

## Oregon LWC Bylaws (March 7, 2017)

**Article 1: Name** *Section 1: Name.* This Local Weightlifting Committee (LWC) will be referred to as Oregon Local Weightlifting Committee (the Committee).

*Section 2: Affiliation.* The Committee is a Local Weightlifting Committee (#37) and is a registered member of USA Weightlifting.

*Section 3: Tax Status.* This LWC does not have a current tax status.

**Article 2: Territory** *Section 1: Jurisdiction.* The said LWC shall include all counties within the state of Oregon.

*Section 2: Regions.* The state of Oregon shall be further divided into regions, each represented by a regional representative who a) resides in that region, b) is president of a USA Weightlifting club in that region, and c) is appointed to serve as regional representative by the LWC Board of Directors. Regions shall be delineated by the Board of Directors based on the location of active USA Weightlifting clubs. Current regions and associated clubs are shown in Attachment 1a.

**Article 3: Mission Statement/Purpose.** *Section 1: Mission Statement.* To make Oregon one of the leading LWCs in the country by promoting the growth and development of Weightlifting and lifters at a grassroots level, and by abiding by the rules and governance of USA Weightlifting.

*Section 2: Function.* The purpose of the Oregon LWC will be to use its funds and experience to educate and to provide a quality competitive environment in the state of Oregon.

**Article 4: Elections** *Section 1: Elections.* Elections will be held every year, on a rotating basis, with officers holding seats for 2 years.

*Section 2: Schedule.* Elections will be on a rotating two-year cycle, with the President and Secretary/Treasurer elected on even years and Vice President and Athletes' Representative elected on odd years.

*Section 3: Voting.* Any LWC member who is a current USA Weightlifting member in good standing may vote.

*Section 4: Ballots.* Voting will be facilitated by USA Weightlifting, using their online voting vendor.

*Section 5: Officers.* All members of the LWC Board must be current members of USA Weightlifting, in good standing.

a. **President:** The President shall preside at the Membership and Executive Board meetings as chief officer of the organization; shall supervise the organization's affairs and activities; shall make an annual report to the members; and shall be responsible for seeing that all of the organization's activities are in accordance with the bylaws and USA Weightlifting rules.

*Requirements:* Candidates must have experience as a club president, meet director, and LWC referee. Candidate must have attended at least two LWC meetings.

b. **Vice President:** The Vice President shall preside at Membership and Executive Board meetings in the absence of the President; shall also act on behalf of the President when required, and shall work with the President on all affairs of the organization. The Vice President will assume the Presidency in the event that the President is unable to fulfill his or her responsibilities. *Requirements:* Candidates must have experience as a club president, meet director, and LWC referee. Candidate must have attended at least two LWC meetings.

c. **Secretary/Treasurer:** The Secretary/Treasurer shall give notice of all regular and special meetings; keep permanent record of such meetings, be custodian of all official records of the organization, and furnish minutes of such meetings for publication; submit a credentials report at each meeting; supervise the ways and means affairs and projects of the organization; shall issue notice of dues payable and be responsible for the collection thereof; keep the financial records of the organization; disburse a report in detail at the annual meeting, and at other times when directed, as to the financial condition of the Association; cooperate with the party selected by the Executive Board to make an annual audit of the financial records.

d. **Athlete Representative.** The Athlete Representatives shall be invited to attend all meetings of the Executive Board; shall fully participate therein and perform such other duties as designated by the Executive Board. Specifically, the Athlete Representative(s) shall bring to the Executive Board the problems and desires of LWC athletes. *Requirements:* Athlete representative will be a USA Weightlifting Athlete Member who has competed in one or more national-level meet.

*Section 6: Meetings and Notice.* Regional representatives shall meet at least two times per year, at an agreed-upon time and place. Meetings may take place in person or via conference or web call. An official board meeting requires that each board member have written notice at least two weeks in advance. A meeting must be attended by at least 3/4 of board members for business transactions to take place and motions to pass. A meeting attendee will be assigned to take notes on the discussion and decisions made.

*Section 7: Committee Formation.* The board may create committees as needed, such as fundraising, housing, public relations, data collection, etc. The board chair appoints all

committee chairs.

*Section 8: Removal of Officers.* a. If an officer is found to be noncompliant with the Code of Conduct of USA Weightlifting, an

officer can be removed by: Two-thirds majority vote by the board, or  
2/3 vote of the membership.

b. Special elections for replacing Board members will be held within 60 days of vacancy.

c. Failure to Attend Executive Board Meetings. Should any member of the Executive Board fail to attend two (2) consecutive board meetings without a valid reason or, reasons acceptable to a majority of the remaining members, that officer shall be deemed to have resigned.

