Club Recreational Program has taken on a grand scale.

The AARA has long recognized that in order for the sport to continue to grow and prosper, club owners must grow and prosper. We all know about the tremendous competition for the very square footage that a racquetball court takes up in each club. Every year dozens of schemes are developed to convince club owners that the space can be better utilized. One only had to attend IRSA’s yearly convention of Quality Clubs to see these promoters in action, each pushing their own gimmick for our court space.

To combat this trend the AARA designed the Club Recreational Program specifically to promote the sport within the clubs and show that racquetball attracts new members, retains current members and is a profit center in the club. Since IRSA was not totally convinced at first, the AARA was left with the difficult task of marketing the concept on a club by club basis. We met with limited success, signing on 175 clubs by January of this year, making the IRSA choice to come aboard all the more important.
Negotiations are also underway to coordinate the goals of the National Intramural Recreational Sports Association (NIRSA), which represents 3000 intercollegiate sports clubs, and IRSA. The agreement would have the two major associations work together to direct the 10 million students now in the NIRSA program into the IRSA club system after graduation. Obviously not all 10 million NIRSA members are in racquetball programs, but many are. This allows us to keep the intercollegiate players in the club system rather than losing them as we do now.

As you can see, both programs spell the future of our game in player development and club member retention. Now the real on-court promotion can begin!

**AARA NEWSBRIEFS**

**HOGEYE, INC. TO SUPPLY AARA TOURNAMENTS**

The firm of Hogeye, Inc. will be supplying printed shirts and shorts for AARA tournaments this year. Hogeye designs have drawn favorable reviews and comments from racquetball players and AARA officials. Involvement in the sport, plus outstanding graphic capabilities are why Hogeye will be identified as the “Official Screen Printer of the AARA” for 1993. For more information write or call Hogeye, Inc. at: Rt. 2, Box 215A, Hogeye, Arkansas, 72753, 501/846-4393 or fax 501/846-4670.

**MARTY HOGAN RACQUETBALL BEGINS PLAY TESTING PROGRAM**

AARA State Directors are being asked to assist Pro Kennex in the play testing of newly engineered AARA approved racquetballs for tournament play. In order to reach the largest tournament playing segment of the racquetball community, and win their approval, Promotions Director Beth Howell has provided each state director with a can of the new balls for play testing purposes.

In conjunction with the experiment, Marty Hogan Racquetball is also offering a special introductory tournament package program which includes a “buy one, get one free” option for tournament directors. For more information about the new balls, contact Beth Howell at 619/271-8390.

**IRSA RACQUETBALL FORUM A SUCCESS**

At the International Racquet Sports Association National Convention held in San Diego, Connie Martin and Lynn Adams hosted the 4th Annual Racquetball Forum, one of several pre-convention workshops. A record number of participants, over 70 from throughout the United States, attended the free three-hour forum.

Topics addressed “How Racquetball Can Be a Profit Center in Any Club,” “Evaluating Your Current Program,” “Developmental Programs,” and “Commitment Programs.” Questionnaire results showed, unanimously, that the forum needs to be offered each year and be a full day in length.

Special thanks go to the sponsors of the forum, IRSA, AARA, PARI, Ektelon, Penn and Gildon Video Productions. If you did not attend this year or are not a member of IRSA, please contact the Membership Service Department at IRSA at 800/228-4772 for more information.

**AARA CHIROPRACTIC SIGNS NETWORK PROGRAM**

The AARA, in conjunction with the American Chiropractic Association’s Council on Sports Injuries and Physical Fitness, is proud to announce the new AARA Chiropractic Sports Network program.

Providing benefits to AARA members, and a free service to tournament directors, this program provides professional chiropractic care, in the form of assessing and stabilizing injuries, and pre- and post tournament treatments, thereby allowing players to perform at their best.

The program has been developed to treat and provide chiropractic care for players; to promote
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**RULES**  
AARA unless otherwise specified. Round-robin format for qualifying rounds Tuesday through Friday. Matches consist of 3 games to 11 points. Matches are self-officiated. One tourney point earned per game point scored, 3 points earned per game won, and 7 points earned per match won. Top 8 qualifiers within each age group earn berths in the Saturday Championship Medal Round (flight winners guaranteed a berth). Saturday playoff matches consist of 2 out of 3 games to 11 points with finals 2 out of 3 games to 15 (single elimination). No consolation matches will be scheduled. For more information, call Gary Mazaroff at 505/298-8960.

Sanctioned by IRF (International Racquetball Federation), AARA, National Seniors Council. AARA membership required ($15.00 per 12 months).

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MONDAY - 2:00 p.m. Registration begins at Ramada Classic.  
TUESDAY - 2:00 p.m. Registration continues at Ramada Classic. Hospitality from 5:30 p.m. to 8:00 p.m.  
TUESDAY thru SATURDAY - 6:00 a.m. to 9:00 a.m. Muffin Buffet at Ramada Classic; coupon with room registration.  
TUESDAY thru SATURDAY - 11:30 a.m. to 2:00 p.m. Lunch at Tom Young's.  
SATURDAY - 7:30 p.m. Awards banquet at Ramada Classic.  
THURSDAY - 8:00 p.m. Babe's Nite Out.  
FRIDAY - 6:00 p.m. Social at Ramada Sports Saloon. Raffle and mini-auction. Complimentary shuttle service.

