LOCKER ROOMS AND CHANGING AREAS GUIDELINES

PURPOSE: Locker Rooms and Changing Areas pose increased risk for abuse to occur, both between minor athletes and adults and among individuals of the same age.

ONE-ON-ONE INTERACTIONS: No unrelated Applicable Adults may have one-on-one interactions with minor athletes in locker rooms except in emergency situations or in the case of a personal care assistant.

WHERE: These policies apply at all facilities, training or competition venues that are partially or fully under the jurisdiction of the Covered Organization (USOC/NGB). Partial or full jurisdiction shall include the following: any sanctioned event (and all traveling and lodging in connection) by the USOC/NGB or any facility that the USOC/NGB owns, leases or rents for practice, training or competition.

WHO (Collectively “Applicable Adults”):
- Adult members at a facility that is either partially or fully under the jurisdiction of a Covered Organization (USOC/NGB) (e.g., coaches, officials, adult athletes, etc.).
- Adult members of the USOC/NGB who have regular contact with minor athletes (e.g., coaches, officials, adult athletes, etc.).
- Adults authorized by the USOC/NGB to have regular contact with minor athletes (e.g., volunteers, chaperones, medical personnel, adult athletes, etc.).
- Adults authorized by the USOC/NGB to have authority over minor athletes (e.g., coaches, officials, volunteers, chaperones, medical personnel, adult athletes, etc.).
- USOC/NGB staff and board members.

RULES TO FOLLOW

1. RECORDING DEVICES
   No recording devices may be used in locker rooms without prior approval of the requisite organization and unless other requirements are met.

2. MONITORING
   Regular and random monitoring of locker rooms and changing areas must take place.

3. UNDRESS
   Unrelated Applicable Adults cannot intentionally expose their private areas to a minor athlete.

SAFESPORT BEST PRACTICES

- Require locker room monitoring be conducted by two Applicable Adults whenever possible.
- Post locker room policies on the entrance to locker rooms or on bulletin boards inside locker rooms.
- Post schedules for use of locker rooms on the entrances to the locker room, specifically outlining times for use by minor athletes and separate times for use by Applicable Adults, as necessary.
- USOC/NGBs should set expectations that legal guardians should not enter locker rooms unless there is an emergency circumstance. It may be necessary in certain circumstances (e.g., children with disabilities or young children) for legal guardians to assist in the locker room. The USOC/NGBs should set clear expectations regarding how these situations are to be handled.

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