SHORT TRACK
SHORT TRACK BASICS

Short track made its official Olympic debut at the 1992 Winter Games, having been a demonstration sport in 1988. It is contested in an indoor rink on a 111-meter oval track—an international size hockey rink (30 x 60 meters).

Short track races are fast and exciting. Skaters can reach speeds up to 35 mph. Skaters race in “packs” of four to six skaters, and unlike Long Track racing, race against each other rather than the clock. Times are kept in short track racing for the sole purpose of establishing local, national and world records. Spectators are thrilled by the action of a fast-moving pack on a small track. The fast pace along with the opportunity for contact and occasional spills make for some of the most exciting racing in the world.

Skaters not only possess a combination of incredible power and speed, but must also be masters of technique and strategy. Endurance is critical as skaters often compete in a series of elimination heats, quarterfinals, semifinals and finals. The rest time between these competitions can sometimes be as little as 20 minutes.

The ability to read a race and its competition is vital to getting in position for the win. A typical strategy might involve a competitor taking the lead quickly and setting a fast pace in an effort to “burn out” the other skaters. There are also times when a slow pace may be set with skaters jockeying for position in anticipation of a sprint for the finish line during the last three or four laps.

EQUIPMENT
Because of the size of the track and sharp turns, the walls of the rink are padded to minimize injuries. Skaters wear protective equipment such as hard shell helmets, gloves with carbon fiber fingertips, knee pads, neck guards, shin guards, and cut resistant uniforms.

Short track skates are molded to the foot and reinforced in the ankles to counteract the centrifugal force of the sharp turns. Blades are offset to proved greater lean - the blade on the left boot is set on the outside of the boot and the blade on the right boot is set on the inside of the boot. Skaters may also bend their blades matching the direction of the curve of the track assisting them with better steering and traction when negotiating their turns.

THE RULES
Usually, competitors skate a series of heats or elimination rounds for the individual events. Heats have up to six skaters, with the top two finishers from each heat advancing to the next round.

Each skater is allowed one false start, but will be disqualified if they are the cause of a second false start. The start is crucial to the skater, particularly in the shorter distances, as the start is not staggered and a skater can move to the inside immediately. Skaters must skate outside the blocks during the entire race, although a finger can skim the surface of the ice inside the blocks as long as the skater rounds the blocks.

PASSING
Passing must be done cleanly and without body contact. Passing is tricky, and skaters take advantage of key areas to pass. If the lead skater strays too far from the track markers, he or she can be passed on the inside by an alert competitor. If the track is skated tightly by the pack, passing must then be done on the outside.

The rules on passing other skaters are strict. One infraction and a skater can be disqualified. The lead skater has the right of way and the passing skater must assume responsibility for avoiding body contact. The most frequent passing occurs when a skater passes on the inside near the first or second block of the corner.

Intentionally pushing, obstructing or colliding with another racer calls for the offender’s disqualification and a chance for the next round by the victim of the offense. Improperly crossing the course...
or “cross-tracking” is also prohibited, as is kicking your skate across the finish line. A bell warns the skaters when they are one lap from the finish.

FALLS
Given the frequent contact between skaters in short track racing, falls are not uncommon. Although a competitor is not disqualified for a fall, to come from behind and win after a fall in any individual event is very difficult. Skaters may still do well in the final classification of the competition by recording strong finishes in the other individual events.

DISTANCES
500m = 4.5 laps
1000m = 9 laps
1500m = 13.05 laps
3000m = 27 laps
5000m = 45 laps
Maame Biney
Birthday: January 28, 2000
Hometown: Reston, VA
Height: 5-6

WORLD CHAMPIONSHIPS
• 2016-17 World Junior Championships - 500m bronze; 1000m 8th; 1500m 24th; 7th overall
• 2015-16 World Junior Championships - 3000m relay 11th; 500m 30th; 1500m 32nd; 42nd overall

OTHER CAREER HIGHLIGHTS
• 2017-18 Short Track World Cup Team
• 2017-18 Short Track National Training Program
• 2016-17 Short Track World Cup Team

