Competition Coaching Module Facilitator Notes

Introduction
As the facilitator of Competition Coaching Module, you have the chance to motivate the participant coaches to open up views and clarify situations. This experience may have a significant impact on the way that the participant coaches view ‘coaching during competitions.’

Who can coach on court at the 2013 U.S. Junior National?
- The following persons who have the Junior National Coaching Credentials may coach on court:
  - Parents
  - Junior Players (must be 16 years and above)
  - Club Coaches (individuals employed at a club to coach junior players)
  - Personal Coaches (parents and other volunteers who independently coaches other junior players)

Parents coaching own child/children
- **Credentials**: Parent Coach
- Can only coach own child/children.
- **MUST** be current USAB members of good standing
- Currently **NO** Coaching Certification is required but **MUST** complete the Coaching Competition Course
- **MUST** read and understand the USOC – USAB Safe Sports Program – click on the link below:
  - Agrees to attend a one hour face-face interactive USAB Coaches Code of Ethics & Conduct Module in future.
- **NO** background check is required.

Parents & Volunteers coaching other children
- **Credentials**: Personal Coach
- If a parent and/or volunteer decides to coach other players/children, they must register themselves as a Personal Coach
- Currently **NO** Coaching Certification is required but **MUST** complete the Coaching Competition Course. **For 2014 must** attend a formal USAB Coaching Course to be a USAB Certified Coach.
- **MUST** read and understand the USOC – USAB Safe Sports Program – click on the link below:
  - Agrees to attend a one hour face-face interactive USAB Coaches Code of Ethics & Conduct Module in future.
- **MUST** be current USAB members of good standing
• **MUST** have an active background check. All expenses for background checks are the coaches responsibility and costs may vary). Click the link below for background check information:

• Personal Coaches must complete and sign Parent & Personal Coach Agreement

**Junior Players (must be 16 years and above)**

• **Credentials:** Junior Coach
  - **MUST** be current USAB members of good standing
  - **NO** background check is required.
  - **NO** Coaching Certification is required.
  - **MUST** complete the Coaching Competition Course
  - **MUST** Read and understand the USOC - USAB Safe Sports Program – click on the link below:
  - Junior Coaches must complete and sign Junior Coach Agreement

**Club Coaches:**

• **Credentials:** Club Coach
  - Can coach players from own club ONLY.
  - **MUST** be current USAB members of good standing
  - **MUST** have an active background check. All expenses for background checks are the coaches responsibility and costs may vary). Click the link below for background check information:
  - **MUST** be a certified Level I Community Coach or higher in the USAB coaching program or **IF NOT CERTIFIED** - for 2013 ONLY – **MUST** complete the three hour Coaching Competition Module. **For 2014 must** attend a formal USAB Coaching Course to be a USAB Certified Coach.
  - **MUST** read and understand the USOC – USAB Safe Sports Program – click on the link below:
    Agrees to attend a one hour face-face interactive USAB Coaches Code of Ethics & Conduct Module in future.
  - If there are many Club Coaches who may coach a player, then the Club’s Head Coach shall be in-charge of organizing and submitting the Club & Personal Coach Agreement. The Head Coach is responsible to ensure that the coaches (Club Coaches) under his charge are aware of the terms of the Coach Agreement and shall abide by this agreement.
  - Club Coaches must complete and sign Club Coach Agreement
Who Can Facilitate the Competition Coaching Module Course?

- The Competition Coaching Course can be taught by any USAB Certified Coach and/or Facilitator appointed by USA Badminton.

For Club Coaches:

The Competition Coaching Course Module can be run by:
- the Head Coach is a USAB Certified Coach or USAB approved facilitators (see Competition Coaching Course Module Facilitators).
- It is recommended that a USAB Certified Technical Official (Umpire or Referee) helps to run the Sub-Module # 6: “Match Time – DO’s DON’Ts 
- Personal Coaches need to get in touch with Club Owners and Club Head Coaches in order to attend this module

For Parents, Personal Coaches & Juniors:

- The Competition Coaching Course Module can be run by:
  - the Head Coach is a USAB Certified Coach or USAB approved facilitators (see Competition Coaching Course Module Facilitators)
  - It is recommended that a USAB Certified Technical Official (Umpire or Referee) helps to run the Sub-Module # 6: “Match Time – DO’s DON’Ts 
  - Personal Coaches need to get in touch with Club Owners and Club Head Coaches in order to attend this module

USAB Competition Coaching Module Facilitators

- All Club Head Coaches
- All Members of the High Performance Coach Pool:
  - Andy Chong
  - Ben Lee
  - Cai Zi Min
  - Ignatius Rusli
  - Joohyun Lee (Johanna)
  - Rudi Gunawan
  - Wendy Carter

- All parents and volunteers who attended the San Francisco Competition Coaching Module Facilitator Workshop in December, 2012:
  - Yi Wang
  - Yuan Zheng
  - Lok Sheung
  - Daniel Kan
  - Yong Meng Chong
  - Victoria Shi
  - Eva Huang
  - Samantha Seaward
  - David Siu
  - Raymond Yeung
  - Charles Yang
  - Minerdi Supandi

- Other USAB recommended Competition Coaching Module Facilitators:
  - Carl Khor
  - Allysa Khor
  - Ruth Menchaca
  - Widya Susanto
  - Eti Gunawan
  - Ray Ng
  - Abi Bautista
  - Johannes Susanto

- If you encounter a problem to look for Other USAB recommended Competition Coaching Module Facilitators, contact the USAB Director of Coaching & High Performance, Mohan Subramaniam at mohan@usabadminton.org
Outcome
The list of approved “certified coaches” who can coach at the 2013 USA Junior National Badminton Championship will be published two weeks before the 2013 Junior National commences.

