I. SELECTION SYSTEM

A. Provide the minimum eligibility requirements for an athlete to be considered for nomination to the Team:

1. Citizenship:

   Athlete must be a citizen of the United States prior to the commencement of the first qualifying event and hold a valid U.S. passport that will not expire for six months after the conclusion of the Games.

2. Minimum International Federation (IF) standards for participation (if any):

   a. Athlete shall be 14 years of age or older by December 31, 2010.
   b. In accordance with the World Taekwondo Federation (WTF) Rules of Competition [refer to Article 4, Section 1: http://www.wtf.org/wtf_eng/site/rules/file/WTF_Competition_Rules_and_Interpretation_(GA_Passed_on_Feb_2009)_ENG.doc], contestants must meet the following criteria:

      i. Holder of the nationality of the participating team;
      ii. Recommended by the National Taekwondo Association in which he/she represents; and
      iii. Possess an official Kukkiwon Dan certification.

3. Other requirements (if any):

   - An athlete must be a member in good standing with USA Taekwondo (USAT).
   - Athletes must compete in the Black Belt, World Class Division.
   - For PHASES 1-4, 7 & 8, athletes will bear all expenses including entry fee, airfare, ground transportation and room and board. If an athlete qualifies for PHASE 5, 6 and/or the 2012 Olympic Games, his/her expenses will be covered by the NGB.

B. Tryout Events:
1. Provide the event names, dates and location of all trials, events and camps to be used as part of the selection process.

   a. PHASE 1 –
      - 2010 National Qualifiers: Please refer to the table in section I.C. listing all National Qualifiers below.
      - 2010 Sanctioned State Qualifiers: Please go to the following link for an updated list of all Sanctioned State Qualifiers: [http://www.usa-taekwondo.us/event?tag_id=3267](http://www.usa-taekwondo.us/event?tag_id=3267)
      - 2010 Military Championships: Please go to the following link for an updated list: [http://www.usa-taekwondo.us/event?tag_id=3267](http://www.usa-taekwondo.us/event?tag_id=3267)
      - 2010 NCTA Collegiate Championships: April 17-18, 2010 - Denver, Colorado

   b. PHASE 2 – 2010 Senior National Taekwondo Championships – World Class Division: July 3-4, 2010 – Orlando, Florida


   d. PHASE 4 – 2012 Olympic Team Trials 2 – Taekwondo: Post 2011 World Championships (which will be held May 1-6, 2011 in Gyeongju, Korea).

   e. PHASE 5 – WTF World Olympic Qualification Tournament: July 16-19, 2011 - Baku, Azerbaijan

   f. PHASE 6 – Pan American Olympic Qualification Tournament: October or November 2011 – Location TBD.

   g. PHASE 7 – 2012 Olympic Team Trials Fight-Off – Taekwondo: Late 2011 - Early 2012, Location TBD.

   h. PHASE 8 - 2012 Olympic Team Trials Final – Taekwondo: Spring 2012, Location TBD.

2. Provide event names, dates, locations and description of how athletes qualify for any “preliminary or qualifying” events or procedures that are prerequisites to attend any of the trials, events or camps listed above in B. 1 (if any).

   Performance Waivers:
   - If an athlete was a member of the 2009 or 2010 Senior National Team, he/she will be granted a performance waiver from PHASE 1, as well
as PHASE 2 – 2010 Senior National Taekwondo Championships – World Class Division, and granted an entry into PHASE 3 – 2012 Olympic Team Trials 1 – Taekwondo or PHASE 7 – 2012 Olympic Team Trials Fight-Off – Taekwondo (all phases outlined below).

- If 2009 & 2010 Senior National Team members choose to bypass their performance waivers, they may compete in PHASE 1 and qualify for and compete in PHASE 2 – 2010 Senior National Taekwondo Championships in the weight division of their choice, or they may choose to bypass PHASE 1 altogether and choose to compete in PHASE 2. However, they will forfeit their performance waiver into PHASE 3 – 2012 Olympic Team Trials 1 – Taekwondo and PHASE 7 – 2012 Olympic Team Trials Fight-Off – Taekwondo, and must meet the performance criteria outlined below for each applicable phase they choose to participate in order to advance to and compete in PHASE 3 – 2012 Olympic Team Trials 1 – Taekwondo and/or PHASE 7 – 2012 Olympic Team Trials Fight-Off – Taekwondo.

C. Provide a comprehensive, step-by-step description of the method that explains how athletes will go through the selection process to become Team nominees (including maximum Team size).

**PHASE 1: 2010 National Qualifiers, 2010 Sanctioned State Qualifiers, 2010 Military Championships, and 2010 NCTA Collegiate Championships**

Weight Divisions:

There will be eight (8) male and eight (8) female weight divisions contested in each tournament in PHASE 1.

<table>
<thead>
<tr>
<th>Men’s division</th>
<th>Women’s division</th>
</tr>
</thead>
<tbody>
<tr>
<td>Under 54kg</td>
<td>Under 46kg</td>
</tr>
<tr>
<td>Not exceeding 54kg</td>
<td>Not exceeding 46 kg</td>
</tr>
<tr>
<td>Under 58kg</td>
<td>Under 49kg</td>
</tr>
<tr>
<td>Over 54 kg &amp;</td>
<td>Over 46 kg &amp;</td>
</tr>
<tr>
<td>Not exceeding 58 kg</td>
<td>Not exceeding 49 kg</td>
</tr>
<tr>
<td>Under 63kg</td>
<td>Under 53kg</td>
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<tr>
<td>Over 58 kg &amp;</td>
<td>Over 49 kg &amp;</td>
</tr>
<tr>
<td>Not exceeding 63 kg</td>
<td>Not exceeding 53 kg</td>
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<tr>
<td>Under 68kg</td>
<td>Under 57kg</td>
</tr>
<tr>
<td>Over 63 kg &amp;</td>
<td>Over 53 kg &amp;</td>
</tr>
<tr>
<td>Not exceeding 68 kg</td>
<td>Not exceeding 57 kg</td>
</tr>
<tr>
<td>Under 74kg</td>
<td>Under 62kg</td>
</tr>
<tr>
<td>Over 68 kg &amp;</td>
<td>Over 57 kg &amp;</td>
</tr>
<tr>
<td>Not exceeding 74 kg</td>
<td>Not exceeding 62 kg</td>
</tr>
<tr>
<td>Under 80kg</td>
<td>Under 67kg</td>
</tr>
<tr>
<td>Over 74 kg &amp;</td>
<td>Over 62 kg &amp;</td>
</tr>
<tr>
<td>Not exceeding 80 kg</td>
<td>Not exceeding 67 kg</td>
</tr>
<tr>
<td>Under 87kg</td>
<td>Under 73kg</td>
</tr>
<tr>
<td>Over 80 kg &amp;</td>
<td>Over 67 kg &amp;</td>
</tr>
<tr>
<td>Not exceeding 87 kg</td>
<td>Not exceeding 73 kg</td>
</tr>
<tr>
<td>Over 87kg</td>
<td>Over 73kg</td>
</tr>
</tbody>
</table>

*Deleted: <#>* All athletes receiving performance waivers may move up or down one weight division from what they were when they were a team member in 2009 or 2010 without forgoing their performance waiver to PHASE 3 – 2012 Olympic Team Trials 1 – Taekwondo.
Competition Format – Single Elimination:
In PHASE 1, all tournaments will be single elimination format. In single elimination format, the loser of each match is immediately eliminated from the competition bracket.

Seeding Criteria:
In PHASE 1, there will be no seeding criteria. All athletes will be seeded randomly.

