

## 2014 American Open Start List

Sess	Pfm	Date	Sex	Cat	Age	Name	Total	Team
<b>1</b>	<b>Red</b>	<b>Dec 12</b>	<b>f</b>	<b>58 C</b>	36	Melissa KNOUREK	146	SPOON BARBELL CLUB
					25	Danielle CAIN	145	CAIN ATHLETICS WEIGHTLIFTING
					25	Allison MCCRACKEN	143	EAST COAST GOLD
					25	Chelsie MORTER	143	COSTA MESA BARBELL
					36	Jane SHIN	140	Unattached
					30	Haddy LIU	140	Unattached
					30	Laura REDMAN	139	LIFT LAB
					29	Jaquelin ONG	139	PINNACLE WEIGHTLIFTING
					29	Jennifer VANBROOKER	138	Unattached
					24	Leah CAGE	135	STONEBREAKER ATHLETICS WEIGHTLIFTING CLUB
					31	Tamara GRAY	135	PINNACLE WEIGHTLIFTING
<b>1</b>	<b>Blue</b>	<b>Dec 12</b>	<b>f</b>	<b>48 B</b>	26	Marly CAMPOS	118	KILOFORNIA BARBELL
					26	Kristin IIZUKA	118	CODE 3 BARBELL
					27	Leighann CRAWFORD	118	Unattached
					23	Silvana GONZALEZ	116	LIBERTY BARBELL CLUB
					30	Darlene CAALAMAN	114	OUTLIER ATHLETICS CLUB
					33	Amylynnne FRANKEL	113	Unattached
					29	Nicole BURDA	112	Unattached
					30	Lynnette OLMEDA	112	TEAM CONNECTICUT
					28	Dominique FUFIDIO	110	Unattached
					22	Lindsay HEBB	107	Unattached
					30	Carla MIRANDA	106	COFFEE'S GYM
					25	Erin PARKER	104	Unattached
					30	Ashley BARON	103	OCEAN STATE BARBELL
					27	Megan DAVENPORT	101	Unattached
11	Gwendolyn ROJAS	101	Unattached					
<b>2</b>	<b>Red</b>	<b>Dec 12</b>	<b>f</b>	<b>53 B</b>	39	Wendy SPIES	144	PALO ALTO BARBELL CLUB
					16	Camille CASKEY	136	CHARLESTON WLC
					25	Nhu TE	135	EAST COAST GOLD
					36	Kathy NELSON	134	MADTOWN WLC
					23	Meagan WHITSON	131	Unattached
					25	Emily BUCKLEY	131	BROOKLYN BARBELL CLUB
					24	Brandi POULSEN	130	OK WEIGHTLIFTING
					29	Leah Fae COCHRAN	129	Unattached
					28	Laura KOENIG	127	Unattached
					34	Natalie BROWN	126	LIFT LAB
					27	Kathleen PARKER	126	MASH MAFIA MINNESOTA
					28	Maria ROSELLE	126	Unattached
					26	Kimberly JACOBY	125	Unattached
					35	Yves VOLTAIRE	124	CHFP WEIGHTLIFTING CLUB
					21	Cheyenne RAHN	123	Unattached
13	Alexandra THORNTON	113	SPOON BARBELL CLUB					

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<b>2</b>	<b>Blue</b>	<b>Fri Dec 12</b>	<b>m</b>	<b>69 B</b>	25	Steven BROWN	236	LIVEFREE WEIGHTLIFTING CLUB					
