To: U.S. Paralympics Track & Field Athletes  
From: U.S. Paralympics Track & Field  
Date: November 18, 2021  

U.S. Paralympics Track & Field will continue its on and off campus athlete rotation program at the Chula Vista Elite Athlete Training Center (CVEATC) beginning in January 2021. The program is designed for U.S. athletes competing in the sport of Paralympics Track and Field.

The program is reserved for elite athletes and guides of athletes who have demonstrated the potential to medal at the 2020 Tokyo Paralympic Games held in 2021. Guide athletes are termed as athletes in this program. The program will be available for athletes who are prepared to make a full-time commitment to training and competing under the direction and leadership of Joaquim Cruz, U.S. Paralympics Track & Field Resident Head Coach and U.S. Paralympics Track & Field staff. Additional coaching staff may be added and approved at any time by the Director and the Resident Head Coach.

The rotation program will be available for athletes who are able to commit to training at Chula Vista in short-term segments. The rotation time and availability will be agreed upon at the discretion of U.S. Paralympics Track & Field Staff. All programs at Chula Vista are subject to the requirements outlined in this memo.

Specific training and competitions will be geared to the individual athlete’s needs, but generally will include mandatory daily prescribed workouts, multiple weekly scheduled weight room sessions, six WPA approved competitions per year to include U.S. Paralympics Track & Field Trials, specified nutrition counseling and sport performance related assessments (including, but not limited to blood draws, body analysis, etc.). Designated competitions will be outlined in the Sport and Program Plan and/or the athlete personal performance plan as agreed by the Resident Head Coach. Other mandatory components of the program may include sport science testing, sport psychology sessions, community outreach and involvement and media training. **Six competitions for 2021 will be dependent on competition availability due to the Pandemic.**

APPLICATION & ACCEPTANCE  
Applications and other necessary forms for the on and off campus athlete program will be available at the following website [https://www.teamusa.org/US-Paralympics/Sports/Track-and-Field/Resident-and-Rotation-Program](https://www.teamusa.org/US-Paralympics/Sports/Track-and-Field/Resident-and-Rotation-Program). Acceptance to the program will be at the sole discretion of U.S. Paralympics Track & Field staff and all positions available in the program will not necessarily be filled. All athletes will be required to re-apply based on the program application dates listed below.
For consideration, applicants must:

- Athlete must be a current U.S. citizen;
- Not be enrolled part-time in school and/or employed part-time where the combined total of school and/or work hours exceeds twenty (20) hours per week;
- Maintain a 2.0 GPA for college courses taken while in the program;
- Be willing to submit to a complete health profile coordinated by the USOPC Sports Medicine division, including a thorough medical history and comprehensive physical examination;
- Be able to live independently and take care of all personal needs which shall include, but not be limited to, attending practices, meetings, showering, dressing, residing, eating, etc.

**Please see COVID-19 Guidelines in Attachment C for additional considerations related to the current pandemic**

Evaluation of athletes for acceptance to the program will consider a wide range of factors including:

- Space availability
- Athletes must have met national team standards or be considered a viable competitor or medalist at the 2020 Tokyo Paralympic Games, as determined in the sole discretion of U.S. Paralympics Track & Field staff.
- Athlete’s desire and willingness to commit fully to the training outlined or approved by the U.S. Paralympics Track & Field.
- Training compatibility with other resident athletes, coaches and staff.
- Other relevant performance data from current quadrennium.

U.S. Paralympics Track & Field may add additional athletes after the application deadline has passed and after the program start date if additional slots remain. Late applications will be accepted at the sole discretion of U.S. Paralympics Track & Field staff. Unless special circumstances are cited and approved by the U.S. Paralympics Track & Field staff, resident and/or rotation programs will be awarded at Chula Vista Elite Athlete Training Center only.

