



Path to the Podium
Step-by-Step
Guide to the Selection System
2017 - 2020

Lance Williams
Associate Executive Director, Sport

November, 2016

Note: 2018 Youth Olympic Games, 2019 Pan American Games and 2020 Olympic Games selection procedures will be published separately as Games events require USOC approval and ownership

The USA Weightlifting Board of Directors has approved this Step-by-step Guide for use in 2017 as of November 21, 2016 with the understanding that adjustments would be necessary from time to time. This November 21, 2016 version replaces the most recent guide of April 1, 2016.

Lance M. Williams, M.A.

Associate Executive Director, Sport

Office Phone: (719) 866-2281
Cell Phone: (719) 439-3910
FAX: (719) 866-4741
Email: lance.williams@usaweightlifting.org

USA Weightlifting

Business Hours: Monday through Friday
8:00 AM – 5:00 PM (MST)

Address: USA Weightlifting, Inc.
One Olympic Plaza
Colorado Springs, CO 80909

Website: <http://weightlifting.teamusa.org>
Email: usaw@usaweightlifting.org

Purpose

The purpose of this document is to provide athletes, coaches and officials a step-by-step outline to qualifying for international events and becoming a member of Team USA's Weightlifting Team.

Philosophy on Team USA selection:

USA Weightlifting has been given the responsibility by the United States Olympic Committee to Govern the Sport of Weightlifting in the United States of America. One of USAW's duties is to put forth International Teams to represent the USA.

Although Weightlifting can easily be thought of as an individual sport, our Olympic Participation (or Olympic Slots) is determined by team success at certain competitions. Therefore, we will select our teams with individuals that give us the best opportunity to place high and score points for team success.

We expect the individuals selected to perform in a manner that optimizes Team USA Scoring over individual goals or individual success.

Step 1 Minimum Qualifications

To be considered for an international team you must meet the following minimum requirements:

You must be a United States of America Citizen.

Athletes must be citizens of the United States to be eligible to compete for Team USA, if dual citizenship is held, your sport nationality must be registered as the United States with the IWF or other applicable body

You must have a valid United States of America Passport

An athlete must possess a USA passport with an expiration date of a minimum of 6 months after the end of the competition, or the entry requirement of the host nation, whichever is the greater.

You must have been in the United States Anti-Doping (USADA) Random Testing Pool (RTP) for 6 months.

If you have not made yourself available for USADA's RTP, please do so immediately. USA Weightlifting has taken a stand for a doping free sport and we require all of our international athletes to have been available for testing for minimum of 6 months prior to competing in any international competition.

You must be the Correct Age for the Competition

The IWF recognizes four (4) age groups

- Youth 13-17 years of age
- Junior 15-20 years of age
- Senior 15+ years of age
- Masters 35+ years of age

All groups are calculated based on a participant's age on December 31 of the year the competition takes place.

- **You must also comply with all requirements of the applicable governing body.**

Note: USA Weightlifting Masters Committee guide selections for Masters will apply.

For Olympic Games and Youth Olympic Games, the relevant International Olympic Committee and International Weightlifting Federation Rules will apply.

For International University Sports Federation (FISU) governed events, the relevant FISU Rules will apply.

- **Other Requirements**
Athletes must be current members of USA Weightlifting and in good standing in order to compete.

Step 2 Make a total for Qualifying Competitions

- Each International Competition has designated *Qualifying Events* and specific *Qualification Periods* to be used to determine qualification. Please check **Appendix A** or www.teamusa.org/USA-Weightlifting for that specific information.
- Each Qualifying Competition has a *Qualifying Total* that must be reached in a USAW sanctioned event for an athlete to be eligible to compete. The certified official results must be on file with USAW. If you have met the Qualifying Total for the Qualifying Event and meet all eligibility requirements, then you may enter and compete. (Please see www.teamusa.org/USA-Weightlifting for up-to-date Qualifying Totals for events).

If a previously unidentified IWF sanctioned event arises (i.e. IWF Grand Prix) during the Qualification Period, USAW may consider those verified results for making an International Squad if approved by the Team Selection Committee, provided that the event takes place during the specified Qualification Period for the specified International Competition for the age group concerned.

