The mission of USA Field Hockey is to Grow the Game, Serve Members and Succeed Internationally. The organization exists to help all those who share our passion for field hockey and each of those three strands are interrelated. The more who play, umpire and coach the stronger our elite pathways become, and the better the senior, junior, outdoor and indoor international teams perform, the more inspiration is provided to those to embrace our sport.

In 2019, we introduced the American Development Model (ADM) for field hockey. This is the philosophy for how we believe the sport should be delivered. It is the how, what and when we teach, train and play. We have a massive opportunity to think about the field hockey experience and each of our roles in delivery. And after much superb academic and real world thinking, led by the United States Olympic and Paralympic Committee, there are clearly identified principles for how field hockey can be delivered in an age appropriate and FUN way. It is so important we embrace the ADM, with the challenges facing youth sport, and as we get it right we will best position our sport to attract new participants.

The Sheets National Indoor Tournament (NIT), presented by YOLO Sportswear, continues to expand in strength. Indoor hockey is proving to be both an excellent entry point into the game with many touches for new players, as well as a key part of the field hockey year with winter training to continue athlete development. In 2019, there were 570 teams who competed in the U-16 and U-19 Girls Sheets National Indoor Tournament Qualifiers (NITQ), with 288 advancing on to the NIT. There were another 312 teams in the U-10 Co-Ed, U-12 Co-Ed and U-14 Girls divisions, and four U-19 Boys and 13 Adult teams who trained and competed in the NIT. Spooky Nook Sports and the Greater Richmond Convention Center continue to be wonderful hosts and a big thank you to the many host locations for the NITQ.

Outdoor national events such as the Disney Field Hockey Showcase, National Club Championship, presented by Harrow Sports, Summer Bash at the Beach, presented by YOLO Sportswear, and National Hockey Festival, presented by Cranberry, continue to be great national occasions at different points in the field hockey calendar. Thank you to all the many clubs who commit to these events, the college coaches who recruit and the many coaches, umpires, volunteers and workers who work tirelessly to put on valued field hockey experiences. The program of Futures continues to thrive as the Olympic Development Pathway, starting the foundation for many youth field hockey dreams.

The year 2019 was the inaugural FIH Pro League for the U.S. Women’s National Team and I had the privilege of working on the development of the league since 2016. The FIH Pro League represents an ambition for the sport of achieving larger television audiences to bring greater global awareness of field hockey. The sport should have a greater profile and through the FIH Pro League this can be realized. It is a big ambition and the commitment of our players and support staff to travel the world to compete against the very best all aids in our role of growing the global game.

The U.S. Men’s National Team competed in India in the FIH Series Finals and topped their pool ahead of Olympic-bound Japan and South Africa. In the semifinals, USA was knocked out on a last minute goal at the hands of South Africa. In August, it was the Pan American Games in Lima, Peru that took the spotlight. The USMNT and USWNT both achieved bronze medals with strong finishes. In the case of the USMNT, it was their first medal in the Pan American Games in 24 years, an impressive accomplishment. The USWNT competed in India at the end of the year in the FIH Hockey Olympic Qualifier and despite an incredible comeback, were eliminated from Tokyo 2020 Olympic Games contention by a single goal.

Domestically, congratulations to the NCAA Champions - University of North Carolina (Division I), West Chester University (Division II), Middlebury College (Division III), and to the National Club Champions - WC Eagles (U-14, U-16 and U-19), and to all athletes who experienced the joy of competing in the NCAA tournament and National Club Championship. All, with the exception of West Chester, are repeat champions, a remarkable achievement. Another congratulations to all the state association high school state champions.

Thank you to everyone who makes a positive impact in field hockey. By being engaged with USA Field Hockey you are helping provide others with the wonderful values and great joy of our sport.
2019 IN REVIEW

GROW THE GAME. SERVE MEMBERS. SUCCEED INTERNATIONALLY.

90 FUNDAMENTAL FIELD HOCKEY GRANTS GIVEN

878K TOTAL WEBSITE USERS

62% INCREASE IN COLLEGIATE MEMBERSHIPS

23 FIH RANKED UMPIRES & TECHNICAL OFFICIALS

3 3 3 3

2019 PAN AMERICAN GAMES BRONZE FOR USMNT & USWNT

4 NEW USA FIELD HOCKEY EMPLOYEES

42 COACH EDUCATION COURSES & WORKSHOPS

30K MEMBERS *INCLUDING TEMPORARY MEMBERS

30K MEMBERS *INCLUDING TEMPORARY MEMBERS

4K FUTURES PARTICIPANTS

DONATIONS MADE TO USA FIELD HOCKEY $145K

LAUNCH OF ADM AMERICAN DEVELOPMENT MODEL

2019 PAN AMERICAN GAMES BRONZE FOR USMNT & USWNT

42 COACH EDUCATION COURSES & WORKSHOPS

30K MEMBERS *INCLUDING TEMPORARY MEMBERS

4K FUTURES PARTICIPANTS

DONATIONS MADE TO USA FIELD HOCKEY $145K

BOARD OF DIRECTORS

Chair of Board
Bree Gillespie

Vice Chair of Board
Chip Rogers

At-Large Directors
Bree Gillespie
Chip Rogers
Mark Vittese

Independent Directors
Catherine Bessant
Dan Friedberg
Kathleen Schiller
Richard Hayden
Jeanne O’Brien
Jamie Montgomery
Roberta Page
Alex Grassi
Lauren Crandall

NEW STAFF

Events & Club Services Coordinator
Brynne Satre

Membership Coordinator
Delaney Baxendale

U.S. Women’s National Team Head Coach
Caroline Nelson-Nichols

U.S. Women’s National Team Assistant Coach
Lawrence Amar
The year 2019 shaped up to be a critical one for the U.S. Men’s National Team in international play. After back-to-back training camps to open the year, USA participated in their first competition from January 28 to February 3 at the 3 Nations Tournament in Benalmadena, Spain against No. 24 Wales and No. 27 Brazil. The red, white and blue played each side twice to finish second in the tournament. USA’s Pat Harris was also named Player of the Tournament.

Next, the USMNT traveled to Seoul, South Korea for a four-game series against the host nation in April. A few weeks later, they traveled to Dublin, Ireland for a quick two-game series. The first match marked the first international caps for Alberto Montilla and Julian Croonenberghs. These test matches were the last opportunities to prepare for the upcoming FIH Series Finals in Bhubaneswar, India. Having qualified after claiming first place at the 2018 FIH Hockey Series Open, the USMNT was in position to secure a spot at an Olympic Qualifying event in India. They claimed a key 2-0 victory over No. 16 South Africa, where USA goalkeeper Jonathan Klages was named Man of the Match. USA followed with a convincing 9-0 win over Mexico in the second game, where Tyler Sundeen registered his 100th international cap. A tie against No. 18 Japan secured the top spot for USA in pool play. The squad went on to place fourth after finishing the tournament with back-to-back losses in the semifinals to South Africa and bronze medal game to Japan.

After a test series in July against France, the USMNT set their sights on the Pan American Games in Lima, Peru. After placing second in pool play, USA met Chile in the bronze medal game, winning 2-1 to claim the team’s first medal at the event in 24 years. The match also marked the 150th international cap for Harris.
The U.S. Women’s National Team took part in several international matches in a highly anticipated year. To prepare for the inaugural FIH Pro League, the USWNT traveled to Santiago for a test series against No. 16 Chile in January. USA lost the first match, which marked the first international caps for Mackenzie Allessie and Linnea Gonzales. The second match ended in a draw and was the 150th cap for captain Kathleen Sharkey.

