

REQUIRED PREVENTION POLICY APPLICATION

In 2019, the U.S. Center for SafeSport published the Model MAAPP with mandatory components that NGBs/HPMOs/USOPC were required to adopt. As a participant of _____ you are required to follow these policies.

This flyer provides you an overview of the policy. For access to our complete policy please follow this link:

WHERE DO REQUIRED PREVENTION POLICIES APPLY?

One-on-One Interactions, Massages and Rubdowns/Athletic Training Modalities, and Locker Room and Changing Area policies apply at all facilities that are partially or fully under the jurisdiction of USA Weightlifting.

Partial or full jurisdiction shall include the following:

- > **Any sanctioned event/competition by USA Weightlifting.**
- > **Any facility that USA Weightlifting owns leases or rents for competition, training or practices.**
- > **Any hotel or lodging that the team is using when traveling to a sanctioned USA Weightlifting event/competition.**

WHO DOES EACH REQUIRED PREVENTION POLICY APPLY TO?

All six of the Required Prevention Policies (One-on-One Interactions, Massages and Rubdowns/Athletic Training Modalities, Locker Rooms and Changing Areas, Social Media and Electronic Communication, Local Travel, and Team Travel) must be followed by the following:

- > **Adult members of USA Weightlifting who have regular contact with minor athletes** (*i.e., coaches, officials, adult athletes, etc.*)
- > **Adults authorized by USA Weightlifting to have regular contact with minor athletes** (*i.e., coaches, officials, adult athletes, volunteers, etc.*)
- > **Adults authorized by USA Weightlifting to have authority over minor athletes** (*i.e., coaches, officials, adult athletes, volunteers, chaperones, medical personnel, etc.*)
- > **Adult staff and board members at USA Weightlifting**

One-on-One Interactions, Massages and Rubdowns/Athletic Training Modalities, and Locker Rooms and Changing Areas **ALSO** need to be followed by:

- > **Any Adult member at a facility that is partially or fully under the jurisdiction of USA Weightlifting** (*i.e., coaches, officials, adult athletes, volunteers, etc.*)

REQUIRED PREVENTION POLICIES KEY POINTS OVERVIEW

ONE-ON-ONE INTERACTIONS

MINOR/ADULT INTERACTIONS:

- > Must be **observable and interruptible**

HEALTH PROFESSIONAL MEETINGS:

- > Need legal guardian consent
- > Door can be closed but must be unlocked
- > Another adult must be present at the facility and aware of the meeting

INDIVIDUAL TRAINING SESSIONS:

- > Consent needed if not **observable and interruptible**
- > Parent, legal guardian, or another caretaker must be permitted to attend

MASSAGES AND RUBDOWNS/ATHLETIC TRAINING MODALITIES

OPEN AND INTERRUPTIBLE

All massages and rubdowns/athletic training modalities must take place in a location where individuals can walk by and observe what is occurring and interrupt if necessary.

TWO ADULTS PRESENT

A second adult must be present in the room. An adult located outside of the room or in an adjacent room does not meet this standard.

LOCKER ROOMS AND CHANGING AREAS

RECORDING DEVICES

Recording devices are not allowed in locker rooms without USA Weightlifting's prior approval and only in specific circumstances and when all athletes are fully clothed.

MONITORING

USA Weightlifting must complete regular and random monitoring of locker rooms and changing areas.

UNDRESS

Unrelated Applicable Adults must not intentionally expose his/her breast, buttocks, groin, or genitals to a minor athlete.

REQUIRED PREVENTION POLICIES KEY POINTS OVERVIEW

SOCIAL MEDIA AND ELECTRONIC COMMUNICATIONS

ALL electronic communication from Applicable Adults to minor athletes must be professional in nature.

A second Applicable Adult or parent/legal guardian must be copied on all communication between minor athletes and Applicable Adults with authority over minor athletes.

Parents/legal guardians can request to discontinue communication to their minor athlete except in emergency circumstances.

LOCAL TRAVEL

Applicable Adults not acting as a legal guardian may not ride alone in a vehicle with an unrelated minor athlete without prior consent.

Unrelated Applicable Adults must always have at least two minor athletes or another adult in a vehicle.

Written legal guardian consent must be obtained prior to each local travel for an Applicable Adult to travel one-on-one in a vehicle with an unrelated minor athlete.

TEAM TRAVEL

COMPETITION TRAVEL

Legal consent is needed for any one-on-one travel involving an Applicable Adult and one minor athlete.

HOTEL ROOMS

An unrelated Applicable Adult and minor athlete may not share a hotel room without prior written legal guardian consent.

MEETINGS

Meetings during travel must be observable and interruptible.