Note: For selection to IWF Grand Prix events, or other ad-hoc events, selection will be based on selection committee discretion based upon expressions of interest in that event. Priority will be given to previously ranked athletes who have not yet competed in that qualifying period. A minimum standard of 25th place of the World Championships (10th place for Youth or Junior age groups) is required. Selection Committee will use data analysis, and any need

for personal eligibility qualification as a basis for decisions. Athletes not selected will receive a detailed written explanation for the reasons for selection.

Step 3 Making a Total of Consequence

USAW uses a Place and Score Projection to determine the athletes who give Team USA's best chance to compete for Team Points in any given International Competition. This is done by averaging results from previous years to set a relative event result. That standard is used to determine where the qualifying totals stack up against the relative projection for that International Competition. (Please see **Appendix B** for the appropriate Place and Score Projection).

The following example (Figure 1) would be an example of an aggregate Place and Score Projection for a given competition.

This sample competition allows Team USA to enter 8 men and have 2 identified alternates. We are only allowed to enter a maximum of 2 athletes per weight category.

The chart shows the totals recorded from the Qualifying Events during the Qualifying Period. USAW will select 12 athletes (or more in the case where athletes may be tied) to join the International Squad. The athletes in highlighted in green and red in this case would receive an invitation to join the International Squad based on their ability to Place and Score for Team USA.

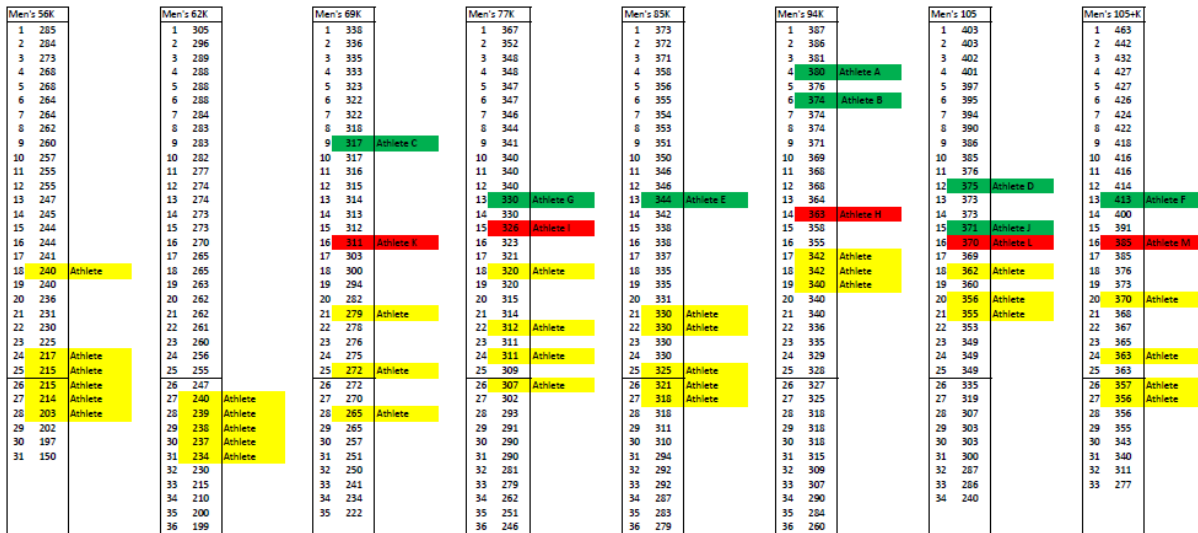


Figure 1

A current Aggregate Place and Score Chart with athlete totals will be posted on our website following the appropriate Qualifying Events so that athletes, coaches, and officials can see the same chart used by USAW.

Where two athletes are tied, the tie breaker to establish an initial ranking is % of the higher placement. Where two athletes are tied, those tying will be invited into the international team squad as discussed below.

Where an athlete achieves a total which applies to more than one historic placement they will be credited with the higher placement.

Step 4 Receiving an invite to the International Squad

- Typically, 8 men + 4 Reserves and 8 women and a minimum of 4 Reserves will be invited to join the initial International Squad, provided that anyone invited must accept the invitation under the terms and conditions set forth in the invitation. Further, an athlete's position on the International Squad is subject to replacement due to (i) injury, (ii) illness, (iii) lack of readiness prior to the competition, or (iv) opportunity. Each of these elements is discussed in more detail below. Finally, as discussed below, the final International Team will consist of 8 men and 2 reserves or 8 women and 2 reserves.

