

## 2023 NAOS1 & NUC - Series 1 Start List

- 1 - National University Championships
- 2 - North American Open - Series 1 - Youth
- 3 - North American Open - Series 1 - Master
- 4 - North American Open - Series 1 - Open
- 5 - Rogue Strength Stage
- 6 - Service Members
- 7 - Service Members - Masters
- 8 - Adaptive Athletes

Sess	Pfm	Date	Gndr	Cat	Lot	Age	Name	Total	Team	Comps	
<b>1</b>	<b>Red</b>	<b>Thu Mar 2 Weigh In 6:00 AM</b>	<b>f</b>		498	16	PAFFORD Lillyan	109	Glass City Weightlifting	24	
					892	35	LANGDON Stephanie	105	Wolf Pack Weightlifting	34	
					349	42	WONCH Laura	100	LILY WEIGHTLIFTING	34	
					1060	18	LYNN Kendyl	100	Unaffiliated	4	
					59F	48	STRZYNSKI Shannon	99	Unaffiliated	34	
					56	40	MASANGCAY Bernadette	95	Jerks That Jerk	34	
					922	14	THOMAS Laila	89	4 Star Strength	24	
					987	14	RAYMOND Sydney	84	Steadfast Barbell	24	
		453	59	JOHNSON Deanna	80	Eastside Barbell	34				
		<b>Start 8:00 AM</b>	64+A	1504	13	VINCENT Olivia	100	Forney Barbell	24		
			64J	557	41	DORRANCE Molly	105	ALLSOUTH Barbell	34		
				18	13	KRAMER Payton	75	CLEAN SLATE WEIGHTLIFTING	24		
32	1166		12	DANA Ethan	55	Zion Barbell	24				
<b>1</b>	<b>White</b>	<b>Thu Mar 2 Weigh In 6:00 AM</b>	<b>m</b>		36	687	11	ADAMS Dandre	88	EAST COAST GOLD W/L TEAM	24
					479	12	HAGLUND Vaughn	75	LILY WEIGHTLIFTING	24	
					44B	238	13	BATES Bradley	90	Glass City Weightlifting	24
						66	13	MCGRATH Weston	75	Train Harder Barbell Club	24
						72	12	BATES Brock	70	Glass City Weightlifting	24
						486	11	NUNEZ Leonel	54	4 Star Strength	24
					49B	1507	13	BROWN Kellan	54	CLEAN SLATE WEIGHTLIFTING	24
						1210	13	PETERSEN Grant	75	Heartland Strength	24
		257	11	FOUNTAIN Neil		50	South Georgia Barbell	24			
		55E	855	15		CORCORAN Quinn	93	3 Kings Weightlifting Club	24		
		Start 8:00 AM	569	13	OKELEY Michael	85	3 Kings Weightlifting Club	24			
			61E	362	13	CURRY Aidan	76	LILY WEIGHTLIFTING	24		
<b>1</b>	<b>Blue</b>	<b>Thu Mar 2 Weigh In 6:00 AM</b>	<b>m</b>		73+A	130	12	STANLEY Walker	115	TEAM HOUSTON	24
					301	13	FEGLEY Tate	106	LSU - Shreveport	24	
					820	13	PAEZ Roman Alexander	98	Bexar Barbell	24	
					73E	189	38	MAKARON Arkadiy	172	Empire Weightlifting	34
						1000	14	PORTER Samson	170	LIFT FOR LIFE GYM	24
						1137	51	EBUEN Eric	165	Attitude Nation Barbell Club	34
						714	15	COUILLOUD Gabriel	160	LIFT FOR LIFE GYM	24
					Start 8:00 AM	654	47	DISTEFANO Christopher	158	LILY WEIGHTLIFTING	34
		565	63	SCHULZE Christopher		115	McKenna Weightlifting	34			
		61C	546	21		LI Jaden	170	Conqueror Weightlifting	1		
			122	23		XU Aaron	150	UNIVERSITY OF TEXAS	1		
			428	22	GUPTA Sahil	148	University of Michigan Weightlifting	1			
<b>1</b>	<b>Stars</b>	<b>Thu Mar 2 Weigh In 6:00 AM</b>	<b>m</b>		67C	960	20	MARKS Jeremy	170	Gator Weightlifting	14
					1076	22	RENTERIA Jose	170	University of Oregon Weightlifting Club	1	
					625	19	CHAN Connor	160	University of Oregon Weightlifting Club	1	
					359	21	MCALLISTER Matthew	180	Gator Weightlifting	1	
					73C	701	22	DONG Jonathan	180	University of Michigan Weightlifting	1
						798	21	KUSTAGISHETTAR Saisparsh	180	Olympic Weightlifting Club at The Ohio State University	1

## 2023 NAOS1 & NUC - Series 1 Start List

- 1 - National University Championships
- 2 - North American Open - Series 1 - Youth
- 3 - North American Open - Series 1 - Master
- 4 - North American Open - Series 1 - Open
- 5 - Rogue Strength Stage
- 6 - Service Members
- 7 - Service Members - Masters
- 8 - Adaptive Athletes

Sess	Pfm	Date	Gndr	Cat	Lot	Age	Name	Total	Team	Comps	
<b>2</b>	<b>Red</b>	<b>Thu</b>	<b>f</b>	<b>59E</b>	446	30	PHAN Lucy	125	Archon Weightlifting	4	
					614	32	KIMMEL Sarah	125	ALLSOUTH Barbell	4	
		<b>Mar 2</b>			924	42	CHARD Erica	124	Catalyst Masters	34	
					195	29	ROGALKE Abigail	120	Heartland Strength	4	
		<b>Weigh In</b>			1083	21	SHERMAN Isabella	120	LILY WEIGHTLIFTING	4	
					243	30	FUCHS Bari	115	Unaffiliated	4	
		<b>Start</b>			784	16	DEATLINE Anna Grace	115	Unaffiliated	24	
					1017	16	BUITENDACH Lize	113	ATHLETIC LAB WLC	24	
		<b>10:00 AM</b>			338	25	YUO Monica	109	HASSLE FREE BBC	4	
				<b>55</b>	1510	12	JOEI Fulghum	54		24	
<b>2</b>	<b>White</b>	<b>Thu</b>	<b>f</b>	<b>55D</b>	252	26	ADAMS Cynthia	105	Unaffiliated	4	
					721	13	HAMILTON Alexandra	105	ODC Barbell	24	
		<b>Mar 2</b>			788	28	ESPOSITO Allison	100	ALLSOUTH Barbell	4	
					1051	13	STAATS Addison	99	FORNEY BARBELL CLUB	24	
		<b>Weigh In</b>			766	44	BUTLER Amber	98	Eastside Barbell	34	
					509	14	DE LA CRUZ Sunrise	88	FORZA WEIGHTLIFTING CLUB	24	
		<b>Start</b>			409	17	KIESIG Madi	85	TEAM FLORIDA GULFCOAST WL	24	
					203	54	FRIEND Kathleen	80	Unaffiliated	3467	
		<b>10:00 AM</b>			460	14	PETTY Kara	71	Dark Horse Weightlifting Club	24	
					1207	12	NUNEZ Sonya	70	4 Star Strength	24	
<b>2</b>	<b>Blue</b>	<b>Thu</b>	<b>m</b>	<b>73D</b>	197	26	FERGUSON Jesse	184	Bexar Barbell	4	
					786	26	DIAZ Angel	184	Bexar Barbell	4	
		<b>Mar 2</b>			842	25	BULLOCK Soren	184	Unaffiliated	4	
					162	33	LARCOM Jonathan	180	Unaffiliated	4	
		<b>Weigh In</b>			330	27	THOMPSON Nathaniel	180	Pilchuck Barbell	4	
					378	43	MANNARINO Salvatore	180	Attitude Nation Barbell Club	34	
		<b>Start</b>			650	32	SUGAK Igor	180	Golden State Barbell Club	4	
					1206	31	MEDINA AGUILAR Erick Mishell	180	LILY WEIGHTLIFTING	4	
		<b>10:00 AM</b>			491	56	RODRIGUEZ Joe	179	Cuppa Joe Weightlifting	34	
					320	27	DANIEL Jerrick	177	ALLSOUTH Barbell	4	
	339	30	NGUYEN Trung	177	House of Weightlifting	4					
<b>2</b>	<b>Stars</b>	<b>Thu</b>	<b>m</b>	<b>55B</b>	992	20	TANAKA Trevor	195	University of Oregon Weightlifting Club	1	
					39	20	LEONARD Samuel	181	LINDENWOOD LIONS	1	
		<b>Mar 2</b>			176	21	MORGAN Jakobe	190	Gator Weightlifting	1	
					41	21	PAPANTONAKIS Jacob	185	STONEAGE WEIGHTLIFTING CLUB	1	
		<b>Weigh In</b>			1187	19	ZILCOSKY Chase	185	LINDENWOOD LIONS	1	
					544	21	LAM Andy	181	University of Oregon Weightlifting Club	1	
		<b>Start</b>			67B	594	19	PEREZ Anthony	190	Parish Barbell Club	1
					576	20	FOGEL Grayson	200	Olympic Weightlifting Club at The Ohio State University	1	
		<b>10:00 AM</b>			73B	313	21	RODRIGUEZ Christian	190	Conqueror Weightlifting	1
					190	19	NELSON Phillip	187	Unaffiliated	1	
	149	23	COLIGAN Campbell	184	Bobcat Barbell	1					

## 2023 NAOS1 & NUC - Series 1 Start List

- 1 - National University Championships
- 2 - North American Open - Series 1 - Youth
- 3 - North American Open - Series 1 - Master
- 4 - North American Open - Series 1 - Open
- 5 - Rogue Strength Stage
- 6 - Service Members
- 7 - Service Members - Masters
- 8 - Adaptive Athletes

Sess	Pfm	Date	Gndr	Cat	Lot	Age	Name	Total	Team	Comps	
<b>3</b>	<b>Red</b>	<b>Thu Mar 2</b>	<b>f</b>	<b>59D</b>	578	16	GREEN Emily	132	The Norsemen Barbell Club	24	
					653	31	ARCHER Kathleen	132	Bexar Barbell	4	
					100	17	WHITAKER Gianna	130	POWER AND GRACE PERFORMANCE.	24	
					131	36	REUTHER Katelyn	130	POWER AND GRACE PERFORMANCE.	34	
					158	31	WANG Finna	130	Rx Weightlifting Club	4	
					514	29	SARGENT Judith	130	Train Harder Barbell Club	4	
					558	43	COUGHLIN Melissa	130	Red Panda Strength	34	
					640	26	ANGEL Justice	130	Sun Devil Weightlifting	4	
					914	46	PUCCI Jaclyn	130	RUBBER CITY WEIGHTLIFTING	34	
					1158	36	LECUYER Lauren	129	Tacoma Strength Weightlifting	34	
				1073	22	GOTT Brooke	127	Pilchuck Barbell	4		
<b>3</b>	<b>White</b>	<b>Thu Mar 2</b>	<b>m</b>	<b>61C</b>	44A	691	14	YOO Diego	125	3 Kings Weightlifting Club	24
					49A	1009	14	MYLES Desmond	115	Unaffiliated	24
						106	23	DANG Joe	143	PITTSBURGH BBC	4
					55D	406	14	TOM Bret	140	Team Divergent	24
						651	16	LUDBROOK Henry	131	Unaffiliated	24
						814	14	LOPEZ Diego	125	Unaffiliated	24
						233	16	BEDIN Nicholas	145	Conviction Barbell	24
					61D	1147	13	FOUNTAIN Asher	105	South Georgia Barbell	24
						660	14	SHARER Cohen	100	Fourteen Forty Collective	24
						1505	13	BOOTH Noah	100	Team Divergent	24
				67D	863	15	GRIFFIN Gunner	130	South Georgia Barbell	24	
					420	14	FRUCHTENICHT Dominic	129	Tevis Weightlifting Club	24	
<b>3</b>	<b>Blue</b>	<b>Thu Mar 2</b>	<b>m</b>	<b>73C</b>	643	29	TSAUR Sean	200	McKenna Weightlifting	4	
					715	44	DANA Ryan	200	Zion Barbell	34	
					1022	39	SALAZAR Rodrigo	200	Jerks That Jerk	34	
					1126	27	FAYETTE Nicholas	200	RENEGADE BARBELL CLUB	4	
					240	40	BRAVO Lionel	195	BARBARIAN BARBELL CLUB	34	
					270	44	LEE Derrick	191	HASSLE FREE BBC	34	
					876	26	SHAH Nikhil	190	Unaffiliated	4	
					1110	29	QUACHTRAN Benjamin	190	MURDER OF CROWS	4	
					235	22	WALKER Evan	186	Kenmore Barbell Club	4	
					294	18	SCHWITTERS Bennett	185	Conviction Barbell	4	
				559	33	RING Thomas	185	Performance Training Systems Weightlifting	4		
				658	18	NEPOMUCENO Benjamin	185	T3 Barbell	4		
<b>3</b>	<b>Stars</b>	<b>Thu Mar 2</b>	<b>f</b>	<b>49</b>	1058	22	CONTRERAS Crystal	85	Bobcat Barbell	1	
					1124	22	BAMFORD Kaitlyn	77	University of Oregon Weightlifting Club	1	
					817	25	ZAYED Aseel	125	Florida Elite	1	
					910	23	LACEY Kaitlin	124	Gator Weightlifting	1	
					312	26	GRANADOS Mariana	120	Freedom Weightlifting	1	
					539	19	BERRIS Mary	110	Pursuit Weightlifting	1	
					265	18	PARKER Madyn	100	The Norsemen Barbell Club	1	
				332	19	CUCCHIARA Ashley	95	Gator Weightlifting	1		

# 2023 NAOS1 & NUC - Series 1 Start List

- 1 - National University Championships
- 2 - North American Open - Series 1 - Youth
- 3 - North American Open - Series 1 - Master
- 4 - North American Open - Series 1 - Open
- 5 - Rogue Strength Stage
- 6 - Service Members
- 7 - Service Members - Masters
- 8 - Adaptive Athletes

Sess	Pfm	Date	Gndr	Cat	Lot	Age	Name	Total	Team	Comps
		12.00 FRI			1134	23	ADEGBOLA Eniola	90	Bobcat Barbell	1

## 2023 NAOS1 & NUC - Series 1 Start List

- 1 - National University Championships
- 2 - North American Open - Series 1 - Youth
- 3 - North American Open - Series 1 - Master
- 4 - North American Open - Series 1 - Open
- 5 - Rogue Strength Stage
- 6 - Service Members
- 7 - Service Members - Masters
- 8 - Adaptive Athletes

