

2019 USAW National Championships Start List

Sess	Pfm	Date	Sex	Group	Cat	Lot	Age	Name	Total	Team
1	Red	Fri May 10	f	Sr.	55E	75	30	FALAMAS Julia	151	SPOT Barbell Club
						84	27	GENOTA Ruth	151	
						119	28	MARTIN Lesly	151	
						124	28	KREYE Maria	151	ST. CROIX BARBELL CLUB
						125	31	GEIST Kristen	151	Supreme Fitness & Weightlifting Co.
						290	33	FOSTER Ashley	151	IRON ATHLETE WEIGHTLIFTING CLUB
						316	30	PANCHIK Christin	151	PSP WEIGHTLIFTING
						318	35	BASKIN Emily	151	
						319	28	LIU Rebecca	151	Accelerated Athlete Barbell Club
						323	26	TRAN Sandra	151	LONG BEACH WEIGHTLIFTING
						359	24	GALLEGOS Angela	151	
						394	28	DENUM Susan	151	Kim Barbell
						407	25	HANDEL Allison	151	
1	Blue	Fri May 10	m	Sr.	61B	19	27	HANLEY Patrick	214	BAY STATE BARBELL CLUB
						58	26	WIGGER Jordan	210	HEAVY METAL BARBELL
						97	24	BRACEY Austin	210	Kim Barbell
						142	24	ELLISON John	210	HOOSIER BARBELL CLUB
						153	34	PERALTA Martin	225	Kim Barbell
						169	43	DINH Nghiep	216	SENSE GYM WEIGHTLIFTING
						200	32	ALAS Alex	226	Rise Barbell
						347	32	OTSUKA Dean	226	LBH OF NYC DEPT OF PARKS
						382	28	ALEMAN Andres	228	Florida Elite
						2	Red	Fri May 10	f	Sr.
24	27	WALLACE Morgan	155	COFFEE'S GYM						
50	27	LEE Lauren	154	4 Star Strength						
59	27	VILLANUEVA Melissa	151	TEAM O.C.						
61	31	VIEIRA Belinda	152	TEAM O.C.						
96	25	SCUDDER Alissa	153	HIGH DESERT ATHLETIC CLUB						
191	29	PIERRE'AUGUSTE Jasmine	153	POWER AND GRACE PERFORMANCE.						
302	25	JAUCH Erin	152	Florida Elite						
312	30	SOUVANNAKHOT Jannie	153	STRENGTH GUILD WEIGHTLIFTING						
355	31	KOMEMI Michal	154	PHILADELPHIA BARBELL						
392	23	MCCUAIG Katherine	153	Freedom Weightlifting						
399	22	GOAD Sydney	156							
2	Blue	Fri May 10	m	Sr.	73B	3	24	HURST Lonnie	260	4 Star Strength
						45	24	RAMOS Ryan	260	TSS BARBELL
						108	27	APONTE Emanuel	260	
						114	35	VEZINA Jesse	260	Vehement Elite Athletics
						143	23	MCGINNITY Samuel	260	Keep Pulling
						173	34	DAY Willie	261	EAST COAST GOLD W/L TEAM
						198	20	ROHAL Ryan	261	PITTSBURGH BBC
						232	29	JIUNTA Jordan	260	
						249	26	AMADOR Emmanuel	260	
						336	29	HARRIS Dana	260	BlueWave Weightlifting
						338	29	DEGENNARO Brian	270	Manhattan Barbell

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Sess	Pfm	Date	Sex	Group	Cat	Lot	Age	Name	Total	Team						