**IMPORTANT DATES (2020-2021):**

- November 2, 2020   Application for 2021 Term 1 opens
- November 30, 2020  Application for 2021 Term 1 closes
- December 11, 2020  Applicants notified of 2021 Term 1 status
- December 18-31, 2020  Term 2 ends
- January 1-4, 2021  Term 1 2021 athlete move-in/return
- June 1, 2021   Application for 2021 Term 2 opens
- June 11, 2021   Application for 2021 Term 2 closes
- June 20-30, 2021  Athletes notified of 2021 Term 2 status
- October 31, 2021  Final move out for all on campus athletes
- October 31, 2021  On and Off campus athlete program ends for 2021
Athletes returning for Term 2 will not be given a formal move out notice prior to the end of the program, October 31, 2021, however reminders will be sent. 2022 on and off campus athlete program information will be available after the Tokyo Paralympic Games.

Applications for the rotation program are accepted on a rolling basis and must be submitted no later than six (6) weeks in advance of athlete’s requested start date unless otherwise discussed with the Director.

Athletes will be given a thirty (30) day notice where possible of move-out date in accordance with their term application. If you are no longer training, competing, or for non-compliance with rules and guidelines, you could receive a thirty (30) day or immediate move-out notice mid-term. Athletes are expected to apply for each individual term. On and off campus athletes or rotation athletes who do not apply for each term may not have their on or off campus status renewed for the following term. Athletes must take all their belongings at the time of move out, communicate their move-out date with U.S. Paralympics Track & Field staff, check out with Resident Head Coach, and follow CVEATC check-out procedures. Extenuating circumstances for move-out will be considered, but application deadlines are strict.

Athlete competition requirements will be outlined in each year’s Sport and Program Plan. Required team events, competitions or a required proof-of-fitness test outside of the Sport and Program Plan may be added at the discretion of the Resident Head Coach. For proof of performance times to be approved, the competition must be sanctioned by World Para Athletics through the competition approval process.

WAIVER AND PARTICIPATION FORMS
Upon acceptance into the program, all participants are required to sign the following forms:

- USOPC Waiver and Release of Liability
- Program Participation Consent/Letter of Intent (see Attachment B)
- Athlete Code of Conduct for both the USOPC and CVEATC (see Attachment D)
- Athlete Application
- USOPC Participant Biography
- Medical History Questionnaire
- HIPAA Form
- COVID-19 waiver forms (subject to changes and additions)
- Any additional documents required by U.S Paralympics Track & Field, the USOPC or CVEATC

EXPECTATIONS OF PARTICIPANTS
All participants in the program are responsible for fulfilling program commitments as detailed in this memo and each of its attachments. Failure to meet program requirements may result in removal from the program. Additional expectations are as follows:
● Full-time athletes/guides are expected to cover his/her own expenses for moving to/from Chula Vista (U.S. Paralympics Track & Field will provide travel reimbursements, up to three hundred dollars ($300) for initial (first time on campus athletes) move in only; all other costs are the responsibility of the athlete/guide). 

Athletes/guides are responsible for their travel expenses when moving back to the CVEATC in between terms, for holidays, vacations, etc.

● Unless special circumstances are cited, on and off campus athlete programs will be awarded at one training center only.

● Athletes are selected to the program to focus on full-time training. Any involvement in school, part-time employment and/or volunteer schedules must be arranged around training times with a maximum of 20 hours unless approved in writing by director of U.S Paralympics Track & Field. Work and school schedules must be reviewed as a part of the application and approved by the director prior to beginning school, employment or residency. **Due to COVID-19 see attached rules and guidelines related to working and school**

● Each athlete must demonstrate progress in training and competition, including reaching performance measurements established by the athlete and Resident Head Coach in collaboration with the Director and any specific outside coach for the year. Coaches

● Progress in international standings will be a consideration in evaluating both program and individual athlete applications and renewals. Coaches will report each athlete’s progress and specific performance standards throughout each year as determined by the Director.

● Athletes are expected to have a Personal Development Plan (PDP) to include short and long term goals. Personal Development Plans may address education, part-time employment, community service opportunities or other areas of interest to the athlete. Each athlete is responsible for checking with the Resident Coach and Director for PDP requirements during their stay.