Note: If an individual qualifies for more than one international competition in a three-month period, USA Weightlifting reserves the right to decline inviting the athlete so as to not encourage over-training.

Step 5 Completing a readiness plan for competition

- A Competition Readiness Plan will be agreed upon by the Technical Director—National Teams, the Personal Coach and the Athlete for the interim period up to 3 weeks prior to the International Competition. The Readiness Plan will include the training plan and readiness markers for competition.

Step 6 International Team Selection

- Three (3) Weeks prior to the competition the team members and alternates/reserves (8+2 per gender) will be determined by the Team Selection Committee for the particular International Competition. It will also be determined if the alternates will travel with the team or not. Personal Coaches are always welcome and are encouraged to travel with their athletes to the competition (but which may be at the coaches own expense), provided they meet the necessary deadlines and requirements to join the delegation and obtain proper credentials.

Reserves will be determined by the Team Selection Committee based

upon team needs, and may include a category that has two per weight category already on the team.

In some cases, a pre-competition training camp may be planned. Team selection will be reviewed by the Team Selection Committee based on performance in the training camp. The Team Selection Committee will be consulted for final Team Selections and may make changes to the final Team Selection to maximize the potential for Team success.

Step 7 Competition

- In preparation for a Competition, the Technical Director—National Teams and coaching staff (including the Personal Coach) will outline the appropriate lift strategy to score the most points by maximizing placement for USA.

Team Selection Committee- The Team Selection Committee will be chaired by the Technical Director—National Teams. It will have four additional members: (i) an athlete representative who meets the USOC definition and who is selected by the USA Weightlifting Nominating & Governance Committee. To avoid the potential for a conflict of interest, it is strongly encouraged that the athlete representative to the Team Selection Committee be a retired athlete; (ii) a Coach, appointed by the Coaching Committee; (iii) the AED Sport; and (iv) a representative appointed by the USOC. Anyone who coaches a nationally ranked athlete or who is related to a nationally ranked athlete will be considered to have a conflict of interest in the selection of team members and will not be eligible to serve on the Team Selection Committee.

The role of the Team Selection Committee is to select the top 8 men and top 8 women for a competition based on their ability to place and score giving Team USA the best potential to score team points. Two alternates/reserves will be selected for the men's team as well as the women's team. The criteria for the alternates is the same as team members. The committee will determine if the reserves will travel based on injury, illness, readiness of team members, or opportunity. The default selection will be the Top 8 by place and score. The Team Selection Committee is required to give a detailed written explanation of their rationale for any substitutions.

Provisions for substitutions:

Injury- An athlete may be replaced if an independent doctor appointed by the Team Selection Committee determines that he/she is unable to perform to his or her potential due to an injury, placing the team in a compromising position in terms of scoring. Refusal to be examined by the appointed doctor can also be grounds for replacement on the Team.

Illness- An athlete may be replaced if an independent doctor appointed by the Team Selection Committee determines that he/she is unable to perform to his or her potential due to an illness, placing the team in a compromising position in terms of scoring. Refusal to be examined by the appointed doctor can also be grounds for replacement on the Team.

Lack of Readiness. An athlete may be replaced if he/she has not satisfied the terms and conditions of his or her Competition Readiness Plan, such that the Team Selection Committee determines that another athlete is better prepared to help the U.S. Team to place high and score points for Team success.

Opportunity- An athlete may be replaced if circumstances change due to new or revised information such that the Team Selection Committee determines that another athlete is more likely to help the U.S. Team to place high and score points for Team success. For example, the entry list for an event may change the Team Selection Committee's calculations of which athletes are more likely to score points, and the Team Selection Committee may replace an athlete based on this new information.

Funding- Some of the International Teams are funded by USAW while others are self-funded. Please check Appendix A to see funding specifications.

Reasons for Removal- USAW reserves the right to remove any athlete that violates the Code of Conduct Policy or USAW Code of Ethics, or who commits a violation of the applicable anti-doping rules.

Choice- An athlete has the choice to accept the invitation to join the International Squad. There are no consequences for declining an invitation.

Outlined are the general strategies for the 2017 International Competition Season. The Sport Performance Team will be reviewing our strategies on a constant basis. The goal to place and score for Team USA will remain the same but means to assess and achieve may change. USAW further reserves the right to change these rules in the event that the IWF or IOC changes any applicable rules. USAW will notify athletes and coaches promptly of any such changes.