2010 National Qualifiers

The top four (4) athletes per gender in the eight (8) WTF Senior weight divisions from each of the 2010 National Qualifiers advance to PHASE 2 – 2010 Senior National Taekwondo Championships - World Class Division (July 2010 – Orlando, FL).

| 2010 USAT National Qualifier #1 | U.S. Olympic Training Center | Colorado Springs | Colorado | 03/06/10 |
| 2010 USAT National Qualifier #2 | Toyota Arena | York | Pennsylvania | 03/27/10 |
| 2010 USAT National Qualifier #3 | Salland Arena | Fresno | California | 04/10/10 |
| 2010 USAT National Qualifier #4 | Dallas Convention Center | Dallas | Texas | 05/08/10 |
| 2010 USAT National Qualifier #5 | Embry-Riddle University | Daytona Beach | Florida | 05/22/10 |

2010 Sanctioned State Qualifiers

- Please go to the following link for an updated list of all Sanctioned State Qualifiers:
  http://www.usa-taekwondo.us/event?tag_id=3267

The top finisher or finishers (as defined below) per gender in the eight (8) Senior Black Belt weight divisions from each 2010 Sanctioned State Qualifier will advance to PHASE 2 – 2010 Senior National Taekwondo Championships – World Class Division (Orlando, FL - July 2010).

If a 2010 Sanctioned State Qualifier has an overall total of 0 – 399 individual competitors (across all divisions), the 1st place finisher per gender in the eight (8) Black Belt weight divisions will advance to PHASE 2. If a Sanctioned State Qualifier has an overall total of 400-600 individual competitors, the 1st and 2nd place finishers per gender in the eight (8) Black Belt weight divisions will advance to PHASE 2. If a Sanctioned State Qualifier has an overall total of over 600 individual competitors then the top 4 finishers (semi-finalists) per gender in the eight (8) Black Belt weight divisions will advance to PHASE 2.

A competitor that has qualified through a 2010 National Qualifier in PHASE 1 may qualify only once within the same weight division for the PHASE 2 – 2010 Senior National
Taekwondo Championships – World Class Division. Once a competitor has qualified for PHASE 2, they WILL NOT be allowed to compete in other tournaments in PHASE 1 within the same weight division. These athletes will, however, be allowed to compete and qualify for PHASE 2 in a different weight division at these tournaments.

A competitor that has qualified for PHASE 2 at a 2010 Sanctioned State Qualifier, 2010 Military Championships, or 2010 NCTA Collegiate Championships in PHASE 1 may compete at a 2010 National Qualifier in the same weight division in which he/she has already qualified in an attempt to better his/her seed.

All athletes who qualify in two weight divisions must declare, by the late registration deadline of the PHASE 2 – 2010 Senior National Taekwondo Championships, as to which weight division they will participate. Athletes cannot participate in more than one weight division at the PHASE 2 – 2010 Senior National Taekwondo Championships.

In past years, the winner of the Elite Open Division (now called the Grassroots Division) at the Senior National Taekwondo Championships advanced to the World Class Division. This athlete will no longer automatically advance to the World Class Division. If an athlete wants to qualify for the World Class Division of the PHASE 2 – 2010 Senior National Taekwondo Championships, they must do so through either the 2010 National Qualifiers, 2010 Sanctioned State Qualifiers, 2010 Military Championships, or 2010 NCTA Collegiate Championships in PHASE 1.

2010 Military Championships and 2010 NCTA Collegiate Championships

- Please go to the following link for an updated list of all 2010 Military Championships: [http://www.usa-taekwondo.us/event?tag_id=3267](http://www.usa-taekwondo.us/event?tag_id=3267)
- The 2010 NCTA Collegiate Championships will be held April 17-18, 2010, in Denver, Colorado.

The top four (4) athletes per gender in the eight (8) Black Belt weight divisions from the 2010 Military Championships and 2010 NCTA Collegiate Championships will advance to PHASE 2 – 2010 Senior National Taekwondo Championships - World Class Division (July 2010 – Orlando, FL).

**PHASE 2: 2010 Senior National Taekwondo Championships, World Class Division**

Weight Divisions:
There will be eight (8) male and eight (8) female weight divisions contested in PHASE 2.
The athletes who are eligible to advance from each of the tournaments in PHASE 1, as defined above, will be eligible to compete in PHASE 2 – 2010 Senior National Taekwondo Championships - World Class Division (Orlando, FL – July 2010), as well as any athlete who qualified through the Performance Waiver process and chooses to participate in PHASE 2.

Competition Format – Single Elimination:
PHASE 2 will be single elimination format. In single elimination format, the loser of each match is immediately eliminated from the competition bracket.

Seeding Criteria:
Athletes qualifying through PHASE 1 are required to compete in the SAME weight division in which they qualified for PHASE 2 - 2010 Senior National Taekwondo Championships – World Class Division. Athletes who qualify in two weight divisions must declare by the late registration deadline of the 2010 Senior National Taekwondo Championships as to which weight division they will participate.

2010 Senior National Team Members, 2009 Senior National Team Members and 2010 Senior National B-Team Members can move up or down one weight division without forgoing their seeding criteria in PHASE 2.

Seeding for each weight division will be administered by the prioritized list below:

1. 2010 Senior National Team Members
2. 2009 Senior National Team Members
3. 2010 Senior National B-Team Member who wins a medal at the 2010 U.S. Open –

<table>
<thead>
<tr>
<th>Men’s division</th>
<th>Women’s division</th>
</tr>
</thead>
<tbody>
<tr>
<td>Under 54kg</td>
<td>Under 46kg</td>
</tr>
<tr>
<td>Not exceeding 54kg</td>
<td>Not exceeding 46 kg</td>
</tr>
<tr>
<td>Under 58kg</td>
<td>Under 49kg</td>
</tr>
<tr>
<td>Over 54 kg &amp; Not exceeding 58kg</td>
<td>Over 46 kg &amp; Not exceeding 49kg</td>
</tr>
<tr>
<td>Under 63kg</td>
<td>Under 53kg</td>
</tr>
<tr>
<td>Over 58 kg &amp; Not exceeding 63kg</td>
<td>Over 49 kg &amp; Not exceeding 53kg</td>
</tr>
<tr>
<td>Under 68kg</td>
<td>Under 57kg</td>
</tr>
<tr>
<td>Over 63 kg &amp; Not exceeding 68kg</td>
<td>Over 53 kg &amp; Not exceeding 57kg</td>
</tr>
<tr>
<td>Under 74kg</td>
<td>Under 62kg</td>
</tr>
<tr>
<td>Over 68 kg &amp; Not exceeding 74kg</td>
<td>Over 57 kg &amp; Not exceeding 62kg</td>
</tr>
<tr>
<td>Under 80kg</td>
<td>Under 67kg</td>
</tr>
<tr>
<td>Over 74 kg &amp; Not exceeding 80kg</td>
<td>Over 62 kg &amp; Not exceeding 67kg</td>
</tr>
<tr>
<td>Under 87kg</td>
<td>Under 73kg</td>
</tr>
<tr>
<td>Over 80 kg &amp; Not exceeding 87kg</td>
<td>Over 67 kg &amp; Not exceeding 73kg</td>
</tr>
<tr>
<td>Over 87kg</td>
<td>Over 73kg</td>
</tr>
<tr>
<td>Over 87 kg</td>
<td>Over 73 kg</td>
</tr>
</tbody>
</table>

The table shows the weight divisions for both men and women.
Per value, Gold, Silver, Bronze.

4. This is followed by a random draw of all 2010 Senior National B-Team members.

5. This is followed by a random draw of all 1st place finishers from the 2010 National Qualifiers with the first draw being the higher of the seeds remaining to be filled, continuing until there are no more 1st place finishers to be seeded.

6. This is followed by a random draw of all 2nd place finishers from the 2010 National Qualifiers with the first draw being the higher of the seeds remaining to be filled, continuing until there are no more 2nd place finishers to be seeded.

