

USA Weightlifting Coaching Advancement Requirements.

Base requirements:

- Background Check
- SafeSport Training
- USADA Coaches Advantage
- Level 2 Coaching Course
- Yearly CEU

Stipulations:

- Only one coach may advance on any one athlete, unless the total of the athlete increases more than 10% under the new coach, OR the athlete moves up a competition level under the new coach (for example, an athlete moves from only appearing in Nationals to World Championships level, or from World Championships level to Olympic Games level), where the athlete also increases their total by at least 5%. All total increases verified via Webpoint and/or IWF database as appropriate.

Athlete Production:

*Athlete must currently show you as the Coach #1 on the Profile at the time of the achievement and time of application. Alternatively, the athlete at their exclusive discretion may submit testimony to the effect that the coach was the Coach #1 at the time of the achievement in the case of an International and Snr International only.

National, Combination of:

- 2 x Athletes to National Championships, or
- 4 x Athletes to American Open Finals, or American Open Series who meet the AO Final qualifying total or National University Championship who meet the AO Final qualifying total for that year, or
- 4 x Athletes to the National Junior Championships, or
- 4 x Athletes to an IWF Bronze Event.
- 6 x National Youth Championships 16-17 Athletes, or
- 12 x National Youth Championships 14-15 Athletes, or
- 4 x Masters World Champions, or
- 12 x Masters National Champions.

International, Combination of:

- 1 x Athlete to Olympic Games, (Snr) World Championship, Youth Olympic Games or Pan American Games.
- 2 x Athletes to Pan American Championships or IWF World Junior Championships.
- 4 x Athletes to IWF Youth World Championships
- 4 x Athletes to IWF Gold, Silver or Pan American Youth events.

Snr. International, Combination of:

- 2 x Athletes to Olympic Games, (Snr) World Championship, Youth Olympic Games or Pan American Games.
- 4 x Athletes to the Pan American Championships (Sr) or IWF World Junior Championships.
- 8 x Athletes to the IWF Youth World Championships.

***USA Weightlifting, in cooperation with the USA Weightlifting Coaching Committee, will make an annual review of these requirements in each November of the calendar year.**