Sess	Pfm	Date	Gndr	Cat	Lot	Age	Name	Total	Team	Comps	
<b>4</b>	<b>Red</b>	<b>Thu Mar 2 Weigh In 12:00 PM</b>	<b>f</b>	<b>55C</b>	326	20	MCINTYRE Colleen	124	Unaffiliated	4	
					208	15	FRANCESONE Madeline	120	Steadfast Barbell	24	
					583	34	GASPAR Danielle	115	Unaffiliated	4	
					1063	16	YOUNG Eva	113	ATHLETIC LAB WLC	24	
					249	33	ABDALLAH Kelsey	111	Moran Academy	4	
					392	30	TAPLEY Jordan	111	ATLANTA PERFORMANCE	4	
					534	31	MILLER McKenzie	111	Conviction Barbell	4	
					14	30	DEGIDIO Christa	110	EAST COAST GOLD W/L TEAM	4	
					38	45	STORCK Lauren	110	ATLANTA PERFORMANCE	34	
					2:00 PM	944	13	PRICHARD Abigail	107	MAX KANE BARBELL	24
			96	33	CHRYSLER Sara	106	Unaffiliated	4			
<b>4</b>	<b>White</b>	<b>Thu Mar 2 Weigh In 12:00 PM</b>	<b>m</b>	<b>55C</b>	403	15	LESSLEY James	150	Savage Not Average Barbell	24	
					156	15	DRAKE William	147	Martin Brock	24	
					829	16	PETTY Ethan	174	Dark Horse Weightlifting Club	24	
					61C	580	26	PORTER Miguel	172	Albany CrossFit Barbell Club	4
				<b>67C</b>	1003	15	MARQUEZ Daniel	160	Bexar Barbell	24	
					390	17	MOELLER Tristan	156	Team Divergent	24	
					145	16	EVANS David	155	5 Rings Barbell	24	
					823	14	WHITLOCK Robert	150	Speed Power Strength	24	
<b>4</b>	<b>Blue</b>	<b>Thu Mar 2 Weigh In 12:00 PM</b>	<b>m</b>	<b>73B</b>	686	26	MACIAS Joshua	215	Bexar Barbell	46	
					868	30	FLORES Jacob	215	Bexar Barbell	46	
					915	34	SALAZAR Luis	215	Unaffiliated	4	
					1125	35	HOWARD Jacob	210	Wolf Pack Weightlifting	34	
					285	30	MINOR Thomas	207	Unaffiliated	4	
					33	33	GAMBINO Matthew	206	Team Strength Works	4	
				<b>81C</b>	629	39	ALCANTARA Christopher	203	HI PERFORMANCE ATHLETICS	34	
					560	37	FLOR Jaime Inigo	201	ATHLEO BARBELL CLUB	34	
					180	17	SMITH Micale	200	Team Divergent	24	
					241	36	NGUYEN Alan	200	Jerks That Jerk	34	
					261	31	DER Andrew	200	Jerks That Jerk	4	
					2:00 PM	81C	1136	17	MANNING Colin	225	PHILADELPHIA BARBELL
	81D	400	40	LEUNG Brian	205	CHFP WEIGHTLIFTING CLUB	34				
<b>4</b>	<b>Stars</b>	<b>Thu Mar 2 Weigh In 12:00 PM</b>	<b>f</b>	<b>55</b>	80	22	SEPULVEDA Brienne	158	LINDENWOOD LIONS	1	
					184	23	DARAIO-RIVERA Summer	156	AMP TRAINING	1	
					153	22	CARTER Prestine	143	STONEAGE WEIGHTLIFTING CLUB	1	
					865	21	GOOLGASIAN Callie	138	Gator Weightlifting	1	
					4	19	DIAZ Denise	136	HEAVY METAL BARBELL	1	
					86	20	COGAN Makayla	130	Fourteen Forty Collective	1	
					708	25	DAVILA-MONTERO Bianca	130	Mid Mitten Barbell Club	1	
					919	22	KUSHNER Amelia	120	UNIVERSITY OF TEXAS	1	
					2:00 PM	1119	22	SCHMIDT Jessica	113	Category 5 Athletics	1
						1135	24	AVELLAN Ashley	103	TEAM FLORIDA GULFCOAST WL	1

## 2023 NAOS1 & NUC - Series 1 Start List

- 1 - National University Championships
- 2 - North American Open - Series 1 - Youth
- 3 - North American Open - Series 1 - Master
- 4 - North American Open - Series 1 - Open
- 5 - Rogue Strength Stage
- 6 - Service Members
- 7 - Service Members - Masters
- 8 - Adaptive Athletes

Sess	Pfm	Date	Gndr	Cat	Lot	Age	Name	Total	Team	Comps				
<b>5</b>	<b>Red</b>	<b>Thu</b>	<b>f</b>	<b>59C</b>	828	39	WRUBEL Crystal	150	Optimus Barbell Club	34				
					315	28	CZARNECKI Jessie	147	NWA Weightlifting	4				
		<b>Mar 2</b>			493	32	VITITOE Danielle	145	Cherokee Barbell	46				
					1188	27	MAXON Emily	142	Unaffiliated	4				
		<b>Weigh In</b>			298	27	LE Tram	140	Praxis Weightlifting	46				
					<b>2:00 PM</b>	596	30	VENABLE Andrea	135	Denver Barbell Club	4			
		<b>Start</b>				1002	36	DRESSER Mary	135	NX LEVEL WEIGHTLIFTING CLUB	34			
					<b>4:00 PM</b>	1182	23	YU Connie	135	Rhode Island Performance	4			
		231				36	RIZZO Janine	132	Freedom Weightlifting	34				
		272			20	GARZA Mallory	132	Bexar Barbell	4					
<b>5</b>	<b>White</b>	<b>Thu</b>	<b>m</b>	<b>55C</b>	150	34	PUFF Derick	160	Unaffiliated	46				
					590	18	WINSLOW Braden	200	KC WEIGHTLIFTING	4				
		<b>Mar 2</b>			797	32	LUISTRO Timothy	200	NEW YORK WEIGHTLIFTING ACADEMY	4				
					274	16	DANA Lincoln	180	Zion Barbell	24				
		<b>Weigh In</b>			962	50	BALDWIN Brad	196	Catalyst Masters	34				
					<b>1:50 PM</b>	424	23	HARRISON Isamu	190	Southern California Weightlifting Club	4			
		<b>Start</b>				898	24	STARK Jeremy	190	CLE Barbell Club	4			
					<b>3:50 PM</b>	1114	17	DANER Drew	185	ATHLETIC LAB WLC	24			
		260				15	SING Carter	180	Lebanon Barbell Club	24				
		979			28	CHU Jonathan	180	BASA Weightlifting	4					
		<b>73A</b>			210	18	STARNE Zachary	185	Conviction Barbell	4				
					584	15	MAHER Roy	180	Cherokee Barbell	24				
		<b>5</b>			<b>Blue</b>	<b>Thu</b>	<b>f</b>	<b>36A</b>	1208	12	WITHANA Thevini	58	Fortified Strength	24
									601	14	ORTON Jaedyn	95	5 Rings Barbell	24
<b>Mar 2</b>	37		15	CAGLE SkotLynd		84			POWER AND GRACE PERFORMANCE.	24				
	62		14	YOO Delilah		80			3 Kings Weightlifting Club	24				
<b>Weigh In</b>	1111		12	STAATS Emmerson		79			FORNEY BARBELL CLUB	24				
	<b>2:15 PM</b>		513	14		PHILLIPS Amelia			91	POWER AND GRACE PERFORMANCE.	24			
<b>Start</b>			988	17		WHITTEY Annaka			85	3 Kings Weightlifting Club	24			
	<b>4:15 PM</b>		519	38		CALIZON Vivvy			70	Jerks That Jerk	34			
417			29	MARASINI Bindu		100			Austin Barbell	4				
40	14		MASON Mahealani	99		POWER AND GRACE PERFORMANCE.			24					
591	67	FOESS Linda	52	Optimus Barbell Club	34									
<b>5</b>	<b>Stars</b>	<b>Thu</b>	<b>m</b>	<b>67A</b>	277	25	BRESKE Riley	240	Unaffiliated	1				
					344	20	GORDON Jonathan	230	T3 Barbell	1				
		<b>Mar 2</b>			92	21	JACOBS Christopher	224	Gator Weightlifting	1				
					689	24	CARRILLO Enrique	220	Bobcat Barbell	1				
		<b>Weigh In</b>			198	20	OWENS Trevor	270	STONEAGE WEIGHTLIFTING CLUB	14				
					<b>2:00 PM</b>	1034	20	FUKUHARA Evan	248	Unaffiliated	1			
		<b>Start</b>				552	21	COULTER Alec	240	Country Strong	1			
					<b>4:00 PM</b>	883	23	LINCK Eric	240	LINDENWOOD LIONS	1			
		263				21	HIGBY Myles	235	Unaffiliated	1				
		608			21	WITHINTON Adam	230	LINDENWOOD LIONS	1					
1028	20	MOORE Huntley	225	Gator Weightlifting	1									

# 2023 NAOS1 & NUC - Series 1 Start List

- 1 - National University Championships
- 2 - North American Open - Series 1 - Youth
- 3 - North American Open - Series 1 - Master
- 4 - North American Open - Series 1 - Open
- 5 - Rogue Strength Stage
- 6 - Service Members
- 7 - Service Members - Masters
- 8 - Adaptive Athletes

Sess	Pfm	Date	Gndr	Cat	Lot	Age	Name	Total	Team	Comps
					407	21	CALLAWAY Connor	220	Never Quit Barbell	1

## 2023 NAOS1 & NUC - Series 1 Start List

- 1 - National University Championships
- 2 - North American Open - Series 1 - Youth
- 3 - North American Open - Series 1 - Master
- 4 - North American Open - Series 1 - Open
- 5 - Rogue Strength Stage
- 6 - Service Members
- 7 - Service Members - Masters
- 8 - Adaptive Athletes

Sess	Pfm	Date	Gndr	Cat	Lot	Age	Name	Total	Team	Comps
<b>6</b>	<b>Red</b>	<b>Thu Mar 2 Weigh In 4:00 PM Start 6:00 PM</b>	<b>f</b>	<b>59B</b>	520	22	CAMERON Georgia	171	Southern California Weightlifting Club	4
					223	28	PERRY Taylor	170	SOUTH LOOP STRENGTH AND CONDITIONING	4
					160	33	HUSS Erin	165	Attitude Nation Barbell Club	46
					549	26	PROPER Gwen	165	Empire Weightlifting	4
					44	34	PRAY Brittany	160	Optimus Barbell Club	4
					561	31	SALERNO Cara	160	ALLSOUTH Barbell	4
					181	31	NOLAN Sarah	150	POWER AND GRACE PERFORMANCE.	4
<b>6</b>	<b>White</b>	<b>Thu Mar 2 Weigh In 4:00 PM Start 6:00 PM</b>	<b>f</b>	<b>55B</b>	720	31	WILLIS Maeve	160	McKenna Weightlifting	48
					507	16	RICE Gracie	145	Fourteen Forty Collective	24
					1191	36	DARI Subreen	145	POWER AND GRACE PERFORMANCE.	34
					774	17	AMBLER Allison	140	Fourteen Forty Collective	24
					973	30	ROSATI Nicole	140	PHILADELPHIA BARBELL	4
					58	23	WELLS Gabrielle	135	Unaffiliated	4
					334	27	GOSELIN Morgan	135	Unaffiliated	4
					550	18	JORDAN Alyssa	130	Hanley Strength Barbell Club	4
					729	28	NGUYEN An	130	Summit Barbell	4
				<b>59A</b>	844	14	JONES Adelyn	132	FORZA WEIGHTLIFTING CLUB	24
<b>6</b>	<b>Blue</b>	<b>Thu Mar 2 Weigh In 4:10 PM Start 6:10 PM</b>	<b>m</b>	<b>61A</b>	299	32	VAUGHN James	235	POWER AND GRACE PERFORMANCE.	4
					773	19	CHHUM Gabe	230	MAX KANE BARBELL	4
					1145	19	BABET Aaron	220	T3 Barbell	4
					232	17	LOCKWOOD Logan	213	4 Star Strength	24
					483	25	FELIX Isauro	205	Unaffiliated	4
					173	20	MARQUEZ Mario	275	Bexar Barbell	4
					75	24	NEWMAN Richard	265	AMP TRAINING	4
					1068	19	POLVERINI Dominik	250	1Kilo	4
					1179	30	SATARA Harley	236	Bexar Barbell	46
				<b>67A</b>	107	25	MENENDEZ Julian	220	Bexar Barbell	4
600	29	KELLY Angelo	215	Bexar Barbell	4					
<b>6</b>	<b>Stars</b>	<b>Thu Mar 2 Weigh In 4:10 PM Start 6:10 PM</b>	<b>f</b>	<b>59</b>	805	20	LE Grace	170	Praxis Weightlifting	1
					331	19	MALONEY Kayleigh	155	Concordia University Weightlifting	1
					676	22	HILL Aysia	154	Orlando Strength	1
					931	19	ESTEVEZ Alexa	154	STONEAGE WEIGHTLIFTING CLUB	1
					1102	23	FUHRMAN Lauren	151	Gator Weightlifting	1
					1140	23	FUHRMAN Jessica	150	Orlando Strength	1
					324	21	HOSTALLERO Mikaela	148	STONEAGE WEIGHTLIFTING CLUB	1
					754	23	AGUILAR Juliet	147	Bobcat Barbell	1
					222	21	COOKMAN Delaney	133	Gator Weightlifting	1
					342	19	NICHOLS Marlow	120	STONEAGE WEIGHTLIFTING CLUB	1
611	19	WILSON Rori	120	HARRISBURG WEIGHTLIFTING CLUB	1					
147	25	OZ Maya	115	Strong Weightlifting	1					



## 2023 NAOS1 & NUC - Series 1 Start List

- 1 - National University Championships
- 2 - North American Open - Series 1 - Youth
- 3 - North American Open - Series 1 - Master
- 4 - North American Open - Series 1 - Open
- 5 - Rogue Strength Stage
- 6 - Service Members
- 7 - Service Members - Masters
- 8 - Adaptive Athletes