● Each athlete member of a program must complete a health profile as soon as possible following their arrival with the USOPC Sports Medicine. The scheduling of the health profile will be coordinated by Sports Medicine with consideration for training and competitive obligations and health provider availability. The health profile includes a thorough medical history and comprehensive physical examination.

● The Resident Head Coach will serve as the liaison for athletes on campus. Full compliance with the goals and guidelines put forth by the Resident Head Coach is expected.

● All new applicants will be placed on a 90-day probation period. After 60 days, the Resident Head Coach will be asked to review the athlete’s progress and acclimation to the program. This is designed to allow both the coach and the athlete to determine if the athlete has the potential to be successful, both in training and socially, within the structure of the current U.S. Paralympics Track & Field Program.
Athletes are expected to meet regularly with the Resident Head Coach, attend all scheduled practices and participate in all scheduled competitions throughout the program period unless excused by the Resident Head Coach prior to the scheduled activity.

Athletes must attend other team activities (meetings, media training, community appearances, special events, etc.) as directed by the Resident Head Coach or Director.

Athletes must complete and pass a proof of performance test for each term as determined by the Resident Head Coach and Director.

Athletes participating in the program are specifically prohibited from soliciting training programs from external coaches without consent and inclusion of the Resident Head Coach and Director.

All program participants must maintain apartment, room and property cleanliness at all times.

Any issues that occur with other program athletes must be reported to the Resident Head Coach and Director no later than the next business day.

Guests are not permitted in shared bedrooms. Approved guests should remain in common areas. **Due to COVID-19 no guest are currently permitted at CVEATC**

Athletes who will leave the CVEATC for a period of two weeks or longer (excluding major competitions) will be expected to remove all belongings from room unless approved by the Director.

Athletes are expected to be mature and considerate roommates, responsible teammates and represent U.S Paralympics Track & Field accordingly at the CVEATC and at all team activities and events.

Sports medicine resources will be utilized to keep athletes healthy and injury-free. However, if an athlete sustains a long-term illness or serious injury that compromises his/her ability to train over an extended period of time, continued participation in the program may not provide the athlete with a significant performance benefit and thus the athlete may be removed from the program.

Athletes are required to wear U.S. Paralympics Track & Field uniforms, competition gear and other issued clothing at official team competitions and functions as directed by the Resident Head Coach and USOPC staff. An official team competition is defined as a competition where registration, transportation, housing and/or meals are covered by U.S. Paralympics Track & Field.

You can find the policy regarding "specialized equipment" and NGB agreements here under "Paralympic Personal Performance Gear List"
You'll also hear "specialized equipment referred to as "personal performance gear" which is the same thing.

For anything on the list, the athlete may choose the manufacture of this clothing/gear/equipment s/he wears in "protected competition," (generally when you are competing internationally on behalf of the US, or any domestic event used...
to qualify for the international competition). It looks like for Paralympic Athletes an athlete can choose to wear the following gear: Braces (all components), Racing chair (all components), Eyewear, Shoes/Spikes, Gloves, Throwing chair (all components), Helmet, Throwing implements, Hydration container, Undergarment (support), Joint and abdominal support/Weight belt, Visually impaired tether, Prosthetics (all components), and Watch. (updated April 1, 2019)

REMOVAL FROM THE PROGRAM
Athlete participation in the program may be terminated at any time by U.S. Paralympics Track & Field for any reason. Notice of removal from the program will be provided to the athlete in writing and will be effective immediately upon such notice or as specified in the notice. An athlete may appeal removal from the program pursuant to the USOPC Complaint Procedures for U.S. Paralympics National Teams and Programs (Attachment E). Removal from the program may result from any of the following or any other reason, as determined by the Director or Resident Head Coach:

● Failure to meet the requirements to qualify for the national team.
● Failure to qualify for the national team at major international competitions (such as world championships and/or Paralympic Games).
● Failure to meet performance metrics or other elements of the athlete’s personal performance plan.
● Failure to comply with U.S. Paralympics Athlete Agreement, USOPC Code of Conduct, CVEATC Code of Conduct, CVEATC Rules and Guidelines, U.S. Center for Safe Sport policies, U.S. Paralympic Athlete Sport and Program Plan or team policies.
● Violation of USADA/WADA Anti-Doping policies, which may include a failed test, missed test and non-compliance with quarterly whereabouts filing updates.
● Persistent incompatibility with the Resident Head Coach, USOPC staff and/or other program athletes that detracts from the training or performance of any member of the CVEATC community.
● Long-term illness, injury or inability to maintain self-care and independence.
● Failure to comply with requests of USOPC, CVEATC staff or coaches representing the program.
● Failure to comply with COVID-19 policies (Attachment C) from USOPC, CVEATC/EAS and/or U.S. Paralympics Track & Field.
STAFF
If you have any questions about the program or the guidelines, please contact one of the staff members below:

Joaquim Cruz | Resident Head Coach
U.S. Paralympics Track & Field
Joaquim.Cruz@usopc.org

Sherrice Fox | Director
U.S. Paralympics Track & Field Sport Operations
Sherrice.Fox@usopc.org

Alec Hewett | Manager
U.S. Paralympics Track & Field Sport Operations
Alec.Hewett@usopc.org

Jeremy Fischer | Chula Vista Resident Coach
John Dagata | Chula Vista Resident Coach
Erica Wheeler | Chula Vista Resident Coach
ATTACHMENT A

U.S. Paralympics Track & Field On and Off Campus Athlete and Rotation Program

Participation in the On and Off Campus Athlete and Rotation Program does not entitle or confirm the athlete will be selected to participate in World Para Athletics Championships, Paralympic Games or other major international competitions. In order to be named to these competitions, an athlete must qualify through the respective selection procedures for each competition. Participation in the program does not affect national team status or any of the related benefits. Participation in the program is voluntary and is contingent upon agreement to and compliance with the specific terms and conditions of the program.

Athlete Benefits
Athletes accepted to the program will be eligible to receive the following benefits:

- Double occupancy room at the CVEATC (for full-time and rotational on campus athletes only; roommate preferences and single rooms are not guaranteed).
- Meals provided by CVEATC.
- CVEATC facility usage.
- Daily training led by the Resident Head Coach or approved coach.
- Access to sports medicine, strength and conditioning, nutrition counseling, sports psychology and other USOPC sport performance services as directed by the Resident Head Coach and approved by USOPC Paralympic Sport Performance. Level of access for certain performance services is dependent on U.S. Paralympics Track & Field National Team status. National team and non-national team on and off campus athletes will have access to a limited number of massages per month.
- Paid entry and support to attend specific approved competitions (to be identified by Resident Head Coach).

Removal from the Program
Failure to comply with the updated rules and policies may be met with disciplinary actions which may include the following:

1. Final warning. (Final warning can be given by Para Track & Field, USOPC and/or EAS/Chula Vista staff).
2. Removal from on campus housing access at Chula Vista for 5 days. U.S. Para Track & Field may provide outside housing support for one (1) night after removal if needed. The athlete will be responsible for the full cost of USOPC Sports Medicine approved COVID testing upon return.
3. Removal from on campus housing access at Chula Vista for the remainder of Term 2. U.S. Para Track & Field may provide housing support for up to three (3) days after removal, onsite or offsite while athlete removes belongings from room. Athlete may, if
space is available and dependent on actions which warranted removal, be given off campus access without meals to Chula Vista for the remainder of Term 2.

Repeat failure of on campus athletes to limit your departures off campus for essential purposes only may result in your on and off campus privileges at Chula Vista being terminated. In addition violations to the code of conduct, letter of intent (Attachment B) and/or COVID-19 guidelines (Attachment C) and/or other violations, these may result in immediate removal from the program without the aforementioned process for removal from the program being put into effect.
ATTACHMENT B

U.S. Paralympics Track & Field On & Off Campus Athlete and Rotation Program
Letter of Intent and Athlete Acceptance

Letter of Intent

It is important to carefully read this entire document before signing. It establishes a commitment between you, U.S. Paralympics Track & Field, the United States Olympic Committee (USOPC), and the Chula Vista Elite Athlete Training Center (CVEATC).