PERSONAL
Would like to be a chemical engineer...Started speed skating at the age of 6...Was told she was going to fast to be a figure skater so switched to speed skating...Participated in taekwondo up until 2015...In high school she was known for being way too happy all of the time...She can do chemistry all day...If she could have a superpower she would stop time for as long as she wanted to...Favorite place speed skating has taken you: Austria...Favorite speed skating moment: Watching the 2014 Olympic Trials...Favorite quote: “Laugh until you can’t laugh anymore”...Favorite food: Any type of meat...Favorite music: Pop...Favorite movie: Titanic - it makes her cry every time

PERSONAL BESTS
500m: 43.29 (11/16/17 - Seoul)
1000m: 1:28.90 (01/29/17 - Innsbruck)
1500m: 2:23.75 (08/18/17 - Salt Lake City)
Lexi Burkholder

Birthday: October 10, 1995
Hometown: Pittsburgh, PA
Height: 5-10

OTHER CAREER HIGHLIGHTS

• 2017-18 Short Track National Training Program
• 2016-17 National Short Track Training Program
• 2015-16 Short Track World Cup Team
• 2015-16 National Short Track Training Program
• 2011 U.S. Junior National Champion

PERSONAL

Started skating in 2006...Got interested in speed skating through a commercial on the Disney channel...Loves traveling to Osaka, Japan because the food is amazing...Is a fan of Andre Agassi...Has a cat named Crema, and loves looking at cat pictures...Was a Girl Scout for 12 years...Enjoys coffee of all kinds and listening to Jack White...Always picks up pennies when they are “heads” up...Favorite quote: “Perfect practice makes perfect.”

PERSONAL BESTS

500m: 46.42 (08/19/17 - Salt Lake City)
1000m: 1:35.35 (02/14/16 - Dordrecht)
1500m: 2:27.12 (02/08/15 - Dresden)
Keith Carroll Jr.

Birthday: April 16, 1991
Hometown: Honey Brook, PA
Height: 5-5

WORLD CHAMPIONSHIPS

- 2016-17 World Championships - 7th 5000m relay
- 2015-16 World Championships - 5000m relay 7th; 1500m 24th; 500m 27th; 1000m 19th; 20th overall
- 2014-15 World Championships - 5000m relay 8th; 1500m 24th; 500m 25th; 1000m 34th; 28th overall

OTHER CAREER HIGHLIGHTS

- 2017-18 World Cup Seoul - 5000m relay bronze
- 2017-18 World Cup Shanghai - 5000m relay gold and World Record
- 2017-18 Short Track World Cup Team
- 2017-18 Short Track National Training Program
- 2016-17 Short Track National Training Program
- 2016-17 Short Track World Cup Team
- 2015-16 Short Track World Cup Team
- 2015-16 Short Track National Training Program
- 2015-16 World Cup Dresden - 5000m relay bronze
- 2014-15 Short Track World Cup Team
- 2014-15 Short Track National Training Program
- 2014-15 World Cup Salt Lake City - 5000m relay bronze

PERSONAL

Started inline skating in 1996 but didn’t touch the ice until 2010...Started speed skating because his parents took him and his four siblings to the rink so often that he saw the speed team and said to his dad “I want to do that.”...Participated in Track & Field and Cross Country when he was younger...Is a fan of all Philadelphia sport teams: Eagles (NFL), Phillies (MLB) & 76ers (NBA)...Has two dogs named Splinter and Charlie...Works full-time at Target as a store manager...Favorite quote: “My great concern is not whether you have failed, but whether you are content with your failure.” –Abraham Lincoln...Favorite place speed skating has taken him: For inline - Colombia because of the atmosphere...for ice - Korea because there is a lot of history and great food...Favorite food: Philly Cheese Steak.

Career World Cup Medals

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Adam Callister
Birthday: December 16, 1992
Hometown: Salt Lake City, UT
Height: 5-8

WORLD CHAMPIONSHIPS

- 2014-15 Short Track World Championships - 5000m relay 8th
- 2011-12 World Junior Championships - 3000m relay bronze
- 2010-11 World Junior Championships - 3000m relay 7th

OTHER CAREER HIGHLIGHTS

- 2017-18 Short Track National Training Program
- 2016-17 Short Track National Training Program
- 2015-16 Short Track National Training Program

PERSONAL

Would like to be a coach or lottery winner when he finishes skating...Played basketball and baseball when he was younger...Is a big fan of tennis and Roger Federer...Was once told that “looking into his eyes was like looking at the ocean, but better.”...Was known as the only speed skater in high school...He is an expert frisbee player...Favorite food: Burritos...Favorite musician: ZZ Ward...Favorite city speed skating has taken him: Grenada, Spain