Sess	Pfm	Date	Gndr	Cat	Lot	Age	Name	Total	Team	Comps
<b>7</b>	<b>Red</b>	<b>Thu Mar 2 Weigh In 6:00 PM Start 8:00 PM</b>	<b>m</b>	<b>73A</b>	166	28	MCCULLOUGH Matthew	300	Unaffiliated	4
					637	24	RANNO Noah	250	Unaffiliated	4
					604	34	CHIONG Christian	245	Vehement Elite Athletics	4
					670	28	MANDARINO Joseph	243	MILWAUKEE BARBELL WEIGHTLIFTING CLUB	4
					474	29	HAYES Jonathan	240	LILY WEIGHTLIFTING	4
					780	33	BARBER Justin	240	Empire Weightlifting	4
					194	28	PALMER Matthew	235	Zion Barbell	4
					50	20	BLATT David	230	Southern California Weightlifting Club	4
					335	31	SAJOL Lawrence	230	Team Strength Works	4
					808	33	RYU Jason	230	MURDER OF CROWS	4
<b>7</b>	<b>White</b>	<b>Thu Mar 2 Weigh In 6:00 PM Start 8:00 PM</b>	<b>f</b>	<b>55A</b>	975	21	COOK Leila	190	Bexar Barbell	4
					506	31	WRIGHT Sarah	178	Unaffiliated	48
					1097	29	HANDEL Allison	175	Unaffiliated	4
					595	30	MILLICAN Morgan	170	COFFEE'S GYM	4
					1081	18	MANN Jaycee	170	The Weight Room	4
					437	32	LEE Tiffani	169	HI PERFORMANCE ATHLETICS	4
					818	27	MCCUAIG Katherine	167	Freedom Weightlifting	4
					262	18	BRYANT Kaiya	165	COASTAL EMPIRE WEIGHTLIFTING	4
<b>7</b>	<b>Blue</b>	<b>Thu Mar 2 Weigh In 6:00 PM Start 8:00 PM</b>	<b>f</b>	<b>59A</b>	368	26	TREPANIER Leigh-Ann	190	Attitude Nation Barbell Club	4
					540	26	BRAMWELL Kaija	190	POWER AND GRACE PERFORMANCE.	4
					154	27	JONES Katie	188	Unaffiliated	4
					115	28	LEONARD Charley	187	Arkitekt Fitness	4
					501	29	CRAVEN Tiffany	183	Aspire Athletic Performance	4
					376	27	SCHORR Elena	180	HEAVY METAL BARBELL	4
					264	28	COOLEY Jordyn	176	Southern California Weightlifting Club	4
					524	31	LEE Lauren	173	Optimus Barbell Club	4
<b>7</b>	<b>Stars</b>	<b>Thu Mar 2 Weigh In 6:10 PM Start 8:10 PM</b>	<b>f</b>	<b>45A</b>	656	31	REED Angelique	155	Archon Weightlifting	4
					175	17	YOST Laney	125	Fourteen Forty Collective	24
					319	14	CATALANO Brynn	114	POWER AND GRACE PERFORMANCE.	24
					89	19	RODRIGUEZ Isabella	150	POWER AND GRACE PERFORMANCE.	4
					348	29	ROLLER Rachel	145	CATALYST ATHLETICS	4
				<b>49A</b>	1130	16	CUPP Brynn	134	West Michigan Muscle	24
					848	14	REED Harmony	119	FORNEY BARBELL CLUB	24
					138	32	PRASHAW Jessica	109	CHFP WEIGHTLIFTING CLUB	4
					965	30	RICCI Celia	107	Empire Weightlifting	4
					825	16	ASTROLOGES Madyson	105	3 Kings Weightlifting Club	24
<b>8</b>	<b>Red</b>	<b>Fri Mar 3 Weigh In 6:00 AM Start</b>	<b>f</b>	<b>64J</b>	473	46	KING Jessica	112	Performance Training Systems Weightlifting	34
					1065	38	RUFFNER Mallory	112	Pilchuck Barbell	34
					879	43	PETTIT Laura	110	FORZA WEIGHTLIFTING CLUB	34
					740	39	TACORONTI Christina	105	RVA Weightlifting	34
					627	35	OBER Teresa	100	Iron Monkey Strength	34
					1043	46	HERRICK Anne	100	Aevitas Weightlifting	34
					711	46	HUTCHINS Stefania	87	Unaffiliated	34
					258	55	SHIVER Helen	79	Butcher Barbell	34

## 2023 NAOS1 & NUC - Series 1 Start List

- 1 - National University Championships
- 2 - North American Open - Series 1 - Youth
- 3 - North American Open - Series 1 - Master
- 4 - North American Open - Series 1 - Open
- 5 - Rogue Strength Stage
- 6 - Service Members
- 7 - Service Members - Masters
- 8 - Adaptive Athletes

Sess	Pfm	Date	Gndr	Cat	Lot	Age	Name	Total	Team	Comps
		<b>Start</b>								
		<b>8:00 AM</b>			287	59	BENNETT Debbie	72	Pilchuck Barbell	34
					642	61	TELFER Kathy	63	Optimus Barbell Club	34

## 2023 NAOS1 & NUC - Series 1 Start List

- 1 - National University Championships
- 2 - North American Open - Series 1 - Youth
- 3 - North American Open - Series 1 - Master
- 4 - North American Open - Series 1 - Open
- 5 - Rogue Strength Stage
- 6 - Service Members
- 7 - Service Members - Masters
- 8 - Adaptive Athletes

Sess	Pfm	Date	Gndr	Cat	Lot	Age	Name	Total	Team	Comps
<b>8 White</b>	Weigh In 6:00 AM	Fri Mar 3	m	81E	5	29	MICHAUX Thomas	195	Tacoma Strength Weightlifting	46
					1037	28	SINGH Rajandeep	195	ATHLETIC LAB WLC	4
					1053	24	LEI Andy	193	Moran Academy	4
					1019	37	SALCEDO Guillermo	190	CLEAN SLATE WEIGHTLIFTING	3467
					743	15	AUSTELL Tevin	180	LIFT FOR LIFE GYM	24
					1116	49	OSBORN Mike	172	Unaffiliated	34
					94	47	ANDRE Axel	165	LILY WEIGHTLIFTING	34
					852	46	GARGAN Garrett	150	HASSLE FREE BBC	34
					178	53	HEROLD Scott	137	Unaffiliated	3467
					470	50	YOON Chris	130	8 MILE BARBELL	34
<b>8 Blue</b>	Weigh In 6:00 AM	Fri Mar 3	f	64+A	712	13	DEL BALSO Chassity	120	Conqueror Weightlifting	24
					118	13	GAYE' Mackenzie	108	Parish Barbell Club	24
					472	13	KEPHART Andie	95	Fourteen Forty Collective	24
					444	42	RAMIREZ Adrimarie	111	BAM Weightlifting Club	3467
					582	38	BAKER Christine	110	Unaffiliated	34
					379	16	EARLE Skylar	108	Clarksville Weightlifting Club	24
					719	42	WOODS Debra	105	South Georgia Barbell	34
					1193	54	BODDY Kirstin	97	Catalyst Masters	34
					917	47	KINNEY Christy	93	PARAMOUNT BARBELL CLUB	34
					644	58	MOHNSEN Sandra	90	POWER AND GRACE PERFORMANCE.	34
<b>8 Stars</b>	Weigh In 6:00 AM	Fri Mar 3	m	81B	666	24	OSBORNE BIRD Thomas	215	TSS BARBELL	1
					482	22	CERESA Domenico	210	University of Oregon Weightlifting Club	1
					906	23	SILK Aaron	210	Emory University Weightlifting Club	1
					655	23	JOHNSON Dalton	205	Unaffiliated	1
					837	21	MALDONADO Julian	200	Gator Weightlifting	1
					340	19	FISHER Benjamin	199	Gator Weightlifting	1
					753	20	SANCHEZ Ethan	197	Conqueror Weightlifting	1
					999	19	MASTROSIMONE Jimmy	197	Conqueror Weightlifting	1
					345	22	SCHULTZ Ethan	195	UW - LA CROSSE WEIGHTLIFTING CLUB	1
					1157	20	SAMPSON Caleb	189	Olympic Weightlifting Club at The Ohio State University	1
<b>89B</b>	Start 8:00 AM	707	24	MARKHAM Gunnar	182	PIONEER WLC	1			
								1160	22	ABREGO Solomon M

## 2023 NAOS1 & NUC - Series 1 Start List

- 1 - National University Championships
- 2 - North American Open - Series 1 - Youth
- 3 - North American Open - Series 1 - Master
- 4 - North American Open - Series 1 - Open
- 5 - Rogue Strength Stage
- 6 - Service Members
- 7 - Service Members - Masters
- 8 - Adaptive Athletes

Sess	Pfm	Date	Gndr	Cat	Lot	Age	Name	Total	Team	Comps	
<b>9 Red</b>	<b>8:00 AM</b>	<b>Fri Mar 3</b>	<b>f</b>	<b>64F</b>	730	43	MARTIN Erin	135	Unaffiliated	34	
					684	27	SPRADLEY Savannah	117	ALLSOUTH Barbell	4	
					302	36	MASTERS Sarah	116	Unaffiliated	34	
					949	33	YU Kristina	116	8 MILE BARBELL	4	
					1131	61	GARBER Kelly	116	PARAMOUNT BARBELL CLUB	34	
				109	30	GATES Adrien	115	Conviction Barbell	4		
				<b>64I</b>	174	39	FITE Jennifer	115	POWER AND GRACE PERFORMANCE.	34	
					555	23	KERR Sophia	115	4 Star Strength	4	
					854	20	SCHULTZ Samantha	115	UW - LA CROSSE WEIGHTLIFTING CLUB	4	
					891	33	BLEILER Laura	115	CHFP WEIGHTLIFTING CLUB	4	
					901	30	SHIRKEY Alyssa	115	Optimus Barbell Club	4	
				<b>10:00 AM</b>	1085	19	LEE Courtnie	115	TEAM FLORIDA GULFCOAST WL	4	
					1092	26	DRAUDT Haley	115	Bexar Barbell	4	
					1508	35	HEBERT Courtney	115	Parish Barbell Club	34	
					457	25	CHEN Eric	210	Archon Weightlifting	4	
461	27	HUANG Brandon	210		Southern California Weightlifting Club	4					
<b>9 White</b>	<b>8:00 AM</b>	<b>Fri Mar 3</b>	<b>m</b>	<b>81D</b>	462	38	BAUM Kevin	206	Columbus Weightlifting	3467	
					182	30	BESECKER Jonathan	205	Competitive Edge Barbell	4	
					905	33	KRUEGER-DEARSAW Marcus	205	Pilchuck Barbell	46	
					84	26	FERNANDO Paolo	204	PARAMOUNT BARBELL CLUB	4	
					477	26	TROUPE Stanton	203	Sun Devil Weightlifting	4	
					821	29	CHAMNESS Conor	203	Austin Barbell	4	
					292	28	LINGENAU Dylan	200	Rx Weightlifting Club	4	
					441	37	MIOTKE Jason	200	Waco Barbell	3467	
					20	33	SCOTT Jared	198	Unaffiliated	46	
					<b>10:00 AM</b>	1202	37	JANER Brett	198	4 Star Strength	34
						142	48	DESATNIK Douglas	197	Catalyst Masters	34
						352	17	CAVANAUGH Javier	197	ALPHA BARBELL	24
						1100	49	KARAS Greg	197	4 Star Strength	3467
						613	45	LEE Patricia	130	Zion Barbell	34
					<b>9 Blue</b>	<b>8:00 AM</b>	<b>Fri Mar 3</b>	<b>f</b>	<b>71G</b>	665	38
746	22	HUGHES Aspen	130	DiamondFit Weightlifting Club						4	
517	26	MEDAGLIA Malory	128	Team Divergent						4	
900	30	MIHAIL Renee	128	Albany CrossFit Barbell Club						46	
306	37	BURNELL Ashley	126	CHFP WEIGHTLIFTING CLUB						34	
1040	22	DAY Faith	126	Indy City Barbell						4	
375	41	FRAZER Erinn	125	PROJECT LIFT						34	
902	45	BARLOW Sarah	120	York County Barbell						34	
928	49	LONGSHORE HAYES Sarah	120	Unaffiliated						34	
<b>10:00 AM</b>	551	45	HICHO Ann Marie	115						CFC Weightlifting Club	34
	<b>76E</b>	744	14	HERRERA Andrea					126	HIGH DESERT ATHLETIC CLUB	24
		215	53	TALCOTT Lisa					115	Myriad Weightlifting	34

## 2023 NAOS1 & NUC - Series 1 Start List

- 1 - National University Championships
- 2 - North American Open - Series 1 - Youth
- 3 - North American Open - Series 1 - Master
- 4 - North American Open - Series 1 - Open
- 5 - Rogue Strength Stage
- 6 - Service Members
- 7 - Service Members - Masters
- 8 - Adaptive Athletes

Sess	Pfm	Date	Gndr	Cat	Lot	Age	Name	Total	Team	Comps
<b>9 Stars</b>	Weigh In 8:00 AM	Fri Mar 3	f	64B	1057	19	KARA Rylee	150	Concordia University Weightlifting	1
					769	20	ARELLANO Valeria	141	Bobcat Barbell	1
					386	19	DEARTH Jordyn	140	LINDENWOOD LIONS	1
					414	21	PROULX Bailey Marie	140	Unaffiliated	1
					959	22	MASTROSIMONE Amanda	135	Conqueror Weightlifting	1
					1104	21	KERSHNER Samantha	126	University of Michigan Weightlifting	1
					547	24	HITTLER Caroline	125	UNIVERSITY OF TEXAS	1
					114	21	GEIS Aislinn	121	PIONEER WLC	1
					632	23	CALVERT Alyssa	121	PIONEER WLC	1
					1045	21	CONNER Madilyn	121	PIONEER WLC	1
				1105	19	BROWN Samantha	121	LINDENWOOD LIONS	1	
<b>10 Red</b>	Weigh In 10:00 AM	Fri Mar 3	f	64H	193	35	MISSRY Nicole	120	Unaffiliated	34
					351	29	CABRERA Caitlin	120	Heartland Strength	4
					492	36	SKINNER Kady	120	Unaffiliated	34
					800	38	NICHOLS Kelly	120	DC WEIGHTLIFTING CLUB	34
					436	17	DE LA CRUZ Summer	119	FORZA WEIGHTLIFTING CLUB	24
					974	26	CHUN Laura	119	Southern California Weightlifting Club	4
					101	31	BARBEAU Kelly	118	HEAVY METAL BARBELL	4
					641	17	PAGE SANDER Lucia	118	LILY WEIGHTLIFTING	24
					673	22	SPINA Andrea	118	UNIVERSITY OF TEXAS	4
					908	31	MIXON Brittany	118	HEAVY METAL BARBELL	4
				1167	42	IHLENFELD Courtney	118	NX LEVEL WEIGHTLIFTING CLUB	34	
<b>10 White</b>	Weigh In 10:30 AM	Fri Mar 3	m	81C	26	32	WILSON Eric	225	CHFP WEIGHTLIFTING CLUB	4
					690	27	SALINAZ Alejandro	222	8 MILE BARBELL	4
					408	33	EVERHART Timothy	221	CHFP WEIGHTLIFTING CLUB	4
					289	28	HAN Conner	220	Tacoma Strength Weightlifting	46
					1018	25	SHI Nicholas	220	PITTSBURGH BBC	4
					1203	20	REGISTER Rodney	220	Fourteen Forty Collective	4
					128	27	MOTEW Louis	216	HEAVY METAL BARBELL	4
					751	30	ONOUYE Jacob	216	Optimus Barbell Club	4
					435	30	O'BRIEN Liam	215	BLACK & RED BARBELL CLUB	4
					612	17	MORRISON Isaias	215	ODC Barbell	24
				623	31	DIZON Jon	215	Vehement Elite Athletics	4	
<b>10 Blue</b>	Weigh In 10:00 AM	Fri Mar 3	m	89G	1020	44	GILES Jason	183	Iron Monkey Strength	34
					317	43	SKORKA Neil	180	Bexar Barbell	3467
					878	47	BEN-HAIN Michael	175	Bexar Barbell	34
					799	48	DUSH Aaron	170	Tangletown Barbell Club	34
					976	42	GAO Samuel	164	Unaffiliated	34
					763	57	PROCE James	157	EFD Holland Barbell	34
					661	29	FOSTER Wrigley	156	Moran Academy	48
					1152	58	EVERETT Todd	140	PROJECT LIFT	3467
					693	61	ZIMMERMAN Adam	135	Tacoma Strength Weightlifting	3467
					747	15	HAGLUND Anri	105	Unaffiliated	248
				1041	75	BAROSKY Frank	100	CINCINNATI WEIGHTLIFTING CLUB	3467	

