

| Date | Sess | Pfm | Weigh-in | Start | Sex | Group | Cat. | Qual | # Lifters | Ses |
|-----------------|------|----------|----------|----------|------|---------------|----------|---------|-----------|--------|
| Fri Oct 4 | 1 | Red | 6:00 AM | 8:00 AM | m | 13&u | ALL | | 13 | 13 |
| | | Blue | 6:00 AM | 8:00 AM | f | 13&u 14-15 | ALL | | 10 1 | 11 |
| | 2 | Red | 8:00 AM | 10:00 AM | m | 14-15 | ALL | | 7 | 7 |
| | | Blue | 8:00 AM | 10:00 AM | f | 13&u | ALL | 71 | 10 | 10 |
| | 3 | Red | 10:00 AM | 12:00 PM | f | W70 | ALL | | 1 | |
| | | | | | | W65 | ALL | | 3 | 7 |
| | | Blue | 10:00 AM | 12:00 PM | f | W60 | ALL | | 3 | |
| | 4 | Red | 12:00 PM | 2:00 PM | m | M70 | ALL | | 2 | 8 |
| | | | | | | M65 | ALL | | 6 | |
| | 5 | Blue | 12:00 PM | 2:00 PM | m | M80 | ALL | | 4 | 8 |
| | | | | | | M75 | ALL | | 4 | |
| | 6 | Red | 1:40 PM | 3:40 PM | m | M60 | ALL | | 11 | 11 |
| | | | | | | Blue | 1:40 PM | 3:40 PM | f | W55 |
| | 7 | Red | 4:00 PM | 6:00 PM | m | M55 | 102-+109 | | 10 | 10 |
| Blue | | | | | | 4:00 PM | 6:00 PM | m | M55 | 55-96 |
| 8 | Red | 6:00 PM | 8:00 PM | m | M50 | 55-89 | | 8 | 8 | |
| | | | | | Blue | 6:00 PM | 8:00 PM | f | W50 | 45-64 |
| 9 | Red | 6:00 AM | 8:00 AM | m | M50 | 96-+109 | | 6 | 6 | |
| | | | | | Blue | 6:00 AM | 8:00 AM | f | W50 | 71-+87 |
| 10 | Red | 7:50 AM | 9:50 AM | m | M45 | 55-81 | | 7 | 7 | |
| | | | | | Blue | 7:50 AM | 9:50 AM | f | W45 | 45-64 |
| 11 | Red | 9:50 AM | 11:50 AM | m | M45 | 89-96 | | 8 | 8 | |
| | | | | | Blue | 9:50 AM | 11:50 AM | f | W45 | 71-+87 |
| 12 | Red | 11:50 AM | 1:50 PM | m | M45 | 102-+109 | | 8 | 11 | |
| | | | | | Blue | 11:50 AM | 1:50 PM | m | M40 | 96 |
| 13 | Red | 2:00 PM | 4:00 PM | f | M40 | 81-89 | | 12 | 12 | |
| | | | | | Blue | 2:00 PM | 4:00 PM | f | Open | 45-55 |
| 14 | Red | 4:00 PM | 6:00 PM | m | M40 | 55-73 | | 6 | 6 | |
| | | | | | Blue | 4:00 PM | 6:00 PM | f | W40 | 45-55 |
| 15 | Red | 4:00 PM | 6:00 PM | f | M40 | 59-71 | | 11 | 11 | |
| | | | | | Blue | 4:00 PM | 6:00 PM | m | Open | ALL |

| Date | Sess | Pfm | Weigh-in | Start | Sex | Group | Age | Weight | Qual | # Lifters | Grp | Ses |
|----------------------|-----------|-------------|----------|----------|-----|-------|-----|----------|------|-----------|-----|-----|
| Sun Oct 6 | 15 | Red | 6:00 AM | 8:00 AM | m | M40 | | 102-+109 | | 11 | 11 | |
| | | Blue | 6:00 AM | 8:00 AM | f | W40 | | 76-+87 | | 10 | 10 | |
| | 16 | Red | 8:00 AM | 10:00 AM | m | M35 | | 55-73 | | 12 | 12 | |
| | | Blue | 8:00 AM | 10:00 AM | f | W35 | | 45-55 | | 8 | 8 | |
| | 17 | Red | 10:00 AM | 12:00 PM | f | Open | | 59-76 | | 12 | 12 | |
| | | Blue | 10:00 AM | 12:00 PM | f | Open | | 81-+87 | | 14 | 14 | |
| | 18 | Red | 12:00 PM | 2:00 PM | f | W35 | | 59-64 | | 12 | 12 | |
| | | Blue | 12:30 PM | 2:30 PM | m | M35 | | 81 | | 7 | 7 | |
| | 19 | Red | 2:00 PM | 4:00 PM | m | M35 | | 89-96 | | 15 | 15 | |
| | | Blue | 2:00 PM | 4:00 PM | f | W35 | | 71-76 | | 12 | 12 | |
| | 20 | Red | 4:20 PM | 6:20 PM | m | M35 | | 102-+109 | | 12 | 12 | |
| | | Blue | 4:20 PM | 6:20 PM | f | W35 | | 81-+87 | | 11 | 11 | |