**PLEASE PRINT ALL INFORMATION LEGIBLY.**

**NAME**  
**ADDRESS**  
**CITY**  
**STATE**  
**ZIP**  
**HOME PHONE**  
**WORK PHONE**  
**AGE AS OF 9/7/93**

**NO ENTRIES ACCEPTED WITHOUT FEE.**

Fee Enclosed: Individual ($) 895.00 Husband/Wife ($) 1150.00 Spectator($) 40.00 each

Please check method of payment: • U.S. CURRENCY ONLY • Add $5.00 if using VISA or MASTERCARD

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No Refunds After AUGUST 1, 1993 • Make Checks Payable To: World Senior Racquetball Championships (WSRC)

Signature

MAIL COMPLETED ENTRY FORM AND FEE TO:  
World Senior Racquetball Championships  
P.O. Box 50188, Albuquerque, NM 87190

**ENTRY DEADLINE:** AUGUST 1, 1993

**AWARDS**

The top 4 finishers in each age group of 8 or more players. The Al Wetherill Memorial Sportsmanship Award.

**FEES**

$95.00 per player, $1150.00 total for Husband/Wife team. $40.00 per non-playing spectator (includes meals and banquet). MAKE CHECKS PAYABLE TO: World Senior Racquetball Championships (WSRC). 85.00 processing fee for VISA and Mastercard payments. All fees must be paid in U.S. currency. No Refunds After August 1, 1993.

**ENTRY DEADLINE**

All registration forms and fees must be received at the WSRC office no later than August 1, 1993. Enter early to guarantee a slot. Entries are limited to the first 400. First match time information will be available September 6th. Call Tom Young's Athletic Club, 505/298-7661. **TOURNAMENT PLAY BEGINS TUESDAY, SEPTEMBER 7.**

**ABOUT THE TOURNAMENT**

Organized as the North American 40+ in 1985, the tournament has grown to attract participants worldwide. This is a premier tournament for Senior Women and Men in the world. We encourage participation, and we are delighted to showcase our community, state, and city. Come and enjoy our friendly community. Come early, stay late, and have FUN!

**ABOUT ALBUQUERQUE**

Albuquerque is nestled at the base of the 10,500-foot, pastel-peaked Sandia Mountains. It is the hub of New Mexico—home to one-half million residents. Albuquerque offers excellent year-round climate, fantastic museums, and more! We are very proud of our community and encourage you to take advantage of its many attractions.

Santa Fe, 60 miles north • Indian Pueblo Cultural Center • Acoma - Sky City. 60 miles west • Taos, 120 miles north The University of New Mexico • Old Town Albuquerque Museum of Natural History • Albuquerque Museum New Mexico State Fair • Rio Grande Zoological Park

**ORGANIZED TOURS WILL BE AVAILABLE.**

Please indicate your interest on the entry form.

**EVENT ENTERED**

**WOMEN MEN** | **PLAYER LEVEL**
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I hereby, for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against Tom Young's Athletic Club or Midtown Athletic Club, and their respective agents, representatives, successors and assigns for any and all injuries or damage, whether caused by negligence of the above or otherwise.

Signature

**MAIL COMPLETED ENTRY FORM AND FEE TO:**  
World Senior Racquetball Championships  
P.O. Box 50188, Albuquerque, NM 87190

**ENTRY DEADLINE:** AUGUST 1, 1993

**OFFICIAL USE ONLY**

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NEW INSURANCE COVERAGE

Due to rising costs and an increasing number of expensive claims, the AARA athlete insurance coverage has undergone a series of changes under a new carrier. Effective with this calendar year, coverage to and from sanctioned events has been eliminated and athlete coverage carries a higher deductible, while site liability remains essentially the same.

SECONDARY ACCIDENT MEDICAL INSURANCE FOR ATHLETES

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<th>Insurance Company:</th>
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<td>Certificate Number:</td>
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<tr>
<td>Who is Covered:</td>
<td>Registered AARA athlete members</td>
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Coverage Starts: Coverage is a benefit of membership, and begins upon receipt of the completed membership application form with appropriate fee.

Effective: Registered AARA athlete members are covered while 1) participating in competitions, meets or event sponsored or sanctioned by AARA, and 2) while participating in organized, scheduled practice sessions.

Benefits:

*Maximum $25,000 per occurrence for medical expense
*Maximum $250 per tooth/$1,000 per occurrence for dental expense
*$10,000 for accidental death
*$15,000 for dismemberment and loss of sight
*$10,000 for dismemberment, loss of a hand, a foot or sight of one eye
*Deductible amount is $2,000
*Amount payable limited to medical/dental expense incurred within one year of the date of the accident which exceeds the deductible amount.

Deductible: This program is secondary to other primary insurance in place through the athlete’s employment, school, or family. The deductible is the greater of the total of other collectible benefits from primary insurance sources applicable to the injury, or $2,000 of medical expenses where there is no primary insurance.

How to File a Claim: Upon notification of an injury, claim forms are sent to the injured party from the AARA Headquarters. Additional claim forms may be obtained by contacting AARA Headquarters. Completed claim forms should be submitted to John Hancock Mutual Life Insurance Company, as directed on the claim form.

LIABILITY INSURANCE PROGRAM FOR EVENT SITES

<table>
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<th>Insurance Company:</th>
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<tr>
<td>Policy Number:</td>
<td>CPP05-02668</td>
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<td>Policy Dates:</td>
<td>January 1, 1993 to January 1, 1994</td>
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</tbody>
</table>

12:01 a.m. Mountain Standard Time

Limits and Sub-Limits of Liability:

*$1,000,000 for each occurrence
*No Aggregate Limit
*$1,000,000 Products/ completed Operations Aggregate
*$1,000,000 Personal Injury/Advertising Injury
*$50,000 Fire Damage (any one fire)
*$5,000 Medical Expenses (any one person)

It is imperative that all incidents, no matter how minor, be reported immediately to the AARA.