Four days later the team began the FIH Pro League against No. 4 Argentina, where regulation finished in a draw before Las Leonas picked up the bonus point in the shootout. The game was also the 50th international appearance for Lauren Moyer. The red, white and blue then hosted No. 1 The Netherlands in their first home game in Winston-Salem, N.C. where Alyssa Manley earned her 100th international cap. March featured two road games against No. 3 Australia and No. 6 New Zealand (0-0-2) and two home games in Lancaster, Pa. against No. 13 Belgium and No. 2 Great Britain (0-1-1). Goalkeepers Jess Jecko and Kelsey Bing were named Player of the Match in the team’s first win of the FIH Pro League against China. The USWNT concluded their FIH Pro League campaign with three games in June as they faced No. 11 China (1-0-3). Kelly Marks appeared in her first international match in USA’s final road game in Changzhou, China.

The USWNT then hit the road in April for four games in Europe where they faced Belgium, Great Britain and The Netherlands once again, as well as No. 5 Germany (0-1-3). Against The Netherlands, Ashley Hoffman earned her 50th international cap. USA returned home in May for a three-game homestand in Lancaster as they hosted Argentina, Australia and No. 11 China (1-0-2). Erin Matson earned her 50th international cap against Australia while Bing picked up her second Player of the Match honor in the team’s first win of the FIH Pro League against China. The USWNT concluded their FIH Pro League campaign with three games in June as they faced China, Germany and New Zealand (0-0-3). Kelly Marks appeared in her first international match in USA’s final road game in Changzhou, China.

One month after the conclusion of the FIH Pro League, the USWNT shifted gears to the Pan American Games in Lima, Peru. After finishing first in their pool, USA pushed into the semifinals after a convincing win over No. 63 Cuba. A loss to No. 11 Canada dropped USA into the bronze medal match against No. 15 Chile, where the red, white and blue held off the opposition to claim the medal. The match also marked the 50th international cap for Anna Dessoye and Julia Young.

A series against Canada followed in September in Lancaster, where Virginia Bramley earned her first international cap. This helped the team prepare for the FIH Hockey Olympic Qualifier against No. 9 India, which was USA’s last chance to claim a spot at the Tokyo 2020 Olympic Games. India defeated USA, 5-1, in the first match in front of the home crowd. The red, white and blue countered in the second game, winning 4-1, but ultimately lost the series by one goal in goal aggregate.

In December, Caitlin Van Sickle retired from the USWNT after competing in 148 international matches for Team USA.

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In December, Caitlin Van Sickle retired from the USWNT after competing in 148 international matches for Team USA.
The Junior U.S. Men’s National Teams began their calendar year in March with a test series in Santiago, Chile that featured the U-16 and U-20 squads. Both teams showed strong growth as the U-16 USMNT lost all four matches, while the U-20 USMNT came away with three victories and one tie. After participating in the highly coveted California Cup in May, the Junior USMNT held training camps from July 17 to 22, with the U-18 and U-20 squads in Durham, N.H. and the U-16 team in Moorpark, Calif. Another training camp followed for the Junior USMNT in August.

In October, the Talent Identification and Training Camp took place in Greenwich, Conn. before the year rounded out in November with another training camp and test series against Canada in Moorpark. A combined eight friendly matches were played from November 24 to 28 as USA fielded squads each day based off performance in the U-16, U-18 and U-21 divisions.
JUNIOR U.S. WOMEN'S NATIONAL TEAMS

April 13 -22
Netherlands Tour (Development)
(Haarlem, The Netherlands)

April 14 - 22
Germany Tour (U-16) (Cologne, Germany)

April 14 - 22
Germany Tour (Rise) (Dusseldorf, Germany)

April 17 - 24
3 Nations Invitational (U-21) (Monchengladbach, Germany)

Building on the success of previous years, 2019 proved to be another one of growth for the Junior U.S. Women’s National Teams. Selected from the 2018 Citi National Futures Championship, presented by Harrow Sports, and Young Women’s National Championship, all four teams participated in multiple training camps prior to gaining valuable international experience in mainland Europe.

The U.S. U-17, U-19 and U-21 Women’s National Teams all competed on German soil in April with ten games being played across seven days and in three different cities. The U-17 USWNT showed excellent growth during their three days of competition in Cologne. After a 0-5 loss to Germany to open the tour, they followed up with an excellent performance and a narrow 3-4 loss to their host before playing Belgium to a 1-1 tie in their final game.

The U-19 USWNT played in nearby Dusseldorf and also had two games against Germany and one against Belgium. They go their tour up running and winning with a 3-4 loss to Germany and took the lessons learned from game one into their remaining matches. A 1-1 tie with Belgium followed before they defeated Germany 4-3 to finish on a high note.

The U-21 USWNT headed to the home of the German Hockey Federation, Monchengladbach. A tough opening encounter against the host nation saw them end up on the wrong end of a 1-6 score line. However, a pair of solid performances against the Great Britain Elite Development Program ended 0-1 before they finished their tour with a 1-1 tie against Germany.

The U.S. Women’s National Development Team faced three opponents across four games in The Netherlands, a tour which also presented the opportunity to watch the U.S. Women’s National Team’s FIH Pro League game against the Dutch in Rotterdam. Two strong wins against the then No. 18 in the FIH World Rankings, Scotland’s Women’s National Team, 4-2 and 2-1, set the tone for the week. A shootout win against Belgium’s U-21 team after a 1-1 tie followed before the toughest test, a match against Stichtsche Cricket en Hockeyclub featuring several senior international players. A 1-5 loss did not do justice to the quality of the performance against the Dutch Klassikase side.

Following the completion of the 2019 program, USA Field Hockey announced the realignment of the Junior U.S. Women’s National Team age groups to enhance the development of future Team USA Olympians. Heading into the 2020 program the four teams are:

- U.S. U-16 Women’s National Team
- U.S. Rise Women’s National Team (0-16 and attending high school)
- U.S. U-21 Women’s National Team (U-21 and attending college)
- U.S. Women’s National Development Team

2019 U.S. U-17 Women’s National Team
Sarah Beers | Fleetwood, Pa.
Hallie Brost | Richmond, Va.
Emily Busby | Doylestown, Pa.
Zoe Campisi | Virginia Beach, Va.
Jordan Carr | Point Pleasant, N.J.
Anna Castaldo | Endicott, N.Y.
Rogan Cornelius | New Albany, Ohio
Mia Duchars | Saint Louis, Mo.
Kelsey Felix | Hallam, Pa.
Lee Ann Gorden | Louisville, Ky.
Ryleigh Heck | Berlin, N.J.

Coaches: Katie Balm (Head Coach), Mark Egner & Allan Law (Assistant Coaches)

2019 U.S. U-19 Women’s National Team
Gabrielle Barrosco | Allentown, Pa.
Kayla Blas | Pendleton, N.Y.
Leanne Bough | Whitney Point, N.Y.
Isabella Bressler | Leesport, Pa.
Megan Connors | North Andover, Mass.
Emma DeBorde | Millersville, Pa.
Lindsay Dickinson | Glen Mills, Pa.

Coaches: Jarred Martin (Head Coach), Martu Loncarica & Tracey Paul (Assistant Coaches)

2019 U.S. U-17 Women’s National Team
Carter Ayars | Wilmington, Del.
Maddie Backska | Berwyn, Pa.
Brooke Debrinde | Millersville, Pa.
Jessica Dembrowski | Palmyra, Pa.
Lacey Frank | Hampton Falls, N.H.
Greer Gill | Virginia Beach, Va.
Gianna Glatt | Medford, N.J.
 Fusine Govaert | Rye, N.Y.
Tyler Greenwal | Gambrills, Md.