PERSONAL BESTS

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J.R. Celski
Birthday: July 17, 1990
Hometown: Federal Way, WA
Height: 5-8

OLYMPICS
• 2014 Olympic Winter Games 5000m relay silver; 1500m 4th; 500m 6th; 1000m 13th
• 2010 Olympic Winter Games 5000m relay bronze; 1500m bronze; 1000m 8th

WORLD CHAMPIONSHIPS
• 2016-17 World Championships - 1000m 7th; 5000m relay 7th; 8th 1500m; 13th overall
• 2013-14 World Championships - 500m silver; 1000m 6th; 5000m relay 6th; 1500m 12th; silver overall
• 2009-10 World Championships - 5000m relay silver; 1000m bronze; 1500m 4th; 500m 9th; 4th overall
• 2008-09 World Championships - 5000m relay gold; 1000m bronze; 1500m bronze; 500m 16th; silver overall
• 2008-09 World Team Championships - bronze

OTHER CAREER HIGHLIGHTS
• 2017-18 World Cup Seoul - 5000m relay bronze
• 2017-18 World Cup Salt Lake City - 5000m relay gold and World Record
• 2017-18 Short Track World Cup Team
• 2016-17 World Cup Dresden - 1000m bronze
• 2016-17 World Cup Gangneung - 5000m relay bronze
• 2013-14 World Cup Kolomna - 1500m gold; 5000m relay gold; 1000m bronze
• 2013-14 World Cup Shanghai - 5000m relay gold
• 2013-14 World Cup Seoul - 5000m relay silver
• 2012-13 World Cup Calgary - 500m gold; 1000m bronze
• 2012-13 World Cup Nagoya - 1000m silver
• 2012-13 World Cup Montreal - 1500m silver; 5000m relay bronze
• 2012-13 World Cup Calgary - 1000m bronze
• 2012-13 World Cup Sochi - 1000m bronze

PERSONAL
Starting his second year as an Athlete Mentor for Classroom Champions, a non-profit organization partnering Olympic and Paralympic athletes with students and teachers in underserved communities. J.R. mentors 6th grade students in Concord CA...Switched from inline skating to speed skating...Filmed the documentary “The Otherside”...Started skating at the age of 3...Is a fan of the Seattle Seahawks (NFL), Seattle Sounders (MLS) and Seattle Mariners (MLB)...Manny Pacquiao is his idol...Has a dog named Calli...He and his two brothers have a tattoo of their ethnic roots (Filipino & Polish)...Knows how to play the guitar...Favorite music: Hip-Hop & Alternative Rock...Favorite food: Sushi...Favorite quote: “Everybody faces challenges. What defines you is how you overcome them.”

Career World Cup Medals

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Lana Gehring

Birthday: August 20, 1990
Hometown: Glenview, IL
Height: 5-9

OLYMPICS

• 2010 Vancouver Olympic Winter Games - 3000m relay bronze

WORLD CHAMPIONSHIPS

• 2012-13 World Championships Team Member
• 2011-12 World Championships - 3000m relay silver; 500m bronze
• 2010-11 World Team Championships - bronze
• 2009-10 World Championships - 3000m relay bronze
• 2008-09 World Team Championships - bronze
• 2008-09 World Championships Team Member
• 2008-09 World Junior Championships Team Member
• 2007-08 World Championships Team Member
• 2005-06 World Junior Championships Team Member

OTHER CAREER HIGHLIGHTS

• 2017-18 Short Track World Cup Team
• 2006-2014 Short Track World Cup Team Member
• 2011-12 World Cup Dordrecht - 1500m gold; 1000m gold; 3000m relay silver
• 2011-12 World Cup Salt Lake - 1000m silver
• 2011-12 World Cup Moscow - 3000m relay silver; 1500m bronze
• 2011-12 World Cup Shanghai - 3000m relay silver
• 2011-12 World Cup Nagoya - 1500m bronze
• 2010-11 World Cup Montreal - 1500m gold; 3000m relay silver
• 2010-11 World Cup Quebec - 1000m gold; 3000m relay bronze
• 2010-11 World Cup Dresden - 3000m relay gold
• 2009-10 World Cup World Cup Beijing - 3000m relay silver
• 2009-10 World Cup Montreal - 3000m relay silver
• 2008-09 World Cup Dresden - 3000m relay gold
• 2008-09 World Cup Sofia - 3000m relay bronze
• 2007-08 World Cup Turin - 3000m relay bronze

