



USSPEEDSKATING PRESS RELEASE

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USS and USARS Host Inline-to-Ice Camp

Invitation-only camp invites inline speed skaters to skate on Olympic ice

KEARNS, Utah – Oct. 22, 2018. What happens when you get a dozen world and national inline champions on the ice at the Utah Olympic Oval? You get the chance to see the next group of potential Olympians. On Oct. 19-21, US Speedskating (USS) and USA Roller Sports (USARS) held a Crossover Camp to allow inline speed skaters to train on Olympic ice.

Bringing the two entities together to share knowledge and opportunities for athletes will strengthen speed skating in the United States, across all disciplines on the ice and road. “I did camps out here with Derek [Parra] in the early 2000s,” said Kelly Springer, USARS Coach. “I make sure my skaters get one day on the ice every week. Dutch skaters have had to compete in both inline and ice for years. I’m glad to see the USA finally doing something like this.”

Professional inline speed skaters like Zach Stoppelmoor, Aiden Brown, Jazzmyn Foster, Sabien Tinson and Herbie Harbison were invited to practice long and short track drills (led by three-time Olympian Mitch Whitmore), did dryland workouts and tried out the customized inline treadmill to work on technique. USS staff gave presentations on injury prevention, deliberate practice, mindfulness and attentional focus, to give the skaters both physical and mental exercises.

Many speed skating Olympians started with inline skating, including Joey Mantia, Brittany Bowe, Kimani Griffin and Erin Jackson. Several inline skaters who took part in the camp expressed their desire to skate for an Olympic team. “We want to make you better at skating, ice or inline. We win both ways,” Whitmore said.

Skating on long track ice, using clap skates, for the first time, was difficult at first, but within 30 minutes skaters had settled into position and were taking the turns like pros. “I liked the sprints drills on the long track,” said inline skater Jessica Brooks, “but the straightaways have been really hard.”

“It’s been a good experience,” said inline national champion Herbie Harbison. “It’s definitely hard starting from zero and learning new things.”

USARS hosts an ice-to-inline camp at the US Olympic Training Center Velodrome in Colorado Springs, April 4-7, 2019.

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About US Speedskating

From Pond to Podium, we are US Speedskating. We grow and nurture a sport where all ages can experience the thrill of speed and the camaraderie of the skating community. US Speedskating is responsible for the development of speed skating from grassroots to the highest elite racing programs. US Speedskating is recognized by the United States Olympic Committee and the International Skating Union as the governing body for the sport of speed skating in the United States. The Organization has won 88 Olympic medals to-date, making it one of the most successful sports in U.S. Olympic history. US Speedskating is a 501(c)3 non-profit organization. Follow us on [Twitter](#), [Instagram](#), on [Facebook](#) and at www.usspeedskating.org.