

## Step-by-Step Instructions: Sign-up to Volunteer at a High Performance Tryout

**Step 1:** Login to your Ex3 account:

<https://SSIP.Ex3host.com/usav/login/login.aspx#>

**Step 2:** If you have not yet created an account, follow this link for instructions on how to do that:

[Create an Account in Ex3](#)

**Step 3:** You will then be brought to the Ex3 Homepage where you will be able to click on "Click here to Sign up for Tryouts."

USA Volleyball

SPORTS SCIENCE INFORMATION PLATFORM Ex3

MY OPTIONS  
Reports  
Help  
Contact us  
LOGOUT

System Broadcast Message

Welcome to the USA Volleyball High Performance Registration Database!

Registration for 2015 High Performance Tryouts is OPEN!  
Please click "Click here to Register for High Performance Tryouts" to register for your choice of tryout.

Go USA!

USA Volleyball  
High Performance

Judy Sheldon, Welcome to Ex3® SSIP - USAV

[Click Here To Sign up For Tryouts](#)

[Click Here To Submit Summer Program Availability](#)

Powered By E3 Technologies

©1995-2014 - Efficient Enterprise Engineering, Inc.  
Legal Stuff

**Step 4 – Tryout Sign-ups:** After you click on the sign-up link, you will be able to view the list of available events. Here you will select the tryouts that you plan to attend. Select each tryout that you will attend, then click Next to continue.

*\*Note: Signing up for a tryout indicates that you will be in attendance, no selection or invitation is required. Coaches of all levels are invited to offer assistance on-site as administrators, court coaches and evaluators.*

**Tryout Signups** Selected Tryouts

**Coach Tryout Signups**

Person Name : SHELDON, Judy Ex3 ID : \*\*\*\*\*13  
Gender : Female Date of Birth : 01/01/1995  
Coach

**FOR VOLUNTEERING TO WORK AT USA VOLLEYBALL HIGH PERFORMANCE TRYOUTS!**

a tryout is your confirmation that you WILL attend that tryout. USAV High Performance staff will contact you within two weeks of each tryout for which you register to communicate logistics, however you should plan your travel now to accommodate working the tryouts for which you register.

Please select the tryouts you will attend.

List of Available Events : [5]

Event Name	City	State	Start Date - End Date	Facility	Price(\$)
2015 Girls' Tryout - Tempe, AZ 3/22	Tempe	Arizona	03/22/2015 16:00 - 03/22/2015 20:00	Court One Athletics	65
2015 Girls' Tryout - Dallas, TX 4/10	Dallas	Texas	04/10/2015 16:00 - 04/10/2015 20:00	Dallas Convention Center	65
2015 Girls' Tryout - Spokane, WA 3/26	Spokane	Washington	03/26/2015 16:00 - 03/26/2015 20:00	Spokane Convention Center	65
2015 Girls' Tryout - Philadelphia, PA 4/2	Philadelphia	Pennsylvania	04/02/2015 16:00 - 04/02/2015 20:00	Pennsylvania Convention Center Philadelphia	65
2015 Girls' Tryout - Los Angeles, CA 4/13	Los Angeles	California	04/13/2015 16:00 - 04/13/2015 20:00	Los Angeles Convention Center	65

b) Click Next to continue with registration.

Previous **Next** Finish

**Step 5 – Submit Gear Information:** You will be prompted to submit your gear and size information for a tryout t-shirt and tryout polo. Note that you **MUST select “Update Gear Info”** for each item before continuing.

Tryout Signups   **Gear Information**   Selected Tryouts

**Coach Tryouts Gear Information**

Person Name : GILGENAST, Kassidi      Ex3 ID : RM1339146FR16  
Gender : Female      Date of Birth : 09/29/1989  
Member Type : Coach

Instruction

Please select your Gear Sizes from the options below.

1. Select the item to highlight it.
2. Select the information that denotes your preference from the drop-down menus.
3. Select "UPDATE GEAR INFO" on the lower right to save your selections.
4. Once you have updated all available items, click Next.

List of Gear Type : [2]

Gear Type	Gear Brand	Gear Gender	Gear Size
Coaches' Tryout T-Shirt	Non-Branded	Men's	Medium
Coaches' Tryout Polo	Mizuno	Women's	Medium

Gear Brand: <<Select Gear Brand>> ▼  
Gear Gender: <<Select Gear Gender>> ▼  
Gear Size: <<Select Gear Size>> ▼

**Update Gear Info**

Previous   Next   Finish

**Step 6 – Selected Tryouts:** On the next screen for your Selected Tryouts, review the tryouts that you have indicated that you will attend and verify that the information is correct. If you selected more than one tryout, there will be a scroll bar on the right that will allow you to see all the tryouts for which you signed up.

If you have any important information that you need to include, please type that information into the box for each tryout you will attend. When all the information has been entered, click Finish.

