

THE SCHEDULE IS NOT FINAL UNTIL THE VERIFICATION OF FINAL ENTRIES MEETING

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2019 National Junior Championships - Lombard IL - Preliminary Schedule

Wednesday February 13, 2019

Verification of Final Entries - 10.00am to 10.30am MOUNTAIN TIME (ONLINE EVENT)

Thursday February 14, 2019

Training On-Site, Athlete Check In & Check Scale - OPEN AT 2pm

USADA All-Athlete Briefing - 3.00pm

Technical Officials Briefing - 4.00pm

Technical Conference - 6pm

Friday February 15, 2019

Date	Sess	Plat	Weigh	Time	Gender	Wt Cat's (Kgs)	Entry Total From/To	Number of Lifters
Friday February 15, 2019	1	Red	6:00 AM	8:00 AM	F	55kg C	107kg to 128kg	10
		Blue	6:00 AM	8:00 AM	M	61kg B	160kg to 183kg	9
	2	Red	8:10 AM	10:10 AM	F	55kg B	131kg to 149kg	10
		Blue	8:10 AM	10:10 AM	F	49Kg B	100kg to 122kg	10
	3	Red	10:20 AM	12:20 PM	M	67kg B	175kg to 212kg	13
		Blue	10:20 AM	12:20 PM	F	45Kg A	85kg to 160kg	9
	4	Red	12:50 PM	2:50 PM	F	49Kg A	124kg to 178kg	9
		Blue	12:50 PM	2:50 PM	M	55kg A	120kg to 210kg	9
	5	Red	2:50 PM	4:50 PM	M	61kg A	195kg to 207kg	8
		Blue	2:50 PM	4:50 PM	F	55kg A	150kg to 198kg	10
	6	Red	5:00 PM	7:00 PM	M	67kg A	213kg to 292kg	12
		Blue	5:00 PM	7:00 PM	F	59kg C	119kg to 140kg	12

Saturday February 16, 2019

Date	Sess	Plat	Weigh	Time	Gender	Wt Cat's (Kgs)	From/To	Number of Lifters
Saturday February 16, 2019	7	Red	6:00 AM	8:00 AM	M	73kg B	165kg to 230kg	13
		Blue	6:00 AM	8:00 AM	M	81kg C	198kg to 220kg	12
	8	Red	8:20 AM	10:20 AM	F	59kg B	142kg to 158kg	11
		Blue	8:20 AM	10:20 AM	M	81kg B	220kg to 255kg	12
	9	Red	10:40 AM	12:40 PM	F	64kg C	126kg to 141kg	9
		Blue	10:40 AM	12:40 PM	F	59kg A	158kg to 205kg	11
	10	Red	12:40 PM	2:40 PM	M	73kg A	230kg to 330kg	12
		Blue	12:40 PM	2:40 PM	F	64kg B	142kg to 170kg	9
	11	Red	3:00 PM	5:00 PM	M	81kg A	269kg to 340kg	11
		Blue	3:00 PM	5:00 PM	F	64kg A	170kg to 220kg	9
	12	Red	5:00 PM	7:00 PM	M	89kg B	217kg to 254kg	14
		Blue	5:00 PM	7:00 PM	F	71kg B	130kg to 154kg	13

Sunday February 17, 2019

Date	Sess	Plat	Weigh	Time	Gender	Wt Cat's (Kgs)	From/To	Number of Lifters
Sunday February 17, 2019								
	13	Red	7:00 AM	9:00 AM	M	89kg A	255kg to 233kg	13
		Blue	7:00 AM	9:00 AM	F	71kg A	155kg to 233kg	12
	14	Red	9:20 AM	11:20 AM	M	96kg A	222kg to 340kg	15
		Blue	9:20 AM	11:20 AM	F	76kg A	147kg to 230kg	13
	15	Red	11:50 AM	1:50 PM	M	102kg A & 109kg A	235kg to 260kg	8 & 4
		Blue	11:50 AM	1:50 PM	F	81kg A & 87kg A	152kg to 237kg	4 & 8
	16	Red	2:10 PM	4:10 PM	F	+87kg A	160kg to 228kg	6
		Blue	2:10 PM	4:10 PM	M	+109kg A	232kg to 377kg	10

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ALL TIMES WITH THE EXCEPTION OF THE VERIFICATION OF FINAL ENTRIES MEETING ARE LOCAL