**Article 5: Members** *Section 1: Clubs.* Each Club registered with USA Weightlifting with an Oregon address shall be eligible for membership and shall be represented as prescribed in the By-Laws.

*Section 2: Individuals.* Each individual member of the Oregon LWC shall acquire and maintain such membership as outlined in the membership criteria set forth by USA Weightlifting for LWCs.

*Section 3: Notification of Events and Meetings.* Membership will be notified of local events via:

- Email
- Website
- USA Weightlifting website

*Section 4: Notification of Updates.* Membership will be updated on important matters within the LWC via email on a quarterly basis.

**Article 6: Funding** *Section 1: Funding.* The purpose of the LWC funds shall be to receive funds and other assets by way of donations from various and sundry sources; to receive funds from registrations, sanctions, club memberships, and services fees. The LWC will utilize all funds received from whatever source exclusively in the promotion of weightlifting within the LWC.

*Section 2: Corporate Status.* As of April 21, 2016 the LWC does not have a tax or corporate status.

*Section 3: Financial Statements and Disclosure Policy.* The Secretary/Treasurer is in charge of maintaining the LWC funds account, including all financial statements and reconciliations. Yearly financial reports will be submitted to the members of the LWC.

*Section 4: Source of Funds.* Sources of LWC funds include:

- USA Weightlifting rebates
- Donations received by the LWC
- Events hosted by the LWC

*Section 5: Purpose of Funds.* LWC funds are designated for the purpose of education within the LWC, providing a quality competitive environment in the LWC, and programs or events designated by the board as benefiting the LWC as a whole.

*Section 6: Distribution of Funds.* The use and designation of funds must be passed by the board before funds are distributed.

LWC members may submit written requests to their regional representatives for use of the LWC funds. All written requests will be reviewed by the respective regional rep to determine the proposal's benefit to either the region or LWC as a whole. Regional reps will forward proposals they approve, together with their recommendation, in writing to the LWC President and Treasurer.

Funds may be distributed only to current USA Weightlifting Oregon LWC registered:

1. Regional Representatives
2. Clubs
3. Individual Athletes
4. Coaches

*Section 7: Misuse of LWC Funds.* Funds received must be used for their designated purpose. If funds are not used for their designated purpose, the full amount must be paid back to the LWC fund. Any club or individual discovered misusing LWC funds is subject to penalty designated by the LWC board.

**Article 7: Events** *Section 1: Sanction Requests.* a. Meet directors will request sanction for an event date to the appropriate LWC regional

representative and LWC president by electronic communication.

b. Event date must not be the same weekend within the same region as an existing event on the Oregon LWC or USA Weightlifting calendar.

c. Appropriate LWC regional representative and LWC president must respond to the request for event sanction within 7 days of submission by electronic communication to meet director. Once the event sanction has been granted, the meet director will submit the official USAW sanction request with USA Weightlifting.

*Section 2: Membership Notification.* Meet information be available on the Oregon Weightlifting website as soon as the sanction is submitted and approved by USA Weightlifting:

[https://webpoint.usaweightlifting.org/wp15/Events2/Events.wp?evtc\\_CategoryGroup=Tournament](https://webpoint.usaweightlifting.org/wp15/Events2/Events.wp?evtc_CategoryGroup=Tournament)

*Section 3: Management of Events.* a. Event rules shall be in compliance with the International Weightlifting Federation and can be

found here. <http://www.iwf.net/downloads/?did=598>

b. USA Weightlifting event hosting information can be found here.

[http://www.teamusa.org/~media/USA\\_Weightlifting/Documents/Weightlifting-101/Putting-on-a-meet.pdf](http://www.teamusa.org/~media/USA_Weightlifting/Documents/Weightlifting-101/Putting-on-a-meet.pdf)

c. Information regarding event stage and set-up can be found here.

[http://www.iwf.net/weightlifting\\_/equipment/](http://www.iwf.net/weightlifting_/equipment/)

d. USA Weightlifting event safety information can be found here. [http://www.teamusa.org/USA-](http://www.teamusa.org/USA-Weightlifting/Weightlifting101/Safety)

[Weightlifting/Weightlifting101/Safety](http://www.teamusa.org/USA-Weightlifting/Weightlifting101/Safety) e. Events will be monitored for compliance of rules/regulations, referenced earlier, by the appointed regional representative.

**Article 8: Amendments to Bylaws** a. Amendments to Bylaws require notification to all members of the LWC. The voting will be

done by the LWC membership in the manner laid out in Article 4, section 2.

b. Voting for the Amendments to Bylaws will take place at the annual LWC membership meeting.

c. A vote of 2/3 majority is required to pass the amendment.