

USA WEIGHTLIFTING, INCORPORATED
 OKLAHOMA LOCAL WEIGHTLIFTING COMMITTEE
 CONSTITUTION OF THE OKLAHOMA LOCAL WEIGHTLIFTING COMMITTEE OF
 USA WEIGHTLIFTING, INCORPORATED

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 USA WEIGHTLIFTING, INCORPORATED

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USA WEIGHTLIFTING, INCORPORATED
OKLAHOMA LOCAL WEIGHTLIFTING COMMITTEE
2910 N.W. 72nd Street
Oklahoma City, Oklahoma 73116

CONSTITUTION OF THE OKLAHOMA LOCAL WEIGHTLIFTING COMMITTEE
OF USA WEIGHTLIFTING, INCORPORATED

ARTICLE I – NAME

- Section 1 Name. The name of this organization shall be the OKLAHOMA LOCAL WEIGHTLIFTING COMMITTEE hereinafter referred to as the "LWC."
- Section 2 Address. 2910 NW 72nd St., OKC, OK 73116
- Section 3 Duration. The duration of the LWC is perpetual, except in the event of its dissolution as described in Article IX of the LWC By-Laws, below.
- Section 4 Tax Status. The Corporation is not for profit.

ARTICLE II – TERRITORY

- Section 1 Jurisdiction. The jurisdiction of the LWC is that which resides within the political boundary of the state of Oklahoma.
- Section 2 Changes. Any alterations or amendments are to be made only with the express approval of the National Governing Body (USAW, Inc.).

ARTICLE III – PURPOSE

- Section 1 Function. The purpose shall be to educate, promote, and stimulate interest in amateur Weightlifting through sponsorship, coordination and execution of competitive Weightlifting events throughout the state, region, and nation.
- Section 2 Corporate Status. LWC is organized exclusively for charitable, religious, educational, and scientific purposes, including, for such purposes, the making of distributions to organizations that qualify as exempt organizations under section 501(c)(3) of the Internal Revenue Code, or the corresponding section of any future federal tax code. The Articles of Incorporation shall be construed, and all powers and activities of the Corporation shall be limited accordingly. Notwithstanding any provision of the Articles of Incorporation, the Corporation shall not carry on any activities not permitted to be carried on by a corporation having such status.
- Section 3 Funding. The purpose shall be to receive funds and other assets by the way of donations from various and sundry sources; to receive funds from revenue collected through sponsorship of Weightlifting competition; to receive funds from registrations, sanctions, club memberships and service fees. To utilize all funds received from whatever source exclusively in the promotion of and in furtherance of Weightlifting.

ARTICLE IV – MEMBERSHIP

- Section 1 Clubs. Each Club operating within the jurisdiction of the LWC shall be granted membership in the organization so long as the club is recognized by USAW, Inc.

Section 2 Individuals. USAW members residing within the state of Oklahoma are eligible for membership in the LWC.

ARTICLE V – GOVERNMENT

Section 1 Structure. The government of this organization shall be vested in the Executive Board, consisting of a President, Vice-President, Secretary, Treasurer, and Athlete Representative.

Section 2 Election. The Executive Board shall be elected in the manner prescribed in the said By-Laws.

ARTICLE VI - METHOD OF AMENDING CONSTITUTION

Section 1 Process. This Constitution may be amended by two-thirds (2/3) vote of the members present, provided it constitutes a quorum, at any regular or special meeting, provided that written notice of the proposed amendments has been mailed or emailed to the last known street or email address of each member at least ten (10) days prior to the date of such meeting.

BY-LAWS
OF THE
OKLAHOMA LOCAL WEIGHTLIFTING COMMITTEE
OF
USA WEIGHTLIFTING, INCORPORATED

ARTICLE I – MEMBERSHIP

- Section 1 Clubs. Each Club shall be eligible for membership in this organization.
- a) Approval. Prospective Club memberships shall hereafter be approved by the President, Vice-President and Secretary. In the event of rejection, it must be presented to the membership at the next scheduled meeting of the membership for final approval or rejection. Once approved, members shall have full rights as members.
- Section 2 Individuals. Each individual member of the LWC shall acquire such membership as outlined in the membership criteria set forth by USAW for LWCs and will thusly become a Member of USAW.

