

## 2019 AO3 - American Open Finals Start List

Sess	Pfm	Date	Sex	Group	Cat	Lot	Age	Name	Total	Team
<b>1</b>	<b>Red</b>	<b>ven. déc 6</b>	<b>f</b>	<b>Open</b>	<b>49B</b>	29	32	DOMINGUEZ Kimberly	132	Boombox WLC
						50	27	BAILEY Catherine	132	TOTAL CONTROL WEIGHTLIFTING
						59	27	NGUYEN Lucy	132	GARAGE STRENGTH
						157	38	GIANNETTI Gina	137	FORZA WEIGHTLIFTING CLUB
						159	34	FRANKLIN Nile	135	Kings of Weightlifting
						189	25	DELA CRUZ Amanda	132	
						207	17	OTERI Ava	139	HARRISBURG WEIGHTLIFTING CLUB
						215	15	SNIDER Destiny	132	LIFT FOR LIFE GYM
						272	57	GOLDENBERG Lauren	92	Forging the Warrior
						409	28	YOSHIMURA Sayuri	132	SENSE Weightlifting Village
						417	25	ROLLER Rachel	139	CATALYST ATHLETICS
491	37	FARRELL CARA	127	The Coolest Barbell Club Ever						
<b>1</b>	<b>White</b>	<b>ven. déc 6</b>	<b>f</b>	<b>Open</b>	<b>55E</b>	4	29	QUINONES Sibonet	149	The Coolest Barbell Club Ever
						31	31	EURE Carrie	150	MISSISSIPPI BARBELL
						66	13	LINK Kendall	122	DSP Barbell Club
						133	33	FOSTER Ashley	142	IRON ATHLETE WEIGHTLIFTING CLUB
						146	30	FALAMAS Julia	149	SPOT Barbell Club
						176	35	BOHANNON Elizabeth	149	Elite Barbell Club
						188	26	STREMCHA Hope	150	GROUND AND POUNDS WEIGHTLIFTING CLUB
						197	32	GERRITSEN Alida	149	
						270	33	BROEKEL Lindsay	149	VAUGHN WEIGHTLIFTING
						286	36	WATERBURY Nicole	149	AZO BARBELL CLUB
						293	26	TRAN Tram	150	PERFORMANCE ONE WEIGHTLIFTING
327	28	KREYE Maria	151	ST. CROIX BARBELL CLUB						
<b>1</b>	<b>Blue</b>	<b>ven. déc 6</b>	<b>f</b>	<b>Open</b>	<b>59D</b>	6	30	PRAY Brittany	165	Strength Ratio
						49	22	HAMILTON Alexandra	166	STONEAGE WEIGHTLIFTING CLUB
						60	23	ABILA Hunter	163	Ground To Overhead South
						97	26	SHOWMAN Pamela	167	Elite Barbell Club
						106	27	BRETT Emily	163	
						186	30	MALEAN Coral	163	Kenmore Barbell Club
						238	28	MONTERO Kaylee	163	Boombox WLC
						419	41	SAHLBERG Jennifer	167	PARAMOUNT BARBELL CLUB
459	23	MATSUSHIMA Angelique	164	Bakke Barbell						
<b>2</b>	<b>Red</b>	<b>ven. déc 6</b>	<b>m</b>	<b>Open</b>	<b>67B</b>	12	25	CASTILLO Gabriel	242	TEAM SOUL MIAMI
						69	26	BLAS Matthew	217	BROAD RIPPLE BARBELL CLUB
						165	30	NGUYEN Derek	250	HIGH DESERT ATHLETIC CLUB
						296	49	BRAMWELL Eric	180	Team Arizona
						347	23	SUAREZ Jeffrey	237	BARBARIAN BARBELL CLUB
						364	15	SNYDER Peter	175	Three Kings Weightlifting Club
						365	43	ROSE Daniel	196	HARRISBURG WEIGHTLIFTING CLUB
						381	24	HARRISON Khalil	235	
						392	38	VALENTIN Alejandro	205	Gahanna Gorrillaz Barbell Club