7. This is followed by a random draw of all 3rd place finishers from the 2010 National Qualifiers with the first draw being the higher of the seeds remaining to be filled, continuing until there are no more 3rd place finishers to be seeded.

8. This is followed by a random draw of all 1st place finishers from a 2010 Sanctioned State Qualifier with the first draw being the higher of the seeds remaining to be filled, continuing until there are no more 1st place finishers to be seeded.

9. This is followed by a random draw of all 2nd place finishers from a 2010 Sanctioned State Qualifier with the first draw being the higher of the seeds remaining to be filled, and progressing until the final seed is set.

10. This is followed by a random draw of all athletes qualifying from the 2010 Military Championships and 2010 NCTA Collegiate Championships.

The draws will be completed after weigh-in by members of the USA Taekwondo Staff.

The top two (2) athletes per gender in each of the eight (8) weight divisions at the PHASE 2 – 2010 Senior National Taekwondo Championships – World Class Division, as well as any athletes who were granted a performance waiver, advance to PHASE 3 – 2012 Olympic Team Trials 1 – Taekwondo and/or PHASE 7 – 2012 Olympic Team Trials Fight-Off – Taekwondo.

PHASE 3: 2012 Olympic Team Trials 1 – Taekwondo

Weight Divisions:
There will be two (2) male weight divisions and one (1) female weight division contested in PHASE 3.

To determine which weight categories will be contested by eligible athletes for PHASE 3 in order to advance to PHASE 5 – WTF World Olympic Qualification Tournament and, if necessary, the PHASE 6 – Pan American Olympic Qualification Tournament, USAT developed discretionary criteria based off of past performance (for PHASE 3) as well as future performance at the 2011 World Taekwondo Championships (for PHASE 4) (see II.A. and II.B. below). Part one (1) of the discretionary criteria determined the following weight categories will be contested by the U.S. Team at the PHASE 5 – World Olympic Qualification Tournament and, if necessary, the PHASE 6 – Pan American Olympic Qualification Tournament.

<table>
<thead>
<tr>
<th>Men’s Events</th>
<th>Women’s Events</th>
</tr>
</thead>
<tbody>
<tr>
<td>Over 58 kg &amp; not exceeding 68 kg</td>
<td>Over 49 kg &amp; not exceeding 57 kg</td>
</tr>
<tr>
<td>Over 68 kg &amp; not exceeding 80 kg</td>
<td>**</td>
</tr>
</tbody>
</table>
Due to insufficient results, the final female Olympic weight division will be determined by Part 2 of the discretionary criteria after the 2011 World Taekwondo Championships. This division will be contested in PHASE 4 - 2012 Olympic Team Trials 2 – Taekwondo, if necessary.

The top two (2) athletes per gender in each of the eight (8) weight divisions from the PHASE 2 – 2010 Senior National Taekwondo Championships – World Class Division, and those athletes receiving performance waivers are eligible to compete in the PHASE 3 – 2012 Olympic Team Trials 1 – Taekwondo. Eligible athletes can compete in the weight division of their choice at the PHASE 3 – 2012 Olympic Team Trials 1 – Taekwondo. All qualified athletes must declare by the late registration deadline of PHASE 3 – 2012 Olympic Team Trials 1 – Taekwondo as to which weight divisions they will participate. Athletes cannot switch weight divisions after the late registration deadline.

If five (5) or less athletes register and make weight for a single weight division, the athletes will compete in a Round Robin Competition Format as outlined below. The top two (2) athletes per gender, per weight division from the round robin format will advance to the Round Robin Fight-Off, which will occur on the same dates immediately following the conclusion of the round robin matches. In the fight-off format, the winner from the Round Robin Competition Format only needs to win once to be declared the winner of PHASE 3, while the athlete who placed second in the Round Robin Competition Format will need to win twice to be declared the winner of PHASE 3. The winner in each weight division of PHASE 3 – 2012 Olympic Team Trials 1 – Taekwondo earns a spot on the 2012 Olympic Games Qualification Team and will compete in PHASE 5 – WTF World Olympic Qualification Tournament (as well as the PHASE 6 – Pan American Olympic Qualification Tournament, if necessary).

If more than five (5) athletes register and make weight in a single weight division, the athletes will compete in a Double Elimination Format with seeding as outlined below. The winner of the Double Elimination Bracket in each weight division is determined the winner of PHASE 3. The winner in each weight division of PHASE 3 – 2012 Olympic Team Trials 1 – Taekwondo earns a spot on the 2012 Olympic Games Qualification Team and will compete in PHASE 5 – WTF World Olympic Qualification Tournament (as well as the PHASE 6 – Pan American Olympic Qualification Tournament, if necessary).

INJURY WAIVERS:

There will be an Injury Waiver procedure that applies to 2009 World Championship medalists competing in PHASE 3 under certain extenuating circumstances. Please see Attachment B for the specifics of said Injury Waiver provisions.
Round Robin Competition Format Explanation (for divisions with 5 or less athletes):

The round robin tournament format consists of all individuals playing each other one time. The round robin format has fixed schedules; all athletes know exactly who they play and what time they play them, which offers some advantage to athletes in preparing for the tournament and upcoming games. Seeding does not affect the outcome because the cumulative results of all games played determine final standings.

The top two finishers per gender and weight division from the round robin format will advance to the Round Robin Fight-Off, which will occur on the same dates immediately following the conclusion of the round robin matches. In the fight-off format, the winner from the Round Robin Competition Format only needs to win once to be declared the winner of PHASE 3, while the athlete who placed second in the Round Robin Competition Format will need to win twice to be declared the winner of PHASE 3.

The Drawing of Lots for Round Robin:
The Drawing of Lots will take place at registration as each athlete checks-in for the event. Each weight division will have a separate bag with a ping pong ball with the number of seeds competing within the weight division. Each athlete will pick one ping pong ball from the bag which will be their corresponding seed. The seed of the athlete will be represented on the schedule which will be dispersed to the athletes at registration. The drawing of lots will be completed for each weight division. If a pre-registered athlete does not show for weigh-in or does not make weight, his or her matches corresponding with his or her seed will remain in the schedule and no result will be determined for those matches.

The following tie-breaking procedure will be administered to determine the top finishers should this scenario arise.

1. 2-way tie in round robin competition:
   a. This tie will be broken based upon head-to-head competition. If only two athletes have identical records, then the winner of the head-to-head competition shall be designated the number one seed and the loser of the head-to-head competition will be declared the number two seed.

2. 3-way tie in round robin competition:
   a. Each athlete will participate in the drawing of lots to determine the fight match-ups which will be as follows:
      i. Match #1 – Draw B v. Draw C
      ii. Draw A receives a bye
      iii. Match #2 – Winner of Match #1 v. Draw A
      iv. Determining Results
         1. The winner of Match #2 is declared the number one seed.
         2. The loser of Match #2 is declared the number two seed.
            a. The number one and number two seed will participate in a
Fight-Off.
3. The loser of Match #1 is declared the 3rd place finisher.

Double Elimination Format Explanation (for divisions with more than 5 athletes):

Two defeats eliminate an entry in this tournament format. The losers in the first rounds move into the Loser’s Bracket. The athletes that advance farthest in each bracket meet each other in the final match. Should the winner of the Loser’s Bracket defeat the winner of the Winner’s Bracket, the athletes will compete in another match immediately following to determine the winner of the championship.

Byes are distributed in the first round of the original elimination brackets as in a single elimination tournament.

For double elimination all athletes will be seeded. Athletes do not need to compete in the same weight divisions in which they competed in PHASES 1 or 2 in order to receive a seed.