PERSONAL BESTS

500m: 43.55 (11/16/17 - Seoul)
1000m: 1:28.85 (10/08/17 - Dordrecht)
1500m: 2:21.62 (02/10/13 - Dresden)
3000m: 5:06.29 (03/11/12 - Shanghai)

Career World Cup Medals

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Kim Goetz
Birthday: August 13, 1994
Hometown: Flemington, NJ
Height: 5-6

WORLD CHAMPIONSHIPS

- 2015-16 World Championships - 500m 20th; 1500m 30th; 1000m 31st; 29th overall
- 2014-15 World Championships - 500m 24th; 1000m 33rd; 1500m 38th; 32nd overall
- 2013-14 World Junior Championships - 3000m relay 11th; 500m 21st; 1500m 25th; 1000m 43rd; 29th overall

OTHER CAREER HIGHLIGHTS

- 2017-18 Short Track World Cup Team
- 2017-18 Short Track National Training Program
- 2016-17 Short Track National Training Program
- 2016-17 Short Track World Cup Team
- 2015-16 Short Track National Training Program
- 2016-17 Short Track World Cup Team
- 2014-15 Short Track National Training Program
- 2014-15 Short Track World Cup Team
- 2014 U.S. Olympic Team Trials - 5th overall
- 2014 Junior National Champion
- 2014 U.S. AmCup Champion

PERSONAL

Is also a processor at a finance company...Wants to work in special education at the elementary level when she is done speed skating...Started inline skating at eight years old...started skating on ice in 2012...Started skating because her older sister Sam was skating and she copied everything she did...Favorite speed skating moment: Watching her first international race in person at the 2014 World Championships in Montreal...Enjoys spending time outside...Favorite city: Lavallette, NJ...Favorite quote: “The expert at anything was once a beginner.”...Favorite Food: S’mores and pancakes.
Gabriella Hachem

Birthday: October 13, 1998
Hometown: North Potomac, MD
Height: 5-8

WORLD CHAMPIONSHIPS

• 2016-17 Short Track World Championships - 500m 36th; 1000m 36th; 1500m 38th; 39th overall
• 2016-17 Short Track World Junior Championships - 500m 10th; 1500m 17th; 1000m 35th; 18th overall
• 2015-16 Short Track World Junior Championships - 1000m 23rd; 1500m 24th; 500m 38th; 27th overall

OTHER CAREER HIGHLIGHTS

• 2017-18 Short Track National Training Program
• 2017 U.S. Junior National Champion
• 2016-17 Short Track World Cup Team
• 2016-17 US Short Track Championships - 1500m 3rd; 500m 3rd; 1000m 4th; 3rd overall
• 2016 Junior Development Team Member

PERSONAL

Wants to be a Physician’s Assistant after speed skating...Participated in cross country in high school...Enjoys watching gymnastics, soccer (FC Barcelona & U.S. National Team) and fencing...Is half Honduran and half Lebanese...Loves to sing and was a part of her church’s worship group in Maryland...Is fluent in Spanish and is learning Arabic...Has a corgi named Splash...Loves to cook and bake...Favorite sports idol: Lionel Messi...Favorite speed skating moment: When Park Seung-hi came back from a devastating 500m to win gold in the 1000m in Sochi...Favorite place speed skating has taken her: Innsbruck, Austria...Favorite holiday tradition: Decorating the house for Christmas...Favorite quote: “No pain, no point.”...Favorite food: Pizza...Favorite movie: Wonder Woman

PERSONAL BESTS

500m: 44.60 (01/28/17 - Innsbruck)
1000m: 1:32.66 (02/03/17 - Dresden)
1500m: 2:22.57 (01/28/17 - Innsbruck)
Thomas Hong
Birthday: July 2, 1997
Hometown: Laurel, MD
Height: 5-8

