

Race Information

2022 U.S. Paralympics Nordic Skiing Sit Ski Nationals



December 29, 2021 – January 2, 2022

*Crosscut Mountain Sports Center
275 Wedeln Dr, Bozeman, MT 59715*

www.crosscutmt.org

Chief of Competition: Heidi Makoutz: heidi@crosscutmt.org

TD: John Farra

GENERAL INFORMATION

Sit Skier Competition

These races are for sit skiers. There **will not** be competitions for standing or visually impaired athletes at this event.

Vaccination Requirement

All coaches, athletes, officials, and volunteers will be required to be vaccinated or receive an exemption to be able to participate. Information about this requirement can be found here: www.teamusa.org/Coronavirus/Vaccine-Requirement. More details about how to verify vaccination are in the next step.

Race Registration Information

These races are sanctioned with World Para Nordic Skiing and all competitors are required to have a WPNS license. Race fees are \$25 per person, per race.

Due to the vaccination requirement, there will be a **2 step registration process** for these races. Please note there are different deadlines for each step of this process. We need extra time to complete the vaccination verifications.

Step 1: All participants (athletes, coaches, officials, volunteers) are required to adhere to the USOPC vaccination requirement. To do this, please send an email to Kristina.trygstad-saari@usopc.org indicating intent to participate in this event. If you are sending an email for multiple people, please include NAME and EMAIL address of each participant. We will then send this information to a 3rd party who will send each person an email with a link to upload your verification of vaccination or exemption request. **DEADLINE: December 1, 2021.**

Step 2: Sit skier competitors need to register at <https://my.raceresult.com/series/4769/>. Any athlete who has registered for the races but has not completed the vaccination requirement will not be permitted to start. Race fees will not be refunded. **DEADLINE: December 26, 2021, 12PM mountain time.**

Schedule

Dec 29 – arrival Bozeman

Dec 30 – 10AM-12PM training* Crosscut

Dec 31 – 10AM-12PM training* Crosscut

Jan 1 – Cross country sprint- sit skiers

10AM qualification

10:30AM Heats

Jan 2 – Cross-country short – sit skiers (5k for all)

10AM race start

*Training session supported by USPN coaches. Please be prepared to start skiing by 10AM. More details to be sent out via WhatsApp in advance of the event.

Passes/Trail Fees

Trail fees for training days will be \$10 and will be included in the registration.

Rules

Races will be run according to WPNS Rules and Regulations:

www.paralympic.org/sites/default/files/2021-10/2021_09_30%20WPNS_Rules%20and%20Regulations_2021-22_0.pdf

Communication

All event information will be sent out via WhatsApp before competition days (please download the app ahead of time!).

Venue

Crosscut Mountain Sport Center is undergoing a lot of changes! While we have some amazing new sit ski terrain, we do not yet have an indoor facility. Please plan to base out of your vehicle for training and race days. There will be accessible parking and porta potties. Additionally, plan to bring your own food to the venue, as there are no purchase options.

Here is the address for the new base area: Crosscut Mountain Sports Center, 275 Wedeln Dr, Bozeman, MT 59715

Equipment

If you have equipment questions or equipment needs, please contact Bethann (Bethann.chamberlain@usopc.org) as soon as possible.

Race Wax

We will wax all athlete skis for the races, but please come to the training sessions with your skis scraped and ready to go. Please mark all equipment clearly with your name and be ready to leave race skis with coaches after the training session on December 31.

Lodging

We recommend reserving lodging as soon as possible, as Bozeman is extremely busy, especially around the holidays. Airbnbs and hotels book quickly!

USOPC Athlete Safety Program

All U.S. participants in this competition are subject to the requirements outlined in the USOPC Athlete Safety Policy available at: <http://teamusa.org/USOPCAthleteSafetyPolicy>. Adult Participants are also required to be familiar with, and comply with the USOPC Minor Athlete Abuse Prevention Policies (MAAPP) available at: <http://teamusa.org/maapp>. Participating in our events also comes with certain responsibilities, such as requirements to report Prohibited Conduct, to include violations of the MAAPP, as outlined in Section 6 of the USOPC Athlete Safety Policy, as well as completing training as outlined below.

U.S. Center for SafeSport Training

All U.S. athletes (18 years and older), coaches, officials, and support staff requesting accreditation must complete, or have completed within the last calendar year, the U.S. Center for SafeSport's Core training, or applicable Refresher training course if they have previously taken the Core training. The training must be completed prior to arrival at the event and must be valid through the conclusion of the event. Please note, U.S. Ski & Snowboard and/or U.S. Biathlon Association membership with SafeSport training that is valid through the conclusion of the event will be accepted.

If you are not in compliance with training, depending on the required course, it will take between 30 to 90 minutes to complete the training. Taking the SafeSport Core or Refresher training is free for registered event participants. Please email Reagan Folaron if you need help accessing the training. You must submit proof of completion and expiration date of your most recent SafeSport training to Reagan Folaron at Reagan.Folaron@usopc.org by **December 18, 2021, or at least two weeks prior to the event.**

If you are a **minor athlete**, completing SafeSport training is not required, however, we recommend you work with your parent/guardian to take the free youth training course offered by the U.S. Center for SafeSport. The U.S. Center for SafeSport also has resources available to parents/guardians regarding abuse prevention in sport, to include the Parent Toolkit, and free online training. Training for both minor athletes and parents/guardians is available at: <https://uscenterforsafesport.org/training-and-education/training-and-education-services/>.

USOPC Background Check

All U.S. participants requesting a **Team Staff** accreditation for this competition are required to undergo a background check utilizing the National Center for Safety Initiatives as further described in the USOPC's Background Check Policy & Procedures (which can be viewed on the Team USA Athlete Safety Page

at <https://www.teamusa.org/team-usa-athlete-services/safe-sport>) and Exhibit C. The background check must be completed prior to the start of competition. Any individual receiving a “Red Light” may be precluded by the USOPC from participating in the competition. Please note, U.S. Ski & Snowboard and/or U.S. Biathlon Association membership with a background check that is valid through the conclusion of the event will be accepted. Please submit proof of completion and expiration date of your most recent background check to Reagan Folaron at Reagan.Folaron@usopc.org.

For additional information regarding the USOPC’s Athlete Safety Program, or to report an allegation of misconduct or abuse please visit: <https://www.teamusa.org/team-usa-athlete-services/safe-sport>.