By signing this Letter of Intent, I understand that I will be agreeing to participate in the U.S. Paralympics Track & Field/USOPC’s On and Off campus Athlete and Rotation Program, made available by funding from the USOPC. To receive this privilege, I agree to comply with all the requirements described in this memo and each of its Attachments. Further, I agree to:

- Commit myself to a program of training with the intent of qualifying for and competing in the Paralympic Games. I realize that satisfactory progress in my performance is a requirement for continued program status; all program athletes will be required to re-apply at the conclusion of each athlete cycle.
- Understand that the you are free to work with approved coaches while at the center, however, resident head coach, Joaquim Cruz, is your program contact while on campus.
- Weekly check ins, submission of annual, monthly and weekly training plans and meetings with you and your coach must occur to ensure you are being provided the appropriate support in your training regime.
- A detailed program of training and competition one week prior to arrival.
- The resident coach and/or director of U.S. Paralympics Track & Field must approve your training to ensure you are able to receive the appropriate support while at the center.
- Attend all scheduled practices and participate in all scheduled competitions throughout the program period, unless excused by the resident head coach prior to the scheduled activity.
- Be mature, responsible and behave accordingly at CVEATC and at all team activities.
- Report all injuries and illnesses to the training room and Resident Head Coach within 24 hours of injury/illness occurring to ensure proper coverage and support services are provided.
- Subject myself to drug testing, including no advanced notice, short-notice and/or out of competition basis, conducted by WADA, USADA, the USOPC, Olympic Training Center, U.S. Paralympics Track & Field, or the International Paralympic Committee (IPC), in accordance with the procedures of those bodies.
- Participate in evaluation and testing programs as conducted by the USOPC or U.S.
Paralympics Track & Field; this includes a physical examination by sports medicine to establish a medical history and required check-ins from sport performance staff, including dietician and strength and conditioning staff.

- Participate in all sport science testing, sport psychology sessions and nutrition counseling as directed by the resident head coach.
- Attend training sessions, competitions, and other team activities (meetings, media training, community appearances, special events, etc.) as directed by the resident head coach.
- Be responsible for my personal coaches and guests when visiting the CVEATC. All personal coaches and guests must abide by the rules outlined in Attachment C.
- Accept and defer to the authority of U.S. Paralympics Track & Field, its International Federation (IF), the USOPC, the IPC, and any properly constituted adjudicatory body, for any and all matters relating to my participation in programs, activities and events of those parties, including all hearing procedures and appeal procedures established by those bodies.
- Follow established check-in/check-out procedures, maintain an appropriate level of sanitation of USOPC/OPTC/CVEATC property for health reasons, and understand I may be charged for undue wear and/or damages to USOPC/OPTC/CVEATC property, missing keys/cards, or other offenses. In addition, I understand the USOPC or CVEATC may require access to my room for health and safety inspections, or for reasons of security.
- Subject myself to removal from the program and termination of CVEATC and OPTC residency if I violate any condition herein, or if in the judgement of U.S. Paralympics Track & Field or the USOPC, any of my actions impact negatively on the reputation of the USOPC, U.S. Paralympics Track & Field or the program. Failure to abide by any of these guidelines is grounds for loss of privileges, sanctions and/or removal from the Program by U.S. Paralympics Track & Field and/or the USOPC and all further USOPC resources and facilities;
- Agree to and abide by the U.S. Paralympics Athlete Agreement.
- Agree to follow COVID-19 guidelines in place by CVEATC, EAS, USOPC, OPTC and USPTF.
ATHLETE ACCEPTANCE OF TERMS AND CONDITIONS OF LETTER OF INTENT

I certify that I have read all terms and conditions of the Letter of Intent, and fully understand, accept, and agree to be bound by them. I declare to the best of my knowledge and belief, that all statements and information provided by me in this application are complete and true. It is my intent to participate fully in the programs offered at the CVEATC and OPTCs in order to do the best I can to realize my full potential, as an athlete and a student, employee, and/or volunteer.