OLYMPICS
• 2012 Youth Olympic Games - 3000m relay gold; 500m 14th

WORLD CHAMPIONSHIPS
• 2016-17 World Junior Championships - 500m silver; 3000m relay bronze; 1000m 7th; 1500m 18th; 4th overall
• 2014-15 World Junior Championships - 3000m relay 11th; 1000m 12th; 500m 17th; 1500m 23rd; 17th overall
• 2013-14 World Junior Championships - 500m 4th; 3000m relay 8th; 1000m 9th; 1500m 26th; 7th overall
• 2012-13 World Junior Championships - 3000m relay 4th

OTHER CAREER HIGHLIGHTS
• 2017-18 World Cup Seoul - 5000m relay bronze
• 2017-18 World Cup Shanghai - 5000m relay gold and World Record
• 2017-18 Short Track World Cup Team
• 2017-18 Short Track National Training Program
• 2016-17 World Cup Gangneung - 5000m relay bronze
• 2016-17 Short Track National Training Program
• 2016-17 Short Track World Cup Team
• 2014 Olympic Trials - 11th overall; youngest competitor

PERSONAL
Began skating at the age of five...Is a fan of the Washington Redskins (NFL), Washington Capitals (NHL), Washington Wizards (NBA) and DC United (MLS)...Grew up a fan of Kobe Bryant...Loves to cook...took culinary all throughout high school...Born in Korea...Fluent in Korean...Played the french horn, piano and drums growing up...Does not like cucumbers in any form...Favorite speed skating moment: Skating at Olympic Trials with his idol J.R. Celski...Favorite place speed skating has taken him: Osaka, Japan because of the food and Japanese culture...Favorite holiday tradition: Getting Chinese food on Easter...Favorite food: Tonkatsu, Ramen...Favorite musical artist: Kanye West & Kendrick Lamar.

PERSONAL BESTS
- 500m: 40.60 (01/28/17 - Innsbruck)
- 1000m: 1:25.04 (01/29/17 - Innsbruck)
- 1500m: 2:13.78 (01/29/17 - Innsbruck)

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@thomasxhong
Jessica Kooreman

Birthday: October 14, 1983
Hometown: Melvindale, MI
Height: 5-0

OLYMPICS

• 2014 Sochi Winter Olympic Games - 1000m 4th; 1500m 6th

WORLD CHAMPIONSHIPS

• 2016-17 World Championships - 1500m 14th; 1000m 17th; 500 22th; 16th overall
• 2015-16 World Championships - 1500m 10th; 1000m 15th; 500m 28th; 20th overall
• 2013-14 World Championships - 3000m silver; 1500m 6th; 500m 11th; 1000m 14th; 5th overall
• 2011-12 World Championships - 3000m relay silver; 1500m 5th; 1000m 6th; 500m 25th; 12th overall
• 2010-11 World Team Championships - bronze
• 2008-09 World Team Championships - bronze

OTHER CAREER HIGHLIGHTS

• 2017-18 Short Track World Cup Team
• 2017-18 Short Track National Training Program
• 2016-17 Short Track National Training Program
• 2016-17 Short Track World Cup Team
• 2011-2016 Short Track World Cup Team
• 2014 U.S. Olympic Team Trials - 500m gold; 1000m gold; 1500m gold
• 2011-12 World Cup Shanghai - 3000m relay silver; 500m bronze
• 2011-12 World Cup Moscow - 3000m relay silver
• 2011-12 World Cup Salt Lake City - 500m bronze
• 2010-11 World Cup Dresden - 3000m relay gold
• 2010-11 World Cup Montreal - 3000m relay silver
• 2010-11 World Cup Quebec - 3000m relay bronze
• 2009-10 World Cup Montreal - 3000m relay silver
• 2009-10 World Cup World Cup Beijing - 3000m relay silver; 1000m bronze
• 2009 Short Track World Cup Team
• 2008-09 World Cup Dresden - 3000m relay gold
• 2008-09 World Cup Sofia - 3000m relay bronze

PERSONAL

Daughter of Rick and Reina...Has one younger brother, Travis...Married to Michael Kooreman, who is a former speed skater and coach...Began roller skating at the age of one...Also took ballet lessons and modeled...Enjoys shopping, watching movies and playing golf...Works in real estate and just recently got her real estate license...Has volunteered with Play Well Play Safe...Is a fan of the Detroit Red Wings and Detroit Tigers...Her sport idols are Serena and Venus Williams...She is addicted to the game Candy Crush...Favorite food: Mexican...Favorite quote: “No such thing as can’t.”

