

ERRATA & AMENDMENTS to the IWF Technical and Competition Rules & Regulations

Proposal to the IWF Executive Board meeting

Beijing, August 2013

TECHNICAL AND COMPETITION RULES

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1.2 BODYWEIGHT CATEGORIES

1.2.1 There are eight (8) categories for junior men and *senior* men.

1.2.2 " , Seven (7) " " women and SENIOR women etc

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1.2.6 At IWF Events each Member Federation may enter a team of maximum ten (10) men and nine (9) women athletes but may only participate with a team of maximum eight (8) men and seven (7) women athletes. The maximum participating team of eight (8) and seven (7) must be **spread** amongst the bodyweight categories with a maximum of two (2) athletes per category.

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2.2. THE SNATCH

2.2.1 The barbell is centred horizontally on the competition platform. The athlete takes the start position **behind** the barbell by grabbing the barbell and bending at the knees. **The athlete grips the barbell and bends at the knees. The barbell is gripped, palms downward and pulled in a single movement from the platform to the full extent of both arms above the head**, while either splitting or bending the legs. During this continuous movement upward the barbell **should remain** close to the body and may slide along the thighs....

2.3 THE CLEAN & JERK

2.3.1 The barbell is centred horizontally on the centre of the competition platform. The athlete takes the start position **behind** the barbell. **The athlete grips** the barbell and **bends** at the knees. The barbell is gripped, palms downward and pulled in a single movement from the platform to the shoulders, while either splitting or bending the legs. During this continuous movement upward the barbell **should remain** close to the body.....

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2.3.2 The second part, the Jerk:

The athlete must become motionless after the Clean and before starting the Jerk. The athlete bends and **dynamically** extends the legs **and arms** simultaneously **to** move the barbell upward in one motion to the full extent of the arms, **while either splitting or bending the legs**. The athlete returns....

...

c) if the barbell causes pain

d) to change the width of the grip

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2.4 GENERAL RULE FOR ALL LIFTS

2.4.4 An athlete, who, for any reason cannot full extend the elbow(s), must report/display this fact to all on-duty Referees as well as the Jury prior to the start of **competition and may remind of this fact prior to the start of each lift when on the platform**. This is the sole responsibility of the athlete.

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3.1.3 WARM-UP AREA

- bathroom facilities (*preferable*)

3.3 SPORT EQUIPMENT

3.3.1.1 At Olympic Games, Youth Olympic Games, Continental, Regional and other Multisport Games, *World*, Continental and Regional Championships and FISU Events, only IWF-licensed sport equipment shall be used.

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3.3.3 BARBELL

3.3.3.2 Bar

There are two (2) types of bars: men's and women's bars. Both types of bars must meet the following authorized specifications:

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3.3.3.8 Collars

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3.3.5 Athlete Bibs / Warm-up Pass **(Regulation)**

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- Referees' decision, if *not displayed elsewhere*
- timing clock, if *not displayed elsewhere*

3.3.6.17 The scoreboard must contain the following information for all athletes in the group being contested *and for the top three (3) athletes from the previous groups*, which must be displayed the entire time:

- ...
- final classification
- *indication of the athlete called and the one to follow next*

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3.4.8.1 ... Team Classification; including team rankings, IWF/IOC codes,...

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6.8.8 In Events where medals are given for Total only athletes having no valid lifts in the Snatch are eliminated from competition and cannot continue in the Clean & Jerk. *Such athletes, as well as athletes having no valid lifts in the Clean & Jerk will not be allocated team classification points.*

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7.2.2 At IWF Events....

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8 RECORDS

8.3 Youth athletes may set youth, junior and senior records.

8.4 Junior athletes may set junior and senior records.

8.5 Senior athletes may set *senior* records.

...

8.7 Olympic records may only be set at Olympic Games.

8.8 ***Universiade records may only be set at the Universiades.***

8.9 Records must be

8,10 If ...

8,11 Records ...

REGULATIONS

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- 3 Additional discs shall be provided at the competition platform / stage:

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6 COMPETITION DISCS:

a) Diameter

- Discs ≥ 10 kg : 45 cm \pm 0.1 cm tolerance
- Discs < 10 kg ≤ 45 cm \pm 0.1 cm tolerance

b) Material

- Discs ≥ 10 kg: covered with rubber or plastic and coated on both sides with permanent colour
- Discs < 10 kg: may be made of metal or other IWF approved material

c) Tolerance

- Discs > 5 kg: from +0.1% to -0.05%
- Discs ≤ 5 kg: from +10 grams to -0 grams per part

d) Marking

- all discs must be clearly demarcated with the weight in kilograms

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3 ATHLETE BIBS:

- securely fastened with four pins (one on each corner) on leg of athlete's costume
- logos (Host Member Federation, **NOC**, sponsors, etc.) are acceptable; relevant manufacturers identification rules and regulations apply (See TCRR 4.8)

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4 WARM-UP PASSES:

- shall indicate gender, bodyweight category, group contested
- shall be constructed of cardstock or similar product
-
- affixed with a lanyard
- logos (IWF, *host* Member Federation, NOC, sponsors, etc.) are acceptable; relevant manufacturers identification rules and regulations apply (See TCRR 4.8)

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(REGULATION TO 3.3.6.14 – TIMING CLOCK)

- c) Provide automatic audible signal at ninety (90) seconds, at thirty (30) seconds **and at zero (0)**

(REGULATION TO 5.2 – WORLD CHAMPIONSHIPS)

- 6.5 Provide, free of charge, the facilities for the IWF Congress and the meetings of the Executive Board and the Committees, Verification of Final Entries, Technical Officials' Meeting (pre-competition and mid-competition). Facilities include: meeting room(s), interpreters, audio visual equipment and technology, signage, **appropriate** seating, head table, coffee, refreshments, pens, paper, etc.