

## 2019 American Open Series 1 Start List

Sess	Pfm	Date	Sex	Group	Cat	Lot	Age	Name	Total	Team
1	Red	Thu Feb 28 Weigh In 7:00 am	f	Sr.	55C	14	47	JOHNSON Deborah	80	Southern Strong Barbell
						123	55	RISINGER Carol	55	Like Water Barbell
						125	17	SHERMAN Isabella	100	LILY WEIGHTLIFTING
						126	17	JAMISON Zoe	85	West Michigan Muscle
						258	25	JOHNSON Hannah	100	American Muscle Weightlifting
						413	21	MAHERAS Elizabeth	105	
		Start 9:00 am		Yth.	55C	455	18	MENDEZ Mary	105	LILY WEIGHTLIFTING
						467	59	MOYLAN Kellie	68	1Kilo
						631	13	LINK Kendall	80	DSP Barbell Club
						660	27	CRUZ Ashley	99	
						676	35	KINNING Alison	88	
						748	19	CLARK Valerie	100	Three Kings Weightlifting Club
						809	25	MILLER Julia	108	LIBERTY BARBELL CLUB
1	White	Thu Feb 28 Weigh In 7:00 am	f	Sr.	59E	40	34	FEROGLIA Ardith	106	PARAMOUNT BARBELL CLUB
						53	38	KENNEDY Frances	105	RELENTLESS BARBELL CLUB
						143	50	BODDY Kirstin	92	PSP WEIGHTLIFTING
						208	16	HOWARD-STEVENSONS Mia	101	Clintonville Barbell
						423	59	NG Anita	84	
						530	47	WASKO Vanessa	110	4 Star Strength
		Start 9:00 am		Yth.	59E	552	58	BERNER Robin	87	PROJECT LIFT
						553	31	DONOVAN Caitlin	105	
						554	36	FERNANDES DE LIMA Kalinka	106	No Respect 4 Gravity
						648	16	SPURLING Kate	106	
						793	34	FOX Erika	106	LIFT LAB
						828	16	FRENCH Abigail	84	Prototype Barbell Club
						1	Blue	Thu Feb 28 Weigh In 7:00 am	m	Sr.
56	51	NEWMAN Timothy	143	BG Lifts						
112	67	TICHENOR Vernon	120	LIFT LAB						
232	72	SEPPYES John	100	SAYRE PARK WLC						
243	40	SIEGEL Harlan	163	LIFT LAB						
499	38	EVERLY Jason	155	TSS BARBELL						
Start 9:00 am	Yth.	73D	661	17	MORGAN Drew			150		Three Kings Weightlifting Club
			681	37	WALLACE Scott			170		ENZO WEIGHTLIFTING
			721	53	TURNER James			138		Dayton Weightlifting
			738	14	PERIMAN Ty			163		STRENGTH GUILD WEIGHTLIFTING
			773	50	CAMPOS JR. Rex Arden			140		Steadfast Barbell
			788	35	JACKLIN Taylor			167		Clintonville Barbell
			801	56	CRAWFORD John			157		PITTSBURGH BBC
2	Red	Thu Feb 28 Weigh In 9:25 am	f	Sr.	55B	13	27	PALMER Vanessa	114	Asap Weightlifting
						22	42	KNOWLES Amy	117	CHFP WEIGHTLIFTING CLUB
						47	35	HIGUCHI Emily	122	
						49	24	PARUCHO Monica	110	Chu Weightlifting
						85	30	BOWER Samantha	111	NEW YORK CITY BARBELL CLUB
						194	39	PLAZIBAT Antonia	120	BLACK & RED BARBELL CLUB
		Start 11:25 am		Yth.	55B	262	47	RICE Aimee	115	PITTSBURGH BBC
						431	39	SUMMERS Nichole	120	
						505	36	MODECKI Courtney	115	
						519	24	GONZALEZ Esdeina	132	
						654	33	WARNER Andrea	111	Full House Barbell
						797	42	VOZOBULE Leshia	109	NOVEM BARBELL CLUB
						820	17	JONES Kaziah	111	Dayton Weightlifting

## 2019 American Open Series 1 Start List

Sess	Pfm	Date	Sex	Group	Cat	Lot	Age	Name	Total	Team
<b>2</b>	<b>White</b>	<b>Thu Feb 28</b>	<b>f</b>	<b>Sr.</b>	<b>59D</b>	225	19	WIEBERS Morgan	121	
						239	20	WILSON Victoria	116	LIFT LAB
						421	31	CIASTON Kasia	115	ILLUMINE BARBELL CLUB
						447	32	LIPA Katelyn	111	1Kilo
						502	30	GUANZON Marie	114	J2Fit Weightlifting
						546	26	WILLIAMS Krystal	116	Winchester Weightlifting
						563	36	ROZEWICZ Erin	116	
						593	39	GEER-TURNER Stephanie	121	BASA Weightlifting
						650	24	EL-NAGGAR Khalela	123	Three Kings Weightlifting Club
						701	41	HOM Junay	111	A5 Weightlifting
		<b>Start 11:25 am</b>			703	26	RUSH Maura	120	NASHVILLE WEIGHTLIFTING	
<b>2</b>	<b>Blue</b>	<b>Thu Feb 28</b>	<b>m</b>	<b>Sr.</b>	<b>73C</b>	18	27	KAMMES Michael	182	NAPTOWN BARBELL CLUB
						21	29	MARCUS STEVEN	180	Iron Thrown Weightlifting
						50	16	HOFFMAN Jameson	174	
						92	27	BELLOWS Andrew	179	NASHVILLE WEIGHTLIFTING
						192	35	MARCELLO Robert	174	PARADIGM WEIGHTLIFTING CLUB
						216	47	DELAGE Bruno	182	Palmetto Weightlifting
						285	35	PENA Alfonso	175	WAXMAN'S GYM WEIGHTLIFTING CLUB
						388	60	PIETRACUPA Michel	170	
						490	32	HAYNES Gerald	188	EAST COAST GOLD W/L TEAM
						549	28	JIANG Shenghai	190	KiloDelphia
		<b>Start 11:25 am</b>			576	29	KING Ryan	183		
					787	33	MORGAN Justin	190	LILY WEIGHTLIFTING	
<b>3</b>	<b>Red</b>	<b>Thu Feb 28</b>	<b>f</b>	<b>Sr.</b>	<b>45A</b>	527	12	PENNALA Sammi	60	CC Strength
						138	33	LAM Suet Yee Shirley	85	
						140	39	KAMPHAKE Melissa Sue Jutras	120	EAST COAST GOLD W/L TEAM
						235	29	GROB Katie	105	PHILADELPHIA BARBELL
						294	28	LE Quynh	85	Heartland Strength
						457	15	KARCH Destiny	70	EAST ALABAMA WEIGHTLIFTING
						586	41	WOODWARD Laura	115	EAST COAST GOLD W/L TEAM
						612	12	BADEN Reagan	66	BLACK SWAMP BARBELL
						808	14	MANN Jaycee	100	
						833	12	SITTNER Brooklynn	77	
		<b>Start 1:40 pm</b>	<b>Yth.</b>	<b>45A</b>						
<b>3</b>	<b>White</b>	<b>Thu Feb 28</b>	<b>f</b>	<b>Sr.</b>	<b>59C</b>	70	35	HELTUNEN Lori	126	LILY WEIGHTLIFTING
						169	47	LUSK Kimberly	130	RUBBER CITY WEIGHTLIFTING
						170	31	KEITH Kara	130	Southern Strong Barbell
						178	29	WISE Brittany	125	McElravy Waytlifting
						350	18	MATOS Kiarra	127	DAYTON BARBELL CLUB
						352	23	BARBARITS Hailee	125	PROJECT LIFT
						359	30	EMERY Caylin	130	UNCHARTED BARBELL
						378	27	WHITAKER Shelbie	130	NAPTOWN BARBELL CLUB
						572	26	ROUND Kaitlyn	130	406 Barbell
						578	18	GALLO Isabella	131	T3 Barbell

