



U S S P E E D S K A T I N G

LONG TRACK



LONG TRACK BASICS

Long track Speedskating has been an Olympic event for men since 1924, with the women's event joining in at the 1960 Olympic Games. Originally, skaters raced "pack style" events on an outdoor 400-meter oval. Competition was in a single lane, with competitors making turns in the counter clockwise direction. This made for fast and exciting races, with each competitor jockeying for position on the ice around each turn, concluding in a final field sprint at the end of the race. As the sport evolved, skaters continue to skate in the original counterclockwise direction but with technological advancements in equipment, racing suits, and ice arenas, today's athletes exceed speeds over 40 miles per hour. Skaters race each other in separate lanes at and although visually, the race looks like it puts skater against skater; the two competitors are not racing each other, but rather the clock.

THE RULES

Skaters compete in separate lanes; each lane is divided by snow or markers. The inside lane is shorter than the outside lane. In order for each racer to skate the same distance they must change lanes during each lap at the crossover point in the backstretch. The skater crossing the outer lane to the inner lane has the right of way, since he would have opened a large lead to arrive at the cross-over earlier than his opponent in the shorter inner curve.

Any collision with or obstruction of an opponent during the cross-over can result in a disqualification of the offender and a chance to re-skate by the injured party. When entering a curve, the skater may not cross the lane markers, though referees usually permit the skater to nick the lane markers with his or her left foot.

Skaters compete in several heats called "pairs." However, unlike in other sports, winning the "pair" does not necessarily mean the skater will move up to another "bracket," "place," or have won the event. The winner of the event is actually determined strictly on time. The fastest competitor of the day wins the event, no matter what final pair they competed in. Pairs and lane assignments are determined by a drawing conducted before the event. Names are drawn two at a time from each seeding pool, forming a pair. Each pair skates in the order in which it was drawn.

THE START

Skaters start either side-by-side or staggered, depending on the distance of the race. The 500 meter and 10,000 meter are side-by-side starts, and the rest are all staggered. The skater starting in the inner track wears a white armband; the skater in the outer lane wears a red armband. When the starter orders "go to the start," both skaters move to the area between the pre-starting line and the starting line. At the word "ready," both skaters assume their exact starting positions, holding them until the starter fires the gun. The group is allowed one warning for a false start before disqualification.

The first false start will be given to both skaters, no matter who is at fault. This is a relatively new rule that was created in an effort to reduce false starts. If a skater has another false start they will be disqualified and the remaining skater of the pair skates alone.

THE FINISH

A skater has completed the distance when he or she has touched or reached the finish line with his or her skates, as recorded by an electric eye beam. The winner for each event is the skater with the lowest time, measured to 1/100th of a second, after all the pairs have raced. If two skaters tie, they shall be judged as tied - no deciding heats or tiebreakers are allowed.

DISQUALIFICATION

A skater can be disqualified for the following infractions:

- Failure to appear promptly at the start.
- Two false starts.
- Crossing lane markers while in the curves. Subject to the ruling from the referee.
- Failure to change lanes in the crossing area.



LONG TRACK BASICS

- Interfering with an opponent when changing lanes. Subject to ruling from the referee.
- Interfering with an opponent when passing or being passed. Usually occurs in the quartet starts.

FALLS

Skaters who fall during the course of a race are allowed to get up and continue for distances less than 10,000 or 5,000 meters. If a skater falls before the finish line, the time is taken when the skater's skate crosses the finish line, even if the skater is out of his or her lane.

THE DISTANCES

Men's/Women's 500 meter

Start: Side by side. Located at the beginning of the finish straight section of the track.

Distance: 1.25 laps.

Men's/Women's 1,000 meter

Start: Staggered, located in the middle of the backstretch-crossover straight section.

Distance: 2.5 laps, finishing the middle of the final straight.

Men's/Women's 1,500 meter

Start: Staggered, located at the start of the backstretch-crossover straight section of the track.

Distance: 3.75 laps, finishing at the end of the finish straight.

Women's/Junior Men 3,000 meter

Start: Staggered, located at the end of the backstretch-crossover straight section of the track.

Distance: Seven-and-one-half laps, finishing at the end of the finish straight.

Men's/Women's 5,000 meter

Start: Staggered, located at the end of the backstretch-crossover straight section of the track.

Distance: Twelve-and-one-half laps, finishing at the end of the finish straight.

Men's 10,000 meter

Start: This is the same place as the finish, located at the end of the start/finish straight.

Distance: Twenty-five laps.

Team Pursuit

This event began as an exhibition event in 2003 at World Cup events and was first introduced at the 1997 World Junior Championships. It became an Olympic event at the Torino Winter Games in 2006. One nation of three skaters race against another nation's three skaters in a single lane, beginning at opposite sides of the track. Men race eight laps, ladies race six laps. The finish time is when the third person crosses the finish line. Five skaters total may be named to the Pursuit team.

Mass Start

The Mass Start will make its Olympic debut at the Olympic Winter Games PyeongChang 2018. The race is a 'pack style,' 16-lap race with four sprint laps where points are awarded. The first three athletes to cross the finish line end up on the podium, while the other skaters are ranked based on points awarded during the sprints. The Mass Start was introduced to the World Cup circuit during the 2011-12 season.