3	Red	Fri May 10	f	Sr.	55C	27	17	COLVIN Evelyn	157	HOOSIER BARBELL CLUB						
						46	24	DURAN Olivia	157	EAST COAST GOLD W/L TEAM						
						88	29	CHU Jennifer	156	Chu Weightlifting						
						93	33	MANZER Melissa	157	Round Lake Weightlifting						
						100	24	MCAMIS Shannon	160	Florida Elite						
						113	27	ESPINOZA Stephanie	157	Academy of Weightlifting						
						134	41	NELSON-PAUL KATHY	156	MADTOWN WLC						
						199	37	OSTRANDER Laura	157	LIFT LAB						
						237	31	SUCH Nikole	158							
						273	29	SPICKLER Caitlyn	157	FITELITE BARBELL CLUB						
						314	28	TRAN Sharon	159	LONG BEACH WEIGHTLIFTING						
						371	29	CUSHMAN Jennifer	160	Salt Shack Olympic Lifting						
						3	Blue	Fri May 10	f	Sr.	45A	5	35	KYLE Cicely	152	POWER AND GRACE PERFORMANCE.
												38	38	FRANKEL Amylynn	120	EAST COAST GOLD W/L TEAM
66	29	GROB Katie	121	PHILADELPHIA BARBELL												
106	28	WELTER Gwyndolyn	120	CROSSFIT DEFINED												
115	53	SPRAY Janice	123	FULCRUM BARBELL CLUB												
116	29	GILLIS Emily	122	NASHVILLE WEIGHTLIFTING												
156	22	YOUNG Destiny	130													
164	30	BENNETT Rachel	133	Florida Elite												
241	23	CARVALHO EUVELYN	120	GROUND AND POUNDS WEIGHTLIFTING CLUB												
270	39	KAMPHAKE Melissa Sue Jutras	120	EAST COAST GOLD W/L TEAM												
286	29	VILLA Gretchen	140													
313	33	LIM Nicole	144	CALIFORNIA STRENGTH												
4	Red	Fri May 10	f	Sr.	55B							21	30	LE Elizabeth	160	TEAM O.C.
												67	32	HENTZ MICHELLE	162	ALPHA BARBELL
						70	30	STORMS Madeline	168	Red Panda Strength						
						85	29	LEE Katherine	168	HARRISBURG WEIGHTLIFTING CLUB						
						126	23	MAI Tori	164	Kim Barbell						
						148	30	PRAY Brittany	164	GREAT LAKES BARBELL CLUB						
						167	28	LEE Tiffani	164	HI PERFORMANCE ATHLETICS						
						230	31	OKAMOTO Janyce	165	Team Juggernaut						
						231	31	TENORIO Reena	165	Academy of Weightlifting						
						298	24	MCBROOM Alice	167							
						301	21	ZWEYGARDT Tyera	166	BLACK & RED BARBELL CLUB						
						369	25	PATOC Nikk	161	Marin Heavy Athletics						
						4	Blue	Fri May 10	f	Sr.	49A	4	29	GRANGER Jessica	137	MCKENNA'S GYM
												11	32	DARI Subreen	137	PSP WEIGHTLIFTING
18	32	BOND Alicia	143	FORTIUS WEIGHTLIFTING												
35	26	HARBISON Taylor	141	Black Hive Weightlifting												
37	32	KEMPF Elaine	137	Standard Strength												
42	27	KUSICK Katrina	168	LIFT LAB												
62	27	WRIGHT Sarah	165	EAST COAST GOLD W/L TEAM												
131	28	CORREA Mayra	139	Bravura Weightlifting												
168	29	REYES Melissa-Dianne	137	Florida Elite												
182	23	MAHOE Stacia-Al	158													
206	34	FULLHART Jennifer	137	A1 Barbell Club												