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Sess	Pfm	Date	Sex	Group	Cat	Lot	Age	Name	Total	Team								
<b>3</b>	<b>Blue</b>	<b>Thu Feb 28</b>	m	Yth.	49A	175	15	MORGAN Dylan	90	Three Kings Weightlifting Club								
						830	14	PENNINGTON Connor	120	GARAGE STRENGTH								
		Weigh In 11:40 am		m	Sr.	55A	154	15	BABET Aaron	149	T3 Barbell							
							158	30	PUFF Derick	140								
					Yth.	55A	222	30	GOSSMAN Craig	130	4 Star Strength							
							223	13	BEAUCHAMP Johnathan	125	Three Kings Weightlifting Club							
					Start 1:40 pm	m	Sr.	55A	323	14	SUNID August	111	BLACK SWAMP BARBELL					
									366	30	PARK Cristofer	140						
							Yth.	55A	669	13	MARTIN Kyle	125	GARAGE STRENGTH					
									718	29	MING Andrew	123						
<b>4</b>	<b>Red</b>	<b>Thu Feb 28</b>	f	Sr.	49A	67	13	ALLEN Karen	75	PROJECT LIFT								
						147	18	THOMAS Emma	88	EAST COAST GOLD W/L TEAM								
						311	34	CHEUNG Peggy	107	LAS VEGAS BARBELL								
						367	57	GOLDENBERG Lauren	89	Forging the Warrior								
						406	42	TUCKER ANGELA	122	HEAVY METAL BARBELL								
						478	26	MARCIANO Cristina	91	MCKENNA'S GYM								
						551	63	FOESS Linda	50	4 Star Strength								
						691	26	FUCHS Bari	105	Fourteen Forty Strength								
						762	32	DARI Subreen	134	PSP WEIGHTLIFTING								
						770	58	TAYLOR Nancy	80	TEAM L.A.B.								
Weigh In 1:40 pm	f	Sr.	49A	779	27	NGUYEN Lucy	132	GARAGE STRENGTH										
				781	47	PILLON Sonia	100											
				<b>4</b>	<b>White</b>	<b>Thu Feb 28</b>	f	Sr.	59B	39	31	YOUNG Rachel	145	CALIFORNIA STRENGTH				
										113	23	SCHORR Elena	135	Next Level Weightlifting				
										128	26	SACCUCCI Christen	143	Team PathWeigh				
										241	37	DELMAS Heather	133	Heartland Strength				
										268	35	WRUBEL Crystal	143	4 Star Strength				
										273	19	NAMISNAK Nyah	135	Notch 8 Barbell Club				
302	24	ANDERSON Reagan	145							95East Barbell Club								
333	39	COUGHLIN Melissa	136							PSP WEIGHTLIFTING								
456	34	TODD Kelly	135							TEMPLE OF EXERTION								
Weigh In 1:40 pm	f	Sr.	59B							792	25	MOSLEY Mandy	139	Alpha Lineage Barbell				
				<b>4</b>	<b>Blue</b>	<b>Thu Feb 28</b>	m	Sr.	61A	220	34	CONNOLLY Keith	190	CINCINNATI WEIGHTLIFTING CLUB				
										240	19	DESJOURDY Maxime	175					
										270	33	CROSBY Karl	200					
										313	38	HOBBS Brandon	180	GRAND RAPIDS STRENGTH & CONDITIONING				
										327	17	OHAYRE Dominic	169	Endure Barbell Club				
										404	39	AINSWORTH Andre	135	EAST COAST GOLD W/L TEAM				
										488	31	SPRING Bryan	131	KOP Barbell				
										Start 3:40 pm	m	Yth.	61A	580	14	FAUER Cannon	135	
														629	15	SNYDER Peter	148	Three Kings Weightlifting Club
763	15	CRANE Leo	126											Marin Heavy Athletics				

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Sess	Pfm	Date	Sex	Group	Cat	Lot	Age	Name	Total	Team
<b>5</b>	<b>Red</b>	<b>Thu Feb 28</b>	<b>m</b>	<b>Sr.</b>	<b>67B</b>	109	37	CARVER Ryan	170	BASA Weightlifting
						150	51	PATTERSON Larry	125	LIFT LAB
						279	22	SHAH Nikhil	171	HOOSIER CROSSFIT
						283	26	LEE Earl	171	Dedicated Strength
		432				15	MONROY Jose Carlos	156	Steadfast Barbell	
		438				23	DAVIES Logan	135	Atlanta Performance	
		438				23	PATTERSON Nick	170	LIFT LAB	
		517				17	REARDON Keegan	156	Camillus Barbell	
		520				57	DE GROH Henry	140	CFC Weightlifting Club	
		848				19	FUGATE Chase	180	Dayton Weightlifting	
<b>5</b>	<b>White</b>	<b>Thu Feb 28</b>	<b>f</b>	<b>Sr.</b>	<b>55A</b>	124	26	MOONEY Jenna	141	
						134	25	PATOC Nikk	158	Marin Heavy Athletics
						186	29	SVENDBYE Ashley	145	
						286	37	OSTRANDER Laura	157	LIFT LAB
		392				30	KWIATKOWSKI Malorie	176	West Michigan Muscle	
		395				29	CHU Jennifer	155	Chu Weightlifting	
		445				30	LE Elizabeth	156	TEAM O.C.	
		448				33	MAGANA MariaFernanda	133	MILWAUKEE BARBELL WEIGHTLIFTING CLUB	
		462				23	AUGUSTINE Jessica Jean	175	BROOKLYN BARBELL CLUB	
		508				31	KOMEMI Michal	148	PHILADELPHIA BARBELL	
611	41	NELSON-PAUL KATHY	155	MADTOWN WLC						
620	30	PANCHIK Christin	135	PSP WEIGHTLIFTING						
756	27	KUSICK Katrina	166	LIFT LAB						
800	26	HEAVENER Teresa	145	MASH MAFIA WEIGHTLIFTING						
<b>5</b>	<b>Blue</b>	<b>Thu Feb 28</b>	<b>f</b>	<b>Sr.</b>	<b>64F</b>	26	47	O'DAY-FRYE Erin	95	RELENTLESS BARBELL CLUB
						45	49	TALCOTT Lisa	100	UNCOMMON BARBELL
						146	46	WALLACE Kara	78	ENZO WEIGHTLIFTING
						176	40	SMITH Kelly	101	Blackbird Barbell
		221				16	SEGNER Kylee	95	PROJECT LIFT	
		284				57	NEAL Lisa	50	Valor Barbell	
		314				16	SASSETTI Olivia	91	Prototype Barbell Club	
		525				63	GROH Betsy	62	Marin Heavy Athletics	
		529				55	ORTIZ Shari	85	PSI Weightlifting	
		710				70	MURRAY Andrea	60	Full House Barbell	
714	40	MCLEAN Janice	98	Burnt Boat Barbell						
717	52	YEAGER Jennifer	74	BAM Weightlifting Club						
814	42	HUTCHINS Stefania	95							
<b>6</b>	<b>Red</b>	<b>Thu Feb 28</b>	<b>f</b>	<b>Sr.</b>	<b>64E</b>	87	38	STRUVE Holly	115	BROAD RIPPLE BARBELL CLUB
						157	25	SHARLOW Alexandra	113	
						184	23	IANNARINO Natalia	117	PROJECT LIFT
						298	32	WILSON Melanie	110	Atlanta Performance
		401				38	BLASINGAME Rachel	112	Team Juggernaut	
		441				52	COLE Mary	108	LILY WEIGHTLIFTING	
		452				48	LEPORINI Elisa	111	SAYRE PARK WLC	
		521				51	VREDEVOOGD Michelle	106	4 Star Strength	
		560				22	SARVER Alexandria	113	LIFT LAB	
		600				41	SERPE Jennifer	113	TEAM O.C.	
705	39	STACK Jennifer	110	American Muscle Weightlifting						
739	27	RUBIN Sara	116	BackBay-Fenway						

