

## Step-by-Step Instructions: Creating an Account – Coaches

**Step 1 – First Time Visitor:** To create your new USAV High Performance Ex3 account visit the following URL: <https://ssip.ex3host.com/usav/login/login.aspx#>

Click on [First Time Visitor Click Here](#)



**USA Volleyball**

Username :  Username is required!

Password :  Password is required!

You will be locked out of your account after 10 missed attempts.  
If you are unsure of your password please click the Password Reminder link below.

 [Forgot Username or Password?](#)

[Contact Us](#)

[First Time Visitor Click Here](#)

Ex3 Sports Science Information Platform

Powered By **Ex3** Technologies

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**Step 2 – Submit User Request:** Submit the information requested under “Request User Account. Bold fields are required. Select “Coach” in the Member Type dropdown. Enter the Security Code at the bottom, then select “Send Request”.

\*Note that only 1 unique email address may be associated with each User Account (Athlete or Coach) upon creation. You may later add a “CC Email” to your account to have notifications sent to multiple email addresses.



**REQUEST USER ACCOUNT**  
Step 1: Registration Information

Welcome to the USA Volleyball High Performance Ex3 Sports Science Information Platform.  
To get started, please enter all pertinent information in the fields below (fields in bold are required).

**First Name :**

**Last Name :**

Nickname/Preferred Name :

**Gender :** <<Select Gender>> ▼

Ethnicity : <<Select Ethnicity>> ▼

**Date of Birth:**

**E-mail Address:**

**Confirm E-mail Address:**

**Member Type:** <<Select Member Type>> ▼

icb00

Enter the above Security Code in the text box below.

**Step 3 – Email Confirmation:** You will then see the following message on the confirmation screen, indicating that a confirmation email has been sent to your email address.

Thank you for registering with USA Volleyball High Performance.  
Further Registration instructions have been sent to your E-mail address.

It may take up to 10-15 minutes before you receive the email with more registration instructions. *Please be sure to check your Spam or Junk mail folder if you do not see the message in your inbox after 15 minutes.*

Login to the email account that you provided, locate the confirmation email from Ex 3 and select the link that says "Click here" to complete your registration.

Thank you for creating a USA Volleyball High Performance Ex3 user account.

To complete the process of registering your new account, please click on the link below that says "Click here" to complete the process.

[Click here](#)

Once you have finished creating your account, be sure to bookmark this link to login to your account later: [Ex3® SSIP - USAV](#) . You can login at any time to update your personal information, register for an upcoming event or modify your settings under "My OPTIONS".

Information such a tryout schedules, program dates and more are available here:  
<http://www.teamusa.org/usa-volleyball/high-performance/hp-indoor>

For any questions related to Indoor High Performance, you can contact us at [indoorhp@usav.org](mailto:indoorhp@usav.org).

Welcome to USA Volleyball High Performance!

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**Step 4 – Completing Your Account:** You will then be prompted to complete your account information including contact information, coaching affiliation, etc. Please fill out all sections, bold fields are required. Select “Next” to advance to the next screen.

Contact Info Address Info Coach Info Finish

**Contact Info**

Name : Coach 3, Test      Gender : Female      Member Type : Coach

Step 2 : Contact Information

Home Phone :

Cell Phone :

Cell Phone Provider : <<Select Cell Phone Provider>>

CC e-mail address :

\* the CC e-mail address will receive a copy of all correspondence to your e-mail address

Problems with creating your accounts? E-mail [indoorhp@usav.org](mailto:indoorhp@usav.org)

Previous Next Finish

Contact Info Address Info Coach Info Finish

**Address Info**

Name : Coach 3, Test      Gender : Female      Member Type : Coach

Step 3 : Address Information

Street Address (Line 1):

Street Address (Line 2) :

City :

Zip Code :

Country : <<Select Country>>

State : <<Select State>>

Are you a US Citizen : Yes

Additional Country of Citizenship :

Problems with creating your accounts? E-mail [indoorhp@usav.org](mailto:indoorhp@usav.org)

Previous Next Finish

Contact Info Address Info Coach Info Finish

**Coach Info**

Name : Coach 3, Test      Gender : Female      Member Type : Coach

Step 4 : Coaching Information

Please enter your current affiliation. (Where do you coach currently?)