Coaches: Jarred Martin (Head Coach), Martu Loncarica & Tracey Paul (Assistant Coaches)

2019 U.S. U-21 Women’s National Team
Kendall Ballard | Charlotteville, Va.
Taylor Blood | Hampton Falls, N.H.
Virginia Bramley | Elizabethtown, Pa.
Kelsey Bridgett | Wilton, N.Y.
Katrina Carter | Berkshire, Calif.
Marissa Cicione | Hauppauge, N.Y.
Cori Conley | Oak Park, Ill.
Taylor Coombs | South San Francisco, Calif.
Alexandra Hammon | Paxtonburg, Mass.
ooxhill
(USA Field Hockey)
Continuing where they left off, the U.S. Masters National Teams took part in three major international tournaments in 2019. To start, USA sent three teams to Hong Kong to play in the World Masters Hockey (WMH) Indoor World Cup in the O-40 and O-50 men’s divisions and O-40 women’s division. The men’s O-40 team went 2-2-2 in the tournament, where they finished in sixth. Meanwhile, the O-50 men’s team posted a 1-0-4 record and also finished sixth and the O-40 women’s squad ended with a 1-1-2 record and placed fourth.

In June, USA sent men’s and women’s O-60 teams to the Grand Masters Hockey European Trophy in Antwerp, Belgium. The men’s side posted a 0-1-2 record in pool play which ultimately placed them in the 5th/6th place game against Sixtiberians (Spain), where they lost in a close shootout. The women’s O-60 squad finished at the top of their pool with a 1-2-0 record, which set them up for a first place showdown against Alliance, a mix of nationalities. A 3-0 victory for USA gave the U.S. Women’s Masters Team its first-ever gold medal.

In August, the U.S. Men’s Masters Team competed in the O-50 age division at the WMH European Masters Championship. Featuring ten different nations, USA finished 0-0-4.
January 4-6  
Croatia Cup (Sveti Ivan Zelina, Croatia)

After making their very first appearance in the women’s FIH Indoor Hockey World Cup in 2018, the U.S. Women’s National Indoor Team had one international competition in 2019 and performed in impressive fashion. Just a few days into the new year, the Indoor USWNT sent its senior and U-21 squads to Sveti Ivan Zelina, Croatia to play in the Croatia Cup. Prior to the tournament getting underway, both USA teams played in friendly matches against the host nation before the USA sides faced each other in the opening match. The Senior Indoor USWNT prevailed over their younger counterparts and posted an additional win over Croatia’s U-21 team later in the day. The U-21 Indoor USWNT picked up a win of their own in their second match when they defeated Hungary. Both squads added two more wins each on the second day of the tournament to put themselves in good position to finish at the top of the standings. The U-21 Indoor USWNT defeated Hungary and Croatia on the last day to finish 6-0-0 and claim the Croatia Cup title. Indoor USWNT athlete Corinne Zanolli received both the Best Player of the Tournament Award and Top Goal Scorer Award for the tournament.

2019 Junior U.S. Women’s National Indoor Team

Olivia Bent-Cole | Ventnor, N.J.
Julia Bressler | Leesport, Pa.
Abigail Burnett | Zionsville, Pa.
Kennedy Gillett | Warrington, Pa.
Logan Goulier | Bethlehem, Pa.
Natalie Freeman | Ellicott City, Md.
Mia Garber | Lyndell, Pa.
Emily Graeff | Phoenixville, Pa.
Margaret Jancerak | Downingtown, Pa.
Paige Kieft | Newtown, Pa.
Maggie Kondrath | Downingtown, Pa.
Morgain McMennamin | Lafayette Hill, Pa.

2019 U.S. Women’s National Indoor Team

Shelby Bumgarner | Pasadena, Md.
Lora Clarke | Shaker Heights, Ohio
Colleen Conway | Franklin Lakes, N.J.
Lauren Delgado | East Earl, Pa.
Pyper Friedmann | Phoenix, Md.
Kyleigh Heck | Berlin, N.J.
Meghen Hengen | Bedminster, N.J.
Annika Herbine | Macungie, Pa.
Skye Joegriner | Gaithersburg, Md.
Ella Kaufman | Queenstown, Md.
Julianne Kopeck | West Long, N.J.
Mia Leonhardt | Media, Pa.

2019 U.S. Women’s National Development Indoor Team

Megan Maransky | Blue Bell, Pa.
Josephine Paide | Schwenksville, Pa.
Meghan Plank | Glen Mills, Pa.
Gery Schnarrs | Camp Hill, Pa.
Esha Shah | Ellicott City, Md.
Kelly Smith | Downingtown, Pa.
Mary Stokics | Mahwah, N.J.
Lauren Wadas | Annville, Pa.
Katie Gerzabek | Indoor Development USWNT Coach
Linda Corniskey | Indoor Development USWNT Coach

2019 Junior U.S. Women’s National Indoor Team

Alaina McVeigh | Lansdale, Pa.
Daniela Mendez-Trend | Restertown, Md.
Caroline Nemec | Darwen, Conn.
Madison Ouellette | Downingtown, Pa.
Abigail Taylor | Cary, N.C.
Maya Walker | Greenwich, Conn.
Melia Webber | Macungie, Pa.
Gia Whalen | Paoli, Pa.
Sarah Dawson | Indoor Junior USWNT Coach
Ahmed Elmaghraby | Junior Indoor USWNT Coach
Ralph Goodwin | Junior Indoor USWNT Coach

2019 U.S. Women’s National Indoor Team

Kasey Tapman | Pasadena, Md.
Carissa Vithese | Cherry Hill, N.J.
Michelle Vithese | Cherry Hill, N.J.
Parkyn Wirth | Thornburg, Pa.
Raym Wright | Bethlehem, Pa.
Elizabeth Yeager | Rye, N.Y.
Corinne Zanolli | Newtown Square, Pa.

2019 U.S. Women’s National Indoor Team

Jun Kentwell | Indoor USWNT Head Coach
Brett Clay | Indoor USWNT Assistant Coach
Richard Kentwell | Indoor USWNT Manager
Aaron Finner | Indoor USWNT Athletic Trainer
In 2019, USA Field Hockey saw a slight decrease in membership, coming in with a 0.70 percent drop after increasing the membership prices for the first time since 2010. However, there was a huge increase in Collegiate Memberships, which rose by 62 percent, as well as the Local Athlete Memberships, which saw a 51 percent increase, and Local Coach Memberships, which saw a 185 percent increase. The growth in the Club Support Program’s Local Athlete and Local Coach Memberships can be attributed to new programs created to align with the American Development Model (ADM). The Discover Field Hockey, Play and Learn Field Hockey and Stick2Sports Clinics were all introduced in 2019, leading to 371 brand new members. Club Memberships also saw an increase of 9 percent, with clubs popping up in new areas such as Nevada and Indiana. Although there was a decrease in overall membership, the introduction of State Chapters beginning with California, Michigan and Kentucky is an effort to sustain and grow the sport in 2020 and beyond.

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<th>% Change Current/Prior</th>
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Members by Region

<table>
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<tbody>
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<td>Region 3 - Northeast</td>
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<td>4,067</td>
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</table>
Since its establishment in 1990, Futures has been the start of many athletes’ Olympic journeys. In 2019, 4,412 of the top middle and high school athletes who aspire to play at an elite level participated in the program of Futures. Futures has also become one of the premier collegiate recruiting opportunities in the United States.