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Sess	Pfm	Date	Sex	Group	Cat	Lot	Age	Name	Total	Team	
<b>6</b>	<b>White</b>	<b>Thu</b> <b>Feb 28</b>	<b>f</b>	<b>Sr.</b>	<b>59A</b>	15	28	JENSEN Kayla	158	ENZO WEIGHTLIFTING	
						74	21	VAHARY Claire	149		
		<b>Weigh In</b> <b>6:15 pm</b>				148	31	SCANLON Meghan	164	Team Juggernaut	
						320	25	MERCIER Nicole	165	DAYTON BARBELL CLUB	
						390	27	LEE Lauren	150	4 Star Strength	
						420	27	SINCHOK Rebecca	158	PSP WEIGHTLIFTING	
						<b>Start</b> <b>8:15 pm</b>	503	33	EMERY Joelle	178	LILY WEIGHTLIFTING
							561	48	LADAO Stella	150	
							750	24	SCHINNER Seraphina	160	Marin Heavy Athletics
							<hr/>				
<b>6</b>	<b>Blue</b>	<b>Thu</b> <b>Feb 28</b>	<b>m</b>	<b>Sr.</b>	<b>67A</b>	69	24	NGO Stephen	260	CALIFORNIA STRENGTH	
						131	34	WOOLEY Joseph	195	Birmingham Weightlifting	
		<b>Weigh In</b> <b>6:15 pm</b>				152	26	BLAS Matthew	210	BROAD RIPPLE BARBELL CLUB	
						274	40	DANA Ryan	190	Zion Barbell	
						348	24	PRICE Logan	195	New Albany Barbell Club	
						379	22	VALLIN Samuel	200	MISSOULA LIFTING CLUB	
						<b>Start</b> <b>8:15 pm</b>	458	38	VALENTIN Alejandro	195	Gahanna Gorrillaz Barbell Club
							574	27	PEPITO Justin	200	TEAM O.C.
							582	35	CASTILLO Daniel	190	CHFP WEIGHTLIFTING CLUB
							711	21	BRESKE Riley	192	
<hr/>											
<b>7</b>	<b>Red</b>	<b>Fri</b> <b>Mar 1</b>	<b>f</b>	<b>Sr.</b>	<b>64D</b>	64	27	MASON Savanna	125	Wingman Barbell Club	
						246	40	JAHN Christie	118	Like Water Barbell	
		<b>Weigh In</b> <b>7:00 am</b>				254	26	BALBARINO Diane	119	Asap Weightlifting	
						272	20	BEXELL Erica	120	1Kilo	
						291	38	SAN EMETERIO Sandra	118	East Hampton Strength	
						410	33	NAPOLI Jessica	120	MCKENNA'S GYM	
						460	23	PELLERITO Jenna	128	4 Star Strength	
						584	35	FITE Jennifer	121	TSS BARBELL	
						<b>Start</b> <b>9:00 am</b>	617	16	HALE Olivia	123	Camillus Barbell
							664	28	LAHR Courtney	122	BLOOMINGTON-NORMAL BARBELL CLUB
708	37	BUSCHKOPF Megan	130	New Berlin Barbell Club							
737	44	WHITEMAN Shannon	125	CFG BARBELL							
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<b>7</b>	<b>White</b>	<b>Fri</b> <b>Mar 1</b>	<b>m</b>	<b>Sr.</b>	<b>73B</b>	33	17	BEECROFT Trevor	200		
						111	30	WOOD Steven	208	Big Blue Weightlifting	
		<b>Weigh In</b> <b>7:00 am</b>				136	40	NGUYEN Datton	215	TEXAS BARBELL CLUB	
						155	24	TRIEU Calvin	200	Heartland Strength	
						190	35	VANCLEVE Joseph	215	Dedicated Strength	
						256	28	BROTHERS Spencer	210		
						257	31	FUNDERBURK Chris	190	UNCOMMON BARBELL	
						317	28	GONZALEZ John	191		
						<b>Start</b> <b>9:00 am</b>	391	28	HARRISON Aaron	206	TEAM PENDRAGON
							440	25	BROWN III Harold	201	LIFT LAB
643	23	DEVIRGILIIS Luke	209								
730	47	HERZOG Michael	201	Atlanta Performance							

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<b>7</b>	<b>Blue</b>	<b>Fri Mar 1</b>	<b>m</b>		<b>81F</b>	52	55	WEBB Greg	158				
						81	16	HILTON Jacob	153	Country Strong			
						86	65	KNOTT Stephen	123	EAST COAST GOLD W/L TEAM			
						110	17	RUALES Leandro	160				
						<b>Weigh In 7:00 am</b>	<b>Yth.</b>	<b>81F</b>	281	14	GRIFFITH Truman	167	KANSAS CITY WEIGHTLIFTING
									288	15	PENNY Dylan	140	COLUMBUS WLC INC.
									300	42	DAVIS Christopher	159	TeamLPW (Lion's Pride Weightlifting)
									305	38	SIEGEL Scott	168	Buckhead Barbell Club
									400	70	PELCHER John	107	PSI Weightlifting
						<b>Start 9:00 am</b>	<b>Sr.</b>	<b>81F</b>	414	17	OWENS Patrick	151	White Buffalo Barbell
									477	44	DESATNIK Douglas	160	GREAT LAKES WEIGHTLIFTING CLUB
									492	58	MILLARD Matthew	120	NAPTOWN BARBELL CLUB
									564	17	FACKLER Braxton	152	White Buffalo Barbell
									733	72	LOWE Frederick	110	TEMPLE OF EXERTION
						837	15	GRAHAM Ian	100				
<b>8</b>	<b>Red</b>	<b>Fri Mar 1</b>	<b>f</b>		<b>64C</b>	28	23	ZIEBA Angela	136				
						334	35	MAKAR Karen	133	Nickel City Athletics			
						361	26	ROSADO Justina	136	CHASING KILOS WEIGHTLIFTING			
						365	32	REUTHER Katelyn	137	RUBBER CITY WEIGHTLIFTING			
						<b>Weigh In 9:25 am</b>	<b>Sr.</b>	<b>64C</b>	372	32	LAPHILLIPH Jessica	135	WEST MADISON WEIGHTLIFTING
									377	31	CAMPANELLI Jennifer	133	KOP Barbell
									422	22	MENTONE Heather	137	
									583	28	CASO Erica	138	
									587	41	WARD Meghan	135	Grandview Barbell Club
						<b>Start 11:25 am</b>			744	24	MOSER Breana	133	Phi Strength Weightlifting
									754	27	WIEKHORST Sabina	136	NAPTOWN BARBELL CLUB
804	29	RUCKER Brittany	132	TSS BARBELL									
215	17	BERNA Sarah	97										
<b>8</b>	<b>White</b>	<b>Fri Mar 1</b>	<b>f</b>		<b>71F</b>	252	65	MAU M. Sharon	79	DOG HOUSE WEIGHTLIFTING			
						329	40	LEBER Molly	95	NEW HAVEN WEIGHTLIFTING			
						345	54	BARRY Joni	100	Team PathWeigh			
						476	57	LEDBETTER Frances	75	UNCOMMON BARBELL			
						<b>Weigh In 9:25 am</b>	<b>Sr.</b>	<b>71F</b>	556	44	DEMATTEO Jasmine	92	SAYRE PARK WLC
									579	28	WILLETT Brookelyn	115	Louisville Barbell Club
									589	49	MOORE Megan	108	CHASING KILOS WEIGHTLIFTING
									616	44	GRUBE Ronnie	93	LIFT LAB
									684	47	TCHORYK Sarah	109	LILY WEIGHTLIFTING
						<b>Start 11:25 am</b>			709	49	SHEMENSKI Cheryl	109	PROJECT LIFT
									768	62	HARDIE Marissa	80	Team Divergent
									815	14	ZELAYA Andie	110	Three Kings Weightlifting Club

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<b>8</b>	<b>Blue</b>	<b>Fri</b> <b>Mar 1</b>	<b>m</b>	<b>Sr.</b>	<b>81E</b>	5	41	ANDERSON Kevin	181	Adrenaline Warrior Weightlifting		
						250	45	PORTER Mickey	190			
						255	30	DOYNE Spencer	199	THREE SHIPS WEIGHTLIFTING		
						271	24	FAIRFIELD William	199			
						316	40	BUZZARD Aaron	180	SOUTH LOOP STRENGTH AND CONDITIONING		
						322	52	THOMAS Michael	190			
						393	42	TUCCIARONE Michael	200	No Respect 4 Gravity		
						459	38	UEBELACKER Corey	199			
						483	33	REED Brian	199	Steadfast Barbell		
						555	36	ELLEDGE Aaron	186			
						595	47	OSTRANDER Kevin	180	Saratoga Barbell Club		
						713	16	MINTZ LAWRENCE	175	LONG ISLAND WLC		
						729	21	ERVIN Dominic	199	Broomall Barbell Club		
						755	30	MYERS Brett	193	BAM Weightlifting Club		
<b>9</b>	<b>Red</b>	<b>Fri</b> <b>Mar 1</b>	<b>f</b>	<b>Sr.</b>	<b>64B</b>	54	29	FRUITS Leann	146	FORCE BARBELL		
						201	25	GREEN Lindsey	152	DSP Barbell Club		
						282	28	WEIR Shannon	150	Fourteen Forty Strength		
						310	18	PENNALA Irene	138	CC Strength		
						385	32	MORRIS Naomi	150	Fourteen Forty Strength		
						408	22	HELBIG Haylie	147	BEYOND PARALLEL BARBELL		
						424	25	RESELLI Alexandra	152	PSP WEIGHTLIFTING		
						637	28	BENFANTI Arianna	150			
						667	31	OUELLET Joanie	140			
						685	37	JAHN Julie	152	4 Star Strength		
						688	33	FRANKLIN Natalie	140	LIFT LAB		
746	21	BLY Delaney	140	PSP WEIGHTLIFTING								
<b>9</b>	<b>White</b>	<b>Fri</b> <b>Mar 1</b>	<b>f</b>	<b>Sr.</b>	<b>71E</b>	116	36	BROWN Shala	115	Left Coast Weightlifting		
						145	27	MACKAY Madison	124	Clintonville Barbell		
						<b>Yth.</b>	<b>71E</b>	187	13	FOREMAN Macy	116	
								261	25	SHERMAN Emily	124	
								266	27	HOUSH Lauren	120	Heartland Strength
								331	41	RIDLEY Erica	124	
				<b>Sr.</b>	<b>71E</b>	396	30	LIANG Janie	124	EAST COAST GOLD W/L TEAM		
						415	56	LOFQUIST Cynthia	120	American Muscle Weightlifting		
						426	49	CADOGAN Ramona	122	BROOKLYN BARBELL CLUB		
						466	56	CHAMBERLIN Gwen	119			
						547	32	RIGGIN Jessica	124	BASA Weightlifting		
						791	43	WEIDMAN Angela	117			
852	38	WEST Shannalyn	120	PARAMOUNT BARBELL CLUB								

