

<b>Name</b>	<b>Session</b>	<b>Hometown</b>	<b>Coach</b>	<b>Club</b>	<b>Instagram</b>	<b>Competition (ET)</b>
Maddison Pannell	W 49kg A	Pittsburg, CA	Dave Spitz	California Strength	mad.diison	Wednesday, 11/3, 5 p.m.
Hayley Reichardt	W 49kg A	Leesport, PA	Dane Miller	Garage Strength	hayleyreichardt	Wednesday, 11/3, 5 p.m.
Darrel Barnes	M 61kg A	St. Louis, MO	Juan Martinez	Stable Weightlifting	bdarrel	Wednesday, 11/3, 7 p.m.
Hampton Morris	M 61kg A	Marietta, GA	Tripp Morris	Unattached	hamptonmorris	Wednesday, 11/3, 7 p.m.
Ryan Grimsland	M 67kg A	Lewisville, NC	Travis Mash	Mash Elite Performance	ryangrimsland	Thursday, 11/4, 3 p.m.
Jordan Wissinger	M 67kg A	Hamburg, PA	Dane Miller	Garage Strength	jordan_wissinger	Thursday, 11/4, 3 p.m.
Kelly Wild	W 59kg A	Mendota Heights, MN	Dave Spitz	California Strength	kellywild8	Thursday, 11/4, 5 p.m.
CJ Cummings	M 73kg A	Beaufort, SC	Ray Jones	Team Divergent	cj_cummings	Thursday, 11/4, 7 p.m.
Jacob Horst	M 73kg A	Leesport, PA	Dane Miller	Garage Strength	jakethesnake67kg	Thursday, 11/4, 7 p.m.
Taylor Wilkins	W 64kg A	McKinney, TX	Vance Newgard	Spoon Barbell	taylorwilkins	Friday, 11/5, 3 p.m.
Beau Brown	M 89kg A	Colby, KS	Seth Dahlke	Heartland Strength	beau_96kg	Friday, 11/5, 5 p.m.
Meredith Alwine	W 71kg A	Virginia Beach, VA	Danny Camargo	Team O.C.	meredithalwine	Friday, 11/5, 7 p.m.
Mariah Park	W 71kg A	Pittsburgh, PA	Kim Ransom	Pittsburgh Barbell Club	marrpark	Friday, 11/5, 7 p.m.
Nathan Damron	M 96kg A	Pittsburg, CA	Dave Spitz	California Strength	nathandamron96	Saturday, 11/6, 11 a.m.
Kate Nye	W 76kg A	Berkley, MI	Spencer Arnold	Power and Grace Performance	katherineenye	Saturday, 11/6, 1 p.m.
Mattie Rogers	W 76kg A	Geneva, FL	Aimee Everett	Catalyst Athletics	mattiecakesssss	Saturday, 11/6, 1 p.m.
Ryan Sester	M 102kg A	Gresham, OR	Joseph Beck	Heroic Barbell Club	ryan_sester	Saturday, 11/6, 3 p.m.
Laura Alexander	W 87kg A	San Jose, CA	Greg Everett	Catalyst Athletics	lauraalexander1	Sunday, 11/7, 11 a.m.
Keiser Witte	M +109kg A	Phoenix, AZ	Shahin Nasirinia	Alee Athletics	kaiser_keiser	Sunday, 11/7, 1 p.m.
Mary Theisen-Lappen	W +87kg A	Eau Claire, WI	Wil Fleming	1Kilo	coachmaryyy	Sunday, 11/7, 3 p.m.