## 2023 NAOS1 & NUC - Series 1 Start List

- 1 - National University Championships
- 2 - North American Open - Series 1 - Youth
- 3 - North American Open - Series 1 - Master
- 4 - North American Open - Series 1 - Open
- 5 - Rogue Strength Stage
- 6 - Service Members
- 7 - Service Members - Masters
- 8 - Adaptive Athletes

Sess	Pfm	Date	Gndr	Cat	Lot	Age	Name	Total	Team	Comps	
<b>10 Stars</b>	Weigh In 10:00 AM	Fri Mar 3	m	81A	1079	22	HART Thomas	300	Unaffiliated	1	
					554	21	EDMAN Brayden	285	Florida Elite	1	
					783	20	HEIN EJ	280	Unaffiliated	1	
					955	23	ZUNKER Eric	275	Kim Barbell	1	
					741	20	GONZALEZ Zachary	270	Austin Barbell	1	
					772	21	DENG Ethan	255	Conqueror Weightlifting	1	
					881	21	MERGEN Brock	250	UW - LA CROSSE WEIGHTLIFTING CLUB	1	
					907	20	HEINS Michael	250	Conviction Barbell	1	
					809	21	LUCKRITZ Jasper	245	Unaffiliated	1	
					478	21	RICHMOND Joseph	231	Olympic Weightlifting Club at The Ohio State University	1	
<b>11 Rogue</b>	Weigh In 11:00 AM	Fri Mar 3	m	81A	329	28	WILLIAMS Aaron	380	Bexar Barbell	45	
					485	23	VEREEN Tayon	370	COASTAL EMPIRE WEIGHTLIFTING	15	
					977	35	COOPER Travis	320	Rising Tide Weightlifting	345	
					247	19	CAHOY Caden	315	Jacksonville Weightlifting	45	
					81A	803	26	GINNAN Edward	310	Myriad Weightlifting	45
					1128	23	CUMMINGS Clarence	330	Team Divergent	45	
					1127	23	GOODMAN Caleb	325	RVA Weightlifting	45	
					89A	61	27	VICTORIAN Brandon	315	BlueWave Weightlifting	45
					151	22	EASLEY Will	315	Unaffiliated	45	
					840	29	MARTINEZ Ruben	310	BlueWave Weightlifting	45	
<b>12 Red</b>	Weigh In 12:00 PM	Fri Mar 3	f	64G	16	17	PHILLIPS Jada	130	TEAM FLORIDA GULFCOAST WL	24	
					573	28	YIM Josie	130	Libratum Strength and Conditioning	4	
					710	30	KHAYKIN Emily	130	CHFP WEIGHTLIFTING CLUB	4	
					950	48	SCHULTZ Amy	130	CLE Barbell Club	34	
					1077	26	MOTIL Madison	130	OKC BARBELL CLUB	4	
					237	38	WOOGEN Michelle	128	Eastside Barbell	34	
					268	18	PLANT Ainsley	128	Recreate Barbell	4	
					1039	42	FRYOVER Sarah	128	4 Star Strength	34	
					816	26	LINKHART Abigail	126	Heartland Strength	4	
					69	25	YAHABA Kiyoka	125	Moran Academy	4	
<b>12 White</b>	Weigh In 12:30 PM	Fri Mar 3	m	81B	834	35	POSITHAI Katy	125	HEAVY METAL BARBELL	34	
					606	26	KIM James	250	Unaffiliated	4	
					894	28	PENNER Alexander	250	ATHLETIC LAB WLC	4	
					548	25	VERCELLONE Eric	245	CHFP WEIGHTLIFTING CLUB	4	
					204	31	ANGEL Aaron	240	Conviction Barbell	4	
					357	24	BUIS Jack	240	Empire Weightlifting	4	
					364	27	GARZA Aliber	240	Bexar Barbell	4	
					847	25	DEKAM Jeremiah	240	PARAMOUNT BARBELL CLUB	4	
					859	33	WESCOTT Grayson	240	Bexar Barbell	4	
					123	22	JASSO ALEX	235	Waco Barbell	4	
<b>12 White</b>	Start 2:30 PM	Fri Mar 3	m	81B	505	20	OSORIO Juan	232	Moran Academy	4	
					700	16	WATSON Declan	230	Unaffiliated	24	

# 2023 NAOS1 & NUC - Series 1 Start List

- 1 - National University Championships
- 2 - North American Open - Series 1 - Youth
- 3 - North American Open - Series 1 - Master
- 4 - North American Open - Series 1 - Open
- 5 - Rogue Strength Stage
- 6 - Service Members
- 7 - Service Members - Masters
- 8 - Adaptive Athletes

Sess	Pfm	Date	Gndr	Cat	Lot	Age	Name	Total	Team	Comps
					930	32	STERNY Jacob	230	Butcher Barbell	4

## 2023 NAOS1 & NUC - Series 1 Start List

- 1 - National University Championships
- 2 - North American Open - Series 1 - Youth
- 3 - North American Open - Series 1 - Master
- 4 - North American Open - Series 1 - Open
- 5 - Rogue Strength Stage
- 6 - Service Members
- 7 - Service Members - Masters
- 8 - Adaptive Athletes

Sess	Pfm	Date	Gndr	Cat	Lot	Age	Name	Total	Team	Comps		
<b>12</b>	<b>Blue</b>	<b>Fri</b> <b>Mar 3</b>	<b>f</b>	<b>71F</b>	1048	41	CEARLEY Selena	136	Bexar Barbell	34		
					187	32	STARR Chloe	135	MURDER OF CROWS	4		
					1062	28	BORJA Erica	135	BARBARIAN BARBELL CLUB	4		
					677	39	HODDER Jamie	134	Unaffiliated	34		
					<b>Weigh In</b> <b>12:00 PM</b>	227	39	DOYLE Stephanie	133	Catalyst Masters	34	
						695	49	BYROM Erin	133	Team Strength Works	3467	
						259	28	O'FLAHERTY Erin	132	Team Strength Works	4	
					<b>Start</b> <b>2:00 PM</b>	630	26	SARGENT Kayla	131	Pilchuck Barbell	4	
						88	20	SCHROEDER Renee	130	RENEGADE BARBELL CLUB	4	
						531	36	UNGASHICK Claire	130	True Strength Performance Weightlifting	34	
<b>12</b>	<b>Stars</b>	<b>Fri</b> <b>Mar 3</b>	<b>f</b>	<b>64A</b>	52	23	STANISZEWSKI Madeline	200	Florida Elite	1		
					694	23	GOMEZ Brie	195	UNIVERSITY OF TEXAS	1		
					875	25	KNOWLTON Monica	190	Brooklyn Training Hall	1		
					155	23	SHEAGLEY Erica	180	Myriad Weightlifting	1		
					<b>Weigh In</b> <b>12:00 PM</b>	45	23	LOPEZ Yuliana	177	Sun Devil Weightlifting	1	
						225	19	COCHRAN Laura	175	LINDENWOOD LIONS	1	
						845	22	WITT Robin	170	Nashville Weightlifting Club	1	
					<b>Start</b> <b>2:00 PM</b>	947	23	HUNTER Maddie	170	1Kilo	1	
						888	24	MAGEE Rebecca	160	Mad Hammer Barbell	1	
						635	21	OTERI Ava	157	STONEAGE WEIGHTLIFTING CLUB	1	
	532	20	HARTWICK Emma	156	Conqueror Weightlifting	1						
<b>13</b>	<b>Rogue</b>	<b>Fri</b> <b>Mar 3</b>	<b>f</b>	<b>55</b>	853	36	CHAN Charis	194	HI PERFORMANCE ATHLETICS	345		
					280	19	ULREY Miranda	190	Fourteen Forty Collective	45		
					<b>Weigh In</b> <b>1:00 PM</b>	<b>59</b>	266	28	MOORE Shayla	200	POWER AND GRACE PERFORMANCE.	45
						733	19	ESTEP Katharine	199	ALPHA BARBELL	45	
						<b>64</b>	337	31	PFLUG Shelby	208	FORZA WEIGHTLIFTING CLUB	45
						112	21	HENRY Reagan	200	Florida Elite	15	
						<b>71</b>	451	25	ALWINE Meredith	235	TEAM O.C.	45
						1098	27	DUNCAN Francesca	195	PROJECT LIFT	45	
					<b>Start</b> <b>3:00 PM</b>	<b>76</b>	120	28	ROHR Estelle	223	Bexar Barbell	45
						781	28	GONZALEZ Alexia	200	Category 5 Athletics	45	
	<b>81</b>	23	21	MCELDERRY Anna	225	GARAGE STRENGTH	45					
	1027	26	KOTCHMAN Halle	210	CLE Barbell Club	456						
<b>14</b>	<b>Red</b>	<b>Fri</b> <b>Mar 3</b>	<b>f</b>	<b>64F</b>	1075	30	SIEDLIK Kara	137	LILY WEIGHTLIFTING	4		
					830	34	WEIBERT Blair	136	Iron Gorilla Barbell	4		
					161	24	DUNN Amelia	135	Aevitas Weightlifting	4		
					<b>Weigh In</b> <b>2:00 PM</b>	1007	29	EVERHART Bailey	135	KC WEIGHTLIFTING	4	
						434	34	MALLOY Natalie	134	Conviction Barbell	4	
						577	35	ANGEL Karla	134	Conviction Barbell	34	
						952	18	LASHLEY Ronny	134	Unaffiliated	4	
					<b>Start</b> <b>4:00 PM</b>	<b>71E</b>	442	15	MEADS Emma	135	South Georgia Barbell	24
						587	36	DEMOTT Elizah	135	South Georgia Barbell	34	



## 2023 NAOS1 & NUC - Series 1 Start List

- 1 - National University Championships
- 2 - North American Open - Series 1 - Youth
- 3 - North American Open - Series 1 - Master
- 4 - North American Open - Series 1 - Open
- 5 - Rogue Strength Stage
- 6 - Service Members
- 7 - Service Members - Masters
- 8 - Adaptive Athletes

Sess	Pfm	Date	Gndr	Cat	Lot	Age	Name	Total	Team	Comps
<b>14 White</b>	Weigh In 2:30 PM	Fri Mar 3	m	81A	1146	25	BURKS Zackary	300	4 Star Strength	4
					171	17	MARTIN JR. Kyle	290	GARAGE STRENGTH	24
					316	26	AVERITT George	281	House of Weightlifting	46
					792	25	MINER Kier	276	Fourteen Forty Collective	4
					533	19	BOLES Hutton	275	Unaffiliated	4
					325	25	JOHNSON Kyle	267	Unaffiliated	4
					953	28	HURST Lonnie	265	Optimus Barbell Club	4
					341	33	EBERT Cory	260	Attitude Nation Barbell Club	4
					394	29	BECKER II Patrick	260	LILY WEIGHTLIFTING	4
					<b>14 Blue</b>	Weigh In 2:00 PM	Fri Mar 3	m	89F	616
923	44	HAMILTON Timothy	210	Clarksville Weightlifting Club						3467
682	36	AYRES Ryan	205	IRON ATHLETE WEIGHTLIFTING CLUB						34678
121	39	BARR Peter	200	RVA Weightlifting						3467
201	35	GURUNG Shishir	200	Star City Barbell						3467
447	52	TUNDEL David	200	Bexar Barbell						34
9	37	CROUSE Kellen	199	Aevitas Weightlifting						34
791	37	PEARCE Bud	198	Attitude Nation Barbell Club						34
995	59	O'DAY Robert	196	Unaffiliated						3467
631	15	GILLIHAN Jeremy	195	ODC Barbell						24
<b>14 Stars</b>	Weigh In 2:00 PM	Fri Mar 3	m	89B	276	38	DONNELLY Ryan	185	DiamondFit Weightlifting Club	34
					1090	20	SANCHEZ Nick	240	Olympic Weightlifting Club at The Ohio State University	1
					239	20	RAULERSON William	230	LINDENWOOD LIONS	1
					951	24	FOX Caleb	225	Waco Barbell	1
					938	23	OBINWA Chiadika	220	UNIVERSITY OF TEXAS	1
					841	22	GEHRING Mason	216	Nevada Barbell	1
					476	19	LACKEY Calvin	215	LINDENWOOD LIONS	1
					669	22	LUEBBE Alexander	215	Conqueror Weightlifting	1
					609	20	LEYVA Luis	210	UNIVERSITY OF TEXAS	1
					874	21	KEELER Bryce	210	Unaffiliated	1
<b>15 Red</b>	Weigh In 4:15 PM	Fri Mar 3	f	64E	622	24	GREENLAW Nic	205	Gator Weightlifting	1
					790	19	HIATT Spencer	205	UW - LA CROSSE WEIGHTLIFTING CLUB	1
					994	24	SONG Hongliang	200	Group III Barbell	1
					966	20	METZ Thomas	195	Strong Weightlifting	1
					1086	40	MIZAK Julie	142	Unaffiliated	34
					134	19	SZUCS Autumn	140	CFC Weightlifting Club	4
<b>15 Red</b>	Start 6:15 PM	Fri Mar 3	f	64E	430	27	TUNEZ Monica	140	Austin Barbell	4
					806	29	BENGE Ashlee	140	BASA Weightlifting	4
					866	28	GRAHAM Lydia	140	Unaffiliated	4
					1078	34	BENEDIX Jamie	140	Wolf Pack Weightlifting	4
					1122	27	CASTILLO Maria	140	Archon Weightlifting	4
					248	27	APPOLON Gatschena	139	Freedom Weightlifting	4
					1170	25	KONRATH Anna	139	Bexar Barbell	4
697	34	LOVE Samantha	138	CATALYST ATHLETICS	468					