226	25	MEHLING Rebecca	141	THE SPORTS PALACE												
229	31	GRODEN Jessica	138	Oklahoma Weightlifting Club												
233	36	SAVEDO Shawna	137	ALPHA BARBELL												
320	20	RESTREPO Veronica	155	PHILADELPHIA BARBELL												
348	25	KING Alexis	145	MASH MAFIA WEIGHTLIFTING												
373	25	ROLLER Rachel	137	CATALYST ATHLETICS												

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Sess	Pfm	Date	Sex	Group	Cat	Lot	Age	Name	Total	Team		
5	Red	Weigh In 3:00 pm	f	Sr.	55A	28	32	RAYOME Katelyn	170	Flentge Strength		
						Fri		165	34	RICHARDSON Amy	172	BEANTOWN BARBELL CLUB
						May 10		176	30	KWIATKOWSKI Malorie	175	West Michigan Muscle
								210	31	LEMMEN Stephanie	180	HIGH DESERT ATHLETIC CLUB
								211	30	METZGER Ryan	173	EAST COAST GOLD W/L TEAM
								242	31	HOGAN Caitlin	195	Academy of Weightlifting
								258	27	HAYDEN Maria	170	
								265	26	LAM Jenny	175	Team Divergent
								281	25	BEAUPRE Tiffany	177	Aspire Athletic Performance
								288	21	SEEGERT Megan	175	Team Divergent
								333	25	PANNELL Maddison	175	CALIFORNIA STRENGTH
								335	31	SAXON Jessica	186	PHILADELPHIA BARBELL
						5	Blue	Weigh In 3:20 pm	m	Sr.	55A	8
55	15	MORRIS Hampton	200	ALLSOUTH Barbell								
122	25	KOBASHIGAWA Brey	220	TEAM HAWAII								
61A	94	32	HUTCHINSON Sean	240	Florida Elite							
	103	33	MURRAY George	232	FORTIUS WEIGHTLIFTING							
	133	23	KASHISHIAN Quinn	230	Krypton Barbell							
	157	27	CAMENARES Christopher	231	BLACK & RED BARBELL CLUB							
	221	18	KILBERT Antwan	230	LIFT FOR LIFE GYM							
	381	26	GASTELUM Matthew	232	Vice Weightlifting							
6	Red	Weigh In 5:10 pm	m	Sr.	67A	44	27	ROBINSON Korey	240	Alee Athletics		
						74	25	CASTILLO Gabriel	240	Florida Elite		
						81	34	KIM Bradford	240	Kim Barbell		
						263	22	HORST Jacob	280	GARAGE STRENGTH		
						267	21	REYES Alexander	256	LAS VEGAS BARBELL		
						269	21	LOPEZ Benjamin	246	Florida Elite		
						307	24	NGO Stephen	270	CALIFORNIA STRENGTH		
						324	25	GRUBER Logan	240	MILWAUKEE BARBELL WEIGHTLIFTING CLUB		
						353	34	MATA Carlos	240	TEAM HOUSTON		
6	Blue	Weigh In 5:00 pm	m	Sr.	73A	40	39	VAUGHN Chad	275	SPOON BARBELL CLUB		
						136	28	WYATT Lewis	280	MASH MAFIA WEIGHTLIFTING		
						162	28	AKALEGBERE Nu	283	BASA Weightlifting		
						217	18	SMITH Jerome	285	LIFT FOR LIFE GYM		
						219	28	COOK Greg	271	TEXAS BARBELL CLUB		
						243	28	RIENDEAU Russ	275			
						268	25	D'AMICO Theodore	275	Team SAW		
						287	24	CHAVEZ Bernabe	270	Florida Elite		
						332	26	MYERS Nicholas	273	Fourteen Forty Strength		
						339	26	ADEYEMO DAVID	275	Fort-Nash WLC WA		
363	30	CHIONG Christian	273	Vehement Elite Athletics								
7	Red	Weigh In 6:00 am	f	Sr.	59C	1	26	TRAN Karine	168	HASSLE FREE BBC		