Seeding for each weight division will be administered by the prioritized list below:

1. 2008 Olympic Team Member who won a medal at the 2008 Olympic Games – Per value, Gold, Silver, Bronze.
2. 2009 Senior National Team Member who won a medal at the 2009 World Championships – Per value, Gold, Silver, Bronze.
3. This is followed by a random draw of all 2010 Senior National Team Members.
4. This is followed by a random draw of all remaining 2009 Senior National Team Members.
5. This is followed by a random draw of all 1st place finishers from the PHASE 2 – 2010 Senior National Taekwondo Championships – World Class Division.
6. This is followed by a random draw of all 2nd place finishers from the PHASE 2 – 2010 Senior National Taekwondo Championships – World Class Division.
Double Elimination Example Bracket

Winners Bracket

1

Loser to A
Match #2
2

Loser to D
Match #5
1

If 1 wins Match #8, 1 is the Gold Medal Winner. If 2 wins Match #8, (1) proceeds to Match #9 (E) to determine the Gold Medal Winner.

Losers Bracket

1 (2)

Loser to B
Match #1
4

4

Loser to C
Match #3
1

1

A
3

Match #4
3

Match #7
2

B
5

Match #6
4

C
4

D
2

E (f)

Match #9
1

Winner

1 (2)

Winner
PHASE 4: 2012 Olympic Team Trials 2 – Taekwondo

Weight Divisions:
There will be a maximum of one (1) female weight division contested in PHASE 4.

To determine which weight category will be contested by the U.S. Team at the PHASE 5 – WTF World Olympic Qualification Tournament and, if necessary, the PHASE 6 – Pan American Olympic Qualification Tournament, USAT developed discretionary criteria based off of past performance as well as future performance at the 2011 World Taekwondo Championships (see II.A. and II.B. below).

Part 2 – Weight Division Selection for PHASE 4 of the discretionary criteria will determine the final female weight category that will be contested by the U.S. Team at the PHASE 5 – WTF World Olympic Qualification Tournament and, if necessary, the PHASE 6 – Pan American Olympic Qualification Tournament. This division will be contested in PHASE 4 – 2012 Olympic Team Trials 2 – Taekwondo, if necessary*.

Only one of the following combined Olympic weight categories will be contested in PHASE 4, if necessary.

<table>
<thead>
<tr>
<th>Women’s Events</th>
</tr>
</thead>
<tbody>
<tr>
<td>Group 1 – Olympic Fly:</td>
</tr>
<tr>
<td>Not exceeding 49 kg (consists of standard Fin &amp; Fly weight categories)</td>
</tr>
<tr>
<td>Group 3 – Olympic Welter:</td>
</tr>
<tr>
<td>Over 57 kg &amp; not exceeding 67 kg (consists of standard Light &amp; Welter weight categories)</td>
</tr>
<tr>
<td>Group 4 – Olympic Heavy:</td>
</tr>
<tr>
<td>Over 67 kg (consists of standard Middle &amp; Heavy weight categories)</td>
</tr>
</tbody>
</table>

* If Part 2 of the discretionary criteria determines an athlete by name to compete at the PHASE 5 – WTF World Olympic Qualification Tournament, there will be no need for PHASE 4.

Because the WTF World Championships do not contest the combined Olympic weight categories [there are eight (8) weight categories per gender at the World Championships, rather than only four (4) as in the Olympic Games], the following scenario may create the need for a tie-breaker:

If there is a tie across two weight categories that would be combined as one Olympic weight category (i.e., Fin & Fly, Light & Welter, or Middle & Heavy) based on results from the 2011 World Championships and after Part 2 of the discretionary criteria (see section II.B.) has been applied, then the two athletes in the selected combined division that represented the USA at the 2011 WTF World Taekwondo Championships will face off in PHASE 4 – 2012 Olympic Team Trials 2 – Taekwondo. The winner of PHASE 4 - 2012 Olympic Team Trials 2 – Taekwondo earns a spot on the US Team to compete in PHASE 5 – WTF World Olympic Qualification Tournament (as well as the PHASE 6 – Pan American Olympic Qualification Tournament, if necessary).
Competition Format – Best of 3 matches

The two athletes from the selected combined weight division that represented the USA at the 2011 WTF World Taekwondo Championships will fight-off in a best of 3 match competition format. The first athlete to win 2 matches is declared the winner of PHASE 4 – 2012 Olympic Team Trials 2 – Taekwondo and earns a spot on the US Team to compete in PHASE 5 – WTF World Olympic Qualification Tournament (as well as the PHASE 6 – Pan American Olympic Qualification Tournament, if necessary).

PHASE 5: WTF World Olympic Qualification Tournament

In accordance with WTF Rules, to qualify the country in a weight division for the 2012 London Olympic Games, athletes named to the World Olympic Qualification Team will compete in the PHASE 5 – WTF World Olympic Qualification Tournament (July 2011 – Baku, Azerbaijan). As with the Olympic Games, each country may only enter two males and two females in different weight divisions at the PHASE 5 – WTF World Olympic Qualification Tournament. As per WTF Olympic Procedure 9.5.1 (http://www.wtf.org/wtf_eng/site/rules/olympic.html), the top three (3) finishers, per gender, per weight division in the WTF World Olympic Qualification Tournament (PHASE 5) qualify for the Olympic Games. If the World Olympic Qualification Team Member qualifies his/her weight division by finishing in the top three (3), he/she will be nominated by USAT to the U.S. Olympic Committee to compete at the 2012 London Olympic Games.

If the athlete does not qualify his/her weight division, he/she will proceed to the PHASE 6 – Pan American Olympic Qualification Tournament (Date & Location TBD), where he/she will compete to qualify only the weight division on behalf of the U.S., not him/herself by name.

PHASE 6: Pan American Olympic Qualification Tournament

The same athlete(s) that did not qualify the weight division at the PHASE 5 – WTF World Olympic Qualification Tournament will compete in the PHASE 6 – Pan American Olympic Qualification Tournament, to qualify ONLY the weight division on behalf of the U.S. The U.S. athlete will compete in the same weight division as he/she did at the PHASE 5 – WTF World Olympic Qualification Tournament.

As per WTF Olympic Procedure 9.6.2 (http://www.wtf.org/wtf_eng/site/rules/olympic.html), the top three (3) finishers, per gender, per weight division in the PHASE 6 – Pan American Olympic Qualification Tournament qualifies the weight division for their country for the 2012 Olympic Games, not the specific athlete by name. The final phases to determine the actual Olympic Team Member for any weight division that was qualified via PHASE 6 are PHASE 7 – 2012 Olympic Team Trials Fight-Off – Taekwondo and PHASE 8 – 2012 Olympic Team Trials.
Final – Taekwondo.

(NOTE: If the weight division was qualified via PHASE 5 – WTF World Olympic Qualification Tournament, then that athlete will be nominated by the USAT for the 2012 Olympic Team, and PHASES 6, 7, and 8 will not be needed for that weight division.)

**PHASE 7: 2012 Olympic Team Trials Fight-Off – Taekwondo**

If any weight division is qualified via the PHASE 6 – Pan American Olympic Qualification Tournament, there will be two additional phases to determine the final Olympic Team Member(s) for the weight division(s). These phases are PHASE 7 - 2012 Olympic Team Trials Fight-Off – Taekwondo and PHASE 8 – 2012 Olympic Team Trials Final – Taekwondo.

PHASE 7 will determine the athlete who will compete against the athlete who qualified the weight division for the country at the PHASE 6 – Pan American Olympic Qualification Tournament in PHASE 8 – 2012 Olympic Team Trials Final – Taekwondo.