## 2023 NAOS1 & NUC - Series 1 Start List

- 1 - National University Championships
- 2 - North American Open - Series 1 - Youth
- 3 - North American Open - Series 1 - Master
- 4 - North American Open - Series 1 - Open
- 5 - Rogue Strength Stage
- 6 - Service Members
- 7 - Service Members - Masters
- 8 - Adaptive Athletes

Sess	Pfm	Date	Gndr	Cat	Lot	Age	Name	Total	Team	Comps	
<b>15 White</b>	Weigh In 4:15 PM	Fri Mar 3	f	71E	1200	29	LATES Alexandra	146	EAST COAST GOLD W/L TEAM	4	
					159	29	LEWIS Sarah	145	Libratum Strength and Conditioning	4	
					216	27	BJORK Taylor	145	NX LEVEL WEIGHTLIFTING CLUB	4	
					822	24	PREMO Julia	145	People's Republic of The Dojo	4	
					207	27	LAFFERTY Hunter	143	Southside Barbell Club	4	
					1103	39	BELLANTI Liv	143	Attitude Nation Barbell Club	34	
					831	29	SACHER Elana	141	TEXAS BARBELL CLUB	4	
					440	35	REBHOLZ Chelsea	140	BASA Weightlifting	34	
					702	38	ROSALES Angelica	140	RVA Weightlifting	34	
					1112	28	PARKS Molly	140	4 Star Strength	4	
					6:15 PM	7	45	RUNKLE Robin	138	Conviction Barbell	34
					981	31	SMITH Devon	137	970 Barbell	4	
<b>15 Blue</b>	Weigh In 4:15 PM	Fri Mar 3	m	89E	858	25	KELLER Konstantin	220	ALLSOUTH Barbell	4	
					675	31	BOSTICK Joshua	216	Blackbird Barbell Club	4	
					95	30	DESAULNIERS Alec	215	Denver Barbell Club	4	
					307	31	AMENT Brandon	215	Born Again Weightlifting	4	
					807	17	ROBINSON Range	215	Team Divergent	24	
					1121	34	NGUYEN-BUI Vincent	215	THE SPORTS PALACE	4	
					1138	30	GABALSKI Tyler	215	Clintonville Barbell	4	
					572	34	MILLER Calvin	212	ATHLETIC LAB WLC	4	
					6:15 PM	11	18	BUKIEWICZ Mylo	211	FORZA WEIGHTLIFTING CLUB	4
					416	32	KRISHAK Jeffrey	211	8 MILE BARBELL	4	
					683	24	VEITH Andrew	211	Moran Academy	4	
					<b>15 Stars</b>	Weigh In 4:15 PM	Fri Mar 3	m	89A	126	20
663	23	MORROW Jonathan	300	Fourteen Forty Collective						1	
935	22	BROOKS Blaine	285	Spoon Barbell Club						1	
59	26	HERNANDEZ Christopher	280	HOUNDWOOD WEIGHTLIFTING TEAM						1	
785	20	PROKOP William	265	STONEAGE WEIGHTLIFTING CLUB						1	
267	22	ROBERTSON Darin	261	PIONEER WLC						1	
303	24	BATTAGLIA James	260	Empire Weightlifting						18	
681	21	BRAME Carson	260	Team Strength Works						1	
567	23	NISHIMOTO Michael	253	Conqueror Weightlifting						1	
6:15 PM	500	21	AUSSE Andrew	250						CLE Barbell Club	1
778	23	ZHU Yifu	250	Team Strength Works						1	
1118	19	SULLIVAN William	250	Heartland Strength						1	
<b>16 Red</b>	Weigh In 6:00 PM	Fri Mar 3	f	64D	796	17	MUTH Peyton	150	Fourteen Forty Collective	24	
					1186	31	POORBAUGH Brooke	150	Archon Weightlifting	4	
					893	31	MORAN Alysia	148	Freedom Weightlifting	4	
					382	17	WELKER Devin	147	GARAGE STRENGTH	24	
					177	15	GODINEZ Celeste	145	Bexar Barbell	24	
					242	28	HENDERSON Angela	145	Bexar Barbell	4	
					750	34	LE Elizabeth	145	Bexar Barbell	4	
					1033	15	SANDS Autumn	145	Lion Chaser Barbell	24	
					6:15 PM	47	33	BIJANSKY Chelsea	144	Optimus Barbell Club	4

## 2023 NAOS1 & NUC - Series 1 Start List

- 1 - National University Championships
- 2 - North American Open - Series 1 - Youth
- 3 - North American Open - Series 1 - Master
- 4 - North American Open - Series 1 - Open
- 5 - Rogue Strength Stage
- 6 - Service Members
- 7 - Service Members - Masters
- 8 - Adaptive Athletes

Sess	Pfm	Date	Gndr	Cat	Lot	Age	Name	Total	Team	Comps
		<b>8:00 PM</b>			321	17	SPRY Lillian	143	POWER AND GRACE PERFORMANCE.	24
				<b>71D</b>	65	14	SULLIVAN Ireland	145	KC WEIGHTLIFTING	24

## 2023 NAOS1 & NUC - Series 1 Start List

- 1 - National University Championships
- 2 - North American Open - Series 1 - Youth
- 3 - North American Open - Series 1 - Master
- 4 - North American Open - Series 1 - Open
- 5 - Rogue Strength Stage
- 6 - Service Members
- 7 - Service Members - Masters
- 8 - Adaptive Athletes

Sess	Pfm	Date	Gndr	Cat	Lot	Age	Name	Total	Team	Comps
<b>16 White</b>	Weigh In 6:15 PM	Fri Mar 3	f	71D	71	19	WARMACK Cheyenne	155	Bexar Barbell	4
					399	30	SAGE Tessandra	155	McKenna Weightlifting	4
					997	33	JONES Kayla	155	PARAMOUNT BARBELL CLUB	4
					36	27	WIERSEMA Paige	152	Brooklyn Training Hall	4
					957	21	MARQUEZ Abigail	152	Unaffiliated	4
					489	26	EARLY Abbey	151	Tacoma Strength Weightlifting	46
					48	24	KOTHAPALLI Sai Manya	150	ALLSOUTH Barbell	4
					937	26	LEE Caitlyn	150	Rx Weightlifting Club	4
					143	37	MIYAMOTO Naoko	149	POWER AND GRACE PERFORMANCE.	34
					777	28	JONES Bethany	149	4 Star Strength	4
<b>16 Blue</b>	Start 8:00 PM	Fri Mar 3	m	89D	309	36	EMMERT Sarah	146	ATHLETIC LAB WLC	34
					46	24	STOVER Gabriel	230	West Virginia Weightlifting	4
					73	29	SILVERS John Thomas	230	Unaffiliated	4
					942	23	THAKUR Abhishek	229	4 Star Strength	4
					1093	33	WARD Joseph	228	West Virginia Weightlifting	4
					78	22	SCARPATO Dylan	225	Unaffiliated	4
					537	36	BOCKELMANN Jacob	225	Mad Hammer Barbell	34
					815	31	MEYER David	225	FORZA WEIGHTLIFTING CLUB	4
					674	44	PETTY Eric	223	Dark Horse Weightlifting Club	34
					297	27	KHA Brandon	222	Conqueror Weightlifting	4
<b>17 Red</b>	Weigh In 6:00 AM	Sat Mar 4	f	64C	21	25	APPELSON Sean	220	SOUTH LOOP STRENGTH AND CONDITIONING	4
					255	19	FASSETT Nathan	220	Steadfast Barbell	4
					278	42	BAETE LISA	160	970 Barbell	34
					244	27	NEDERHOED Rachel	158	4 Star Strength	4
					253	30	GRUPE Angela	157	PARAMOUNT BARBELL CLUB	4
					833	27	BOJIC Sandra	157	PARAMOUNT BARBELL CLUB	4
					1082	27	SCHMIDT Jayda	156	BAM Weightlifting Club	46
					423	28	PERSONS Emily	155	Empire Weightlifting	4
					295	19	LEVERENZ Brianna	153	4 Star Strength	4
					22	24	PECK Katherine	152	ATHLETIC LAB WLC	4
<b>17 White</b>	Start 8:00 AM	Sat Mar 4	f	76E	32	30	REIMER Taylor	152	Southern California Weightlifting Club	4
					728	29	ALLEN Ashlyn	152	ATHLETIC LAB WLC	4
					515	47	MILLS Rachel	130	4 Star Strength	34
					597	30	SMITH Sophia	130	MURDER OF CROWS	4
					793	38	MCCALL Laura	130	Unaffiliated	34
					467	33	ESKRIDGE Chelsea	127	CHFP WEIGHTLIFTING CLUB	4
					610	16	KHARCHENKO Kateryna	121	LILY WEIGHTLIFTING	24
					488	43	FOUNTAIN Deborah	120	South Georgia Barbell	34
					1178	26	HOOSE Morgan	120	Rx Weightlifting Club	4
					585	37	BARRETO Raquel	114	McKenna Weightlifting	34
<b>17 White</b>	Start 8:00 AM	Sat Mar 4	f	76E	30	44	EBERHART Danielle	105	TEXAS BARBELL CLUB	34
					1204	41	PESTER LeslieAnne	100	INVICTUS ATHLETE WEIGHTLIFTING CLUB	3467
					354	52	MITCHELL Mandi L	89	Iron Gorilla Barbell	34
					983	57	BARNES Candace	69	Iron Gorilla Barbell	34

# 2023 NAOS1 & NUC - Series 1 Start List

- 1 - National University Championships
- 2 - North American Open - Series 1 - Youth
- 3 - North American Open - Series 1 - Master
- 4 - North American Open - Series 1 - Open
- 5 - Rogue Strength Stage
- 6 - Service Members
- 7 - Service Members - Masters
- 8 - Adaptive Athletes

Sess	Pfm	Date	Gndr	Cat	Lot	Age	Name	Total	Team	Comps
				<b>81D</b>	757	46	POTTER Erin	105	RVA Weightlifting	34

## 2023 NAOS1 & NUC - Series 1 Start List

- 1 - National University Championships
- 2 - North American Open - Series 1 - Youth
- 3 - North American Open - Series 1 - Master
- 4 - North American Open - Series 1 - Open
- 5 - Rogue Strength Stage
- 6 - Service Members
- 7 - Service Members - Masters
- 8 - Adaptive Athletes

Sess	Pfm	Date	Gndr	Cat	Lot	Age	Name	Total	Team	Comps	
<b>17 Blue</b>	<b>Blue</b>	<b>Sat</b>	<b>f</b>	<b>71C</b>	1064	31	SCOTT Leighna	165	Unaffiliated	4	
					111	25	JOHNSON Andi	163	Archon Weightlifting	4	
		<b>Mar 4</b>			620	34	TAGLIALATELA Stephanie	163	POWER AND GRACE PERFORMANCE.	4	
					1074	30	NEAL Shannon	163	Archon Weightlifting	46	
		<b>Weigh In</b>			<b>6:00 AM</b>	360	24	CARILE Abigayle	160	CLE Barbell Club	4
						387	38	ODORISIO Melissa	160	Unaffiliated	34
		<b>Start</b>			<b>8:00 AM</b>	896	31	GILHOUSEN Michelle	160	Unaffiliated	4
						1150	27	HANNAN Emma	160	KiloDelphia	4
		916			31	MACKAY Madison	156	Clintonville Barbell	4		
		<b>17 Stars</b>			<b>Stars</b>	<b>Sat</b>	<b>m</b>	<b>96B</b>	628	22	GLICK Griffin
1031	21		PLAUGHER Patrick	240					West Virginia Weightlifting	1	
<b>Mar 4</b>	432		20	WAHLE Austin		235			University of Michigan Weightlifting	1	
	13		20	LACEY Connor		230			Aevitas Weightlifting	1	
<b>Weigh In</b>	<b>6:00 AM</b>		170	19		WILSON Christopher			230	Unaffiliated	1
			760	26		ROLLINGS Nathan			230	TEAM FLORIDA NORTHEAST	1
<b>Start</b>	<b>8:00 AM</b>		77	24		VILLARREAL Tyler			200	UNIVERSITY OF TEXAS	1
			725	25		BUTLER Antonio			200	PHILADELPHIA BARBELL	1
458	21		GORDON Caleb	199		Bobcat Barbell			1		
742	19		CAHALY Thomas	195		Unaffiliated			1		
<b>18 Red</b>	<b>Red</b>	<b>Sat</b>	<b>f</b>	<b>64B</b>	213	24	APOLLON Mikerline	176	CLEAN SLATE WEIGHTLIFTING	4	
					668	41	HOSKINS Abigail	174	POWER AND GRACE PERFORMANCE.	34	
		<b>Mar 4</b>			383	31	FANTUZZI Margaret	171	PHILADELPHIA BARBELL	4	
					10	28	EPELMAN Gabriella	170	Unaffiliated	4	
		<b>Weigh In</b>			<b>8:00 AM</b>	179	29	CLARK Hannah	170	POWER AND GRACE PERFORMANCE.	4
						191	35	CHASE Tracy	170	4 Star Strength	34
		<b>Start</b>			<b>10:00 AM</b>	397	23	ODBERG Bryn	170	Bexar Barbell	4
						542	29	NGUYEN Andrea	170	Myriad Weightlifting	4
		1095			32	HO Lisa	170	Unaffiliated	4		
		355			38	JEFFERSON Stephanie	167	Catalyst Masters	34		
685	17	COMSTOCK Addison	165	Lion Chaser Barbell	24						
<b>18 White</b>	<b>White</b>	<b>Sat</b>	<b>f</b>	<b>76D</b>	516	40	REIBOLDT Rachel	145	POWER AND GRACE PERFORMANCE.	34	
					664	34	PERRY Brittni	145	Centre City Weighlifting	4	
		<b>Mar 4</b>			104	28	SLY Erin	144	Orlando Strength	4	
					839	31	HOWLETT Elise	140	ALPHA BARBELL	4	
		<b>Weigh In</b>			<b>8:10 AM</b>	897	40	HERRS Shari	140	Iron Gorilla Barbell	34
						1194	27	CHALICH Shannon	140	Unaffiliated	4
		<b>Start</b>			<b>10:10 AM</b>	770	41	WATSON Tanya	139	ATHLETIC LAB WLC	34
						523	27	BRODA Emily	138	Unaffiliated	4
		749			31	FARMER Jensen	135	LILY WEIGHTLIFTING	4		
		887			46	DI FIORE Angela	135	Catalyst Masters	34		
932	33	MCROBB Kayla	134	8 MILE BARBELL	4						
<b>81D</b>	1168	36	BOSWORTH Jaclyn	138	Butcher Barbell	34					