					20	Lyall IRWIN	236	TEAM O.C.					
					30	Kurt MULLICAN	235	Unattached					
					25	Alvin TAJIMA	233	JON ANDERSON'S POWER PLANT					
					42	James AFTOSMIS	230	SPOON BARBELL CLUB					
					24	Nick MINER	230	MIDTOWN BARBELL CLUB					
					29	Jason DOLL	228	STRONGPOINT BARBELL CLUB					
					26	Michael VACCARO	225	SPOON BARBELL CLUB					
					25	Ernie PREMPEH	225	Unattached					
					23	Anthony MCLAUGHLIN	222	TEAM HOUSTON					
					27	Van NGUYEN	221	Unattached					
					29	Adrian TUNAYA	221	TEAM FLORIDA - ORLANDO					
					14	William COHEN	220	TEAM SAVANNAH					
					22	Christopher YANG	219	MASH MAFIA MINNESOTA					
					27	Steve YANDA	219	ADAPTATION BARBELL CLUB					
					38	Nicholas HURNDON	219	MAGNUS BARBELL					
					<b>3</b>	<b>Red</b>	<b>Fri Dec 12</b>	<b>f</b>	<b>58 B</b>	24	Kelly WILD	158	SOUTH METRO BARBELL
28	Marie ROCHAT	158	CALPIANS WLC										
36	Veronica AGUILA	157	DRIVE, POP-PUNCH WEIGHTLIFTING										
27	Lindsay KINARD	155	WHITE ROSE BARBELL CLUB										
26	Meredith BUCKNER	154	DNA WEIGHTLIFTING										
34	Kasey FULWIDER	154	ARDENT BARBELL CLUB										
21	Jordan WEICHERS	154	KILO WEIGHTLIFTING										
24	Samantha SILVERMAN	153	Unattached										
22	Leanna FLOWERS	150	COFFEE'S GYM										
21	Danielle BLOOMQUIST	150	Unattached										
17	Adrian DOUGHERTY	149	239 WEIGHTLIFTING										
21	Monica NELSON	149	Unattached										
32	Laura OSTRANDER	147	Unattached										
19	Megan GRANTOM	147	TEAM L.A.B.										
25	Candice BELLOCCHIO	147	OUTLAW BARBELL CLUB										
<b>3</b>	<b>Blue</b>	<b>Fri Dec 12</b>	<b>m</b>	<b>77 B</b>						32	Justin DEVEREUX	264	EAST COAST GOLD
										32	Jimmy C DUKE III	263	TEAM L.A.B.
					24	Adam KOSNA	260	NOVA STRENGTH AND CONDITIONING					
					27	Quinn HENOCH	256	Unattached					
					32	Aaron ARMSTRONG	255	Unattached					
					30	Ray CRUZ	255	Unattached					
					31	Jonas WESTBROOK	252	RENO'S WLC					
					26	Chris STOOS	252	Unattached					
					27	Justin EICHOLTZ	251	TEAM PRAXIS					
					31	Chris SMITH	250	Unattached					
					27	Andrew DAVIE	250	CELERITAS WEIGHTLIFTING					
					24	Hyun CHO	250	CODE 3 BARBELL					
					28	Ashton JONES	245	OVERTAKE BARBELL CLUB					
					16	Richard BEEMER	232	TEAM L.A.B.					
					16	Tyler MAIZELS	220	EAST COAST GOLD					
					16	Alex ERVIN	199	Unattached					

## 2014 American Open Start List

Sess	Pfm	Date	Sex	Cat	Age	Name	Total	Team
<b>4</b>	<b>Red</b>	<b>Fri Dec 12</b>	<b>f</b>	<b>48 A</b>	17	Sydney GOAD	138	COFFEE'S GYM