2017-18 LONG TRACK WORLD CUP TEAM



Petra
ACKER



Heather
BERGSMA



Brittany
BOWE



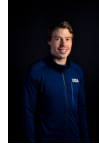
Shani
DAVIS



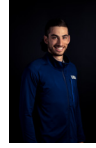
Jonathan
GARCIA



Kelly
GUNTHER



Brian
HANSEN



Emery
LEHMAN



Mia
MANGANELLO



Joey
MANTIA



Carlijn
SCHOUTENS



Paige
SCHWARTZBURG



Jeffrey
SWIDER-PELTZ



Sugar
TODD



Mitch
WHITMORE



Tom
CUSHMAN



Matt
KOOREMAN



Petra Acker

Birthday: May 6, 1993
Hometown: Saratoga Springs, NY
Height: 6-0

PERSONAL BESTS

500m: 41.03 (01/03/11 - Salt Lake City)
1000m: 1:17.95 (10/07/17 - Salt Lake City)
1500m: 1:59.05 (12/31/13 - Salt Lake City)
3000m: 4:07.85 (11/26/16 - Calgary)
5000m: 7:18.44 (10/14/17 - Salt Lake City)

WORLD CHAMPIONSHIPS

- 2016-17 World Single Distances Championships - Team Pursuit 6th
- 2012-13 World Allround Championships - 3000m 21st; 1500m 21st; 500m 24th; 22nd overall
- 2011-12 World Junior Championships - 1500m 13th; 1000m 15th; 3000m 15th; 500m 23rd; 16th overall
- 2010-11 World Junior Championships - 1500m 16th; 3000m 17th; 1000m 21st; 500m 32nd; 16th overall
- 2009-10 World Junior Championships

OTHER CAREER HIGHLIGHTS

- 2017-18 Long Track World Cup Team
- 2017-18 Long Track National Training Program
- 2017-18 Long Track National Training Program
- 2016-17 Long Track World Cup Team
- 2013-14 Long Track World Cup Team
- 2012-13 Long Track World Cup Team



Heather Bergsma

Birthdate: March 20, 1989
Hometown: High Point, NC
Height: 5-10

PERSONAL BESTS	
500m:	36.90 (11/16/13 - Salt Lake City)
1000m:	1:12.28 (02/26/17 - Calgary)
1500m:	1:50.85 (11/21/15 - Salt Lake City)
3000m:	4:05.00 (03/07/15 - Calgary)
5000m:	7:20.27 (03/08/15 - Calgary)

OLYMPICS

- 2014 Sochi - Team Pursuit 6th; 1000m 7th; 1500m 7th; 500m 8th
- 2010 Vancouver - 500m 6th; 1000m 9th; 1500m 16th

WORLD CHAMPIONSHIPS

- 2016-17 - World Sprint Championships - 1000m gold; 500m bronze; 1000m bronze; 500m 5th; silver overall
- 2016-17 - World Single Distances Championships - 1000m gold; 1500m gold; 500m 8th
- 2015-16 - World Sprint Championships - 500m silver; 1000m silver; 500m bronze; 1000m bronze; silver overall
- 2015-16 - World Single Distances Championships - 1000m silver; 1500m silver; 500m bronze; 500m 5th
- 2014-15 - World Allround Championships - 500m gold; 1500m silver; 5000m 7th; 3000m 9th; 4th overall
- 2014-15 - World Sprint Championships - 500m silver (x2); 1000m silver (x2); silver overall
- 2014-15 - World Single Distances Championships - 500m gold (x2); 1000m silver; 1500m bronze
- World Sprint Championships - 2009, 2011, 2012, 2013
- World Single Distances Championships - 2008, 2009, 2011, 2012, 2013, 2014

OTHER CAREER HIGHLIGHTS

- 2017-18 World Cup Calgary - 1000m gold
- 2017-18 World Cup Stavanger - 1500m silver, 1000m bronze
- 2016-17 World Cup Grand Champion, and 1000m and 1500m overall Champion
- 2016-17 U.S. Long Track National Sprint Champion
- 2016-17 World Cup 12-time medalist - 9 gold
- World Cup 500m 34-time medalist; 1000m 36-time medalist; 1500m 15-time medalist
- 2015-16 World Cup season - 18-time medalist - 3 gold, 9 silver, 6 bronze
- 2013-14 and 2014-15 World Cup Grand Champion
- 2012-13 World Cup 1000m overall Champion, and 10-time medalist - 4 gold, 5 silver, 1 bronze
- 2011-12 World Cup six-time medalist - 1 gold, 2 silver, 3 bronze
- 2010-11 World Cup 1000m overall Champion, and eight-time medalist - 2 gold, 3 silver, 3 bronze

PERSONAL

Favorite food is Chick-Fil-A...Wants to go to dental school after speedskating...Plays volleyball and softball

Career World Cup Medals				
Distance	1st	2nd	3rd	Total
500 Meters	6	12	16	34
1000 Meters	21	11	4	36
1500 Meters	7	7	1	15
Total (Individual)	34	30	21	85
Team Pursuit	0	0	1	1



BRITTANY BOWE

Birthdate: February 24, 1988
Hometown: Ocala, FL
Height: 5-7

PERSONAL BESTS

500m: 37.03 (11/20/15 - Salt Lake City)
1000m: 1:12.18 (11/22/15 - Salt Lake City)
1500m: 1:51.31 (11/21/15 - Salt Lake City)
3000m: 4:13.99 (11/2/12 - Milwaukee)

OLYMPICS

- 2014 Sochi Olympic Winter Games - Team Pursuit 6th; 1000m 8th; 500m 13th; 1500m 14th

WORLD CHAMPIONSHIPS

- 2015-16 World Sprint Championships - overall gold
- 2015-16 World Single Distances Championships - 500m silver; 1000m bronze; 1500m bronze
- 2014-15 World Sprint Championships - overall gold
- 2014-15 World Single Distances Championships - 1000m gold; 1500m gold; 500m silver
- 2012-13 World Single Distances Championships - 1000m bronze; 500m 14th

OTHER CAREER HIGHLIGHTS

- 2017-18 Long Track World Cup Team
- 2017-18 Long Track National Training Program
- 2016 World Cup Heerenveen - 1000m bronze
- 2016-17 Missed a majority of the season due to concussion symptoms
- 2016-17 Long Track National Training Program
- 2015-16 World Cup season 20-time medalist - 10 gold
- 2014-15 World Cup season 12-time medalist - 4 gold
- 2013-14 World Cup season 11-time medalist - 2 gold
- 2012-13 U.S. Single Distance Long Track Championships - 1000m silver
- 2012-13 U.S. Single Distance Long Track Championships - 1500m silver
- 2012-13 World Cup overall - 1000m silver

PERSONAL

Played college basketball at Florida Atlantic University...Started speed skating in 2010 because she saw her friends from Inline who switched to ice and were competing in the 2010 Games... Enjoys going anywhere with water and sunshine...Was named an Academic All-American in college...Has 32 Inline World Championship medals ...Most memorable speed skating moment: 2015 World Championships...Favorite quote: "Practice doesn't make perfect, perfect makes perfect"... Favorite music: Electronic