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<b>2</b>	<b>White</b>	<b>ven. déc 6</b>	<b>f</b>	<b>Open</b>	<b>55D</b>	108	32	GILMORE Jessica	151	EAST COAST GOLD W/L TEAM
						137	27	VILLANUEVA Melissa	154	APESQUAD WEIGHTLIFTING
						184	28	JENKINS Mikail	151	
						241	33	FARRAND Bre	152	PRAETORIAN WEIGHTLIFTING
						294	30	COURTNEY Katelyn	152	3rd Rock Barbell
						350	30	STILLMAN Talia	152	Sedulous Barbell
						356	28	DENUM Susan	152	Kim Barbell
						360	30	SOUVANNAKHOT Jannie	153	STRENGTH GUILD WEIGHTLIFTING
						421	31	SUCH Nikole	153	
						465	19	DARAI0-RIVERA Summer	152	AMP TRAINING
						468	27	LEE Lauren	155	4 Star Strength
507	24	DURAN Olivia	153	EAST COAST GOLD W/L TEAM						
<b>2</b>	<b>Blue</b>	<b>ven. déc 6</b>	<b>f</b>	<b>Open</b>	<b>59C</b>	120	23	MAI Tori	174	Kim Barbell
						220	40	ARAUJO Giselle	170	Team Juggernaut
						226	27	HAMILTON Catherine	170	WAXMAN'S GYM WEIGHTLIFTING CLUB
						228	22	MERRITT Becca	170	BROAD RIPPLE BARBELL CLUB
						262	29	CIUREJ Megan	170	Drive Barbell Club
						265	16	GARZA Mallory	170	Stonehenge Weightlifting
						446	26	TRAN Karine	168	HASSLE FREE BBC
						450	20	GUZMAN Sarah	175	TEAM SOUL MIAMI
						483	29	SAHLIN Nicole	171	CATALYST ATHLETICS
<b>3</b>	<b>Red</b>	<b>ven. déc 6</b>	<b>m</b>	<b>Open</b>	<b>55A</b>	91	25	KOBASHIGAWA Brey	220	TEAM HAWAII
						173	19	KILFOYLE Christian	181	AMP TRAINING
						324	17	TOM Seth	210	Team Divergent
						353	29	GARCIA Miguel	200	SPXF Barbell
					<b>61B</b>	10	33	CROSBY Karl	200	
						217	17	OHAYRE Dominic	187	Endure Barbell Club
						218	24	BRACEY Austin	215	Kim Barbell
						351	34	CONNOLLY Keith	210	CINCINNATI WEIGHTLIFTING CLUB
						488	34	KIM Bradford	220	Kim Barbell
<b>3</b>	<b>White</b>	<b>ven. déc 6</b>	<b>f</b>	<b>Open</b>	<b>55C</b>	25	38	BUTLER Jennifer	160	EAST COAST GOLD W/L TEAM
						30	23	REISWIG Carolle Marie	155	TEXAS BARBELL CLUB
						45	29	BOTHWELL Courtney	161	
						74	27	JAWORSKE Jilly	155	TSS BARBELL
						136	30	PHAM Bich	155	BlueWave Weightlifting
						142	15	ESTEP Katharine	155	ALPHA BARBELL
						156	15	TORO Noelle	155	ALPHA BARBELL
						236	21	SEEGERT Megan	160	Team Divergent
						273	29	CHU Jennifer	159	Chu Weightlifting
						298	25	HANDEL Allison	155	BASA Weightlifting
						378	20	BONDOC Kristen	155	STONEAGE WEIGHTLIFTING CLUB
429	41	NELSON-PAUL KATHY	157	MADTOWN WLC						

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<b>3</b>	<b>Blue</b>	<b>ven. déc 6</b>	<b>f</b>	<b>Open</b>	<b>45A</b>	38	28	GONZALEZ SILVANA	135	LIFT 6 FOR 6 BARBELL CLUB
						83	35	KYLE Cicely	150	POWER AND GRACE PERFORMANCE.
						89	29	GROB Katie	122	PHILADELPHIA BARBELL
						112	21	SHARSHENBEKOVA Albina	121	
						168	39	KAMPHAKE Melissa Sue Jutras	120	EAST COAST GOLD W/L TEAM
						174	40	GATMAITAN Hazel	118	SENSE Weightlifting Village
						177	24	SILVA Karla	120	WAXMAN'S GYM WEIGHTLIFTING CLUB
						249	29	VILLA Gretchen	150	Alee Athletics
						307	22	ONTIVEROS Risa	127	
						331	38	CHAVEZ Martha	118	PSP WEIGHTLIFTING
						344	23	CARVALHO EUVELYN	125	GROUND AND POUNDS WEIGHTLIFTING CLUB
						363	38	FRANKEL Amylynne	120	HI PERFORMANCE ATHLETICS
						391	14	MANN Jaycee	120	The Weight Room
						402	32	NACK Elana	122	Providence Barbell Club
447	16	DEPALO Alyssa	113	VERO BEACH WEIGHTLIFTING						
<b>4</b>	<b>Red</b>	<b>ven. déc 6</b>	<b>f</b>	<b>Open</b>	<b>59B</b>	15	24	SCHINNER Seraphina	180	Marin Heavy Athletics
						131	26	COLWELL Alexa	183	Anthem Barbell
						210	19	WEHR Kate	175	GARAGE STRENGTH
						246	22	SALISBURY Lily	176	CATALYST ATHLETICS
						290	27	SALLOME Emily	185	
						309	26	STONEWERTH Kimberlea	176	ST. CROIX BARBELL CLUB
						319	27	ALONSO Melisa	182	TEAM SOUL MIAMI
						440	16	RAYMOND Abby	182	FORZA WEIGHTLIFTING CLUB
472	39	FOREST Jocelyn	186	CATALYST ATHLETICS						
<b>4</b>	<b>White</b>	<b>ven. déc 6</b>	<b>f</b>	<b>Open</b>	<b>55B</b>	96	30	METZGER Ryan	171	EAST COAST GOLD W/L TEAM
						118	17	NYE Emma	166	VERO BEACH WEIGHTLIFTING
						124	23	AUGUSTINE Jessica Jean	170	Saratoga Barbell Club
						154	32	HENTZ MICHELLE	165	CATALYST ATHLETICS
						214	16	IRIZARRY Diana	163	BROOKLYN BARBELL CLUB
						237	17	COOK Leila	163	
						301	31	GRODZKI Allie Rose	167	CALIFORNIA STRENGTH
						313	26	MILLICAN Morgan	162	COFFEE'S GYM
						404	25	SALSBERG Alena	163	Major League Performance Weightlifting
						490	28	LEE Tiffani	169	HI PERFORMANCE ATHLETICS
516	30	LE Elizabeth	171	West Michigan Muscle						
<b>4</b>	<b>Blue</b>	<b>ven. déc 6</b>	<b>m</b>	<b>Open</b>	<b>61A</b>	23	27	CAMENARES Christopher	231	BLACK & RED BARBELL CLUB
						104	19	MILLEN Carlos	230	COASTAL EMPIRE WEIGHTLIFTING
						111	25	ALCARAZ Jairo	221	Standard Strength
						139	15	MORRIS Hampton	230	ALLSOUTH Barbell
						152	19	GRIFFITH Ruskin	222	Blade Method Barbell
						304	28	ALEMAN Andres	225	Florida Elite
						349	26	GASTELUM Matthew	232	Vice Weightlifting
						451	19	VALDEZ Donte	222	Pursuit Weightlifting