					26	Michelle GIANNINO	137	EAST VALLEY CROSSFIT WL CLUB
					23	Brooke TANACREDI	137	TEAM O.C.
					24	Jessica KINZLER	136	TEAM MDUSA
					25	Briana KRASS	135	Unattached
					28	Ricklynn LONG	135	OUTLAW BARBELL CLUB
					34	Meghan VALENTINE	130	Unattached
					22	Melissa VILLANUEVA	130	TEAM FLORIDA - ORLANDO
					15	Hayley REICHARDT	129	GARAGE STRENGTH
					33	Gina GIANNETTI	127	Sayre Park WLC
					23	Kaysie JUNCO	125	TEAM FLORIDA - VOLUSIA COUNTY
					24	Sayra LOPEZ	123	LIBERTY BARBELL CLUB
<b>4</b>	<b>Blue</b>	<b>Fri Dec 12</b>	<b>m</b>	<b>56 A</b>	30	Lasaro RUIZ	235	WAXMAN'S GYM WEIGHTLIFTING CLUB
					20	Darren BARNES	230	EAST COAST GOLD
					26	Kyle KING	195	NASHVILLE WEIGHTLIFTING
					27	Ryan BASA	180	LIBERTY BARBELL CLUB
					29	Keith CONNOLLY	180	CINCINNATI WEIGHTLIFTING CLUB
					15	Bret PFEIFFER	177	CHARLESTON WLC
					28	Chris CALIMLIM	174	TEXAS BARBELL CLUB
					26	Brian REISENAUER	168	Unattached
					18	Matthew YUNG	167	EAST COAST GOLD
					27	Sean HUTCHINSON	250	THAT TEAM
<b>5</b>	<b>Red</b>	<b>Fri Dec 12</b>	<b>m</b>	<b>62 A</b>	23	Tri PHU	220	MASH MAFIA MINNESOTA
					27	Dean OTSUKA	218	LBH OF NYC DEPT OF PARKS
					33	Robert SIRKIS	217	SPOON BARBELL CLUB
					25	Willie LACKEY	214	FRONT RANGE WLC
					25	Sean SPRAGGINS	210	TEAM FLORIDA - AFP
					15	Gabriel DAWSON	210	WESLEY WEIGHTLIFTERS
					24	Timothy BLAIR	201	LIVEFREE WEIGHTLIFTING CLUB
					18	Clark ACKERMAN	196	NORTHERN MICHIGAN WEIGHTLIFTING CLUB
					27	Jonathan MENDOZA	189	Unattached
					30	Sean VELAS	185	TEAM SOUL MIAMI
					20	Carlos COVARRUBIAS	185	Unattached

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Sess	Pfm	Date	Sex	Cat	Age	Name	Total	Team
<b>5</b>	<b>Blue</b>	<b>Fri Dec 12</b>	<b>f</b>	<b>53 A</b>	26	Samantha LOWER	166	COFFEE'S GYM
					28	Shantai DICKERSON	165	OUTLAW BARBELL CLUB
					25	Alyssa RITCHEY	162	Unattached
					29	Amy RICHARDSON	160	LIVEFREE WEIGHTLIFTING CLUB
					20	Ellen KERCHER	160	LBH OF NYC DEPT OF PARKS
					30	Lauren RUTAN	158	TEAM MDUSA
					40	Melanie ROACH	158	CALPIANS WLC
					27	Jacque PAYNE	155	FRONT RANGE WLC
					28	Lindsey STROKER	155	TEAM MDUSA
					38	Rachel BATISTA	154	TEAM O.C.
					23	Brianna HOOKER	154	TEAM FLORIDA - ORLANDO
					17	Kaija BRAMWELL	151	PERFORMANCE ONE WEIGHTLIFTING
					24	Samantha WRIGHT	149	PERFORMANCE ONE WEIGHTLIFTING
					26	Snow POWERS	149	NORTH SHORE WEIGHTLIFTERS
					26	Laura MOHLER	146	LAB Athletics
					27	Abigail NAVATO	145	Unattached
					26	Reena TENORIO	145	KILOFORNIA BARBELL
<b>6</b>	<b>Red</b>	<b>Sat Dec 13</b>	<b>f</b>	<b>63 B</b>	29	Shannon ZIMMERMAN	159	Unattached