## 2019 American Open Series 1 Start List

Sess	Pfm	Date	Sex	Group	Cat	Lot	Age	Name	Total	Team
<b>9</b>	<b>Blue</b>	<b>Fri Mar 1</b>	<b>m</b>	<b>Sr.</b>	<b>81D</b>	4	24	UBAYDI Henry	203	4 Star Strength
						10	32	LOVETT Brandon	205	
						160	31	DENNEY Aaron	213	Grandview Barbell Club
						206	30	PUFAHL Taylor	210	
						211	39	THOMAS Jesse	200	
						290	48	ETIENNE Darnley	205	PROJECT LIFT
						297	19	ZUPANCIC Timothy	210	STONEAGE WEIGHTLIFTING CLUB
						347	38	BRINDLEY Benjamin	200	MADTOWN WLC
						487	28	WEIMAR Marcus	208	
						641	34	KIDNEY Derek	212	Lone Wolf Weightlifting
						696	31	CLARK William	210	J-town Barbell
						704	40	MEDRANO Joshua	210	HOUNDWOOD WEIGHTLIFTING TEAM
						786	37	GEIMAN Tim	210	Notch 8 Barbell Club
						849	47	AFTOSMIS James	206	SPOON BARBELL CLUB
<b>9</b>	<b>Rogue</b>	<b>Fri Mar 1</b>	<b>m</b>	<b>Sr.</b>	<b>73A</b>	3	21	COLE Spencer	238	BG Lifts
						34	34	DAY Willie	256	EAST COAST GOLD W/L TEAM
						44	28	WYATT Lewis	275	MASH MAFIA WEIGHTLIFTING
						141	30	TAJIMA Alvin	270	Marin Heavy Athletics
						166	21	GAN Wenqin	220	DSP Barbell Club
						173	26	ADEYEMO DAVID	270	Fort-Nash WLC WA
						203	38	ALCARAZ Mark	222	TSS BARBELL
						238	34	MATA Carlos	240	TEAM HOUSTON
						368	29	DEGENNARO Brian	250	Manhattan Barbell
						427	28	AKALEGBERE Nu	292	BASA Weightlifting
						470	23	SISZKA Michael	230	
783	26	MARCHESE Daniel	221	GARAGE STRENGTH						
<b>10</b>	<b>Red</b>	<b>Fri Mar 1</b>	<b>f</b>	<b>Sr.</b>	<b>71D</b>	11	43	KAISER April	125	Phi Strength Weightlifting
						60	33	LONG Nicole	128	PROJECT LIFT
						363	29	KNISELY Beatrice	131	4 Star Strength
						429	37	FORD Amanda	130	EAST COAST GOLD W/L TEAM
						491	31	ALDRICH Elizabeth	125	
						531	40	LONG CRYSTAL	132	PROJECT LIFT
						609	38	WELSH Sarah	125	BASA Weightlifting
						626	18	RUSSELL Alexis	130	Country Strong
						639	28	LIEBSTER Julia	125	4 Star Strength
						799	30	MELTZER Rachel	129	Atlanta Strength & Conditioning
						803	41	DUNBAR Denise	132	RELENTLESS BARBELL CLUB
817	50	PERRIER Jennifer	129	Fort-Nash Tennessee						
<b>10</b>	<b>White</b>	<b>Fri Mar 1</b>	<b>m</b>	<b>Sr.</b>	<b>89G</b>	25	35	SPARROW Quinton	180	FORCE BARBELL
						62	47	TONEY Rodney	180	AFC CROSSFIT
						177	41	WARNER Michael	169	315 Weightlifting
						180	67	BERTOCCI Loren	116	LIFT LAB
						189	66	BLOUGH Mark	95	
						353	50	LOPER Mark	153	
						370	71	BAROSKY Frank	100	CINCINNATI WEIGHTLIFTING CLUB
						570	41	AUDE James	172	4 Star Strength
						597	65	CONSIDINE JR John	135	
						666	57	JACOBS David	125	BLACK FLAG BARBELL
						690	35	MAHONEY Daniel	178	LIBERTY BARBELL CLUB
						812	54	EVERETT Todd	151	PROJECT LIFT
						825	49	ADAMS Brent	155	BROOKLYN BARBELL CLUB



## 2019 American Open Series 1 Start List

Sess	Pfm	Date	Sex	Group	Cat	Lot	Age	Name	Total	Team
<b>10</b>	<b>Blue</b>	<b>Fri</b> <b>Mar 1</b>	<b>m</b>	<b>Sr.</b>	<b>81C</b>	90	28	JEWELL Jacob	215	LIFT LAB
						188	25	VANDERLAAN Dallas	226	Heartland Strength
						278	34	BROWN Michael	230	
						306	15	DAVIS Timothy	230	
						321	28	KELLY James	230	South Bend Barbell
						338	27	SANDOVAL Rolando	215	MILWAUKEE BARBELL WEIGHTLIFTING CLUB
						376	36	DEANE John	230	RONIN BARBELL
						475	31	FARROW Caleb	221	
						532	27	SCHAFFER Eric	230	Grandview Barbell Club
						628	34	RECTO James	228	CALIFORNIA STRENGTH
						743	30	MILLER Calvin	218	Raleigh Weightlifting Club
						823	31	HOFFMAN Richard	215	O'FALLON WEIGHTLIFTING
						829	22	KIM James	221	
<b>10</b>	<b>Rogue</b>	<b>Fri</b> <b>Mar 1</b>	<b>f</b>	<b>Sr.</b>	<b>64A</b>	73	29	HOHN Stephanie	181	PROJECT LIFT
						163	28	SCHUSTER Allison	175	CALIFORNIA STRENGTH
						214	27	COOK Shannon	170	West Michigan Muscle
						280	33	DAVIE Laura	171	Forging the Warrior
						349	24	EPELMAN Gabriella	155	4 Star Strength
						357	32	REITTER Amber	172	Steadfast Barbell
						442	29	ZACHODNI Kelli	153	Country Strong
						444	23	KNOWLTON Sarah	162	Alpha Lineage Barbell
						575	38	SMITH Casey	165	
						607	29	HOUGHTON Nicole	160	LIFT LAB
						682	32	GUTIERREZ Sofia	153	
						712	25	TATMAN Jessica	160	Infinity Barbell
						850	21	WARREN Kelsey	154	Fort-Nash Tennessee
<b>11</b>	<b>Red</b>	<b>Fri</b> <b>Mar 1</b>	<b>f</b>	<b>Sr.</b>	<b>71C</b>	66	35	MANN Katie	140	HARDWARE STRENGTH
						259	28	BEZIER Kaitlin	137	WEST MADISON WEIGHTLIFTING
						263	39	MARTIN Erin	139	BUFFALO BARBELL CLUB
						267	21	KIILUNEN Leah	137	CC Strength
						405	32	LENNING Michelle	135	DSP Barbell Club
						515	36	BLACK Kathleen	134	Prototype Barbell Club
						533	30	SCHROEDER Jennifer	134	Caboose Barbell Club
						536	26	RANDOLPH Caitlin	140	UNCOMMON BARBELL
						679	26	MAYBIE Stephanie	142	Iron Thrown Weightlifting
						753	18	HARGIS Emma	136	TeamLPW (Lion's Pride Weightlifting)
						785	26	KRISTAN Taylor	143	The Garage Barbell Club
						802	24	CHINOWSKY Colbie	140	RONIN WEIGHTLIFTING CLUB
						<b>11</b>	<b>White</b>	<b>Fri</b> <b>Mar 1</b>	<b>m</b>	<b>Sr.</b>
89	17	MALONE Elijah	184	Blackbird Barbell						
319	38	TOBAR Cristian	185	TSS BARBELL						
339	39	PEARSALL, II Richard	192							
381	46	IGNIZIO Richard	205	PARADIGM WEIGHTLIFTING CLUB						
437	17	SMITH Andrew	190	LONG ISLAND WLC						
573	40	DIAZ Alberto	205	Arioch Barbell Club						
673	36	GRAVES Mitchell	207	315 Weightlifting						
724	35	HARTMAN Samuel	195	Clintonville Barbell						
747	39	O'LEARY Martin	187	MILWAUKEE BARBELL WEIGHTLIFTING CLUB						
749	51	WOOLEGE Michael	182	BRUTAL KINETIX BARBELL CLUB						
764	36	PAUL JR Jeffrey	206	KOP Barbell						
847	39	RODRIGUEZ Jose	185	TSS BARBELL						