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<b>5</b>	<b>Red</b>	<b>ven. déc 6</b>	<b>f</b>	<b>Open</b>	<b>49A</b>	36	25	MEHLING Rebecca	145	THE SPORTS PALACE
						43	29	SANCHEZ Suzy	140	New Age Weightlifting
						119	22	MCNAMES Shannon	160	1Kilo
						125	30	RITCHEY Alyssa	180	Team Juggernaut
						150	20	REICHARDT Hayley	177	GARAGE STRENGTH
						167	39	NOSKA April	144	Vice Weightlifting
						194	31	KOMEMI Michal	145	PHILADELPHIA BARBELL
						227	34	KING Morghan	175	POWER AND GRACE PERFORMANCE.
						229	32	DARI Subreen	142	PSP WEIGHTLIFTING
						232	21	DELACRUZ Jourdan	184	POWER AND GRACE PERFORMANCE.
						314	25	PATOC Nikk	164	Marin Heavy Athletics
397	25	PANNELL Maddison	165	CALIFORNIA STRENGTH						
<b>5</b>	<b>White</b>	<b>ven. déc 6</b>	<b>f</b>	<b>Open</b>	<b>55A</b>	51	31	OKAMOTO Janyce	172	Team Juggernaut
						53	31	SAXON Jessica	186	PHILADELPHIA BARBELL
						85	30	STORMS Madeline	175	Red Panda Strength
						244	25	BEAUPRE Tiffany	179	Aspire Athletic Performance
						320	30	NA Christine	190	TAKANO ATHLETICS
						323	30	KWIATKOWSKI Malorie	176	West Michigan Muscle
						335	26	LAM Jenny	173	Team Divergent
						413	19	STANISZEWSKI Madeline	175	VERO BEACH WEIGHTLIFTING
						422	27	HAYDEN Maria	175	Renaissance Periodization
						448	31	LEMMEN Stephanie	180	HIGH DESERT ATHLETIC CLUB
<b>5</b>	<b>Blue</b>	<b>ven. déc 6</b>	<b>f</b>	<b>Open</b>	<b>59A</b>	42	19	CHANG-FANE Juliette	186	VERO BEACH WEIGHTLIFTING
						70	29	WILD Kelly	192	CALIFORNIA STRENGTH
						134	22	TURNER Taylor	205	VERO BEACH WEIGHTLIFTING
						231	22	BRAMWELL Kaija	198	POWER AND GRACE PERFORMANCE.
						339	24	MOORE Shayla	190	POWER AND GRACE PERFORMANCE.
						407	38	BREWER Kristi	193	Team Juggernaut
						424	33	EMERY Joelle	190	LILY WEIGHTLIFTING
						431	32	SIOLKA Lindsay	192	INVICTUS ATHLETE WEIGHTLIFTING CLUB
						474	32	JUMPER Sarabeth	206	CATALYST ATHLETICS
<b>6</b>	<b>Red</b>	<b>ven. déc 6</b>	<b>f</b>	<b>Open</b>	<b>64D</b>	28	46	MILLIGAN Michelle	124	EMINENCE BARBELL CLUB
						37	17	ARNESON Louissa	166	PERFORMANCE ONE WEIGHTLIFTING
						183	46	DIETER Jennifer	160	Forging the Warrior
						222	25	TATMAN Jessica	175	Infinity Barbell
						257	27	MURRAY Arielle	175	Keep Pulling
						302	19	MAROSEK Isabelle	175	Atlanta Performance
						400	24	RICHARDS Abigail	175	OSS WEIGHTLIFTING CLUB
						403	26	DELEON Krystal	175	CHASING KILOS WEIGHTLIFTING
						442	57	GARBER Kelly	111	Two White Lights Weightlifting
						505	25	PEREA Sheena Rose	175	Southern California Weightlifting Club
						514	24	ROSSI Mary	175	BlueWave Weightlifting
515	15	TRINH Haley	170	Team Divergent						