					32	Erin TIEDER	158	EAST COAST GOLD
					29	Christy ADKINS	156	Unattached
					31	Angel REVIE	156	THAT TEAM
					21	Crysta CIRILLO	155	Unattached
					34	Heather ABEL	155	EAST COAST GOLD
					20	Kaleigh POHLMAN	155	TEAM HERCULES
					28	Jessi HOWALD	153	Unattached
					44	Jo Ann AITA	152	MAX'S GYM
					26	Sharlie STAAB	152	SPOON BARBELL CLUB
					28	Nichol GAGNON	152	Unattached
					28	Julia LAM	151	DC WEIGHTLIFTING CLUB
					26	Hawa ABDULLAH	149	Unattached
					26	Courtney LARSON	149	Unattached
					25	Stephanie KNOTE	149	SEAWARD BARBELL CLUB
					15	Allison WEISS	145	Unattached
					16	Sydney ROGOFF	142	TEAM O.C.

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Sess	Pfm	Date	Sex	Cat	Age	Name	Total	Team	
<b>6</b>	<b>Blue</b>	<b>Sat</b> <b>Dec 13</b>	<b>m</b>	<b>85 B</b>	28	Brandon CARLISLE	273	TEAM CROSSFIT UTAH	
					26	Nathan CONTRERAS	272	COSTA MESA BARBELL	
					44	Mostapha EL-JLAILATI	270	GNU WEIGHTWORKS	
					31	Craig RINTOUL	270	PERFORMANCE ONE WEIGHTLIFTING	
					30	Ryan RIESS	269	CALPIANS WLC	
		<b>Weigh-in</b> <b>7:00 AM</b>		21	Richard REDUS	290	TEXAS BARBELL CLUB		
				26	David OVERMAN	290	Unattached		
				22	Douglass SHUTTLEWORTH	290	GARAGE STRENGTH		
				24	Phillip ROBERTS	290	Unattached		
				23	Anthony DEMATTEO	287	Unattached		
				<b>Start</b> <b>9:00 AM</b>	<b>94 B</b>	22	Gunnar MATTSON	285	RUMBLER
					17	Dylan COOPER	281	TEAM MDUSA	
					16	Michael COHEN	280	TEAM SAVANNAH	
					28	Thomas SULLIVAN	280	TEAM CONNECTICUT	
					26	Jordan MUERE	278	Unattached	
					20	Jacob MERTZ	277	MIDTOWN BARBELL CLUB	
					27	Ryan MOELLENKAMP	277	WEIGHTLIFTING ACADEMY	
<b>7</b>	<b>Red</b>	<b>Sat</b> <b>Dec 13</b>	<b>f</b>	<b>69 B</b>	28	Ashley BEAVER	165	WARRIORZ BARBELL CLUB	
					26	Rae SHIH	165	Unattached	
					25	Tiffany METTEL	164	TITAN BARBELL CLUB	
					28	Nicolette PALERMO	162	FORTIUS WEIGHTLIFTING	
					27	Rachel REYES	162	INDUSTRIOUS BARBELL CLUB	
		<b>Weigh-in</b> <b>9:30 AM</b>			30	Elizabeth BARTLETT	161	EAST COAST GOLD	
					29	Cait PROTAS-FINN	161	EAST COAST GOLD	
					33	Megan FARRELL	161	PALO ALTO BARBELL CLUB	
					28	Tiffany NESFIELD	161	EL JEFE BARBELL CLUB	
					25	Genie FRANCISCO	160	SOUTHERN CALIFORNIA WEIGHTLIFTING	
					<b>Start</b> <b>11:30 AM</b>	29	Emily DEROHAN	160	TEXAS BARBELL CLUB
						28	Ashley HENNING	158	NITTANY BARBELL CLUB
						28	Samantha PEREZ	157	CELERITAS WEIGHTLIFTING
						29	Claire TREANOR	157	Unattached
						35	Kimberly LEWIS	153	EAST COAST GOLD
					24	Summer HUGHES	152	WEIGHTLIFTING ACADEMY	
					<b>7</b>	<b>Blue</b>	<b>Sat</b> <b>Dec 13</b>	<b>f</b>	<b>58 A</b>
33	Jennifer BUTLER	175	EAST COAST GOLD						
26	Stephanie PALACOL	170	Unattached						
27	Charis CHAN	165	MAX'S GYM						
43	Jacquelynn BLACK	164	PINNACLE WEIGHTLIFTING						
<b>Weigh-in</b> <b>9:30 AM</b>	24	Katherine LEE	163	RUBBER CITY WEIGHTLIFTING					
	26	Michelle DOWNS	163	EAST COAST GOLD					
	34	Jessica SCHULZ	163	CROSSFIT RISE					
	26	Caitlin VODOPIA	163	Unattached					
	<b>Start</b> <b>11:30 AM</b>	20	Darian SPERRY	161			Unattached		
25		Kristin POPE	160	Unattached					
25		Cait LUCAS	160	OUTLAW BARBELL CLUB					
26		Vanessa LONG	159	HIGH ROAD BARBELL CLUB					

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<b>8</b>	<b>Red</b>	<b>Sat Dec 13</b>	<b>f</b>	<b>63 A</b>	28	Geralee VEGA	205	EAST COAST GOLD