In 2019, USA Field Hockey’s Futures was an elite training experience for athletes that consisted of 21 hours of training with a top group of coaches and an athlete centered curriculum. Futures is the start of the U.S. Olympic Development Pathway and nearly all U.S. Women’s National Team athletes participated in the program.

Regional Futures Tournaments
May 4-5, 11-12, 18-19 | Various Locations

The Regional Futures Tournaments (RFT), presented by Harrow Sports, encompassed all of USA Field Hockey’s nine regions. These tournaments included approximately 2,300 athletes from the program of Futures in 2019. The tournaments took place after the seven sessions and gave athletes the opportunity to showcase their skills in a tournament environment. The RFT is the selection tournament for the regional team structure for the U-16 and U-19 age groups. From there, individuals were selected to compete along with other athletes in their region at the National Futures Championship (NFC), presented by Harrow Sports. The U-16 athletes selected to participate at the NFC competed in mixed region teams.

Regional Training Camps
June 8-9, 15-16 | Various Locations

Regional Training Camps, presented by Harrow Sports, were offered for the fifth year in a row to provide each selected U-16 and U-19 regional team the opportunity to train together in preparation for the National Futures Championship. The camp consisted of 16 to 20 hours of training over a two-day weekend. The head coaches prepared sessions that included skills training, classroom and video review, along with team bonding opportunities.

Young Women’s National Championship
June 14-18 | Lancaster, Pa.

The Young Women’s National Championship (YWNC) is a high-level, international structured competition. The U.S. U-19 Women’s National Team competed as one of the eight teams in the tournament. The remaining seven teams included 121 athletes that were selected from their Regional High Performance Centers. The YWNC also serves an important role in the U.S. Women’s Olympic Development Pathway with selection to the U.S. U-21 Women’s National Team and U.S. Women’s National Development Team Camps.

National Futures Championship
June 20-28 | Lancaster, Pa.

The National Futures Championship (NFC), presented by Harrow Sports, continues to be the premier championship event for USA Field Hockey’s Futures and the Olympic Development Pathway. Approximately 15 percent of the 4,412 athletes from the RFT were selected to the NFC. Regional teams competed in the U-16 and U-19 age groups at the NFC, while the U-14 age group continued to compete as mixed region teams. The Stars and Stripes Elite games culminated the event for each age division, which is an all-star game format and first selection opportunity. Additional selection opportunities included Junior National Camp and AAU Junior Olympic Games.
REGIONAL & NATIONAL EVENTS

In 2019, USA Field Hockey’s Events provided regional and national playing opportunities for athletes and clubs across the country. Clubs and teams participated in programs such as the Sheetz National Indoor Tournament (NIT), presented by YOLO Sportswear, and National Hockey Festival, presented by CranBarry, and field hockey once again returned to the ESPN Wide World of Sports complex for the Disney Field Hockey Showcase.

The NIT set attendance records, serving as a winter proving ground for more than 500 teams. Meanwhile, developmental programs such as the Summer Bash at the Beach, presented by YOLO Sportswear, in Virginia Beach, Va., continued to help foster a love of the game and offer fun-filled playing environments for U-10 Co-Ed, U-12 Co-Ed and U-14 Girls athletes.

As USA Field Hockey’s Events continue to grow and expand, playing opportunities for field hockey players, both young and old, expand with them. USA Field Hockey is excited about the progress the events portfolio has made in recent years to help grow the game and look forward to working with all of the participants to create and sustain lifelong love and participation.

National Indoor Tournament Qualifiers
December 15 - January 27 | Various Locations

From the middle of December to the end of January, 36 Sheetz National Indoor Tournament Qualifiers, presented by YOLO Sportswear, took place across the nation with 570 teams in the U-16 and U-19 Girls divisions vying for a spot at the Sheetz National Indoor Tournament, presented by YOLO Sportswear.

Participating Teams: 570
- U-16 Girls: 360
- U-19 Girls: 210


Regional Club Championships
March 30 - June 16 | Various Locations

The Regional Club Championships (RCC), presented by Harrow Sports, brought together elite field hockey talent from across the country. Each weekend, from March to June, teams competed in high-quality matches and gave more than 182 total teams a chance to prove themselves against top-tier talent. At the conclusion of the events, 16 teams in the U-14, U-16 and U-19 Girls divisions punched their tickets to the National Club Championship, presented by Harrow Sports.

Participating Teams: 182
- U-14 Girls: 51
- U-16 Girls: 64
- U-19 Girls: 67


Summer Bash at the Beach
July 19-21 | Virginia Beach, Va.

In its fifth year, the Summer Bash at the Beach, presented by YOLO Sportswear, was once again a successful event. Although there were less teams than the previous year, it remains an opportunity for regional youth play, as well as athlete, coach and umpire development. The goal of the Summer Bash Series events is to provide additional regional opportunities to develop the game in one’s backyard.

Participating Teams: 51
- U-10 Co-Ed: 6
- U-12 Co-Ed: 24
- U-14 Girls: 28

Disney Field Hockey Showcase
February 1-3 | Kissimee, Fla.

The Disney Field Hockey Showcase was a rousing success, making for a magical weekend for the 158 teams in attendance. The event consisted of U-12 Co-Ed, U-14 Girls, U-16 Girls and U-19 Girls age groups and brought with it the return of Disney’s infamous tournament play format, crowning an overall champion in each age division. For the U-16 and U-19 divisions, the tournament also provided an avenue for exposure and recruitment, letting athletes demonstrate their skills in front of dozens of college coaches.

Participating Teams: 158
- U-12 Co-Ed: 64
- U-14 7v7 Girls: 23
- U-14 1v1 Girls: 23
- U-16 Girls: 48
- U-19 Girls: 48

Regional Club Championship
July 8-16 | Lancaster, Pa.

The National Club Championship, presented by Harrow Sports, brought together the best club teams in the United States in 2019. A total of 48 teams across the U-14, U-16 and U-19 Girls divisions played over nine straight days, crowning the National Club Champion for all three age groups.

Participating Teams: 16 per age division

Colleges in Attendance: 22 (U-14), 75 (U-16), 52 (U-19)

Results:
- U-14 Champion: WC Eagles
- U-16 Champion: WC Eagles
- U-19 Champion: WC Eagles

National Indoor Tournament February 15 - March 3 | Lancaster, Pa., & Richmond, Va.

Already one of the largest combined indoor field hockey tournaments in the world, USA Field Hockey saw increased participation yet again in 2019. This year’s three weekend Sheetz National Indoor Tournament, presented by YOLO Sportswear, provided high-level of play for all the divisions and growth especially for the youth divisions.

Participating Teams: 617
- Adult Men: 6
- Adult Women: 7
- U-10 Co-Ed: 24
- U-12 Co-Ed: 84
- U-14 Girls: 204
- U-16 Girls: 144
- U-19 Boys: 4
- U-19 Girls: 144

Colleges in Attendance: 109 (U-16), 75 (U-19)

National Hockey Festival
November 28-30 | Palm Beach County, Fla.

The 39th annual National Hockey Festival, presented by CranBarry, was once again one of the largest outdoor field hockey events in the world, with the mission of providing a prime opportunity for athletes to showcase their talents in front of college coaches. This year, Festival was pleased to host the U.S.’s Masters Team and accommodate practices and games. It also saw an increase in boys programming which included round-robin play and clinics.