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<b>6</b>	<b>White</b>	<b>ven. déc 6</b>	<b>m</b>	<b>Open</b>	<b>73C</b>	9	22	CELIS Sergio	241	HIGH DESERT ATHLETIC CLUB
						40	28	DE FREITAS Nicholas	225	J2Fit Weightlifting
						81	21	WHOOLEY Maximillian	241	SCOTTSDALE BARBELL
						155	21	DUBREIL Keven	241	Team E3
						213	31	JOW Bryan	241	Gryphon Strength Barbell
						225	29	HARRIS Dana	241	BlueWave Weightlifting
						271	25	BAYER David	225	1Kilo
						297	17	BROWN William	220	Team Arizona
						305	28	CZARNICK Eric	241	
						389	24	MARTIN JR Rodney	241	Vehement Elite Athletics
		<b>Start 6:00 pm</b>			396	35	MITCHELL James	240	TEAM SOUL MIAMI	
<b>6</b>	<b>Blue</b>	<b>ven. déc 6</b>	<b>m</b>	<b>Open</b>	<b>67A</b>	5	27	ROBINSON Korey	250	Alee Athletics
						26	25	GRUBER Logan	250	MILWAUKEE BARBELL WEIGHTLIFTING CLUB
						202	22	WISSINGER Jordan	285	GARAGE STRENGTH
						275	17	GRIMSLAND Ryan	270	MASH MAFIA WEIGHTLIFTING
						288	24	MCCULLOUGH Matthew	270	TEAM TEXAS
						340	18	SHORT Stephen	253	VERO BEACH WEIGHTLIFTING
						385	28	VAUGHN James	259	POWER AND GRACE PERFORMANCE.
						428	24	NGO Stephen	270	CALIFORNIA STRENGTH
<b>7</b>	<b>Red</b>	<b>sam. déc 7</b>	<b>m</b>	<b>Open</b>	<b>73B</b>	22	26	GONZALEZ Benjamin	250	Boombox WLC
						55	36	WEISS Christopher	245	Northern Barbell
						78	26	NIELSON Levi	250	Circle X Barbell
						105	23	ORTEGA Anthony	260	Boombox WLC
						158	29	EBERT Cory	245	
						193	32	MCHALE Jonathan	245	
						315	23	MCGINNITY Samuel	255	Keep Pulling
						348	35	VEZINA Jesse	255	Vehement Elite Athletics
						386	22	HESS Garrett	251	EAST CAROLINA WEIGHTLIFTING
						432	32	YANDA Steve	245	CHFP WEIGHTLIFTING CLUB
		<b>Start 8:00 am</b>			467	26	AMADOR Emmanuel	260		
<b>7</b>	<b>White</b>	<b>sam. déc 7</b>	<b>f</b>	<b>Open</b>	<b>64C</b>	13	31	KING Ashley	181	
						34	31	SCANLON Meghan	179	Team Juggernaut
						130	24	DELORENZO Demi	175	Team Juggernaut
						216	34	GINSBURG Lauryn	175	ROBINSON WEIGHTLIFTING CLUB
						245	14	RHODES Mia	177	VERO BEACH WEIGHTLIFTING
						258	28	SCHUMACHER Chloe	178	GREAT LAKES BARBELL CLUB
						321	29	BURGENER Sage	177	Sage's Gym
						338	22	O'CONNELL McKayla	178	GARAGE STRENGTH
						374	24	WISEMAN Nicole	177	BlueWave Weightlifting
						383	16	ESPINOZA Madilyn	179	Team Juggernaut
		<b>Start 8:00 am</b>			423	34	BEAUNE Traci	180	Libratum Strength and Conditioning	
					473	27	COOK Shannon	179	West Michigan Muscle	

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<b>7</b>	<b>Blue</b>	Weigh In 6:00 am	m	Open	81D	56	29	TIPON Andrew	260	HI PERFORMANCE ATHLETICS
						77	72	LOWE Frederick	120	TEMPLE OF EXERTION
						161	40	BOVA John	220	TEXAS BARBELL CLUB
						234	32	ARNOLD Spencer	260	POWER AND GRACE PERFORMANCE.
						326	25	EULAU Matthew	250	J2Fit Weightlifting
						334	25	HO Anthony	265	SENSE Weightlifting Village
						345	27	WOOD Sean	263	WEBER STATE WEIGHTLIFTING
						357	24	SLATON Jake	220	STONEAGE WEIGHTLIFTING CLUB
						437	69	KULP Christopher	125	ThirdSpace Barbell
						484	22	TYNDALL Kekailoa	267	TSS BARBELL
<b>8</b>	<b>Red</b>	Weigh In 8:00 am	f	Open	71C	126	32	RASMUSSEN Katrina	184	Circle X Barbell
						223	23	SPELL Harper	183	TEAM O.C.
						224	51	MILLER Jenny	130	Horsepower Strength Weightlifting Club
						263	23	THOMAS Elizabeth	182	RVA Weightlifting
						328	32	PITCHER Morgan	184	Long Island City Barbell Club
						333	17	DESVARIEUX Marr-Khie	182	AMP TRAINING
						337	62	HARDIE Marissa	75	Team Divergent
						416	31	VERHOEST Daniella	176	
						439	28	GIARDINI Shala	180	Denver Barbell Club
						454	23	DUNCAN Francesca	182	
<b>8</b>	<b>White</b>	Weigh In 8:00 am	f	Open	64B	61	27	HERNANDEZ LEON Karla	188	
						79	27	PFLUG Shelby	183	FORZA WEIGHTLIFTING CLUB
						128	31	PRESLEY Jenna	186	
						235	24	TARLTON Macy	183	Team E3
						239	17	HENRY Reagan	184	VERO BEACH WEIGHTLIFTING
						283	28	HARRIS Frankie	187	SPXF Barbell
						303	23	NUSSBAUM Emily	189	COLUMBUS WLC INC.
						316	23	LEHANE Isabel	182	CALIFORNIA STRENGTH
						355	26	HOFFMAN Emma	182	EAST COAST GOLD W/L TEAM
						476	19	ROBINSON Kristina	190	Prairie State Barbell
<b>8</b>	<b>Blue</b>	Weigh In 8:00 am	m	Open	81C	63	26	KONAS Anthony	274	KINGFIELD BARBELL
						115	27	POTOSHNIK Aaron	270	LIFT 6 FOR 6 BARBELL CLUB
						179	27	COSCIA Andrew	275	EAST COAST GOLD W/L TEAM
						206	34	BROWN Michael	267	
						221	22	MASON Jacob	270	MILWAUKEE BARBELL WEIGHTLIFTING CLUB
						255	29	DEGENNARO Brian	267	Manhattan Barbell
						310	27	VAN LEER Logan	273	TEAM PRAXIS
						362	28	YI Hubert	267	4 Star Strength
						377	25	WILLMAN Adam	274	American Muscle Weightlifting
						380	33	AVERSA Domenic	273	
452	38	STEINBACHER Geoffrey	275	GROUND AND POUNDS WEIGHTLIFTING CLUB						