In PHASE 7, the athletes who advanced from PHASE 2 – 2010 Senior National Taekwondo Championships – World Class Division, and those athletes who received performance waivers are eligible to compete in the weight division qualified in PHASE 6 of their choice. The athlete(s) that qualified the weight division(s) for the country at the PHASE 6 – Pan American Olympic Qualification Tournament will not participate in PHASE 7 – 2012 Olympic Team Trials Fight-Off – Taekwondo and is granted a waiver into PHASE 8 – 2012 Olympic Team Trials Final – Taekwondo. PHASE 7 eligible athletes will compete in a trial with the same competition format as PHASE 3 - 2012 Olympic Team Trials 1 – Taekwondo with the same seeding criteria to be applied, if applicable. Eligible athletes must declare their weight division by the late registration deadline of PHASE 7 – 2012 Olympic Team Trials Fight-Off – Taekwondo.

The winner, per gender, per weight division from PHASE 7 will advance to PHASE 8 – 2012 Olympic Team Trials Final – Taekwondo.

**PHASE 8: 2012 Olympic Team Trials Final – Taekwondo**

The athlete(s) that qualified the weight division(s) for the country at the PHASE 6 – Pan American Olympic Qualification Tournament and the winner in each division from PHASE 7 - 2012 Olympic Team Trials Fight-Off – Taekwondo, will compete against each other in their respective Olympic weight division(s) in PHASE 8.

The athlete that qualified his/her weight division for the country at the PHASE 6 – Pan American Olympic Qualification Tournament must beat the winner of PHASE 7 only one time to be declared the winner, while the winner of PHASE 7 must beat the athlete that qualified the weight division for the country at the PHASE 6 – Pan American Olympic Qualification Tournament two matches in a row to be declared the winner.
The winner of PHASE 8 - 2012 Olympic Team Trials Final – Taekwondo, will be nominated to the U.S. Olympic Committee to compete at the 2012 London Olympic Games.

INJURY WAIVERS:

There will be an Injury Waiver procedure that applies to 2009 and 2011 World Championship medalists competing in PHASE 8 under certain extenuating circumstances. Please see Attachment B for the specifics of said Injury Waiver provisions.

D. Provide the names of all committees/groups who oversee the selection process, including the names and titles of the current members.

- Mark Kaufmann, Director of Events, USA Taekwondo
- Meredith Miller, Director of High Performance, USA Taekwondo
- David Askinas, CEO, USA Taekwondo

II. DISCRETIONARY SELECTION (if applicable)

A. Provide rationale for utilizing discretionary selection (if any):

The rationale for utilizing discretionary selection is based on the number of Olympic weight divisions available per country to qualify athletes for the Olympic Games. The International Olympic Committee and World Taekwondo Federation state that of the four (4) Olympic weight divisions per gender, a country can only participate in two male and two female weight divisions http://www.wtf.org/wtf_eng/site/rules/olympic.html.

Weight Division Selection Criteria
To determine the selected weight divisions, objective criteria are used to ensure an open and fair process. Therefore, historical results per weight division, as well as future results will determine the strongest weight divisions and best chance at qualifying a full Team and winning an Olympic medal. The following are the competitions taken into consideration:

i. 2008 Olympic Games
ii. 2009 World Championships
iii. 2011 World Championships (May 1-6, 2011 – Gyeongju, Korea)

B. List the discretionary criteria and explain how they will be used (if any):

Part 1 – Weight division selection for PHASE 3 – 2012 Olympic Team Trials 1 – Taekwondo
To assist with the determination of the strongest weight division, the most objective method is utilizing a point system that was developed for the 2008 Beijing Olympic Games. The total medals won from each of the specified events, per defined Olympic weight division (Group 1 – Fly, Group 2 – Feather, etc.) will be granted points and the Olympic weight division with the most points at the conclusion of the 2009 World Championships will be nominated as the Olympic weight division to be pursued for Olympic qualification.

Because of the date change for the PHASE 5 – WTF World Olympic Qualification Tournament to July 2011, it would not be wise from a periodization and coaching perspective to select all divisions after the 2011 World Championships. Therefore, divisions with any point totals from the 2008 Olympic Games and/or the 2009 World Championships will be selected for the PHASE 3 – 2012 Olympic Team Trials 1 – Taekwondo.

USA Taekwondo has defined the Olympic weight divisions for point application and selection:

### Men’s & Women’s Olympic Weight Divisions

<table>
<thead>
<tr>
<th>Group 1 – Olympic Fly</th>
<th>Consists of standard Fin &amp; Fly weight categories</th>
</tr>
</thead>
<tbody>
<tr>
<td>Group 2 – Olympic Feather</td>
<td>Consists of standard Bantam &amp; Feather weight categories</td>
</tr>
<tr>
<td>Group 3 – Olympic Welter</td>
<td>Consists of standard Light &amp; Welter weight categories</td>
</tr>
<tr>
<td>Group 4 – Olympic Heavy</td>
<td>Consists of standard Middle &amp; Heavy weight categories</td>
</tr>
</tbody>
</table>

### Weighted Points Rationale

In staying with USAT’s mission of *Sustained Competitive Excellence*, winning medals over a sustained time frame, competitions from 2008 and 2009 are taken into consideration with the most recent being weighted the heaviest. Gold medals are weighted the heaviest followed by silver medals and then bronze. Finishes below a bronze medal are not considered.

### Points Applied

Competitors in the eight (8) weight divisions from the 2009 World Championships are awarded points in the combined Olympic weight categories. For instance, the Olympic Heavy weight division will receive points from any 2009 World Championship medals won in both the Middle & Heavy weight divisions.

### Weight Division Point System Criteria

<table>
<thead>
<tr>
<th>2008 Olympic Games</th>
<th>2009 World Championships</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gold = 7 points</td>
<td>Gold = 8 points</td>
</tr>
<tr>
<td>Silver = 3 points</td>
<td>Silver = 4 points</td>
</tr>
<tr>
<td>Bronze = 1 point</td>
<td>Bronze = 2 points</td>
</tr>
<tr>
<td>Men’s Weight Division</td>
<td>08 Olympic Games</td>
</tr>
<tr>
<td>-----------------------</td>
<td>------------------</td>
</tr>
<tr>
<td>Not exceeding 58 kg Fin/Fly</td>
<td></td>
</tr>
<tr>
<td>Over 58 kg &amp; not exceeding 68 kg Bantam/Feather</td>
<td></td>
</tr>
<tr>
<td>Over 68 kg &amp; not exceeding 80 kg Light/Welter</td>
<td>Bronze (1 point)</td>
</tr>
<tr>
<td>Over 80 kg Middle/Heavy</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Women’s Weight Division</th>
<th>08 Olympic Games</th>
<th>09 World Championships</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Not exceeding 49 kg Fin/Fly</td>
<td></td>
<td></td>
<td>0 points</td>
</tr>
<tr>
<td>Over 49 kg &amp; not exceeding 57 kg Bantam/Feather</td>
<td>Bronze (1 point)</td>
<td>Gold (8 points)</td>
<td>9 points</td>
</tr>
<tr>
<td>Over 57 kg &amp; not exceeding 67 kg Light/Welter</td>
<td></td>
<td></td>
<td>0 points</td>
</tr>
<tr>
<td>Over 67 kg Middle/Heavy</td>
<td></td>
<td></td>
<td>0 points</td>
</tr>
</tbody>
</table>

Based on the point totals above, Male Bantam/Feather, Male Light/Welter and Female Bantam/Feather will be selected as divisions for PHASE 3 - 2012 Olympic Team Trials 1 - Taekwondo.

Since there is no distinct second female division based on the points system above, the final female division will be selected by applying Part 2 of the discretionary selection process outlined below.