## 2019 American Open Series 1 Start List

Sess	Pfm	Date	Sex	Group	Cat	Lot	Age	Name	Total	Team						
<b>11</b>	<b>Blue</b>	<b>Mar 1</b>	<b>m</b>	<b>Sr.</b>	<b>81B</b>	57	29	ZODA Michael	240	PHILADELPHIA BARBELL						
						<b>Fri</b>	118	39	ESPINOZA Roberto	232	TSS BARBELL					
						<b>4:40 pm</b>	197	38	RAYMOND Jonathan	235	Steadfast Barbell					
							287	27	BERGER Chris	238	Three Kings Weightlifting Club					
							364	36	HALL Robert	240	Atlanta Performance					
							383	24	MORGAN Jason	263	BLOOMINGTON-NORMAL BARBELL CLUB					
							474	26	CUELLAR Bryan	259	DELTA WEIGHTLIFTING					
							500	25	WILLMAN Adam	265	American Muscle Weightlifting					
							510	34	DOLL Jason	247	Forging the Warrior					
							526	31	DOMIN Andrew	240	Three Kings Weightlifting Club					
						<b>Start</b>	633	40	BOVA John	235	TEXAS BARBELL CLUB					
						<b>6:40 pm</b>	741	24	CULLISON Lucas	245						
							816	37	BEYTIN Adam	265	EAST COAST GOLD W/L TEAM					
						<b>12</b>	<b>Red</b>	<b>Mar 1</b>	<b>f</b>	<b>Sr.</b>	<b>71B</b>	132	29	JONES Kayla	158	PARAMOUNT BARBELL CLUB
<b>Fri</b>	171	39	RANSOM Kimberly	153	PITTSBURGH BBC											
<b>7:05 pm</b>	264	26	MORRISSETTE Elena	148	Undisputed											
	330	30	CANLAS Alexandra	146	Asap Weightlifting											
	373	30	DACZKOWSKI Courtney	146	UNCOMMON BARBELL											
	403	23	QUINN Catherine	160	DOG HOUSE WEIGHTLIFTING											
	416	22	GOOD Brielle	163	Three Kings Weightlifting Club											
	494	38	ELY Erin	156	TEAM L.A.B.											
	606	40	NALL Glenna	150	LIFT LAB											
<b>Start</b>	695	35	CAMPOS Christi	153	TEAM O.C.											
<b>9:05 pm</b>	727	27	MASON Whitney	145	Valor Barbell											
	841	26	KUO PEI SIN	150	RESISTANCE BARBELL CLUB											
<b>12</b>	<b>White</b>	<b>Mar 1</b>	<b>m</b>	<b>Sr.</b>	<b>89E</b>							48	22	MEREDITH Korvea	209	
												<b>Fri</b>	65	29	SCHMITT Jacob	210
						<b>7:05 pm</b>	91	18	SENATE Jacob	208	Cuppa Joe Weightlifting					
							99	27	AUGHINBAUGH Benjamin	210	BLACK FLAG BARBELL					
							234	25	STOWERS Mitchell	210	Dayton Weightlifting					
							382	20	COURTNEY Jobe	207	TriStar Weightlifting					
							411	31	LEUNG Arthur	208	Mach 10 Weightlifting Club					
							621	28	BRADLEY Coleman	207						
							630	19	HARDY Samuel	210	Team PathWeigh					
						<b>Start</b>	665	26	GABALSKI Tyler	208	Clintonville Barbell					
						<b>9:05 pm</b>	834	26	ESCOFFIER Andrew	211	Dayton Weightlifting					
							839	27	PRASNAL David	210	CINCINNATI WEIGHTLIFTING CLUB					
						<b>12</b>	<b>Blue</b>	<b>Mar 1</b>	<b>m</b>	<b>Sr.</b>	<b>96E</b>	7	63	TILLMAN Keith	150	
												<b>Fri</b>	55	47	BLANCAFLOR James Erwin	160
<b>7:05 pm</b>	174	39	FROYD Nathan	185	LIFT LAB											
	204	43	NEWMAN Ben	190	1Kilo											
	309	45	HOLDERREAD Ryan	200	TSS BARBELL											
	336	39	GAINES Nicholas	200												
	434	35	KLANN Zachary	205												
	486	27	FERRARI Adam	205	NAPTOWN BARBELL CLUB											
	493	37	HILL Adam	190												
	603	55	GOODSON BILLY	193	LIFT LAB											
<b>Start</b>	610	43	STEN Andrew	190	INVICTUS ATHLETE WEIGHTLIFTING CLUB											
<b>9:05 pm</b>	642	39	BANDA Enrique	180	MASH MAFIA WEIGHTLIFTING											
	826	58	NEHER Martin	142	TEAM FLORIDA - AFP											

## 2019 American Open Series 1 Start List

Sess	Pfm	Date	Sex	Group	Cat	Lot	Age	Name	Total	Team
<b>13</b>	<b>Red</b>	<b>Sat Mar 2</b>	<b>f</b>	<b>Sr.</b>	<b>76E</b>	2	48	NELSON Jill	106	THREE SHIPS WEIGHTLIFTING
						153	30	ENT Melanie	115	
						161	47	KINNARD Jill	119	LIFT LAB
						162	45	GAST Shelley	121	
						179	52	DONNELLY Cassie	121	Northern Barbell
						231	39	DANGER Jessica	120	
						242	40	MAUNE Amanda	118	MID MISSOURI WEIGHTLIFTING CLUB
						260	49	O'BRIEN Carla	100	NEW HAVEN WEIGHTLIFTING
						265	57	FERNER Kathleen	71	East Hampton Strength
						337	35	GUTIERREZ Tanya	114	Nickel City Athletics
						356	45	MCGHEE Jackelynn	106	Nickel City Athletics
						387	55	HURST Sharon	80	
						<b>13</b>	<b>White</b>	<b>Sat Mar 2</b>	<b>m</b>	<b>Sr.</b>
30	24	ALBERGOTTI Timothy	220	BODY SHOP X BARBELL CLUB						
151	40	MANDEL Josh	214							
207	23	HALL Caleb	226	WEST MICHIGAN BARBELL CLUB						
251	24	QUIATCHON Yaj Fajad	220	BASA Weightlifting						
292	30	CHESTER David	220	AKP WEIGHTLIFTING CLUB						
506	24	NG Darren	211							
540	25	BAULER Zachary	224							
619	25	DUNAWAY Sean	212	FORCE BARBELL						
657	36	JUNKIN John	220	CLE Barbell Club						
769	26	ANDREWS Thomas	220	TEAM O.C.						
772	23	PARFEJEWIEC Jonathan	214	T3 Barbell						
<b>13</b>	<b>Blue</b>	<b>Sat Mar 2</b>	<b>m</b>	<b>Sr.</b>	<b>96D</b>					
						80	40	AUDI Raja	222	SPOON BARBELL CLUB
						149	17	ALTENBAUGH Zachary	215	Country Strong
						324	60	HAMMING Steve	215	West Michigan Muscle
						449	39	ROMANO Christopher	229	TEAM SAVANNAH
						468	29	KIM Christopher	223	NASHVILLE WEIGHTLIFTING
						497	26	BARNES Colton	225	TEAM MONTANA
						615	29	BARNARD Drew	217	LIFT LAB
						652	17	PARSONS Seth	212	AZO BARBELL CLUB
						683	36	GILLESPIE Jordan	208	Steadfast Barbell
						780	28	BAAR Matthew	230	No Respect 4 Gravity
						842	46	HUBBARD Scottie	214	
						<b>14</b>	<b>Red</b>	<b>Sat Mar 2</b>	<b>f</b>	<b>Sr.</b>
46	27	SAGGIO Victoria	130	Weightlifting Institute						
165	43	MILLS Rachel	130	4 Star Strength						
212	26	STREACKER Caitlin	127	PROJECT LIFT						
219	29	CYGAN Michelle	137	Elysium Strength						
304	37	TABAMO Caroline	126	ILLUMINE BARBELL CLUB						
325	31	LEWE Monica	128	Infinity Barbell						
398	44	PHILLIPS Cara	122	Southeastern Indiana Barbell						
409	39	BISCUITI Nicole	128	TEAM O.C.						
428	32	MEASE Sarah	127	BASA Weightlifting						
430	28	QUETANT Sara	136	LIFT LAB						
590	27	SCOTT Sharon	135	Clintonville Barbell						