						69	23	WENTZ Katie	168	Palm Beach Weightlifting		
						76	26	DAVIS Elise	166	Team Juggernaut		
						111	24	SHEPPARD Danielle	166	EAST CAROLINA WEIGHTLIFTING		
						175	29	DIDOMENICO Ariana	166	MCKENNA'S GYM		
						190	26	CRIBARI Alex	166	PSP WEIGHTLIFTING		
						216	27	HAMILTON Catherine	170	WAXMAN'S GYM WEIGHTLIFTING CLUB		
						309	29	WECHÉ Claire	166	Gryphon Strength Barbell		
						331	39	TAYLOR Casey	169	REDLINE ATHLETICS		
						337	33	GOLDSHER Eve	166	ALPHA BARBELL		
						344	31	KING Ashley	168			
						378	25	HARRISON Hunter	168	AMP TRAINING		
						402	26	STONEWERTH Kimberlea	166	ST. CROIX BARBELL CLUB		

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7	Blue	Sat May 11	m	Sr.	81C	12	27	COSCIA Andrew	274	EAST COAST GOLD W/L TEAM
						25	29	MCCLUNE Mitch	274	HIGH DESERT ATHLETIC CLUB
						33	30	TISSENBAUM Jeremy	275	PITTSBURGH BBC
						80	26	KONAS Anthony	274	KINGFIELD BARBELL
						110	34	JARRETT Patrick	274	
						178	27	STEFANOV Alek	277	
						187	30	POLICKY Mitchell	274	Accelerated Athlete Barbell Club
						201	26	CUELLAR Bryan	274	DELTA WEIGHTLIFTING
						289	21	BOLICK Marcus	274	EAST COAST GOLD W/L TEAM
						349	31	SMITH Steven	274	AMP TRAINING
8	Red	Sat May 11	f	Sr.	64C	14	19	MAROSEK Isabelle	180	
						31	17	DESVARIEUX Marr-Khie	177	AMP TRAINING
						71	28	HANSLER Holly	177	HARRISBURG WEIGHTLIFTING CLUB
						105	31	SANCHEZ Heather	181	MEEK STRENGTH BY METTLE
						118	26	JASLOVE Lauren	180	4 Star Strength
						138	31	PRESLEY Jenna	177	Wild Horizons Weightlifting Club
						277	29	SABO Carolyn	180	Man Made Barbell
						306	28	ISACSSON Courtney	182	American Muscle Weightlifting
						330	20	AZPIRI MARIA	180	TEAM O.C.
						400	23	LEHANE Isabel	182	CALIFORNIA STRENGTH
8	Blue	Sat May 11	m	Sr.	81B	15	35	SCOTT Matt	280	BAY STATE BARBELL CLUB
						22	25	BEDNAR Thomas	279	GARAGE STRENGTH
						49	24	RANDOLPH JEREMY	284	Gryphon Strength Barbell
						60	27	SANCHEZ Tylor	281	Strength Academy Weightlifting
						90	31	BRIGGS Jeremy	283	Kim Barbell
						161	33	AVERSA Domenic	283	
						251	25	ELLER Daniel	278	West Michigan Muscle
						317	37	DEVEREUX Justin	281	EAST COAST GOLD W/L TEAM
						360	26	NOX Taylor	283	REDLINE ATHLETICS
						403	29	WILSON Jack	283	True Strength Performance Weightlifting
9	Red	Sat May 11	f	Sr.	59B	36	24	MERLAN Rachel	175	Academy of Weightlifting
						92	39	BLIGH Laura	175	CHFP WEIGHTLIFTING CLUB
						135	24	ROSSI Mary	176	BlueWave Weightlifting
						141	26	COLWELL Alexa	180	Anthem Barbell
						146	25	MERCIER Nicole	170	DAYTON BARBELL CLUB
						172	27	MILLER Kay Cee	176	BROOKLYN BARBELL CLUB
						205	22	SALISBURY Lily	176	CATALYST ATHLETICS
						209	27	SINCHOK Rebecca	177	PSP WEIGHTLIFTING