STATE RANKINGS
(as of March 30, 1993)

1. California
2. Florida
3. Texas
4. Ohio
5. Illinois
6. New York
7. Pennsylvania
8. Minnesota
9. Colorado
10. Wisconsin

RACQUETBALL Magazine 57 May - June 1993
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HUNDREDS OF WINNERS!

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All donations are tax deductible and you need not be present to win. Drawing will be held on-site at the World Senior Championships, September 7-11 in Albuquerque. All mailed ticket requests must be postmarked by August 15.

========== ORDER FORM ==========

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City ________________________________________________
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Home Phone __________ Work __________
1 ticket ($2.00) 3 tickets ($5.00)
8 tickets ($10.00) 20 tickets ($20.00)

Make your check payable to AARA and send your completed order form to: AARA World Senior Raffle, 815 North Weber, Colorado Springs, CO 80903-2947.

== For office use only ==
Received _______ Amount =___________
Ticket Nos. _______ Mailed ________

RB: GLOBAL

RACQUETBALL IN PAN AMERICAN GAMES!
Keith Calkins, President of the AARA and the Pan American Racquetball Confederation, Luke St. Onge, Secretary-General of PARC, and Osvaldo Maggi, President of the Argentina Racquetball Association attended the annual meeting of the Pan American Sport Organization (PASO) in Mar Del Plata, Argentina where racquetball was re-affirmed on the program for the 1995 Pan American Games. Through a great effort on all of racquetball’s part, the venue was moved from Mar Del Plata to Buenos Aires where five new courts are being built for the competition.

PITCHING 2000
The International Racquetball Federation has been invited to make a formal presentation to the International Olympic Committee in Lausanne, Switzerland in May. Han van der Heiden, President of the IRF and Luke St. Onge, Executive Director of IRF will make the racquetball presentation to the program commission which will then make recommendations to the IOC Executive Board for changes in the 2000 Olympic program. The final determination will be made in September of 1994.

CENTRAL AMERICAN CARIBBEAN GAMES
Racquetball has been confirmed on the official program of the Central American Caribbean Games to be held in November in Puerto Rico. Competition will be held in the city of San Juan at the YMCA. This will be the second appearance for racquetball in the quadrennial Olympic event.

PUERTO RICO NATIONAL TEAM QUALIFICATION
The competition at the YMCA in San Juan was fierce in late February, as qualifiers for the Puerto Rican Racquetball Team were chosen to represent Puerto Rico in the Central American Games to be held in November, 1993 right in San Juan.
Thanks to tournament directors Mercedes Ortega, Fran Davis and Steve Weidlein, the tournament was a huge success. Promotion in Racquetball Magazine helped attract over 40 male and female players from as far away as California, New Mexico, Georgia and New York, as well as local Puerto Rican residents.

Congratulations to all the top singles and doubles players who made the team to represent Puerto Rico in the Central American Games in November—Men’s Singles: Gilberto Rodriguez, Atlanta, GA; Alex Ramires, San Diego, CA; Steve Weidlein, San Juan, PR. Men’s Doubles: Victor Alvarez/Ray Martinez, NC. Women’s Singles: Anita Moldanato, Bronx, NY; Mary Kucel, San Francisco, CA; Nydia Puig, Clovis, NM.

FORMER CANADIAN WORLD CHAMPION RETIRES
Two time world women’s singles champion and seven-time Canadian champion Heather Stupp-Myers recently announced her retirement from Racquetball Canada’s national team. Citing a change in lifestyle (she was married last summer) combined with an overseas move to London, England, Heather made the following comments on her racquetball career:

“There is a great deal of contentment and satisfaction in my leaving the competitive side of the sport at this time. I grew up on racquetball (since 12), and I grew up with racquetball (seeing it grow to its height today).”

“My accomplishments went well beyond what I had ever hoped to achieve. The saddest part of leaving is the friends I will miss, not just the players but everybody involved in the sport.”

“My hope for the future is that my retirement will open a spot on the national team for some “fresh blood.” The Canadian Team has to make room for the younger players and give them the opportunity to develop and participate. We now have, for the most part, a static team that is getting older and older. It may mean some lesser results right now, but should pay dividends in the future.”

“I will still keep my hand in the sport and have promised the Great Britain Racquetball Federation assistance, should they need any, while we are in England.”

CANADIAN TEAM MEMBER TESTS POSITIVE
Roger Harripersad, a nationally ranked player and professional from Canada, recently tested positive in a doping test conducted during the Western Canadian Open Tournament in Calgary, Canada. Harripersad’s sample contained the banned substance stanozolol, an anabolic steroid. He receives a four year suspension from all sanctioned sport events in Canada and his monthly Sport Canada funding has been terminated for life.

The IRF’s doping policy as it relates to this class of banned substance results in an automatic two year suspension from all international competition. The IRF constitution also states that a player must be in good standing with his/her federation to compete, thus enforcing the four year ban instituted by Racquetball Canada. Both Sport Canada and the IRF allow an athlete to appeal the decision. At press time, Harripersad indicated that he intends to do so.

