

## Special process for athletes participating in the Tokyo 2020 Games to enter and leave Japan carrying Stimulant Drugs (ADDERALL)

### **1. Outline**

Regarding stimulants, Japan has strict regulations on import, export and possession etc., based on the Stimulants Control Law (Law No. 252 of 1951). A special arrangement is in place specifically for the Tokyo 2020 Olympic and Paralympic Games to allow athletes taking these medicines for therapeutic use, and with an approved Therapeutic Use Exemption, to import personal supplies for the treatment of their medical condition while they are in Japan. These special procedures are described below. Failure to comply with these procedures may lead to a violation of the Law.

Athletes taking a prescribed medication that is classified as a stimulant by Japanese law (hereinafter referred to as "Stimulant Drug") for his/her own medical use, are required to apply for advanced permission from the Director General of the Regional Bureau of Health and Welfare for entering or leaving Japan with the drug when participating in the Tokyo 2020 Olympic or Paralympic Games.

For the purpose of this application, the athlete is considered the importer. In addition, a responsible person in charge for managing their Stimulant Drug within their team must be designated. This person must be a team doctor, or Chief Medical Officer (CMO) for the delegation hereinafter, referred to as "Team Doctor".

### **2. Role and Responsibilities of Team Doctor**

- 1) Submitting the application
  - The Team Doctor needs to gather all applications from athletes of the NOC/NPC delegation.
- 2) During the stay of the athletes in Japan
  - After the import/export application is approved and the athletes arrive in Japan, the Team Doctor has full responsibility for coordinating the proper use, storage, and management of the Stimulant Drug during the whole stay for all relevant athletes. The Team Doctor is asked to submit a written pledge agreeing with these responsibilities.
  - The Team Doctor must inform the usage status of the Stimulant Drug to Tokyo 2020 Medical Services FA (Hereinafter, referred to "Tokyo 2020") every day during the stay of the athletes until the athlete leaves Japan using the Stimulant Drug Management

Report template (see appendix below).

(Addressed for report ) (NOC) noc_medical_import@tokyo2020.jp (NPC) npc_medical_import@tokyo2020.jp (Local contact for emergency) 03-6631-1956
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### 3. Application procedure

- The import/export application documents to submit to the authorities are listed below. The Team Doctor should gather all the applications for their team and submit together to Tokyo 2020 by the due date according to the athletes' schedule. Inquiries regarding applications and the permissions granted by the authorities will be provided by Tokyo 2020 to the Team Doctor prior to arrival of the athlete in Japan.
- Any unused Stimulant Drugs must be exported by the individual. If surplus stimulant medication is expected, both the import and export certificates must be applied for simultaneously.
- All application procedures can be completed by e-mail. NOCs/NPCs must bring signed original application documents (A), (B) and (C) below, to the Polyclinic pharmacy in the Olympic or Paralympic Village by the designated Team Doctor after the athlete arrives in the Village.
- Information regarding the applications and any subsequently granted permissions will be shared among the relevant international organisations (for example, IOC, IPC, ITA, WADA) and domestic ministries and agencies to inform them of the importation arrangements and management in Japan.

#### Application documents

- A) Import permission application (for entering Japan)
- B) Export permission application (for leaving Japan)

Regarding A) and B), it is possible for someone such as Team Doctor to fill in the forms on behalf of the athlete, but he/she should state the fact and write their name outside the forms at the bottom.

- C) Doctor Medical Certificate (Japanese or English) containing the following information:
  - Home address and name of the athlete
  - Explanation of the necessity for taking the Stimulant Drug (i.e. clinical diagnosis)

- Product name, specification, daily dose of the prescribed Stimulant Drug
- D) Documents that shows the product and ingredients name of the Stimulant Drug
  - Package picture, and copy of the medicines information or package insert for the product. This will be used for confirming the "product name" of the Stimulant Drug described in the application documents.
- E) Therapeutic Use Exemption (TUE) approval certificate for the use of the Stimulant Drugs in-competition (copy).
- F) Signed Pledge Agreement (see below in appendix)

#### **Application deadline**

Up to 2 weeks before the departure date or entry date of the athlete

#### **Contact for application**

Tokyo 2020 Medical Service Department  
 NOC (noc\_medical\_import@tokyo2020.jp)  
 NPC (npc\_medical\_import@tokyo2020.jp)