Distance	1st	2nd	3rd	Total
500 Meters	2	6	3	11
1000 Meters	10	7	4	21
1500 Meters	5	6	1	12
Total (Individual)	17	19	8	44
Team Pursuit	0	0	1	1



Shani Davis

Birthday: August 13, 1982
Hometown: Chicago, IL
Height: 6-2

PERSONAL BESTS

500m: 34.78 (03/06/09 - Salt Lake City)
1000m: 1:06.42 (03/07/09 - Salt Lake City)
1500m: 1:41.04 (12/11/09 - Salt Lake City)
3000m: 3:41.43 (09/23/17 - Calgary)
5000m: 6:10.49 (03/18/06 - Calgary)
10000m: 13.05.94 (03/19/06 - Calgary)

OLYMPICS

- 2014 Olympic Winter Games - 1000m 8th; 1500m 11th; 500m 24th
- 2010 Olympic Winter Games - 1000m gold; 1500m silver; 5000m 12th
- 2006 Olympic Winter Games - 1000m gold; 1500m silver; 5000m 7th

WORLD CHAMPIONSHIPS

- World Champion - Four-time 1000m (2007, 2008, 2011, 2015)
- World Champion - Three-time 1500m (2004, 2007, 2009)
- World Sprint Champion - 2009
- World Allround Champion - Two-time (2005, 2006)

OTHER CAREER HIGHLIGHTS

- Ranks first in the Adelskalender (a ranking for long track speed skating based on skaters' all-time personal records for certain distances)
- Became all-time leader in World Cup points during the 2016-17 season
- 58-time World Cup gold medalist (40-time World Cup 1000m gold medalist, 18-time World Cup 1500m gold medalist)
- 2014 Grand World Cup Champion
- Six-time 1000m World Cup Champion (2006, 2008, 2009, 2010, 2012, 2014)
- Four-time 1500m World Cup Champion (2008, 2009, 2010, 2011)
- Two-time Oscar Mathison Award recipient (2005, 2006)
- Short Track and Long Track World Junior Team (2000, 2001, 2002)
- Five-time National Age Group Champion (1995, 1997, 1999, 2000, 2003)
- 1999 North American Champion
- 2012-13 World Cup overall - 1000m silver
- 2012-13 World Cup season - Three-time medalist

PERSONAL

Owns a World Passport

Career World Cup Medals

Distance	1st	2nd	3rd	Total
500 Meters	0	0	1	1
1000 Meters	40	11	3	54
1500 Meters	18	8	8	34
5000 Meters	0	0	1	1
Total (Individual)	58	19	13	90
Team Pursuit	3	3	2	7



Jonathan Garcia

Birthdate: December 14, 1986
Hometown: Houston, TX
Height: 5-7

PERSONAL BESTS

500m: 34.81 (12/03/17 - Calgary)
1000m: 1:07.40 (12/10/17 - Salt Lake City)
1500m: 1:45.99 (12/31/13 - Salt Lake City)
3000m: 3:56.91 (09/19/15 - Salt Lake City)

OLYMPICS

- 2014 Sochi Olympic Winter Games - 1000m 28th

WORLD CHAMPIONSHIPS

- 2016-17 World Sprint Championships - 1000m 4th; 1000m 6th; 500m 16th; 500m 18th; 11th overall
- 2016-17 World Single Distances Championships - 1000m 15th
- 2014-15 World Sprint Championships - 1000m 9th; 1000m 9th; 500m 16th; 500m 23rd; 10th overall
- 2014-15 World Single Distances Championships - 1000m 21st
- 2012-13 World Sprint Championships - 1000m 22nd; 500m 25th; 500m 29th; overall 27th

OTHER CAREER HIGHLIGHTS

- 2017-18 World Cup Stavanger - Team Sprint bronze
- 2017-18 Long Track World Cup Team
- 2017-18 Long Track National Training Program
- 2016-17 World Cup Heerenveen - Team Sprint gold
- 2016-17 Long Track National Training Program
- 2016-17 Long Track World Cup Team
- 2016-17 U.S. Long Track Championships - 500m (1) silver; 500m (2) silver; 1000m bronze
- 2015-16 Long Track National Training Program
- 2015-16 Long Track World Cup Team
- 2015-16 World Cup Calgary - Team Sprint silver
- 2014-15 Long Track Winter World Cup Team
- 2014-15 Long Track National Training Program
- 2014-15 Long Track World Cup Team
- 2013-14 Long Track National Training Program
- 2013-14 Long Track World Cup Team
- 2012-13 Long Track National Training Program
- 2012-13 Long Track World Cup Team
- Three-time Short Track AmCup Champion
- Three-time Short Track National Training Program

PERSONAL

Started speed skating when he was seven years old...Was inspired to start speed skating in 1994 when he saw Dan Jansen win the gold medal...Is a fan of the Houston Astros (MLB), Houston Texans (NFL), Houston Rockets (NBA), Real Salt Lake (MLS) and Arsenal (Soccer)...Plays guitar and loves going to concerts...Favorite quote: "Life moves pretty fast, if you don't stop and look around once in a while you could miss it."...Favorite food: Barbecue & Tex-Mex...Favorite band/music: Pearl Jam, Janes Addiction, Soundgarden, Bob Marley, Johnny Cash, Elvis, Michael Jackson, Black Crowes & A Tribe Called Quest

Career World Cup Medals

Distance	1st	2nd	3rd	Total
Team Sprint	1	1	1	3



Kimani Griffin

Birthday: July 2, 1990
Hometown: Winston-Salem, NC
Height: 6-2

PERSONAL BESTS

500m: 34.91 (12/08/17 - Salt Lake City)
1000m: 1:08.60 (11/17/17 - Calgary)
1500m: 1:47.74 (11/19/17 - Calgary)
3000m: 4:15.27 (02/18/17 - Salt Lake City)