ARTICLE II – DUES

- Section 1 Criteria. The annual dues for Club and Individual memberships shall be proscribed by USAW, Inc.

ARTICLE III – GOVERNMENT

- Section 1 Governing of LWC. The Executive Board shall have the exclusive control and management of the LWC and its various properties, subject to the direction of the membership.
- Section 2 Handling of LWC Funds. Funds of this LWC may be deposited and withdrawn from any bank from which it has funds on deposit by the President, Vice-President and the Treasurer.
- Section 3 Bonding of Treasurer. The Treasurer may be bonded, at the expense of the Association, for the amount on deposit at the annual meeting held each year.
- Section 4 Governing of Competitions. All amateur weightlifting competitions are to be conducted and governed by the USA Weightlifting Official Rulebook, published by USA WEIGHTLIFTING, Inc.

ARTICLE IV – ELECTIONS

- Section 1 Officers. At the annual election meeting there shall be elected a President, Vice-President, Secretary, Treasurer, and Athlete Representative. These elected officials shall constitute the Executive Board.
- a) USAW Board of Governors Delegates and Athletes Representatives. Also at the annual election meeting there shall be elected an appropriate number, as determined by criteria set forth by USAW, Inc., of Board of Governors (BOG) Delegates and Athletes Representatives to represent the Association at the respective annual BOG and Athletes' meetings held by USAW, Inc.
- i) USAW Board of Governors Delegates may be any LWC members.
- ii) Athletes Representatives may only be USAW Athlete Members of the LWC.
- Section 2 Voting Rights at LWC Meetings. Voting will be conducted by individual members of the LWC, each of which will be afforded one vote.

- Section 3 Term of Office. The newly elected members of the Executive Board shall take office immediately following the election. The term shall last one year or until the next annual board meeting, whichever being the sooner.
- Section 4 Criteria. All officers must be LWC and USAW members. A candidate for office, in order to be elected, must receive a majority of the votes cast. In the event that more than two names are placed in nomination for one office, and no single nominee receives a majority of the votes cast, the name of the candidate with the least number of votes shall be removed from the ballot. This procedure shall continue on successive balloting until a nominee is elected.
- Section 5 Method. Elections shall be by written ballot.

ARTICLE V – MEETINGS

- Section 1 Annual Elections. The annual election shall be held on a day agreed upon by the Executive Board. Such election may be part of the Annual Oklahoma Local Weightlifting Committee Meeting, whether it be in conjunction with a LWC-sponsored competition event or a scheduled and separate Annual Meeting. Notice of this meeting shall be mailed or emailed to each member at their last street or email known address at least ten (10) days prior to the election meeting.
- Section 2 Executive Board Meetings. Meetings of the Executive Board shall be held on prearranged dates or at the call of the President.
- Section 3 LWC Special Meetings. Special meetings of the membership or of the Executive Board must be called by the President, Vice-President, Secretary, Treasurer, Athlete Representative or at the request of at least thirty- three and one-third (33-1/3) percent of the members of this organization.

ARTICLE VI - DUTIES OF ELECTED OFFICIALS

- Section 1 President. The President shall preside at the Membership and Executive Board meetings as chief officer of the organization; shall supervise the organization's affairs and activities; shall make an annual report to the members; and be responsible for seeing that all of the organization's activities are in accordance with the Constitution, By-Laws, and Rules of Order.
- Section 2 Vice President. The Vice President shall preside at membership and Executive Board meetings in the absence of the President; shall also act on behalf of the President when required, and shall work with the President on all affairs of the organization. The Vice President will assume the Presidency in the event that the President is unable to fulfill his responsibilities.
- Section 3 Secretary. The Secretary shall give notice of all regular and special meetings; keep permanent record of such meetings, be custodian of all official records of the organization, and furnish minutes of such meetings for publication; submit a credentials report at each meeting; supervise the ways and means affairs and projects of the organization; issuing event sanctions after approval by the President; conduct hearings for athlete or non-athlete members with regard to possible suspension and/or expulsion in cases of misconduct by any member; conduct hearings for reinstatement. The above will be conducted within the proscribed rules of the National Registration Committee. In addition, the Secretary shall make such reports as required by organizations with whom the LWC has a service agreement for various services rendered, and fulfill such duties as assigned by the President or Executive Board.
- Section 4 Treasurer. The Treasurer shall be responsible for issuing notice of dues payable and be responsible for the collection thereof; keep the financial records of the organization; disburse a report in detail at the annual meeting, and at other times when directed, as to the financial condition of the Association; cooperate with the party selected by the Executive Board to make an annual audit of the financial records.