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<b>9</b>	<b>Red</b>	Weigh In 10:00 am	m	Open	73A	92	24	CADIEUX David	266	TEXAS BARBELL CLUB
						208	29	JIUNTA Jordan	262	Pre-Script Barbell
						256	28	COOK Greg	267	TEXAS BARBELL CLUB
						266	24	HURST Lonnie	265	4 Star Strength
						268	19	COHEN William	274	TEAM SAVANNAH
						379	30	TAJIMA Alvin	265	Marin Heavy Athletics
						387	18	SMITH Jerome	290	LIFT FOR LIFE GYM
						405	22	HERNANDEZ Christopher	265	HOUNDWOOD WEIGHTLIFTING TEAM
						426	31	LEE Alex	295	Alee Athletics
						471	28	HILBURN Steven	265	ATHLEO BARBELL CLUB
<b>9</b>	<b>White</b>	Weigh In 10:00 am	f	Open	64A	16	31	LONG Jaclyn	205	RVA Weightlifting
						65	32	VOZOBULE Morgan	197	PHILADELPHIA BARBELL
						73	26	HODGE Alana	195	Rep Max Performance
						87	25	CLOOKEY Stephanie	195	CATALYST ATHLETICS
						110	27	LEISHMAN AnJeanette	193	Hansen Barbell Club
						117	28	LUMPP Taylor	197	PHILADELPHIA BARBELL
						135	27	GUNNIN Danielle	200	Atlas Weightlifting Club
						267	26	WEICHERS Jordan	192	CALIFORNIA STRENGTH
						274	17	STREY Meaghan	191	ALPHA BARBELL
						312	26	STEPHENS Taylor	194	ALLSOUTH Barbell
<b>9</b>	<b>Blue</b>	Weigh In 10:00 am	m	Open	81B	86	28	PI',TRACUPA Vincent	276	
						123	21	HOANG Tyler	285	VULKAN WEIGHTLIFTING
						170	26	CUELLAR Bryan	277	DELTA WEIGHTLIFTING
						187	29	WILSON Jack	288	True Strength Performance Weightlifting
						359	38	DOUGLAS Christopher	285	PARAMOUNT BARBELL CLUB
						375	26	LASTER Dominique	276	Team Juggernaut
						415	27	DONDZILA Nicholas	280	TEAM L.A.B.
						470	18	SPARKS Conner	288	Team Divergent
						489	24	MAYS Cole	280	BlueWave Weightlifting
						496	24	CHAVEZ Bernabe	283	APESQUAD WEIGHTLIFTING
<b>10</b>	<b>Red</b>	Weigh In 12:00 pm	f	Open	71B	24	23	FLEMING Allison	195	AMP TRAINING
						32	32	TAYLOR Carey	190	BASA Weightlifting
						46	24	SUAREZ Abby	189	STONEAGE WEIGHTLIFTING CLUB
						52	24	JARAMILLO Cougar	185	TSS BARBELL
						90	24	ESTEP Ashley	186	Team SAW
						94	33	PRESSLEY Challen	185	Marin Heavy Athletics
						151	25	BROOKS Brittany	189	PHILADELPHIA BARBELL
						192	22	BEARDMORE Alexandra	195	THREE RIVERS BARBELL
						372	25	PIETRZYKOWSKI Chelsea	190	MCKENNA'S GYM
						399	22	WINSLETT Hannah	185	TEAM SAVANNAH
497	28	CALVERT Kristen	186	BROAD RIPPLE BARBELL CLUB						