OTHER CAREER HIGHLIGHTS

- 2017-18 Long Track National Training Program
- 2016-17 World Cup Heerenveen - Team Pursuit gold
- 2016-17 World Cup Berlin - 1000m 3rd B Division
- 2016-17 Long Track National Training Program
- 2016-17 Long Track World Cup Team
- 2015-16 Long Track National Training Program
- 2015-16 Long Track World Cup Team
- 2015-16 Canada Cup Final - 500m silver; 1000m bronze
- 2015-16 American Cup Final - 500m gold; 1000m silver
- 2014-15 Long Track National Training Program
- 2014-15 Long Track World Cup Team
- 2014-15 American Cup Final - 500m gold; 1000m gold
- 2013-14 American Cup Final - 500m gold; 1000m gold; 1000m silver
- 2012-13 American Cup Final - 500m gold; 1000m gold
- 2011-12 American Cup 2 - 1000m silver; 500m bronze
- 2010-11 Champions Challenge - 1000m silver

PERSONAL

Started skating inline at the age of seven...Became interested in skating when he saw the speed team practicing at his local rink when he was at a school party...He is his biggest fan and critic... Has two dogs named Sophie & Bull...Enjoys camping, hiking & traveling...He dances every time he cooks or cleans...Believes that putting shoes and or/hats on his bed is bad luck...Collects rocks, gems and minerals...Is a classically trained guitarist who has performed on PBS's "From the Top at Carnegie Hall"...Favorite place speed skating has taken him: Cali, Colombia...Favorite holiday tradition: Eating traditional Italian food at grandma's house for Christmas...Favorite quote: "The message is very simple. Think for yourself and question." -Lorin Ashton...Favorite food: Buffalo wings, donuts & pizza...Favorite band: Tipper

Career World Cup Medals

Distance	1st	2nd	3rd	Total
Team Pursuit	1	0	0	1



Kelly Gunther

Birthday: August 14, 1987
Hometown: Clinton Township, MI
Height: 5-5

PERSONAL BESTS

500m: 39.14 (11/05/11 - Salt Lake City)
1000m: 1:16.43 (12/29/13 - Salt Lake City)
1500m: 1:58.65 (10/27/13 - Salt Lake City)
3000m: 4:16.27 (11/02/12 - Milwaukee)
5000m: 7:43.77 (12/31/12 - Salt Lake City)

OLYMPICS

- 2014 Sochi Olympic Winter Games - 1000m 33rd

WORLD CHAMPIONSHIPS

- 2016-17 World Single Distances Championships - Team Pursuit 6th; 1000m 23rd; 1500m 24th
- 2015-16 World Allround Championships - 500m 15th; 1500m 21st; 3000m 23rd; 22nd overall

OTHER CAREER HIGHLIGHTS

- 2017-18 Long Track World Cup Team
- 2017-18 Long Track National Training Program
- 2016-17 Long Track National Training Program
- 2016-17 Long Track World Cup Team
- 2015-16 Long Track National Training Program
- 2015-16 Long Track World Cup Team
- 2014-15 Long Track AmCup Final - 500m gold; 1000m gold, 1500m gold
- 2014-15 Long Track AmCup 2 - 500m gold; 1000m gold; 1500m gold
- 2014-15 U.S. Long Track Championships - 1000m gold; 1500m silver; 500m 4th
- 2014-15 Long Track National Training Program
- 2014-15 Long Track World Cup Team
- 2013-14 Long Track National Training Program
- 2013-14 Long Track World Cup Team

PERSONAL

Started skating on rollerblades at the age of six...Has dreamed of going to the Olympics and winning a gold medal since she was a little girl...Has a black lab named Sochi...Has to tie her left skate first before she can get on the ice...Favorite quote: "You will get knocked down 100 times, but it's how many times you get up."...Favorite musician: Kenny Chesney



Brian Hansen

Birthdate: September 3, 1990
Hometown: Glenview, Ill.
Height: 6-0

PERSONAL BESTS

500m: 34.87 (12/28/13 - Salt Lake City)
1000m: 1:07.03 (11/16/13 - Salt Lake City)
1500m: 1:42.16 (11/15/13 - Salt Lake City)
3000m: 3:41.21 (10/07/17 - Salt Lake City)
5000m: 6:17.84 (11/10/13 - Calgary)
10000m: 13:19.60 (03/18/17 - Calgary)

OLYMPICS

- 2014 Olympic Winter Games - 1500m 7th; Team Pursuit 7th; 1000m 9th
- 2010 Olympic Winter Games - Team Pursuit silver; 1500m 18th

WORLD CHAMPIONSHIPS

- 2016-17 - World Single Distances Championships - 1500m 18th
- 2012-13 - World Single Distances Championships - 1500m 4th; 1000m 9th
- 2011-12 World Single Distances Championships - Team Pursuit silver; 1000m 14th; 1500m 17th; 5000m 18th
- 2010-11 - World Single Distances Championships - 5000m 13th
- 2010-11 World Allround Championships - 500m silver; 1500m bronze; 5000m 9th; 10000m 9th; 6th overall
- 2009-10 - World Junior Championships - 500m gold; 1500m gold; 5000m silver; 3000m bronze; silver overall
- 2009 World Single Distances Championships - Team Pursuit bronze; 5000m 19th
- 2007-08 World Junior Championships - 5000m silver; 500m bronze; 1500m 4th; 3000m 4th; bronze overall
- 2008-09 - World Allround Championships - 500m 7th; 1500m 16th; 5000m 19th; 16th overall
- 2007-08 - World Junior Championships - 500m 5th; 1500m 5th; 5000m 9th; 3000m 10th

OTHER CAREER HIGHLIGHTS

- 2017-18 Long Track World Cup Team
- 2016-17 Long Track National Sprint Team
- 2016-17 Long Track Fall World Cup Roster
- 2016-17 Long Track Winter World Cup Roster
- Nine-time World Cup individual medalist (2 gold, 1 silver, 6 bronze)
- Four-time World Cup Team Pursuit medalist (3 silver, 1 bronze)
- Member of the U.S. Long Track World Cup Team from 2009-2014

PERSONAL

Played hockey before getting into speedskating...Was a celebrity bell ringer for the Salvation Army...Favorite movie: Cool Runnings