Section 5 Athlete Representative. The Athlete Representative shall be invited to attend all meetings of the Executive Board; shall fully participate therein and perform such other duties as designated by the Executive Board. Specifically, the Athlete Representative shall be a sounding board between the Athlete and the Executive Board, bringing to the Executive Board the problems and desires of our athletes.

Section 6 Failure to Attend Executive Board Meetings. Should any member of the Executive Board fail to attend two (2) consecutive board meetings without a valid reason or, reasons acceptable to a majority of the remaining members, that officer shall be deemed to have resigned.

ARTICLE VII – COMMITTEES

Section 1 Determination of Committees. The Executive Board shall determine the committees deemed necessary and proper to fulfill the objectives and purposes of the organization.

Section 2 Appointment of Committee Members. All committee chairpersons, co-chairpersons and members shall be appointed by the President and Vice-President.

Section 3 Ex-Officio Membership. The President and Vice-President shall be ex-officio members of all committees.

ARTICLE VIII - RULES OF ORDER

Section 1 Roberts Rules of Order shall govern the proceedings of all meetings of the organization and its constituent parts, except as specifically provided in the Constitution and By-Laws.

ARTICLE IX – DELEGATIONS

Section 1 Appointment and Powers. Delegations or special committees shall be appointed by the President, subject to approval of the Executive Board, -to represent the organization at any convention, meeting, or assembly, as may be necessary. Such delegations or committees shall exercise only those powers specifically vested in them by the Executive Board.

ARTICLE X - METHOD OF AMENDING BY-LAWS

Section 1 Voting and Noticing Procedure. The By-Laws may be amended by a two-thirds (2/3) vote of the members present at any regular scheduled or special meeting, provided written notice of the proposed action or actions has been given to each member at their last known street or email address at least ten (10) days prior to the date of such meeting, whereas such notice set forth the date, time and place of such meeting, and must include a copy of the proposed amendment or amendments.

Section 2 Submission of Proposed Amendments. Proposed amendments to these By-Laws may be submitted by any member in good standing, at any regular scheduled meeting, without prior written notice if a copy of the proposed amendments has been given to the Secretary in advance of the meeting. Proposed amendments submitted in this manner require a unanimous vote of the members present, in order to become adopted as part of the By-Laws.

Section 3 Suspension of LWC By-Laws. These By-Laws may be suspended at any regularly scheduled meeting of the membership or Executive Board, by a unanimous vote of the members present.

ARTICLE XI – DISSOLUTION

Section 1 Process. Upon dissolution, the net assets of the OKLAHOMA LOCAL WEIGHTLIFTING COMMITTEE shall not inure to the benefit, of any private individual or corporation, but shall be distributed to USA WEIGHTLIFTING, INC., to be used exclusively for educational/charitable

purposes, or, if USAW, Inc., is not then at the time of such dissolution in existence or is not then a corporation which is exempt under section 501(c)(3) of the Internal Revenue Code and to which contributions, bequests and gifts are deductible under sections 170(c)(2), 2055(a)(2) and 2522(a)(2) thereof, such assets shall be distributed to such an entity meeting similar criteria for the aforementioned non-profit status in this Article XI, Section 1, to be used exclusively for educational or charitable purposes.

ARTICLE XII - RIGHTS AND RIGHTS OF APPEAL

- Section 1 Athletes Bill of Rights. [As per USAW, Inc. Constitution and By-Laws.]
- Section 2 Board of Review. [As per USAW, Inc. Constitution and By-Laws.]
- Section 3 Disciplinary Procedures. [As per USAW, Inc. Constitution and By-Laws.]
- Section 4 Evidence on Hearing. [As per USAW, Inc. Constitution and By-Laws.]
- Section 5 Appeals Procedures. [As per USAW, Inc. Constitution and By-Laws.]