						215	21	MUSGROVE Cassidy	170	Florida Elite
						334	23	ZACH Siera	172	Climate Barbell Club
9	Blue	Sat May 11	m	Sr.	81A	32	25	MARTINEZ Ruben	300	
						56	27	ANDERSON Cody	300	CATALYST ATHLETICS
						151	31	COOPER Travis	320	EAST COAST GOLD W/L TEAM
						220	34	JENKINS Jeffrey	295	HUMBLE BEAST BARBELL CLUB
						225	29	MARKS Jason	295	LIFT 6 FOR 6 BARBELL CLUB
						239	29	WILLIAMS Jeffrey	300	GREAT LAKES BARBELL CLUB
						248	27	BALTIMORE Jeffrey	290	Fourteen Forty Strength
						274	21	MITCHENER Cameron	295	Florida Elite
						283	23	FRIES Troy	293	Hydraulic Barbell
						404	23	MARQUEZ Marc	287	STONEAGE WEIGHTLIFTING CLUB

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Sess	Pfm	Date	Sex	Group	Cat	Lot	Age	Name	Total	Team
10	Red	Sat May 11	f	Sr.	59A	9	27	HAIDER Adrienne	188	Undisputed
						65	27	FISHER Nicole	180	Florida Elite
						89	22	BERGENTHAL Lucy	180	UW - LA CROSSE WEIGHTLIFTING CLUB
						128	27	SALLOME Emily	185	Salvatore Strength
						155	32	MCLENDON JUMPER Sarabeth	200	CATALYST ATHLETICS
						213	32	SIOLKA Lindsay	190	INVICTUS ATHLETE WEIGHTLIFTING CLUB
						227	30	LUCERO Jessica	205	Academy of Weightlifting
						285	33	EMERY Joelle	187	LILY WEIGHTLIFTING
						294	24	ELAM Hunter	205	MASH MAFIA WEIGHTLIFTING
						321	38	BREWER Kristi	195	Team Juggernaut
						397	39	FOREST Jocelyn	186	CATALYST ATHLETICS
						406	31	LEBLANC-BAZINET Camille	195	FRONT RANGE WLC
						10	Blue	Sat May 11	m	Sr.
79	26	LIGON Douglas	295	GRIND HOUSE BARBELL						
132	23	SWORDS James	293	TEAM HOUSTON						
150	23	BATOR Andrew	290	MISSISSIPPI BARBELL						
152	24	ROBLES Benson	297	Florida Elite						
166	26	ROGERS Benjamin	290	BlueWave Weightlifting						
184	32	SMITH Jarred	290	Providence Barbell Club						
193	33	CRAVEN Michael	290	Aspire Athletic Performance						
222	26	LITTAUER Nathanael	290							
245	30	WARE Daniel	296	Lazarus Barbell						
252	20	JONES Matthew	290	GARAGE STRENGTH						
343	20	SCHADE Tyler	292	GARAGE STRENGTH						
384	26	YOUNG Christopher	290	Alee Athletics						
11	Red	Sat May 11	f	Sr.	64B	10	26	HODGE Alana	183	Rep Max Performance
						68	25	CLOOKEY Stephanie	186	MID MISSOURI WEIGHTLIFTING CLUB
						87	28	HARRIS Frankie	187	SPXF Barbell
						109	26	HOFFMAN Emma	182	EAST COAST GOLD W/L TEAM
						137	26	STEPHENS Taylor	183	ALLSOUTH Barbell
						154	28	FAUST Erica	187	BEAUMONT BARBELL CLUB
						181	35	CARLBERG Angela	185	DC WEIGHTLIFTING CLUB
						345	33	KRANZ Megan	186	Florida Elite
						357	27	TUBBS Brianna	184	
						366	33	MUNSELL Megan	189	EAST COAST GOLD W/L TEAM
11	Blue	Sat May 11	m	Sr.	89A	54	28	DOWNEY John	330	Academy of Weightlifting
						57	24	MORALES Jonathan	303	Wingman Barbell Club