					19	Martha (Mattie) ROGERS	195	TEAM O.C.
					26	Leslie MAYVILLE	187	EAST COAST GOLD
					30	Dara CHING	179	EAST COAST GOLD
					24	Nicole CAPURSO	175	OUTLAW BARBELL CLUB
					25	Kathleen O'NEILL	175	ROBINSON WEIGHTLIFTING CLUB
					26	Jessie HUMESTON	175	FRONT RANGE WLC
					34	Carlee ACEVEDO-FULLER	174	Unattached
					24	Adee ZUKIER	172	CANADA
					22	Karla HERNANDEZ LEON	170	Unattached
					29	Gretchen KITTELBERGER	168	Unattached
					32	Samantha BRIGGS	166	TEAM SOUL MIAMI
					32	Cherisse KELLEMAN	164	Unattached
					35	Brittany RIESENBERG	164	TEAM PRAXIS
					23	Tia WRIGHT	163	INDUSTRIOUS BARBELL CLUB
					31	Nikki WOODS	160	EAST COAST GOLD
					28	Paula ARANDA	160	CALPIANS WLC
<b>8</b>	<b>Blue</b>	<b>Sat Dec 13</b>	<b>m</b>	<b>69 A</b>	22	Peter MUSA	274	METROPOLITAN ELITE WLC
					26	Alex LEE	270	EAST VALLEY CROSSFIT WL CLUB
					14	Clarence CUMMINGS	268	TEAM SAVANNAH
					20	Dominic STOLLE	258	TEAM TEXAS
					23	James CORSITTO	254	METROPOLITAN ELITE WLC
					20	Jimmy MCINTYRE	250	TEAM GEORGIA WL
					28	Michael SZELA	250	TEAM MDUSA
					19	Michael HUNT	247	COFFEE'S GYM
					19	George HANNA	246	TEAM FLORIDA - VOLUSIA COUNTY
					19	Luis VERDIALES	245	TEAM FLORIDA - VOLUSIA COUNTY
					24	Richard CASTRO-BANUELOS	243	Unattached
28	Brent KIM	241	Unattached					
33	Jake DICKERSON	241	OUTLAW BARBELL CLUB					
<b>9</b>	<b>Red</b>	<b>Sat Dec 13</b>	<b>m</b>	<b>77 A</b>	25	James TATUM	324	TEAM MDUSA
					32	Adam BEYTIN	290	EAST COAST GOLD
					17	Mason GROEHLER	280	POWER SPORTS ATHLETIC CENTER
					24	Brian DEGENNARO	275	CROSSFIT NYC
					27	Spencer ARNOLD	270	TEXAS BARBELL CLUB
					23	Nu AKALEGBERE	270	EAST COAST GOLD
					17	Dominick TROZZI	270	WEST PARK YMCA
					21	Joshua GASKINS	270	MID MISSOURI WEIGHTLIFTING CLUB
					31	Trique MEININGER	268	CALPIANS WLC
					22	Nathan MITCHELL	267	LINDENWOOD LIONS
					22	Nicholas DONDZILA	265	Unattached
					30	Christopher NEVELS	265	TEXAS BARBELL CLUB
					33	Christopher DOUGLAS	265	PARAMOUNT BARBELL CLUB

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<b>9</b>	<b>Blue</b>	<b>Sat Dec 13</b>	<b>f</b>	<b>69 A</b>	32	Gwendolyn SISTO	200	Unattached