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PERSONAL BESTS

500m: 43.04 (11/09/14 - Salt Lake City)
1000m: 1:29.67 (10/04/13 - Seoul)
1500m: 2:20.25 (02/15/14 - Sochi)
3000m: 4:51.62 (03/16/14 - Montreal)
John-Henry Krueger
Birthday: March 27, 1995
Hometown: Pittsburgh, PA
Height: 5-7

WORLD CHAMPIONSHIPS

• 2016-17 World Championships - 5000m relay 7th; 500m 15th; 1500m 55th; 44th overall
• 2015-16 World Championships - 1000m 7th; 5000m relay 7th; 1500m 10th; 500m 17th; 13th overall
• 2014-15 World Championships Team - 5000m relay 8th; 1500m 10th; 500m 17th; 22nd overall
• 2013-14 World Junior Championships - 500m 7th; 3000m relay 8th; 1000m 40th; 1500m 49th; 30th overall
• 2012-13 World Junior Championships - 3000m relay 4th; 500m 13th; 1500m 41st; 48th overall
• 2011-12 World Junior Championships - 1500m bronze; 3000m relay bronze; 1000m 5th; 500m 6th; 4th overall
• 2010-11 World Junior Championships - 3000m relay 7th; 500m 16th; 1000m 24th; 1500m 36th; 24th overall
• 2009-10 World Junior Championships - 3000m relay 6th

OTHER CAREER HIGHLIGHTS

• 2017-18 World Cup Seoul - 5000m relay bronze
• 2017-18 World Cup Shanghai - 5000m relay gold and World Record
• 2017-18 Short Track World Cup Team
• 2016-17 Short Track World Cup Team
• 2016-17 World Cup Salt Lake City - 1500m bronze
• 2016-17 World Cup Gangneung - 5000m relay bronze
• 2015-16 World Cup Dresden - 5000m relay bronze
• 2014-15 World Cup Salt Lake City - 500m gold; 5000m relay bronze
• 2014-15 World Cup Shanghai - 500m silver; 1500m bronze
• 2014-15 World Cup Montreal - 500m bronze
• 2013-14 World Cup Kolomna - 5000m relay gold
• 2013-14 World Cup Shanghai - 5000m relay gold
• 2013-14 World Cup Turin - 1500m silver
• 2013-14 World Cup Seoul - 5000m relay silver
• 2012-13 World Cup Calgary - 500m bronze
• 2012-13 World Cup Montreal - 5000m relay
• 2011-12 World Cup Moscow - 1500m silver

PERSONAL

Favorite city: Washington D.C....Dream job: Teaching English in a foreign country.

PERSONAL BESTS

500m: 40.58 (10/21/12 - Calgary)
1000m: 1:23.71 (11/12/17 - Shanghai)
1500m: 2:11.50 (11/05/16 - Calgary)
3000m: 4:59.28 (01/18/15 - Salt Lake City)

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Casey Mullarkey

Birthday: February 20, 1992
Hometown: Cleveland, OH
Height: 5-11

PERSONAL BESTS
- 500m: 41.65 (02/08/15 - Dresden, Ger)
- 1000m: 1:25.67 (08/14/16 - Salt Lake City)
- 1500m: 2:13.32 (02/03/17 - Dresden, Ger)
- 3000m: 5:09.79 (01/18/15 - Salt Lake City)

PERSONAL

Started skating when he was 12 years old...Played hockey since the age of three and was always one of the fastest skaters so he gave speed skating a try...Also played lacrosse when he was younger...His hobbies include coffee, movies, and a small vinyl collection...Enjoys volunteering with the hockey and speed skating Special Olympics...Sports idol: Wayne Gretzky...Favorite quote: “Time is an illusion. Lunchtime, doubly so.” -Douglas Adams...Favorite food: Pizza...Favorite band: The White Stripes
Ryan Pivirotto

Birthday: May 14, 1995
Hometown: Ann Arbor, MI
Height: 5-7

PERSONAL BESTS
500m: 40.93 (11/13/16 - Salt Lake City)
1000m: 1:25.32 (11/04/16 - Calgary)
1500m: 2:15.51 (11/18/17 - Seoul)

