

# 2022 National Championships Schedule

Date	Sess	Pfm	Weigh-in	Start	Sex	Age	Weight	Pool	Qual		# Lifters	
						Group	Cat.		Min	Max	Grp	Ses
Fri Jul 1	42	Red	6:00 AM	8:00 AM	f	OPEN	55	B		175	8	8
		White	6:00 AM	8:00 AM	f	OPEN	59	C		173	11	11
		Blue	6:00 AM	8:00 AM	m	OPEN	81	B		299	12	12
	43	Red	8:00 AM	10:00 AM	f	OPEN	45	A		-	6	10
						OPEN	49	B	119	143	4	
		White	8:00 AM	10:00 AM	m	OPEN	55	A		-	4	12
	44	Blue	8:00 AM	10:00 AM	f	OPEN	61	A		-	8	
		Red	10:00 AM	12:00 PM	f	OPEN	59	B	173	182	9	9
		White	10:00 AM	12:00 PM	f	OPEN	49	A	143	-	10	10
	45	Red	12:00 PM	2:00 PM	m	OPEN	73	A	231	-	11	15
						OPEN	67	B		240	4	
		White	12:00 PM	2:00 PM	m	OPEN	67	A	240	-	9	9
	46	Red	2:00 PM	4:00 PM	f	OPEN	59	A	183	-	10	10
		White	2:00 PM	4:00 PM	m	OPEN	81	A	300	-	12	12
		Red	6:00 AM	8:00 AM	m	OPEN	89	C		290	9	9
Sat Jul 2	47	White	6:00 AM	8:00 AM	f	OPEN	64	B		190	11	11
		Blue	6:00 AM	8:00 AM	f	OPEN	71	B		196	12	12
		Red	8:00 AM	10:00 AM	m	OPEN	89	B	291	310	11	11
	48	White	8:15 AM	10:15 AM	f	OPEN	64	A	191	-	13	13
		Blue	8:00 AM	10:00 AM	f	OPEN	76	B	170	195	8	8
		Red	10:00 AM	12:00 PM	m	OPEN	89	A	311	-	10	10
	49	White	10:00 AM	12:00 PM	f	OPEN	71	A	197	-	13	13
		Red	11:40 AM	1:40 PM	m	OPEN	96	A	278	-	17	17
		White	12:00 PM	2:00 PM	f	OPEN	76	A	196	-	10	10
	50	Red	6:00 AM	8:00 AM	f	OPEN	81	B		204	9	9
		White	6:00 AM	8:00 AM	f	OPEN	87+	B		207	10	10
		Red	7:40 AM	9:40 AM	f	OPEN	81	A	205	-	8	8
	51	White	7:40 AM	9:40 AM	f	OPEN	87	A	175	-	10	10
		Blue	7:40 AM	9:40 AM	m	OPEN	102	A	285	-	15	15
		Red	9:30 AM	11:30 AM	m	OPEN	109+	A		-	15	15
52	White	9:30 AM	11:30 AM	m	OPEN	109	A		-	12	12	
	Blue	10:05 AM	12:05 PM	f	OPEN	87+	A	208	-	8	8	
	Red	10:05 AM	12:05 PM	f	OPEN	87+	A	208	-	8	8	