						77	26	ELBERT Griffin	300	LIFT LAB
						99	25	MCDONALD Charles	317	EAST COAST GOLD W/L TEAM
						149	29	HUYNH Nguyen	312	People's Republic of The Dojo
						180	26	TOAL Ken	308	REDZONE WEIGHTLIFTING CLUB
						246	35	TOWNSEND James	315	Team Juggernaut
						264	30	TATUM James	312	EAST COAST GOLD W/L TEAM
						304	28	ELAM II Onzy	300	CHFP WEIGHTLIFTING CLUB
						329	25	BROWN Beau	300	Heartland Strength
						341	24	STEMO Nathan	315	MILWAUKEE BARBELL WEIGHTLIFTING CLUB
						372	33	NORTH Jonathan	304	
375	29	BLACKWELL Robert	340	CALIFORNIA STRENGTH						

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12	Red	Sat May 11	f	Sr.	64A	39	26	GARCIA December	190	MASH MAFIA WEIGHTLIFTING	
						43	32	VOZOBULE Morgan	189	LIBERTY BARBELL CLUB	
		Weigh In 4:50 pm				123	27	BROWNLOW Victoria	190	TEAM PRAXIS	
						129	27	GUNNIN Danielle	200	Atlas Weightlifting Club	
						214	23	FLEMING Allison	194	Florida Elite	
						223	30	POPE Kristin	195	CATALYST ATHLETICS	
						250	30	FARMER Heather	206		
						Start 6:50 pm	368	28	GAAB Marissa	196	CHFP WEIGHTLIFTING CLUB
							405	31	LONG Jaclyn	201	RVA Weightlifting
						12	Blue	Sat May 11	f	Sr.	71C
83	34	SMITH Cassandra	185	Verdant Barbell							
Weigh In 4:50 pm	120	25	TALLMAN Allee	185	Anthem Barbell						
	121	27	SWISHER Zina	185	Out of Step Barbell						
	158	24	ESTEP Ashley	185	Team SAW						
	177	34	LEE Kerri	185							
	196	24	JARAMILLO Cougar	185	EAST COAST GOLD W/L TEAM						
	Start 6:50 pm	235	33	PRESSLEY Challen	185			Marin Heavy Athletics			
		292	23	HUDSON Kendall	185						
	354	23	DUNCAN Francesca	185							
13	Red	Sun May 12	f	Sr.	71B	2	24	BARRON Abby	189	STONEAGE WEIGHTLIFTING CLUB	
						41	30	THARP Chelsey	186	REDLINE ATHLETICS	
		Weigh In 6:00 am				147	21	MARCHILDON Mackenzie	188	4 Star Strength	
						179	26	RODE Anna	193	LILY WEIGHTLIFTING	
						244	30	KNOTE Stephanie	190	BlueWave Weightlifting	
						271	24	ROHR Estelle	196	EAST COAST GOLD W/L TEAM	
						299	32	CHMURA Victoria	200	PSP WEIGHTLIFTING	
						Start 8:00 am	315	25	FERGUSON Elyse	188	POWER AND GRACE PERFORMANCE.
							385	32	TAYLOR Carey	195	BASA Weightlifting
						13	Blue	Sun May 12	m	Sr.	96B
140	29	DURHAM Chase	303	SPOON BARBELL CLUB							
Weigh In 6:00 am	171	29	FRAZIER Nicholas	304	TEAM NORWOOD						
	183	35	JOYNER Micheal	303							
	189	27	ROBISON Kody	309	Southern California Weightlifting Club						
	284	23	COMEFORD Austin	305	EAST COAST GOLD W/L TEAM						
	374	30	BUCKWALTER Ross	303	Horsepower Strength Weightlifting Club						
	Start 8:00 am	390	33	COLWELL Brennen	305			Anthem Barbell			
		6	24	ROGERS Martha (Mattie)	230			Florida Elite			
	14	Red	Sun May 12	f	Sr.			71A			
144						26	MOUNCE Jessica		209	POWER AND GRACE PERFORMANCE.	
