

THE SCHEDULE IS NOT FINAL UNTIL THE VERIFICATION OF FINAL ENTRIES MEETING

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ALL TIMES LISTED ARE MOUNTAIN TIME (DENVER, CO)

2020 Online American Open Series 3 - Remote Event - Preliminary Schedule

Tuesday September 15, 2020

Verification of Final Entries - 10.00am to 10.30am

Wednesday September 16, 2020

Mock session - 10.00am to 11.00am (ALL ATHLETES ARE WELCOME TO JOIN)

Thursday September 17, 2020

Mock session - 10.00am to 11.00am (ALL ATHLETES ARE WELCOME TO JOIN)

Technical Conference - 2.00pm to 3.00pm

Technical Officials Briefing - 3.00pm to 4.00pm

Friday September 18, 2020

Date	Sess	Plat	Weigh	Time	Gender	Weight Category	Estimated Entry Totals (min - max)	Number of Lifters
Friday September 18, 2020	1	Red	7:00 AM	9:00 AM	F	55kg B	79-108	9
		Blue	7:00 AM	9:00 AM	M	73kg B	140-178	8
	2	Red	9:15 AM	11:15 AM	M	61kg B & 49kg A	127-136 & 89-134	2 & 5
		Blue	9:15 AM	11:15 AM	F	45kg A & 49kg B	60-104	8
	3	Red	11:30 AM	1:30 PM	F	40kg A & 49kg A	105-160	7
		Blue	11:30 AM	1:30 PM	M	61kg A	145-225	7
	4	Red	1:45 PM	3:45 PM	F	59kg C	75-110	11
		Blue	1:45 PM	3:45 PM	M	67kg A	150-240	10
	5	Red	4:00 PM	6:00 PM	F	59kg B	110-127	11
		Blue	4:00 PM	6:00 PM	F	55kg A	120-186	8
	6	Red	6:15 PM	8:15 PM	F	59kg A	130-170	10
		Blue	6:15 PM	8:15 PM	M	73kg A	180-225	8

Saturday September 19, 2020

Date	Sess	Plat	Weigh	Time	Gender	Weight Category	Estimated Entry Totals (min - max)	Number of Lifters
Saturday September 19, 2020	7	Red	7:00 AM	9:00 AM	F	64kg C	80-118	12
		Blue	7:00 AM	9:00 AM	M	81kg C	175-195	9
	8	Red	9:15 AM	11:15 AM	F	64kg B	119-145	11
		Blue	9:15 AM	11:15 AM	M	81kg B	200-215	9
	9	Red	11:30 AM	1:30 PM	F	64kg A	150-195	11
		Blue	11:30 AM	1:30 PM	M	81kg A	222-290	9
	10	Red	1:45 PM	3:45 PM	M	89kg C	148-211	9
		Blue	1:45 PM	3:45 PM	F	71kg C	110-131	9
	11	Red	4:00 PM	6:00 PM	M	89kg B	215-240	9
		Blue	4:00 PM	6:00 PM	F	71kg B	132-155	9
	12	Red	6:15 PM	8:15 PM	M	89kg A	246-300	8
		Blue	6:15 PM	8:15 PM	F	71kg A	161-230	8

Sunday September 20, 2020

Date	Sess	Plat	Weigh	Time	Gender	Weight Category	Estimated Entry Totals (min - max)	Number of Lifters
Sunday September 20, 2020	13	Red	7:00 AM	9:00 AM	F	76kg C	80-124	7
		Blue	7:00 AM	9:00 AM	M	96kg B	170-220	8
	14	Red	9:15 AM	11:15 AM	F	76kg B	130-135	7
		Blue	9:15 AM	11:15 AM	M	102kg B	160-226	9
	15	Red	11:30 AM	1:30 PM	F	81kg B	100-132	7
		Blue	11:30 AM	1:30 PM	M	96kg A	235-300	7
	16	Red	1:45 PM	3:45 PM	F	76kg A	143-200	7
		Blue	1:45 PM	3:45 PM	F	81kg A	134-210	7
	17	Red	4:00 PM	6:00 PM	F	87kg A & +81kg A	98-190	8
		Blue	4:00 PM	6:00 PM	F	+87kg A	110-175	10
	18	Red	6:15 PM	8:15 PM	M	102kg A	230-291	8
		Blue	6:15 PM	8:15 PM	M	109kg A & +109kg A	215-280	8

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