## 2019 American Open Series 1 Start List

Sess	Pfm	Date	Sex	Group	Cat	Lot	Age	Name	Total	Team
<b>14 White</b>		<b>Sat Mar 2</b>	m	Sr.	89C	122	30	CUSTER Michael	226	Dayton Weightlifting
						233	25	RENO Macy	240	
						328	29	SCHEMBRI Colin	240	
						386	32	ROGGOW Brenton	235	HONOR YOUR Barbell
						558	37	CONNER Brandon	240	ALLSOUTH Barbell
						622	33	DAVID Daniel	236	Marin Heavy Athletics
						656	38	JASSET Stephen	230	95East Barbell Club
						700	24	FINNELL Vincent	240	LIFT LAB
						723	25	HARDAWAY James	230	White Buffalo Barbell
						759	20	PEPPLE Patrick	230	
						819	31	MUSCAT Brian	235	TREE TOWN BARBELL
831	32	LEECH Thomas	237							
<b>14 Blue</b>		<b>Sat Mar 2</b>	m	Sr.	81A	58	19	COHEN William	270	TEAM SAVANNAH
						61	31	BROWN Cameron	300	Fort-Nash Tennessee
						181	24	GRESSETT Caleb	270	MISSISSIPPI BARBELL
						199	25	BEDNAR Thomas	274	GARAGE STRENGTH
						237	38	DOUGLAS Christopher	292	PARAMOUNT BARBELL CLUB
						341	26	MYERS Nicholas	275	Fourteen Forty Strength
						473	28	PI',TRACUPA Vincent	275	
						481	29	WILLIAMS Jeffrey	296	GREAT LAKES BARBELL CLUB
						482	30	TISSENBAUM Jeremy	270	PITTSBURGH BBC
						539	27	BALTIMORE Jeffrey	282	Fourteen Forty Strength
						545	27	HOFFMAN Vinnie	267	212 DEGREES OF FITNESS BARBELL CLUB
568	27	SIMEONE Bryan	281	MASH MAFIA WEIGHTLIFTING						
851	29	WILSON Jack	280							
<b>15 Red</b>		<b>Sat Mar 2</b>	f	Sr.	76C	16	38	BARBA Christine	140	LIBERTY BARBELL CLUB
						93	30	MCDONALD Kelly	142	BASA Weightlifting
						343	25	RIGHETTI Ashley	140	Fort-Nash WLC WA
						443	30	JOHNSEN Schuyler	143	The Ark Weightlifting
						451	26	CARROLL Brianna	143	BlackHearts BC
						501	30	LACROIX Rachele	141	
						514	41	WHITE Heidi	140	AKP WEIGHTLIFTING CLUB
						751	29	ARMSTRONG Kelley	139	
						778	28	CUKROWICZ Stephanie	142	South Bend Barbell
						795	38	RAISER Courtney	140	ALLSOUTH Barbell
						845	29	ROSS-KITCHENS Constance	139	BLACK & RED BARBELL CLUB
846	39	OPELA Stephanie	145	O'FALLON WEIGHTLIFTING						
<b>15 White</b>		<b>Sat Mar 2</b>	m	Sr.	89B	29	29	GRAHAM David	250	LIFT LAB
						94	24	RUPPERT Jacob	245	
						97	27	DAVENPORT Rush	260	
						217	35	GARRETT Michael	251	95East Barbell Club
						318	28	YI Hubert	250	4 Star Strength
						346	25	SMITH Chance	241	Three Kings Weightlifting Club
						399	42	TYLER Ryan	265	
						504	29	SHOCKEY Austin	255	PROJECT LIFT
						614	33	FRIMMEL Justin	245	Bayonne Weightlifting Club
						686	21	HERNLY Seth	243	Notch 8 Barbell Club
						716	26	VININGS Casey	255	PROJECT LIFT
843	24	DJAGHOURI Valera`	263	DELTA WEIGHTLIFTING						

## 2019 American Open Series 1 Start List

Sess	Pfm	Date	Sex	Group	Cat	Lot	Age	Name	Total	Team
<b>15</b>	<b>Blue</b>	<b>Sat</b> <b>Mar 2</b>	<b>f</b>	<b>Sr.</b>	<b>71A</b>	24	26	JAMISON Emily	164	
						210	27	FRANKLIN Jes	165	PHILADELPHIA BARBELL
						229	32	TAYLOR Carey	191	BASA Weightlifting
						249	27	PUZACKE Carly	170	Optimus Barbell Club
						435	30	HICKMAN Laura	200	4 Star Strength
						522	24	WAIBEL Nicole	177	PSP WEIGHTLIFTING
						544	22	PARK Mariah	197	PITTSBURGH BBC
						562	33	PRESSLEY Challen	188	Marin Heavy Athletics
						618	32	CHMURA Victoria	185	PSP WEIGHTLIFTING
						632	29	SHINE Madeline	164	LIFT LAB
	<b>Start</b> <b>1:35 pm</b>	662	28	ISACSSON Courtney	182	American Muscle Weightlifting				
		689	27	HYNES Taylor	175	Champion Weightlifting				
<b>16</b>	<b>Red</b>	<b>Sat</b> <b>Mar 2</b>	<b>f</b>	<b>Sr.</b>	<b>76B</b>	72	31	BAUMBERGER Kelsey	160	BROOKLYN BARBELL CLUB
						156	40	THOMPSON Desiree	168	Phi Strength Weightlifting
						299	30	PALMER Danielle	160	Heartland Strength
						489	15	USCHMANN Sarah	148	
						498	23	SANCHEZ Alexis	160	ALLSOUTH Barbell
						541	37	CREED Selena	147	4 Star Strength
						565	26	UPDIKE Siera	150	Mind Over Matter
						638	30	MILLER Gabrielle	160	Heartland Strength
						757	31	KRUPKA Meghan	149	CHASING KILOS WEIGHTLIFTING
						790	33	CHRISTOPHER Angelica	150	
	<b>Start</b> <b>3:45 pm</b>	810	26	PRINKEY Breanne	164	EAST COAST GOLD W/L TEAM				
<b>16</b>	<b>White</b>	<b>Sat</b> <b>Mar 2</b>	<b>m</b>	<b>Sr.</b>	<b>89A</b>	82	28	HOPKINS Thomas	265	CHFP WEIGHTLIFTING CLUB
						108	32	NEILL Joe	270	SOLAFIDE BARBELL CLUB
						117	28	ELAM II Onzy	285	CHFP WEIGHTLIFTING CLUB
						142	26	ELBERT Griffin	270	LIFT LAB
						397	37	LONG Nathan	265	PROJECT LIFT
						523	36	MINGS II Gregory	269	Five Rings Weightlifting
						588	27	MACLENNAN Mitchell	276	Krypton Barbell
						649	31	MCCOY Joseph	282	
						731	38	NEALY Willie	276	
						735	28	FLEMING Jared	320	American Muscle Weightlifting
	<b>Start</b> <b>3:45 pm</b>	742	35	GAHM Richard	268	PROJECT LIFT				
		832	25	BROWN Beau	300	Heartland Strength				
<b>16</b>	<b>Blue</b>	<b>Sat</b> <b>Mar 2</b>	<b>m</b>	<b>Sr.</b>	<b>96C</b>	19	30	SWARTZ Mark	230	Dayton Weightlifting
						35	21	HAKIM Mohammad	245	HOOSIER CROSSFIT
						230	34	PERTUSET David	235	
						269	33	YOUNG Stewart	245	
						433	30	ROSS James	233	
						436	27	SIEFKE Tyler	240	RUBBER CITY WEIGHTLIFTING
						495	28	WISE Greg	230	TEAM PENDRAGON
						596	29	GRANGER Eric	248	NAPTOWN BARBELL CLUB
						599	27	FORD Blake	250	Three Kings Weightlifting Club
						653	33	FARINELLI Dave	235	4 Star Strength
	<b>Start</b> <b>3:45 pm</b>	767	28	KOMOROWSKI Matthew	230	LILY WEIGHTLIFTING				
		806	27	KEBLBECK Dakota	240	4 Star Strength				
		818	22	MASL Alex	232	RUBBER CITY WEIGHTLIFTING				

