

THE SCHEDULE IS NOT FINAL UNTIL THE VERIFICATION OF FINAL ENTRIES MEETING

PLEASE USE THIS DOCUMENT ONLY AS A REFERENCE UNTIL THE FINAL SCHEDULE IS RELEASED

NO SESSIONS OR GROUPS (i.e.: Group A, B, C, etc) ARE FINAL UNTIL THE FINAL SCHEDULE IS RELEASED

2019 American Open Series I - Columbus OH - Preliminary Schedule

Tuesday February 26, 2019

Verification of Final Entries - 10.00am to 10.30am MOUNTAIN TIME (ONLINE EVENT)

Wednesday February 27, 2019

Training On-Site, Athlete Check In & Check Scale - OPEN AT 2pm

New Athletes & Coaches Briefing - 2.00pm

USADA All-Athlete Briefing - 3.00pm

Technical Officials Briefing - 4.00pm

Technical Conference - 7pm

Thursday February 28, 2019

Date	Sess	Plat	Weigh	Time	Gender	Wt Cat's (Kgs)	Entry Total From/To	Number of Lifters
Thursday February 28, 2019	1	Red	7:00 AM	9:00 AM	F	55kg C	50kg to 105kg	14
		White	7:00 AM	9:00 AM	F	59kg E	15kg to 106kg	13
		Blue	7:00 AM	9:00 AM	M	73kg D	100kg to 157kg	13
	2	Red	9:20 AM	11:20 AM	F	55kg B	108kg to 133kg	13
		White	9:20 AM	11:20 AM	F	59kg D	106kg to 121kg	12
		Blue	9:20 AM	11:20 AM	M	73kg C	163kg to 188kg	13
	3	Red	11:40 AM	1:40 PM	F	40kg A & 45kg A	60kg to 120kg	11
		White	11:40 AM	1:40 PM	F	59kg C	123kg to 130kg	12
		Blue	11:40 AM	1:40 PM	M	49kg A & 55kg A	90kg to 149kg	11
	4	Red	1:50 PM	3:50 PM	F	49kg A	50kg to 166kg	14
		White	1:50 PM	3:50 PM	F	59kg B	131kg to 150kg	12
		Blue	1:50 PM	3:50 PM	M	61kg A	126kg to 200kg	11
	5	Red	4:10 PM	6:10 PM	F	64kg F	62kg to 108kg	13
		White	4:10 PM	6:10 PM	F	55kg A	135kg to 176kg	13
		Blue	4:10 PM	6:10 PM	M	67kg B	125kg to 175kg	11
	6	Red	6:30 PM	8:30 PM	F	64kg E	110kg to 117kg	13
		White	6:30 PM	8:30 PM	F	59kg A	153kg to 196kg	12
		Blue	6:30 PM	8:30 PM	M	67kg A	180kg to 260kg	11

Friday March 1, 2019

Date	Sess	Plat	Weigh	Time	Gender	Wt Cat's (Kgs)	Entry Total From/To	Number of Lifters
Friday March 1, 2019	7	Red	7:00 AM	9:00 AM	F	64kg D	117kg to 125kg	13
		White	7:00 AM	9:00 AM	M	73kg B	190kg to 210kg	13
		Blue	7:00 AM	9:00 AM	M	81kg F	107kg to 170kg	14
	8	Red	9:20 AM	11:20 AM	F	64kg C	128kg to 137kg	13
		White	9:20 AM	11:20 AM	F	71kg F	75kg to 109kg	13
		Blue	9:20 AM	11:20 AM	M	81kg E	175kg to 200kg	14
	9	Red	11:40 AM	1:40 PM	F	64kg B	137kg to 151kg	13
		White	11:40 AM	1:40 PM	F	71kg E	110kg to 125kg	13
		Blue	11:40 AM	1:40 PM	M	81kg D	200kg to 213kg	14
		Rogue	10:45AM	12:45 PM	M	73kg A	215kg to 275kg	12
	10	Red	2:00 PM	4:00 PM	F	71kg D	125kg to 134kg	12
		White	2:00 PM	4:00 PM	M	89kg G	95kg to 180kg	14
Blue		2:00 PM	4:00 PM	M	81kg C	215kg to 230kg	14	