Part 2 – Weight division selection for PHASE 4 – 2012 Olympic Team Trials 2 – Taekwondo

The following weight categories were defined in Part 1 of the discretionary selection process:

<table>
<thead>
<tr>
<th>Men’s Events</th>
<th>Women’s Events</th>
</tr>
</thead>
<tbody>
<tr>
<td>Olympic Feather: Over 58 kg &amp; not exceeding 68 kg</td>
<td>Olympic Feather: Over 49 kg &amp; not exceeding 57 kg</td>
</tr>
<tr>
<td>Olympic Welter: Over 68 kg &amp; not exceeding 80 kg</td>
<td>**</td>
</tr>
</tbody>
</table>

Therefore only the following combined weight divisions will be considered for Part 2:
- Female Olympic Fly (Female Fin & Female Fly)
• Female Olympic Welter (Female Light & Female Welter)
• Female Olympic Heavy (Female Middle & Female Heavy)

The final female weight category will be determined by analyzing the U.S. results at the 2011 World Championships in May 2011.

If there is only one female combined weight division that medals at the 2011 World Championships then the following scenarios may apply:

1. 1 Athlete wins a Gold Medal → Gold Medalist attends the PHASE 5 – WTF World Olympic Qualification Tournament, and there will be no need for a PHASE 4 – 2012 Olympic Team Trials 2 – Taekwondo
2. 1 Athlete wins a Silver Medal → Silver Medalist attends the PHASE 5 – WTF World Olympic Qualification Tournament, and there will be no need for a PHASE 4 – 2012 Olympic Team Trials 2 – Taekwondo
3. 1 Athlete wins a Bronze → Bronze Medalist attends the PHASE 5 – WTF World Olympic Qualification Tournament, and there will be no need for a PHASE 4 – 2012 Olympic Team Trials 2 – Taekwondo
4. 2 athletes within combined Olympic weight category win Gold Medals → Fight off between 2 medalists. See PHASE 4.
5. 2 athletes within combined Olympic weight category win Silver Medals → Fight off between 2 medalists. See PHASE 4.
6. 2 athletes within combined Olympic weight category win Bronze Medals → Fight off between 2 medalists. See PHASE 4.
7. 1 athlete wins Gold, 1 athlete wins Silver → Gold Medalist attends the PHASE 5 – WTF World Olympic Qualification Tournament, and there will be no need for a PHASE 4 – 2012 Olympic Team Trials 2 – Taekwondo
8. 1 athlete wins Gold, 1 athlete wins Bronze → Gold Medalist attends the PHASE 5 – WTF World Olympic Qualification Tournament, and there will be no need for a PHASE 4 – 2012 Olympic Team Trials 2 – Taekwondo
9. 1 athlete wins Silver, 1 athlete wins Bronze → Silver Medalist attends the PHASE 5 – WTF World Olympic Qualification Tournament, and there will be no need for a PHASE 4 – 2012 Olympic Team Trials 2 – Taekwondo

If more than one of the combined weight divisions listed above earns medals at the 2011 World Championships then the following criteria will be applied:

1. A point system will be applied as follows:

<table>
<thead>
<tr>
<th>Medal</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gold</td>
<td>7</td>
</tr>
<tr>
<td>Silver</td>
<td>3</td>
</tr>
<tr>
<td>Bronze</td>
<td>1</td>
</tr>
</tbody>
</table>

If more than one of the combined weight divisions listed above earns medals at the 2011 World Championships then the following criteria will be applied:
<table>
<thead>
<tr>
<th>Women’s Weight Division</th>
<th>2011 World Championships</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Not exceeding 49 kg Fin/Fly</td>
<td>TBD</td>
<td>0 points</td>
</tr>
<tr>
<td>Over 57 kg &amp; not exceeding 67 kg Light/Welter</td>
<td>TBD</td>
<td>0 points</td>
</tr>
<tr>
<td>Over 67 kg Middle/Heavy</td>
<td>TBD</td>
<td>0 points</td>
</tr>
</tbody>
</table>

If there is a clear combined weight division winner after the point system has been applied then steps 1-9 in Part 2 above will be used to determine which athlete attends the PHASE 5 – WTF World Olympic Qualification Tournament.

If no weight divisions medal at the 2011 World Taekwondo Championships, or if there is no clear combined division after applying the 2011 World Championships point system above then the decision will be determined by the Olympic Games Discretionary Selection Committee as to which combined weight division will be entered to compete in PHASE 5 – WTF World Olympic Qualification Tournament. PHASE 4 will ONLY be open for the two (2) female athletes who competed for Team USA at the 2011 World Taekwondo Championships in the combined weight division selected by the Olympic Games Discretionary Selection Committee.

The Olympic Games Discretionary Selection Committee will include the following criteria, not listed in any priority order: Performance at the 2011 World Taekwondo Championships, individual athlete history from 2008 to 2011, international competitive analysis, strength of weight category, potential to medal.

C. Discretionary Selection Committee

Provide the name of the committee that will be responsible for making discretionary selections, along with a complete list of the members currently serving on the committee and their titles:

The Olympic Games Discretionary Selection Committee will be made up of 9 members. The committee members are as follows:

<table>
<thead>
<tr>
<th>Title</th>
<th>Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>USA Taekwondo – CEO</td>
</tr>
<tr>
<td>2</td>
<td>USA Taekwondo – Director of High Performance</td>
</tr>
<tr>
<td>3</td>
<td>USA Taekwondo – National Team Head Coach</td>
</tr>
<tr>
<td>4</td>
<td>USA Taekwondo – National Team Head Coach</td>
</tr>
<tr>
<td>5</td>
<td>USA Taekwondo – Assistant National Team Coach</td>
</tr>
<tr>
<td>6</td>
<td>USA Taekwondo – Assistant National Team Coach</td>
</tr>
<tr>
<td>7</td>
<td>USA Taekwondo – USOC AAC Representative</td>
</tr>
</tbody>
</table>
Any members of the committee for whom a direct conflict of interest arises (to include, but not be limited to, a competing athlete, a personal coach or a family member of a competing athlete being considered for nomination to the 2012 Olympic Team), will recuse him/herself from any decisions that could affect nomination of the competing athlete.

III. REMOVAL OF ATHLETES

A. Prior to acceptance of nominations by the USOC, the NGB has jurisdiction over potential nominees.

An athlete who is to be nominated to the Team by the NGB may be removed as a nominee for any of the following reasons, as determined by the NGB:

- Voluntary withdrawal. Athlete must submit a written letter to the NGB CEO/Executive Director.
- Injury or illness as certified by an approved NGB physician (or medical staff). If an athlete refuses verification of his/her illness or injury by an approved NGB physician (or medical staff), his/her injury will be assumed to be disabling and he/she may be removed.
- Violation of the NGB’s Code of Conduct (Attachment A).

An athlete who is removed from the Team pursuant to this provision has the right to a hearing per the NGB’s Bylaws (USAT Bylaws, Section 15, Complaint Procedures found at the following link: http://assets.teamusa.org/assets/documents/attached_file/filename/15109/Bylaws_USAT_09.pdf) or the USOC’s Bylaws, Section 9.

B. After acceptance of nominations by the USOC, the USOC has jurisdiction over the Team under the USOC Code of Conduct and Grievance Procedures. This occurs no earlier than 45 days and no later than 30 days prior to the Opening Ceremonies of the Games (unless expressly waived by the USOC).

A Team member who is accepted by the USOC is subject to the USOC Code of Conduct and Grievance Procedures.

