2022 USA Cycling Para-cycling Track National Championships

September 9-10, 2022
Velo Sports Center, Carson, CA

Event Information
Race Regulations

Organization
The 2022 USA Cycling Para-cycling Track National Championships, is organized U.S. Paralympics Cycling under the regulations of USA Cycling and the International Cycling Union. It is to be held from September 9-10, 2022.

The President of the Commissaire’s Panel for the race is Dorothy Abbott.

Type of event
All races are categorized by USA Cycling as Category A events under permit #2022-6235. The event is held under the rules of the USA Cycling and the UCI.

Participation
The event is open to Para-cyclists in the C and B categories. Participants must hold a Domestic or International License from USA Cycling and be Nationally or Internationally classified. No foreign athletes may participate. We require a minimum of six (6) tandems per gender to be entered into the Tandem Sprints to run separate Men’s and Women’s events. If there are fewer than six (6) tandems per gender, the event will be held as a combined ‘Open’ category.

Race Headquarters
The race headquarters shall be open starting at 8:00am Friday, September 09, and is located at: VELO Sports Center, 18400 S Avalon Blvd, Carson, CA 90746.

Registration, Enrollment and Technical Meeting
Riders must confirm their registration and collect race numbers between 3:00pm and 5:00pm on Thursday, September 8 at the VELO Sports Center, 18400 S Avalon Blvd, Carson, CA 90746. No on-site registration will be allowed. The Technical Meeting is scheduled for 7:00pm on Thursday, February 8, and will be held via zoom (a separate link for the meeting will be emailed to all participants).

Riders may register at the following link:
https://www.bikereg.com/57008?preview=1

Team and athlete support staff (including PCAs) requiring accreditation (which is mandatory for access to the infield of the velodrome) are subject to the USOPC Athlete Safety requirements, and may be subject to a background check. To request an accreditation for support staff, or to verify Athlete Safety and background check requirements for your support staff, please contact jenny.ryan@usopc.org jenny.ryan@usopc.org.
Additional Requirements

- All U.S. participants in this competition are subject to the requirements outlined in the USOPC Athlete Safety Policy available at: http://teamusa.org/USOPC Athlete Safety Policy
- Adult Participants are also required to be familiar with, and comply with the USOPC Minor Athlete Abuse Prevention Policies (MAAPP) available at: http://teamusa.org/maapp
- U.S. Center for SafeSport Training
  - All U.S. athletes (18 years and older), coaches, officials, and support staff requesting accreditation must complete, or have completed within the last calendar year, the U.S. Center for SafeSport’s SafeSport™ Trained Core training, or applicable Refresher training course if they have previously taken the SafeSport™ Trained Core training. The training must be completed prior to arrival at the event and must be valid through the conclusion of the event. Please note, U.S. Paralympics Cycling membership with SafeSport training that is valid through the conclusion of the event will be accepted.
  - SafeSport & Background Check Information: https://www.teamusa.org/team-usa-athlete-services/safe-sport

Classification

U.S. Paralympics will not offer classification at this event. Athletes who do not have a National or International classification should contact Kyle Knott and submit a U.S. Paralympics Medical Diagnostics form. Medical forms for classification can be found at http://www.teamusa.org/US-Paralympics/Sports/Cycling/Classification. Once the forms are completed, please send the forms to: kyle.knott@usopc.org Phone: 719.646.6919

Anti-doping

Anti-Doping will be carried out by the United States Anti-Doping Association (USADA). Tests will take place onsite. Please see the anti-doping page for more information.

Article 8. Awards Ceremony

There will be independent awards ceremonies for each competition throughout the event. See the schedule in this document for times. The top-3 finishers for all events are required to attend and participate in the awards ceremony wearing racing attire. Athletes will be directed from the finish to a backstage area, pending commencement of the awards ceremony. Riders should be prepared for media interviews in the staging area for the awards ceremony.