Appendix A International Team Qualification Events and Periods

Qualifying for:	Qualification Period		Qualification Events	Date
2017 Pan Am Team, Miami FL-- July 23-27, 2017 (Funded)	Start 12/7/2016	End 5/14/2017	American Open American Open Series I National University/U25 National Championships	Dec 7-10, 2016 March, 2016 April 6-9, 2017 May 11-14, 2017
2017 IWF World Team Anaheim, CA—Dec, 2017 (Funded)	4/6/2017	9/2017	National University/U25 National Championships Pan American Championships American Open Series II American Open Series III	April 6-9, 2017 May 11-14, 2017 July 23-27, 2017 July 28-30, 2017 TBD
2018 Pan Am Team TBD—July, 2018 (Funded)	12.7.2017	May 2018	IWF World Championships American Open Series Final American Open Series I National University/U25 National Championships	Dec, 2017 Dec, 2017 March 2018 April 2018 May 2018
2018 IWF World Team Lima, Peru--Nov, 2018 (Funded)	Apr 2018	Sep 2018	National University/U25 National Championships Pan American Championships American Open Series II American Open Series III	April 2018 May 2018 July 2018 July 2018 Sept 2018
Qualifying for:	Qualification Period		Qualification Events	Date
2017 FISU World Uni Games, Taipei City, TPE - July 2017 (Self-Funded)	Start 12/7/2016	End 4/9/2017	American Open American Open Series I National University/U25	Dec 7-10, 2016 March, 2016 April 6-9, 2017
2018 FISU World Uni Champ November 2018 (Self-Funded)	Apr 2018	Sep 2018	National University/U25 National Championships Pan American Championships American Open Series II American Open Series III	April 2018 May 2018 July 2018 July 2018 Sept 2018
Qualifying for:	Qualification Period		Qualification Events	Date
2017 Junior Pan Am Team Guayaquil, Ecuador— Apr 30- May 7, 2017 (Funded)	Start 12/7/2016	End 2/26/2017	American Open Junior Nationals	Dec 7-10, 2016 Feb 23-26, 2017
2017 Junior Worlds Team Tokyo, Japan— June 16-23, 2017 (Funded)	12/7/2016	2/26/2017	American Open Junior Nationals	Dec 7-10, 2016 Feb 23-26, 2017
2018 Junior Pan Am Team TBD May, 2018 (Funded)	Sep 2017	Feb 2018	American Open Series III American Open Series Final Junior National Championships	Sept, 2017 Dec, 2017 Feb, 2018
2018 Junior World Team TBD May, 2018 (Funded)	Sep 2017	Feb 2018	American Open Series III American Open Series Final Junior National Championships	Sept, 2017 Dec, 2017 Feb, 2018

Appendix A (continued) **International Team Qualification Events and Periods**

Qualifying for:	Qualification Period		Qualification Events	Date
	Start	End		
2017 Youth World Team , Bangkok, Thailand— Apr 4-11, 2017 (Funded)	12/7/2016	2/26/2017	American Open Junior Nationals	Dec 7-10, 2016 Feb 23-26, 2017
2017 Youth Pan Am Team Argentina— Sept, 2017 (Funded)	2/23/2017	6/25/2017	Junior Nationals American Open Series I Youth World Championships National University/U25 National Championships Youth National Championships	Feb 23-26, 2017 March, 2016 April 4-11, 2017 April 6-9, 2017 May 11-14, 2017 June 22-25, 2017
2018 Youth Olympic Games Buenos Aires, ARG Oct 2018 (Funded)	Separate Doc	Separate Doc	Separate USOC Document	Separate USOC Document
2018 Youth Pan Am TBD – Apr 2018 (Anticipated) (Funded)	Dec 2017	Feb 2018	American Open Junior Nationals	Dec 2017 Feb 2018

Appendix B- Women's Seniors

48kg		53kg		58kg		63kg		69kg		75kg		90kg		+90kg	
Rank	Total	Rank	Total	Rank	Total	Rank	Total	Rank	Total	Rank	Total	Rank	Total	Rank	Total
1	179	1	202	1	216	1	231	1	246	1	246	1	253	1	259
2	178	2	196	2	210	2	217	2	226	2	235	2	244	2	253
3	170	3	186	3	205	3	214	3	223	3	230	3	237	3	248
4	168	4	182	4	198	4	207	4	212	4	227	4	234	4	233
5	161	5	179			5	200	5	207	5	223	5	230	5	228
6	159	6	173			6	195	6	206	6	212	6	219		
7	157	7	170			7	187	7	200						
8	154					8	182	8	194						
9	151							9	192						
								10	186						

Women Senior Pan Am Projection Ranking (2016, 2015, 2014 avg)

*90kg numbers determined using interpolation from the average numbers.