Career World Cup Medals				
Distance	1st	2nd	3rd	Total
1000 Meters	1	0	3	4
1500 Meters	1	1	3	5
Total (Individual)	2	1	6	9
Team Pursuit	0	3	1	4



Emery Lehman

Birthdate: June 13, 1996
Hometown: Chicago, Ill.
Height: 6-0

PERSONAL BESTS

500m: 36.78 (03/18/17 - Calgary)
1000m: 1:11.15 (10/15/17 - Salt Lake City)
1500m: 1:46.22 (10/14/17 - Salt Lake City)
3000m: 3:46.09 (09/26//17 - Salt Lake City)
5000m: 6:18.03 (12/01/17 - Calgary)
10000m:13.22.77 (01/01/14 - Salt Lake City)

OLYMPICS

- 2014 Sochi Olympic Winter Games - 10000m 10th; 5000m 16th

WORLD CHAMPIONSHIPS

- 2014-15 World Junior Championships - 1500m bronze; 5000m bronze; 1000m 27th; 500m 37th; 5th overall
- 2013-14 World Junior Championships - 3000m bronze; 5000m bronze; 1500m 9th; 500m 40th; bronze overall
- 2012-13 World Single Distances Championships - 5000m 20th
- 2012-13 World Junior Championships - 5000m gold; 3000m bronze; 1500m 15th; 1000m 21st; 500m 42nd; 12th overall
- 2011-12 World Junior Championships - 3000m 5th; 5000m 5th; 1500m 15th; 1000m 21st; 500m 42nd; 18th overall
- 2010-11 World Junior Championships - 5000m 11th; 3000m 19th; 1500m 38th; 500m 50th; 18th overall

OTHER CAREER HIGHLIGHTS

- 2017-18 Long Track World Cup Team
- 2017-18 Long Track National Training Program
- 2016-17 Long Track World Cup Team
- 2015-16 AmCup 2 - 1500m silver
- 2014-15 U.S. Championships - 5000m gold; 1500m bronze
- 2014 U.S. Olympic Trials - 10000m gold; 5000m silver
- 2013-14 Long Track World Cup Team
- 2013-14 AmCup 1 - 5000m 3rd
- 2012-13 Long Track World Cup Team
- 2012-13 Long Track U.S. Speedskating Championships - 5000m gold; 10000m bronze
- 2012-13 U.S. Single Distance Championships/AmCup 1 - 5000m silver; 3000m bronze
- 2012-13 U.S. Junior Championships - 1500m gold; 3000m gold; 5000m gold
- 2011-12 Junior World Cup Obihiro - 3000m bronze

PERSONAL

Started speed skating at the age of nine...Is an Assistant Coach at West Allis Speed Skating Club...Studying Civil Engineering at Marquette University...Played hockey and lacrosse in high school...Is a fan of the Chicago Blackhawks (NHL), Chicago Bears (NFL), Chicago Bulls (NBA) and Chicago Cubs (NBA)...Looks up to Eric Heiden and Bo Jackson...Favorite place to travel for speed skating: The Netherlands...Favorite speed skating moment: Winning the 10k at the 2014 Olympic Trials...Favorite holiday: 4th of July...Favorite quote: "I hated every minute of training, but I said 'Don't quit. Suffer now and live the rest of your life as a champion.'" -Muhammad Ali...Favorite food: Lasagna...Favorite music: Oldies...Favorite movie: Miracle...Favorite TV Show: The Wire



Mia Manganello

Birthday: October 27, 1989
Hometown: Crestview, FL
Height: 5-8

PERSONAL BESTS

500m: 40.33 (12/26/09 - Salt Lake City)
1000m: 1:16.30 (10/07/17 - Salt Lake City)
1500m: 1:56.43 (01/07/17 - Salt Lake City)
3000m: 4:01.98 (01/06/17 - Salt Lake City)
5000m: 7:09.36 (01/07/17 - Salt Lake City)

WORLD CHAMPIONSHIPS

- 2016-17 World Single Distances Championships - 5000m 11th; 3000m 13th; 1500m 14th
- 2008-09 World Junior Championships - 500m 42nd; 1500m 48th
- 2007-08 World Junior Championships - 3000m 7th; 1500m 8th; 1000m 9th; 500m 21st
- 2006-07 World Junior Championships - 1500m 12th; 500m 17th; 1000m 18th; 3000m 19th
- 2005-06 World Junior Championships

OTHER CAREER HIGHLIGHTS

- 2017-18 Long Track World Cup Team
- 2017-18 Long Track National Training Program
- 2016-17 Long Track National Training Program
- 2016-17 Long Track World Cup Team
- 2015-16 AmCup Final - 1500m gold; 3000m gold
- 2015-16 Long Track National Championships - 3000m gold
- 2008-09 AmCup Final - 1500m silver; 3000m silver
- 2008-09 Long Track North American Championships - 1500m bronze
- 2008-09 Junior National Championships - 500m gold; 1000m gold; 1500m gold; 3000m gold
- 2007-08 Junior National Allround Championships - 1000m gold; 3000m gold; 1500m gold; 500m silver
- 2007-08 Junior National Sprint Championships - 1000m silver; 1000m bronze
- 2007-08 Long Track World Cup Team
- 2007-08 AmCup 1 - 1500m bronze
- 2006-07 Junior National Championships - 1000m gold; 1500m gold; 3000m gold; 500m silver

PERSONAL

Mia started inline skating when she was eight years old and decided to make the switch to ice so that she could chase the Olympic dream at the age of 13...After the 2010 Olympic Trials, Mia choose to take a break from speed skating and found a new passion for cycling where she raced professionally for five years...She returned to speed skating in early 2016 after realizing her love for the sport still remained...After skating she would love to pursue a career in the Culinary Arts... Her parents, Karen and Dominic, have owned an Italian Restaurant her entire life...Mia says, "There is nothing better then growing up in a kitchen. The lessons and responsibilities you learn are irreplaceable, with the greatest reward being the amount of pizza you get to eat"...As a returning athlete, she wants to cherish every moment and live her life by the following words: "If you can't stop thinking about it, don't stop working for it."