Current Coaching Affiliation :  Start Date :

\* Please do not use abbreviations. Use appropriate capitalization and punctuation.

Affiliation Type : <<Select Affiliation Type>>

Role/Title : <<Select Role/Title>>

Primary Gender Coached : <<Select Gender>>

Primary Age Coached : <<Select Age Group>>

NCAA Division I Coach? : No

Total # of Years Coaching Experience :

Do you coach for your Region's HP Program : No

# of Years :

USAV Region : <<Select USAV Region>>

Please enter you coaching experience from the last 4 years. Feel free to enter additional information as pertinent.

**You should NOT enter your current affiliation below.**

Affiliation	Affiliation Type	Role/Title	Start Date	End Date	Primary Gender	Primary Age
No Affiliation Details found.						

Problems with creating your accounts? E-mail [indoorhp@usav.org](mailto:indoorhp@usav.org)

Previous Next Finish

**Step 4 - Finish Account Creation:** Complete the account creation process by selecting a username and password for your account. Be sure to follow all of the rules for creating your password. We suggest you write down your username and password or store it somewhere safe so you can look back at it if needed. After you have created a username and password click on the Finish tab in the lower right hand corner of the screen.

The screenshot shows the 'Finish' tab selected in a navigation bar. Below the navigation bar, the user's details are displayed: Name: hubbard, sam; Gender: Male; Member Type: Athlete. A thank you message follows, along with instructions to fill out the fields below and click the Finish button. The fields are: User Name, Password, and Confirm Password. Below the fields, there are two sections of rules: 'User ID should adhere to the following rules' and 'Passwords should adhere to the following rules'. At the bottom right, there are three buttons: Previous, Next, and Finish.

Once you have created your Username and Password you will see the following message letting you know that you have successfully created an account with Ex3. To login, click "Click here to login".

Member Registered successfully  
[Click here to login.](#)

This will take you back to the login page where you will enter the username and password that you just created. After you successfully login you will be taken to the page below.

The screenshot shows the USA Volleyball login page. It features a header with the USA Volleyball logo. Below the header, there are two input fields: Username and Password. A Login button is positioned to the right of the Password field. Below the input fields, there is a message: "You will be locked out of your account after 3 missed attempts. If you are unsure of your password please click the Password Reminder link below." Below this message, there are two links: Password Reminder and Contact Us.

***Congratulations, you have successfully created your new USA Volleyball High Performance Ex3 account.***

*When you login to your account, you will now be able to see the main options at the bottom of the Home page. Sign up for Tryouts or Submit your Summer Program Availability: <https://SSIP.Ex3host.com/usav/login/login.aspx#>*

**USA Volleyball** SPORTS SCIENCE INFORMATION PLATFORM **Ex3**

**MY OPTIONS** ▾  
Members ▾  
Discount ▾  
Teams ▾  
Events ▾  
Inventory ▾  
Reports ▾  
Assessments ▾  
Administration ▾  
Help ▾  
Contact us ▾  
LOGOUT ▾

**System Broadcast Message**

Welcome to the USA Volleyball High Performance National Teams Registration Database!

2016 USA Volleyball High Performance Tryout registration is OPEN! Please click the link below to get started.

Thank you for your participation in USAV HP National Team Programs, and GO USA!

**USA Volleyball**  
**High Performance**

**Kassidi Gilgenast, Welcome to Ex3® SSIP - USAV**

[Click Here To Sign up For Tryouts](#)

[Click Here To Submit Summer Program Availability](#)

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