48kg		53kg		58kg		63kg		69kg		75kg		90kg		+90kg	
Rank	Total	Rank	Total	Rank	Total	Rank	Total	Rank	Total	Rank	Total	Rank	Total	Rank	Total
1	196	1	226	1	243	1	255	1	264	1	280	1	287	1	340
2	191	2	219	2	238	2	250	2	259	2	278	2	285	2	322
3	191	3	213	3	234	3	245	3	257	3	276	3	281	3	296
4	187	4	209	4	226	4	244	4	252	4	262	4	269	4	290
5	183	5	202	5	222	5	244	5	240	5	253	5	260	5	283
6	181	6	201	6	217	6	242	6	238	6	245	6	252	6	270
7	180	7	200	7	211	7	239	7	237	7	241	7	248	7	266
8	179	8	197	8	209	8	234	8	233	8	241	8	248	8	260
9	177	9	194	9	209	9	230	9	232	9	238	9	245	9	258
10	177	10	192	10	208	10	228	10	230	10	232	10	239	10	256
11	176	11	190	11	205	11	224	11	228	11	229	11	236	11	255
12	175	12	188	12	204	12	222	12	226	12	226	12	236	12	254
13	174	13	188	13	202	13	219	13	225	13	222	13	229	13	254
14	173	14	186	14	200	14	213	14	222	14	221	14	228	14	252
15	171	15	184	15	198	15	209	15	221	15	221	15	228	15	251
16	171	16	184	16	196	16	208	16	219	16	217	16	224	16	250
17	169	17	183	17	195	17	207	17	218	17	216	17	223	17	246
18	168	18	181	18	195	18	206	18	212	18	216	18	223	18	245
19	167	19	181	19	195	19	203	19	211	19	213	19	219	19	243
20	165	20	180	20	194	20	202	20	209	20	211	20	218	20	239
21	163	21	179	21	193	21	201	21	209	21	208	21	215	21	237
22	163	22	178	22	190	22	200	22	204	22	205	22	212	22	232
23	161	23	177	23	189	23	199	23	203	23	204	23	211	23	227
24	161	24	175	24	187	24	197	24	199	24	202	24	209	24	217
25	159	25	174	25	184	25	196	25	198	25	194	25	203	25	215

Women Senior World Projection Ranking (2015, 2014 avg)

*90kg numbers determined using interpolation from the average numbers.

Appendix B- Men's Seniors

56kg		62kg		69kg		77kg		85kg		94kg		105kg		+105kg	
Rank	Total	Rank	Total	Rank	Total	Rank	Total	Rank	Total	Rank	Total	Rank	Total	Rank	Total
1	265	1	299	1	329	1	342	1	358	1	368	1	385	1	408
2	256	2	284	2	315	2	338	2	351	2	360	2	374	2	385
3	251	3	274	3	298	3	327	3	344	3	352	3	370	3	375
4	245	4	267	4	292	4	322	4	337	4	342	4	359	4	359
5	237	5	265	5	288	5	319	5	331	5	340	5	356	5	346
6	232			6	284	6	316	6	320	6	337				
				7	281	7	311			7	333				
				8	277	8	308			8	327				
				9	268	9	299			9	323				
				10	261					10	314				
										11	303				

Men's Senior Pan Am Ranking (2016, 2015, 2014 avg)