The screenshot displays a web application interface for 'Coach Tryouts Selected Events'. At the top, there are two tabs: 'Tryout Signups' and 'Selected Tryouts', with the latter being active. Below the tabs, the user's profile information is shown: Person Name: SHELDON, Judy; Gender: Female; Member Type: Coach; Ex3 ID: \*\*\*\*\*13; Date of Birth: 01/01/1995. The main section is titled 'You have selected:' and contains a scrollable list of tryouts. The first tryout is '2015 Girls' Tryout - Tempe, AZ 3/22' with a start date of 03/22/2015 16:00 and an end date of 03/22/2015 20:00. Its location details are: Facility: Court One Athletics, Address: 9100 S McKeny St, City: Tempe, State: Arizona, Zip Code: 85284, and Phone: (541)-350-3799. Below the location details is a text box for providing availability information. The second tryout is '2015 Girls' Tryout - Spokane, WA 3/26' with a start date of 03/26/2015 16:00 and an end date of 03/26/2015 20:00. Its location details are: Facility: Spokane Convention Center, Address: Spokane, City: Spokane, State: Washington, Zip Code: (541)-350-3799, and Phone: (541)-350-3799. Below the location details is another text box for providing availability information. At the bottom of the interface, there are three buttons: 'Previous', 'Next', and 'Finish'. Two red callout boxes with white text provide instructions: 'a) Enter any pertinent information about your attendance at each tryout that you will attend.' pointing to the text boxes, and 'b) Click Finish to confirm your registration.' pointing to the 'Finish' button.

a) Enter any pertinent information about your attendance at each tryout that you will attend.

b) Click Finish to confirm your registration.

**Step 7- Confirmation:** You are now signed up for your selected tryouts! You will receive an e-mail confirmation listing the tryout that you have signed up for.

**Thank You**

Thank you for registering to volunteer for the following USAV Volleyball High Performance Tryout :  
An e-mail confirmation has been sent to denise.sheldon@usav.org

<b>Event Name :</b>	2015 Girls' Tryout - Tempe, AZ 3/22	<b>Court One Athletics</b>
<b>Facility :</b>	Court One Athletics	<b>State :</b> Arizona
<b>Address :</b>	9100 S McKemy St	<b>Zip Code :</b> 85284
<b>City :</b>	Tempe	<b>Phone :</b> <a href="#">View Tryout Location</a>

  

<b>Event Name :</b>	2015 Girls' Tryout - Spokane, WA 3/26	<b>Spokane Convention Center</b>
<b>Facility :</b>	Spokane Convention Center	<b>State :</b> Washington
<b>Address :</b>		<b>Zip Code :</b>
<b>City :</b>	Spokane	<b>Phone :</b> (541)-350-3799 <a href="#">View Tryout Location</a>

  

<b>Event Name :</b>	2015 Girls' Tryout - Philadelphia, PA 4/2	<b>Pennsylvania Convention Center - Philadelphia</b>
<b>Facility :</b>	Pennsylvania Convention Center - Philadelphia	<b>State :</b> Pennsylvania
<b>Address :</b>	1101 Arch St	<b>Zip Code :</b> 19107

[Please click here to return to the home Page](#)

**Update Your Tryout Availability:** To update your availability if you are no longer able to attend a tryout, select “MY OPITIONS” on the far left of your screen, and then click on “My Tryout Signups.”

**USA Volleyball** SPORTS SCIENCE INFORMATION PLATFORM **Ex3**

**MY OPTIONS**

- My Profile
- My Password
- My Events
- My Teams
- My Assessments
- My Tryout Signups
- My Program Availability

Reports

Help

Contact us

LOGOUT

**System Broadcast Message**

Welcome to the USA Volleyball High Performance Registration Database!

Registration for 2015 High Performance Tryouts is OPEN!  
Please click "Click here to Register for High Performance Tryouts" to register for your choice of tryout.

Go USA!

**USA Volleyball**  
**High Performance**

**Judy Sheldon, Welcome to Ex3® SSIP - USAV**

[Click Here To Sign up For Tryouts](#)

[Click Here To Submit Summer Program Availability](#)

Powered By **Ex3** Technologies

©1995-2014 - Efficient Enterprise Engineering, Inc.  
Legal Stuff

**Update Availability – My Tryout Signups:** This screen allows you to see the tryouts you have signed up for and all the tryouts that are still available. If you would like to cancel your registration and remove yourself from a tryout, click on the tryout you want to drop, then click Select.

**My Tryout Signups**

Person Name : SHELDON, Judy      Ex3 ID : \*  
 Gender : Female      Date of Birth : 0  
 Member Type : Coach

a) Select the tryout you want to drop.

List of Tryouts I Have Signed Up For : [3]

Event Name	City	State	Facility	Start Date	End Date
2015 Girls' Tryout - Tempe, AZ 3/22	Tempe	Arizona	Court One Athletics	03/22/2015 16:00	03/22/2015 20:00
2015 Girls' Tryout - Spokane, WA 3/26	Spokane	Washington	Spokane Convention Center	03/26/2015 16:00	03/26/2015 20:00
2015 Girls' Tryout - Philadelphia, PA 4/2	Philadelphia	Pennsylvania	Pennsylvania Convention Center - Philadelphia	04/02/2015 16:00	04/02/2015 20:00

b) Click Select

List of Available Tryouts I Can Sign Up For : [2]

Event Name	City	State	Facility	Start Date	End Date
2015 Girls' Tryout - Dallas, TX 4/10	Dallas	Texas	Dallas Convention Center	04/10/2015 16:00	04/10/2015 20:00
2015 Girls' Tryout - Los Angeles, CA 4/13	Los Angeles	California	Los Angeles Convention Center	04/13/2015 16:00	04/13/2015 20:00

A pop-up will appear. Change the drop-down selection to **"I am not available"**, then select **"Save"**.

**My Tryout Signups**

Person Name : SHELDON, Judy  
 Gender : Female  
 Member Type : Coach

**Edit Availability** [X]

List of Selected Tryouts : [1]

Event Name	City	State	Facility	Start Date	End Date
2015 Girls' Tryout - Spokane, WA 3/26	Spokane	Washington	Spokane Convention Center	03/26/2015 16:00	03/26/2015 20:00

Change Availability : I am available ▼

Change drop down, then click Save

List of Available Tryouts I Can Sign Up For : [2]