In a related issue, the Pan American Racquetball Confederation recently passed a resolution asking the IRF to increase the current penalty of two years to four years for this class of doping.
Members of the U.S. National Racquetball Team brought home their seventh consecutive “Cup of the Americas” win from the 1993 Tournament of the Americas in Cochabamba, Bolivia in early April. As a team, the U.S. took top honors in the overall categories of competition and in individual title rounds, U.S. players swept the singles and doubles divisions.

Current world and national singles champion Chris Cole of Flint, Michigan defended his Tournament of the Americas title with a tiebreaker win over Simon Roy of Canada in the men’s final, 6-15, 15-9, 11-5. In the preceding round, Cole came from behind to take a third major career victory from teammate Tim Sweeney. Rivalry between the two formed last year when Cole knocked out then defending national singles champion Sweeney, then went on to take the 1992 title. Their next meeting was in the finals of the world championships, where Cole again disappointed Sweeney with a tiebreaker victory. In their Bolivian rematch, Sweeney opened with a dazzling 15-0 win in the first game. Then, after losing the second and going to tiebreaker, Sweeney lost his momentum with a 10-7 lead at match point and served a long fault serve for a side out. Cole took the match 11-10.

Top-ranked pro tour player Jackie Paraiso Gibson of San Diego also defeated one of Canada’s best, Carol McFetridge, in straight games of 15-6, 15-10 to take the women’s singles title. In women’s doubles, current national champions Mary Lyons and Susan Morgan-Pfaehler of Jacksonville, Florida also took a straight game win over Canada’s Vicki Shanks and Josee Grandmaitre, 15-6, 15-9.

In men’s doubles, current national doubles champions Bill Sell of Huntington Beach and Joel Bonnett of Grand Rapids, Michigan defeated Bolivians Juan Carlos Tapia and Leomir Sarmiento, 15-4, 15-14.
RESULTS

Men's Singles
Chris Cole (USA)
def.
Simon Roy (Canada)
6-15, 10-9, 11-5

Women's Singles
Jacquie Paraizo Gibson (USA)
def.
Carol McFeetridge (Canada)
15-6, 15-10

Men's Doubles
Joel Bonnett &
Bill Sadl (USA)
def.
Juan Carlos Tapia &
Leonir Sarmiento (Bolivia)
15-4, 15-14

Women's Doubles
Mary Lyons &
Susan Morgan-Pfahl (USA)
def.
Vicki Shank &
Josée Grandmaitre (Canada)
15-6, 15-9

Team Finishes
United States
Canada
Bolivia
Mexico
Most winner names were familiar to spectators and players at the Ektelon AARA U.S. National Intercollegiate Racquetball Championships at City Square Sports Club in Phoenix. All except one.

"Who's she?" they asked during the women's finals.

"She" is San Jose State's Tanya Spangler, an unseeded player who came out of nowhere to win the women's division #1 title.

The title might never have been Spangler's had she not come back to racquetball after taking a break from it two years ago. Burned out, racquetball had become a lower priority.

In the fall, she joined the competitive club which motivated her to start playing again. "I just decided that I wanted to go for it again," she said. "It wasn't work anymore, it was fun."

Spangler, who had three years of eligibility left, is coached by her father, Val. The pair has also sought coaching from Fielding Snow (Seattle), Les Gee (Vancouver), and squash coach Usuf Khan. Next up for the new intercollegiate champ is the May U.S. National Singles Championships in Houston.

Other finals were more predictable, as top-seeded Southwest Missouri State's Tim Sweeney, 25, grabbed his third consecutive title in the men's division #1, and doubles teams of Memphis State University's Joel Bonnett/Scott Reiff and SMSU's Chris Deer/Heather Dunn won the division #1 doubles titles. SMSU sealed its third consecutive team win over MSU, with over 10,000 points for its collected wins.

But this year Sweeney's title defense differed. He had a new coach, Jim Trammel, due to the passing of George Baker last spring. He was also without his father, who died of a heart attack in July. In remembrance of both his father and his former coach, Sweeney wore two black wristbands during the tournament.

Moving through each round easily, Sweeney defeated Sapan Shan (Northwest University of Illinois) 15-1, 15-3, Bob Swindell (Baldwin Wallace) 15-6, 15-6, and Brett Beugen (University of Minnesota) 15-2, 15-3. In the semi-final he met fourth-seeded John Gillooly (University of Massachusetts), using a serve-and-shoot game and a hard drive serve in a match which proved more difficult than the others.

"I was trying to keep him off balance, like I do everyone," Sweeney said of his 15-7, 15-10 victory. He added that the glass court was tough,
Sweeney and Bonnett

and he tried to keep Gillooly behind him.

Meanwhile #2 seeded Bonnett defeated #3 Kelly Gelhaus (CSUS) 15-8, 15-6 to move to the finals. Bonnett was motivated during his semi-final match by his loss four years ago to Gelhaus in a junior national.

“This was, for me, a get-back match.”

Bonnett’s strategy, being aggressive and using drive serves to the backhand, was one he had no plans to abandon during the final against Sweeney, a power player who also capitalizes on his drive serves.

“I’ve been playing really well,” Bonnett said, adding that he felt confident. “It’s one match that I’ve really tried to focus on in the past two or three months.”

Although Sweeney had never lost to Bonnett, he was wary. “I don’t want to take anybody lightly.”

Sweeney was in control during the final, usually winning points by engaging Bonnett in three-shot rallies. Sweeney opened the first game with a drive serve in Bonnett’s backhand, and continued to mix his serves effectively. As he jumped out to an 8-0 lead, a frustrated Bonnett called a time out. On his return, Bonnett scored his first point on a drive serve to Sweeney’s backhand, but an unshaken Sweeney went on to take the game 15-3.

