

Monday, July 1

Report times

- 8:00am 10-11 Female Yellow, Green, & Blue Board breaking
18-30 World Class Female Individual Poomsae
18-30 World Class Male Individual Poomsae
18-99 Color Belt Poomsae (All ranks)
12-14 Male & Female Yellow & Green belt sparring
- 9:00am 10-11 Female Red & Black Board breaking
10-11 Male Yellow & Green belt Poomsae
12-14 Male & Female Blue belt sparring
31-99 World Class Team poomsae
- 9:30am 10-11 Male Blue & Red belt Poomsae
- 10:00am 12-14 Male Red belt sparring
- 10:30am 31-99 World Class Pairs Poomsae
12-14 Female Red belt sparring
- 1:00pm 18-32 Color belt sparring (All ranks)
33-99 Male & Female Ultra sparring (All ranks)