Weigh In 8:00 am			145			32	LACHANCE Alexandra		216	Team Juggernaut	
			195			24	ANDERSON Kaley		205	Florida Elite	
			247			27	BRIDGEMON Jusilla		204	FORTIUS WEIGHTLIFTING	
			293			22	PARK Mariah		201	PITTSBURGH BBC	
			296			28	SUEVER Lauren		203	COFFEE'S GYM	
			Start 10:00 am			396	29		SEAMON Jillian	207	EAST COAST GOLD W/L TEAM
						47	29		BADALI Salvatore	314	EAST COAST GOLD W/L TEAM
			14			Blue	Sun May 12		m	Sr.	96A
259	37	SABATINI Phil		340	EAST COAST GOLD W/L TEAM						
Weigh In 8:00 am	325	23		DAMRON Nathan	350		MASH MAFIA WEIGHTLIFTING				
	362	27		KIMM Trevor	320		LIFT LAB				
	370	22		KOSKI Jay	326		West Michigan Muscle				
	393	23		CUICCHI Trevor	340		Alee Athletics				

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15	Red	Sun May 12	f	Sr.	76A	29	30	HICKMAN Laura	200	4 Star Strength
						53	32	HARRIS Tayler	209	HEAVY METAL BARBELL
						73	31	ALEXANDER Laura	196	CATALYST ATHLETICS
						82	29	GEBHARDT Molly	191	Craft Weightlifting
						101	28	BOYD Carol	191	
						185	27	CROOKS Hannah	196	Florida Elite
		208				25	PIETRZYKOWSKI Chelsea	192	MCKENNA'S GYM	
		240				25	BREMNER Aria	205	HARRISBURG WEIGHTLIFTING CLUB	
		254				23	MOURAD Magan	191	8 MILE BARBELL	
		280				28	ESONU Uchechi	194	INDUSTRIOUS BARBELL CLUB	
		295				29	FORD Ariel	214		
		300				27	VEGA Maritza	198	LIFT 6 FOR 6 BARBELL CLUB	
		308				31	COOKE Faith	191	ATHLEO BARBELL CLUB	
		311				32	POETH Samantha	200	TEAM HOUSTON	
		326				28	ABERSON Shanna	191	The Station Weightlifting Club	
		328				23	JOHNSON Shacasia	230		
		380				21	LAMAY Sadie	191	WEBER STATE WEIGHTLIFTING	
		15				Blue	Sun May 12	m	Sr.	102A
91	27		SHUTTLEWORTH Douglass	340	GARAGE STRENGTH					
104	28		BASTIEN Stanley	306	BlueWave Weightlifting					
188	21		BURKS Zackary	336	WESLEY WEIGHTLIFTERS					
207	31		EDWARDS Luke	320	Krypton Barbell					
224	26		SIMMONS Beau	310	Five Rings Weightlifting					
238	28		MEYER Justin	345	TEAM MONTANA					
255	24		LUDWIG Connor	320	Notch 8 Barbell Club					
310	28		DECRISTOFARO Anthony	320	ALLSOUTH Barbell					
340	31		LATELLA Adam	305	Northern Michigan - Olympic Training Site					
352	28		HARTMAN Travis	320	PINNACLE WEIGHTLIFTING					
398	25		DAVIS Anthony	320	West Michigan Muscle					
401	28	DECKER Justin	315	Undisputed						
16	Red	Sun May 12	f	Sr.	81A	26	24	KASS Kayla	198	Southern California Weightlifting Club
						112	31	SFAMURRI Briana	215	PHILADELPHIA BARBELL
						186	21	IRLBECK Bianca	193	N. HIGHLAND WEIGHTLIFTING CLUB
						257	27	LAWRENCE Lana	196	Full Tilt Weightlifting
						260	35	KENDAL Courtney	210	DOG HOUSE WEIGHTLIFTING
						297	32	SCHRAGE Jennifer	201	Optimus Barbell Club
		346				22	BRADLEY Jessie	230	POWER AND GRACE PERFORMANCE.	
		350				31	DOWGIN Samantha	193	MASH MAFIA WEIGHTLIFTING	
		356				32	MERRITT Emily	193	EAST COAST GOLD W/L TEAM	
		364				30	VANLINT Paige	193	TEAM O.C.	