## 2023 NAOS1 & NUC - Series 1 Start List

- 1 - National University Championships
- 2 - North American Open - Series 1 - Youth
- 3 - North American Open - Series 1 - Master
- 4 - North American Open - Series 1 - Open
- 5 - Rogue Strength Stage
- 6 - Service Members
- 7 - Service Members - Masters
- 8 - Adaptive Athletes

Sess	Pfm	Date	Gndr	Cat	Lot	Age	Name	Total	Team	Comps	
<b>18</b>	<b>Blue</b>	<b>Sat</b>	<b>m</b>	<b>89C</b>	528	42	DOUGLAS Christopher	250	PARAMOUNT BARBELL CLUB	34	
					1052	26	NALAGAN Sam	250	OKC BARBELL CLUB	4	
		<b>Mar 4</b>			68	25	DAVIS JR Hal	240	The Ark Weightlifting	4	
					353	28	AVERY Brandon	240	Unaffiliated	4	
		<b>Weigh In</b>			1014	27	GORDON Adam	240	Unaffiliated	4	
					1189	34	WILLIAMS Cameron	240	Unaffiliated	4	
		<b>Start</b>			688	18	DICKINSON Christopher	235	Conviction Barbell	4	
					10:00 AM	971	30	ZUCARO Eric	235	Marble Weightlifting	4
						1070	33	PARKER Patrick	235	Unaffiliated	4
		<b>18</b>			<b>Stars</b>	<b>Sat</b>	<b>f</b>	<b>71B</b>	877	20	NIX Zadie
1148	20		YORTON Sydney	155					Orlando Strength	1	
<b>Mar 4</b>	1030		23	KAUHAAHAA Kela		145			LSU - Shreveport	1	
	718		24	CUELLO Dominique Jo		144			BARBARIAN BARBELL CLUB	1	
<b>Weigh In</b>	1196		19	SMITH Emily		143			Parish Barbell Club	1	
	8:00 AM		54	VARADY Chloe		133			LINDENWOOD LIONS	1	
<b>Start</b>	133		19	THORNTON Halie		132			Fourteen Forty Collective	1	
	10:00 AM		185	22		PENA Mary			130	Conqueror Weightlifting	1
			322	24		SLAGEL Amy			125	West Virginia Weightlifting	1
<b>19</b>	<b>Red</b>		<b>Sat</b>	<b>f</b>		<b>64A</b>			1106	28	LUCAS Taylor
		2			19		TRINH Haley	196	Team Divergent	4	
		<b>Mar 4</b>	624		18		CAAMANO Nicole	196	Train Harder Barbell Club	4	
			132		26		BENFIELD Nicola	193	PARAMOUNT BARBELL CLUB	4	
		<b>Weigh In</b>	1013		30		MINA COLWELL Alexa	191	POWER AND GRACE PERFORMANCE.	4	
			10:00 AM		60		LIKHACHEVA Nadezda	185	MURDER OF CROWS	4	
		<b>Start</b>	343		37		EMERY Joelle	185	LILY WEIGHTLIFTING	34	
			12:00 PM		254		23	TIGHE Jordan	180	Network Barbell Club	4
					504		31	CHARDAVOYNE Paige	177	POWER AND GRACE PERFORMANCE.	4
		<b>19</b>	<b>White</b>		<b>Sat</b>		<b>f</b>	<b>76C</b>	1004	24	WALTON Emma
850	39			CORNEJO Angie		159			Wolf Pack Weightlifting	34	
<b>Mar 4</b>	1			30	MORGAN Samantha	155			Unaffiliated	4	
	212			34	LEWIS Jessica	155			Butcher Barbell	4	
<b>Weigh In</b>	288			29	BRASEE Megan	154			Alee Athletics	4	
	10:20 AM			333	27	HICKS Megan			150	Moran Academy	4
<b>Start</b>	421			38	ANDREW Kimberly	150			Pilchuck Barbell	34	
	12:20 PM			789	32	LIEBSTER Julia			150	Optimus Barbell Club	4
				1035	39	LOYA AGUIRRE Ibis			148	4 Star Strength	34
				1151	16	GLASS Valentina			148	Temple of Exertion	24
		1190	28	MILLER Jordyn	148	Unaffiliated	46				
		228	31	FORS Johanna	145	Golden State Barbell Club	4				

## 2023 NAOS1 & NUC - Series 1 Start List

- 1 - National University Championships
- 2 - North American Open - Series 1 - Youth
- 3 - North American Open - Series 1 - Master
- 4 - North American Open - Series 1 - Open
- 5 - Rogue Strength Stage
- 6 - Service Members
- 7 - Service Members - Masters
- 8 - Adaptive Athletes

Sess	Pfm	Date	Gndr	Cat	Lot	Age	Name	Total	Team	Comps
<b>19 Blue</b>		<b>Sat Mar 4</b>	m	89B	768	18	DAVIDGE Michael	268	Impetus Barbell	4
					861	27	WLAD Carson	265	Denver Barbell Club	4
					110	24	DAADI Etienne	260	Unaffiliated	4
					570	25	PIERSON Grant	260	Bexar Barbell	46
					824	24	PENNER Jacob	260	ATHLETIC LAB WLC	4
					1056	32	STEGELMANN Andrew	260	Stegelmann Performance	4
					1174	28	DOTSON Dakota	260	Mad Hammer Barbell	46
					564	35	TEBEDO Justin	256	Unaffiliated	3467
					481	27	WALTERS Troy	255	Unaffiliated	4
					538	33	CASES Daniel	255	Unaffiliated	4
					759	24	LEE Jiwon	255	HASSLE FREE BBC	4
					275	30	OPASKAR Bryan	250	CLEAN SLATE WEIGHTLIFTING	4
<b>19 Stars</b>		<b>Sat Mar 4</b>	m	96A	843	22	D'AGOSTINO Chrisanto	315	EAST COAST GOLD W/L TEAM	1
					869	22	HAMMELL Sean	303	ALPHA BARBELL	1
					135	22	REED Grant	290	Bobcat Barbell	1
					571	23	SCICCHITANO Dean	290	PHILADELPHIA BARBELL	1
					940	24	CUNNINGHAM Joseph	280	Unaffiliated	1
					1089	20	BRINSON Lucas	275	BASA Weightlifting	1
					250	23	TUNG Matthew	270	Northeastern University	1
					405	22	DAVIS Tyler	250	University of Michigan Weightlifting	1
					1047	22	THOMAS Jackson	250	Country Strong	1
					42	21	CLARK Joseph	246	UNIVERSITY OF TEXAS	1
<b>20 Red</b>		<b>Sat Mar 4</b>	f	71B	163	31	PUZACKE Carly	176	Freedom Weightlifting	4
					93	30	HODGE Alana	175	POWER AND GRACE PERFORMANCE.	4
					662	30	HARIK SOPHIA	175	Unaffiliated	4
					972	27	HAUGH Gabrielle	175	CATALYST ATHLETICS	4
					141	30	MAFFEO Jamie	172	ATHLETIC LAB WLC	4
					371	17	WIESE Kimberly	171	Fortified Strength	24
					284	32	POMPEI Nicole	170	Bexar Barbell	46
					990	28	WLAD Chloe	170	Denver Barbell Club	4
					427	36	WINSTON Carlyn	165	RVA Weightlifting	3467
					918	32	CASSIDY Roxanne	165	DC WEIGHTLIFTING CLUB	4
982	34	COOPER Andrea	165	Tacoma Strength Weightlifting	4					
<b>20 White</b>		<b>Sat Mar 4</b>	f	76B	541	23	OWENS Ashlee	170	HARRISBURG WEIGHTLIFTING CLUB	4
					826	31	STEELE Katherine	170	Southern California Weightlifting Club	4
					361	28	MAISONET Haley	165	Albany CrossFit Barbell Club	4
					465	32	CASO Erica	165	CATALYST ATHLETICS	4
					536	36	VIOLETTE Kristin	163	Conviction Barbell	34
					735	30	BELL Hayley	163	Archon Weightlifting	4
					895	17	GUADAGNOLI Catessa	161	Country Strong	24
					1175	28	GRAHAM Carley	161	OKC BARBELL CLUB	4
					450	29	REFAI Myann	160	Optimus Barbell Club	48
					497	15	BELL Addison	160	ODC Barbell	24
880	17	BARCZ Alyssa	160	Train Harder Barbell Club	24					



## 2023 NAOS1 & NUC - Series 1 Start List

- 1 - National University Championships
- 2 - North American Open - Series 1 - Youth
- 3 - North American Open - Series 1 - Master
- 4 - North American Open - Series 1 - Open
- 5 - Rogue Strength Stage
- 6 - Service Members
- 7 - Service Members - Masters
- 8 - Adaptive Athletes

Sess	Pfm	Date	Gndr	Cat	Lot	Age	Name	Total	Team	Comps	
<b>20</b>	<b>Blue</b>	<b>Sat</b> <b>Mar 4</b> Weigh In 12:00 PM <b>Start</b> 2:00 PM	<b>m</b>	<b>89A</b>	117	32	DOWNEY John	330	Southern California Weightlifting Club	4	
					113	33	HUYNH Nguyen	315	People's Republic of The Dojo	4	
					468	30	NOX Taylor	300	ATHLEO BARBELL CLUB	4	
					963	30	OLIVERAS Francisco	287	Unaffiliated	4	
					566	27	ORDWAY Kenneth	282	4 Star Strength	4	
					90	30	DAVIS William	276	Unaffiliated	4	
					140	19	UPMEYER George	275	Team Strength Works	4	
<b>20</b>	<b>Stars</b>	<b>Sat</b> <b>Mar 4</b> Weigh In 12:00 PM <b>Start</b> 2:00 PM	<b>f</b>	<b>71A</b>	787	21	COOPER Abigail	195	Fourteen Forty Collective	14	
					283	23	ZWOLINSKI Anisa	187	Gator Weightlifting	1	
					638	20	ANDERSON Addie	185	Zion Barbell	1	
					1108	25	SCHULTZ Rebecca	180	Optimus Barbell Club	1	
					1141	21	BIESTERFELD Ava	171	Unaffiliated	1	
					347	24	CITERA-JUAREZ Nicole	170	LINDENWOOD LIONS	1	
					767	23	HUTTO Sydney	168	Gator Weightlifting	1	
					941	21	DUNCAN Ruthie	160	LINDENWOOD LIONS	1	
<b>21</b>	<b>Red</b>	<b>Sat</b> <b>Mar 4</b> Weigh In 2:00 PM <b>Start</b> 4:00 PM	<b>f</b>	<b>81D</b>	<b>76+A</b>	1044	15	CRAMER Kathleen	128	8 MILE BARBELL	24
					136	31	CREAN Lauren	138	York County Barbell	4	
					909	27	MORTON Amber	135	Southern Pines CrossFit Barbell Club	4	
					717	31	POLLAK Angelina	132	Unaffiliated	4	
					970	28	HODGES Lindsay	132	Southside Barbell Club	4	
					454	42	ENG Wei-lin	130	MURDER OF CROWS	34	
					912	44	LAVIK Audra	130	Conviction Barbell	34	
					1192	28	LOUIS-JACQUES Jasmine	130	ALLSOUTH Barbell	4	
					752	49	GAST Shelley	129	Atlas Weightlifting Club	34	
					946	38	NORTH Kathryn	112	Archon Weightlifting	34	
					384	37	KOONTZ Katie	111	Tacoma Strength Weightlifting	34	
					1096	49	WILSON Jennifer	110	Unaffiliated	34	
					<b>87C</b>	25	44	SCHULTHEIS Amy	106	Catalyst Masters	34
					<b>21</b>	<b>White</b>	<b>Sat</b> <b>Mar 4</b> Weigh In 2:20 PM <b>Start</b> 4:20 PM	<b>f</b>	<b>71A</b>	1024	36
556	29	TRAVER Donisha	200	BASA Weightlifting						46	
1069	26	STEFAN Riley	195	Unaffiliated						4	
464	32	LEWIS Reba	191	Bexar Barbell						4	
214	30	MAY Alexa	190	1Kilo						4	
836	30	SADYKOVA Assem	190	MURDER OF CROWS						4	
722	32	RUCKER Nicole	181	Bexar Barbell						4	
529	26	ROE Kelly	180	Moran Academy						4	
618	31	MOORE Aleigh	177	ATLANTA PERFORMANCE						4	

## 2023 NAOS1 & NUC - Series 1 Start List

- 1 - National University Championships
- 2 - North American Open - Series 1 - Youth
- 3 - North American Open - Series 1 - Master
- 4 - North American Open - Series 1 - Open
- 5 - Rogue Strength Stage
- 6 - Service Members
- 7 - Service Members - Masters
- 8 - Adaptive Athletes