OTHER CAREER HIGHLIGHTS

- 2017-18 World Cup Team
- 2016-17 World Cup Team
- 2014 Olympic Team Trials
- 2013-14 Junior World Team
- 2014 Fall World Cup Team
Katherine Reutter-Adamek

Birthday: July 30, 1988
Hometown: Champaign, IL
Height: 5-7

**OLYMPICS**

- 2010 Olympic Winter Games - 1000m silver; 3000m relay bronze; 1500m 4th; 500m 7th

**WORLD CHAMPIONSHIPS**

- 2010-11 World Championships - 1500m gold; 1000m bronze; 500m 6th; 3000m relay 8th; silver overall
- 2008-09 World Championships - 1500m 4th; 3000m relay 4th; 1000m 5th; 500m 13th; 7th overall
- 2008-09 - Short Track World Team Championship - bronze

**OTHER CAREER HIGHLIGHTS**

- Four-time U.S. 1000m champion
- 2011 World Cup overall champion
- 2011 World 1500m champion
- 2011 World Cup 1000m champion
- 2011 World Cup 1500m champion

**PERSONAL**

Learned to skate in a figure skating class...Had an ice cream flavor named after her, Reutter's Strawberry Shorttrack...First American woman to win both an individual (1500m and 1000m) and overall World Cup title

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Kristen Santos

Birthday: November 2, 1994
Hometown: Fairfield, CT
Height: 5-11

PERSONAL BESTS
500m: 43.97 (11/09/17 - Shanghai)
1000m: 1:28.88 (11/12/16 - Salt Lake City)
1500m: 2:23.87 (08/18/17 - Salt Lake City)
3000m: 5:31.19 (01/18/15 - Salt Lake City)

WORLD CHAMPIONSHIPS
• 2012-2013 World Junior Championships - 3000m relay 12th

OTHER CAREER HIGHLIGHTS
• 2017-18 Short Track World Cup Team
• 2017-18 Short Track National Training Program
• 2016-17 Short Track National Training Program
• 2016-17 Short Track World Cup Team
• 2015-16 Short Track National Training Program
• 2015-16 Short Track World Cup Team
• 2014-15 World University Games
• 2013-14 Junior World Team Member
• 2012-13 Junior National Champion
• 2006-07 Junior National Champion

PERSONAL
Would like to become a physical therapist after speed skating...Started skating when she was nine years old...Started figure skating at the age of three...became interested in speed skating when she saw an ad on the Disney channel...Also played soccer throughout high school...Has a dog named Bear (Husky)...When she isn’t skating, she loves to hike, ski or hang out by the pool...Has a smiley face tattoo on the bottom of one of her toes...Has been a vegetarian her entire life...Her nickname is “Puff”...She has to bring her teddy bear, named “teddy,” whenever she travels...Favorite food: Vinegar! Not really considered a food but I have it with basically everything I eat...Favorite place that speed skating has taken her: Granada, Spain for the World University Games.
Aaron Tran
Birthday: July 24, 1996
Hometown: Federal Way, WA
Height: 5-7

WORLD CHAMPIONSHIPS
- 2016-17 World Championships - 5000m relay 7th
- 2015-16 World Championships - 5000m relay 7th
- 2015-16 World Junior Championships - 3000m relay 15th; 1500m 19th; 1000m 35th; 500m 50th; 33rd overall
- 2014-15 World Junior Championships - 3000m relay 11th; 1000m 28th; 1500m 30th; 500m 36th; 31st overall
- 2013-14 World Junior Championships - 500m 6th; 3000m relay 8th; 1500m 15th; 1000m 20th; 15th overall
- 2012-13 World Junior Championships - 3000m relay 4th; 1000m 24th; 1500m 31st; 500m 53rd; 33rd overall

OTHER CAREER HIGHLIGHTS
- 2017-18 Short Track World Cup Team
- 2017-18 Short Track National Training Program
- 2016-17 Short Track National Training Program
- 2015-16 Short Track World Cup Dresden - 5000m relay bronze
- 2015-16 Short Track National Training Program
- 2015-16 Short Track World Cup Team
- 2015 World University Games