More: MiaManganello.com

Career World Cup Medals

Distance	1st	2nd	3rd	Total
Team Pursuit	0	0	1	1



Joey Mantia

Birthday: February 7, 1986
Hometown: Ocala, FL
Height: 5-10

PERSONAL BESTS

500m: 35:06 (12/28/13 - Salt Lake City)
1000m: 1:07.47 (11/21/15 - Salt Lake City)
1500m: 1:42.45 (11/20/15 - Salt Lake City)
3000m: 3:40.76 (12/30/16 - Salt Lake City)
5000m: 6:28.50 (03/14/12 - Calgary)
10000m: 13:54.13 (01/13/13 - Salt Lake City)

OLYMPICS

- 2014 Sochi Olympic Winter Games - Team Pursuit 7th; 1000m 15th; 1500m 22nd

WORLD CHAMPIONSHIPS

- 2016-17 World Single Distances Championships - Mass Start gold; 1500m 7th; 1000m 10th
- 2015-16 World Single Distances Championships - 1000m 12th
- 2015-16 World Sprint Championships - 1000m 9th; 1000m 11th; 500m 25th; 500m 28th
- 2014-15 World Single Distances Championships - 1000m 10th; 1500m 21st
- 2012-13 World Allround Championships - 500 15th; 1500m 21st; 5000m 23rd

OTHER CAREER HIGHLIGHTS

- 2017-18 World Cup Heerenveen - Mass Start silver
- 2017-18 World Cup Stavanger - 1500m silver, Team Sprint bronze
- 2017-18 Long Track World Cup Team
- 2017-18 Long Track National Training Program
- 2016-17 World Cup Nagano - 1500m gold
- 2016-17 World Cup Astana - 1500m bronze
- 2016-17 World Cup Heerenveen - Mass Start gold
- 2016-17 Long Track National Training Program
- 2016-17 Long Track World Cup Team
- 2015-16 World Cup Calgary - Team Sprint silver, 1500m bronze
- 2015-16 World Cup Salt Lake City - 1500m silver
- 2015-16 World Cup Inzell - 1500m bronze
- 2015-16 World Cup Heerenveen - 1500m gold
- 2015-16 Long Track National Training Program
- 2015-16 Long Track World Cup Team
- 2013-14 World Cup Berlin - 1500m gold

PERSONAL

In inline speedskating, won 28 World Championships titles, three Pan American Games titles, 15 World Cup gold medals, 12 Junior World titles, and more than 90 national titles...Hobbies include riding motorcycles

Career World Cup Medals

Distance	1st	2nd	3rd	Total
500 Meters	0	0	0	0
1000 Meters	0	0	0	0
1500 Meters	3	2	3	8
Mass Start	1	1	0	1
Total (Individual)	4	3	3	9
Team Sprint	0	1	1	2



Ian Quinn

Birthday: July 21, 1993
Hometown: St. Louis, MO
Height: 5-8

PERSONAL BESTS

500m: 37.23 (11/19/17 - Calgary)
1000m: 1:12.99 (11/11/17 - Salt Lake City)
1500m: 1:48.10 (11/19/17 - Calgary)
3000m: 3:52.57 (09/19/15 - Salt Lake City)
5000m: 6:28.06 (12/10/17 - Salt Lake City)
10000m: 13:36.22 (03/19/16 - Calgary)

WORLD CHAMPIONSHIPS

- 2012-13 Junior World Short Track Championships - 3000m relay 4th; 1500m 27th; 500m 29th; 1000m 47th; 31st overall

OTHER CAREER HIGHLIGHTS

- 2017-18 Long Track National Training Program
- 2016-17 Long Track National Training Program
- 2016-17 Long Track World Cup Team
- 2015-16 Long Track World Cup Team
- 2015-16 Long Track National Training Program
- 2015-16 Canada Cup - 10000m bronze
- 2015-16 American Cup Final - 5000m gold; 1500m bronze
- 2014-15 American Cup Final - 5000m silver
- 2014-15 CanAm International - 5000m bronze
- University Games Short Track Team Member

PERSONAL

Started skating when he was eight years old...Was also involved in golf, cross country, and track growing up...Is a fan of the St. Louis Cardinals (MLB) and St. Louis Blues (NHL)...Favorite place that speed skating has taken him: Spain...Favorite holiday tradition: Eating his mom's chili on Halloween...Favorite quote: "Hurt now, win later."...Favorite food: Curry



Carlijn Schoutens

Birthdate: December 12, 1994
Hometown: Heemstede, NL.
Height: 5-5

PERSONAL BESTS

500m: 41.33 (03/17/17 - Calgary)
1000m: 1:19.51 (10/15/17 - Salt Lake City)
1500m: 1:59.97 (03/19/17 - Calgary)
3000m: 4:05.54 (12/10/17 - Salt Lake City)
5000m: 7:06.94 (10/14/17 - Salt Lake City)

WORLD CHAMPIONSHIPS

- 2016-17 World Allround Championships - 3000m 21st; 500m 23rd; 1500m 23rd

OTHER CAREER HIGHLIGHTS

- 2017-18 Long Track World Cup Team
- 2017-18 Long Track National Training Program
- 2016-17 Long Track National Training Program
- 2016-17 Long Track World Cup Team
- 2015-16 Long Track National Training Program
- 2015-16 Long Track National Championships - 5000m gold
- 2015-16 AmCup 2 - 1500m silver; 3000m silver
- 2014-15 Long Track World Cup Team
- 2014-15 Long Track National Championships - 5000m gold; 3000m silver; 1500m bronze; Allround gold
- 2014-15 AmCup Final - 3000m gold
- 2012-13 NSK Allround - 1500m bronze; 3000m bronze

PERSONAL

Will become a doctor after speed skating and possibly focus on sports medicine...Learned to speed skate in her home country - the Netherlands...Skated with the Netherlands in the beginning of her career and came to Team USA in 2014, as she was born in the United States...Plays the violin...Enjoys playing board and card games...She loves hard workouts and is almost always happy when she is training...Favorite speed skating moment: Dan Jansen's gold medal race...Favorite quote: "The road to success is always under construction."...Favorite band: R.E.M...Favorite sports idols: Shani Davis & Eric Heiden