56kg		62kg		69kg		77kg		85kg		94kg		105kg		+105kg	
Rank	Total	Rank	Total	Rank	Total	Rank	Total	Rank	Total	Rank	Total	Rank	Total	Rank	Total
1	299	1	329	1	353	1	369	1	391	1	406	1	426	1	458
2	299	2	315	2	339	2	363	2	388	2	399	2	421	2	447
3	290	3	313	3	338	3	357	3	382	3	392	3	416	3	436
4	286	4	307	4	337	4	353	4	374	4	386	4	407	4	433
5	274	5	300	5	326	5	349	5	372	5	384	5	400	5	430
6	269	6	295	6	325	6	344	6	369	6	380	6	397	6	427
7	269	7	292	7	322	7	341	7	366	7	378	7	396	7	427
8	264	8	285	8	320	8	340	8	363	8	377	8	395	8	424
9	263	9	283	9	319	9	339	9	362	9	375	9	394	9	424
10	263	10	282	10	318	10	338	10	358	10	371	10	391	10	418
11	261	11	279	11	315	11	335	11	355	11	369	11	383	11	414
12	259	12	279	12	314	12	334	12	353	12	368	12	383	12	410
13	257	13	278	13	313	13	333	13	351	13	368	13	380	13	408
14	253	14	277	14	312	14	333	14	349	14	360	14	377	14	405
15	249	15	277	15	311	15	333	15	347	15	359	15	376	15	402
16	249	16	275	16	310	16	331	16	345	16	356	16	376	16	398
17	248	17	275	17	307	17	330	17	341	17	355	17	373	17	396
18	247	18	272	18	306	18	329	18	340	18	347	18	369	18	392
19	247	19	271	19	304	19	328	19	336	19	347	19	368	19	388
20	246	20	270	20	304	20	325	20	336	20	346	20	367	20	386
21	243	21	270	21	301	21	324	21	335	21	344	21	364	21	383
22	243	22	268	22	300	22	323	22	334	22	341	22	364	22	375
23	241	23	266	23	299	23	322	23	333	23	337	23	359	23	373
24	236	24	264	24	296	24	320	24	332	24	334	24	358	24	366
25	236	25	264	25	295	25	319	25	331	25	329	25	356	25	355

Men Senior World Ranking (2015, 2014 avg)

48kg		53kg		58kg		63kg		69kg		75kg		90kg		+90kg	
Rank	Total	Rank	Total	Rank	Total	Rank	Total	Rank	Total	Rank	Total	Rank	Total	Rank	Total
1	173	1	197	1	227	1	227	1	229	1	249	1	256	1	289
2	164	2	189	2	204	2	218	2	214	2	244	2	251	2	268
3	161	3	180	3	200	3	212	3	209	3	217	3	224	3	241
4	158	4	174	4	198	4	208	4	206	4	208	4	215	4	237
		5	172	5	196	5	202	5	200					5	219
		6	168	6	189	6	198	6	195					6	210
				7	182	7	193	7	190						
				8	178	8	185								
				9	172	9	175								
				10	170	10	155								
				11	158										

University Games/Worlds Ranking for Women

*90kg numbers determined using interpolation from the average numbers.

56kg		62kg		69kg		77kg		85kg		94kg		105kg		+105kg	
Rank	Total	Rank	Total	Rank	Total	Rank	Total	Rank	Total	Rank	Total	Rank	Total	Rank	Total
1	254	1	294	1	317	1	348	1	342	1	372	1	374	1	414
2	240	2	280	2	313	2	327	2	337	2	355	2	370	2	406
3	236	3	269	3	308	3	322	3	321	3	345	3	359	3	390
4	223	4	259	4	295	4	315	4	314	4	336	4	340	4	371
5	223	5	247	5	285	5	309	5	310	5	323			5	364
				6	282	6	304	6	304	6	315			6	359
				7	278	7	298	7	299	7	306			7	308
				8	264			8	278						

University Games/Worlds Ranking for Men

Appendix B- Women's Junior

48kg		53kg		58kg		63kg		69kg		75kg		90kg		+90kg	
Rank	Total	Rank	Total	Rank	Total	Rank	Total	Rank	Total	Rank	Total	Rank	Total	Rank	Total
1	172	1	178	1	196	1	208	1	215	1	216	1	223	1	234
2	159	2	176	2	188	2	201	2	202	2	212	2	219	2	222
3	154	3	172	3	182	3	196	3	180	3	205	3	205	3	202
4	151	4	168	4	175	4	191	4	157	4	205	4	205	4	190
		5	167			5	166								
		6	149			6	139								

Women Junior Pan Am Ranking (2016, 2015, 2014 avg)

*90kg numbers determined using interpolation from the average numbers.