					25	Allie HENRY	197	EAST COAST GOLD
					25	Cassidy DUFFIELD	195	OUTLAW BARBELL CLUB
					21	Megan POOLE	192	STONEAGE WEIGHTLIFTING CLUB
					24	Ariel STEPHENS	190	TEAM MDUSA
					25	Sylvia HOFFMAN	185	Unattached
					28	Arlene WARD	185	FRONT RANGE WLC
					29	Julianne KENNEDY	175	SPOON BARBELL CLUB
					25	Arielle LIPPMAN	174	COLUMBUS WLC
					24	Amanda MILLER	173	TWIN CITY BARBELL
					29	Brittney PAUL	172	Unattached
					21	Danielle HUDES	171	EAST COAST GOLD
					25	Natalie JOHNSON	170	TWIN CITY BARBELL
					26	Elle ST CHARLES	167	CLUB RPM
<b>10</b>	<b>Red</b>	<b>Sat Dec 13</b>	<b>m</b>	<b>85 A</b>	22	John MCGOVERN	335	RAZOR'S EDGE FITNESS-CROSSFIT PENSACOLA WLC
					27	Anthony POMPONIO	330	EAST VALLEY CROSSFIT WL CLUB
					17	Broady SAVATNY	301	CANADA
					29	Trevor BRITTON	300	TEAM MDUSA
					20	C. Hunter FORTE	295	EAST COAST GOLD
					25	Kirby WHITE	293	TEXAS BARBELL CLUB
					20	Charles MCDONALD	292	EAST COAST GOLD
					24	Charles PRIME	288	CLUB RPM
					25	Buddy HITCHCOCK	288	EXCEL BARBELL CLUB
					24	Jon ZAJAC	285	EAST COAST GOLD
					21	D. Cody CARLSON	284	EAST COAST GOLD
					25	Matthew BERGERON	282	TEAM MDUSA
					28	Christopher BRANAM	282	Unattached
					28	James ELLIS	280	PERFORMANCE ONE WEIGHTLIFTING
27	Kevin SULLIVAN	280	Unattached					
<b>10</b>	<b>Blue</b>	<b>Sat Dec 13</b>	<b>m</b>	<b>94 A</b>	23	Jared FLEMING	340	TEAM MDUSA
					31	Istvan DIOSZEGI	340	OLYMPIA WEIGHTLIFTING
					26	Jared ENDERTON	332	MASH MAFIA WEIGHTLIFTING
					27	Norik VARDANIAN	330	EAST VALLEY CROSSFIT WL CLUB
					26	Frankie MURRAY	315	METROPOLITAN ELITE WLC
					25	Coard WILKES	315	WILKES WEIGHTLIFTING
					27	Thomas LOWER	306	TEXAS BARBELL CLUB
					26	Kyle ERNST	305	EAST VALLEY CROSSFIT WL CLUB
					30	Danny LEHR	300	CALIFORNIA STRENGTH
					24	Daniel GORELIK	300	EAST COAST GOLD
					29	James MCCOY	294	VENICE BARBELL CLUB
					22	Jon DAWSON	291	RUBBER CITY WEIGHTLIFTING

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<b>11 Red</b>		<b>Sun Dec 14</b>	f	<b>75 B</b>	28	Megan HILL	170	Unattached