Paige Schwartzburg

Birthday: July 20, 1990
Hometown: Ocala, FL
Height: 5-4

PERSONAL BESTS

500m: 38:97 (03/11/17 - Salt Lake City)
1000m: 1:16.55 (03/18/17 - Calgary)
1500m: 1:57.36 (03/19/17 - Calgary)
3000m: 4:15.99 (08/26/17 - Salt Lake City)

WORLD CHAMPIONSHIPS

- 2015-16 World Single Distances Championships - Mass Start 17th

OTHER CAREER HIGHLIGHTS

- 2017-18 Long Track World Cup Team
- 2017-18 Long Track National Training Program
- 2016-17 Long Track National Training Program
- 2016-17 Long Track World Cup Team
- 2015-16 Long Track World Cup Team
- 2015-16 Long Track National Training Program
- 2015-16 Long Track Championships - 1500m gold; 500m bronze
- 2014-15 AmCup Final - 1000m silver; 1500m silver; 500m bronze
- 2014-15 AmCup 2 - 500m silver; 1000m silver; 1500m silver
- 2014-15 AmCup 1 - 1000m gold; 500m silver; 1500m silver
- 2014-15 CanAm International: 500m silver; 1000m silver
- 2013-14 AmCup Final - 500m gold; 1000m gold; 1500m gold
- 2013-14 AmCup 2 - 500m gold; 1000m gold; 500m silver; 1500m silver
- 2011-12 AmCup 2 - 500m silver; 500m bronze; 1000m bronze
- 2011-12 AmCup 2 - 500m silver; 500m bronze; 1000m bronze

PERSONAL

Started skating inline at the age of eight and ice when she was 20 years old...Also did swimming, track and basketball when she was growing up...Is a fan of the Florida Seminoles (NCAAF) and LeBron James (NBA)...Enjoys traveling and visiting new places...Has a cat named Honey Bear ...Favorite quote: "The mind messes up more shots than the body."...Favorite food: Steak and Mac and Cheese...Favorite music: Rock



Jeffrey Swider-Peltz

Birthday: July 8, 1989
Hometown: Chicago, IL
Height: 6-2

PERSONAL BESTS

500m: 36.51 (01/09/15 - Milwaukee)
1000m: 1:10.14 (03/18/17 - Calgary)
1500m: 1:46.47 (11/20/15 - Salt Lake City)
3000m: 3:51.29 (01/02/16 - Milwaukee)
5000m: 6:34.77 (01/06/17 - Salt Lake City)
10000m: 14.13.61 (12/31/12 - Salt Lake City)

OTHER CAREER HIGHLIGHTS

- 2017-18 Long Track World Cup Team
- 2016-17 Long Track World Cup Team

PERSONAL

Son of Olympic speed skating medalist Nancy Swider-Peltz...Brother of Olympic speed skater Nancy Swider-Peltz, Jr...his mom introduced him to the sport not long after he started walking...he would skate with his sister when his mom was training for the 1992 Olympic Trials in Milwaukee...his most memorable speed skating achievement was competing at a World Cup with his sister...took a break from speed skating between 2006 and 2010 to focus on his education and other sports...played wide receiver at Wheat College in Illinois but decided to quit and focus on speed skating full time after the 2010 Games...studies studio art at Wheaton College...is an artist and graphic designer...Favorite quote: "If you're not enough without a gold medal, you'll never be enough with one." -'Cool Runnings'...Idol: his mother and sister.



Jerica Tandiman

Birthday: November 2, 1994
Hometown: Kearns, UT
Height: 5-3

PERSONAL BESTS

500m: 38:31 (12/09/17 - Salt Lake City)
1000m: 1:16.62 (01/08/17 - Salt Lake City)
1500m: 2:01.55 (03/13/16 - Salt Lake City)
3000m: 4:41.92 (03/03/13 - Salt Lake City)

WORLD CHAMPIONSHIPS

- 2016-17 World Sprint Championships - 500m 23rd; 1000m 24th; 500m 23rd; 1000m 23rd
- 2013-14 Long Track Junior World Championships - 500m 12th; 1000m 18th; 1500m 32nd
- 2012-13 Long Track Junior World Championships - 500m 19th; 1500m 32nd; 3000m 26th
- 2011-12 Long Track Junior World Championships - 500m 19th; 1000m 33rd
- 2010-11 Long Track Junior World Championships - 500m 37th; 1000m 22nd
- 2009-10 Long Track Junior World Championships - 500m 17th; 1000m 26th; 1500m 33rd

OTHER CAREER HIGHLIGHTS

- 2017-18 Long Track National Training Program
- 2016-17 Long Track National Training Program
- 2016-17 Long Track World Cup Team
- 2015-16 Long Track National Training Program
- 2015-16 American Cup Final - 500m silver; 1000m bronze; 500m bronze; 1500m bronze
- 2015-16 American Cup 2 - 500m gold; 1500m bronze
- 2015-16 American Cup 1 - 500m gold; 1000m gold; 1500m silver
- 2014-15 American Cup 1 - 500m gold; 1000m silver
- 2013-14 Long Track Junior National Championships - 500m gold; 1500m gold; 500m silver; 1000m silver; overall gold
- 2013-14 North American Championships - 500m silver; 1000m silver; 1500m bronze
- 2013-14 CanAm International - 1000m bronze
- 2012-13 Long Track Junior National Championships - 1000m gold; 500m silver; 1500m silver; 3000m bronze
- 2012-13 Junior World Cup Roseville - 1000m bronze
- 2011-12 Junior World Cup Calgary - 500m bronze
- 2011-12 Long Track Junior National Championships - 500m gold
- 2011-12 American Cup 1 - 500m gold; 500m silver; 1000m silver
- 2010-11 Junior World Cup Milwaukee - 500m silver; 500m bronze
- 2010-11 U.S. Allround Championships - 500m silver
- 2010-11 American Cup 2 - 500m gold; 500m bronze
- 5x Junior World Team Member (2010-14)

