

New Mexico LWC Bylaws 2018

1. New Mexico Local Weightlifting Committee (NMLWC) will follow all rules and regulations as describe by USAW and IWF unless describe below.
2. It is the sole responsibility of the lifter and/or coach to know and understand the rules of the sport of weightlifting.
3. New Mexico LWC Records: In order to set a NMLWC record the following has to take place:
 - a. Must be a NMLWC member.
 - b. The record must be set at a sanctioned meet in New Mexico or set at a National meet or higher.
 - c. 3 certified LWC referees or higher must be present at the meet.
 - d. Must be completed on the 15 kg bar for women and Youth age boys 13U or 20 kg bar for the men.
 - e. Men over the age of 70 are allowed to lift on the 15 kg bar and set records on the 15 kg bar. This follows USAW Masters ruling.
 - f. There are no co-records in New Mexico and must be beat any existing record by 1 kg.
 - g. If a record is set consecutively at the same competition, the higher lift will be recorded and recognized.
 - h. If a lifter sets a record at a meet, the coach and/or lifter has one month from the date of the meet to contact the secretary via email to report the record with name of the lifter, the weight class, age grouping, the record set and the event where the record was set.
 - i. The secretary must verify the record before updating the records.
 - j. The secretary will issue a NMLWC record certificate to the lifter or coach with in one month of recording.
4. Costume: first time lifters are allowed to wear bicycle type shorts with a short sleeve shirt. However at the NMLWC Championships, a lifting suit is required. Prior to a meet, the meet director must approve the lifting costume.

5. There are 3 officer positions with no term limits. The officers are President, Vice President and Secretary/Treasurer. The officers are voted on every 4 years.

6. Masters Men 70+ and Youth Boys Lifters 13 U may lift in the women's session at the NMLWC championships or by placement of the meet director.

7. NMLWC has a yearly meeting schedule at the same time of the LWC championships.

8. Before the Secretary/ Treasurer writes a check from the NM LWC account, he or she must notify the President and Vice President of this action. Also this position must keep a legitimate bank account for the sole purpose of NM Weightlifting as per USA Weightlifting directs.

9. Meet Reimbursement: NMLWC's clubs/individual will have the option to be reimbursed for the sanction fee of one meet per year. This will be contingent upon funds being available.