KARATE 1 PREMIER LEAGUE LISBON - IMPORTANT REMINDERS & BULLETIN UPDATES

The Karate 1 Premier League Lisbon is just 1 week away, and many are preparing for their journey. Covid-19 has brought with it more rules, regulations and bureaucracy than ever seen before, so we have decided to provide a list of important reminders and bulletin updates to help. Please make sure to review the bulletin and see you in Lisbon.

1) **Negative PCR Tests Results for Onsite Registration** – *Reminder.*
   i. Only PCR Tests performed on Monday 26, Tuesday 27, and Wednesday 28 of April (GMT+1) will be accepted during the On-site registration. No exceptions will be given.

2) **PCR Testing Services in Lisbon, Portugal (April 26-May 3)** - *Bulletin Section 17*
   i. The deadline to send the PCR Testing form and payment is April 23rd. In the bulletin you will find the following documents, [Information](#), [PCR Testing Form](#) and [Authorization form](#) or click the links.

3) **Antigen Testing** – *Bulletin Section 7*
   i. Athletes, Officiating Coaches, Doctors, Physiotherapists will do an Antigen Test during competition days.
   ii. Officials and Referees will do the Antigen Test during the Onsite Registration.

4) **Required Documents to be Submitted at the On-Site Registration** - *Reminder*
   i. Team/delegation representatives must fill out the [Delegation Form](#).
   ii. All Participants must fill out the [Health Questionnaire](#) and [Waiver of Responsibility](#).
   iii. All athletes under the age of 18 must submit [Parental Consent Form](#) filled out by the individual’s parent/guardian.

5) **Quarantine Exemption & Travel to Portugal** - *Bulletin Section 17*
   i. You can find the Official Documents in Sportdata ([Link](#))([Link](#)), or in the communication sent out on Tuesday 20th.
   ii. List of Participants from countries currently on the Quarantine List in Portugal ([Link](#)).
   iii. The Federation, club or individual with the email registered on Sportdata will receive a [Participation Confirmation Receipt PDF](#) with the list of names confirming their participation in K1 PL Lisbon, thus, granting exemption from quarantine, **Please print the Official Documents and the Participation Confirmation Receipt PDF.**
6) **Back Numbers - Reminder**

   i. The back numbers to be used in Karate1-Premier League events 2021 will be the same as those already provided for Karate1-Premier League events 2020.

   ii. New back numbers will only be delivered at the accreditation session to those athletes who have not participated in a Karate1-Premier League event 2020 or Istanbul 2021.

   iii. Competitors must sow their Back Number on their Karategi’s jacket by themselves. Improperly sewn back numbers can be a reason for disqualification.