

## Allegheny Mountain Association Local Weightlifting Committee Bylaws

### **Article 1: Name**

Section 1: Name. This Local Weightlifting Committee will be referred to as **Allegheny Mountain Association LWC (AMA)**.

Section 2: The AMA is Local Weightlifting Committee # 11 and is a registered member of USA Weightlifting.

Section 3: Tax Status. The AMA is not registered as a separate corporation at this time.

### **Article 2: Territory**

Section 1: Jurisdiction. The said LWC shall include all counties within the state of Pennsylvania, zip codes between 15300 and 16799.

### **Article 3: Mission Statement/ Purpose.**

Section 1: Mission Statement. To promote the growth and development of weightlifting and lifters at a grassroots level, abiding by the rules and governance of USA Weightlifting.

Section 2: Function. The purpose shall be to educate, promote, conserve, sponsor, coordinate and stimulate the interest of Weightlifting, as an amateur sport, throughout the Federation, Region, and Nation.

### **Article 4: Elections**

Section 1: Elections will be held every year, on a rotating basis, with officers holding seats for 2 years. LWC Officers to be elected are President, Vice President, Secretary, Treasurer and Athlete's Representative. (USA weightlifting does not have a limit as to how many terms an officer can hold their position.)

Section 2: Elections will be on a rotating two year cycle, with the President, Treasurer and Athlete's Rep being elected on odd years and Vice President and Secretary elected on even. (This will help in the cohesion of a functional Board.)

Elections for officer positions will held on a 1 vote per LWC member basis.

### **Section 3: Officers**

- a. President: The President shall preside at the Membership and Executive Board meetings as chief officer of the organization; shall supervise the organization's affairs and activities; shall make an annual report to the members; and be

- responsible for seeing that all of the organization's activities are in accordance with the bylaws and USA Weightlifting rules.
- b. Vice President: The Vice President shall preside at membership and Executive Board meetings in the absence of the President; shall also act on behalf of the President when required, and shall work with the President on all affairs of the organization. The Vice President will assume the Presidency in the event that the President is unable to fulfill his responsibilities.
  - c. Secretary: The Secretary shall give notice of all regular and special meetings; keep permanent record of such meetings, be custodian of all official records of the organization, and furnish minutes of such meetings for publication; submit a credentials report at each meeting; supervise the ways and means affairs and projects of the organization;
  - d. Treasurer: The Treasurer shall issue notice of dues payable (if any) and be responsible for the collection thereof; keep the financial records of the organization; disburse a report in detail at the annual meeting, and at other times when directed, as to the financial condition of the Association; cooperate with the party selected by the Executive Board to make an annual audit of the financial records.
  - e. Athletes' Representative: The Athlete's Representative will serve to represent the athlete membership of the LWC at executive board meetings, voicing the concerns of the general membership in administrative matters. The Athlete's Representative must reside in the Geographic Boundaries of the LWC, must be at least 18 years of age at the time of nomination, must be a member in Good Standing of USA Weightlifting and the Allegheny Mountain LWC. The Athlete's Rep. will provide the athlete's perspective in evaluating and voting on the LWC's rules or bylaws and the impact they could have member athletes.

#### Section 4: Removal of Officers

- i. If an officer(s) is found to be non-compliant with the Code of Conduct of USA Weightlifting, an officer can be removed
  - ii. Officers may be removed following a review and hearing conducted by the LWC President. If the President is the subject of the removal hearing the Vice President shall preside at the hearing.
- f. Special elections for replacing members
- a. A special election shall be held for a vacant office within 90 days of the office being vacated.

#### Section 5: Meetings

- a. Annual
- b. Special meetings may be convened by the President as required.
- c. Meeting minutes will be distributed on request.

## **Article 5: Members**

- a. The AMA President, the Secretary/Treasurer or his/her designee will make a notification of all sanctioned events in the LWC.
- b. Other items of interest will be distributed as needed.

## **Article 6: Funding**

Section 1: Funding. The purpose shall be to receive funds and other assets by the way of donations from various and sundry sources; to receive funds from registrations, sanctions, club memberships and service fees. To utilize all funds received from whatever source exclusively in the promotion of and in furtherance of Weightlifting.

Section 2: Corporate Status. The Allegheny Local Weightlifting Committee is not incorporated at this time. A free checking account is maintained at Citizen's Bank.

Section 3: Financial Statements and disclosure policy.

The AMA President and Secretary/Treasurer are signatories on the account and checking statements are maintained by the President. Members may review the account statements on request.

Section 4: Collection: Currently the only source of revenue for the LWC is from USAW member rebates.

Section 5: Purpose of Funds. Funds are for the promotion and support of the sport of Weightlifting in the AMA region. Disbursements must be agreed to by a majority of the LWC Officers.

## **Article 7: Events**

- a. Calendar of events / notifications are managed by the President
- b. Dates awarded by 1<sup>st</sup> come 1<sup>st</sup> serve.

## **Article 8: Amendments to Bylaws**

- a. Bylaws may be amended by a majority vote of the officers
- b. A quorum of officers must be present to vote.

## **Article 9: Miscellaneous**