

NORTH DAKOTA WEIGHTLIFTING COMMITTEE BY-LAWS

August 1, 2014

ARTICLE I – PURPOSE

The mission of North Dakota Weightlifting is to develop Weightlifting in North Dakota to identify and train athletes leading to Olympic Games and World Championship Gold medals and improve the positive Weightlifting experience for those not focused on Olympic and Worlds medals.

ARTICLE II – STRUCTURE

The structure of North Dakota Weightlifting shall duplicate USAW structure as closely as possible. By-Laws and rules of the USAW shall be adhered to when and where it is applicable.

ARTICLE III – MEMBERSHIP

Members shall consist of all those individuals and organizations currently registered through the North Dakota Local Weightlifting Club (LWC) with the USAW. Each member is entitled to one vote

ARTICLE IV – BOARD OF DIRECTORS (OFFICERS)

SEC 1. The Board of Directors (BOD) of the LWC shall consist of President, Vice President (and Registration Chairman), Secretary/Treasurer, and Athlete Representatives in proportion to the membership as follows: one for up to 50, two for 51-100 and 3 for over 100 members.

SEC 2. The BOD shall be elected for two year terms in even numbered years by the membership

SEC 3. The BOD shall conduct the business of the committee between meetings.

ARTICLE V-SUBCOMMITTEES

The BOD may appoint sub committees as necessary to fulfill the responsibilities of the committee. These are to be appointed as needed.

ARTICLE VI – MEETINGS

SEC 1. An annual meeting shall take place concurrent with the LWC Championship or during the same month of said championship.

SEC 2. Special meetings may be called by the President, a majority of the officers, or a 1/3 vote of the membership for any purpose upon reasonable notice.

SEC 3. A quorum consists of those voting members who are present at the meeting.

SEC 4. Meeting minutes will be published on website.