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<b>10 White</b>	Weigh In 12:00 pm	sam. déc 7	m	Open	89B	62	37	FLEMING Wilson	280	1Kilo
						102	25	SOCARRAS Rashid	291	RVA Weightlifting
						132	27	MACLENNAN Mitchell	273	3rd Rock Barbell
						160	17	THEODORE Fuge	250	Victory Mode Weightlifting
						204	26	BROWN Joe	286	
						325	23	PALUMBO William	294	RPE 11
						346	29	PEREZ Teddy	290	BROOKLYN BARBELL CLUB
						420	23	VELAZQUEZ Stephen	286	VERO BEACH WEIGHTLIFTING
						435	18	EASLEY Will	290	AURORA WEIGHTLIFTING CLUB
						460	17	WOLFF Nathan	199	HIGH DESERT ATHLETIC CLUB
478	33	CRAVEN Michael	290	Aspire Athletic Performance						
<b>10 Blue</b>	Weigh In 12:00 pm	sam. déc 7	m	Open	81A	67	23	MARQUEZ Marc	288	STONEAGE WEIGHTLIFTING CLUB
						82	29	WILLIAMS Jeffrey	297	GREAT LAKES BARBELL CLUB
						93	26	CARLSON Dakota	310	Team Juggernaut
						212	23	FRIES Troy	295	Renaissance Periodization
						219	19	CERWINSKE Nathan	290	PERFORMANCE ONE WEIGHTLIFTING
						341	31	SULTAN Mohamed	315	LONG BEACH WEIGHTLIFTING
						343	29	MARKS Jason	298	LIFT 6 FOR 6 BARBELL CLUB
						406	24	RANDOLPH Jeremy	305	Gryphon Strength Barbell
						503	26	RATTAY Matt	300	POWER AND GRACE PERFORMANCE.
						509	27	SANCHEZ Tylor	289	Strength Academy Weightlifting
<b>11 Red</b>	Weigh In 2:00 pm	sam. déc 7	f	Open	71A	95	33	ANDICA Erin	208	CATALYST ATHLETICS
						172	25	TALLMAN Allee	206	Anthem Barbell
						199	27	FRANKLIN Jes	196	PHILADELPHIA BARBELL
						250	27	KARDOS Lena	198	LIFT 6 FOR 6 BARBELL CLUB
						259	21	ALWINE Meredith	230	
						279	32	CHMURA Victoria	200	PSP WEIGHTLIFTING
						281	32	LACHANCE Alexandra	210	Team Juggernaut
						295	23	HUDSON Kendall	198	MASH MAFIA WEIGHTLIFTING
						311	26	RODE Anna	196	LILY WEIGHTLIFTING
						412	21	GOLD Celia	203	REDZONE WEIGHTLIFTING CLUB
414	18	THORNTON Alexandra	196	SPOON BARBELL CLUB						
<b>11 White</b>	Weigh In 2:00 pm	sam. déc 7	f	Open	76B	2	26	VITMAN Irina	180	CALIFORNIA STRENGTH
						41	23	PETERS Kateri	185	BASA Weightlifting
						48	30	THARP Chelsey	189	REDLINE ATHLETICS
						71	38	HESS ELISHA	170	Grayskull Barbell
						129	35	MANCE Elizabeth	185	4 Star Strength
						141	27	LAWRENCE Lana	187	Full Tilt Weightlifting
						180	25	SLAVEN Kelly	185	TEAM O.C.
						282	31	COOKE Faith	185	ATHLEO BARBELL CLUB
						376	32	BUNDRICK Meghan	180	LION'S ROAR BARBELL
						427	27	FICK Courtney	185	East County Barbell
494	28	ESONU Uchechi	195	INDUSTRIOUS BARBELL CLUB						
<b>11 Blue</b>	Weigh In 2:00 pm	sam. déc 7	m	Open	96C	58	32	BOYD Erik	280	Angeles Crest Barbell Club (ACBC)
						75	23	BATOR Andrew	290	MISSISSIPPI BARBELL
						84	38	GARRARD Jason	280	
						198	34	HENRY Chris	285	ALPHA BARBELL
						254	23	MCKELLAR David	291	APESQUAD WEIGHTLIFTING
						300	62	RICHARDS William	150	Blue Crew Weightlifting
						308	30	BUCKWALTER Ross	291	Horsepower Strength Weightlifting Club
						352	32	SHEM Eugene	275	HIGH DESERT ATHLETIC CLUB
						390	27	PANICCIA Steve	290	Saratoga Barbell Club
						433	23	DAVIS Michael	275	STONEAGE WEIGHTLIFTING CLUB
<b>11</b>	sam. déc 7					21	20	HARO-KOBERNIK Mason	300	Drive Barbell Club
						72	35	TOWNSEND James	320	Team Juggernaut
						147	24	ROBLES Benson	305	TEAM SOUL MIAMI