Methodology
The course is intended to be inter-active so that the participants will enjoy the session and relate to the situations being shared. However participants may need to be reminded that they are taking the course as coaches, not as players! For this reason, it is important that the attendees work in small groups. Small groups allow attendees the opportunity to analyze, to give and receive feedback.

How the Competition Coaching Module can be run?
• The total allotted time for this module is three hours!
• There are two options for presentations:
  o Option 1: One 3.0-hour-block
  o Option 2: Two 1.5-hour-blocks
  o Option 3: Three 1.0-hour-blocks
• We highly recommend Option 1 in order to save travel costs.

Administration
• Facilitators who run the Competition Coaching Module must collect and email the following data to the Director of Coaching & High Performance, Mohan Subramaniam at mohan@usabadminton.org by May 21, 2012 11:59PM MST. The dat should include:
  o Participant First Name, and Last Name
  o Working email
  o Working cell number
  o Course Venue
  o Course date
• The names of the participants will be published under the list of “2013 Junior National Certified Coaches” if the course participant has met all the criteria including USAB Membership, background check completion.
• Coaches whose names do not appear on the list will not be allowed to coach at the 2013 Junior Nationals.
• This manual will give you a timeframe and idea of how your presentation should be formatted.
• The total allotted time for this module is three hours! The presentation options:
  o Option 1: One 3-hour-block
  o Option 2: Two 1.5-hour-blocks
  o Option 3: Three 1.0-hour-blocks

We highly recommend Option 1 in order to save on travel costs.
SECTION 1: INTRODUCTION (45 MINUTES)

1A. INTRO (10 MINUTES)

- In the introduction section, introduce yourself and your background.
- Explain the purpose of this module:
  - to ensure that the 'coaches' are aware of their athletes' readiness, needs, goals for participating, expectations, etc
  - our roles as coaches during competition
  - roles during interval/competition coaching
- If you are also doing this through a club, make sure to give a brief background about them.
- Make sure to speak about USA badminton and all that we have to offer.

1B. KNOWING YOURSELF AND YOUR ATHLETE (15 MINUTES)

- This section is extremely crucial. Coaches must understand that before they can teach badminton, they have to know the fundamentals of basic coaching first. Make sure to stress that all athletes are different and being able to adjust to different athletes is essential. Ask the participants what they expect from themselves as a coach. Knowing yourself as a coach must be completed before you can know an athlete.

1C. PREPARATION FOR BADMINTON (10 MINUTES)

- This may be one of the harder parts to teach. Many coaches believe that they are the most knowledgeable person in the world when it comes to badminton. On the contrary, chances are that they actually have a lot to learn. Really stress that fundamentals are key in order for a child to succeed.

SECTION 2: BADMINTON SPECIFIC COACHING AND TOOLS (45 MINUTES)

2A. TIME-OUT/INTERVAL COACHING (20 MINUTES)

- This is going to be the first section that deals directly with the badminton match and will help your coaches understand everything that goes on during said match. Make sure to instruct the coaches on the specific rules when it comes to time-outs and intervals. They must understand that these are very quick breaks.

2B. SCOUTING IN BADMINTON (15 MINUTES)

- Scouting is crucial to an athlete’s success. Not only does it teach them the strengths and weaknesses of their opponent, but it will put the athlete in a better mindset. Instruct the coaches that there are many different ways to scout the opponent. Make sure the coach not only does their own scouting, but also brings the player so he/she can see for themselves. This will also help establish trust between the player and coach.
2C. VIDEO ANALYSES IN BADMINTON (10 MINUTES)

- This section may not apply to everyone in the class. Video analysis is not the most accessible thing in the world for everyone. However, make sure everyone sees the importance of it. Video analysis has many benefits and all of those should be shared. It is also important to note that watching a player on film is not a replacement to watching a player in person.

SECTION 3: MATCH TIME ➔ DO’S AND DON’TS (90 MINUTES)

- This is the most important section that needs to be taught. It is almost a review of the other concepts that we have already talked about, but it goes into greater detail. Any coach can recite what they need to do in a calm setting, but what happens when a match has started and emotions begin to boil up? This section helps the coach see all the possibilities that may occur during a match. This would be a great time to take them through a sample match and ask how they would react in this certain situation. By preparing the coach for every possible scenario, it increases the chances exponentially that they will succeed when it comes to their future coaching endeavors.