Participating Teams: 148
- Adult Women: 6
- Adult Men: 6
- U-10 Co-Ed: 13
- U-12 Co-Ed: 13
- U-14 9v9 Girls: 22
- U-14 11v11 Girls: 12
- U-16 Girls: 12
- U-19 Girls: 43

Colleges in Attendance: 117
COACH EDUCATION PROGRAM

USA Field Hockey’s Coach Education and Learning Program (CEP) continued to focus on educating coaches of all levels and on the long-term Coach Development Pathway. Led by USA Field Hockey’s Director of Coach Education and Learning Craig Parnham, Senior Manager of Coach Education and Learning Liz Tchou and Senior Manager of Coaching and Performance Phil Edwards, the programs provide coaches across the nation with an expanding portfolio of offerings, tools and resources for professional development so that coaches of all levels can be equipped with the most current, effective and engaging ways to teach athletes.

Level 1 Instructional Coaching Clinics

The Level 1 Instructional Coaching Clinics cover a range of topics essential for coaching success and emphasize a positive, athlete-centered learning approach to development. USA Field Hockey held 17 Level 1 Instructional Coaching Clinics in 2019, training a total of 272 coaches.

Level 2 Instructional Coaching Clinics

The Level 2 Instructional Coaching Clinics focus on the application of learner-centered teaching. These blended clinics combine classroom-based theory sessions and on-field practical coaching. Coaches work in groups to share best practices and receive peer feedback in a comfortable and encouraging environment. USA Field Hockey held 10 Level 2 Instructional Coaching Clinics in 2019 and trained 124 coaches from across the country.

Workshop Series

Based on positive feedback, USA Field Hockey expanded the sport-specific Workshop Series started in 2017 to include additional offerings. These three-hour workshops supplement Level 1 and Level 2 Instructional Coaching Clinics learning in applicable bite-size formats. Workshops delivered in 2019 included:

- Technical Skills Workshop
- Goalkeeping Workshop
- Goal Scoring Workshop
- Attacking Principles Workshop
- Defending Principles Workshop
- Coaching Field Hockey: The USA Way

Coach Educator Program, Coach

Coach Educators are critical to the delivery of consistent, quality programming throughout the sport. Research has shown that trained and certified coaches provide a safer, more positive environment for athletes.

A Coach Educator training was held in Moorpark, Calif. following the 2019 California Field Hockey Symposium, presented by AstroTurf. Eight California coaches attended and became equipped to deliver Coach Education Workshops and Clinics in California and beyond. This is especially critical in California in preparation for exponential growth leading up to the Los Angeles 2028 Olympic Games.

Coach Development & Mentorship

USA Field Hockey continues to offer Coach Development and Mentorship to coaches at the National Futures Championship, Young Women’s National Championship, AAU Junior Olympic Games and Junior High Performance trainings. These include observation and feedback of pre-, post- and in-game coaching.

Futures, USA Field Hockey’s Olympic Development Pathway program, employs hundreds of coaches and develops thousands of youth boys and girls. The CEP focused on enhancing the game-based curriculum and support for futures coaches to ensure a positive, inspiring and uniform environment.

FIH Level 3 Coach Education Course

FIH’s Mike Joyce and Parnham led a Level 3 International Hockey Federation (FIH) course in Lima, Peru, in conjunction with the Pan American Games. Attendees from the United States included Ralph Boersman, Kelly Doton, Mark Egner, Ryan Langford and Inako Puzo. All USA coaches completed and passed the Level 3 course and were recommended to attend the FIH High Performance Coach course, the highest FIH coach education offering. These Coach Educators will take an increasingly active role in coach training within the United States.

National Goalkeeping Coaches Forum & National Coaches Forum


In its eighth year, the National Coaches Forum evolved to include a day dedicated to goalkeeping and two days to high-performance coaching. In 2019, CEP added a ‘Women in Coaching’ workshop on the Sunday following. Highlights from the Forums included having the CEP team, keynote speaker and England Hockey U-18 Lead Coach and Brand Strategy and Leadership Development Consultant Sarah Kellner. Other guest presenters included:

- Victor Brady
- Colin Clark
- Pietie Coetsee-Turner
- Kelly Doton
- Chris Fry
- Dr. Nicole Gabana
- Kate Lipton
- Jarred Martin
- Cheri Schulz
- Barb Weinberg
- David Williamson

Whether coaching as a volunteer in a young recreational program, or at the club or collegiate level, USA Field Hockey’s Coach Education Program strives to offer affordable and accessible programs and resources that inspire and provide opportunity, direction and support for coaches to reach their personal and professional goals.
Hockey Members and this is expected to continue on a yearly basis.

Two online clinics with video, questions and answers were organized in 2019 by two of the USA Field Hockey Umpires. The “Behind the Whistle” video series was established in 2019 that has video clips, guidance and information to help keep everyone current on the rules. These posts were added to some events to help in this process.

In 2019, the Umpire Department held some in-person clinics including ones at Kennett Square, Pa. (25 participants), Lancaster, Pa. (40 participants) and Moorpark, Calif. (10 participants). Some outreach individuals in Massachusetts, New Hampshire, Southeast Pennsylvania and Virginia also held local clinics. Thank you to Fran Corl, Jeanne O’Brien and Rene Zelkin who graciously volunteered their time and expertise to help develop USA Field Hockey Umpires.

The Umpire Department continues to produce a yearly “Rules Briefing”, with the 2019 version done at the Hun School in Princeton, N.J.

The “Behind the Whistle” video series was established in 2019 that has video clips, rules, guidance and information to help keep everyone current on the rules. These posts are utilized for educational purposes only and not meant to critique individual players, coaches or officials.

In 2019, the online rules test became a requirement for all USA Field Hockey Umpires, with it required to have an 87 percent in order to pass and advance in current rating. This was a struggle for some but a process that will continue yearly. There has not been a formal test for a number of years and reasons, but with this system in place the Umpire Department looks to use it for educational purposes.

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Discover Field Hockey

Discover Field Hockey is a 90-minute introductory clinic, delivered by local programs and coaches, for boys and girls who have never participated in field hockey previously or have had limited exposure to the sport. In 2019, three Discover Field Hockey Clinics were held in Atlanta, Ga., Oak Ridge, N.J. and Hempstead, N.Y.

Sticks2Sports

USA Field Hockey partnered with US Lacrosse to create Sticks2Sports. Sticks2Sports is a two-hour multi-sport introductory clinic for boys and girls who have never participated in field hockey or lacrosse.

USA Field Hockey and US Lacrosse were honored to receive a prestigious The Aspen Institute’s Project Play Champion Award in recognition for this initiative. The first Sticks2Sports Clinic was held at the US Lacrosse Headquarters in Sparks, Md.

Play & Learn Field Hockey

Play & Learn Field Hockey is an eight-hour instructional clinic series, delivered by local programs and coaches, for boys and girls who are interested in playing and learning more about field hockey.

Scouts Program

Scouts can receive a free USA Field Hockey patch for trying field hockey with an established USA Field Hockey Member Club or school. In addition, USA Field Hockey helps Scouts interested in using field hockey as a vehicle to earn leadership skills by providing the free patches and loaner equipment.

FUNdamental Field Hockey

Established in 2012, FUNdamental Field Hockey, presented by Harrow Sports, is an equipment grant program designed to increase awareness, interest and trial of field hockey among young boys and girls. It provides free beginner equipment to schools, recreation centers, clubs and individuals to introduce the sport in their communities at no cost to the athlete.

