

USA Weightlifting Board of Directors Meeting - Minutes
July 18-19, 2015
Colorado Springs, CO

The USA Weightlifting Board of Directors met in person on July 18-19, 2015 in Colorado Springs, CO. All Board members were present in Colorado Springs or by telephone for the meeting.

The actions of the Board during that meeting are listed below.

1. Motion: Effective October 1, 2015 all coach members with a ranking of Club Coach or higher must take and pass the SafeSport video training program before renewing their coach membership.

(The SafeSport video training program is free to all coaches and is available online at <http://training.teamusa.org/store/details/1>)

Motion Passes Unanimously

2. Motion: To create an Athlete Development Model for continuing education by on-line video that all coach members with a ranking of Club Coach or higher must take and pass. The timeline for creation of the module is March 31, 2016 (subject to review) and a budget variance of \$5,000 was approved to initiate the project. The requirement for passing the on-line video course will be implemented after the course is produced and reviewed.

Motion Passes Unanimously

3. Motion: To create a task force of medical professionals that is charged with creating a guideline and rationale to address weight cutting for Youth and Junior athletes.

Additionally, to request that the Medical Society create a listing of nutritionists available for consultation with athletes upon request.

Motion Passes Unanimously

4. Motion: To approve the 2015 budget as presented in 2014.

Motion approved unanimously

5. Motion: To approve a budget variance for the purchase and installation of a new floor for the OTC weight room. Final amount will be reviewed by the Board after all bids are received.

Motion approved unanimously