



USAVolleyball

PATH TO THE PODIUM

HIGH PERFORMANCE

U.S. WOMEN'S NATIONAL TEAM PIPELINE – GIRLS NATIONAL TRAINING PROGRAMS

YOUR PATH BEGINS HERE

At a USA Volleyball High Performance tryout, athletes take their first step on the Path to the Podium by demonstrating their abilities and potential. Coaches evaluate each athlete for the opportunity to be selected to train or compete in the National Team Pipeline.

The A1, A2, A3, and Skills National Training Programs each provide athletes with the unique experience of training in the U.S. Women's National Team system, designed to help athletes reach the pinnacle of success in the sport. Working with some of the top coaches in the country, these athletes are given the tools and support they need to progress on their path to the podium.



In 2019, the U.S. Girls Youth National Team won the United States' first-ever gold medal at the FIVB U18 Girls World Championships in Egypt.

In the Youth (under-18) and Junior (under-20) age groups, athletes can be considered to represent the United States on the U.S. Youth or Junior National Teams.

TRYOUT > TRAIN > COMPETE > PROGRESS

USA Volleyball High Performance National Training Programs provide a unique experience and give athletes the chance to train, compete and progress through the pipeline with other top athletes from across the U.S. Several U.S. National Team athletes, including Michelle Bartsch-Hackley and Olympian Matt Anderson, were part of the A2 National Training Program on their path to the podium.

LEARN MORE AT
go.usav.org/hptryout



2020 HIGH PERFORMANCE NATIONAL TRAINING PROGRAMS

ATHLETE NOTIFICATION

Athlete selection and notification will take place between May 11-21, 2020.

Specific age group posting dates will be listed online April 20, 2020.

Athletes will receive an email notification during this time period to check their High Performance account online for results.

WOMEN'S JUNIOR NATIONAL AGE GROUP PROGRAMS (2002 AND 2003)

Program	Team	Dates	Event/Venue	Location	Cost	Number of Athletes
WJNT	U.S. Womens Junior National Team	TBD	2020 U20 NORCECA	TBD	USAV covers all costs	12
WJNTT	U.S. Womens Junior National Training Team	TBD	National Training Team	TBD	USAV covers all costs	20
WJA1	USA Junior A1 National Training Program	July 17 - 27, 2020	USA High Performance Championships	Pittsburgh, PA	\$1450 + travel	24

GIRLS YOUTH NATIONAL AGE GROUP PROGRAMS (2004 OR 2005)

Program	Team	Dates	Event/Venue	Location	Cost	Number of Athletes
GYNT	U.S. Girls Youth National Team	TBD	2020 U18 NORCECA	TBD	USAV covers all costs	12
GYNTT	U.S. Girls Youth National Training Team	TBD	National Training Team	TBD	USAV covers all costs	20
GYA1	USA Youth A1 National Training Program	July 17 - 27, 2020	USA High Performance Championships	Pittsburgh, PA	\$1450 + travel	48
GYCT	USA Youth Continental Training Program	July 17 - 27, 2020	USA High Performance Championships	Pittsburgh, PA	\$1450 + travel	24
GYA2	USA Youth National A2 Training Program	July 27 - August 2, 2020	City of Rock Hill Sports & Events Center	Rock Hill, SC	\$995 + travel	128
GYA3	USA Youth National A3 Training Program	July 10 - 14, 2020	California State University Long Beach	Long Beach, CA	\$550 + travel	96

GIRLS SELECT AGE GROUP PROGRAMS (2006 AND 2007)

Program	Team	Dates	Event/Venue	Location	Cost	Number of Athletes
GSA1	USA Select A1 National Training Program	July 17 - 27, 2020	USA High Performance Championships	Pittsburgh, PA	\$1450 + travel	60
GSCT	USA Select Continental Training Program	July 17 - 27, 2020	USA High Performance Championships	Pittsburgh, PA	\$1450 + travel	24
GSA2	USA Select National A2 Training Program	July 27 - August 2, 2020	City of Rock Hill Sports & Events Center	Rock Hill, SC	\$995 + travel	128
GSA3	USA Select National A3 Training Program	July 10 - 14, 2020	California State University Long Beach	Long Beach, CA	\$550 + travel	96
GSSP	USA Select National Skills Program	July 6-10, 2020	Alliance Training Center	Franklin, TN	\$550 + travel	128

GIRLS FUTURE SELECT AGE GROUP PROGRAMS (2008, 2009 OR LATER)

Program	Team	Dates	Event/Venue	Location	Cost	Number of Athletes
GFTP	USA Future Select National Training Program	July 10-14, 2020	Alliance Training Center	Franklin, TN	\$550 + travel	128
GFSP	USA Future Select National Skills Program	July 6-10, 2020	Alliance Training Center	Franklin, TN	\$550 + travel	128