Medals will be provided for each event in the table below, provided the event has one (1) or more competitors:

<table>
<thead>
<tr>
<th>MB Tandem Sprints*</th>
<th>MC1 1k TT</th>
<th>WC1 500M TT</th>
<th>MC1-3 Scratch Race</th>
<th>WB Sprint</th>
</tr>
</thead>
<tbody>
<tr>
<td>MC1 3k Pursuit</td>
<td>WC2 1k TT</td>
<td>WC2 500M TT</td>
<td>WC1-3 Scratch Race</td>
<td>WB Tandem</td>
</tr>
<tr>
<td>MC2 3k Pursuit</td>
<td>WC3 1k TT</td>
<td>WC3 500M TT</td>
<td>MC4-5 Scratch Race</td>
<td>3k Pursuit</td>
</tr>
<tr>
<td>MC3 3k Pursuit</td>
<td>MC4 1k TT</td>
<td>WC4 500M TT</td>
<td>WB Tandem</td>
<td>1k TT</td>
</tr>
<tr>
<td>MC4 4k Pursuit</td>
<td>MC5 1k TT</td>
<td>WC5 500M TT</td>
<td></td>
<td></td>
</tr>
<tr>
<td>MC5 4k Pursuit</td>
<td>MB Tandem</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>MB Tandem 4k Pursuit</td>
<td>WB Tandem</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

*Pending minimum of 6 entrants

Penalties

The USA Cycling penalty scale is applicable.

Results

Results will be released after the Chief Judge signs them and will be posted near the finish, as well as online.
# Schedule

*Preliminary schedule, subject to change*

*Start lists available at velodrome*

## Friday, September 9, 2022

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Classes</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>10:00 – 12:15</td>
<td>200m Tandem Sprint Qualifying</td>
<td>MB &amp; WB Tandems</td>
<td>Open category if fewer than 6 tandems per gender</td>
</tr>
<tr>
<td></td>
<td>3k Pursuits (Qual)</td>
<td>WC1-5, MC1-3, WB</td>
<td>One-up Qualifying</td>
</tr>
<tr>
<td></td>
<td>4k Pursuits (Qual)</td>
<td>MC4-5, MB</td>
<td></td>
</tr>
<tr>
<td>12:15 - 13:15</td>
<td><strong>BREAK</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>13:15 – 14:05</td>
<td>3k Pursuit Finals</td>
<td>WC1-5, MC1-3, WB</td>
<td>Finals</td>
</tr>
<tr>
<td></td>
<td>4k Pursuit Finals</td>
<td>MC4-5, MB</td>
<td>Finals</td>
</tr>
<tr>
<td>14:05 - 14:30</td>
<td>TS Qualifying</td>
<td>MC1-5, WC1-5</td>
<td>Award Ceremony: 3k</td>
</tr>
<tr>
<td>15:15 - 15:30</td>
<td>TS Finals</td>
<td>MC1-5, WC1-5</td>
<td>If 4 teams: Gold &amp; Bronze (2-up) finals</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>If 3 teams: Gold only (2-up) final</td>
</tr>
<tr>
<td>15:40 - 16:00</td>
<td><strong>Awards Ceremony: TS</strong></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

## Saturday, September 10, 2022

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Classes</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>10:00 – 11:50</td>
<td>500m TT</td>
<td>WC1-5</td>
<td>One-up Final</td>
</tr>
<tr>
<td></td>
<td>Kilo TT</td>
<td>MC1-5, MB, WB</td>
<td>One-up Final</td>
</tr>
<tr>
<td>11:50 - 12:45</td>
<td><strong>Break</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>12:45 - 14:45</td>
<td>200m Sprint</td>
<td>MC1-5, WC1-5</td>
<td>Non-National Championship Event</td>
</tr>
<tr>
<td></td>
<td>Tandem Sprint Heats</td>
<td>MB, WB</td>
<td>Open category if fewer than 6 tandems per gender</td>
</tr>
<tr>
<td></td>
<td>10k Scratch Race (40 laps)</td>
<td>MC1-3, WC1-5</td>
<td>One race, three podiums (MC1-3/WC1-3/WC4-5)</td>
</tr>
<tr>
<td></td>
<td>Tandem Sprint Medal &amp; minor finals</td>
<td>MB, WB</td>
<td>Open category if fewer than 6 tandems per gender</td>
</tr>
<tr>
<td></td>
<td>15k Scratch Race (60 laps)</td>
<td>MC4-5</td>
<td>One race, one podium (MC4-5)</td>
</tr>
<tr>
<td></td>
<td>Tandem Sprint Medal &amp; minor finals</td>
<td>MB, WB</td>
<td>Open category if fewer than 6 tandems per gender</td>
</tr>
<tr>
<td>14:55 - 15:30</td>
<td><strong>Awards Ceremonies - 500M TT / Kilo TT / Scratch Race / Tandem Sprint</strong></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Infield Protocol

Only athletes and coaches/support staff are allowed in the athlete area. Friends, family, and spectators are not allowed in the athlete area.