In 2019 and as part of the ADM, USA Field Hockey introduced the GO Ball, a larger softer ball that is perfect for beginner success and enjoyment on any surface.

GAME ON Equipment Site

In partnership with Harrow Sports, USA Field Hockey launched an online portal for purchase of affordably priced equipment and resources including GO Balls, GAME ON Cards, sticks, and stick and ball packages.

Starter Packages

Structure and stability provided by schools, recreational organizations and clubs is critical to the sport. USA Field Hockey Starter Packages, supported by Cranberry, OBO, Grays and Goal Sports, provide high-quality goals and goalkeeper equipment at substantial savings to help reduce the cost of starting a new program. In 2019, USA Field Hockey delivered ten Starter Packages to clubs and schools to help them get new field hockey programs established.

Foundations Courses

USA Field Hockey’s Foundations Course is a free entry-level coach education course primarily designed for school districts interested in adding field hockey to their physical education curriculum or after-school programming. In 2019, four Foundations Courses were delivered in Franklin, Tenn., Clarksville, Tenn., Columbus, Ohio and Canton, Calif. for more than 250 physical education and recreational program leaders.

Walking Hockey

Field hockey is a sport for life and Walking Hockey is a great game format for fun modified play. It’s field hockey but walking. USA Field Hockey introduced Walking Hockey to support Lifetime Engagement, demonstrating the game at all outdoor events and providing a Walking Hockey Guide as part of the USA Field Hockey ADM.

Key Initiatives

Sticks for the World

As part of the International Hockey Federation’s [FIH] Sticks for the World initiative, more than 140 sticks were donated by the U.S. Women’s National Team, Dutch Women’s National Team, National Futures Championship athletes and families, and FH Pro League fans. Players from both national teams signed the sticks which were then donated to support the Los Angeles 2028 Olympic Games initiative.

Women Sports Foundation Grant

USA Field Hockey received a $5,000 grant to introduce field hockey to diverse female players. USA Field Hockey worked with the Sophie Gerson Healthy Youth Organization and Columbia University, Girls Athletic Leadership Schools (GALS) in Denver and Los Angeles to provide equipment, resources and playing opportunities. In addition, USA Field Hockey translated materials into Spanish to support inclusion and accessibility to field hockey.

National Federation of State High School Associations

USA Field Hockey worked closely with the National Federation of State High School Associations (NFHS) to serve its members by providing leadership for the administration of education-based high school athletics and activities through the writing of playing rules.

USA Field Hockey advocates for the establishment of field hockey programs throughout the United States, offering coach education, umpire education and savings of goals and goalkeeper equipment to reduce the barrier to entry. USA Field Hockey hosts an annual breakfast for NFHS field hockey liaisons and rules committee members at the NFHS Summer Meeting to develop relationships and open lines of communication.

United States Olympic & Paralympic Committee

USA Field Hockey works closely with the United States Olympic and Paralympic Committee and represented field hockey at coach education, multi-sport council, American Development Model and sport development meetings to learn and collaborate with other National Governing Bodies.

The Aspen Institute’s Project Play

The Aspen Institute’s Project Play is one of the leading researchers and thought leaders in the area of youth sports in America. They have tracked the concerning downward trend of play and the inequities that exist, especially for youth in underprivileged communities.

USA Field Hockey supports Project Play’s mission and aligns the ADM programming to make field hockey more inclusive and available to all.

SHAKE America and State Physical Education Conventions

Society of Health and Physical Educators (SHAPE) is the nation’s largest membership organization of health and physical education professionals. In 2019, USA Field Hockey worked with Dr. Stephen Harvey, USA Field Hockey Coach Education Consultant, to introduce field hockey in the context of Teaching Games for Understanding (TGSU) as part of an hour-long hands on demonstration at the convention.

USA Field Hockey had representatives at the state SHAPE Conventions in both Michigan and Colorado.

National Field Hockey Coaches Association

The National Field Hockey Coaches Association (NFHCA) gathers annually in Florida for a meeting, primarily with collegiate coaches and some high school and club teams. USA Field Hockey supports coaches of all levels and attends the NFHCA Convention each year to promote coach and umpire education, growth initiatives and to honor and celebrate the NFHCA Award Winners.

International Collaboration

In addition to conferences, USA Field Hockey’s Sport Development Department also prioritizes international collaboration to share best practices in the promotion, growth and development of the sport and stakeholders.

Programs to Support, Sustain & Fuel Growth

USA Field Hockey developed, launched and optimized programs to support the ADM’s core values and five stages of development. Modified equipment and expanded tools and resources were introduced and made available to help individuals discover, play and learn, and compete and improve in field hockey.

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USA FIELD HOCKEY  |  2019 ANNUAL REPORT
This second USA Field Hockey Summit, presented by AstroTurf, took place March 15 to 17, 2019 at The Lord Baltimore Hotel in Baltimore. Summit was extended to include an additional full day of programming. The USA Field Hockey Summit Exhibitor Hall and Welcome Reception was held on the evening of March 15. Breakout sessions including on-field sessions ran all day on March 16 and conclude midday on March 17. On Saturday night, there was a ‘Hockey Happy Hour’ networking opportunity for attendees to enjoy some on-field competition and time to make some new friends.

Friday, March 15

The first day kicked off the full weekend of education, inspiration and networking among the field hockey community. The day began with an educational session for coaches and club administrators from Dr. Matt Robinson, as well as umpire-centered programming led by USA Field Hockey’s Director of Umpiring Steve Horgan, USA Umpire Coach/Trainer Fran Corl and the International Hockey Federation (FIH) Officials Committee Ray O’Connor. The day concluded with a Welcome and Networking Event, presented by espnW, and an opening address by USA Field Hockey’s Chair of the Board of Directors Bree Gillespie, as well as AstroTurf’s Director of Field Hockey Andy Belles.

Saturday, March 16

Before sessions began on the second day, US Lacrosse’s TJ Buchanan presented a physical literacy session which focused on warm-ups that are functional and keep players engaged. There was also a session on the introduction of the USA Field Hockey American Development Model (ADM). Breakout sessions were held throughout the morning and afternoon and included a keynote address from Jon Solomon, Editorial Director of The Aspen Institute’s Sports and Society Program, Project Play.

Sessions covered topics of ADM on-field application, umpiring the World Cup and Olympic Games, playing small-sided games, umpiring best practices, development of turf, goalkeeping, physical preparation, giving and receiving feedback with umpires, coach and athlete needs, conversing effectively for players, coaches and umpires and an introduction to Walking Hockey.

The evening finished with a ‘Hockey Happy Hour’ for attendees to socialize and play Walking Hockey.

Sunday, May 17

The final day featured an early morning plyometric progression session to improve performance and reduce injury, presented by samSport. This was followed by more breakout sessions that included topics of visual awareness, application of the rules, coach pregame commands of relax and focus, subjective and objective decision making in umpiring, effective halftime talks and umpiring positioning.

Summit concluded with a ‘Grow the Game Discussion’ that covered growing the game and providing sustainable playing opportunities at the regional level.
USA Field Hockey recognized the 2019 USA Field Hockey Annual Awards winners at the USA Field Hockey Summit held in Baltimore.

The Annual Awards, presented by the USA Field Hockey Foundation in 2019, were created several additional awards in 2018 to more broadly recognize, honor and celebrate individuals across the field hockey community whose contributions have made a major and lasting impact on the sport in the United States.

In 2018, awards were presented in the following categories: Grow the Game Award, National Coach Award, National Umpire Award and National Club of the Year Award.