## 2019 AO3 - American Open Finals Start List

Sess	Pfm	Date	Sex	Group	Cat	Lot	Age	Name	Total	Team
<b>12</b>	<b>Red</b>	Weigh In 4:00 pm	m	Open	89A	171	25	SELWAEH Abdoul-Kareem	300	EAST COAST GOLD W/L TEAM
						209	28	DOWNEY John	330	Academy of Weightlifting
						269	24	STEMO Nathan	315	MILWAUKEE BARBELL WEIGHTLIFTING CLUB
						276	24	MARQUEZ Jimmy	315	Alee Athletics
						384	28	ELAM II Onzy	305	CHFP WEIGHTLIFTING CLUB
						445	29	BLACKWELL Robert	340	CALIFORNIA STRENGTH
						482	19	PROKOP Nathan	305	Menlo College Weightlifting
<b>12</b>	<b>White</b>	Weigh In 4:00 pm	f	Open	76A	122	31	ALEXANDER Laura	206	CATALYST ATHLETICS
						175	17	MCELDERRY Anna	195	GARAGE STRENGTH
						205	28	ABERSON Shanna	197	The Station Weightlifting Club
						252	29	SEAMON Jillian	209	EAST COAST GOLD W/L TEAM
						261	19	PIERRE Nadeen	205	Union Weightlifting
						278	23	JOHNSON Shacasia	220	Team Juggernaut
						358	30	WARD Laura	200	4 Star Strength
						388	24	ROGERS Martha (Mattie)	240	CATALYST ATHLETICS
						393	21	MARCHILDON Mackenzie	202	4 Star Strength
						506	31	KARLIK Meghan	199	PHILADELPHIA BARBELL
<b>12</b>	<b>Blue</b>	Weigh In 4:00 pm	m	Open	96B	211	29	DURHAM Chase	300	SPOON BARBELL CLUB
						277	32	ROTHER Jeff	300	Rep Max Performance
						306	23	RYAN Benjamin	295	Team Juggernaut
						354	33	MCRAE Taylor	303	RPE 11
						370	29	REBMAN Jacob	295	FORTIUS WEIGHTLIFTING
						373	32	ILLENBERG Bryant	303	BlueWave Weightlifting
						398	37	DOBBS Logan	300	Dynamis Weightlifting
<b>13</b>	<b>Red</b>	Weigh In 6:00 am	m	Open	102B	434	26	LIGON Douglas	300	GRIND HOUSE BARBELL
						456	28	HURST Rowdy	295	Potenza Weightlifting
						466	26	REDUS Richard	300	TEXAS BARBELL CLUB
						98	25	EDMUNDSON Scott	310	AMES STRENGTH
						143	27	GUNNIN Matthew	302	ALLSOUTH Barbell
						153	57	LEWIS Randall	160	Libratum Strength and Conditioning
						253	40	PALMER Ahje	288	BARBARIAN BARBELL CLUB
<b>13</b>	<b>White</b>	Weigh In 6:00 am	m	Open	109B	292	33	COLWELL Brennen	306	Anthem Barbell
						332	28	BASTIEN Stanley	305	BlueWave Weightlifting
						336	29	FRAZIER Nicholas	304	TEAM NORWOOD
						382	31	LYNN David	317	
						475	24	ARMSTRONG Colt	300	GARAGE STRENGTH
						57	29	BROOKS Sean	306	Triumph Barbell Club
						88	30	RAMOS Carlos	314	Trojan Weightlifting
<b>13</b>	<b>White</b>	Weigh In 6:00 am	m	Open	109B	144	33	JOHNSON Caleb	315	Team Divergent
						190	36	ETHIER David	306	Providence Barbell Club
						243	26	BORDE Xavier	300	
						248	32	RUSSELL Daniel	310	EAST COAST GOLD W/L TEAM
						463	22	COOPER Dylan	310	
						502	29	KRETZMANN Daniel	311	Team SAW

## 2019 AO3 - American Open Finals Start List

Sess	Pfm	Date	Sex	Group	Cat	Lot	Age	Name	Total	Team
<b>13</b>	<b>Blue</b>	<b>dim. déc 8</b>	<b>f</b>	<b>Open</b>	<b>81B</b>	14	22	GRAY Ceara	186	POWER AND GRACE PERFORMANCE.
						47	27	DORAN Deborah	192	EAST COAST GOLD W/L TEAM
						251	30	METCALFE Lauren	196	Team Juggernaut
						285	17	OWENS Avery	196	CHFP WEIGHTLIFTING CLUB
						342	30	VANLINT Paige	189	TEAM O.C.
						367	27	DEINES Nicole	200	American Muscle Weightlifting
						408	24	KASS Kayla	195	Southern California Weightlifting Club
						461	27	VEGA Maritza	201	LIFT 6 FOR 6 BARBELL CLUB
						512	31	DOWGIN Samantha	185	ALPHA BARBELL
						512	31	DOWGIN Samantha	185	ALPHA BARBELL
<b>14</b>	<b>Red</b>	<b>dim. déc 8</b>	<b>m</b>	<b>Open</b>	<b>+109B</b>	33	24	O'HARA Lawrence	315	Southern California Weightlifting Club
						138	25	MCCULLOUGH Elijah	310	Crown Barbell
						149	31	RUIZ Aniceto	310	Team SAW
						289	28	BLOOMFIELD Michael	308	HARRISBURG WEIGHTLIFTING CLUB
						317	29	BARKER Matthew	308	WEBER STATE WEIGHTLIFTING
						322	25	OWENS Anthony	311	GROUND AND POUNDS WEIGHTLIFTING CLUB
						438	29	JORDAN Russell	314	DELTA WEIGHTLIFTING
						455	41	SEVCIK Shane	300	Sevcik Strength
						485	25	MARVALD Robert	300	MCKENNA'S GYM
						511	26	AN Sung	315	HASSLE FREE BBC
<b>14</b>	<b>White</b>	<b>dim. déc 8</b>	<b>m</b>	<b>Open</b>	<b>96A</b>	64	23	CUICCHI Trevor	360	Alee Athletics
						109	37	SABATINI Phil	340	EAST COAST GOLD W/L TEAM
						114	30	GARCIA David	342	Team Juggernaut
						127	16	MCCULLOUGH Morgan	325	MASH MAFIA WEIGHTLIFTING
						166	38	BONNICK Jason	350	Team Divergent
						395	24	MAGEE Joshua	305	REDLINE ATHLETICS
						501	22	KOSKI Jay	333	West Michigan Muscle
						513	25	BROWN Beau	325	Heartland Strength
						517	21	BURKS Zackary	320	WESLEY WEIGHTLIFTERS
						517	21	BURKS Zackary	320	WESLEY WEIGHTLIFTERS
<b>14</b>	<b>Blue</b>	<b>dim. déc 8</b>	<b>f</b>	<b>Open</b>	<b>81A</b>	116	29	SPRING Rachel	202	PHILADELPHIA BARBELL
						182	32	SCHRAGE Jennifer	201	Florida Elite
						242	28	GORBY Candace	202	RENEGADE BARBELL CLUB
						329	21	ERISMAN Lindsay	204	BARBARIAN BARBELL CLUB
						361	30	ALLEN Alyssa	206	Team Juggernaut
						411	22	BRADLEY Jessie	237	POWER AND GRACE PERFORMANCE.
						430	31	SFAMURRI Briana	214	PHILADELPHIA BARBELL
						498	26	ARTHUR Jenny	245	
<b>15</b>	<b>Red</b>	<b>dim. déc 8</b>	<b>f</b>	<b>Open</b>	<b>87A</b>	17	33	MCGILLIVRAY Deanna	200	Strength Academy Weightlifting
						19	26	JONES Samantha	200	Moran Academy
						178	15	USCHMANN Sarah	180	Denali Weightlifting
						191	24	KLINGSEIS Marissa	247	WESLEY WEIGHTLIFTERS
						196	25	ERICKSON Kristen	205	PHILADELPHIA BARBELL
						230	25	WINN Maci	187	TEAM PRAXIS
						284	17	WALKER Nia	196	COASTAL EMPIRE WEIGHTLIFTING
						371	30	BARITO Laura	200	EAST COAST GOLD W/L TEAM
						394	18	GOODWIN Na'Erykah	187	COASTAL EMPIRE WEIGHTLIFTING
						493	29	MILLER Brandi	200	IRON BEAVER WEIGHTLIFTING