Sess	Pfm	Date	Gndr	Cat	Lot	Age	Name	Total	Team	Comps		
<b>21 Blue</b>		<b>Sat Mar 4</b>	m	<b>102C</b>	1169	63	COLEMAN Jay	144	Unaffiliated	34		
					1026	32	KORCHINSKI Nick	220	Unaffiliated	4		
					1161	33	BROWNE Adrian	220	ALLSOUTH Barbell	46		
					167	23	WASILEWSKI Zachary	217	BAM Weightlifting Club	4		
					860	17	HOUSE Dalton	216	Aspire Club	24		
					418	39	HOFFMAN Adam	210	Unaffiliated	3467		
					1155	46	ANDREW Patrick	210	Pilchuck Barbell	34		
					186	37	LIGHTFOOT Andrew	200	Wolf Pack Weightlifting	34		
					948	46	DEFINIS Peter	178	Denver Barbell Club	34		
					4:00 PM	328	42	WERNER Jacob	175	SPOT Barbell Club	34	
				374	47	GARZA Daniel	160	Vehement Elite Athletics	3467			
<b>21 Stars</b>		<b>Sat Mar 4</b>	f	<b>76C</b>	961	24	FLYNN Brenna	154	PHILADELPHIA BARBELL	1		
					76	21	DEBSHAW Jessie	150	Indy City Barbell	1		
					939	24	KENDALL Dana	143	Gator Weightlifting	1		
					692	19	MILLER Jane	140	Emory University Weightlifting Club	1		
					626	25	BARATTA Chloe	147	Gator Weightlifting	1		
					81C	1142	21	LANE Alyssa	138	Team Strength Works	1	
					459	22	BOHMS Jordan	134	University of Oregon Weightlifting Club	1		
					4:00 PM	87+C	209	23	GIBSON Catherine	140	PROJECT LIFT	1
						87C	74	22	DAMROW Kandace	145	Zion Barbell	1
					<b>22 Red</b>		<b>Sat Mar 4</b>	f	<b>76A</b>	956	19	WILLIAMS Riley
129	31	VOGELSANG Adrienne	200	Denver Barbell Club						4		
91	18	RIVERA Isabella	194	PHILADELPHIA BARBELL						4		
864	34	THARP Chelsey	193	CATALYST ATHLETICS						4		
4:00 PM	234	35	NELSON Erin	185						Denver Barbell Club	34	
1016	25	BRISCOE Megan	180	POWER AND GRACE PERFORMANCE.						4		
929	26	PHARRIS Bailee	175	Southern California Weightlifting Club						4		
1198	24	SWIRPLE Hannah	175	University of Michigan Weightlifting						4		
6:00 PM	672	34	CRANE Holly	174						MURDER OF CROWS	4	
	443	37	THRESHER Alisha	170						Unaffiliated	34	
<b>22 White</b>		<b>Sat Mar 4</b>	f	<b>81C</b>	490	28	PATTERSON Jessie	150	Waco Barbell	4		
					1015	30	BUCKALOO Morgan	150	Archon Weightlifting	4		
					70	34	BRADBURY Kathryn	148	Unaffiliated	4		
					1046	26	BAKER Danielle	147	Pilchuck Barbell	4		
					886	29	MCCLURE Margie	146	Bexar Barbell	4		
					998	40	BOCAN Kelli	146	8 MILE BARBELL	34		
					4:00 PM	1012	30	CASTRO Veronica	146	Bexar Barbell	4	
					1099	30	HOLTON Lindsay	146	ATHLETIC LAB WLC	4		
					43	32	YANCEY Taylor	145	95East Barbell Club	4		
					127	42	MILLER Jennifer	145	Bexar Barbell	3467		
6:00 PM	372	34	GATT Anna	145	8 MILE BARBELL	4						
	954	22	HEDGES Alexandra	144	Southern Pines CrossFit Barbell Club	4						
	305	41	CIRONE Katherine	141	Valhalla Weightlifting	34						

## 2023 NAOS1 & NUC - Series 1 Start List

- 1 - National University Championships
- 2 - North American Open - Series 1 - Youth
- 3 - North American Open - Series 1 - Master
- 4 - North American Open - Series 1 - Open
- 5 - Rogue Strength Stage
- 6 - Service Members
- 7 - Service Members - Masters
- 8 - Adaptive Athletes

Sess	Pfm	Date	Gndr	Cat	Lot	Age	Name	Total	Team	Comps					
<b>22</b>	<b>Blue</b>	<b>Sat</b> <b>Mar 4</b>	<b>m</b>	<b>96C</b>	589	27	NORMAN Zachary	242	House of Weightlifting	46					
					366	28	PARRISH Travis	241	NWA Weightlifting	4					
					713	30	AGUILAR James	240	Providence Barbell Club	4					
					1123	29	TIFFANY Austin	231	Team Strength Works	46					
					256	26	SYED Shaaf	230	Albany CrossFit Barbell Club	4					
					518	31	AUGHINBAUGH Benjamin	230	Team Strength Works	4					
					856	31	HUNSUCKER Daniel	230	Bexar Barbell	46					
					1113	36	TERRY Steven	228	Unaffiliated	34					
					1177	27	SENA Kevin	228	Myriad Weightlifting	4					
					1008	28	JOHNSON Spencer	227	Heartland Strength	4					
					985	27	PEREZ Rogelio	226	Bexar Barbell	4					
					388	30	SCHREFFLER Ryan	225	Moran Academy	46					
<b>22</b>	<b>Stars</b>	<b>Sat</b> <b>Mar 4</b>	<b>f</b>	<b>76B</b>	29	24	STRONG Karlee	180	Unaffiliated	1					
					381	22	GEHRINGER Lucie	180	Brooklyn Training Hall	1					
					553	24	KAJDASZ Sarah	180	Optimus Barbell Club	1					
					926	22	SONNENBERG Hailey	170	The Norsemen Barbell Club	1					
					1117	23	WILLINGHAM Delaney	168	Team Florida Gainesville	1					
					838	24	KEHOE Sarah	167	VERO BEACH WEIGHTLIFTING	1					
					286	20	SOLOMON Asa	156	PIONEER WLC	1					
					310	26	BRACCIO Kristen	175	Category 5 Athletics	1					
					363	24	MAHMOUD Salma	156	Unaffiliated	1					
					1050	21	FARMER Antionette	165	Unaffiliated	1					
					1084	22	GOODWIN Na'Erykah	165	COASTAL EMPIRE WEIGHTLIFTING	1					
					<b>23</b>	<b>Red</b>	<b>Sat</b> <b>Mar 4</b>	<b>f</b>	<b>87C</b>	1185	34	FERNANDEZ Kali	140	Unaffiliated	4
3	31	DAVIS Katharine	137	PHILADELPHIA BARBELL						4					
211	29	SEDNEY Sioban	137	Cuppa Joe Weightlifting						4					
857	27	COFFRIN Amanda	137	Brave Barbells N Sprinkles WLC						4					
293	36	WILKINS Sarah	120	BAM Weightlifting Club						34					
487	43	EUSTICE Brandi	120	Unaffiliated						34					
373	46	ARMERO Katharine	110	BASA Weightlifting						34					
1173	39	BREWER Cara	107	8 MILE BARBELL						34					
1042	43	FIELDS Rafat	105	PROJECT LIFT						34					
15	61	RING Jill	63	CLEAN SLATE WEIGHTLIFTING						34					
<b>23</b>	<b>Blue</b>	<b>Sat</b> <b>Mar 4</b>	<b>f</b>	<b>87+D</b>						192	35	KOTEY Joy	130	OKC BARBELL CLUB	34
										229	35	JOHNSON Elyce	130	BAM Weightlifting Club	34
					290	40	BENNETT Tonya	130	ALLSOUTH Barbell	34					
					765	47	BRUNGARD Amy	125	Myriad Weightlifting	34					
					495	40	LAVINE Megan	120	Motor City Barbell	34					
					1502	38	HARMON Brittany	115	1Kilo	34					
					1001	42	THORNE Diana	114	Unaffiliated	34					
					846	40	SEGADELLI Jen	112	PARAMOUNT BARBELL CLUB	34					
					1072	36	TACKETT Lauren	111	Motor City Barbell	34					
					87	42	MENDEZ Sara	100	1Kilo	34					
					199	45	PERRY Nalani	97	Unaffiliated	34					

## 2023 NAOS1 & NUC - Series 1 Start List

- 1 - National University Championships
- 2 - North American Open - Series 1 - Youth
- 3 - North American Open - Series 1 - Master
- 4 - North American Open - Series 1 - Open
- 5 - Rogue Strength Stage
- 6 - Service Members
- 7 - Service Members - Masters
- 8 - Adaptive Athletes

Sess	Pfm	Date	Gndr	Cat	Lot	Age	Name	Total	Team	Comps	
<b>23 Stars</b>		<b>Sat Mar 4</b>	m	102C	448	30	JONES Devante	253	Unaffiliated	4	
					419	29	HANNAN Calder	250	SPOT Barbell Club	4	
					422	28	DOLPHIN Andrew	250	Iowa Elite	4	
					621	33	SMITH Alex	250	970 Barbell	4	
					996	24	KEEGAN Christopher	245	Mastiff Barbell	4	
					1176	29	MACKEWICZ Kristian	240	SOUTH LOOP STRENGTH AND CONDITIONING	4	
					527	31	EASON Jarmez	237	Rambo Barbell	4	
					463	30	SCHMITT Henry	235	CLEAN SLATE WEIGHTLIFTING	4	
					1055	36	CRUZ RICHARDSON Jose	235	Bexar Barbell	3467	
					395	34	JOHNSON Chris	230	Unaffiliated	4	
					<b>Start 8:00 PM</b>	849	35	POLLAK Joseph	225	Unaffiliated	34
						499	27	LATTA-MORISSETTE Jacob	220	Bearproof Weightlifting	4
						377	48	GESSER Ryan	167	ATLANTA PERFORMANCE	34
<b>24 Red</b>		<b>Sun Mar 5</b>	m	96B	1088	35	MELENDEZ Evan	270	PROJECT LIFT	34	
					27	26	SMOSNY Michael	265	T3 Barbell	4	
					882	19	MAPPS Colby	263	ATHLEO BARBELL CLUB	4	
					764	25	DELATTE Michael	262	Unaffiliated	46	
					776	22	LUTHER Jayson	260	Orlando Strength	4	
					<b>Weigh In 6:00 AM</b>	512	25	SMITH Evan	255	Gifted Barbell Club	4
						279	26	LERSCH Patrick	251	Vulkan Weightlifting	4
						903	33	NIZAMIAN Andrew	250	Villain Barbell	4
					<b>Start 8:00 AM</b>	911	25	LENAHAN Grant	250	Myriad Weightlifting	4
						1066	27	SILVESTRE Christopher	250	Indy City Barbell	4
						1180	26	PENA Gerald	250	True Strength Performance Weightlifting	4
<b>24 White</b>		<b>Sun Mar 5</b>	m	102B	81	30	MOEHLING David	285	Hunger in the Wild	46	
					168	24	COTHERN Eric	280	Unaffiliated	4	
					172	29	MACKIE Michael	278	8 MILE BARBELL	4	
					605	25	MINTUN Bronson	275	BLOOMINGTON-NORMAL BARBELL CLUB	4	
					<b>Weigh In 6:00 AM</b>	1120	29	TEGELER Jacob	275	Iowa Elite	4
						1115	33	WILLIAMS Tashawn	271	Orlando Strength	4
						619	31	PARKS Michael	270	95East Barbell Club	4
					<b>Start 8:00 AM</b>	936	17	HOOPER Lawrence	260	Unaffiliated	24
						969	34	PENSKO JR. Andrew	260	4 Star Strength	4
						144	40	PIERCE Casey	255	Myriad Weightlifting	34
<b>24 Blue</b>		<b>Sun Mar 5</b>	f	87+C	169	32	ARCIGA Erica	153	Team Aita	4	
					300	32	CARRIER Loren	153	1Kilo	4	
					705	30	JOHNSON McKenzie	153	Heartland Strength	4	
					218	28	VAZQUEZ-ESPINAL Tatiana	151	OKC BARBELL CLUB	4	
					12	44	CORTEZ Carolina	150	Austin Barbell	34	
					<b>Weigh In 6:00 AM</b>	24	45	COCHRAN Jennifer	150	Unaffiliated	34
						756	36	GREGORY Ashley	150	Iowa Elite	34
						1197	27	NEZATICKY Brooke	150	Parish Barbell Club	4
					<b>Start</b>	832	42	BAKER Melissa	148	8 MILE BARBELL	34
	646	34	DIETRICH Dana	145	Motor City Barbell	4					

# 2023 NAOS1 & NUC - Series 1 Start List

- 1 - National University Championships
- 2 - North American Open - Series 1 - Youth
- 3 - North American Open - Series 1 - Master
- 4 - North American Open - Series 1 - Open
- 5 - Rogue Strength Stage
- 6 - Service Members
- 7 - Service Members - Masters
- 8 - Adaptive Athletes

Sess	Pfm	Date	Gndr	Cat	Lot	Age	Name	Total	Team	Comps
		8:00 AM			706	42	BEASLEY Tacora	140	Unaffiliated	34
					867	46	CLEMMONS Jade	136	Bexar Barbell	3467

## 2023 NAOS1 & NUC - Series 1 Start List

- 1 - National University Championships
- 2 - North American Open - Series 1 - Youth
- 3 - North American Open - Series 1 - Master
- 4 - North American Open - Series 1 - Open
- 5 - Rogue Strength Stage
- 6 - Service Members
- 7 - Service Members - Masters
- 8 - Adaptive Athletes

Sess	Pfm	Date	Gndr	Cat	Lot	Age	Name	Total	Team	Comps	
<b>24 Stars</b>	<b>Sun Mar 5</b>			<b>102B</b>	1165	25	CRUZ Joshua	255	Pacifico Barbell WLC	1	
					365	20	GUARAMATA Santiago	238	Gator Weightlifting	1	
					157	23	MIRANDA-FRED Fernando	230	UNIVERSITY OF TEXAS	1	
					49	23	ROBERTSON Thatcher	220	PIONEER WLC	1	
					978	23	PINA Daniel	210	Bobcat Barbell	1	
	<b>Weigh In 6:00 AM</b>	<b>m</b>			<b>109+B</b>	1087	21	SHULTZ John	265	West Virginia Weightlifting	1
						734	24	OHM Chase	264	PIONEER WLC	1
						230	22	MUHR Benjamin	240	UW - LA CROSSE WEIGHTLIFTING CLUB	1
						607	23	FORTUNE Rhiguens	225	Gator Weightlifting	1
						466	25	KULINSKI Logan	204	LINDENWOOD LIONS	1
	<b>Start 8:00 AM</b>				<b>109B</b>	726	20	GRIESE Alix	252	PIONEER WLC	1
						1181	20	JACOBSON Yuval	230	CINCINNATI WEIGHTLIFTING CLUB	1
						116	20	RICHMOND Reece	225	Iowa Elite	1
						968	21	JACOBY Noah	220	UW - LA CROSSE WEIGHTLIFTING CLUB	1
						659	24	FUSSELMAN Christopher	215	Bobcat Barbell	1
	<b>25 Red</b>	<b>Sun Mar 5</b>				885	27	VELAZQUEZ Stephen	320	Florida Elite	4
						1509	32	MORALES Keven	320		4
						889	19	DAVIS Timothy	315	ODC Barbell	4
1163						24	JONES Matthew	300	Unaffiliated	4	
<b>Weigh In 8:00 AM</b>		<b>m</b>			<b>96A</b>	731	29	FORREST Evan	290	Unaffiliated	4
						737	31	PENNESE Jake	290	Bexar Barbell	46
						636	22	SENATE Jacob	280	Attitude Nation Barbell Club	46
						1049	24	REITZ Jake	280	Unaffiliated	4
<b>Start 10:00 AM</b>						6	38	PECK Jonathan	275	Team Strength Works	34
						1021	39	GAHM Richard	275	PROJECT LIFT	3467
<b>25 White</b>	<b>Sun Mar 5</b>				602	29	LARENCE Christa	170	Rhode Island Performance	4	
					758	35	WEANT Kyrie	170	ATHLETIC LAB WLC	34	
					927	32	SILLS Samantha	170	Motor City Barbell	4	
					63	31	RIORDAN Emily	165	Aevitas Weightlifting	4	
					413	28	LU Charis	165	EAST COAST GOLD W/L TEAM	4	
	<b>Weigh In 8:00 AM</b>	<b>f</b>			<b>81B</b>	782	17	BROWN Milan	165	COASTAL EMPIRE WEIGHTLIFTING	24
						1133	36	QUIGLEY Mary	165	ATHLETIC LAB WLC	34
						1201	28	CHINOWSKY Colbie	165	Unaffiliated	4
						496	35	PIACENTINI Olivia	164	POWER AND GRACE PERFORMANCE.	34
						220	25	SMITH Ellen	162	Conqueror Weightlifting	4
						28	29	CRAIG Amanda	160	PHILADELPHIA BARBELL	4
						698	25	CONLEY Clay	160	University of Michigan Weightlifting	4
<b>Start 10:00 AM</b>					183	39	MESSERSMITH Catharine	154	Unaffiliated	3467	

