

# 2019 American Open Finals

## Salt Lake City, UT - December 5-8

What?	Where?	When?
SHUTTLE TO THE VENUE	N/A	N/A Salt Palace Convention Center 100 S W Temple, Salt Lake City, UT 84101
Check In, Credential Pick Up	Competition Venue (Thu-Sun) Salt Palace Convention Center <b>Hall 1 and 2 foyer</b>	Thursday: 2:00 PM - 8:00 PM Friday - Sunday: 7:30 AM - 6:00 PM
Training Hall	Competition Venue (Thu-Sun) Salt Palace Convention Center <b>Hall 1 and 2</b>	Thursday: 2:00 PM - 8:00 PM Friday - Sunday: During competition times
Off-Site Training	N/A	N/A
Weigh In	Salt Palace Convention Center <b>Room 155 D, E &amp; F</b>	Always 2 hours prior to competition
USADA Testing	You will be notified by USADA personnel	You will be notified by USADA personnel
Verification of Final Entries Meeting	<b>ONLINE MEETING</b>	Wednesday 10:00 AM - 10:30 PM <b>MOUNTAIN TIME</b>
Technical Conference	Salt Palace Convention Center <b>Room 155 A</b>	Thursday 2:00 PM - 2:30 PM
New athlete and Coach Briefing	Salt Palace Convention Center <b>Room 155 A</b>	Thursday 2:30 PM - 3:30 PM
USADA All Athlete Briefing	Salt Palace Convention Center <b>Room 155 A</b>	Thursday 3:30 PM - 4:30 PM
Technical Officials Briefing	Salt Palace Convention Center <b>Room 155 A</b>	Thursday 4:30 PM - 5:30 PM
2020-2024 Selection Procedures Q & A	Salt Palace Convention Center <b>Room 155 A</b>	Thursday 5:30 PM - 6:30 PM
Awards	Competition Hall	Presented after Each "A" Session
Check Scale	Salt Palace Convention Center <b>Room 155 B</b>	Thursday: 2:00 PM - 8:00 PM Friday - Sunday: 7:30 AM - 8:00 PM
Sauna (Thu-Sat)	<b>The Gym at City Creek</b> 51 Main St Suite 308, Salt Lake City, UT 84111	Thursday - Friday: 5:00 AM - 11:00 PM  Saturday: 7:00 AM - 11:00 PM
Sauna (Sunday only)	<b>Sanctuary Day Spa and Salon at The Gateway/ Metro Fitness</b> 42 S Rio Grande St, Salt Lake City, UT 84101	Sunday: 11:00 AM - 6:00 PM