## 2019 AO3 - American Open Finals Start List

Sess	Pfm	Date	Sex	Group	Cat	Lot	Age	Name	Total	Team
<b>15 White</b>	<b>dim.</b>	<b>9:30 am</b>	<b>f</b>	<b>Open</b>	<b>+87B</b>	140	27	RIOS Consuelo	175	Strength Academy Weightlifting
						<b>déc 8</b>	145	25	HERL Melody Anne	190
						148	36	WATTS Ambrea	180	CHFP WEIGHTLIFTING CLUB
						203	48	ROGERS Donnie	103	Arkaios Barbell
						247	30	HOUGHTON Jennifer	196	EAST COAST GOLD W/L TEAM
						436	31	MOLLIS Tina	190	CINCINNATI WEIGHTLIFTING CLUB
						449	30	HARPER Catherine	180	The Station Weightlifting Club
	<b>Start</b>					457	30	ELLIOTT Brittany	190	PHILADELPHIA BARBELL
	<b>11:30 am</b>					479	27	LESORGEN Rachel	195	American Muscle Weightlifting
<b>15 Blue</b>	<b>dim.</b>	<b>9:30 am</b>	<b>m</b>	<b>Open</b>	<b>102A</b>	1	28	BAKER JAKE	340	CALIFORNIA STRENGTH
						<b>déc 8</b>	18	28	DECKER Justin	320
						35	21	COHEN Michael H	335	TEAM SAVANNAH
						101	25	DAVIS Anthony	339	West Michigan Muscle
						185	24	JONES Addison	340	MISSISSIPPI BARBELL
						240	26	OSORIO D'Angelo	340	LIFT 6 FOR 6 BARBELL CLUB
						291	21	PETERS Christopher	325	Alee Athletics
	<b>Start</b>					401	29	BADALI Salvatore	325	EAST COAST GOLD W/L TEAM
	<b>11:30 am</b>									
<b>16 Red</b>	<b>dim.</b>	<b>11:00 am</b>	<b>m</b>	<b>Open</b>	<b>109A</b>	39	23	MEDINA Alejandro	340	Northern Michigan University
						<b>déc 8</b>	68	31	LEKA Noel	320
						76	27	BAKER Edward	321	TEXAS BARBELL CLUB
						233	19	VEREEN Tayon	320	COASTAL EMPIRE WEIGHTLIFTING
						318	28	HARAK Ethan	340	Team Juggernaut
						443	29	JOHNSON Jacob	340	
	<b>Start</b>					495	36	WALTERS Garrett	322	RVA Weightlifting
	<b>1:00 pm</b>									
	<b>16 White</b>					<b>dim.</b>	<b>11:00 am</b>	<b>f</b>	<b>Open</b>	<b>+87A</b>
<b>déc 8</b>		44	19	MANUMUA Kuinini	210					
		121	31	VU Tiffany	234	Florida Elite				
		201	32	QUINN Caitlin	204	PSP WEIGHTLIFTING				
		280	19	BENITEZ Ashamarie	247	COASTAL EMPIRE WEIGHTLIFTING				
		368	26	KALLMEYER Katlin	205	CATALYST ATHLETICS				
		453	29	THEISEN-LAPPEN Mary	244	FORZA WEIGHTLIFTING CLUB				
<b>Start</b>		458	32	EAGEN Abigail	200	WAXMAN'S GYM WEIGHTLIFTING CLUB				
<b>1:00 pm</b>										
<b>16 Blue</b>	<b>dim.</b>	<b>11:00 am</b>	<b>m</b>	<b>Open</b>	<b>+109A</b>	7	26	MACHCZYNSKI Benjamin	323	RUBBER CITY WEIGHTLIFTING
						<b>déc 8</b>	27	22	OCHOA Jeffrey	329
						103	26	HUSE Zachary	321	EAST COAST GOLD W/L TEAM
						162	25	REAGAN Tylar	340	AMP TRAINING
						287	29	TELANDER Zachary	320	Team Juggernaut
						299	28	ALBURY Dimitri	317	EAST COAST GOLD W/L TEAM
						410	23	RIEDEL Mark	322	RENEGADE BARBELL CLUB
						418	32	DOBBS Kristopher	340	
	<b>Start</b>					425	28	PUOPOLO Dominic	317	
	<b>1:00 pm</b>					469	31	PUDENZ Jacob	335	CALIFORNIA STRENGTH