In the second game Bonnett was no less frustrated and at 4-0 again called a timeout, then another at 7-1. But Sweeney remained focused. After several more ace service winners, including the game winner, Sweeney quickly wrapped up his victory, 15-1.

The match was not without its light moments, however. After one time out, Bonnett stood chatting casually with Sweeney for longer than appropriate, much to the amusement of the crowd, referee and line judges.

At another point, clearly struggling with Sweeney’s power game, he turned to the crowd, lifted his racquet, and yelled, “What are you going to do?”

For Sweeney, the title is one more stepping stone to his ultimate goal of winning four consecutive intercollegiate titles, a feat never before accomplished. He added that he had a lot of incentive from his father, who always wanted him to win four in a row.

To reach the women’s final, Spangler, 23, also defeated her opponents in straight games. In early rounds, she met Leana Colangelo (Providence) 15-2, 15-1, Brooke Robertson (BYU) 15-1, 15-4, and Rachel Gellman (University of New Mexico) 15-8, 15-9.

In the semifinal, #2 seeded Arny Kilbane (Baldwin Wallace), succumbed to Spangler’s z-serve to the forehand and passing game, 15-11, 15-5.

Spangler, like Sweeney, also kept her opponent in the back court. “Playing on this court is difficult because of the side wall being glass, and I tried to use it to my advantage,” she said.

Fourth-seeded Heather Dunn defeated top seeded Holly Gray (Coastline Community College) 15-12, 15-8 by using drive and lob serves to keep Gray, effective up front, in the backcourt.

Dunn, who said she was jittery about the final, had never seen Spangler play until the tournament. “She looked really strong,” Dunn said. Unsure of
an exact strategy, Dunn said she wanted to mix things up and use the glass to get Spangler in trouble.

On Sunday, Tanya came in early to practice some serves, especially her drive serve, which she said had not been effective during the tournament. It quickly fell into place. Spangler added that her strategy for the final would include a strong passing game and working the right corner.

"Heather's pretty fast," she said, "so I just want to keep her moving until I can put the ball away."

The first game was often close, and Dunn seemed frustrated as Spangler broke loose from an 8-8 tie to win 15-9.

Early in the second game Spangler seemed in control, jumping out to a 12-3 lead with several kills. Crowd support grew audibly for the two-time junior national title winner. It was far from over, however. Spangler abandoned the z-serve to the forehand, which had been working well, and tried to hit the drive serve. She said Dunn capitalized on it, and fought her way back to within five, 12-7, by setting Spangler up to make unforced errors.

"Rather than just pass the ball, I was trying to kill it when I should have played it a little bit more conservative," Spangler said. "I was thinking about winning rather than each point."

At 13-12, with only a one-point lead, Spangler called a time out. Services then traded back and forth until the final rally, which Spangler opened with a z-serve to win 15-13.

Spangler believed her service game and power were keys to her victory, a victory she said came as a relief from the bundle of nerves she had become. "I'm still nervous," she said over an hour after the win. "It kind of hasn't sunk in yet."

RESULTS — Men's Singles: Tim Sweeney (Southwest Missouri State Univ.) def. Joel Bonnett (Memphis State Univ.) 15-3, 15-1; Women's Singles: Tanya Spangler (San Jose State Univ.) def. Heather Dunn (SW Missouri State Univ.) 15-9, 15-13; Men's Doubles: Joel Bonnett/Scott Reiff (MSU) def. Allan Engel/Simon Roy (SMSU) 15-8, 15-13; Women's Doubles: Chris Deer/Heather Dunn (SMSU) def. Amy Kilbane/Lyanne Staresinic (Baldwin Wallace CC) 15-7, 15-4

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The only U.S. manufacturer of racket strings
ARMBRECHT AND BROCKBANK WIN HIGH SCHOOL TITLES

Jason Armbrecht of West Forsyth High School in Winston-Salem, North Carolina and Tammy Brockbank of Borah High School in Boise, Idaho were crowned champions of the 1993 Ektelon U.S. National High School Championships in St. Louis, Missouri in early March. For their wins, each junior athlete qualifies for a "Junior Team USA" try-out at the U.S. Olympic Training Center in Colorado Springs this summer.

Both junior athletes are highly-ranked in 16 and under singles divisions, with Armbrecht taking second, and Brockbank first, at the 1992 Junior Olympics in Salt Lake City last summer. Brockbank also earned a gold medal in doubles and a silver in singles at the 1992 World Junior Championships in December. A long-time junior athlete, Armbrecht has consistently reached the top-four in national competition since his second place finish in Boy's 10 and under in 1986.

RESULTS —


Boy's Doubles: Shai Manzuri/Dawoud Ghafarshad (Foothills HS/Claremont, Calif.) def. Tom Helfrich/Chad Stuber (Parkway West HS/St. Louis, Mo.) 15-5, 15-6.

Girl's Doubles: Dianne Torrey/Stephanie Torrey (Notre Dame Academy/Worcester, Mass.) def. Lisa Clark/Tammy Fiscella (Mehlville HS, St. Louis, Mo.) 15-6, 15-5.


Team Winners: Overall Team Winner: Lafayette HS (St. Louis); Boy's Team Winner: Parkway West (St. Louis); Girl's Team Winners (Tied): Borah HS (Boise, Idaho) & Notre Dame (Worcester, Mass.).
ADAMS-CLAY ADDITION
Just before press time, Lynn Adams Clay gave welcome birth to new daughter Kristen Kelly Clay, following a “taxing” 48 hours of labor. The 8 lb., 3 oz. bouncing baby girl was a whopping 21” long and sported a full head of dark hair when she was delivered by caesarean section at 3:03 AM on April 15. Mother, daughter and proud papa Rich Clay are all recovering nicely.