PERSONAL
Started skating short track when he was 13 years old...Outside of speed skating, he enjoys playing other sports and video games...Keeps in touch with his friends back home through video games...He admires J.R. Celski for his ability to take up a leadership role when it becomes necessary...He also enjoys J.R.’s relaxed/laid back nature...Doesn't watch any sports but enjoys hearing how the Seattle Seahawks (NFL) are doing since he is from Washington...Has an extremely awesome dog that has a very vibrant personality and lives with his family back in Washington while he trains in Utah...Favorite quote: “Aim for the moon, if you miss, you'll land among the stars.”...Favorite music: Pop and K-pop, but also enjoys listening to classical music and hits from the 2000’s...Favorite foods: “Who doesn’t love some good ol' donuts and Oreos...and Chicken Katsu so it isn’t all desserts. But, I definitely have a sweet tooth.”

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PERSONAL BESTS
500m: 41.29 (11/13/16 - Salt Lake City)
1000m: 1:24.58 (11/12/16 - Salt Lake City)
1500m: 2:16.31 (02/10/17 - Salt Lake City)
SUPPLEMENTAL BIO INFO

Name: Aaron Heo

Age: 18

Hometown: Warrington, Pa.

Club: FAST Team – Utah Olympic Oval

Coach: LinLin Sun

Role models in speed skating: Ahn Hyun Soo

What attracted you to speed skating: My cousin skated and he asked me if I wanted to try it out.

Activities off the ice: Photographer, film-making, video games

Level of Olympic or World Cup experience: 2016-17 Junior World Championships; 2016 Youth Olympic Games

Biggest accomplishment: Bronze in men’s 3000m relay at Junior World Championships

Career aspirations: Compete at senior World Cups & go to the Olympics

Favorite meal: Chipotle

Favorite treat: Peach milkshakes from Chik-Fil-A
Name: Brandon Kim    Age: 16 (youngest to compete in Olympic Trials)

Hometown: Fairfax, Va.

Club: Potamac Speed Skating Club

Current Coach: Simon Cho – Potomac Speed Skating Club

Role models in speed skating: Thomas Hong (used to follow/train with him at Potomac), & J.R. Celski

Other athletes you admire: Victor An

What attracted you to speed skating: The 2010 Winter Olympics. It looked fast and very exciting.

Activities off the ice: Buried under high school study loads

Lovel of Olympic or World Cup experience: 2016-17 World Junior Championships

Biggest accomplishment in speed skating: Bronze medal in the men’s 3000m relay at 2016-17 World Junior Championships, 2016 U.S. Junior National Champion, Member of U.S. Junior National Team

Career aspirations: U.S. Olympian in short track, Orthopedic surgeon or successful businessmen

Source of inspiration: My family. My parents support me and help me balance and excel in both school and speed skating

Favorite meal: Korean BBQ
Name: Katy Ralston

Age: 25

Hometown: Saratoga Springs, NY

Club: Saratoga Winter Club

Current Coach: LinLin Sun – Utah Olympic Oval

Other athletes you admire: Carli Llyod (Soccer), John Terry (Soccer), Tom Daley (Diver), Peter Sagan (Cyclist)

What attracted you to speed skating: I wanted to learn how to do a crossover after seeing my Dad doing them on a frozen pond one winter. After I learned how to do those, the fact that I got to go faster and faster and beat the boys at practice kept me in it. Here I am 15 years later.

Activities off the ice: Playing soccer, learning guitar, reading, going to school.

Level of Olympic or World Cup experience: 2014-15 World Cup team, 2015-16 World Cup team, 2016-17 World Cup team

Favorite meal: Ramen

Favorite treat: Chocolate Chip Cookies
Name: Jerebelle Yutangco

Nickname: JB

Age: 25

Hometown: Barrington, RI

Club: Bay State Speedskating

Current Coach: LinLin Sun – Utah Olympic Oval

Role models in speed skating: LinLin Sun

Other athletes you admire: Michael Jordan

What attracted you to speed skating: The adrenaline rush from skating and racing, and watching the 2002 Olympics

Activities off the ice: Cooking and watching Netflix

Level of Olympic or World Cup experience: 2015 Fall World Cup Team

Biggest accomplishment in speed skating: Making the World Cup team

Career aspirations: Working in the healthcare field

Source of inspiration: Watching other athletes play and feeding off their energy. It pushes me to be better every day.

Favorite meal: Pizza