		365				28	SCOTT Paige	193	LIFT LAB	
		388				30	ALLEN Alyssa	205		

2019 USAW National Championships Start List

Sess	Pfm	Date	Sex	Group	Cat	Lot	Age	Name	Total	Team
16	Blue	Sun May 12	m	Sr.	109A	17	25	THOMPSON Drake	335	Dayton Weightlifting
						78	29	KRETZMANN Daniel	308	Team SAW
						98	31	PUDENZ Jacob	335	CALIFORNIA STRENGTH
						163	25	WISEMAN Kevin	330	BlueWave Weightlifting
						170	22	COOPER Dylan	330	CALIFORNIA STRENGTH
						174	33	DUER Thomas	335	EAST COAST GOLD W/L TEAM
						204	23	MEDINA Alejandro	330	UNIVERSITY OF WISCONSIN - WHITEWATER WLC
						228	27	BAKER Edward	321	TEXAS BARBELL CLUB
						253	28	MATTRELLA Jacob	320	ALLSOUTH Barbell
						305	36	ETHIER David	309	Providence Barbell Club
						322	32	RUSSELL Daniel	320	EAST COAST GOLD W/L TEAM
						351	28	BAKER JAKE	340	DELTA WEIGHTLIFTING
						358	27	CAHOY Austin	327	Team Juggernaut
						395	30	RAMOS Carlos	311	Trojan Weightlifting
						17	Red	Sun May 12	m	Sr.
30	31	LEKA Noel	325	Florida Elite						
52	30	GREENSTONE TJ	340	EAST COAST GOLD W/L TEAM						
86	27	BRIMHALL Josep	340							
102	41	SEVCIK Shane	311	Sevcik Strength						
117	24	WITTE Keiser	370	Alee Athletics						
160	40	STARKS Jason	337	CALIFORNIA STRENGTH						
194	25	MORGAN Joshua	311							
197	31	RUIZ Aniceto	320							
266	23	RIEDEL Mark	311	Dayton Weightlifting						
272	23	SHIRONAKA Nickolas	311	OKC BARBELL CLUB						
279	26	HUSE Zachary	321	EAST COAST GOLD W/L TEAM						
379	22	FLORES Cesar	325	Sage's Gym						
391	32	RUSTMAN Jack	322	SAYRE PARK WLC						
17	Blue	Sun May 12	f	Sr.	87A					
						107	29	BENNETT Lauren	219	PERFORMANCE ONE WEIGHTLIFTING
						130	30	BARITO Laura	198	EAST COAST GOLD W/L TEAM
						159	27	PARKER Emelie	204	Little League Weightlifting
						261	27	KLEINSCHMIDT Samantha	220	CATALYST ATHLETICS
						275	29	SPRING Rachel	194	PHILADELPHIA BARBELL
						276	33	MCGILLIVRAY Deanna	203	Strength Academy Weightlifting
						291	27	HOBBS Kara	198	SPOON BARBELL CLUB
						327	26	BRADLEY Megan	194	Southern California Weightlifting Club
						367	21	ERISMAN Lindsay	202	BARBARIAN BARBELL CLUB
383	27	KIMBALL Holly	194	Georgia Heavy Athletics						
18	Blue	Sun May 12	f	Sr.	+87A	20	30	ELLIOTT Brittany	195	PHILADELPHIA BARBELL
						51	19	MILLER Mackenzie	215	Out of Step Barbell
						64	29	WONG Natalie	220	Anthem Barbell
						192	26	WARREN McKenzie	200	Concordia Cavaliers Weightlifting
						203	30	HOUGHTON Jennifer	202	EAST COAST GOLD W/L TEAM
						212	32	QUINN Caitlin	200	PSP WEIGHTLIFTING
						218	25	ERICKSON Kristen	200	PHILADELPHIA BARBELL
						234	31	MOLLIS Tina	200	CINCINNATI WEIGHTLIFTING CLUB
						282	31	ROBLES Sarah	220	TEAM HOUSTON
						361	32	EAGEN Abigail	200	WAXMAN'S GYM WEIGHTLIFTING CLUB
						389	26	KALLMEYER Katlin	195	CATALYST ATHLETICS