CALIFORNIA PLAYER RECEIVES GRANT
Mary Tessier, a resident of Pacifica, California, was one of 38 athletes and five teams from 22 states selected to receive a Sudafed® Travel and Training grant. Ms. Tessier was the 1992 California State Racquetball Champion in Open and 30+ singles divisions, and she is ranked #2 in the state in singles.

The Sudafed Travel and Training Fund is administered by the Women’s Sports Foundation, which established the fund in 1984 to provide direct financial assistance to aspiring athletes with successful competitive records who have the potential to achieve even higher performance levels and rankings. Grants can be used for travel to competitions, specialized equipment or coaching, or for training expenses.

GALBREATH INDUCTED TO WESTERN PA SPORTS HALL OF FAME
Ron Galbreath of Pittsburgh was inducted into the Western Pennsylvania Sports Hall of Fame on May 2. Galbreath was one of 15 inductees, including NFL coach Chuck Knox.

Ron began playing racquetball when he was the Assistant Basketball Coach at Geneva College in Beaver Falls, Pennsylvania, “the home of Joe Namath.” The head basketball coach at the time, Cliff Aultman taught Ron the game of racquetball.

“It was a real thrill when I was notified of my induction. When I saw some of the other people in the hall of fame, it was quite impressive. It is a very nice honor,” Ron told RACQUETBALL Magazine following the notice of his induction.

MARTINEZ FAN CLUB
We want to say thanks to Ray Martinez for taking the time to cross train four of us that want to be among the top ranked in our state. For the last year Ray has pushed about 10 of us really hard, and four of us went to national singles in Houston. We didn’t play as well as we would have liked, but we came back pumped up, wanting to get better. Bad.

As soon as we got back home Ray started working with us one at a time and then there were times he would bring us together all at once. Besides teaching us the game, Ray had his way of mentally helping us get pumped. If one of us didn’t give 100%, and physically we were fine, he would say something like, “Oh, I’ll put you with Kevin today so he can drill because you’re not at his caliber yet.” By the time Ray got done talking in your ear, you were charged for a good two hours — he is one of the best.

We’ve learned that you can be a top ranked player without having a nasty attitude on and off the court. You can play
tough and hard, but the biggest win is in gaining people's respect and we hope that we are sharing and showing this as we travel to other clubs.

We again say thanks to Ray for helping us to become winners. Signed, the Martinez Traveling Cleaners: Glen Garrison, Kevin O'Callahan, Mike "The Hook", Rocco Mazzo.

**BRONCOS PICTURED WITH THEIR FAVORITE SPORT**

Brothers Doug and Dave Widell of the Denver Broncos chose to depict their favorite court sport on their NFL Pro Line Portrait trading card, released in fall of last year. The 1992 Pro Line Collection trading card set contains virtually all of the NFL's star players and promising rookies, including the two racquetball fans. Also featured in the collection is Washington Redskins coach Joe Gibbs, who was a national men's 35+ championship finalist in 1976.

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**PASSINGS**

Ira Casten, 38, of Manchester, New Hampshire passed away March 26, 1993 from injuries sustained in an automobile accident. He was an avid sportsman and enjoyed playing racquetball and organizing local tournaments. He had recently helped organize a benefit for the Parkland Medical Center in Derry which raised $15,000 for children, as well as the Mitch Nathanson Classic, which helps send kids to racquetball camp. His efforts in directing tournaments were tireless, and his presence will be sadly missed by the New England racquetball community.

The Texas Amateur Racquetball Association would like to express its deepest sympathy to the family and friends of Victor Altman, who passed away on January 22, 1993 from a heart attack while playing in a sanctioned tournament.

**GANIMS EXPECT FIRSTBORN IN JULY**

Mid-July will see the arrival of a new member of the Ganim family. Doug and Mary Beth are expecting their firstborn son, due to arrive July 15. Look for the announcement, with specifics (and perhaps a photo, Doug?), in our people section when the little tyke arrives.
OFFICIAL AARA WARM UP ...... This crinkly nylon replica of the U.S. National Team uniform sports a silkscreened World Championship eagle logo on the sleeve, and is fully lined in poly/cotton. Pants have zippered leg openings, three pockets and adjustable drawstring waist. Made by Santiago of California. S, M, L, XL. $99.00.

RACQUETBALL BAG ................. The same bag used by members of the U.S. National Racquetball Team, made of tough cordura nylon. 39.00.

TEAM LOGO SWEATSHIRT ...... 50/50 Fruit of the Loom, with National Team eagle logo on front, USA on back, AARA on sleeve. White. S, M, L, XL, XXL $20.00.

TEAM LOGO T-SHIRT ............... 100% cotton. Same design as sweatshirt (without sleeve logo) White. S, M, L, XL. $12.00.

RACQUETBALL WATCH AARA logo and racquetball player on face. Quartz movement, leather band, one year guarantee. Specify men's or women's style. $29.00.

USA RACQUETBALL POLO SHIRTS All cotton, with tri-color embroidery. S, M, L, XL. Colors: Navy, Pink, White, Grey, Blue & other assorted colors. $29.00.