48kg		53kg		58kg		63kg		69kg		75kg		90kg		+90kg	
Rank	Total	Rank	Total	Rank	Total	Rank	Total	Rank	Total	Rank	Total	Rank	Total	Rank	Total
1	199	1	208	1	217	1	240	1	231	1	250	1	257	1	270
2	198	2	199	2	211	2	216	2	214	2	242	2	249	2	257
3	181	3	192	3	207	3	204	3	207	3	234	3	239	3	243
4	167	4	191	4	197	4	202	4	203	4	222	4	229	4	242
5	164	5	179	5	196	5	199	5	198	5	220	5	227	5	234
6	159	6	178	6	195	6	194	6	198	6	206	6	213	6	225
7	158	7	173	7	195	7	189	7	195	7	205	7	211	7	215
8	157	8	173	8	190	8	189			8	203	8	210	8	210
9	153	9	168	9	189	9	186			9	190	9	193	9	190
10	148	10	166	10	186	10	181			10	184	10	187		
11	139	11	165	11	185	11	179								
12	136	12	159	12	184	12	175								
13	132	13	152	13	180	13	171								
14	131	14	148	14	174	14	166								
				15	169	15	117								
				16	161										
				17	154										
				18	147										

Women Junior World Projection Ranking (2016, 2015 avg)

*90kg numbers determined using interpolation from the average numbers.

Appendix B- Men's Juniors

56kg		62kg		69kg		77kg		85kg		94kg		105kg		+105kg	
Rank	Total	Rank	Total	Rank	Total	Rank	Total	Rank	Total	Rank	Total	Rank	Total	Rank	Total
1	239	1	271	1	318	1	328	1	329	1	356	1	327	1	341
2	238	2	261	2	286	2	309	2	316	2	325	2	313	2	316
3	226	3	251	3	284	3	295	3	314	3	305	3	299	3	310
4	225	4	242	4	278	4	292	4	304	4	268	4	267	4	304
5	223	5	241	5	274	5	280	5	302	5	242	5	262	5	289
6	205	6	237	6	265	6	271	6	280	6	236	6	241		
7	195	7	227	7	231	7	264	7	265						
		8	212	8	224	8	259	8	243						
								9	213						

Men's Junior Pan Am Ranking (2016, 2015, 2014 avg)

56kg		62kg		69kg		77kg		85kg		94kg		105kg		+105kg	
Rank	Total	Rank	Total	Rank	Total	Rank	Total	Rank	Total	Rank	Total	Rank	Total	Rank	Total
1	270	1	293	1	327	1	340	1	359	1	373	1	380	1	413
2	252	2	283	2	317	2	332	2	353	2	369	2	378	2	394
3	247	3	277	3	308	3	328	3	345	3	359	3	371	3	381
4	243	4	274	4	302	4	327	4	341	4	357	4	367	4	376
5	241	5	273	5	300	5	327	5	334	5	338	5	360	5	372
6	234	6	263	6	298	6	322	6	327	6	336	6	352	6	367
7	230	7	262	7	294	7	315	7	326	7	322	7	345	7	363
8	227	8	255	8	290	8	311	8	324	8	321	8	330	8	352
9	214	9	253	9	285	9	309	9	321	9	320	9	314	9	343
		10	247	10	278	10	303	10	316	10	319	10	305	10	324
		11	240	11	276	11	299	11	313	11	309				
				12	275	12	294	12	308						
				13	267	13	290	13	306						
				14	260	14	288	14	303						
				15	251	15	284	15	298						
				16	248	16	281								
				17	232	17	279								
						18	274								
						19	272								

Men Junior World Ranking (2016, 2015 avg)

Appendix B- Women's Youth

44kg		48kg		53kg		58kg		63kg		69kg		75kg		+75kg	
Rank	Total	Rank	Total	Rank	Total	Rank	Total	Rank	Total	Rank	Total	Rank	Total	Rank	Total
1	133	1	155	1	167	1	190	1	187	1	217	1	222	1	232
2	127	2	150	2	156	2	177	2	169	2	186	2	191	2	199
3	115	3	146	3	155	3	167	3	168	3	178	3	183	3	193
4	104	4	145	4	154	4	154	4	165	4	174	4	179	4	170
		5	145	5	151	5	149	5	149	5	159	5	164		
		6	137	6	146	6	141	6	145	6	148	6	153		
		7	127	7	134			7	140						
				8	114			8	101						

Women's Youth Pan Am Ranking (2015, 2014 avg)

*75kg numbers determined using interpolation from the average numbers.