I understand that I have qualified for this support based on a program approved by U.S. Paralympics Track & Field and the USOPC. I understand that if I do not meet the standards established and agreed to by me in this application and the U.S. Paralympics Track & Field performance recommendation, I may be released from the program within the time period established for my stay. In order to qualify for support in future years, I will have to demonstrate progress toward the goal of excellence in international competition according to the standards established by U.S. Paralympics Track & Field. If attending an educational institution, I will also have to demonstrate satisfactory progress in my course of study as determined by the public schools or the college/university I attend, according to my educational PDP for the year. I understand that I am representing the USOPC and U.S. Paralympics Track & Field in the community and at any service agency where I may volunteer. I am a current member in good standing of my national governing body, U.S. Paralympics Track & Field.
ATTACHMENT C

2020 Term 2 Acknowledgement
On Campus and Rotation Athletes
Rules and Guidelines

1. I understand that I will be required to work out only during my designated time block for weight room access. I understand that I am expected to schedule any work obligations around this time block to attend each required session.

2. I understand that I am expected to understand and comply with dining hall rules and regulations at Chula Vista.

3. I understand that it is my responsibility to read to its entirety and understand any and all emails from Para Track & Field, USOPC and Chula Vista/EAS. I understand that I am able to contact Sherrice, Joaquim and/or EAS with questions.

4. I understand that by returning to Chula Vista as on campus resident athlete I am agreeing to live and train at Chula Vista Elite Athlete Training Center full time.

5. I understand that I am required to live FULL TIME at the Chula Vista Training Center. If I stay overnight elsewhere at any time I will be required to complete the testing and quarantine process at my own expense.

6. I understand and agree to the updated Chula Vista Waiver prior to returning. The waiver can be found at the following link. https://waiver.smartwaiver.com/e/wRHsXuUqXo9TYdkT7KBYk6/

7. I understand that mask are required to be worn at all times in public spaces covering my mouth and nose with the exception of while eating or drinking and at the track during training.

8. I understand that if I have tested positive for COVID-19 and have not notified Coach Cruz or Sherrice, I should disclose this information to our sports medicine team to ensure I receive the appropriate follow up testing upon return.

9. I understand that travel offsite should be limited to essential needs only. If you have to leave campus, please respect social distancing recommendations and wearing of a face mask when off site. Examples of essential activities are defined in the Training Center Playbook on page 12. The most recent re-entry play book can be found at the following link. https://www.teamusa.org/Coronavirus-Updates

10. I understand that I will not be guaranteed a single occupancy room due to COVID-19 with the exception of the quarantine process.

11. I understand that as an on-campus athlete my only designated training time is currently between 9am-12pm on the track. I understand that I am expected to schedule any work obligations around training to attend each session. I understand that these training times may change at any time without notice.

12. I understand the Para Track & Field will only cover expenses related to COVID-19 testing upon my return in January and for any pre-approved competitions in 2021. Pre-approved competitions must be in writing from Sherrice Fox or Joaquim Cruz only.

13. I understand that any breaking and/or bending of the rules that are put in place by Para Track & Field and Chula Vista Elite Athlete Training Center/EAS may result in...
immediate removal from the Chula Vista On 7 Off Campus Athlete & Rotation Program.

14. I understand that notifications sent via email with rules changes, policy changes related to COVID-19 at Chula Vista from U.S. Para Track & Field, Chula Vista/EAS and/or USOPC are expected to be followed effective immediately or by the date/time outlined in the email communication.

15. I understand that when I return from Term 1 the program will run January 1, 2021 through June 30, 2021. I understand that Term 2 of the program will run from July 1, 2021 through October 31, 2021.