Neutral Support

Neutral Support (NRS) will be available, in the velodrome infield.

Medical Services

Medical Services will be provided by AMR. Athletes and staff are encouraged to seek out the assistance of the medical staff for any injuries or illnesses and report any incidents to the event staff.

Event Staff Contact: Ian Lawless 719-272-2761 | Jenny Ryan 719-338-6331

Area Hospital

The closest hospital is Memorial Hospital of Gardena. Memorial Hospital is located at – 1145 W Redondo Beach Blvd, Gardena, CA 90247.

Official Training

Official Training times for Para riders preceding the event are as follows:
- Wednesday, September 7: 1-4 pm
- Thursday, September 8: 12-5 pm

Athletes arriving in Carson early, seeking additional track training time can train at the open sessions, or can contact Hector Nava: hnava@velosportscenter.com for more information about training times.

PLEASE NOTE: THE VELO SPORTS CENTER CAMPUS WILL BE CLOSED ON MONDAY, SEPTEMBER 5Th and there will be NO track training that day.

Anti-Doping

All Athletes, Athlete Support Personnel and other Persons, by virtue of their participation in the Olympic, Paralympic, Pan American, Parapan American or Youth Olympic Games, participation in an Event or Competition organized or sanctioned by the USOPC or an NGB, an International Federation (“IF”), the International Olympic Committee (“IOC”), the International Paralympic Committee (“IPC“) or other Major Event Organization, participation on a national team, utilization of an Olympic and Paralympic Training Center (“OPTC”), receipt of benefits from the USOPC or an NGB, inclusion in the Registered Testing Pool (“RTP”)/or Clean Athlete Program (“CAP”), or otherwise subject to the Code agree to be bound by the USOPC National Anti-Doping Policy and by the USADA Protocol. It is the duty of Athletes, Athlete Support Personnel and other Persons to comply with all anti-doping rules of the World Anti-Doping Agency (WADA), the IPC, the USOPC National Anti-Doping Policy, and of the U.S. Anti-Doping Agency (USADA), including the USADA Protocol for Olympic and Paralympic Movement Testing (USADA Protocol) and all other policies and rules adopted by WADA, the IPC, the USOPC and USADA. Athlete participants agree to submit to drug testing by the IPC and/or USADA or their designees at any time and understand that the use of methods or substances prohibited by the applicable anti-doping rules make them subject to penalties including, but not limited to, disqualification and suspension. If it is determined that an individual participant may have committed a doping violation, the participant agrees to submit to the results management authority and processes of USADA, including arbitration under the USADA Protocol, or to the results management authority of the
IPC, if applicable or referred by USADA. More information about the USOPC National Anti-Doping Policy can be found at [https://www.teamusa.org/Footer/Legal/Anti-Doping](https://www.teamusa.org/Footer/Legal/Anti-Doping)

More information about banned substances and doping control can be found by visiting: [www.usada.org](http://www.usada.org). All athletes who compete in the U.S. Paralympics Cycling Open are subject to drug testing. If athletes are notified for drug testing they must bring an ID with them and are allowed and strongly encouraged to have one representative to accompany them through the drug testing process.

**Accommodations**

**Hotels nearby**
Hampton Inn Los Angeles/Carson/Torrance
767 E Albertoni St
Carson, CA 90746
310-768-8833
1.6 miles from Velodrome

Holiday Inn Los Angeles Gateway-Torrance
19800 S Vermont Ave
Torrance, CA 90502
310-781-9100
2.9 miles from Velodrome

**Additional Information**

Additional Information, including results can be found on the U.S. Paralympics Cycling website:


Athletes with additional questions not answered in this guide may contact U.S. Paralympics Staff:

Jenny Ryan, Manager, Para-cycling Sport Operations
[Jenny.ryan@usopc.org](mailto:Jenny.ryan@usopc.org)
719.866.3205

Ian Lawless, Director, Paralympic Cycling
[Ian.lawless@usopc.org](mailto:Ian.lawless@usopc.org)
719.272.1761