



U S SPEEDSKATING

US Long Track American Records

Ladies American Records

<i>Distance</i>	<i>Name</i>	<i>Location</i>	<i>Time</i>	<i>Date</i>
500m	(World Record 36,36)			
American	Heather Richardson	Salt Lake City, USA	36,90	16-Nov-13
Jr. American	Elli Ochowicz	Salt Lake City, USA	38,78	01-Dec-01
1000m	(World Record 1:12,18)			
American	Brittany Bowe (WR)	Salt Lake City, USA	1:12,18	22-Nov-15
Jr. American	Elli Ochowicz	Salt Lake City, USA	1:16,41	12-Jan-03
1500m	(World Record 1:50,85)			
American	Heather Richardson (WR)	Salt Lake City, USA	1:50,85	21-Nov-15
Jr. American	Maria Lamb	Salt Lake City, USA	1:58,88	09-Jan-05
3000m	(World Record 3:53,34)			
American	Catherine Raney Norman	Salt Lake City, USA	4:01,98	27-Dec-05
	Mia Manganello	Salt Lake City, USA	4:01,98	06-Jan-17
Jr. American	Maria Lamb	Salt Lake City, USA	4:10,50	08-Jan-05
5000m	(World Record 6:42,66)			
American	Catherine Raney Norman	Salt Lake City, USA	6:56,92	Dec 31 2005
Jr. American	Kristen Holum	Nagano, JPN	7:14,20	20-Feb-98
10,000m				
American	Catherine Raney Norman	Calgary, CAN	14:56,12	11-Mar-05

Mens American Records

<i>Distance</i>	<i>Name</i>	<i>Location</i>	<i>Time</i>	<i>Date</i>
500m	(World Record 33.98)			
America	Mitchell Whitmore	Salt Lake City, USA	34,19	20-Nov-15
Jr. American	Mitchell Whitmore	Calgary, CAN	35,50	06-Feb-09
1000m	(World Record 1:06.42)			
American	Shani Davis (WR)	Salt Lake City, USA	1:06,42	07-Mar-09
Jr. American	Brian Hansen	Salt Lake City, USA	1:09,38	30-Dec-09
1500m	(World Record 1:41.04)			
American	Shani Davis (WR)	Salt Lake City, USA	1:41,04	11-Dec-09
Jr. American	Brian Hansen	Salt Lake City, USA	1:44,45	11-Dec-09
3000m				
American	Chad Hedrick	Calgary, CAN	3:39,02	10-Mar-05
Jr. American	Emery Lehman	Milwaukee, USA	3:47,49	11-Jan-14
5000m	(World Record 6:03,32)			
American	Chad Hedrick	Calgary, CAN	6:09,68	13-Nov-05
Jr. American	Emery Lehman	Salt Lake City, USA	6:19,86	17-Nov-13
10,000m	(World Record 12:36,30)			
American	Chad Hedrick	Salt Lake City, USA	12:55,11	31-Dec-05
Jr. American		Salt Lake City, USA	13:22,77	01-Jan-14

If there are discrepancies with these records please contact US Speedskating at: membership@usspeedskating.org