## 2023 NAOS1 & NUC - Series 1 Start List

- 1 - National University Championships
- 2 - North American Open - Series 1 - Youth
- 3 - North American Open - Series 1 - Master
- 4 - North American Open - Series 1 - Open
- 5 - Rogue Strength Stage
- 6 - Service Members
- 7 - Service Members - Masters
- 8 - Adaptive Athletes

Sess	Pfm	Date	Gndr	Cat	Lot	Age	Name	Total	Team	Comps	
<b>25 Blue</b>	<b>Sun</b> <b>Mar 5</b>			<b>81+A</b>	738	16	AMORE Ansley	155	HEAVY METAL BARBELL	24	
					1212	36	COPP Minnie	175	ALPHA BARBELL	34	
					165	29	HARDING Emmalee	165	Beyond Limits Barbell	4	
					812	35	RIVERA Rebecca	165	ATHLETIC LAB WLC	34	
	<b>Weigh In</b> <b>8:00 AM</b>	<b>f</b>	<b>87B</b>	1023	33	BADER Kerry	155	Pinnacle Weightlifting	4		
				346	26	RANDALL Bailey	150	Clarksville Weightlifting Club	4		
				732	35	BROWN Shell	150	Beyond Limits Barbell	34		
	<b>Start</b> <b>10:00 AM</b>			599	26	MOUSALLI Antoanet	142	The Strength Tank Weightlifting Club	4		
				53	24	JACKSON Jaidin	141	Unaffiliated	4		
				<b>87C</b>	1129	33	BASLEY Kayla	140	Parish Barbell Club	4	
	<b>25 Stars</b>	<b>Sun</b> <b>Mar 5</b>			<b>76A</b>	389	21	DANIELS Amerie	201	Florida Elite	1
						1164	23	CARLOCK Shay	200	Bexar Barbell	14
						925	22	GROVES Ariah	190	STONEAGE WEIGHTLIFTING CLUB	1
31						20	HONAKER Chloe	188	West Virginia Weightlifting	1	
<b>Weigh In</b> <b>8:10 AM</b>		<b>f</b>		282	21	ORTEGA Celina	186	Unaffiliated	1		
				8	19	SHEPARD Ruby	185	Unaffiliated	1		
				1199	22	WAHLER Marley	185	Robert Earwicker	1		
<b>Start</b> <b>10:10 AM</b>				<b>81A</b>	311	20	CREECH Harley	192	HEAVY METAL BARBELL	1	
				526	21	POLLACK Lola	190	Pinnacle Weightlifting	1		
				<b>87+A</b>	1091	20	MCCLAIN Jenna	183	LINDENWOOD LIONS	1	
<b>87A</b>		1067	23	KICKLIGHTER Abigail	181	LINDENWOOD LIONS	1				
<b>26 Red</b>		<b>Sun</b> <b>Mar 5</b>			<b>87+B</b>	899	34	WHITE LeKiesha	177	RVA Weightlifting	4
						579	27	BOLUJO Ifeoluwa	175	Myriad Weightlifting	4
	586					34	UM Albertine flore	175	Mach10 Weightlifting Club	4	
	1183					33	HAVERMALE Kerryn	170	EAST COAST GOLD W/L TEAM	4	
	<b>Weigh In</b> <b>10:00 AM</b>	<b>f</b>		34	30	MUNDY Erin	160	ALLSOUTH Barbell	4		
				139	39	CAMPOS Sarah	160	Archon Weightlifting	3467		
				369	26	FLATTERY Sabrina	160	Optimus Barbell Club	4		
	<b>Start</b> <b>12:00 PM</b>			991	33	LINDOW Gretchen	160	1Kilo	4		
				1005	41	TEARE Stephanie	160	Myriad Weightlifting	34		
				57	30	HARPER Rebecca	155	Harpoon Stone & Barbell Club	4		
	835	29	PHELPS Shelbey	155	Myriad Weightlifting	4					
	<b>26 White</b>	<b>Sun</b> <b>Mar 5</b>			<b>81A</b>	884	26	STEMO Jessie	240	POWER AND GRACE PERFORMANCE.	4
						739	29	TALLMAN Allee	236	POWER AND GRACE PERFORMANCE.	4
1500						27	JOHNSON Shacasia	230	Team Aita	4	
1011						26	GRAY Ceara	220	POWER AND GRACE PERFORMANCE.	4	
<b>Weigh In</b> <b>10:10 AM</b>		<b>f</b>		206	27	PETERS Kateri	215	BASA Weightlifting	4		
				598	31	DORAN Deborah	200	Bexar Barbell	4		
				819	31	COLLINS Sydney	190	Providence Barbell Club	4		
<b>Start</b> <b>12:10 PM</b>				1211	32	WARNICK Stefani	185	Southern California Weightlifting Club	4		
				745	32	BASIGER Abida	182	Moran Academy	4		
				196	36	ROBERTS Amanda	180	Moran Academy	34		
727		27	SERGEANT Erica Laraine	175	POWER AND GRACE PERFORMANCE.	4					
97		34	DISHONG Lacey	170	Moran Academy	4					

## 2023 NAOS1 & NUC - Series 1 Start List

- 1 - National University Championships
- 2 - North American Open - Series 1 - Youth
- 3 - North American Open - Series 1 - Master
- 4 - North American Open - Series 1 - Open
- 5 - Rogue Strength Stage
- 6 - Service Members
- 7 - Service Members - Masters
- 8 - Adaptive Athletes

Sess	Pfm	Date	Gndr	Cat	Lot	Age	Name	Total	Team	Comps	
<b>26</b>	<b>Blue</b>	<b>Sun</b> <b>Mar 5</b>	<b>f</b>	<b>87A</b>	200	29	BARNETT Sarah	230	People's Republic of The Dojo	4	
					699	35	ALEXANDER Laura	225	CATALYST ATHLETICS	34	
					943	27	LUCAS Catherine	224	True Strength Performance Weightlifting	4	
					494	19	ROBLES Amanda	210	Team Divergent	4	
					1171	36	DOWLING Andrea	200	Attitude Nation Barbell Club	34	
					503	33	SWEANY Addison	194	8 MILE BARBELL	4	
					124	27	KOONTZ Kelsey	190	Fourteen Forty Collective	4	
					1506	37	CROSS Kathrine	183	Forney Barbell	34	
					851	29	BEEEMER Lexie	180	LILY WEIGHTLIFTING	4	
					1184	30	ROBERSON Marissa	180	Archon Weightlifting	4	
				1061	33	COX Caroline	176	Atlas Weightlifting Club	4		
<b>26</b>	<b>Stars</b>	<b>Sun</b> <b>Mar 5</b>	<b>m</b>	<b>102A</b>	633	21	WEAKLAND Caleb	305	STONEAGE WEIGHTLIFTING CLUB	1	
					35	20	HELLER William	300	Glass City Weightlifting	1	
					356	21	CROSSWHITE Scott	300	Unaffiliated	1	
					102	21	MCMILLIAN Kenderic	280	Hunger in the Wild	1	
					<b>109+A</b>	385	22	DELGADO Victor	281	UNIVERSITY OF TEXAS	1
						219	22	ALLEGRETTI Samuel	280	BEANTOWN BARBELL CLUB	1
					<b>109A</b>	1143	22	FERGUSON Kolbi	330	Atlas Weightlifting Club	1
						1172	21	TICE James	305	LINDENWOOD LIONS	1
						761	21	KOZERSKY Daniel	300	NEW YORK WEIGHTLIFTING ACADEMY	1
						152	23	YOUNG Kincaid	295	STONEAGE WEIGHTLIFTING CLUB	1
<b>27</b>	<b>Red</b>	<b>Sun</b> <b>Mar 5</b>	<b>m</b>	<b>102A</b>	890	20	MCCULLOUGH Morgan	345	CALIFORNIA STRENGTH	4	
					588	28	BOWMAN Russell	340	GARAGE STRENGTH	4	
					273	31	KIMM Trevor	330	Unaffiliated	4	
					1010	28	MAGEE Joshua	326	POWER AND GRACE PERFORMANCE.	4	
					308	23	CHEAM Manny	320	1Kilo	4	
					429	34	FREY Corey	310	POWER AND GRACE PERFORMANCE.	4	
					1059	24	WILSON Javon	310	Unaffiliated	4	
					993	28	CHIANG Alexander	300	Mach10 Weightlifting Club	4	
					1080	24	JENKINS Bradley	300	RVA Weightlifting	4	
					146	31	FRIMPONG Jason	290	OKC BARBELL CLUB	4	
				1153	26	DEKUTOSKI Mitchell	290	Unaffiliated	4		
<b>27</b>	<b>White</b>	<b>Sun</b> <b>Mar 5</b>	<b>m</b>	<b>109B</b>	680	30	MATANES Edward	260	Rhode Island Performance	46	
					304	26	LADIPO Oluwaseun	255	Moran Academy	4	
					137	42	DUFFNER Brandon	250	Conviction Barbell	34	
					762	29	ANDERSON Garrison	250	Denver Barbell Club	4	
					64	39	FOLTZ Blake	247	TEAM FLORIDA GULFCOAST WL	34	
					1071	36	LAMBERT Casey	240	Libratum Strength and Conditioning	34	
					575	54	ARCARIO Charles	220	Catalyst Masters	34	
					593	48	SURRE Anthony	200	Libratum Strength and Conditioning	34	
					367	48	HIGGINS Russell	190	Rx Weightlifting Club	34	
					105	58	STEGELMANN Bodie	175	Stegelmann Performance	34	
				119	61	LEWIS Randall	175	Libratum Strength and Conditioning	34		



## 2023 NAOS1 & NUC - Series 1 Start List

- 1 - National University Championships
- 2 - North American Open - Series 1 - Youth
- 3 - North American Open - Series 1 - Master
- 4 - North American Open - Series 1 - Open
- 5 - Rogue Strength Stage
- 6 - Service Members
- 7 - Service Members - Masters
- 8 - Adaptive Athletes

Sess	Pfm	Date	Gndr	Cat	Lot	Age	Name	Total	Team	Comps
<b>27</b>	<b>Blue</b>	<b>Sun</b> <b>Mar 5</b>	<b>m</b>	<b>109+B</b>	1156	31	LUECK Jacob	265	BASA Weightlifting	4
					224	36	KELLEY Ryan	260	Myriad Weightlifting	3467
					1038	40	SCOTT Aaron	255	8 MILE BARBELL	34
					530	41	PRESTON Mike	250	POWER AND GRACE PERFORMANCE.	34
					562	29	LILLY Tyler	250	Unaffiliated	4
					592	29	LOMINY Reginald	250	Brooklyn Training Hall	4
					934	35	HICKS Keith	248	Myriad Weightlifting	348
					55	27	MERRICK Brandon	245	Moran Academy	4
					525	29	BACA Jacob	240	PARAMOUNT BARBELL CLUB	4
					269	46	NEITSCH Brian	230	Attitude Nation Barbell Club	34
398	49	TRAN Tony	220	Unaffiliated	34					
<b>28</b>	<b>Red</b>	<b>Sun</b> <b>Mar 5</b>	<b>f</b>	<b>87+A</b>	795	19	USCHMANN Sarah	220	CHFP WEIGHTLIFTING CLUB	4
					484	29	ERICKSON Kristen	215	PHILADELPHIA BARBELL	4
					1209	35	RODRIGUEZ Emily	215	POWER AND GRACE PERFORMANCE.	34
					771	30	KALLMEYER Katlin	210	CATALYST ATHLETICS	4
					543	23	THILGES Caitlin	200	1Kilo	4
					1139	29	GALEMMO Jennifer	195	Team Strength Works	4
					370	36	WHEALY Caitlin	190	RUBBER CITY WEIGHTLIFTING	34
					724	18	LEVY Malia	190	Praxis Weightlifting	4
					989	33	ASTRALAGA Lilliana	182	AMP TRAINING	4
					736	26	NUTTER Lauryn	178	Rhode Island Performance	4
<b>28</b>	<b>White</b>	<b>Sun</b> <b>Mar 5</b>	<b>m</b>	<b>109A</b>	510	29	BURKE Harley	340	Parish Barbell Club	4
					469	32	MATTRELLA Jacob	330	ALLSOUTH Barbell	4
					984	30	BORDE Xavier	320	Alee Athletics	4
					933	31	BAKER Edward	305	TEXAS BARBELL CLUB	4
					1054	26	SEENIVASAN Ajeet	300	Brooklyn Training Hall	4
					535	27	MOOS Joseph	295	True Strength Performance Weightlifting	4
					205	43	HOLDEN Joshua	285	Austin Barbell	3467
					148	35	TORRES Aaron	275	Attitude Nation Barbell Club	34
					716	31	BEAVERS Alan	275	4 Star Strength	46
					336	19	GRAHAM Ian	262	Team Divergent	4
<b>28</b>	<b>Blue</b>	<b>Sun</b> <b>Mar 5</b>	<b>m</b>	<b>109+A</b>	1205	33	BURGESS Blaine	350	TEAM HOUSTON	4
					521	32	ALBURY Dimitri	340	Rising Tide Weightlifting	4
					314	24	NAUGLE Matthew	330	Glass City Weightlifting	4
					1036	26	FLORES Cesar	330	Southern California Weightlifting Club	4
					438	31	BRENZA Jacob	300	Rx Weightlifting Club	4
					615	26	SPRADLEY Karston	300	ALLSOUTH Barbell	4
					1029	27	FIACABLE Eric	300	Moran Academy	4
					1101	30	RICHARDS Michael	280	Attitude Nation Barbell Club	46
					79	42	HOUGH Gavin	270	Unaffiliated	3467