## 2019 American Open Series 1 Start List

Sess	Pfm	Date	Sex	Group	Cat	Lot	Age	Name	Total	Team
<b>17</b>	<b>Red</b>	<b>Sat Mar 2 Weigh In 4:05 pm Start 6:05 pm</b>	<b>f</b>	<b>Sr.</b>	<b>76A</b>	68	30	WEATHERLY Jessica	170	Lion Chaser Barbell
						101	35	MORRISON Elizabeth	180	4 Star Strength
						105	32	POETH Samantha	207	TEAM HOUSTON
						119	28	MORRIS Emily	171	Big Blue Weightlifting
						139	27	DEINES Nicole	195	American Muscle Weightlifting
						275	28	WOHLERS Tiffany	220	
						360	29	BRUCE Ashley	177	CHFP WEIGHTLIFTING CLUB
						375	28	GORBY-SWAIN Candace	186	Dayton Weightlifting
						512	25	FERGUSON Elyse	178	POWER AND GRACE PERFORMANCE.
						663	28	ROGERS Sarah	182	
736	23	MOURAD Magan	183	8 MILE BARBELL						
<b>17</b>	<b>White</b>	<b>Sat Mar 2 Weigh In 4:05 pm Start 6:05 pm</b>	<b>m</b>	<b>Sr.</b>	<b>102C</b>	31	41	GONZALES Eloy	215	TSS BARBELL
						77	77	SIPOS Richard	106	LEHIGH VALLEY BARBELL CLUB
						83	40	QUINTONG Joel	208	SACRED HEART UNIVERSITY WLC
						106	43	BALAM Tucker	210	West Michigan Muscle
						130	46	KEELER Anthony	205	TEAM O.C.
						168	49	PEREZ Brandon	174	TEAM O.C.
						198	64	HAMMOND Gregory	120	TEAM O.C.
						312	41	BORSZCZ Michael	187	NAPTOWN BARBELL CLUB
						374	42	KASTROUNIS JR George	180	INTREPID STRENGTH AND CONDITIONING
						465	25	SACKLOW Joe	210	Iron Thrown Weightlifting
469	30	DEMKO John	222							
668	50	MCDONNELL Russell	175	EAST COAST GOLD W/L TEAM						
715	31	COONEY Matthew	224	Wilmington Weightlifting Club						
732	19	GRENON Alfred	225	Heartland Strength						
758	52	DUDDY Zane	160	PITTSBURGH BBC						
<b>17</b>	<b>Blue</b>	<b>Sat Mar 2 Weigh In 4:05 pm Start 6:05 pm</b>	<b>m</b>	<b>Sr.</b>	<b>96B</b>	17	23	DONOVAN Nathan	255	
						200	25	MORRELL Erik	261	Team PathWeigh
						224	19	KING Matthew	260	
						277	30	RETFERFORD Benjamin	255	AKP WEIGHTLIFTING CLUB
						289	27	SMITH Jacob	260	
						326	32	OWEN Matthew	253	
						344	23	MOOS Joseph	255	
						439	51	ARROYO Robert	250	Fort-Nash WLC WA
						513	25	BLIHOVDE Nathaniel	250	DELTA WEIGHTLIFTING
						598	28	DUHART Jovan	263	The Garage Barbell Club
602	36	JAMISON Nick	251	PROJECT LIFT						
646	31	MEVERDEN Zachary	251	Optimus Barbell Club						
811	43	SHEPPARD Christopher	258	DC WEIGHTLIFTING CLUB						
<b>18</b>	<b>Red</b>	<b>Sat Mar 2 Weigh In 6:25 pm Start 8:25 pm</b>	<b>f</b>	<b>Sr.</b>	<b>81C</b>	9	47	LICH Jodi	98	HEAVY METAL BARBELL
						355	46	WOLFF SHELLEY	100	Y-TOWN BARBELL
						464	44	ODRONIC Laurel	92	PROJECT LIFT
						594	37	FERRIES Amelia	110	The Garage Barbell Club
						644	26	SHARP Joanne	130	UNCHARTED BARBELL
						659	55	FRAZIER Joy	85	The Garage Barbell Club
						675	30	BRADY Bethany	130	LIFT LAB
						698	44	AGUILAR Carla	93	DeCO Barbell Club
						771	17	BAUER Kathrynne	101	LILY WEIGHTLIFTING
						775	45	TEVIS Lavetta	125	Triumph Barbell Club
784	38	PALMER Lucero	110	SAYRE PARK WLC						

## 2019 American Open Series 1 Start List

Sess	Pfm	Date	Sex	Group	Cat	Lot	Age	Name	Total	Team	
<b>18 White</b>			f	Sr.	<b>81B</b>	6	36	DE VEYRA Ernestine	144	4 Star Strength	
						<b>Sat</b>	227	28	BAROTH Taylor	130	LIFT LAB
						<b>Mar 2</b>	342	35	DIERINGER Annika	135	4 Star Strength
							450	24	HRANCHOOK Emily	131	4 Star Strength
						<b>Weigh In</b>	463	26	MCCANNA Genevieve	138	CWL
						<b>6:40 pm</b>	557	34	PARKS Breanne	160	HEAVY METAL BARBELL
							577	37	STRICKFADEN Traci	163	
						<b>Start</b>	581	33	BILLETT Tia	130	KOP Barbell
						<b>8:40 pm</b>	725	30	MALDONADO Shana	149	
							774	30	ROBERTSON Desiree	145	BAM Weightlifting Club
	796	51	THURSTON Marni	140	West Michigan Muscle						
<b>18 Blue</b>			m	Sr.	<b>102B</b>	96	36	PIERCE Casey	230	NAPTOWN BARBELL CLUB	
						<b>Sat</b>	120	45	STIEN John	244	Notch 8 Barbell Club
						<b>Mar 2</b>	121	27	TAMASSIA Guilherme	230	KiloDelphia
							172	22	REARDON John	225	Camillus Barbell
							296	44	ACOSTA Javier	233	
						<b>Weigh In</b>	340	28	TURNER Nigel	235	Palmetto Weightlifting
						<b>6:25 pm</b>	471	29	CHEW Christopher	235	4 Star Strength
							550	38	DUFFNER Brandon	245	Palmetto Weightlifting
							625	56	MAHNKE Douglas	235	TWIN CITY BARBELL
						<b>Start</b>	687	27	WICKS Taylor	231	AKP WEIGHTLIFTING CLUB
<b>8:25 pm</b>	694	24	GOSHEN Taylor	236							
	776	30	XU Willie	245	BROOKLYN BARBELL CLUB						
	789	30	FABY Dan	250	PHILADELPHIA BARBELL						
	838	28	DERSE Jacob	240	MILWAUKEE BARBELL WEIGHTLIFTING CLUB						
<b>19 Red</b>			f	Sr.	<b>87B</b>	23	43	BRUNGARD Amy	124	LIFT LAB	
						<b>Sun</b>	84	35	KENNEDY Kristin	110	KOP Barbell
						<b>Mar 3</b>	159	29	WILLIAMSON Kelsey	140	Atlanta Performance
							167	40	VAUGHN April	100	New Berlin Barbell Club
							182	39	EUSTICE Brandi	120	
						<b>Weigh In</b>	245	38	HUGHES Holly	135	4 Star Strength
						<b>7:00 am</b>	507	26	CONWAY Sarah	134	
							559	36	SNODGRASS Jessica	150	Moran Strength
							569	39	SUKOLA Ayse	125	The Garage Barbell Club
						<b>Start</b>	677	34	MCCALL Laura	130	Camillus Barbell
<b>9:00 am</b>	840	29	DELONG Kayla	151							
	537	14	HUTCHINS Renee	145	PROJECT LIFT						
	722	16	ANDERSON Sara	129	Adrenaline Warrior Weightlifting						
<b>19 White</b>			f	Sr.	<b>+87B</b>	102	36	RUALES Connie	135	MASH MAFIA WEIGHTLIFTING	
						<b>Sun</b>	103	40	CORTEZ Carolina	129	TSS BARBELL
						<b>Mar 3</b>	104	48	ROGERS Donnie	108	Arkaios Barbell
							144	41	WALKER Tamara	115	TEAM L.A.B.
							205	43	COCHRAN JAIME	106	PROJECT LIFT
						<b>Weigh In</b>	213	41	DOUGLAS Kylie	120	1Kilo
						<b>7:00 am</b>	369	38	FITZPATRICK Tammie	110	
							384	34	BROCKINGTON Christina	140	Alpha Lineage Barbell
							516	35	TOOMEY Sara	124	White Buffalo Barbell
						<b>Start</b>	538	42	MANNING Cindy	137	Haworth Weightlifting
<b>9:00 am</b>	765	37	ORELLANA Yaira	125	Palmetto Weightlifting						
	777	36	TOMPOS Sarah	130	EAST COAST GOLD W/L TEAM						
	836	44	MATTHEWS Pamela	102							

