



U.S. Paralympics Swimming

FREE INTRO PARA SWIM CLINIC

FOR ATHLETES, COACHES & PARENTS:

Pacific Lutheran University

Date: Saturday, June 6, 2020

Location: PLU Campus Pool

Address: 12180 Park Ave, S

Tacoma, WA 98444

[https://www.plu.edu/map/?](https://www.plu.edu/map/)

Schedule:

Registration: 9:00 am

Classroom : 9:30-11:30 am

Lunch Break: 11:30-12:30 pm

Pool Sessions: 12:30-2:30 pm

Learn about the classification process. How to coach and adapt to specific sport class needs. Pool demonstrations, including stroke, start, and turn options. Drills and skills in and out of the pool. How to adapt training concepts to fit different sport class needs. What opportunities exist within U.S. Paralympics Swimming.

[Register to attend this event](#) or enter link in browser:

<https://www.signupgenius.com/go/60b0948aba929a2fa7-seattle>

For more information and resources on para-swimming VISIT:

<https://www.teamusa.org/us-paralympics/sports/swimming/camps-and-clinics>