

**2023 USA TAEKWONDO POOMSAE TEAM TRIAL  
PAIR AND TEAM FORM**

Recognized pairs and teams on the Invite List must state their intention to compete by completing the correct section below and submitting to: [bbrand@usatkd.org](mailto:bbrand@usatkd.org) on/before 12/28/22.

**RECOGNIZED TEAM DIVISION**

\_\_\_\_\_ Female    \_\_\_\_\_ Male    Age Division: \_\_\_\_\_

Athlete #1: \_\_\_\_\_ Member #: \_\_\_\_\_ Email: \_\_\_\_\_

Athlete #2: \_\_\_\_\_ Member #: \_\_\_\_\_ Email: \_\_\_\_\_

Athlete #3: \_\_\_\_\_ Member #: \_\_\_\_\_ Email: \_\_\_\_\_

**RECOGNIZED PAIR DIVISION**

Age Division: \_\_\_\_\_

Athlete #1: \_\_\_\_\_ Member #: \_\_\_\_\_ Email: \_\_\_\_\_

Athlete #2: \_\_\_\_\_ Member #: \_\_\_\_\_ Email: \_\_\_\_\_

**FREESTYLE TEAM DIVISION**

The Freestyle Team Division is open; all teams are welcome. Each team must complete the correct section below and submit the form to: [bbrand@usatkd.org](mailto:bbrand@usatkd.org) on/before 12/28/22.

Age Division: \_\_\_\_\_

Athlete #1: \_\_\_\_\_ Member #: \_\_\_\_\_ Email: \_\_\_\_\_

Athlete #2: \_\_\_\_\_ Member #: \_\_\_\_\_ Email: \_\_\_\_\_

Athlete #3: \_\_\_\_\_ Member #: \_\_\_\_\_ Email: \_\_\_\_\_

Athlete #4: \_\_\_\_\_ Member #: \_\_\_\_\_ Email: \_\_\_\_\_

Athlete #5: \_\_\_\_\_ Member #: \_\_\_\_\_ Email: \_\_\_\_\_

Athlete #6: \_\_\_\_\_ Member #: \_\_\_\_\_ Email: \_\_\_\_\_