## 2019 American Open Series 1 Start List

Sess	Pfm	Date	Sex	Group	Cat	Lot	Age	Name	Total	Team
<b>19</b>	<b>Blue</b>	<b>Sun Mar 3</b>	<b>m</b>	<b>Sr.</b>	<b>109B</b>	195	49	FEENSTRA Christopher	220	Steadfast Barbell
						209	66	HUDSON Johnnie	135	SAYRE PARK WLC
						253	40	JAMES Rich	230	Phi Strength Weightlifting
						351	37	DURTHALER Kyle	215	No Respect 4 Gravity
						354	56	ROSENBERGER Martin	150	Blackbird Barbell
						418	37	NICHOLS Seth	200	
						509	52	FLEMING David	154	American Muscle Weightlifting
						524	44	HIGGINS Russell	211	
						542	44	SMITH Terry	220	Workhorse Weightlifting
						566	44	STEWART Nathan	225	
						601	39	SOLSVIG Justin	220	
						635	39	PESATURO Billy	205	American Muscle Weightlifting
						805	38	LAIRD Matt	240	The Field House
822	26	JACOBS Cade	230	FORCE BARBELL						
<b>20</b>	<b>Red</b>	<b>Sun Mar 3</b>	<b>m</b>	<b>Sr.</b>	<b>96A</b>	43	31	MURRAY Frankie	315	Next Level Weightlifting
						303	25	DAVIS Anthony	303	West Michigan Muscle
						453	28	ROBERTS Terris	280	MASH MAFIA WEIGHTLIFTING
						461	29	MCCLANAHAN William	267	TeamLPW (Lion's Pride Weightlifting)
						571	26	VARGAS Tino	301	RUBBER CITY WEIGHTLIFTING
						636	25	KLEM Donovan	280	4 Star Strength
						674	27	PANICCIA Steve	285	Saratoga Barbell Club
						693	29	FAIRCHILD Garrett	269	
						745	29	TREVINO Stephen	270	The Field House
						752	23	DOLLAR Sam	298	
						813	35	WEATHERS James	290	BAM Weightlifting Club
844	35	PANTAZIDES JR Anthony	272	The Garage Barbell Club						
<b>20</b>	<b>White</b>	<b>Sun Mar 3</b>	<b>m</b>	<b>Sr.</b>	<b>Yth. +102A</b>	692	10	LOGWOOD Gabriel	167	White Buffalo Barbell
					115	61	SOLOMON Mark	210	BUFFALO BARBELL CLUB	
					137	44	PREST Matthew	210		
					293	45	HOLLY Kevin	240	DAYTON BARBELL CLUB	
					308	58	MUTTER Terry	142		
					315	30	GILBERT John	235		
					335	41	MCCHALICHER Gary	230	GARAGE STRENGTH	
					380	47	PETERSEN Eric	190	RUBBER CITY WEIGHTLIFTING	
					591	53	DEEMER Gregory	215	212 DEGREES OF FITNESS BARBELL CLUB	
					623	51	VERNER Jamie	240		
					634	47	FONTENOT Brian	190	Team SAW	
702	27	TOUT Justin	230	CLE Barbell Club						
824	36	HESS Matt	240	RUBBER CITY WEIGHTLIFTING						



## 2019 American Open Series 1 Start List

Sess	Pfm	Date	Sex	Group	Cat	Lot	Age	Name	Total	Team
<b>20</b>	<b>Blue</b>	<b>Sun Mar 3</b>	<b>m</b>	<b>Sr.</b>	<b>102A</b>	37	29	FRAZIER Nicholas	298	TEAM NORWOOD
						100	28	MEYER Justin	350	TEAM MONTANA
						135	31	STULTS Tyler	265	Kuma Weightlifting
						185	31	FLOOD Ryan	255	Fort-Nash Tennessee
						218	24	LUDWIG Connor	320	Notch 8 Barbell Club
						244	31	EDWARDS Luke	310	Krypton Barbell
						248	35	HANSEN Ryan	280	INTREPID STRENGTH AND CONDITIONING
						480	26	DONOVAN Davon	285	
						528	26	MESSINGER Cody	260	95East Barbell Club
						671	26	SIMMONS Beau	280	Five Rings Weightlifting
						697	39	COON Jared	287	WESTERLY BARBELL CLUB
						699	27	ALLIGOOD Matthew	280	
						734	25	CARLTON Tyler	265	
						760	29	PETERSON Scott	260	A5 Weightlifting
<b>21</b>	<b>Red</b>	<b>Sun Mar 3</b>	<b>f</b>	<b>Sr.</b>	<b>81A</b>	32	28	JUDD Gabrielle	175	BASA Weightlifting
						76	29	NG Phoebe	200	
						295	31	SFAMURRI Briana	207	PHILADELPHIA BARBELL
						389	30	JENNINGS-SCHUMAN Acacia	173	DELTA WEIGHTLIFTING
						417	28	BOYD Carol	185	
						472	27	DORAN Deborah	181	EAST COAST GOLD W/L TEAM
						605	35	KENDAL Courtney	210	DOG HOUSE WEIGHTLIFTING
						613	29	JENSEN Karly	165	TEAM O.C.
						645	32	SCHRAGE Jennifer	201	Optimus Barbell Club
						719	33	QUALSHIE Faith	173	
807	26	GOSHEN Sabrina	165	Moran Strength						
<b>21</b>	<b>White</b>	<b>Sun Mar 3</b>	<b>m</b>	<b>Sr.</b>	<b>+109B</b>	36	38	DAVIS Brandon	250	CHFP WEIGHTLIFTING CLUB
						51	31	WRIGHT Kenneth	250	THREE SHIPS WEIGHTLIFTING
						236	29	LACLAIR Josh	260	
						276	35	SNODGRASS Christopher	250	
						307	39	COLE Eric	256	LIFT LAB
						407	21	GRACIA Elliott	260	PSI Weightlifting
						518	38	COFFEY Drew	255	
						624	27	NINNEMAN Jacob	255	
						647	30	NELSON Kevin	250	INTREPID STRENGTH AND CONDITIONING
						670	24	WUEST Brendan	260	Team PathWeigh
707	31	VALENTIN Joseph	260							
798	29	GARVEY Chris	260	Fort-Nash Tennessee						
<b>21</b>	<b>Blue</b>	<b>Sun Mar 3</b>	<b>f</b>	<b>Sr.</b>	<b>87A</b>	71	29	SPRING Rachel	180	PHILADELPHIA BARBELL
						127	31	WATSON Lindsay	165	Wilmington Weightlifting Club
						226	35	VERNON Ashley	155	
						247	27	LESORGEN Rachel	188	WAUSAU BARBELL CLUB
						534	25	IANNUCCI Leanne	160	TEAM L.A.B.
						548	26	JONES Samantha	190	
						585	25	SLAVEN Kelly	170	TEAM O.C.
						651	29	APOLINAR Jamelle	168	DOG HOUSE WEIGHTLIFTING
						766	30	BARITO Laura	190	EAST COAST GOLD W/L TEAM
						827	35	LIPSEY Rebecca	182	Fort-Nash Tennessee

## 2019 American Open Series 1 Start List

Sess	Pfm	Date	Sex	Group	Cat	Lot	Age	Name	Total	Team
<b>22</b>	<b>Red</b>	<b>Sun Mar 3</b>	<b>m</b>	<b>Sr.</b>	<b>109A</b>	1	21	GUNNOE Seth	273	AFC CROSSFIT
						12	30	SMITH Joseph	275	Palmetto Weightlifting
						98	37	SOUCIE James	260	RUMBLER
						107	23	BARNA Nathan	300	LIFT LAB
						193	29	REBMAN Jacob	295	EAST COAST GOLD W/L TEAM
						228	25	DAHLKE Seth	285	Heartland Strength
						454	28	KALBAUGH Glen	295	HEAVY METAL BARBELL
						484	23	GOREE Chris	240	Zion Barbell
						511	27	CAHOY Austin	325	HONOR YOUR Barbell
						567	24	SHEPPARD Jordan	285	
						627	32	LAMBERT Casey	240	BlackHearts BC
						658	22	COOPER Dylan	325	CALIFORNIA STRENGTH
						706	28	MATTRELLA Jacob	320	ALLSOUTH Barbell
<b>22</b>	<b>White</b>	<b>Sun Mar 3</b>	<b>m</b>	<b>Sr.</b>	<b>+109A</b>	63	29	PIPER Douglas	285	
						79	29	BURGESS Blaine	310	LIFT LAB
						183	27	SWEETON Charles	275	NASHVILLE WEIGHTLIFTING
						196	21	MILLER Michael	270	ENZO WEIGHTLIFTING
						301	37	RIVERA Sigfredo	280	
						479	31	LEKA Noel	291	APESQUAD WEIGHTLIFTING
						496	31	CORNELL Kevin	330	
						604	30	STEPHENS Kenneth	310	LIFT LAB
						672	28	ANGELO Philip	270	4 Star Strength
						678	28	ALBURY Dimitri	270	
726	26	HUSE Zachary	320	EAST COAST GOLD W/L TEAM						
<b>22</b>	<b>Blue</b>	<b>Sun Mar 3</b>	<b>f</b>	<b>Sr.</b>	<b>+87A</b>	27	38	DAVIS Jenna	145	4 Star Strength
						59	23	LUCAS Catherine	205	COFFEE'S GYM
						88	23	CHITTY Jacqueline	144	NAPTOWN BARBELL CLUB
						129	31	MOLLIS Tina	200	CINCINNATI WEIGHTLIFTING CLUB
						133	26	KALLMEYER Katlin	195	CATALYST ATHLETICS
						358	29	TIMM Emily	152	WAUSAU BARBELL CLUB
						362	31	TOBESON Jennifer	170	PSP WEIGHTLIFTING
						371	37	BURKE Stephanie	156	Grandview Barbell Club
						402	23	MURDOCK Mikayla	157	
						485	25	KUMKE Elizabeth	173	4 Star Strength
						535	32	QUINN Caitlin	196	PSP WEIGHTLIFTING
						655	35	HONCHARSKI Beth	147	BLACK & RED BARBELL CLUB
680	35	HAYMAKER Megan	166	1Kilo						
821	29	BINGLEY Emily	177							