#### **4. Procedure for Arrival**

- When the application is approved, a Japanese import (and export) permission and an English import (and export) permission will be issued, and Tokyo 2020 will inform the Team Doctor. When entering Japan, the athlete must personally carry the Stimulant Drug and all the original application and permission documents on their person.
- Please note that Stimulant Drug cannot be imported as unaccompanied baggage.
- Be careful about the exact quantity of Stimulant Drug, as you cannot bring more Stimulant Drug into Japan than the quantity approved for importation on the permission document. If you violate these rules, you should be aware that you may be subject to the punishment of the Law.
- On arrival, at Immigration, the athlete must show the import permission to the immigration officers.
- At Customs, the athlete must declare that he/she has Stimulant Drug and will be subject to inspection of the medicines and the accompanying import permission documents.

#### **5. Usage and Management during stay**

- The athletes are only allowed to use the Stimulant Drug which they brought in after entering Japan and are prohibited from transferring or selling them. Violations are subject to punishment by Law.

- Athletes should take their Stimulant Drug dose only in their accommodations and must store them in a lockable place and do not carry them when they go out. If the athlete needs to take the medication outside of their accommodation for medical reasons, please notify Tokyo 2020 in advance.
- If the athlete loses or misplaces any medication, please immediately inform to Tokyo 2020 and fully cooperate with the following investigation.

## **6. Procedure for departure**

- Athletes must bring back all Stimulant Drugs which were not consumed during their stay.
- At the time of departure, the athlete must declare that you have Stimulant Drug at the departure counter at Customs and he/she will be required to show the export permission and its quantity. At this time, if the export permission is not presented, it will not be allowed to be taken out of Japan, so the applicant must carry it with them.
- Please note that stimulant drug cannot be exported as unaccompanied baggage.
- Please note that the quantity of stimulant drug cannot be taken out of Japan in excess of the quantity stated on the permission. If you violate these, you should be aware that you may be subject to the punishment by Law.
- The permission is only for entering and leaving Japan and does not guarantee the import of the Stimulant Drugs in the country of destination.

## APPLICATION FORM (IMPORT)



This format to be used in applying for permission to **import** Stimulants by carrying.

	Name of Stimulants	Quantity
Stimulants to be imported by carrying		
Reason for the entry into Japan		
Reason for the necessity for Stimulants use		
Time of entry into Japan		
Name of port of entry		
<p>As stated above, I hereby apply for permission to import Stimulants by carrying.</p> <p>Date:</p> <p>Address:</p> <p>Phone: <span style="margin-left: 200px;">Fax:</span></p> <p>E-mail:</p> <p>Name: <span style="margin-left: 150px;">Signature:</span></p> <p>To: Director-General Kanto-Shin'etsu Regional Bureau of Health and Welfare</p>		

- \* This form should be typed or printed.
- \* Separate application forms for each **Import** and **Export** of Stimulants are required.

## APPLICATION FORM (EXPORT)



This format to be used in applying for permission to **export** Stimulants by carrying.

Stimulants to be exported by carrying	Name of Stimulants	Quantity
Reason for departure from Japan		
Reason for the necessity for Stimulants use		
Time of departure from Japan		
Name of port of Departure		
<p>As stated above, I hereby apply for permission to export Stimulants by carrying.</p> <p>Date:</p> <p>Address:</p> <p>Phone: <span style="margin-left: 200px;">Fax:</span></p> <p>E-mail:</p> <p>Name: <span style="margin-left: 150px;">Signature:</span></p> <p>To: Director-General Kanto-Shin'etsu Regional Bureau of Health and Welfare</p>		

- \* This form should be typed or printed.
- \* Separate application forms for each **Import** and **Export** of Stimulants are required.

**APPLICATION FORM  
(IMPORT)**



This format to be used in applying for permission to **import** Stimulants by carrying.

