

## **Bylaws of the Alaska Weightlifting Federation (AWF)**

### **Section I. Name.**

The name of this organization shall be the **Alaska Weightlifting Federation** (LWC#: 56).

### **Section II Mission**

The mission of this federation is to serve as the central governing body for weightlifting in the State of Alaska that works to promote the drug free Olympic sport of weightlifting at all levels throughout the state and communicates with all outside bodies as the principal authority of weightlifting.

### **Section III Membership**

Membership shall be limited to current members of USA Weightlifting in good standing who are legal residents of Alaska and/or are members of a USAW club registered in Alaska.

### **Section IV Meetings**

1. The annual meeting of the membership of the Federation shall be held in September at a date and location set by the Executive Committee.
2. Special meetings of the Federation membership may be called by the Executive Committee or by any registered club in with USAW within Alaska via petition to the Executive Committee. Those clubs must be in good standing with the Federation and USAW.
3. Written notice stating the place, day, and hour of the called meeting and the purpose or purposes for which the meeting is called, shall be given not less than 14 days before the meeting date, either personally or by e-mail, or by and at the direction of the President, or the persons calling the meeting. If mailed, such notices shall be deemed to be given when deposited in the United States Mail addressed to the Club Director of each member USAW club at his/her address as it appears in the USAW/LWC Club directory.
4. Notice of a meeting of the Federation to act on an amendment of the Bylaws or on a plan of merger or consolidation shall be given, in the manner provided above, not less than 30 days before the date of the meeting. A copy of the proposed Bylaws Amendment, proposed plan of merger or consolidation, shall accompany any such notice. Amendments of the Bylaws require a two – thirds vote of the membership present at the meeting.
5. Each member shall have representation according to the total number of current registered members of the club in good standing as of the date of the LWC meeting. The number of representatives of each club shall be as follows; one representative for 1 – 20 members, two representatives for 21 – 40 members, three representatives for 41 members or more. All unattached members shall be treated by the same guidelines as any other clubs with a maximum of three representatives allowed. Every representative shall have one vote. The unattached representatives shall be elected by all unattached members present at the annual meeting that are in good standing. The voting privileges of the unattached representatives shall expire at the conclusion of the next annual meeting.
6. A majority of the members entitled to vote, represented in person, shall constitute a quorum at a meeting of the membership. If a quorum is present, the affirmative vote of the majority of the members present at the meeting and entitled to vote on the subject matter shall be an act of the membership except that in elections of officers those receiving the greatest number of votes shall be deemed elected even though not receiving a majority.

## **Section V Executive Committee**

1. There shall be an Executive Committee of the Federation that shall consist of the following elected officers: President, Vice President, Treasurer, Athlete Representative, and Secretary.
2. Meetings of the Executive Committee may be held at any time. Except as otherwise provided in these Bylaws, written notice of such meetings shall be e-mailed by an officer of the Federation to each member of the Executive Committee not less than 10 days before any such meeting. Neither the business to be transacted at, nor the purpose of, any such meeting of the Executive Committee need be specified in the notice or waiver of notice of such meeting.
3. Any vacancy occurring in the Executive Committee shall be filled by the affirmative vote of a majority of the remaining Executive Committee members.
4. A majority of the members of Executive Committee shall constitute a quorum for the transaction of business. The act of the majority of the Executive Committee present at a meeting at which a quorum is present shall be the act of the Executive Committee.
5. Meetings of the Executive Committee may be held by telephone-conference calls, and when so held, the action of such conferences shall be entered in the minutes of the Committee and provided to the membership at the next annual meeting.

## **Section VI Officers**

1. The officers of the Federation shall consist of a President, Vice President, Athlete Representative, Secretary, and Treasurer each of whom shall be elected by the membership at the annual meeting held every other year starting with the year 2007 for a term of two years. Officers may succeed themselves in office. A vacancy in an office shall be filled by the Executive Committee. Nominations for officers of the Federation shall be presented to the membership by the Executive Committee. Nominations may also be made from the floor of the membership for approval at the annual meeting of the Federation.
2. The President shall serve as the senior executive of the Federation. He/she shall preside at all meetings, chair the Executive Committee, have general supervision of the affairs of the Federation, sign or counter-sign all contracts, make reports to the directors and membership and perform all such other duties as are necessary. The Executive Committee will present the terms of contact for the President to the members at the annual meeting for approval.
3. The Vice President shall assist the President in any of his/her duties and will serve in the President's place if the President becomes unable to perform his/her duties. The Vice President shall also ensure that all rules and policies of the USAW are adhered to by all members. The Vice President shall oversee and manage the annual LWC awards banquet.
4. The Treasurer shall have charge of the Federation books and financial records. He/she shall sign with the President such instruments as require such signature, pay bills of the Federation as submitted within 30 days of receipt of the invoice, and he/she shall make such reports and perform such other duties as are incident to his/her office or are properly required of him/her. The Treasurer shall have the custody of the funds and securities of the Federation and deposit the same in the name of the Federation in such bank or banks as the Executive Committee may elect. He/she or some duly authorized agents of the Federation shall pay out and dispose of the funds of the Federation under the direction of the Executive Committee. He/she shall, at all reasonable times, exhibit the books of accounts to Federation members upon application at the office of the Federation during business hours. The Treasurer shall record the minutes of all meetings held by the Executive Committee as well as the Federation Membership. The Treasurer shall also maintain accurate and timely Florida State Weightlifting Records as well as results for every LWC competition and report them to USAW. He/she shall keep records of all registered members within the LWC and all certified LWC referees.

5. Athlete Representative. The Athlete Representative is the voice of the athletes. It is the duty of the Athlete Representative to: ensure all information is communicated to the athletes in a timely manner; ensure the athletes are properly represented in all meetings; and perform such other duties as, from time to time, may be assigned to the Athlete Representative by the board.
6. Secretary. The Secretary shall give notice of all regular and special meetings; keep permanent record of such meetings, be custodian of all official records of the organization, and furnish minutes of such meetings for publication; submit a credentials report at each meeting; and shall perform such other duties as, from time to time, may be assigned to the Secretary by the Board.

### **Section VII Meets**

1. The privilege to host a USAW sanctioned meet will be available to any member of the Alaska Weightlifting Federation in good standing with USAW.
2. The annual schedule of primary sanctioned events will be once a quarter: JAN, APR, JUL, OCT. Changing months of these meets shall be voted on by the membership at the annual meeting. Additional meets may still be scheduled and sanctioned after the annual meeting, but will require the approval of the majority of the Executive Committee and must not conflict with other previously sanctioned events.
3. When applying to the Federation to sanction a meet, the applicant shall provide all information regarding lifting equipment, meet fees, officials and any other information requested by the Federation.
4. Meet directors are required to submit official meet results to USAW and the AWF Secretary within 10 business days; failure to do so will result in a \$50 late fee.

### **Section VIII Bylaw Changes**

1. These Bylaws may be amended by a two-thirds vote at any regular/special meeting of the membership at which a quorum is present in accordance with Bylaws Section IV, Section 4.
2. Changes in the Bylaws shall be in effect immediately upon adoption by the membership unless otherwise expressly stated.

**ADOPTED effective January 30, 2017.**



**Michael C. Chin, LWC-56 President**