C. An athlete may be removed as a nominee to the Team or from the Team at any time for violation of IOC, PASO, IPC, WADA, IF, USADA and/or USOC anti-doping protocol, policies and procedures, as applicable. In such instances, the adjudication process will be managed through the
IV. REPLACEMENT OF ATHLETES

A. Describe the process by which the replacement pool of athletes will be identified:

If a replacement is needed for a division that was qualified at the PHASE 5 – WTF World Olympic Qualification Tournament, the athlete who finishes in second place at PHASE 3 – 2012 Olympic Team Trials 1 – Taekwondo from the same weight division of the athlete to be replaced is the replacement athlete. If the replacement athlete is not available, then the third place finisher becomes the next eligible athlete. If the third place finisher is not available, then the fourth place finisher becomes the next eligible athlete. This continues until there are no eligible athletes in the same weight division from PHASE 3. If by then, no athlete is available, the spot remains vacant.

If a replacement is needed for a division that was qualified at the PHASE 6 – Pan American Olympic Qualification Tournament, the athlete who finishes in second place at the PHASE 8 – 2012 Olympic Team Trials Final – Taekwondo from the same weight division of the athlete to be replaced is the replacement athlete. If the replacement athlete is not available, then the second place finisher from PHASE 7 – 2012 Olympic Fight-Off becomes the next eligible athlete. If the second place finisher is not available, then the third place finisher becomes the next eligible athlete. This continues until there are no eligible athletes in the same weight division from PHASE 7. If by then, no athlete is available, the spot remains vacant.

B. Describe how the replacement athlete(s) will be selected, should a vacancy occur:

i. prior to acceptance of nominations by the USOC:
   See IV.A.

ii. after acceptance of nominations by the USOC:
   See IV.A.

C. Identify the group or committee that will be responsible for making athlete replacement determinations:

i. Group or committee who determines the replacement pool:
   Not Applicable.
ii. Group or committee who determines a replacement to the Team:
   a. prior to acceptance of nominations by the USOC:
      Not Applicable.
   b. after acceptance of nominations by the USOC:
      Not Applicable.

V. SUPPORTING DOCUMENTS

USA Taekwondo will retain the approved Selection Procedures and all supporting documents, including scouting or evaluation forms, etc., and data from the selection process for six months past the date of the Closing Ceremonies of the Games.

VI. REQUIRED DOCUMENTS

The following documents are required to be signed by an athlete as a condition of nomination to the Pan American Games and are included as attachments:

- USA Taekwondo Code of Conduct – Attachment A

VII. PUBLICITY/DISTRIBUTION OF PROCEDURES

The USOC approved Selection Procedures (complete and unaltered) will be posted/published by USA Taekwondo in the following locations and will include the USOC approval date:

A. USA Taekwondo Web site: www.usa-taekwondo.us
   These procedures will be posted as soon as possible, but not more than five business days following notice of approval by the USOC.

B. NGB/PSO Official Publication (if any): USA Taekwondo Magazine

C. Other: N/A

VIII. DATE OF NOMINATION

The Nomination of Athletes form, including replacements, will be announced to all athletes and submitted to the USOC on or before June 18, 2012.

IX. MANDATORY TRAINING AND/OR COMPETITION

Specify the location, schedule and duration of mandatory training and/or
Olympic Games Team Camp – Performance Enhancement Prep
Once an athlete is nominated to compete at the PHASE 5 – World Olympic Qualification Tournament they shall actively participate in no more than five (5) mandatory preparation camps that will take place in locations to be determined over the course of the months leading up to PHASES 5 and 6, as well as the 2012 Olympic Games. Notification of the date and location will be posted on www.usa-taekwondo.us no less than 30 days from the start of the camp. Waivers from this camp are not permitted, unless there are extraordinary circumstances. At that point, it is reviewed and either accepted or rejected by the USAT CEO, Director of High Performance and National Team Head Coaches.

X. ANTI-DOPING REQUIREMENTS
Athletes must adhere to all IOC, IPC, PASO, WADA, IF, USADA and USOC anti-doping protocols, policies and procedures, as applicable. This includes participation in Out-of-Competition Testing as required by the IOC, IPC, PASO, WADA, IF, USADA and USOC Rules, as applicable.

XI. DEVELOPMENT OF SELECTION PROCEDURES
The following committee/group (include names and titles) was responsible for creating these Selection Procedures:
- Eric Laurin, USOC/AAC representative, USA Taekwondo
- Meredith Miller, Director of High Performance, USA Taekwondo
- David Askinas, CEO, USA Taekwondo
- Jean Lopez, National Team Coach, USA Taekwondo
- Juan Moreno, National Team Coach, USA Taekwondo

XII. NGB/PSO BYLAWS AND GRIEVANCE PROCEDURES
The USA Taekwondo Bylaws and Grievance Procedures can be found at:


XIII. INTERNATIONAL DISCLAIMER
These procedures are based on IOC, IPC, PASO, as applicable, and/or World Taekwondo Federation (WTF) rules and regulations as presently known and understood. Any change in the selection procedures caused by a change in IOC, IPC, PASO, as applicable, and/or WTF rules and regulations will be distributed to the affected athletes immediately. The selection criteria are based on the latest
information available to USA Taekwondo. However, the selections are always subject to unforeseen, intervening circumstances, and realistically may not have accounted for every possible contingency.

If any force of nature, or force majeure, should cause the altercation or cancellation of any of the selection events listed in this document, these selection procedures will be revised, pursuant to their resubmission to the USOC.

XIV. ATHLETE OMBUDSMAN

Athletes who have questions regarding their opportunity to compete that are not answered by USA Taekwondo may contact the USOC Athlete Ombudsman, John W. Ruger, by:

- Toll free telephone at (888) ATHLETE (1-888-284-5383)
- E-mail at john.ruger@usoc.org
- www.888athlete.org

XV. NGB/PSO SIGNATURES

I certify that I have read, understand and incorporated our IF and/or CF (PAG only), if applicable, standards/criteria into our Selection Procedures and that the information provided herein regarding Athlete Selection Procedures represents the method approved by USA Taekwondo.

<table>
<thead>
<tr>
<th>Position</th>
<th>Print Name</th>
<th>Signature</th>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>NGB/PSO President or CEO/Executive Director</td>
<td>David Askinas</td>
<td>[Signature]</td>
<td>10/20/10</td>
</tr>
<tr>
<td>Nat. Team Coach, Head Coach, or Nat. Program Director</td>
<td>Meredith Miller</td>
<td>[Signature]</td>
<td>10/20/10</td>
</tr>
<tr>
<td>USOC Athletes’ Advisory Council Representative*</td>
<td>Eric Laurin</td>
<td>[Signature]</td>
<td>10/20/10</td>
</tr>
</tbody>
</table>

*If USOC AAC Representative has delegated authority to the Alternate AAC Representative to sign the Selection Procedures, attach a letter from the AAC Representative indicating the reason he/she has delegated authority.

*Signature by the AAC Representative constitutes that he/she has read and understands the Selection Procedures and certifies that the Selection Procedures submitted represent the method approved by the NGB. If the AAC Representative reads and does not agree with the Athlete Selection Procedures being submitted by the NGB, he/she may submit those reasons in writing to his/her Sport Performance representative.
I pledge to uphold the spirit of the USA Taekwondo Code of Conduct (the “Code”), which offers a guide to my conduct as a member of the USA National Team (the “Team”). I acknowledge that I have a right to a hearing if my opportunity to compete is denied or if I am charged with a violation of this Code.

I have familiarized myself with the Code and understand that acceptance of its provisions is a condition of my selection to the Team.