	Name of Stimulants	Quantity
Stimulants to be imported by carrying	Adderall 0mg	15pills
Reason for the entry into Japan	To participate in the Tokyo 2020 Olympic Games	
Reason for the necessity for Stimulants use	(To control symptom of ADHD)	
Time of entry into Japan	7 <sup>th</sup> July 2021	
Name of port of entry	(NARITA International Airport (the Number of the flight: ABC123))	
As stated above, I hereby apply for permission to import Stimulants by carrying.		
Date:		
Address:		
Phone:	Fax:	
E-mail:		
Name:	Signature:	
To: Director-General Kanto-Shin'etsu Regional Bureau of Health and Welfare		

- \* This form should be typed or printed.
- \* Separate application forms for each **Import** and **Export** of Stimulants are required.

**APPLICATION FORM  
(EXPORT)**



This format to be used in applying for permission to **export** Stimulants by carrying.

	Name of Stimulants	Quantity
Stimulants to be exported by carrying	Adderall 10mg	15 pills or less
Reason for departure from Japan	To return to my country	
Reason for the necessity for Stimulants use	To control symptom of ADHD	
Time of departure from Japan	27 <sup>th</sup> July 2021	
Name of port of Departure	NARITA International Airport (the Number of the flight: ABC123)	
<p>As stated above, I hereby apply for permission to export Stimulants by carrying.</p> <p>Date:</p> <p>Address:</p> <p>Phone: <span style="float: right;">Fax:</span></p> <p>E-mail:</p> <p>Name: <span style="float: right;">Signature:</span></p> <p>To: Director-General Kanto-Shin'etsu Regional Bureau of Health and Welfare</p>		

- \* This form should be typed or printed.
- \* Separate application forms for each **Import** and **Export** of Stimulants are required.



To Medical Director of Tokyo 2020

Pledge Agreement

NOC/NPC \_\_\_\_\_

Team Doctor \_\_\_\_\_

During the stay of the athlete below in Japan, I promise and declare, as the Team Doctor, that I understand all the conditions below and take full responsibility of them.

- Supervise the proper use of the Stimulant Drug and prevent any incidents such as loss during the stay of the athlete in Japan.
- Inform the usage report of Tokyo 2020 every day and any change of athlete's itinerary should be informed in advance, too.
- Ensure the Stimulant Drug is taken in accordance with the approved prescribed dose stated on the Therapeutic Use Exemption.
- Ensure that the athlete takes the Stimulant Drugs only in their accommodations and stores them in a lockable place.
- Bring original signed documents of import/export permission application and the medical certificate to the Polyclinic pharmacy at Olympic Village by myself or other team officials within no more than 24 hours after the athlete arrives in the Village.
- Inform to Tokyo 2020 promptly and fully cooperates with the following investigation if any loss occurs.
- Make sure that the athlete takes back all Stimulant Drugs other than those consumed during stay.

Athlete name _____	
Stimulant Drug _____	
Duration of entire period of stay in Japan.	(dd/mm - dd/mm )
Place of Accommodation _____	(dd/mm – dd/mm)
Place of Accommodation _____	(dd/mm – dd/mm)
Place of Accommodation _____	(dd/mm – dd/mm)

## Stimulant Drug Management Report

[Provide a separate report for each athlete]

The Team Doctor must submit this form to inform the daily usage of the Stimulant Drug to Tokyo 2020 Medical Services by 9 pm (Japan local time) every day during the athlete's stay using the email provided below.

NOC/NPC \_\_\_\_\_

Team Doctor name \_\_\_\_\_

Local Contact TEL: \_\_\_\_\_ Email \_\_\_\_\_ @ \_\_\_\_\_

Athlete \_\_\_\_\_

Duration of entire period of stay in Japan. (dd/mm - dd/mm)

Stimulant Drug \_\_\_\_\_

Daily dose approved by Therapeutic Use Exemption \_\_\_\_\_

Date	Total dose units	Dose administered	Remaining dose units	Witnessed by (Team Doctor initial)
Arrival day dd / mm				
dd / mm				
dd / mm				
dd / mm				
dd / mm				
dd / mm				
dd / mm				
dd / mm				
Departure day dd / mm				

\* If any loss of Stimulant Drug, immediately contact Tokyo 2020 and follow the instructions.

(Addressed for report )  
 (NOC) noc\_medical\_import@tokyo2020.jp  
 (NPC) npc\_medical\_import@tokyo2020.jp  
 (Local contact for emergency)  
 03-6631-1956