PERSONAL

Started skating in 2002 when she was seven years old...Started to skate after the 2002 Salt Lake City Games because they built the Utah Olympic Oval in the field next to her house...Is inspired to skate by everyone who supports her because she wants to be the best for them...Enjoys working out, baking, and art...Hidden talent: Doodling...Favorite food: Fresh mango off a tree



Sugar Todd

Birthday: July 19, 1990
Hometown: Omaha, NE
Height: 5-4

PERSONAL BESTS

500m: 37.63 (11/20/15 - Salt Lake City)
1000m: 1:15.05 (02/25/17 - Calgary)
1500m: 1:57.81 (03/19/17 - Calgary)
3000m: 4:30.98 (11/27/05 - Calgary)

OLYMPICS

- 2014 Sochi Olympic Winter Games - 500m 29th; 1000m 32nd

WORLD CHAMPIONSHIPS

- 2016-17 World Single Distances Championships - 500m 20th
- 2016-17 World Sprint Championships - 500m 11th; 500m 13th; 1000m 15th; 1000m 20th; 16th overall
- 2015-16 World Single Distances Championship - 500m 17th; 1000m 20th
- 2015-16 World Sprint Championship - 500m 16th; 500m 18th; 1000m 21st; 1000m 22nd; 19th overall
- 2014-15 World Sprint Championship - 1000m 11th; 500m 12th; 500m 13th; 1000m 17th; 13th overall
- 2013-14 World Sprint Championship - 500m 12th; 1000m 14th; 500m 15th; 1000m 15th; 14th overall
- 2012-13 World Sprint Championship - 500m 25th; 1000m 25th; 500m 25th; 24th overall

OTHER CAREER HIGHLIGHTS

- 2017-18 Long Track World Cup Team
- 2017-18 Long Track National Training Program
- 2016-17 Long Track World Cup Team
- 2016-17 Long Track National Training Program
- 2015-16 Long Track National Championships - 500m silver; 1000m silver
- 2015-16 Long Track World Cup Team
- 2015-16 Long Track National Training Program
- 2014-15 Long Track National Championships - 500m bronze
- 2014-15 Long Track World Cup Team
- 2014-15 Long Track National Training Program
- 2013-14 Long Track World Cup Team
- 2013-14 Long Track National Training Program
- 2012-13 Long Track World Cup Team
- 2012-13 Long Track National Training Program
- Three-time World Junior Team

PERSONAL

Is a fan of the Green Bay Packers (NFL) and Chicago Blackhawks (NHL)...Began speed skating at the age of eight...Loves camping...Starting her second year as an Athlete Mentor for Classroom Champions, a non-profit organization partnering Olympic and Paralympic athletes with students and teachers in underserved communities. Sugar mentors elementary school students in the Denver area...Started speed skating when she saw a flyer for the Omaha Speedskating Club and decided she wanted to be the fastest speed skater in the world...Sports Idol: Bonnie Blair...She has been dying the front of her hair blonde since she was nine years old, but went completely blonde in 2017...Has started selling baked goods to raise money for herself - email teamsugar2018@gmail.com if you are interested...Her hobbies include baking, rock climbing and romping around mountains...Favorite speed skating moment: Qualifying for the 2014 Olympic Team



Mitch Whitmore

Birthdate: December 18, 1989
Hometown: Waukesha, WI
Height: 5-10

PERSONAL BESTS	
500m:	34.19 (11/20/15 - Salt Lake City)
1000m:	1:07.52 (11/16/13 - Salt Lake City)
1500m:	1:46.31 (12/31/13 - Salt Lake City)
3000m:	4:00.13 (11/23/06 - Calgary)
5000m:	6:53.49 (11/24/06 - Calgary)
10000m:	14:26.87 (12/31/05 - Salt Lake City)

OLYMPICS

- 2014 Sochi Olympic Winter Games - 500m 27th
- 2010 Vancouver Olympic Winter Games - 500m 37th

WORLD CHAMPIONSHIPS

- 2016-17 World Single Distances Championships - 500m 4th
- 2016-17 World Sprint Championships - 1000m 7th; 1000m 7th; 500m 8th; 500m 8th; 7th overall
- 2015-16 World Single Distances Championships - 500m 9th; 1000m 11th
- 2015-16 World Sprint Championships - 500m 9th; 1000m 10th; 1000m 18th; 500m 19th; 11th overall
- 2014-15 World Single Distances Championships - 500m 11th
- 2014-15 World Sprint Championships - 500m 8th; 500m 13th; 1000m 14th; 1000m 17th; 15th overall
- 2013-14 World Sprint Championships - 500m 9th; 1000m 10th; 1000m 14th; 500m 20th; 14th overall
- 2012-13 World Single Distances Championships - 1000m 22nd; 500m 23rd
- 2012-13 World Sprint Championships - 500m 9th; 500m 15th; 1000m 15th; 1000m 18th; 12th overall
- 2008-09 World Junior Championships - 500m gold; 1000m 4th

OTHER CAREER HIGHLIGHTS

- 2017-18 World Cup Stavanger - Team Sprint bronze
- 2011-2018 Long Track World Cup Team
- 2011-2018 Long Track National Training Program
- 2016-17 World Cup Heerenveen - Team Sprint gold; 500m bronze
- 2015-16 World Cup Calgary - Team Sprint silver
- 2015-16 World Cup Salt Lake City - 500m silver

PERSONAL

Is a fan of the Chicago Bears (NFL) and Chicago Blackhawks (NHL)...Loves playing video games in his free time...Played many sports before skating including track, cross-country, tennis, soccer and baseball...Wants to do something in either sports science or economics after he is done speed skating...Has an American Flag/Olympic Rings tattoo on his back...Started skating when he was nine years old...Started speed skating because he saw an advertisement in the newspaper...Sports idols: Dan Jansen & Tucker Fredricks...Favorite place that speed skating has taken him: Inzell, Germany...Favorite food: Chinese...Favorite bands: Linkin Park, Backstreet Boys & N'SYNC...Favorite animal: Pandas

Career World Cup Medals				
Distance	1st	2nd	3rd	Total
500 Meters	0	1	1	2
1000 Meters	0	0	0	0
1500 Meters	0	0	0	0
Total (Individual)	0	1	1	2
Team Sprint	1	1	1	3