		Rogue	1:00 PM	3:00 PM	F	64kg A	152kg to 181kg	12
	11	Red	4:20 PM	6:20 PM	F	71kg C	134kg to 148kg	12
		White	4:20 PM	6:20 PM	M	89kg F	180kg to 207kg	14
		Blue	4:20 PM	6:20 PM	M	81kg B	230kg to 265kg	14
	12	Red	6:40 PM	8:40 PM	F	71kg B	148kg to 164kg	12
		White	6:40 PM	8:40 PM	M	89kg E	207kg to 214kg	13
		Blue	6:40 PM	8:40 PM	M	96kg E	120kg to 200kg	13

Saturday March 2, 2019

<i>Date</i>	<i>Sess</i>	<i>Plat</i>	<i>Weigh</i>	<i>Time</i>	<i>Gender</i>	<i>Wt Cat's (Kgs)</i>	<i>From/To</i>	<i>Number of Lifters</i>
Saturday March 2, 2019	13	Red	7:00 AM	9:00 AM	F	76kg E	71kg to 122kg	13
		White	7:00 AM	9:00 AM	M	89kg D	214kg to 229kg	13
		Blue	7:00 AM	9:00 AM	M	96kg D	205kg to 230kg	13
	14	Red	9:20 AM	11:20 AM	F	76kg D	125kg to 139kg	13
		White	9:20 AM	11:20 AM	M	89kg C	230kg to 240kg	13
		Blue	9:20 AM	11:20 AM	M	81kg A	265kg to 300kg	13
	15	Red	11:35 AM	1:35 PM	F	76kg C	140kg to 148kg	12
		White	11:35 AM	1:35 PM	M	89kg B	240kg to 265kg	13
		Blue	11:35 AM	1:35 PM	F	71kg A	164kg to 200kg	12
	16	Red	1:50 PM	3:50 PM	F	76kg B	148kg to 170kg	12
		White	1:50 PM	3:50 PM	M	89kg A	266kg to 333kg	13
		Blue	1:50 PM	3:50 PM	M	96kg C	230kg to 250kg	13
	17	Red	4:10 PM	6:10 PM	F	76kg A	171kg to 220kg	12
		White	4:10 PM	6:10 PM	M	102kg C	106kg to 225kg	14
		Blue	4:10 PM	6:10 PM	M	96kg B	250kg to 267kg	13
	18	Red	6:30 PM	8:30 PM	F	81kg C	85kg to 130kg	11
		White	6:30 PM	8:30 PM	F	81kg B	130kg to 163kg	11
		Blue	6:30 PM	8:30 PM	M	102kg B	225kg to 245kg	14

Sunday March 3, 2019

<i>Date</i>	<i>Sess</i>	<i>Plat</i>	<i>Weigh</i>	<i>Time</i>	<i>Gender</i>	<i>Wt Cat's (Kgs)</i>	<i>From/To</i>	<i>Number of Lifters</i>
Sunday March 3, 2019	19	Red	7:00 AM	9:00 AM	F	81+kg A & 87kg B	100 to 150kg	12
		White	7:00 AM	9:00 AM	F	87+kg B	102kg to 140kg	14
		Blue	7:00 AM	9:00 AM	M	109kg B	109kg to 240kg	14
	20	Red	9:20 AM	11:20 AM	M	96kg A	269kg to 305kg	13
		White	9:20 AM	11:20 AM	M	102kg+ A & 109+kg C	167kg to 240kg	12
		Blue	9:20 AM	11:20 AM	M	102kg A	245kg to 350kg	14
	21	Red	11:40 AM	1:40 PM	F	81kg A	165kg to 210kg	11
		White	11:40 AM	1:40 PM	M	109+kg B	250kg to 265kg	11
		Blue	11:40 AM	1:40 PM	F	87kg A	150kg to 190kg	11
	22	Red	1:50 PM	3:50 PM	M	109kg A	250kg to 325kg	14
		White	1:50 PM	3:50 PM	M	109+kg A	270kg to 330kg	11
		Blue	1:50 PM	3:50 PM	F	87+kg A	144kg to 205kg	14

THE SCHEDULE IS NOT FINAL UNTIL THE VERIFICATION OF FINAL ENTRIES MEETING

PLEASE USE THIS DOCUMENT ONLY AS A REFERENCE UNTIL THE FINAL SCHEDULE IS RELEASED

NO SESSIONS OR GROUPS (i.e.: Group A, B, C, etc) ARE FINAL UNTIL THE FINAL SCHEDULE IS RELEASED

ALL TIMES WITH THE EXCEPTION OF THE VERIFICATION OF FINAL ENTRIES MEETING ARE LOCAL