**MEET ADMINISTRATION**

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| Miwok Aquatics Center College of Marin, Indian Valley Campus 1800 Ignacio Blvd, Novato CA 94949 | Competition: June 16 - 18, 2022  
Practice: June 14 - 15, 2022 | Dan Laak  
(706)296-2824  
Dan.laak@usadiving.org |   
Olivia Rosendahl  
(323)620-8067  
OliviaR@usadiving.org |
| Meet Director     | USA Diving Event Staff     |                                   |
| Miranda Maas, Dive Lab Founder & Director of Holistic Integration info@divelab.org 415-497-8366 |                                   |   

**Technical Meeting**  
TBD
## Ticket Information

Spectator viewing will be available.

## Hotels

Please check Airbnb.com for apartments and homes in the area. You may contact the following hotels to inquire for availability and potential discounts for USA Diving participants:

- Days Inn by Wyndham Novato/San Francisco
- Inn Marin and Suites, Ascend Hotel Collection
- Courtyard by Marriott Novato Marin/Sonoma
- Best Western Plus Novato Oaks Inn

## Travel

Air travel is available through the following airports:

- Charles M. Schultz, Sonoma County Airport (37.5 miles / 43min drive)
- Oakland International Airport (40 miles / 50min drive)
- San Francisco International Airport (48.6 miles / 1hr drive)
**Sportsmanship Statement**

USA Diving promotes good sportsmanship by athletes, coaches and spectators. We request your cooperation by supporting the participants and officials in a positive manner. Profanity, racist or sexist comments, or other intimidating actions directed at judges, meet personnel, athletes, coaches, spectators, or team representatives are grounds for removal from the site of competition. Thank you in advance for your cooperation.

**Anti-bullying Policy**

Hazing, harassment, intimidation, menacing or bullying, and acts of cyberbullying by members towards any member is strictly prohibited. Retaliation against any person who reports, is thought to have reported, files a complaint or otherwise participates in an investigation or inquiry is also strictly prohibited. False charges shall also be regarded as a serious offense and will result in disciplinary action or other appropriate sanctions. Persons whose behavior is found to be in violation of this policy will be subject to discipline, up to and including expulsion. USA Diving may also make referrals to law enforcement officials.

**Use of Audiovisual Equipment**

Use of audio or visual recording devices, including cell phones, is not permitted in changing areas, restrooms, or locker rooms.

**Deck Changing**

Changing into or out of swimsuits other than in locker rooms or designated changing rooms is not appropriate and is prohibited.

**Safe Sport Resources**

Athlete Safety Policy: [https://www.teamusa.org/usa-diving/resources/safe-sport](https://www.teamusa.org/usa-diving/resources/safe-sport)
MEET INFORMATION

Entering the Meet

All athlete and coach entries must be made online at www.divemeets.com prior to June 6th, 2022.

Entry Fees

Entry fees are $50 plus a $30 insurance fee per athlete per event (total $80 per event).

Late Registration

Coaches – If a coach misses the online registration deadline, a $20 late fee will be assessed prior to deck authorization.

Athletes – If registering for the meet after the entry deadline, a $100 late fee will be assessed in addition to the event entry fees.

Each event closes 3 hours prior to the event start time.

Dive Changes

Dive changes will be allowed until 3 hours prior to the start of each event. A $15 late fee will be assessed for any dive changes made after 6pm the night before the first day’s events, and after 12pm the day before the remaining days.

First day of competition: Dive changes must be made prior to 6pm the day before to avoid late fee

All remaining days of competition: Dive changes must be made prior to 12pm the day before to avoid late fee
## FACILITY

### Pool Equipment

- 2 1-meter Maxiflex Model-B boards on Duraflex short stands
- 2 3-meter Maxiflex Model-B boards on Duraflex short stands
- 1-, 3-, 5-, 7.5-, and 10-meter platforms
- Multiple SidelineScout video replay stations
- 10-person in-ground hot tub
- Separate 16-foot deep dive well
- 8-lane, 50-meter competition pool

### Dryland Equipment

- Norbert’s Landing Pit 6’x12’x32”
- Elite Non-Folding Trampoline 7’x14’
- Folding Trampoline 7’x14’
- Portable Dryboard
- Duraflex One-Meter Stand with springboard
- Landing mat 6’x12’x8”
- Spring floor 42’x20’
- Norbert’s Folding Practice Mat 6’x12’x12”
- Norbert’s 1 3/8 Inch X-Link Tumbling Mats (8)
- Spotting Belts
- Twisting Belts
- Elite Trampoline Pads

### Directions to Pool

From the south: From US-101 N to Nave Dr in Novato, take exit 459 and continue left onto Nave Drive, then a left onto Ignacio Blvd. Follow Ignacio Blvd to the Miwok Aquatic Center (2.9mi).

From the north: From US-101 S to Rowland Blvd in Novato, take exit 462A. Turn right on Rowland Blvd (0.4 mi), then left onto Cambridge St. (0.3mi). Turn right onto Sunset Pkwy (0.8mi). Turn right onto Ignacio Blvd and follow to the Miwok Aquatic Center.

### Parking Information

College of Marin recommends parking in lots 3 or 4. There is free parking on the upper level of lot 5.
Please See Link in Website for **NEW AND UPDATED** schedule.

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**Pool Hours**

Practice times on June 14th and 15th:

Pool open 8am-6pm

On Competition Days, the pool will remain open after the conclusion of the day’s events until 6pm for open practice.