USA Field Hockey Grow the Game Award Winner: Alexandra McMahan

Presented to a USA Field Hockey Member who has impacted his/her community through field hockey. This individual has built a foundation for growth and provided opportunities to countless athletes in his/her region that would not exist without his/her efforts.

After McMahan finished her collegiate career at the University of Richmond in 2009, she went to the University of Pittsburgh School of Law. She thought she hung up her field hockey stick for good until January 2015 when she started the Main Line Field Hockey Club (Mayhem). Mayhem’s mission is to develop strong, confident female athletes, as much as it is to teach field hockey skills. She manages a staff of twenty coaches consisting of former collegiate and USA athletes and local college coaches, all of whom are role models of sportsmanship, selflessness and commitment. Roughly 250 female athletes play on Mayhem travel teams year-round between the ages of 7 and 18, while another 100 athletes take advantage of the club’s skills clinics, training programs and lessons.

McMahan single-handedly runs the business-end of the club, from communication to program registrations, marketing, website development, schedule management, club finances and player development. She has helped guide 24 athletes to NCAA collegiate commitments.

USA Field Hockey National Coach Award Winner: Jessica Shellenberger

Presented to a USA Field Hockey Coach Member that exemplifies the values of sportsmanship, fair play and healthy competition. This individual is dedicated to his/her craft and works tirelessly to make his/her players, fellow coaches and the field hockey community better.

Shellenberger was the coach at Donegal High School in Mount Joy, Pa. since 2004 and retired in 2019. In her 15 seasons, Donegal won eight Lancaster-Lebanon (L-L) League Section III Titles, as well as three Section II Titles. In 2008, the program earned its first ever L-L League Title. The 2009 squad earned the program’s third District III AA Title. Donegal advanced to the L-L Tournament 14 times in her career, winning the title three times. Her teams won a record six District III AA Titles. Since 2009, all of her teams qualified for the PIAA AA State Tournament, advancing to the semifinals in six appearances, and winning the PIAA AA State Title in both 2016 and 2018.

Shellenberger is actively involved in USA Field Hockey. She holds a Level III Coaching Accreditation as well as a FIH Level 2 Coaching Accreditation. She was invited by USA Field Hockey to partake in the first-ever Coach Educator Training in 2017. In February of 2018, she ran a Level 1 Instructional Coaching Course and she currently runs Futures Site 5B in Pennsylvania, which is one of two Level 1 sites in the state.

USA Field Hockey National Umpire Award Winner: Maggie Giddens

Presented to a USA Field Hockey Umpire Member who has shown exceptional dedication, integrity and love of the game on and off the field of play. This recipient has treated players, coaches and fans with respect while enforcing the rules and keeping the game safe and fair.

In the spring of 2006, Giddens picked up a whistle for the first time at a U-16 regional tournament in Michigan. The Netherlands, H.O.D. Easter tournament, USA test matches with Argentina, tours to Germany and Belgium and many Women’s National Championships all prepared Giddens to earn her FIH Umpire Badge at the 2010 South American Games. A few seasons of NCAA field hockey helped her “sharpen the axe” in the umpiring world. While umpiring at the 2011 U-21 European Championship II, she received word that she had been appointed to the London 2012 Olympic Qualifier, and was also named to the ’Road to FIH Mentorship Program.

Some key international events Giddens has officiated at include the Champions Challenge I, Junior World Cup and Champions Challenge I, and they all shaped and molded her into an expert in the field. When the FIH started the World League format, she was fortunate enough to umpire all four rounds in various parts of the world.

USA Field Hockey Club of the Year Award Winner: WC Eagles

Presented to the USA Field Hockey Member Club who has excelled on and off the field of play. This club has demonstrated skills on the pitch that are recognized by peers and fans, while also showing passion for field hockey and sportsmanship off the pitch. They have used field hockey to make an impression on the lives of others and brought opportunity to their community.

In September 2005, WC Eagles was formed with the mission, “To prepare the girls for college and international field hockey through total player development, whereby the players learn the modern skills and tactics of the game under pressure of time and space in a competitive environment.” WC Eagles quickly established itself as a premier club in the United States, winning an unrivaled 21 National Club Championship titles since 2009 and in the last three years the club has won 65 pool championships at the National Indoor Tournament.

WC Eagles athletes have also earned field hockey scholarships to many of the top ranked college field hockey programs and elite academic institutions in the country.
The California Field Hockey Symposium, presented by AstroTurf, took place on December 7, 2019 at The Stadium Center in Westlake Village, Calif. The purpose was to unite and empower community sports leaders and California field hockey stakeholders to exponentially grow interest and participation in field hockey among boys and girls of all ages throughout the state within the next decade leading up to the Los Angeles 2028 Olympic Games. The LA28 Task Force, appointed by the Board of Directors in 2018, was instrumental in conceptualizing and planning the California Field Hockey Symposium.

The California Field Hockey Symposium was designed for stakeholders and community leaders who impact lives through quality youth and adult sports programming and opportunities. USA Field Hockey welcomed school and club coaches, adult players, parents, umpires, recreational program leaders and administrators, and fans of sports to attend the California Field Hockey Symposium and the additional events on Friday and Sunday.

California has a rich tradition of field hockey, as well as an active base of youth, school, club and adult play. Many of Team USA's field hockey Olympians, U.S. Men's and Women's National Team and Masters players, coaches, umpires and fans are from the Golden State.

Symposium Recap

USA Field Hockey's Executive Director Simon Hoskins welcomed attendees with a brief update on the state of play in the country and region, reaffirming the organization's commitment to growing the game and serving members through regionalization. Next, Denise Parker, United States Olympic and Paralympic Committee Vice President of National Governing Body Services, gave a review of the presentation that won Los Angeles the 2028 Summer Olympic Games bid. Following, a panel of Team USA Olympians and national team athletes shared their Olympic journey experiences and impressions, as well as their hopes for aspiring future field hockey Olympians.

Next was a breakout session for Community Leaders and California Field Hockey Stakeholders. Community Leaders who were new to the sport learned about field hockey and the many opportunities available as well as experienced an on-field session. California Field Hockey Stakeholders convened for a set of moderated panels made up of California leaders providing scope and insight on their area of field hockey expertise. Following the panels, presenters and attendees broke into groups to discuss topics that included field hockey in schools, clubs and recreational organizations, men's, adult and masters field hockey, and USA Field Hockey's pathway program, Futures.

Presenting sponsor, AstroTurf, discussed the different types of surfaces, from grass to wet turf, and what innovations the organization has for the sport. Members of the California Regionalization Committee covered California as a formal State Chapter of USA Field Hockey and proposed a new structure of regional representation and membership. Another session introduced the USA Field Hockey American Development Model (ADM) and highlighted programs to support California coaches and umpires to grow the game.

Supporting Symposium Events

USA Field Hockey Foundations Course
A free USA Field Hockey Foundations Course was held as an introduction to the sport for those with little-to-no experience. The course teaches beginners everything necessary to introduce the game in their community.

Coaching Field Hockey: The USA Way
This three-hour workshop focused on coaching the USA Way, incorporating best principles of coaching and core values.

Umpire Training
This all day introduction to umpiring covered the basic skills and rules, blowing the whistles and signals, umpire cooperation, penalty corners, managing the games, keeping the game safe, rules application and how to get started.

Umpire Education: Train the Trainer
This free course for select experienced umpires covered how adults learn, understanding the rules, FIH Umpire briefing, positioning with a purpose, aerials, managing free hits, danger recognition, breakdown fouls and 21st century umpiring cooperation.