As a Member of the Team, I hereby promise and agree that I:

- will abide by all published rules related to the Team selection procedures as approved by USA Taekwondo;
- have acted and will act in a sportsmanlike manner consistent with the spirit of fair play and responsible conduct;
- will maintain a level of fitness and competitive readiness that will permit my performance to be at the maximum of my abilities;
- will submit to a physical examination by USA Taekwondo medical personnel if my ability to compete is compromised due to physical injury and I understand that such injury may be cause for my not being selected to the Team, being removed from the Team, or not being allowed to participate if I remain on the Team.
- will not commit a doping violation as defined by the International Olympic Committee (IOC), World Anti-Doping Agency (WADA), the United States Anti-Doping Agency (USADA), the United States Olympic Committee (USOC) or the World Taekwondo Federation rules;
- am not currently serving a doping violation and/or do not have a pending or unresolved doping charge;
- will not engage in any conduct that is criminal under any laws applicable to me, including, but not limited to laws governing the possession and use of drugs and alcohol and providing of drugs to any person and of alcohol to minors;
- will not participate or assist in any gambling or betting activities associated with any event related to my sport or my participation;
• am eligible to compete under the rules of World Taekwondo Federation;

• am in possession of a valid USA passport, that will not expire prior to six months following the conclusion of the international competition, should I be chosen for an international team that requires a passport;

• will refrain from conduct detracting from my ability or that of my teammates to attain peak performance;

• will respect the property of others whether personal or public;

• will respect members of my Team, other teams, spectators and officials, and engage in no form of discriminatory behavior or verbal, physical or sexual harassment or abuse;

• will follow my Team’s written rules, including by way of example, rules regarding curfew, required attendance at team meetings, consumption of alcoholic beverages and prohibitions on the release of confidential team information;

• am aware that USA Taekwondo sponsors, suppliers and licensees provide critical support for the Team and, in recognition of this fact, I will wear designated USA Taekwondo apparel at all official Team functions and events;

• will not conceal or cover-up any USA Taekwondo sponsor, supplier or licensee brand or other identification appearing on my USA Taekwondo apparel;

• will abide by the rules of the World Taekwondo Federation concerning allowable trademark identification on clothing and equipment worn or used in competition or on visible body tattoos.

• agree to be filmed and photographed by the official photographer(s) and network(s) of USA Taekwondo under conditions authorized by USA Taekwondo and give event organizers and USA Taekwondo the right to use my name, picture, likeness, and biographical information before, during and after the period of my participation in these activities to promote the activity in which I participate or to promote the success of the team on which I compete; in no event may USA Taekwondo or the event organizers use or authorize the use of my name, picture, likeness, voice and biographical information for the purpose of trade, including any use in a manner that would imply an endorsement of any company, product, or service, without my written permission;

• will not use or authorize the use of photographs, films or videos of myself in my USA Taekwondo apparel or equipment or the use of the USA Taekwondo logo for the purpose of trade, without the prior written consent of USA Taekwondo;

• will attempt to participate in media activities if compatible with my training and competitive schedule, when requested by USA Taekwondo;

• understand that if I require legal representation because of I am accused of a doping violation
or am accused of criminal misconduct, or if for any other reasons I require the services of an attorney, I will be personally responsible for payment of such legal fees and expenses;

- will act in a way that will bring respect and honor to myself, my teammates, USA Taekwondo and the United States; and

- will remember that at all times I am an ambassador for my sport, my country and the Olympic Movement.

ATHLETE OMBUDSMAN

I may contact the USOC Athlete Ombudsman, toll free at 888.ATHLETE (1.888.284.5383) or John.Ruger@usoc.org for further information regarding my rights under this Code that are not answered by USA Taekwondo.

PARTICIPANTS’ AFFIRMATION

I have read and accept this Code of Conduct. I agree to the rules, guidelines, jurisdiction and procedures stated in these documents as a condition of being selected to participate as a member of the Team.

__________________________  ____________________
Signature                      Date

__________________________
Print Name

PARENT/GUARDIAN CERTIFICATION
(For Participants Under the Age of 18 as of Date of Signature)

__________________________  ____________________
Signature                      Date

__________________________
Print Name and Relationship (Parent or Guardian)
USA Taekwondo (“USAT”) has created a uniform, transparent and equitable policy for its 2012 Olympic Team Trials process that protects USAT’s investment in world class athletes who have produced medals at the 2009 World Championships or 2011 World Championships. The injury waiver policy can only be applied to Phase 3 and Phase 8 of the 2012 Olympic Selection Procedures for Taekwondo.

Policy: It is in USAT’s best interests to not penalize its world championship medalists who have sustained temporary debilitating injuries prior to USAT Team Trials for any World Championship and Olympic Games. This policy protects USAT’s investment in these athletes while being cognizant of the rights of all other competing athletes in any affected divisions.

Injury Waiver Procedures: 2012 Olympic Games, London

1. Existing Injury Prior to Trials: Any Medalist, Gold Silver or Bronze from the 2009 or 2011 World Championships that has a medically documented injury prior to the applicable Team Trials may apply for a medical waiver to a three person Medical Waiver Committee consisting of the Board Chair, the CEO and AAC representative. Said application shall be submitted as soon as possible and generally no later than the final trials registration date unless the athlete can demonstrate good cause that the injury or illness arose after the final registration date for the trials. The reason for this deadline is so a determination on the injury waiver application may be made and then publicized to all trials participants in the affected weight class prior to the trials. That committee shall examine the circumstances of the injury, (i.e. was it sustained in training, competition or other unavoidable accident as opposed to self inflicted such as avoidable car accident where athlete was found to be dui). The committee shall have the right to seek an independent medical examination of the athlete to confirm the severity and expected duration of illness. Said committee shall also have the right to consult with the USOC medical staff or any member(s) of USAT’s Medical Committee in conjunction with any medical waiver application. Said committee may grant or deny said medical waiver. Said grant or denial of a medical waiver may only be appealed within 7 days of the decision directly to a AAA arbitrator as provided in the Amateur Sports Act. Said right of appeal is only permitted to be filed by the injury waiver applicant. No third parties including other trials applicants shall have standing to appeal said grant or denial of the injury waiver application. However, in any such appeal by an injury waiver applicant other athletes affected by that decision shall have a right to be heard.

2. Challenge Matches: The grantee of a medical waiver as noted in section 1, above, shall have a right to challenge the winner of the Phase 3 or Phase 8 in the weight division in which the grantee won a 2009 or 2011 World Championship gold, silver or bronze medal. The date and place for said challenge match shall be set by the medical waiver committee denoted in Section 1 above but shall take place no later than 60 days before the beginning of the WTF World Olympic Qualification Tournament or the 2012 London Olympic Games. USAT shall set a deadline for the grantee to exercise his or her right to a challenge match which shall not be made later than fourteen (14) days after completion of
Phase 3 or Phase 8. USAT shall provide the venue and the officials for said match. The winner of the team trials’ and their registered coach’s travel expenses shall be borne by USAT. The medical waiver grantee shall pay his or her own travel expenses for the event. The athletes in this injury waiver fight off are both A seeds and the athlete that wins two out of three matches shall be declared the winner of the said phase.

3. Injuries Occurring During Team Trials: As a general rule no injury waiver shall be granted to a World Championship medalist for injuries sustained after they register and weigh in for said Team Trials. This shall apply to injuries sustained during Phase 3 or Phase 8 of the 2012 Olympic Selection Procedures competition. However, a 2009 or 2011 World Championship Medalist, Gold, Silver or Bronze, has the right to apply to the Medical Waiver Committee for an injury waiver in the case of extraordinary circumstances for injuries sustained during the competition. For example, if said 2011 World Championship medalist is the victim of an act deemed flagrant, illegal and intentional by the Medical Waiver Committee and is unable to medically complete the trials a medical waiver may be granted. One example of this would be one fighter deliberately attempting to injure or acting so recklessly so as to unavoidably injure another fighter so they cannot compete further in the event. In order for any such appeal to stand the referee shall have been required to call a Gamjon against the appellant’s opponent for the action in question. Said in-event medical waivers shall only be granted for extraordinary circumstances. The Medical Waiver Committee shall have the right to examine videotape and summon any witnesses, including match officials, athletes and coaches, it may deem necessary to make a fair determination.