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| MEN'S C | 1. Lawrence Flores, TX |
| MEN'S D | 1. David Kersten, AR |
| MEN'S 19+ | 1. Dan Fowler, MD |
| MEN'S 25+ | 1. Bruce Erickson, MO |
| MEN'S 30+ | 1. Dave Peck, TX |
| MEN'S 35+ | 1. Dane Crisp, TX |
| MEN'S 40+ | 1. Tom Tracy, VA |
| MEN'S 45+ | 1. Frank Dispenza, FL |
| MEN'S 50+ | 1. Art Johnson, CO |
| MEN'S 55+ | 1. Tom Adams, NY |
| MEN'S 60+ | 1. Bob Snellman, UT |
| MEN'S 65+ | 1. Dane Crisp, TX |
| MEN'S 70+ | 1. Dave Kovanda, OH |
| MEN'S 75+ | 1. John Yorkey, UT |
| MEN'S 80+ | 1. Dan Levy, TX |
| MEN'S 85+ | 1. Scott Reiff, TN |
| WOMEN'S NOVICE | 1. Lorraine Galloway, NY |
| WOMEN'S OPEN | 1. Kim Russell, CA |
| WOMEN'S A | 1. Treena Muller, NY |
| WOMEN'S B | 1. Sherry Dartey, NY |
| WOMEN'S C | 1. Amy Kilbane, OH |
| WOMEN'S D | 1. Kersten Hallander, FL |
| WOMEN'S 19+ | 1. Amy Kilbane, OH |
| WOMEN'S 25+ | 1. Kersten Hallander, FL |
| WOMEN'S 30+ | 1. Sherry Dartey, NY |
| WOMEN'S 35+ | 1. Kersten Hallander, FL |
| WOMEN'S 40+ | 1. Kersten Hallander, FL |
| WOMEN'S 45+ | 1. Kersten Hallander, FL |
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| WOMEN'S 65+ | 1. Kersten Hallander, FL |
| WOMEN'S 70+ | 1. Kersten Hallander, FL |
| WOMEN'S 75+ | 1. Kersten Hallander, FL |
| WOMEN'S 80+ | 1. Kersten Hallander, FL |
| WOMEN'S 85+ | 1. Kersten Hallander, FL |
| WOMEN'S A | 1. Sherry Dartey, NY |
| WOMEN'S B | 1. Kersten Hallander, FL |
| WOMEN'S C | 1. Kersten Hallander, FL |
| WOMEN'S D | 1. Kersten Hallander, FL |

**MEN**

- **MEN'S NOVICE**
  1. Tom Cermillo, NY
  2. Frank Dispenza, FL
  3. Danny Kapferman, NY
  4. Chris Cole, MI

- **MEN'S OPEN**
  1. Chris Cole, MI
  2. Doug Canim, OH
  3. Michael Bronfeld, CA
  4. John Ellis, CA

- **MEN'S A**
  1. Grant Giles, CA
  2. Eric Harper, FL
  3. Kip Atwell, TX

- **MEN'S B**
  1. Shishir Mohan, NJ
  2. Mike Petrini, TN
  3. Wally Miller, TN

- **MEN'S C**
  1. Lawrence Flores, TX
  2. Todd Haynes, AR

- **MEN'S D**
  1. David Kersten, AR
  2. Dan Ames, NJ

- **MEN'S 19+**
  1. Dan Fowler, MD

- **MEN'S 25+**
  1. Bruce Erickson, MO

- **MEN'S 30+**
  1. Dave Peck, TX

- **MEN'S 35+**
  1. Dane Crisp, TX

- **MEN'S 40+**
  1. Tom Tracy, VA

- **MEN'S 45+**
  1. Frank Dispenza, FL

- **MEN'S 50+**
  1. Tom Adams, NY

- **MEN'S 55+**
  1. Tom Adams, NY

- **MEN'S 60+**
  1. Bob Snellman, UT

- **MEN'S 65+**
  1. Dane Crisp, TX

- **MEN'S 70+**
  1. Dave Kovanda, OH

- **MEN'S 75+**
  1. John Yorkey, UT

- **MEN'S 80+**
  1. Dan Levy, TX

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  1. Scott Reiff, TN

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- **WOMEN'S NOVICE**
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- **WOMEN'S A**
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  1. Amy Kilbane, OH

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2. Kathy Treadway, TN
3. Janet Tyler, FL
4. Marianne Walsh, UT
5. Dee Ferreira-Worth, CA
6. Tracey Smith, TN
7. Susan Morgan-Pfahler, FL
8. Marcia Richards, LA
9. Mary Bickley, PA

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1. Cindy Baxter, PA
2. Linda Moore, NE
3. Val Shewfelt, UT
4. Janelle Marriott, RI
5. Laura Patterson, PA
6. Vicki Hillard, TN
7. Janet Insko, MI
8. Cynthia Gable, MI
9. Cindy Tilbury, MN
10. Gay Woods, LA

WOMEN'S 40+
1. Janet Myers, NC
2. Janet Insko, MI
3. Agatha Falso, FL
4. Dorothee Buchanan, UT
5. Marilyn Biviano, MD
6. Shelley Ogden, OH
7. Gerri Stoffregen, OH
8. Gwen Benham, AR
9. Willie Grover, CA
10. Linda Gumbrow, VA

WOMEN'S 45+
1. Agatha Falso, FL
2. Gerri Stoffregen, OH
3. Linda Miller, IN
4. June Riggs, RI
5. Donna Hutt, NY
6. Pat Tarzon, IL
7. Jan Howard, VA
8. Sharon Hastings-Welty, OR
9. Marjorie Kelley, CA
10. Betty Gilliland, MI