Coach Educator Training
This free training was for identified experienced coaches in California to train them to be USA Field Hockey Coach Educators responsible for the delivery of various USA Field Courses and Workshops.
For the fourth time in the organization’s history, USA Field Hockey’s website achieved the United States Olympic and Paralympic Committee’s Tier 1 Status as a result of the total unique users in 2019. By definition, a user is an individual person browsing a particular website. The Communications Department attracted 878,246 total users, an increase of 50,488 users than the previous year.

In 2019, USA Field Hockey’s webpages were viewed a total of 3,439,604 times. An overall average of 286,634 pageviews were recorded each month. In 2019, the month of November generated the most traffic to USA Field Hockey’s website. The total number of pageviews was 339,556 and the total number of unique users were 93,237. This result is because of the continued college coverage, National Hockey Festival and U.S. Women’s National Team’s FIH Hockey Olympic Qualifier.

Social Media

USA Field Hockey’s social media platforms continue to grow and climb in followers and fan engagement. These platforms are used to distribute website articles, news and important information quickly to the masses that extend outside the reach of USA Field Hockey’s Membership database.

In 2019, USA Field Hockey’s Facebook page had 74,669 total followers. This was an increase of 2.0 percent from the total 73,149 in 2018.

USA Field Hockey’s Twitter page continues to attract more followers each year. Used organically to push news and information out, it is the organization’s most real-time and quickest source with content being disseminated every hour, on the hour. Twitter saw an increase of 3.3 percent in followers from 2018.

Instagram is USA Field Hockey’s fastest growing social media platform. Used to promote all aspects of the game through images and video, it saw a 14.2 percent growth since 2018 adding just over 6,900 followers. Instagram Stories became a more prominent resource to also push out engaging information to users.

FHLife Magazine

As the official publication of USA Field Hockey and the only magazine in the United States dedicated to the sport, FHLife Magazine’s mission is to inspire, educate and motivate readers. The magazine focuses on highlighting major events at the youth and National Team levels, as well as topics regarding athletes, coaches, umpires, personal health and unique stories around country. FHLife Magazine is available to 30,000+ members as a members-only benefit. With the exception of those who opt out, all members receive a physical print copy of the winter edition and an online digital edition of all four editions.

Monthly Recap

At the end of each month, USA Field Hockey’s Monthly Newsletter is distributed. This includes a recap of the month’s events from Junior and Senior National Team coverage, showcases National Events, club information, umpire offerings and acknowledgements, coach education offerings and more. In 2019, there was one special edition in December featuring a holiday theme.
Commercial partners are integral to the success of USA Field Hockey. The organization is fortunate to have a family of commercial partners who share the same vision for the sport, as well as partner support in advocacy, equipment and financial resources to make a significant impact in enabling USA Field Hockey to deliver programming.

USA Field Hockey provides many opportunities to commercial partners to help them advance their mission including licensing of brand marks, vending at events, advertising in digital and print platforms, branding on team uniforms and at programs, naming rights of core programs and more. USA Field Hockey has many partners directly from the sport of field hockey and are particularly grateful for all they do to provide uniform, equipment, analysis, resources and advice to make the experience of athletes, coaches and umpires better.
How Do Donors Impact USA Field Hockey?

**UNITED Fund**

USA Field Hockey’s donors help provide for great needs by making gifts to the UNITED Fund. This Fund allows USA Field Hockey to continue to provide quality programming and ensure that the organization can continue to provide members, coaches, umpires and athletes the resources they need to be their best. The UNITED Fund serves as the life-blood of the organization and is an integral in ensuring a balanced budget.

**USA Field Hockey Foundation**

Donors help ensure longevity for field hockey by contributing to the USA Field Hockey Foundation. The Foundation is the fundraising arm of the organization and is responsible for managing and growing the endowment, as well as supporting the needs of USA Field Hockey through various grants and fundraising initiatives. It is stewarded by a generous group of Trustees who are passionate about ensuring the future of our sport.

**Top Areas of Giving**

The below chart highlights the top areas of giving in 2019. These programs received vital support from individual donors. The work of USA Field Hockey could not be done without individual donations and support.

- **Coach Education**
- **Futures Scholarship Fund**
- **USA Field Hockey Foundation**
- **Sport Development**
- **Junior High Performance**
- **U.S. Men’s National Indoor Team**
- **U.S. Men’s National Team**
- **Summit Scholarship Fund**
- **Umpire Education**
- **UNITED Fund**
- **U.S. Women’s National Team**
- **U.S. Women’s National Indoor Team**

**Graph**

- Denotes individual donations only. Does not include grants or corporate sponsorships.

**Grants**

- **Sports Psychologist - $9,000** - Grant was provided to further engage a sport psychologist for the U.S. Women’s National Team in the later part of the year in preparation for the FIH Hockey Olympic Qualifier in November.
- **California Field Hockey Symposium - $10,000** - Used to help offset the costs of the event held in December, which united leaders in a two-day convention focusing on the growth of field hockey in California in advance and as a legacy of the Los Angeles 2028 Olympic Games.

**Sponsorship**

- **U.S. Women’s National Team Golf Tournament - $1,000** - "Awards and Reception" Sponsorship
## Financial Position

**As of December 31, 2019**

### Assets

**CURRENT ASSETS**

- Cash and cash equivalents: $2,992,608
- Accounts receivable, net: $330,446
- Prepaid expenses and other assets: $559,535
- Long-Term Investments: $136,355

**PROPERTY & EQUIPMENT NET**

- Total: $119,948

**BENEFICIAL INTEREST IN NET ASSETS OF USA FIELD HOCKEY FOUNDATION**

- Total: $2,086,391

**TOTAL ASSETS: $6,224,523**

### Liability & Net Assets

**CURRENT LIABILITY**

- Accounts payable: $73,302
- Accrued liabilities: $214,407
- Deferred revenue: $3,297,716

**NET ASSETS**

- Unrestricted (without donor restrictions): $2,427,243
- Restricted (with donor restrictions): $11,945

**TOTAL LIABILITIES, MEMBERS' EQUITY & NET ASSETS: $6,224,523**

## Activites

**For the Year Ended December 31, 2017**

### Revenue, Gains & Support

<table>
<thead>
<tr>
<th>Source</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Registration fees</td>
<td>4,362,006</td>
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<tr>
<td>Membership dues</td>
<td>1,374,082</td>
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<tr>
<td>USOC support, including in-kind</td>
<td>1,096,917</td>
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<tr>
<td>Other fees</td>
<td>701,574</td>
</tr>
<tr>
<td>In-kind contributions</td>
<td>335,917</td>
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<tr>
<td>Grants</td>
<td>214,217</td>
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<tr>
<td>Corporate sponsorship</td>
<td>325,033</td>
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<tr>
<td>Umpire fees</td>
<td>43,900</td>
</tr>
</tbody>
</table>

**Total Revenue, Gains & Other Support:** $9,479,952

### Expenses

**PROGRAM SERVICES**

- Olympic & sport development: $4,044,079
- International teams: $3,338,865
- Member Services: $389,387

**Total:** $7,772,331

**SUPPORTING SERVICES**

- General & administrative: $1,137,299
- Marketing & communications: $310,899
- Fundraising: $212,553
- Volunteer administration: $27,840

**Total:** $1,697,591

**TOTAL EXPENSES: $9,469,722**

## Change in Net Assets

- **NET ASSETS, BEGINNING OF YEAR:** $2,528,868
- **CHANGE IN NET ASSETS:** $10,230
- **NET ASSETS, END OF YEAR:** $2,539,098