16. I understand that the resident program will end October 31, 2021 for on and off campus athletes.

17. I understand that guest are NOT permitted on site at Chula Vista until further notice.

18. Athletes who are living on campus at Chula Vista are unable to hold off campus jobs in which they must leave the training center to perform their job-related duties. All work must be completed remotely at Chula Vista.

19. Athletes who live on campus at Chula Vista are unable to attend school in person. All classes must be completed remotely at Chula Vista.

20. All overnight travel outside of the Chula Vista/San Diego area for non-essential needs must be pre-approved by Sherrice Fox at least 2 weeks prior to travel. Athletes traveling overnight for non-approved reasons will be required to pay for quarantine testing ($200) and may be subject to room payments for quarantine rooms ($105/night approximately). All pre-approvals will be confirmed in writing.

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2020 Term 2 Acknowledgement
Off Campus and Rotation Athletes
Rules and Guidelines

1. I understand that I will be required to work out only during my designated time block in the weight room.

2. I understand that I am expected to schedule any work obligations around this time block to attend each required session.

3. I understand that I am expected to understand and comply with dining hall rules and regulations at Chula Vista.

4. I understand that it is my responsibility to read to its entirety and understand any and all emails from Para Track & Field, USOPC and Chula Vista/EAS. I understand that I am able to contact Sherrice, Joaquim and/or EAS with questions.

5. I understand that I am not permitted at any time and for any reason in the residential areas at Chula Vista or inside an on campus athletes room at Chula Vista.

6. I understand and agree to the updated Chula Vista Waiver prior to returning for Term 2. The waiver can be found at the following link:

https://waiver.smartwaiver.com/e/wRHsXuqXo9TYdkT7KBYk6/
7. I understand that masks are required to be worn at all times in public spaces covering my mouth and nose with the exception of while eating or drinking and at the track during training.

8. I understand as an off campus resident athlete that I should not interact with on campus resident athletes until further notice while at the training center.

9. I understand that if I have tested positive for COVID-19 and have not notified Coach Cruz or Sherrice, I should disclose this information to our sports medicine team to ensure I receive the appropriate follow up testing immediately.

10. I understand that I should keep my extracurricular activities outside of training and competition to essential needs only when traveling away from my home. Examples of essential activities are defined in the Training Center Playbook on page 12-13. The current re-entry playbook can be found at the following link: https://www.teamusa.org/Coronavirus-Updates

11. I understand that as an off-campus athlete my only designated training time is currently between 12:30pm-2:30pm on the track. I understand that I am expected to schedule any work obligations around training to attend each session. I understand these training times may change without notice.

12. I understand the Para Track & Field will only cover expenses related to COVID-19 testing upon my return for the Term 1 program and for any pre-approved competitions in 2021. All eligible pre-approved competitions must be in writing from Coach Cruz or Sherrice Fox.

13. I understand that any breaking and/or bending of the rules that are put in place by Para Track & Field and Chula Vista Elite Athlete Training Center/EAS may result in immediate removal from the Chula Vista Resident Athlete & Rotation Program.

14. I understand that notifications sent via email with rules changes, policy changes related to COVID-19 at Chula Vista from U.S. Para Track & Field, Chula Vista/EAS and/or USOPC are expected to be followed effective immediately or by the date/time outlined in the email communication.

15. I understand that the 2021 resident program will run January 1 through June 30, 2021. I understand that if I do not make the Tokyo Paralympic Team my off-campus residency may not be renewed for Term 2, July 1, 2021 through October 31, 2021.

16. I understand that the 2021 resident program will terminate October 31, 2021 and I will no longer have access to the Chula Vista Elite Training Center. I understand that guests are NOT permitted on site at Chula Vista until further notice.

17. I understand that as an off campus athlete I am able to have a job that meets the requirements within the on & off campus athlete and rotation memo. I understand and agree that I will follow the CDC guidelines as it relates to social distancing and wearing a facemask at all times while at my place of employment.

18. I understand that due to the pandemic having a job that requires me to work in person may become prohibited for access to Chula Vista at any time without notice.