

**2017 American Open Finals - Anaheim, CA**

**Thursday December 7, 2017**

**Training On-Site, Athlete Check In & Check Scale - OPEN AT 2pm**

Verification of Final Entries Meeting - 2.30pm to 3.00pm

**Women in Weightlifting: How to become an Olympian - 3.00pm to 3.30pm**

Referee Briefing - 3.30pm

New Athlete & Coach Briefing - 4.30pm

USADA All-Athlete Briefing - 5.30pm

MEDIA PARTNERS BRIEFING - 7.30pm

Technical Conference - 8pm

**Friday December 8, 2017**

Date	Sess	Plat	Weigh	Time	Gender	Wt Cat's (Kgs)	Entry Total From/To	Number of Lifters
Friday December 8, 2017	1	Red	6:00 AM	8:00 AM	M	62 Kg B	190kg to 215kg	16
		White	6:00 AM	8:00 AM	F	48 Kg C	105kg to 130kg	13
		Blue	6:00 AM	8:00 AM	F	53 Kg E	117kg to 145kg	13
	2	Red	8:30 AM	10:30 AM	M	56 Kg A	166kg to 239kg	14
		White	8:30 AM	10:30 AM	F	48 Kg B	130kg to 140kg	13
		Blue	8:30 AM	10:30 AM	F	53 Kg D	145kg to 146kg	13
	3	Red	10:40 AM	12:40 PM	M	69 kg D	193kg to 235kg	12
		White	10:40 AM	12:40 PM	F	48 Kg A	140kg to 174kg	13
		Blue	10:40 AM	12:40 PM	F	53 Kg C	147kg to 150kg	13
	4	Red	12:50 PM	2:50 PM	M	69 kg C	235kg to 240kg	12
		White	12:50 PM	2:50 PM	M	62 Kg A	218kg to 263kg	15
		Blue	12:50 PM	2:50 PM	F	53 Kg B	150kg to 158kg	13
	5	Red	3:00 PM	5:00 PM	M	69 kg B	245kg to 251kg	12
		White	3:00 PM	5:00 PM	M	77 Kg D	220kg to 262kg	13
		Blue	3:00 PM	5:00 PM	F	53 Kg A	158kg to 222kg	13
	6	Red	5:00 PM	7:00 PM	M	69 Kg A	256kg to 322kg	12
		White	5:00 PM	7:00 PM	M	77 Kg C	262kg to 267kg	12
		Blue	5:00 PM	7:00 PM	F	58 Kg D	142kg to 158kg	15
<b>Saturday December 9, 2017</b>	<b>Sess</b>	<b>Plat</b>	<b>Weigh</b>	<b>Time</b>	<b>Gender</b>	<b>Wt Cat's (Kgs)</b>	<b>From/To</b>	<b>Number of Lifters</b>
<b>Date</b>								
Saturday December 9, 2017	7	Red	6:00 AM	8:00 AM	F	58 Kg C	158kg to 163kg	15
		White	6:00 AM	8:00 AM	M	77 Kg B	268kg to 276kg	12
		Blue	6:00 AM	8:00 AM	M	85 Kg C	215kg to 280kg	15
	8	Red	8:10 AM	10:10 AM	F	58 Kg B	163kg to 170kg	15
		White	8:10 AM	10:10 AM	M	77 Kg A	277kg to 333kg	12
		Blue	8:10 AM	10:10 AM	M	85 Kg B	280kg to 283kg	15
	9	Red	10:20 AM	12:20 PM	F	58 Kg A	171kg to 208kg	15
		White	10:20 AM	12:20 PM	F	69 Kg D	148kg to 177kg	16
		Blue	10:20 AM	12:20 PM	F	63 Kg D	150kg to 170kg	13
	10	Red	12:40 PM	2:40 PM	F	69 Kg C	177kg to 182kg	15
		White	12:40 PM	2:40 PM	M	85 Kg A	290kg to 340kg	14
		Blue	12:40 PM	2:40 PM	F	63 Kg C	170kg to 178kg	12
	11	Red	2:50 PM	4:50 PM	F	69 Kg B	182kg to 193kg	15
		White	2:50 PM	4:50 PM	M	94 Kg D	214kg to 285kg	15
		Blue	2:50 PM	4:50 PM	F	63 Kg B	180kg to 188kg	12
	12	Red	5:00 PM	7:00 PM	F	69 Kg A	196kg to 239kg	15
		White	5:00 PM	7:00 PM	M	94 Kg C	285kg to 291kg	15
		Blue	5:00 PM	7:00 PM	F	63 Kg A	190kg to 216kg	12
<b>Sunday December 10, 2017</b>	<b>Sess</b>	<b>Plat</b>	<b>Weigh</b>	<b>Time</b>	<b>Gender</b>	<b>Wt Cat's (Kgs)</b>	<b>From/To</b>	<b>Number of Lifters</b>
<b>Date</b>								
Sunday December 10, 2017	13	Red	6:00 AM	8:00 AM	M	105 Kg C	257kg to 295kg	15
		White	6:00 AM	8:00 AM	F	75 Kg C	169kg to 181kg	13
		Blue	6:00 AM	8:00 AM	F	90 Kg C	169kg to 185kg	14
	14	Red	8:00 AM	10:00 AM	M	94 Kg B	292kg to 305kg	15
		White	8:00 AM	10:00 AM	F	75 Kg B	182kg to 200kg	12
		Blue	8:00 AM	10:00 AM	F	90 Kg B	186kg to 197kg	13
	15	Red	10:00 AM	12:00 PM	M	94 Kg A	310kg to 371kg	14
		White	10:00 AM	12:00 PM	F	75 Kg A	200kg to 238kg	12
		Blue	10:00 AM	12:00 PM	M	105 Kg B	295kg to 308kg	15
	16	Red	12:00 PM	2:00 PM	M	+105 Kg B	260kg to 310kg	15
		White	12:00 PM	2:00 PM	F	90 Kg A	197kg to 229kg	13
		Blue	12:00 PM	2:00 PM	M	105 Kg A	310kg to 376kg	15
	17	Red	2:00 PM	4:00 PM	M	+105 Kg A	313kg to 392kg	14
		White	2:00 PM	4:00 PM	F	+90 Kg A	159kg to 275kg	13
		Blue	2:00 PM	4:00 PM				