



East Grand Prix Report Times
Sunday, June 19

8:00:00 AM	Male & Female – Freestyle Individual – All Divisions
8:00:00 AM	Pairs – Cadet & Junior
8:00:00 AM	Male & Female – Dragon & Youth Sparring – All Divisions (Including Single Competitors)
8:00:00 AM	Male & Female – Youth Board Breaking
8:30:00 AM	Male – World Class Cadet & Junior Individual
9:00:00 AM	Male & Female – Para Poomsae
9:30:00 AM	Female – Tiger Poomsae – All Belts
10:00:00 AM	Female – World Class Cadet & Junior Individual
10:30:00 AM	Male – Tiger Poomsae – All Belts
11:00:00 AM	Male & Female – Cadet Sparring – All Divisions (Including Single Competitors)