WOMEN'S 50+
1. Sharon Hastings-Welty, OR
2. Mildred Gwin, NC
3. Jo Kenyon, FL
4. Marion Johnson, TX
5. Kathy Mueller, MN
6. Nancy Butts, WI
7. Sylvia Sawyer, UT
8. Jean Tull, VA
9. Annabelle Kovar, NE
10. Norma Carlisle, UT

WOMEN'S 55+
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2. Kathy Mueller, MN
3. Joanna Raide, PA
4. Marion Crawford, NY
5. Mary Walker, CA
6. Carol Hardiman, CA
7. Mary Low Acuff, NC
8. Cleata Ching, PA
9. Jessica Schreier, FL
10. Susan Embry, CA

WOMEN'S 60+
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2. Betty Railey, TN
3. Lola Markus, IL
4. B.G. Railey, TN
5. Rita Turner, CA
6. Sally Polk, NM
7. Ann Toy, NY
8. Barbara Bowman, NM

WOMEN'S 65+
1. Mary Low Acuff, NC
2. Phyllis Melvey, ND
3. Joann Jones, CT
4. Dorothy Vezetinski, WA

WOMEN'S 70+
1. Mary Low Acuff, NC
2. Eleanor Quackenbush, OR
3. Zelda Friedland, NM

WOMEN'S 80+
1. Zelda Friedland, NM

WOMEN'S 90+
1. Jon Hellner, OR
2. John Miller, FL
3. James Boykin, DE
4. Alphonese, IL
5. Brandon Shoemaker, OH
6. Michael Kamin, TX

BOYS 10-
1. Shane Vanderson, OH
2. Jim Gooden, CO
3. Lane Mershon, GA
4. Jason Jansen, ND
5. Dan Thompson, WI
6. Ashley Conway, NC
7. Adam Taylor, IN
8. Matthew McElhiney, FL
9. Philip Hammond, OH
10. Jack Hurczik, MI

BOYS 12-
1. Gabe Gose, NM
2. Bucky Carson, CA
3. Jeffrey Ritter, CO
4. Will Tilton, CO
5. Brandon Henline, CA
6. Ryan Staton, KS
7. Shane Vanderson, OH
8. Elian Levy, TX
9. Corey/Limehouse, SC
10. Ashley Conway, NC

BOYS 14-
1. Mark Hurst, FL
2. Bucky Freeman, TX
3. Jed Bhuta, AL
4. Brandon Shoemaker, OH
5. Johnny Miller, FL
6. Johnny Miller, FL
7. Josh Hawkings, IL
8. Richie Smith, SC
9. Josh Healy, UT
10. Brent McCade, TN

BOYS 16-
1. Shano Wood, MD
2. Brian Siegel, NJ
3. Joel Koppal, CA
4. Jason Armbrrecht, NC
5. Eric Ekman, MA
6. David Hamilton, OH
7. Paul Apilado, TX
8. Paul Apilado, TX
9. Jaron Icenogle, CA
10. Eric Storey, UT

BOYS 18-
1. Jason Mannino, NY
2. Jason Armbrrecht, NC
3. Suey Monchik, NY
4. Javad Aghaboo, MO
5. Craig Rappaport, PA
6. Shane Wood, MA
7. Allan Engel, FL
8. David Hamilton, OH
9. Toby Lepera, IN
10. Chris Thomas, NC

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1. Molly Law, CO
2. Jeni Fuller, NE
3. Kim Marksins, AZ
4. Sarah Breman, FL
5. Kim Irons, OH
6. Jesi Fuller, NM
7. Leslie Luna, NM
8. Nicole Steketee, MI
9. Karra Williams, NM
10. Larissa Rohan, TX

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1. Mully Conradi, DC
2. Kristen Walsh, UT
3. Rachel Benham, AR
4. Chris Bowman, WA

GIRLS 10-
1. Molly Law, CO
2. Rebecca Doloff, NM
3. Kristen Walsh, UT
4. Lindsay Ringle, MD
5. Kristen Doloff, OH
6. Valerie Kaye, NM
7. Lindsay Couse, OH
8. Jeni Fuller, NM
9. Casey Licari, CA
10. Kim Irons, OH

GIRLS 12-
1. Katie Gould, MO
2. Jamie Trachsel, MN
3. Sara Borland, IA
4. Erin Rogers, OR
5. Katie Thomson, WI
6. Jennifer Hardeman, TN
7. Booie Markus, OR
8. Lindsay Sears, IN
9. Rhea Brady, FL
10. Megan Guardian, MA

GIRLS 16-
1. Tammy Brockbank, ID
2. Shannon Feaster, DC
3. Andrea Beugen, MA
4. Stephanie Torrey, MA
5. Kristi Hale, NC
6. Amy Garley, CA
7. Jenny Meyer, CO
8. Leslye Bushgborn, GA
9. Amy Jerdee, IA
10. Andrea Luque, GA

GIRLS 18-
1. Elkoa Icenogle, CA
2. Kerri Stoffregen, OH
3. Tammy Brockbank, ID
4. Rachel Gellman, NM
5. Shannon Feaster, DC
6. Amber Frisch, TX
7. Letisha Bussell, ID
8. Kristi Hale, NC
9. Britt Engel, FL
10. Dawn Peterson, WI

DEAF
1. Gary Baker, IN
2. Chip Farnell, CA
3. Lee Gormine, WI
4. Steve Kuketz, MI
5. Joe Soares, FL
6. Dee Hager, PA
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