

Missouri Valley Local Weightlifting Committee

By-Laws

ARTICLE I – PURPOSE

The mission of Missouri Valley Weightlifting is to develop weightlifting in Missouri and Kansas and to identify and train athletes leading to the Olympic Games and World Championship gold medals and improve the positive weightlifting experience for those not focused on Olympic and Worlds Medals.

ARTICLE II – STRUCTURE

The structure shall duplicate the USAW structure as closely as possible. By-Laws, guidelines, and rules of the USAW shall be adhered to when and where it is applicable.

ARTICLE III – MEMBERSHIP

Members shall consist of all those individuals and organizations currently registered through the Missouri Valley LWC with the USAW. Each member, 18 years of age and older by USAW rules, is entitled to one vote.

ARTICLE IV – BOARD OF DIRECTORS (OFFICERS)

Sec. 1 The BOD of the LWC shall consist of the President, Vice President (and Registration Chairman), Secretary, Treasurer and Athlete Representatives in proportion to the membership such that one for up to 50, two for 51-100, and 3 for over 100 members.

Sec. 2 The BOD shall be elected for two-year terms in even numbered years by the membership at the annual meeting.

Sec. 3 The BOD shall conduct the business of the committee between meetings.

ARTICLE V – SUBCOMMITTEES

The board may appoint sub committees as necessary to fulfill the responsibilities of the committee.

ARTICLE VI – MEETINGS

Sec. 1 An annual meeting shall take place in January or concurrent with the LWC Championship or during the same month of said Championship.

Sec. 2 Special meetings may be called by the President, a majority of the officers, or a 1/3 vote of the membership for any purpose upon reasonable notice.

Sec. 3 A quorum consists of those voting members who are present at the meeting.