44kg		48kg		53kg		58kg		63kg		69kg		75kg		+75kg	
Rank	Total	Rank	Total	Rank	Total	Rank	Total	Rank	Total	Rank	Total	Rank	Total	Rank	Total
1	154	1	167	1	183	1	195	1	215	1	227	1	232	1	249
2	145	2	159	2	181	2	187	2	209	2	215	2	220	2	237
3	142	3	153	3	172	3	184	3	200	3	211	3	216	3	211
4	138	4	151	4	166	4	178	4	199	4	203	4	208	4	207
5	135	5	149	5	163	5	176	5	190	5	192	5	197	5	203
6	129	6	148	6	161	6	174	6	185	6	185	6	190	6	201
7	122	7	146	7	160	7	171	7	180	7	181	7	186	7	199
8	114	8	143	8	158	8	169	8	179	8	179	8	184	8	197
9	108	9	142	9	158	9	166	9	177	9	176	9	181	9	187
10	101	10	141	10	153	10	166	10	175	10	167	10	172	10	184
		11	136	11	152	11	163	11	171	11	154	11	159	11	170
		12	132	12	152	12	160	12	169						
				13	141	13	152	13	164						
				14	125	14	150	14	160						
						15	149								
						16	134								

Women's Youth World Ranking (2016, 2015 avg)

*75kg numbers determined using interpolation from the average numbers.

Appendix B- Men's Youth

50kg		56kg		62kg		69kg		77kg		85kg		94kg		+94kg	
Rank	Total	Rank	Total	Rank	Total	Rank	Total	Rank	Total	Rank	Total	Rank	Total	Rank	Total
1	197	1	228	1	262	1	286	1	298	1	309	1	284	1	325
2	190	2	219	2	256	2	269	2	283	2	291	2	279	2	246
3	186	3	204	3	235	3	252	3	269	3	276	3	251	3	215
4	181	4	200	4	220	4	246	4	265	4	267	4	241		
5	170	5	186			5	239	5	238	5	239				
6	161	6	172			6	237	6	236	6	233				
7	142					7	236								
						8	216								
						9	205								
						10	200								

Men's Youth Pan Am Ranking (2015, 2014 avg)

50kg		56kg		62kg		69kg		77kg		85kg		94kg		+94kg	
Rank	Total	Rank	Total	Rank	Total	Rank	Total	Rank	Total	Rank	Total	Rank	Total	Rank	Total
1	211	1	255	1	280	1	317	1	351	1	329	1	340	1	375
2	211	2	235	2	276	2	295	2	321	2	328	2	330	2	350
3	209	3	233	3	273	3	291	3	307	3	318	3	329	3	342
4	208	4	232	4	268	4	284	4	303	4	317	4	324	4	341
5	203	5	230	5	267	5	284	5	296	5	313	5	307	5	340
6	201	6	230	6	260	6	283	6	290	6	313	6	300	6	337
7	195	7	227	7	259	7	279	7	288	7	309	7	297	7	336
8	193	8	224	8	258	8	276	8	287	8	305	8	293	8	331
9	186	9	223	9	258	9	268	9	284	9	293	9	291	9	330
10	180	10	221	10	257	10	266	10	283	10	287	10	280	10	322
11	179	11	215	11	256	11	257	11	281	11	284	11	260	11	303
12	178	12	215	12	254	12	257	12	279	12	282	12	258	12	301
13	168	13	210	13	252	13	257	13	276	13	278	13	219	13	299
14	165	14	210	14	247	14	256	14	265	14	275			14	285
15	162	15	193	15	244	15	247	15	249	15	272			15	278
16	161	16	186	16	237	16	240	16	243	16	271			16	265
17	159	17	175	17	228	17	237	17	242	17	267			17	257
18	145	18	171	18	219	18	232	18	236	18	262			18	250
		19	138	19	217	19	230	19	226	19	261			19	220
				20	215	20	161	20	217	20	253			20	180
				21	215			21	170	21	248				
				22	209					22	212				
										23	176				

Men's Youth World Ranking (2016 only)