					30	Dionne KANESHIRO	166	OAHU BARBELL CLUB
					24	Phoebe NG	163	MAX'S GYM
					34	Hillary HEGENER	162	ARENA READY WEIGHTLIFTING
					29	Christine DRANKIEWICZ	161	Unattached
					25	Samantha RUEHLMAN	160	TEAM O.C.
					27	Meghan WASHLOW	158	TEAM SOUL MIAMI
					23	Melissa KURZDORFER	172	BUFFALO BARBELL CLUB
					40	Jules MARSH	170	CALPIANS WLC
					39	Maika GODWIN	167	MAX'S GYM
					28	Mattie RASNAKE	167	423 STRENGTH AND CONDITIONING
					26	Elisa RHYNEDANCE	166	MONTEREY BAY BARBELL CLUB
					27	Sarah WHITE	166	TEAM BFS
					16	Amara WIGGAN	158	TEAM FLORIDA - ORLANDO
<b>11 Blue</b>		<b>Sun Dec 14</b>	m	<b>105 B</b>	22	Edward BAKER	310	TEXAS BARBELL CLUB
					27	Charlie ZAMORA	303	WARRIORZ BARBELL CLUB
					32	Jacob LEIVENT	300	Unattached
					27	Kris MARES	298	THE SPORTS PALACE
					26	Kenly PENA	293	Unattached
					17	Ryan SENNETT	311	TEAM HERCULES
					26	Charlton HEADDEN	305	Unattached
					30	Kenneth RITENOUR	305	Unattached
					24	Nicholas SOTO	297	PITTSBURGH BBC
					23	Bryan BOULDEN	297	EAST COAST GOLD
<b>12 Red</b>		<b>Sun Dec 14</b>	m	<b>105 A</b>	26	Kevin CORNELL	350	Unattached
					24	Donovan FORD	340	HASSLE FREE BBC
					23	Ethan HARAK	334	TEAM MDUSA
					22	Kollin COCKRELL	330	BOISE BARBELL
					21	Kyle HANNAH	330	TEAM FLORIDA - VOLUSIA COUNTY
					30	Jamie BEARD	327	TEAM SAVANNAH
					24	Wesley KITTS	325	Unattached
					26	David LYNN	317	DNA WEIGHTLIFTING
					27	Marco COPPOLA	313	OVERTAKE BARBELL CLUB
					34	Greg EVERETT	311	CATALYST ATHLETICS



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<b>12 Blue</b>	Weigh-in 9:00 AM	Sun Dec 14	f	75 A	31	Sarah HOPPING ESTRELLA	208	HASSLE FREE BBC
					30	Courtney VALERIOUS	200	WINDY CITY WLC
					34	Tiana JOHNSON	199	EAST COAST GOLD
					17	Deirdre LENZSCH	198	EAST COAST GOLD
					35	Krista OWENS	192	TEAM SAVANNAH
					17	Jessie BRADLEY	190	UTAH VALLEY BARBELL
					24	Jillian MULL	190	RUBBER CITY WEIGHTLIFTING
					22	Emelie PARKER	189	MIDTOWN BARBELL CLUB
					27	Taylor HARRIS	187	TEAM MDUSA
					23	Rebecca GERDON	185	TEAM MDUSA
					26	Chelsey MUSANTE	175	Unattached
					32	Laura SCHATZ	175	OUTLAW BARBELL CLUB
					17	Nicole TENNANT	174	TEAM ADVANTAGE
					27	Jeanee GONET	171	NORTH SHORE CROSSFIT WLC
20	Becky FECTEAU	171	TEAM SAVANNAH					
<b>13 Red</b>	Weigh-in 11:30 AM	Sun Dec 14	f	+75 A	19	Marissa KLINGSEIS	230	WESLEY WEIGHTLIFTERS
					29	Tamara SOLARI	219	Unattached
					23	Rachael DAVIS	200	TEAM MDUSA
					35	Jennifer BUCKNER	195	Unattached
					22	Alexandria LUDWIG	195	WAXMAN'S GYM WEIGHTLIFTING CLUB
					23	Vanessa FROST	192	Unattached
					28	Ashley STEPHENS	190	FRONT RANGE WLC
					17	Kjayla MARTIN	190	TEAM FLORIDA - ORLANDO
					22	Samantha KLEINSCHMIDT	181	OUTLIER ATHLETICS CLUB
					15	Shala MCMILLAN	178	TEAM FLORIDA GULFCOAST WL
25	Hannah CROWE	178	TEAM FLORIDA - ORLANDO					
29	Shaina JORDAN	175	Unattached					
<b>13 Blue</b>	Weigh-in 11:30 AM	Sun Dec 14	m	+105 A	30	Shane MAIER	359	WINDY CITY WLC
					26	Michael KREATSOULAS	350	TEAM PENDRAGON
					28	Thomas SROKA	345	TEAM MDUSA
					27	Jason LEWIS	330	EAST VALLEY CROSSFIT WL CLUB
					26	Sean RIGSBY	321	TEAM MDUSA
					30	Jeb SMITH	320	BLUEGRASS BARBELL CLUB
					27	Benjamin CLARIDAD	320	MIDTOWN BARBELL CLUB
					20	David JORGE	318	EAST COAST GOLD
					20	Cody KING	317	PERFORMANCE ONE WEIGHTLIFTING
					29	Jeffrey WILLIAMS	316	WAXMAN'S GYM WEIGHTLIFTING CLUB
29	Keith MINIKUS	316	TEXAS BARBELL CLUB					