



# 13-15 NATIONAL TEAM TRIALS

## MAY 1ST, 2022

SCHEDULE AS OF 4-18-2022

|                  |   |
|------------------|---|
| 2:30 - 3:00 p.m. | Check in + warm up/lap swim<br>Coach briefing meeting |
| 3:00 - 3:30 p.m. | Routine with music warm up                            |
| 3:30 - 4:45 p.m. | Routine competition - individual swim                 |
| 4:45 - 5:15 p.m. | Break   |
| 5:15 - 5:30 p.m. | Routine with music warm up                            |
| 5:30 - 6:15 p.m. | Group swims   |

FINAL RESULTS POSTED BY COB MAY 5TH